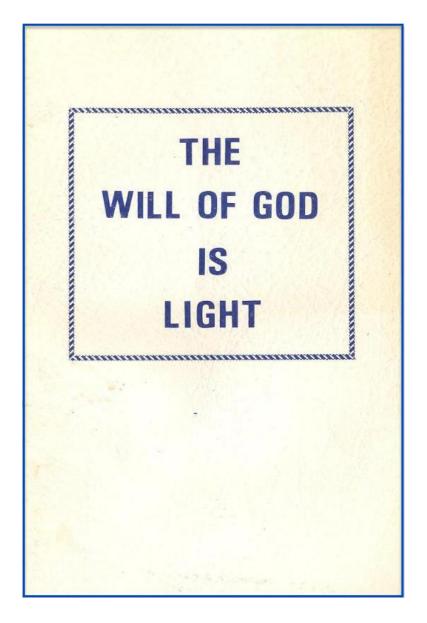
BY THE ASCENDED MASTER EL MORYA

A Bridge to Freedom Publication

The following is a transcription of the out-of-print Booklet published in 1969. The intention is to present the contents in a more user-friendly format to accommodate e-readers and printing. Great care was taken to preserve this Teaching and only minor changes were made which included adding graphics and a closing song. A xeroxed copy of the original Booklet can be found by clicking on Path of the Middle Way.org. Please join us in blessing these Beloved Servants for expanding and preserving the Light! We also bless the Beloved Messenger(s) Who originally anchored the "Bridge" and the dear ones who faithfully stood over copy machines for long periods of time to ensure these Teachings would be available to us so many years later. WE ARE GRATEFUL!

To gain a better understanding of the 'inter-connectedness' on how all these "I AM" Teachings fit together as well as updated information and activities, please visit https://iamfree.co.za/free-books or send an email to: iam@iamfree.co.za.



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DEDICATION

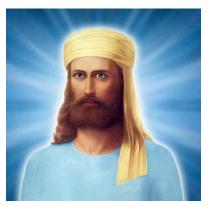
This book is lovingly dedicated to our Beloved Ascended Master El Morya, and contains within its pages a series of Instructive Lessons designed to assist mankind in its Spiritual Development. These Lessons were originally presented to a private group of chelas by the Ascended Master El Morya through the Lifestream of our Beloved Geraldine Innocente, Who, since Her Ascension, is now known as the Beloved Lady Miriam, and Who is the Divine Compliment of the Ascended Master El Morya.

May the Light of Truth and Understanding enfold the consciousness of all who read these words so that every Lifestream shall become a Pillar of that Light to guide the rest of mankind toward a better world and a better Life for all.

-The Bridge to Freedom, Inc.



SONG: BELOVED MASTER EL MORYA



Master Morya, Beloved Lord of Heaven's First Ray, To the Heart of Creation, we are grateful each day For Thy Love and Devotion to all mankind's release; Dedicate us to serving 'til Earth's struggles shall cease, And all Life is enfolded in God's Mantle of Peace.

'Mid Darjeeling's great splendor, Thy Retreat of God's Will, Draws all unto the Father – His Great Plan to Fulfill. Thy Forgiveness and Patience, And Thy Service so True, Are Love's Magnetic Powers to vows ever renew; And give all Inspiration to Earth's Freedom pursue.

Master, Teacher and Brother, Thou art pointing the Way To our Goal – the Ascension – Free forever to stay. Keep us loving each other; Thoughtful, Gracious and Kind; Blessing, Healing and raising Life til God's Way all find. Consecrate us in Service, Body and soul and mind.

(Melody: Pomp and Circumstance)



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FORWARD

There could be no better introduction to this Book dedicated to our Beloved Ascended Master El Morya than an Address given by Him on March 5, 1957 in which He draws our attention to the many facets of the Truth that are co-existent with our Spiritual endeavors upon the Path of Light.

To all who will read and accept the Mighty Truths contained within the pages which follow, He will pour forth His Great Love and enfolding Radiance of the Will of God which He manifests to all as Director of the Activities of the First Ray to our Planet Earth.

-The Bridge to Freedom, Inc.



SONG: BELOVED ASCENDED MASTER EL MORYA

Master Morya, we thank You for all that You do in the raising of mankind of Earth; Blazing forth Your Light Rays through the Hearts of the few dedicating their souls to New Birth.

Let us ever draw forth from the Presence Above the Light that Illumines all men; So they see the Good Works of the Father of Love and the Masters walk with us again.

Master Morya, our Hearts are o'erflowing with Love for the Light that You bring; Teach us ever to live in the Presence Above, that through us the Angels may sing.

Let us all understand, and ever expand the Knowledge of God's Sacred Fire; That the Earth may be raised to Her place in the Sun in fulfillment of Your Great Desire.

Master Morya, we Bless Thee for Being the One to assist our Beloved Saint Germain; To expand His Great Work as before Thou has done; and to raise us again and again.

Thou art always adored, Thou Great Cosmic Lord, now step through the veil to our Sight, That we all may be bathed in the Light from Thy Heart - Dedicated as Guardians of Light.

(Melody: Believe Me If All Those Endearing Charms)



INTRODUCTION

Beloved ones, you have been My friends of Love and Light for many, many ages, and it is My Privilege and Honor to again welcome you into Our midst and into Our Hearts in order that We may fill your cups — each according to the requirements of the Service which you have vowed to give at Inner Levels. As you stood before the Karmic Board, in some cases, these vows made decisions by that Board very difficult because, in order that you might have birth, two other Lifestreams, with perhaps greater talents but less of Spiritual enthusiasm, were denied embodiment at that time.

Now let Me make this clear to you. Out of every three individuals who make application for birth, only one passes the Karmic Board and is given opportunity to take a new Earth Life. These are individuals who are not of the masses, but are the workers and the Spiritually Elect who are constant; while the masses must be coaxed, We will say, and drawn into embodiment. Each of you, and every Lifestream who represents a Guardian Spirit who has come to the Earth, stood before the Karmic Board – those seven Great impassionate and impersonal

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Beings of Light – and made very eloquent pleas that if a passport be given to embodiment, this Planet would literally be set afire with the individual Talents, Gifts and Spiritual Light.

I know because I stood there too - having known you; having worked with you - ah, sometimes with great efficiency; and sometimes with great distress on your part. Of course, those eloquent pleas which you presented before the Karmic Board had to be borne out by certain Light within your Aura - that is, certain momentum of good within your body. While in the Full Freedom of your etheric garments, having been bathed in this Activity of the Violet Fire at Inner Levels; having temporarily forgotten the bonds of flesh and all the various limitations of your past Earth Life, and being very willing to forgive and forget all that is wrong - ah, it is a very easy thing to tie oneself to a Cosmic Cause by Spiritual Vows.

Standing before the Karmic Board, you said, in Purpose and Substance, that by the time you reached your majority, you would be willing to help in bringing to fruition the Permanent Golden Age - the Age of Ascended Master, Our Brother Saint Germain - an Age which will last for Eternity. Then as you were tested and tried according to your own strength, even as Greater Beings are, your Light was sufficient and usually someone like Myself would stand Sponsor for you and offer to make up any deficient - writing away tons of Energy, mind you, from the Book of Life through Our Own Lifestreams. For each of your names that was written on the Book of Life, We wrote on the Book of Life and offered to Balance any deficit, and knowing you, when We signed that Book of Light as your Sponsor, We knew something of what We would have to invest into the substance of this Earth. We knew something of what you would invest -and have very willingly, I would say - according to your karma - that the places in which you found yourself; the afflictions which you have taken upon yourself - some wisely and some not so wisely - **but which must now be worked out**.

