WEEK ELEVEN

Ascended Master’s Teachings on The “I AM”

WEBSITE: <https://iamfree.co.za/>

NEW ZOOM LINK WILL BE SENT EVERY WEEK

MEETING TIME: South African time: 7 - 8.10 pm

<https://www.timeanddate.com/worldclock/converter-classic.html>

*If you need it - above is a time converter.*

*NOTE: There will be a recording on YouTube for those unable to attend.*

**NOTES FOR WEEK ELEVEN** - Wednesday November 30th 2022

*Greetings to you all and welcome to Week 11 of the I AM Online Workshop.*

TOPICS:

1. Chakras in the New Age - Return to the original chakra colours & their function
2. Energy & vibration and the things the Ascended Masters suggest we try and avoid in the physical world & The 7 mortal sins that hold us back from our Freedom!
3. Colours and how they affect our lives
4. The Zodiac

**Suggested study material for WEEK 11:**

TO PROGRESS IT IS IMPORTANT TO STUDY THIS MATERIAL, so please study as much as you can from the website – *(don’t be overwhelmed, go slowly, and get the guidance from WITHIN as to what to read and listen to ☺)*

CHAKRAS: <https://iamfree.co.za/chakras>

PHYSCIAL WORLD MASTERY: <https://iamfree.co.za/selfless-service-1>

THE ZODIAC: <https://iamfree.co.za/the-laws-of-life-self-mastery-93l48>

I look forward to seeing you on Zoom to connect and go through the important topics!

If you have any queries please email me: iam@iamfree.co.za

Blessings and Love,

Anthea

*NOTE: This information from the Ascended Masters regarding the “I AM Presence” within each and every one of us, is not affiliated in any way to any particular religion, culture, nationality, organization, ideology, teaching or philosophy. It just relates to the simple truth of who we are, the immutable Universal Laws that govern our lives, and the next step on our evolutionary path, The Ascension, and how to achieve it, by those that are Ascended.*

**ZOOM LINK BELOW:**

Anthea is inviting you to a scheduled Zoom meeting.

Topic: "I AM" FREE ONLINE WORKSHOP - WEEK 11

Time: Dec 7, 2022 07:00 PM Johannesburg

Join Zoom Meeting

https://us06web.zoom.us/j/81323481773?pwd=aFJrY2ZyZW0wN0dDdm5xVnRHZUxEZz09

Meeting ID: 813 2348 1773

Passcode: 894209

One tap mobile

+12532158782,,81323481773#,,,,\*894209# US (Tacoma)

+13017158592,,81323481773#,,,,\*894209# US (Washington DC)

Dial by your location

 +1 253 215 8782 US (Tacoma)

 +1 301 715 8592 US (Washington DC)

 +1 305 224 1968 US

 +1 309 205 3325 US

 +1 312 626 6799 US (Chicago)

 +1 346 248 7799 US (Houston)

 +1 360 209 5623 US

 +1 386 347 5053 US

 +1 507 473 4847 US

 +1 564 217 2000 US

 +1 646 876 9923 US (New York)

 +1 646 931 3860 US

 +1 669 444 9171 US

 +1 669 900 6833 US (San Jose)

 +1 689 278 1000 US

 +1 719 359 4580 US

 +1 253 205 0468 US

Meeting ID: 813 2348 1773

Passcode: 894209

Find your local number: https://us06web.zoom.us/u/kbUBtU5CZR