We, the Chohans, were among those present when you "won out", so to speak, against two competitors for embodiment. It's a funny thing about the human race - after you're in it, you want to be out of it; and once you're out of it, you want to be back in it again. It would really be humorous if it were not so painful to the personal consciousness. While you are on Our side of the veil in association with the Masters and the Angels, in the Temples, you see the Design for the Golden Age. You look at Saint Germain's beautiful maps for this Age and you can't wait to get back to the Earth. Once you are back again and you grow up in a family where the association is not altogether of Spiritual Affinity; the world does not yield to you and nobody listens to what you have to say, you finally think to yourself that maybe you had better stop talking about your inner desires...and then...the doubts start to creep in and you wonder, within yourself, whether or not all this is True. Disillusioned, the soul then wishes that it could get out of it all. Eventually the time comes for the return to the Inner Realms, and the same thing goes on all over again.

We have been there through ALL these experiences, so We know you very well!

Oh my Beloved ones, in the Name of God, stay and finish the job this time! Finish it for Me and finish it for yourself! I Am the First Ray and I represent that tremendous Drive of Energy that desires to get things done! That Drive of Energy is uncomfortable to many people because it is a pressure which causes change. As much as I can, when I have an opportunity to use any of the First Ray people, I do ask that particular protection be given them because anyone who stirs you to greater endeavor, stirs the resentments and rebellions that are a part of the mass mind.

For instance, let us take a simple example. If you are having a nice sound sleep in a warm comfortable bed and someone comes into the room and awakens you, and sets you to a task before your faculties are coordinated, there is a shrinking from that activity. Now that is exactly what happens when the Master, or a Representative of the Master in the world of form, tries to stir you to greater endeavor towards Expanding the Light within your Hearts. Many times a resistance and a rebellion ensue and these become part of the resistance

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and rebellion of the entire race. Remember that there are almost 10 billion people belonging to the evolutions of the Planet and you live within that strata. It is a marvel really, and a miracle in itself, that you move forward at all, and it is very easy, especially when you are depleted physically, financially, mentally or emotionally, just to slip back into that lethargy, which is like a quicksand over which green grass grows. In Our Endeavors with the students throughout the ages, we have seen that activity of lethargy dragged down the most sincere and earnest Lifestreams through all types of excuses – age, physical handicaps, dependence, and so on and so forth. The great beautiful vows that were made in the beginning are forgotten before they have come to fulfillment!

Now I do not say, nor do I mean to imply that karmic affiliations are to be discarded because you are Beings of Free-will and you have made certain affiliations in this physical world in the nature of family, friends and business associations which are ties that *must be* sublimated and transmuted. So do not let anyone get the mistaken impression that by severing the ties with every disagreeable rate of vibration that anything will be accomplished, for I assure you that on whichever side of the veil you happen to be, you are going to have to handle that same Lifestream until there is Harmony between you. It is not the Purpose or Endeavor of the Master to sever ties, because it is the "Path of the Middle Way" that the student must follow. If you have ties and obligations to which you have sworn your Life, you also have inner ties, but walk upon the "Middle Way", fulfilling first your Service to God, and then fulfilling, in honor, your service to your fellow associates and family or business.

This morning, I was watching your various preparations for this class as every Master likes to come sometime before an Address to see what type of Energy He is going to be able to use. If He cannot come in person, he usually sends a Representative Who reports His findings to the One who is going to speak. The Address directs a Radiation for some time before the Worded Expression is given. In this way, We are made aware of the conditions of the mental, etheric, emotional and physical vehicles of all who are going to be a part of the Magnetic Center which will draw that Radiation into the atmosphere of Earth and then project it forth, and then We determined the type of Radiation which can be given safely. As I have said many times, We have to change the Radiation quite often as a result of such a study.

I have been thinking back to the inception of the "Bridge Activity". Some people say that the word "bridge" is not significant of a Spiritual Activity and I know that they are waiting for the name of the interactivity which, of course, is already within My Possession waiting to be released at the time ordained by the Hierarchy. But loved ones, a Bridge is a wonderful thing, and it is also an essential thing. The first Bridge was created from the Ascended Masters Realm when the Manu of the First Root Race, the Holy Innocence, the Guardian Spirits and Lord Michael came to the Earth in the vicinity of the Focus of the Rocky Mountain Retreat in Wyoming. That was a magnificent Bridge! Of what was It created? It was created of Energy - Energy streaming forth from the Manu, the Archangels, the Guardian Spirits, and the Inner Selves of those Who were descending to make that Root Race. It was like a beautiful Rainbow because there were Beams representing the Seven Rays Who came over that Bridge. That was the beginning of the Rainbow - the Arc from the Heart of the Sun, and that Bridge also then formed a Pathway Upward. As the Members of the Root Race finished Their Cycle of 14,000 years, before the discord came, each One Ascended upon that Bridge in the same manner into the Octaves of Light.

Since the fall of man, as you say, at which time the maya of human creation began, the Bridges became more and more necessary because the average man could no longer walk and talk with the Angels and the Cosmic Christ Teachers. Therefore a way and means had to be devised by which the Divine Truths from the Perfected Ones might reach the brain consciousness which had reached a point where it could not cognize the Truth for itself. So, with the assistance of the Beloved Pallas Athena, the Bridge Builders began the Activity of directing those Beams of Intelligent Energy into receptive consciousness who later became the High Priest and Priestesses

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on Lemuria and Atlantis. Those individuals, in turn, received Directives from the Master and then passed this Instruction to the Priesthood who were trained in Obedience and Harmony. The Instruction was then translated by the Priest or the High Priest to the masses. Those Bridges existed from the time when the majority of mankind lost contact with the Ascended Host of Light.

As time went on and the Planet Earth became clouded by the riptides of human creation, it became more difficult to make a Channel of Pure Energy through those riptides of force. Many of the members of the Priesthood achieved the Glory of the Ascension in those early days, but there were those who had witnessed the Activity of the Communion between the High Priests or Priestess and the Master who began to impersonate the High Priest. They had watched the Ceremony; they had the ritual and the form, but they did not have the Secret which, of course, is Selflessness and Humility. Most of the people did not know this and when these individuals embodied again, and retained the memory of having stood as lesser priests in the Secret Place of the Inner Altars with the Priests and Priestesses, they took upon their shoulders the cloak of intermediary between the Divine Beings and the human evolution. The great masses of the people, being credulous, accepted the ceremony and the ritual and unfortunately, they were caught in the net of human indoctrination by the souls who are endeavoring to trick them. This impersonation has been continued by many Lifestreams through the ages.

As previously explained to you, We will not go into details at this time because this has caused much of the sense of suspicion and wariness in the consciousness of mankind concerning anything that comes from "behind the veil" due to the fact that at some time, somewhere, with a sincere motive, you have affiliated yourself consciously with some individual or activity which purported to be something other than what it really was, and much of your Light and your Energy went into the furthering of that cause. Often in such a case, when the cause eventually crumbles and the idol is unmasked, there is a tremendous disappointment within the inner vehicles, and that disappointment often becomes so strong that the person becomes an agnostic. Many have become skeptics, and many of even the most sincere students have deep scars and wounds which are the result of trying to find their way back to Truth, and yet remembering within themselves that person, somewhere, whom they had followed, who had misled them.

Sometimes within one's own family, you find those who have a great antipathy toward this particular type of activity. These are usually individuals who have been tremendously disillusioned in previous ages and eras through some charlatan purporting to expound "Truth". So do not feel that these people do not have any Light because some of those who most violently oppose the Ascended Masters and Their Teachings are those who have had and do have very great Light, but they have to be given confidence again by the use of the Violent Fire to transmute all the negative accumulation within the etheric body.

As you know, the inner bodies of man are very old. Your physical bodies are not so old - not according to the recorded history of your Bible which tells of the times when it was quite natural for a man to live to be 800 or 900 years old. So physically, you are really youths but your inner bodies are old beyond so-called time. Many of the students have come from other Stars and everything you ever did upon that Star is within these etheric mental and emotional bodies. You were old souls when you came to Earth and how many eons of time have you lived in the environment of this Earth? It is the removal of those causes and cores of all imperfection within your inner vehicles that seems tedious to you and sometimes tends to make you feel that you are not accomplishing what you would like to do for the sake of the Spiritual Hierarchy and that of mankind as a whole.

Now let us be sensible and look at the millions of years it took to create your karma. You have the Promise of the Ascension for yourself and for all your families - which is a marvelous Dispensation in Itself. This year of 1957 is a year of Truth and Purity, and there will be drawn out of your inner vehicles much of that substance

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which has been embedded there for ages. We shall do it as painlessly as We can, but from time to time, you will have a pressure and a feeling of that accumulation as it is being drawn about - just as you sometimes feel aches and pains after you have a tooth removed or an infection that is opened and the substance is taken out of the body. (Editor's note: This process is being mercifully repeated in 1969.)

So do not take a negative or a defeatist attitude in the Name of Almighty God, I have written My Name in the Book of Life, Beloved ones. Many of you stood with Me in Tara's Halls; You listen to My Endeavors at "harping", and sometimes I think that I harp still - although it is a different tune. We have all been associated through the centuries, and "harp" I shall until that day when you - individually and collectively - are God Free! You sometimes wonder why I Am so emphatic and why the Ascended Masters do not always speak in the liquid tender voices that you attribute to the Angels! Why? Because Energy set into motion to crack the concrete in, through and around your etheric, mental and emotional bodies is required and that gentle liquid voice would not even displace that accumulation. Beloved ones, you are all very sincere but sometimes it is just as though I were talking to a wall and My Words bounce back to Me. There shall come a day when you will have that gentle soothing feeling of "The Presence". That day will come; perhaps you will choose to stay for a while in the Sleepers Realm, but I do not think that there is anyone for whom I've stood Sponsor who would last there for more than an hour.

"Oh, if I could only be finished with it all and just rest!" I have heard those words so often and those very Lifestreams, when they are given a couch of roses after the physical body has been discarded, are not there half an hour before they are up and saying, "What shall we do? Let us get up and be about our Father's Business!"

Why not do it here, Beloved ones? Why wait until you shed the human body? In the Name of God, We have to have some examples to show mankind because the first thing that the great masses of the people ask for is proof! **You are our proof** - and you could yet be improved - do you not think so? We have got to have magnificent Expressions and Examples of Balance, Dignity, Good Health, Buoyancy, Courage, Youth, Constancy, and everything that you do not feel has manifested through you for the sake of those of Us who must work behind the veil. If We could come forth visible and tangible to the masses, that would surely have some effect upon the people for a time - *for a very short time*, however. We desire to work through those We have Loved through the ages and to see each one of you manifest something so lovely that mankind will want to be like you!

Honestly now, just between Us, have any of you attend the Degree of Perfection that other human Beings would want to be just like you? Think about that! What We want you to get is that feeling deep within your Heart that you have some specific Radiation that is so desirable that even one member of the human race would say "Now I like that individual because she (or he) does something for me; she (or he) releases a feeling that gives me a lift!" Example is the greatest teacher as exemplified in the Ministry of Jesus. I know I seem harsh on you, so We will not pursue this any further.

There is Law Above as below. I Am given certain Freedom under my Superior, and you are given certain Freedom under Me or whichever Master you endeavor to represent in the world of form. But all of Us are under Law, and for the release of God's Energy through Me, or any of the Spiritual Hierarchy, a Balance must be made by the students or their Sponsors.

Beloved ones, PROVE MY FAITH IN YOU!

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SONG: MORYA BELOVED FRIEND

The will of God is Good!

Dear Morya embodies It All;

His Kindness - His Love
Which He gives in abundance,

We return to Him straight from our Hearts.

Oh, Morya, Dear Morya, we vow
To serve Thee with all of our Hearts;
We acknowledge Thy Wisdom –
God's Will which Thou art;
From Thee never let us depart.

Dear Morya, right down through the years, Thou hast kindled the Flame in our Hearts; And stirred us to want to do God's will - not our will; Oh Morya dear, bless Thy sweet Heart.

(Melody: Blessed Be The Tie That Binds)



THE ALL POWER OF LIGHT

Many of the Great Ones have given you some very exquisite Instructions on the possibilities to be found within the Light and of the Power to transmute all appearances into Its Great Radiance.

Light is the emanation or force field of Energy. It is an effect, but not a cause; It is a product, but not the producer; It is a solvent, but not a solver; It is Omega, but not Alpha!

All self-conscious Life, from the Godhead to the individual, may, through action, generate and expand Light. The Cosmic and Perfected Beings, in addition to Their Cosmic Service, are a continual outpouring of Light which enters the "Cosmic Storehouse" for this System and may be drawn upon by lesser individuals to hasten their Liberation from shadow.

Therefore, you have learned what Light can do. You must not use Light as though it were a natural product, for it is rather a Gift released through the Energy of other parts of God. This mighty Storehouse of Light anchored around the Sun is what you refer to as the Cosmic Light - meaning Universal - and when you desire specific assistance, as you reach into this Cosmic Light, you receive a greater outpouring than if you tuned into the Light of your own Heart or of just one Master.

When you realize that every Perfected Being is a Fountain and Outpouring of Light, and you consciously draw that Light through your own Lifestream, It looses the Action of the Three-fold Flame within your Heart and you begin to emit more Light.

I hope that this explanation will impress upon you the All-Power of Light so that as you use this product of the Gods, you will recognize and give gratitude to the Producer as well.

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AFFIRMATION

I am enfolded in the <u>Light of God</u>* (3x) Right now for all Eternity!

*Use also for:

- 1. Love of God
- 2. Wisdom of God
- 3. Power of God
- 4. Opulence of God
- 5. Peace of God



THE INITIATE

Initiate means "a new beginning" and each of you who has come to know the Masters in this friendly manner of communication has become an Initiate. You have been "born again", or face a "new beginning" in your Spiritual Evolution

Now you might be likened to a band of pilgrims making your way through a jungle, and truly the human morass in which you walk IS a jungle of creations and pitfalls from which it is Our Privilege to protect you. When one of your party is beset by the wild animals of their own past creation, or that of others, is it fitting for you all to stand about and comment on the other members problem? No! You should stand as one and register that one assistance and cut him Free! Would you not do that much - one for the other? Love is the bond that We depend upon to tie you together along the remainder of the Way. Cherish, cultivate and guard love for one another; for Jesus did not speak idly when He said with all the intensity of His Spirit: "Love you one another!"

Many of your twin flames are Ascended, and in Heaven's Realms, are waiting and hoping for your complete Eternal Freedom. Will you not love that Being Who has waited for you through the centuries? Will you not swear allegiance to that Light and do your utmost to see that not one of your associates fails in a single thing? You do not know of the karma within each Lifestream, and therefore you cannot judge whatever comes forth in each for Redemption. You are Our present Hope and We have confidence in you that you will take command of your feelings to keep Harmony, Love, Devotion, and UNITY among yourselves!

Saint Germain has said that "jealousy" is the wide open door through which every other destructive thing can ride into the world of the chela. Watch that you do not entertain that quality in any way within your feelings. I tell you as a Cosmic Truth that there is no one who has reason to be jealous of another for ALL are Cosmic Beings with Cosmic Capacities that are unknown to the outer intellects. It is true that each one is different, but each one's Cosmic Friends, Cosmic Rays and Cosmic Powers are such that each one should spend much time in rejoicing at their own good fortune as well as that of their associates.

The chelas of the Ascended Masters are a privileged group, and are among the most trustworthy and steadfast souls that this Planet has ever known! Will you accept Our Greater Wisdom? Thus shall We progress in our cooperative endeavors - working in Harmony and Joy as does the Great White Brotherhood in the Kingdom of Heaven!



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SERVICE

In the East, a chela would have swooned with gratitude if he had been accorded the Privilege of receiving the amount of Personal Instruction and Assistance that has already been given to you by the Masters of Light. In the East, it is not uncommon for a pupil to remain loyally in the Aura of a Master for a whole Lifetime and never receive even one word of Personal Instruction or Blessing - being content merely to breathe in the Radiance of the Masters Presence. The Eastern temperament does not look for that "backslapping" encouragement so desired by the Western student, for they know that the Love and Adoration poured from the Heart to any Great Embodiment of the "I AM" is returned a millionfold to the sender of that Love - expanding his Aura; saturating his inner bodies with Light and making him by far the greater Being for his Faithful, though silent, Service. The true Eastern student knows that the attention given to the "outer man" is but transitory, and that with the passing of the individual from the Screen of the Earth Life, offsets lauding of the self which also must pass, while the inner ties built of silent but constant devotion are his for Eternity.

In the Earth Life of Lord Gautama, thousands of disciples followed Him from place to place - content to sit in the Radiance of His Presence, but in that whole Pilgrimage, he only had conversation with about 12 of them.

When Our Beloved Kuthumi made His Ascension in the 19th century, He had an adoring chela - then young in years - who remained content within Kuthumi's Aura for 90 years without one Word, a Personal Blessing or Encouragement, but as He was about to make "The Change", he was invited into Kuthumi's home. That is Fidelity; and that is Service; and as such souls are the Elohim and the Solar Lords made!

I marvel at individuals who will not venture out of their own warm houses and brave the icy weather to be in Our Presence when hundreds of pilgrims come year after year over thousands of miles of icy Himalayan crevasses where one false step would plunge the traveler into the bottomless caverns. Some of these pilgrims have made the trip every year for 20 years and more, and when they arrive, they are never "noticed" outwardly, but just set the rugs upon the snow outside Our Homes and love Us.

Noisy service is to me like the sounding of brass symbols or the blaring of trumpets at the birth of a tender Lotus Blossom. Serve as the rain falls - silently, but generously. Give as the sun shines - to the just and the unjust alike. Know that there is not an ounce of Energy released from you in Service but what is recorded upon the Eternal Books, and that back to you comes such a volume of "interest", the like of which you cannot possibly conceive. Your love for Me is your Greatest Investment, for the expansion of your inner world is a Testimony of the "Beneficent Return of Life" to those who love.



DEDICATION TO SERVICE

When a chela offers himself in the Master's Service, he sometimes does so with a full knowledge of what that step means; but more often is this step taken with an innocence and an ignorance of its import. The Master is instantly aware of the chelas intentions and at inner levels, a type of Ceremonial is performed by which the Energies of the chela are connected with the Master. From that point on, all the desires, motives, strengths and weaknesses of the chela are offered to the Master who then begins the sometimes painful process of separating the wheat from the chaff. The strengths and the weaknesses of the chela are tested to find out how receptive he is to the directives through the brain and Heart Consciousness, and how willing he is to accept the necessary disciplines. According to the worth of the composite Lifestream, and the desire and self-effort to accomplish, is the assistance given.

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There have not been too many of the sons of man "make the grade" up to this point, but because of the Cosmic Cycles turning today, the mass stripping of the accumulation of the ages will make it much easier for a greater number of people to start out upon the Pathway to Perfection. Many thousands of metaphysical students have milled about the Doorway to the Path for centuries, but few have placed their feet upon the actual Path which is ACTION coupled with the desire. What We require, and must have, is ACTION! Fine words and good intentions count as not for they are but empty cups. It is ACTION in Our Name that binds us to the children of men.



CONTROLLING THOUGHT PATTERNS

I would ask you to learn to govern your thought processes! You would be amazed at the **tons of Energy** that are wasted through the careless and untrained thought forms that mankind is constantly generating. Each day you spend a short time in contemplation and decrees, but the rest of the time the student body is not much better than the mass of the people.

Why not learn to think like the Ascending Masters? We are very pleased that you have Us in the back of your minds most of the time, but why not bring Us to the fore? An undercurrent of Spiritual thought is good, but the mainstream of Energy turned to Spiritual Endeavor is much more Powerful.

Join your Lifestream with **Our Mighty Torrent of Force** and be one with the Great God Life that sweeps all imperfection into oblivion by the Power of Light. Plunge into the Mighty Stream of the Great White Brotherhood and let your Energy, your feelings and your thought processes be one with The Great River of Life - the Sacred White Fire of Life - flowing through each one without contamination - making a great torrent of "White Fire" which sweeps all into the Full Perfection of the Kingdom of Heaven.



THE POWER OF THE ATTENTION

I cannot stress too much the Power of the attention. Saint Germain and other Ascended Ones have repeatedly cautioned the students regarding the governing, controlling, and focusing of the attention in order to maintain Mastery and Freedom from limitation.

Your attention is the faculty which focuses a Beam of Electrical Energy upon any given point. This Beam, or Light Ray, is formed by your own Life Energy which flows along the "Line of Force" made by your attention upon the condition which you are "witnessing".

There is a Magnetic Law which acts here whereby the substance, Energy and quality upon which your attention is fixed begins to flow back into your world and affairs instantly. According to the intensity with which your attention is fixed upon a condition is a return of that quality into your world.

There is a Magnetic Law which acts here whereby the substance, energy and quality upon which your attention is fixed, brings to flow back into your world and affairs instantly. According to the intensity with which attention is fixed upon a condition is the return of that quality into your world.

Do you not see, then, that in order to heal a condition, person place or thing, the attention must be withdrawn from the problem and placed upon the Source of all healing. This is a Scientific Action of the Law.

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When you cast the Beam of your attention into the Heart of the Presence, you set up a physical current of Energy and the Flow of Light Substance, Power, Healing, etc., begins its journey over the Beam of your attention into your world. As you can keep this Beam focused automatically, your world, body and feelings become saturated with Light which dissolves the condition. The old PSALM, "I will lift up my eyes unto the hills", means exactly this.

If there is apparent physical exhaustion, turn the Beam of your attention upon Hercules, the Concentrated Flame of Strength, and as surely as the sun shines, tiny molecules or particles of Flame from His Electronic Presence will begin to flow along the current of your attention into your world. If your attention is upon tiredness, then the mass tiredness of mankind will flow along that Beam into your world.

Can you not see that here is your Key to Freedom? You have been told times without number that your Presence is your Supply. The student body has felt that this was a "Spiritual" Truth; I tell you that it is also a scientific fact, for as truly as you receive money when you present your passbook at the bank, as you turn your attention to your "I AM" Presence and hold it there, the actual particles of gold begin their return journey into your experience. Try IT; and prove every Word that I have spoken to you!



THE CONTROL OF ENERGY

The Universe in which man lives is bounded by a belt of tremendous pressure which acts as a Repellent Force to all the swirling Energy that mankind has not qualified harmoniously which would seek to find its way out of the orbit of this Planet and disturb the Peace and Beauty of Interstellar Space. Within the bounds of the Earth, these Waves of Energized Force flow constantly in every direction according to the will behind them at any given moment.

If you could see the flow of Energy that pours into any national or international event that calls the attention of thousands of people at the same time, you would be amazed at that River of Concentrated Power that surges into the focus - energizing and intensifying it beyond words. This is also true of "public personalities" who hold the attention of great numbers of people. These personalities may either raise people or tear them to pieces.

Therefore, all who represent Us are given a tremendously intensified Action of the Cosmic Belt of Invincible Protection to deflect and render Powerless to the malignant pressure which mankind pours upon that which it either does not or will not understand.

If man could comprehend, even slightly, the amount of Energy that flows through his attention to a given object, he would have "The Key" with which he could open the Door to any transcendent experience or Sphere of Action. Through the intention there flows Energy, Power and Light which, seen at inner levels simulate the beams of a searchlight - varying in color according to the quality of its source.

This Energy intensifies the object upon which it is focused and then begins the Action of the Magnetic Law which draws that object through the Beam of Light into the world of the person directing his attention towards it. Thus is this a wide open door for vicious forces to enter the world and the Aura of the individual. This is why we continually stress the importance of keeping your mind, thoughts and attention off the things that you do not want to invite into your worlds.

Can you not see then, how the correct Action of this Law may be utilized for the upliftment of mankind? If several thousand people, weaving their attention into one Great Ray of Fire qualified with Godliness, were to hold that rate steady upon one given object, and then ask the Divas to focus that Tremendous Energy upon an

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Activity of the Sacred Fire, through the Activity of Magnetic Attraction, they would compel even the Godhead Himself to come back upon that Ray.

If the student body - individually and collectively - could learn to control and hold the attention anchored, the veil would have long since have been rent in twain. Face upwards - together! Do not give up easily, for by the Power and Light which I AM without limit, you shall draw into your experiences and use every constructive thing upon which you turn the Searchlight of your Attention. PROVE IT NOW - I say!



THE NEED FOR HARMONY

Music can do for the soul what no other activity that appeals to the senses can accomplish. When the beautiful vibrations of the organ, played by one who is embodiment of Love and Compassion and Enlightenment, flow forth into the ethers in waves of glorious sound, there is not a person on this Planet who does not feel the ease and peace and rest of that outpouring.

You might like it to the ever-increasing volume of waves thrown off from a playing fountain into the pool about it, and according to the volume and intensity of feeling played into the music is the world's saturated with that harmonious sound.

In a world where there is constantly being poured the discordant cadences of man - which sound is prevented from leaving the atmosphere of Earth and must return and bombard the helpless people upon its surface, the need for harmonious sound is very great.

Every person, in generating and pouring forth the Energy of Life each moment, may be such a glorious fountain through which the Heavenly music may flow in such fine tones that it is not audibly discernible to the physical senses of man - although it is absorbed hungrily, and one might say avidly, by the starving emotions of the people who crave peace and ease and rest.

If you could visualize the bodies of mankind as helpless naked forms exposed to every passing vibration, beaten and broken by the catapult of discords of this world, you would perhaps see, slightly, the need for generating centers of Peace - giving forth healing to soothe them like unto the anointing of their broken flesh with sweet-smelling oils.

When I sit at My organ, I first throw open wide the windows and the large glass door and then I Am very still. The sunlight pours down through the glass top roof of my tower room wherein the organ is situated. There are innumerable birds, not caged, but flying about quite freely - those of tropical origin as well as the types ordinarily found at such rarefied atmospheric height. Usually, the first notes of the organ bring the Divas of Music, and often the Celestial Choir and groups of Angels gather also. I think deeply of the peoples of Earth and then bring forth the melodies that My Heart sings to Me - letting the rising Power of the organ flow forth in waves of exquisite color into the world of men. Ofttimes the Divas will plunge into the Sea of Sound, and gathering the rainbow hues about Their great forms, so off into space - vibrating and pulsating with Power to release that Light Form into some special need of Earth.

I have seen the Angels and the Cherubim stand before the organ and seize each ribbon of sound as it came forth, and somewhat similar to your Maypole Dance, We have a beautiful mantle of color which, being alive, pulsating and continually vibrating, wraps itself around the Angel forms and so they are entwined around and around with that lovely sound. Then they go forth - carrying the mantle - giving service wherever directed by Their Master.

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Sometimes the sound just flows forth without any apparent visible Light Beings directing it, and it gets caught up by the wind, and carried I know not where.

I have seen the bodies of the Earth people bathe in that harmonious sound, and the Peace that they have known and felt in that short time makes Me but wish that there were thousands of such musicians to assist us.



AFFIRMATION

"I AM" (3x) one with the combined Lifestream of the Great Host of Ascended Masters which removes all humanly created obstacles from my path and sweeps me into the full Perfection of the Kingdom of Heaven right now.

Use also for:

- 1. sweeps me into my limitless abundance
- 2. sweeps me into abundant health
- 3. sweeps me into God's Love, Wisdom and Power
- 4. sweeps me into that Peace which passeth all human understanding.



PURITY IS ESSENTIAL

The natural Expression of Life is the Pure, unadulterated Flame flashing forth through a crystal clear body that is but an iridescent cloak for the Fire of Creation.

Matter, as heavy substance with density which does not emit the Radiance of this flaming Heart Center, is not a natural activity of Life. All forms should be an Iridescent Prismatic, Electronic Pulsating Substance, and all expressions that do not release self-created Radiance are sub-natural and impure.

The atmosphere of Earth, the plant Life, the animal creations and the physical bodies of man are loaded with impurity and are, therefore, then, heavy and cumbersome. By the drawing of the "Flame of Purity" from the Cosmic Realms through your Lifestreams, and the conscious expansion of that Flame of Purity in every Electron within your body, you may again dissolve this density and resume your natural state.

When you look upon the manifestations of Life around you, whether it be in nature, in animal, or in man, you can readily see what a great need there is for Purity upon your plane of existence. This is not a mental or moral state of mind; neither is it a feeling of righteousness in the abstinence of certain physical acts, but the scientific drawing and expanding of the Flame to dissolve the matter which makes the flesh body a dense coat.



THE NEED FOR CONSTRUCTIVE CHANNELS

There is a natural law governing the material world by which Energy becomes crystallized into matter only through the brain and body consciousness of a physical Being who wears yet a body of flesh. However, all Law works both ways, and We can only assist mankind through the cooperation and obedience of those human Beings who will offer their brains and bodies to Us in order that We may pour Our Ideas and Inspiration toward the Fulfillment of the Divine Plan through them.

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Likewise do the vicious forces of disembodied entities act. Their "claws and emissaries" are those people who have, through long centuries of destructive activities, broken down their natural protection against such forces riding into their Worlds.

The minds of men are like stringed instruments open to whatever influence chooses to vibrate the string. From the inner standpoint, it is tragic that the natural protection, whereby the receiving vehicle may be closed against destructive vibrations, has been destroyed by man's own Free-will action. Thus is man prey to any member of vicious forces desiring to utilize the sensitive brain structure to grind into the world of man that destructive plans and schemes which they desire to fulfill. If the forces behind such activities were not permitted to attach themselves to these pawns, their schemes would thereby be doomed to failure.

Here we have a great need for assistance from you who now know this Law. Make your Calls that all rates of vibration that tie these unfortunate individuals to such activities be quickened to a point where they may be set Free. When there are no more "receivers", the "feeders" will be helpless. Thus the more Lifestreams you can garner in to be the receivers of Our Forces and Inspirational Activities toward the Fulfillment of the Divine Plan, and the more Lifestreams that you can free from accepting depraved human suggestions, the greater accomplishment there will be in bringing to provision the Golden Age - and quickly.



INSTRUMENTS OF LIGHT

The wise and fastidious musician places his Stradivarius in a velvet case kept in a moderately heated room. If this were not done, at the time of his concert, he would have a poorly tuned and unresponsive instrument, and regardless of his genius, he would be at a disadvantage in having no medium through which to pour his artistry through the responsive ears of men.

The Instrument of the Masters through which pours forth Vibrations of Harmony, Peace, and Balance in a locality, should be more carefully guarded and protected than the delicate and exquisite Stradivarius. Every group meeting is for the purpose of placing a responsive "Living Instrument" in the Hands of the Gods in order that We might have a Channel in the physical world through which to pour Our Gifts of Light and Life Eternal. This "Instrument" is made-up of living souls who have offered themselves as the Body of the Master in that particular locality, and as each soul is in tune with his or her own "I AM" Presence and the presiding Master, according to that attunement, do they offer a greater or lesser outpoint from the Masters Lifestream.

When there are selfless souls who are obedient, Harmonious Channels for the Gods, and approach every Service and Meeting in a most Sacred and Holy Reverence, We have Instruments over which such melodies of Light and Cosmic Consciousness can be poured that transform the Instrument itself as well as the locality in which such a Sacred Focus is located.

Tara's harp became mute and dead because those individuals who made-up its strength chose to remove themselves from the Master Musician's Hands. Thus it is today; the Gods must have dedicated chelas through whom They can pour the Benediction of Their Virtues and Gifts to restore the Planet and Her Evolutions to the Perfection which once manifested hereon.



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The Will of God is Good;
The Will of God is Light;
The Will of God is Happiness;
The Will of God is Peace;
The Will of God is Purity;
The Will of God is Balanced;
The Will of God is Kindness!
"I AM" is the Will of God in Action
Through all Life NOW, and Forever sustained!



THE GOD CONCIOUSNESS

The Consciousness of God is Eternal and All-encompassing throughout the Universe, and all created Beings live, move, and have their identity within this Light Essence. It contains within Itself all Wisdom, all the Creative Powers, and the ability to demonstrate those Powers in actual manifestation.

When man was first individualized, the Electronic Presence of each one shared this God Consciousness; this Unity; this Oneness. The "I AM Presence, therefore, lived in and by the Light of the Supreme Source, and saw and interpreted all things according to the Intelligence of the Godhead.

In order to create an individualized Consciousness within this all-encompassing One, physical manifestation took place and the aspiring God Flame, through experimentation with Energy and Vibration, was evolved into Individualized Consciousness - One with God - but yet adding to the God Consciousness and Expansion of this already Great Light. This Individualized Consciousness, which was to be builded through cause and effect, was intended to prepare the Spark of God to become a Creative Flame which, in turn, would be the God Consciousness to enfold and ensoul a new Universe. Thus mankind took incarnation as a Pathway to becoming a Solar Lord.

However, the difficulty arose when, instead of attaining the Individualized God Consciousness as was intended, man evolved as human consciousness which must now be transmuted and replaced by this individualized focus of Creative Power which, at the time of the Ascension, becomes a part of the Ascended Master Consciousness and part of the Great Solar Consciousness as well.

The Bridge from the human to the Divine is really just a "Change of Consciousness". The lower man must become submerged in the God Will and the Divine Spark must expand Its Godly Attributes unhampered by the flesh form.

To call for the Ascended Master Consciousness is truly fulfilling the Words of Jesus when He said, "Seek ye first the Kingdom of Heaven!"

Persevere and in your calls and your demands for that Illumination, and let the lower man GO!



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GRATITUDE

Within the Heart is a Flame which pulsates for the never-ending Quality of Love - being magically responsive to the Directing Intelligence of Love.

Life expresses as the quality that the individual chooses to decree into manifestation, for Life is Love, the most sensitive of all Primordial Substance and It is instantly responsive to the Fiat of the individual creator.

Gratitude, or the pouring forth of Thanksgiving, is one of the most Glorious, uplifting and expanding Expressions of Life, for it is not only gives ease of mind, body and Spirit, but it springs up in a limitless profusion of Gifts wherever the attention directs its currents.

It is one of the most contagious Expressions of Spirit, and one of the most Unifying Activities of God. It is an instantaneous transmutation of hard or discordant feelings, and it is a Cosmic Magnetic Power that draws all Good towards the Generator of genuine Thanksgiving.

It is really the Flame of Life greeting and loving Itself - manifest in many forms, and according to the intensity of the Flame within that toward which Gratitude is directed, will the returning current flow into the Being of its generator. So to address your Gratitude to all Life everywhere - manifest and unmanifest - and to the Hearts of all created Beings, draws an instantaneous response from all Life back to the individual who thus throws open the doors and windows of his soul to the expression of Thanksgiving.

Ingratitude has brought about all forms of distress, and self-pity is one of the most grave insults to Life which is constantly pouring forth its gifts to man far beyond his merits.

When you contemplate the Mighty God of Gratitude, Beloved David Lloyd, and send your conscious attentions to H

im, He will, on the return current of your own Energy, teach you the Secret of Gratitude and help you pour it forth without effort. Every breath that issues from the body of everyone on this Planet should be saturated with the Conscious Expression of Gratitude to Life.



THOUGHTS ON THE ASCENSION

In order for one to Ascend and thus complete the Arc of Evolution, he must first descend. In the beginning, at the time of the Creation of this Planet by the Elohim, the Mighty "I AM" Presence of every individual projected forth by the Solar Lord Logoi became co-creators of the Atomic Substance of the Earth. Through end of time, each individual Flame of God drew through the various Kingdoms, from mineral and to man, certain atomic substance which would one day form the cloak of flesh in which it would dwell. Therefore you might say that the Consciousness of the "I AM" Presence which envelops evolving Life, in a manner, ensouled these particular atoms inasmuch as it was the individual responsibility of that Presence to draw those atoms, by magnetic attraction, through those Kingdoms into a state of evolution wherein they might be combined to form the physical covering of the descending egos.

Thus, with the first projected Force that sent Atomic Energy into the Universe as Creation, the Ascension began, and the watchful care of the ego, with its attendant magnetic pull, drew those particular atomic particles ever closer to his Source. Age after age, the same atoms were drawn as the flesh coats for the individual in the various embodiments experienced by that Lifestream. Therefore the garments that you wear today are the same atoms rearranged a little for relief and variety but containing the sum total of all your experiences to date.

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Every embodiment sees an influx of some new Celestial Particles as the attention goes to Spiritual things and best draws more Spiritual Essence into the flesh form.

At this time, due the Cosmic Laws and Dispensations, various Lifestreams are exerting superhuman effort in etherealizing bodies they now occupy to the point where the complete Ascension may be achieved. This means that the atoms of your flesh form which have served you for hundreds of thousands of centuries may, by your conscious call for Perfection and Expansion of the Light Pattern within each such electron, break their shells, and thereby allow you to complete your "Ark of Evolution" in the short span of a few years.

This is your "Reason for Being", and those who take the Ascension lightly are sense bound indeed. The Ascension means the etherealization of the physical atoms - releasing them from the impurities of centuries, and returning them, shining and brilliant, into the Great Storehouse of the Gods from whence they came - you taking with you only the Light Pattern of your flesh form which becomes the seamless garment of your Flame for Eternity - unless you choose to enter Nirvana and leave off all form. This is a choice that all must make at the time of the Ascension.

The evolving chain of atomic consciousness *does not* include the vicious animal, reptile and insect creations which are the spawn of degenerate man who utilized the Powers of Creation a myth, in which Life must be transmuted into a more Perfect form before it can become a part of the Greater Consciousness.

The beautiful jewel, the grace of the flower petal, the majesty of the oak represent the natural evolution of matter, and from such pure clean substance were the bodies of man first created. When the Lifestream projected the Light Pattern into the Earth Sphere, the magnetic pole of the Three-fold Flame drew over the Light Pattern a cloak of flesh. Thus the bodies of man were lovely to look upon - as delicate of skin as the velvet of a rose petal; as Pure in Essence as the green bows of the oak.

Can you tell me why any reasoning mind would believe that a jewel as beautiful as a diamond; a flower as delicate as a rose, would, in the course of evolution, find themselves, on an upward journey, incarcerated in the distorted body of an octopus or an ape? Evolution goes from Glory to Glory, and only man's Free-will made the horrible forms that are attributed so unjustly to a Wise and Beneficent God.

In the first Golden Ages, there were no animal forms and no vicious creations, but through the misuse of Energy, mankind descended into the "caveman" and distorted their beautiful bodies - spewing forth the vicious creations known as prehistoric mammal and ape. The Antediluvian Age was not the beginning, but the <u>lowest</u> ebb of a humanity that had fallen from Grace - that had walked out of the Garden of Eden into a world of their own creating.



CAUSE AND EFFECT

There are two worlds which run parallel to one another. One is a world of CAUSE; the other is the world of EFFECT!

Man, as a creator, has access to the world of Cause through the use of thought and feeling, and constantly generates in this world the mirrored patterns that project their images, like monstrous shadows, into the world of Effect where man, in the outer consciousness, dwells.

If man were denied the opportunity of experimenting and learning through the use of Energy in this realm of cause, he would be but a puppet and not a potential God. You might liken this field of Cause to an experimental laboratory supervised by learned Doctors of Law.

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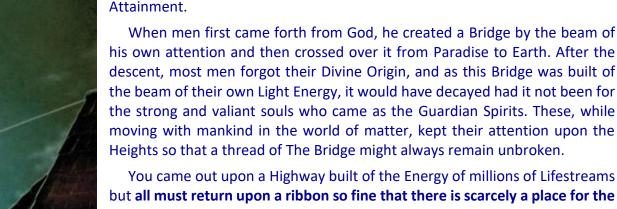
Over and above the plane designed for the experiments in directing Energy by unawakened man, is the Realm of Cosmic Cause wherein the Hierarchy creates the focus of the Flame that governs the Solar System and into which man, in his unawakened state, cannot intrude.

The Spiritual Flag of Freedom represents this World of Cosmic Cause and symbolizes the Energy of Life focused into a clean, well defined matrix or mould sent forth into a specific activity (the Violet flame) to assist mankind. Thus he who enters the Kingdom over which this Flag flies has learned how to govern the Force of Energy and has pledged himself to use that Energy only for the Good of the Whole.

Climbing is a pursuit which requires a steady will and a stout Heart. Today the pilgrims are crossing one of the most dangerous chasms - the Bridge leading from Reason to Knowledge. This is the Bridge from the human to the Divine.

Reason and intellectual knowledge carried the pilgrims across the plains were the grass grows green and the sun shines, and now and again upon the horizon, the white-capped Mount of Attainment shines before the sight of the hopeful aspirant. Many come so enamored of the height the beauty of that mountain top that they are sometimes overcome with joy in their pursuit, but only the unseen, but ever-present Hand of God knows the





You came out upon a Highway built of the Energy of millions of Lifestreams but all must return upon a ribbon so fine that there is scarcely a place for the foot of the single man to find security - and this because there are so few Guardians of the Bridge. The Ascended Master Serapis Bey is the Guardian of this Portal at Inner Levels through the Activities of the Fourth Ray.

From reason and intellectual understanding, there must come a KNOWING and a BEING of the Law. Among the chelas, there are those who have put reason aside and stepped boldly upon the Bridge bravely placing their hands in those of the unseen Guides and walking forward in Faith. The strong winds of doubt, fear and uncertainty will blow and the Bridge will sway over the chasm - but there is no return. The Masters Who have guarded and prompted the chelas are the strong nets beneath their feet and the unseen arms around the swaying bodies that strength in the Faith and the Confidence within their Beings.

One day, you will set your feet upon a mossy bank, and knowing yourself to be this God that you affirm yourself to be, will then be prepared to stretch out your arms to those who follow.



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CITIZENSHIP

There is a state of mind and a state of consciousness that is truly a citizenship as though you dwelt within the confines or borders of a national state. In the world of man, to retain citizenship, you must maintain a certain residence within the country wherein the privileges as a citizen are desired to be continued. All men would be citizens of the Kingdom of Heaven, but few there are who will make the needed effort to maintain a residence by continued disciplining mind and Heart to comply with the Standards of that Kingdom.

When man left the Garden of Eden to become a citizen of this world, it was a voluntary choice and so the time of his return must, of necessity, be voluntary also. The only compelling force, you might say, is in representations of the Kingdom of Heaven by Its Ambassadors and Representatives who stirred the late memory of exiles until they, within themselves, once more desired to return and participate in this Divine Kingdom.

These Representatives do not present either Their Credentials or Their Wares, so to speak, without great discrimination, and for the most part, mankind is unaware of Their Presence and Their Constant Work among men. Now and then a soul may be found who is sensitive enough to contact these Divine Emissaries and carry Their Message and Their Words to the less gifted men. These sensitive and slender links are more dear to the Gods than to the men They Serve because without them, the Gods could not reach into the dense matter of the brains of those whom They would assist. There will come a day when the men They serve will equally understand that without a Bridge, which is a Consciousness of these "natural conveyors", the Inner Kingdom would, of necessity, remain a mystery. As time goes on and the Consciousness of a man is raised through the Services of these intermediaries, the mass of mankind will find that Bridge within themselves and cross over It with ease. Until that time, They must Guard, Guide and Protect those who open for Them the Glories of Eternity.



ARMEGEDDON

The "Battle of Armageddon" is not a stationary and immovable conflict. It has been fought in the souls of men since the first strong Spirit determined to break the magnetic pole of Earth and return to God. You might say that it is a place on the Road to Mastery that is reached at different times according to the progress of the Initiate. The mass of mankind, moving together, will go through this Battle en mass, and its mental and emotional turmoil will record in the physical world as upheaval in the minds and bodies of mankind - as well as in the Earth's surface. Those of you who have chosen The Path of Mastery will have already weathered the conflict and stand serene upon the far shore. Thus are you better able to assist your struggling brothers and draw them, one by one, from this distress.

Energy becomes Power to use, and every man must, by self-conscious choice, decide what forces are to play upon his instruments. Only experience can teach the soul what devastation follows opening ones Lifestream to what is known as the "sinister force". Thus through soul searching, the individual determines to keep his instruments free for the use of the Powers of Good.

Every Lifestream; every soul, is constructive because It is a Part of God. You who are dealing with souls, must learn that, and recognize always that any apparent destructive activity is but a force playing through instruments that have not yet learned to distinguish between God and human creation.

Visualize a soul standing alone upon a pedestal - a soul which is the ultimate of God and Nature's Creation - the Hope of his own "I AM" Presence and the Elohim from Whose Body he came forth. Visualize the Light of the Master playing through that soul a Celestial Melody that Lights the Heart and softens the visage. Then visualize

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a shadow in the upper atmosphere sweeping through that soul until it shudders like a dry leaf in the autumn wind - distorting the features and quenching the Flame of Hope and Aspiration. Thus you can see that man must, of his own choice, invite and identify himself with one or the other of these activities of the same Life. One whispered Prayer; one strong Call; one study unwavering thought might hold the Balance for the Light in the breast of one where the battle rages.

If you profess to be Agents of the Light I must insist that you become aware of your responsibilities toward every living soul and stop letting your instruments be playgrounds for every passing shadow. Every Lifestream on Earth is very dear to Us and so it must be to you.



A DAY'S MARCH NEARER HOME

The hour is struck when the beast and all of its ramifications must die upon this Planet! The death throes of that beast will be felt in every human Heart and feeling world. You would be amazed at the amount of that human imperfection that is ingrained in your Beings and worlds. Therefore in the days that are yet to come, take your rigid stand to hold yourself Harmonious and be Free of that thing forever!

The triumphant Homeward March of the children of the Home Realm has already begun. The trumpets have sounded in every quarter of the Earth, and the children of the Homeland are gathered and are listening to the familiar Call of the Homeland as they gather their forces for that return, and are Homeward Bound. Do you know what those two words mean? They mean that you are bound to the Homeland by bonds and ties of Love extended from Our Hearts to you - our friends of long ago!

Will you please take your stand against releasing criticism in thought, feeling, or spoken word? You see, it makes the purification and cleansing of the Earth an endless task if those who know that Energy acts according to their qualifications still continue to pour it forth qualified imperfectly. What Purpose is served if one spends an hour with the Violet flame and the next 12 hours feeling discord into a Planet sick unto death with destruction?

YOUR GOAL IS PERFECTION! YOUR STANDARD OF CONDUCT IS PERFECTION! YOUR MASTERS ARE PERFECTION! Measure your every thought, word and deed against Perfection, and if it does not meet the test, discarded immediately! Do not release it into the world! Why work for hours transmuting distress and then, in every idle moment, generate new causes to be sent forth into the world again?



God's Will is all Love;
And God's Will is Peace;
God's Will is Happiness released;
God's Will is Beauty, Youth and Health;
God's Will is all of Natures Wealth!
God's Will is Kindness, Protection too;
God's Will brings only GOOD to you!
Then rest within your own Hearts Flame;
Fulfill God's Plan in Morya's Name!

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THE GLORY OF GOD

The Great Ascended Host of Masters does not undertake anything which is impossible of Fulfillment. You who, like Peter, have stepped upon the waters, will be upheld by the Hand of the Living Christ in spite of your fears and unbelief. Tomorrow's Glory will show you the foolishness of the uncertainty and fears of today.

When Jesus' lifeless form lay within the tomb in Joseph garden, the disciples were filled with desolation and their hopes and dreams seemed dead. When the Living Triumphant Christ stepped forth resplendent, their Hearts leaped within them anew and again the hosannas rang out; but blessed were they who wavered not through the dark days in between.

When Columbus sailed the endless sea, and weeks passed into months without the sight of land, even the brave souls who had believed in him doubted and he stood alone and held his course until Victory came. Then, with one breath, those who had been filled with dark forebodings shouted with joy along with him in that Victory.

At Valley Forge in the dark hours of the Revolution, when men were starving and dying and many were deserting by the score, one man alone held the Vision of a Free America! Then did some of his most trusted Generals talk of surrender and their apparent mistake of pitting themselves against a stronger Power, but a few years later, these same men talked bravely of THEIR Victory!

Ah, man, how quickly you are to shout hosanna's at the time of Glory, yet how weak are your convictions and your faith when the winds of seeming adversities blow! Gods are made of those who use the gales of opposition to fill their sails as they set their course full speed ahead!

Many take the Hands of the Masters in the Glory of the Light, while the lilies fall about them in a sweet-smelling profusion. Who will hold Our Hands - come what may - knowing that *We never fail*, and that all seeming appearances to the contrary are but shadows conjured up in the imagination of the human mind - and which have no Power except that given to them by man?



THE DIVINE PLAN OF LIFE

The Natural Activity of your Lifestream is an outpouring or Precipitation of Light, Love, Beauty, Opulence and Perfection which, without interference, would flow ceaselessly as a Fountain of all Good into the world of the individual. Why, then, is there a struggle if the Light that beats your Heart is a Natural Precipitation of all that you could require for Glorious Living? Jesus, in speaking to his disciples said: "Your Father knoweth you have need of all these things!"

Wherein is the interference with this natural flow of the Divine Plan without struggle? It is in the creation of an entity apart from God - the separation of the Consciousness from Union with all that is - the development of the personality as opposed to individuality.

This personality, evolved by human thinking and accretion of thoughts and feelings of limitation, is a LIE! It has no sustaining Power but that of the individual faith in it and therefore must sustain itself by unnatural means.

All work and labor - all struggle - all limitations result from the personality feeling that it must "do something" to sustain itself. It is, therefore, not self-sustained, for it must be sustained by constant effort which proves that it has no natural place in the Universe

BY THE ASCENDED MASTER EL MORYA

A Bridge to Freedom Publication

The consciousness of man has become so enmeshed in personality that he feels himself to be the personality that he wears in each embodiment, and he defends it, protects it, guards it, feeds it, cloths it, and loves it. Through stealing the Energy of the Godhead, and through unnatural means, he forces the sustaining of this impostor century after century.

This is the "outer man" who is constantly interrupting the Natural Flow of all Good by his continuous feeling that he must "do something". Therefore, he is constantly precipitating, but his precipitation merely distorts the Pure Flow of Life which would automatically fulfill the Divine Plan. This distortion takes place by his qualifying the Pure Light of God with thoughts and feelings of limitation, ill health, etc., every act, thought and feeling adding to the constant mass chaos of the world.

If the students could only accept the Instruction presented by the Spiritual Hierarchy and make "that personality" relinquish all Power, and acknowledge itself as nothing and remain silent, knowing that the "I AM" Presence is the Doer, the Doing and the Deed, within 48 hours, the "I AM" Presence of each Lifestream would Precipitate the Light through the flesh form and transform the individual's world, his flesh body, and his experiences.

Who among you is strong enough to tear your allegiance away from the "little self" and anchor it upon that "I AM" Presence that breathes without effort, the Beauty of the Rose, the Glory of the Lily, the Light of Helios, and the Intelligence of the Gods? The most difficult task is renunciation of the personal self as the Doer, and the calm relaxation of facing that Presence of Life and allowing It to flow through you and wash you clean!



SONG: ECSTASY

I pledge the Threefold Flame a vow, Its Glory all-commanding now.

I face my Source Above and see My Presence smiling down on me!

I feel its great enfolding Love pouring o'er me from Above,

I gaze into the Glorious Eyes; I hear It say: "Arise, arise!"

I see Its Blazing Heart of Light, Its beauteous garments dazzling bright.

I ask Its help and do implore, I hear It say: "Adore, adore!"

I watch Its Light become a Sun, whose Rays pour out to everyone.

I now behold these seem to blend, I hear It say: "Ascend, ascend!"

I must obey Its Mighty Call! Surrendering now myself - my all!

I do attain my Victory! I hear It say: "All Free! All Free!"

Its Arms reach out and raise me high. Its Light illumines all the sky.

I hear It say: "My Self now be! For 'I AM' thee and thou art Me!"

(Melody: Song of the Islands)



To gain a better understanding of the 'inter-connectedness' on how all these "I AM" Teachings fit together as well as updated information and activities, please visit https://iamfree.co.za/free-books or send an email to: iam@iamfree.co.za.