

THE BODY ELEMENTAL

*(Excerpt from The Bridge to Freedom material compiled by WERNER SCHROEDER
– AMTF)*

Function and Purpose

Before taking his first embodiment on Earth, each individual was called before the Karmic Board. In a solemn ceremony, he was joined with an elemental being, called a “body elemental.” At this ceremony, the body elemental assumed the obligation to stay with the particular lifestream during each successive embodiment until the individual reached the ascension. It is the purpose of the body elemental:

1) to cooperate with the Christ Self and other elementals, called “builders of form,” in the creation of the physical body from the moment of conception to full growth;

2) to perform certain “involuntary functions” of the physical body, such as breathing, and

3) to keep at all times the physical body as well as the etheric, mental and emotional bodies in a good state of repair, and, in all ways, to make the physical body a habitable temple.

Training

The pure electronic light substance and the forces of the elements were given into the keeping of the body elemental, who was allowed to look upon the perfection of the Christ Self, which was to be the pattern it would build with the **substance of the physical realm**.

Between embodiments, the evolving soul (individual functioning in the etheric body) was allowed to sojourn in whatever realm or sphere it earned the right to inhabit through its use of energy in the Earth life, and the elemental was freed from it to enjoy a certain freedom in the elemental kingdom and to rest for the next service, when the soul was again called for a new embodiment.

Each individual has its strength in a certain sphere. The body elemental was chosen from the same sphere as the individual. For example, if the individual, through his prior training (called “Journey Through the Seven Spheres”), dwelled the longest in, say, the Fifth Sphere, then the body elemental was also chosen from this sphere.

The training of the body elemental occurred at inner levels. Several elementals were trained to draw universal light substance and to follow a pattern, to create a flame flower or some simple manifestation of nature. The length of time that the elemental could hold the pattern in his consciousness determined the duration of the manifest form. As these potential builders of

form increased in their capacity to hold the pattern received by them from the great nature devas, they worked up the ladder of evolution to a point where they might be entrusted to build the temple (body) which would house the presence of God.

The Garden of Eden

At first, the creation of the body was a joyous and happy experience. After the Presence projected the Immortal Flame into the airless cell, the body elemental drew the necessary elements and re-created, almost perfectly, the design and pattern of the Holy Christ Self. The flesh forms of those early ages were beautiful beyond words to describe, and truly a golden age of beauty prevailed. The etheric body was the pattern which the elemental used, for this finer body outpictured the full glory of the Holy Christ Self, and it was easy for the elemental to have reference to this pattern from time to time. The elemental took up abode within the temple which it had built, and like a housekeeper or a caretaker, maintained the functions which kept the body in workable order (repairing, fueling, etc.), and the association between the dweller and the elemental was a happy one.

The Fall of Man

When man began to experiment with the use of energy, and to build into his etheric body certain distortions of form and impurities of essence, the body elemental became confused because the pattern was distorted. According to its basic characteristic, which is to MANIFEST THAT FORM UPON WHICH ITS ATTENTION RESTS, it obediently began to copy and build the distortions into the flesh form.

After centuries of endeavor to reproduce the Holy Christ Self through the substance provided by the lifestream in the etheric body, and the tremendous added strain of working against the appetites and passions which the individual developed when it fell from purity and grace, the body elemental soon developed an antipathy for the lifestream with which it was forced to work. Thus, the body elemental was no longer a cooperative, loving helper, but often blocked the projects and designs of the individual.

When the Lords of Karma called the incarnating lifestream again, it usually appeared within its etheric body, wherein is recorded all the experiences passed through, not only on Earth, but in the inner realms between embodiments. If individuals are to render greater service to life, the Lords of Karma will often allow the devic builders of form to give additional training to the body elemental by drawing it into a higher sphere of activity at inner levels, before the soul is summoned for incarnation. The pattern for the new body is determined by "karma," and the new body's appearance, comfort, and effectiveness to the soul is determined by that which the soul has earned in

past lives. Therefore, this limits the incoming lifestream's choice of garments. If many of the etheric records are of a destructive nature, this will cause a distortion of the physical form.

The body elemental is also called at this time, and there is often quite a “scene,” because the elemental rightfully objects to using its energy to mould and form a body as distorted as the etheric body of its partner on this long journey. The Christ Self of the lifestream is also in attendance, and the body elemental is soothed by its presence and offer of support. Then the substance which the soul has charged with his energy—pure or otherwise—is given to the body elemental to weave into the new physical form. Here again, it is very reluctant to take such impure substance, and wherever possible, it saves the “best” of the elements for the outside, and puts the impure substance inside the form.

If, in the subsequent embodiment the individual's lifestyle further abuses his four lower bodies through wrong foods (meat, excess sugar and salt), bad habits (smoking, alcoholic drinks, habit-forming drugs), disharmonious thoughts, feelings and actions, the body elemental finds itself continuously opposed in its endeavors to copy and outpicture the perfection of the Christ Self. The relationship of the individual with the body elemental may deteriorate to the point where the elemental becomes openly antagonistic. This may result in the early disintegration of the functions of the physical body, resulting in diseases such as the onset of cancer.

Needed Cooperation With The Body Elemental

Great love, gratitude and understanding to your own body elemental creates an affinity between it and the physical form.

Remember, the body elemental beats one's own heart, activates one's nervous system and takes care of the proper functions of the organs of the physical form, and is usually condemned when any portion of the physical vehicle ceases to function properly. The truth is, that the destructive use of free will by the uncontrolled emotional, mental, etheric and physical vehicles of the soul, creates the chaos in the physical vehicle, and the body elemental, itself, serves constantly to repair such damage.

When the individual comes to a point of understanding, and endeavors to abide by the laws of purity and abstinence from those activities which break down the structure of the physical form, there is the beginning of a new association and friendship between the individual and the body elemental. This, however, is not built up in the matter of an instant, for centuries of abuse and careless use of the temple, created and sustained by this elemental, is not easily forgotten. Then, too, the body elemental must wait for the purification of the etheric envelope, which forms its pattern. When this etheric body has been held in the Sacred Fire of the Violet Flame, and resumes its light pattern of the Christ Self, the body elemental can quickly outpicture this in the flesh.

Remember, the very substance that makes up the physical form, woven from the etheric body, has been used over and over in successive embodiments, and this, too, requires purification in order to raise in vibratory action and emit light. You will see, therefore, the necessity for the use of the Violet Flame and the action of the Cosmic Flame of Purity. When this is understood and conscientiously applied, we shall have again some of those “bodies enduring” that are absolutely non-recordant to disease, disintegration, and finally, death.

The Maha Chohan has said, “Peace, unity, harmony and understanding among one's own members (body, mind, soul, personality, and God-self) are essential to equanimity and progress on the path. To fight the body elemental is useless; to pamper it, is to lose it. To become acquainted with it IN THE MATURE DIGNITY OF THE MASTER OF THE HOUSEHOLD, WHEN REQUIRED TO DIRECT HIS IMMEDIATE STAFF, IS WISDOM.”

The Preparation By The Expectant Mother

Most individuals who are about to become parents do not understand the intricate process of creation, and leave this up to the body elemental and the builders of form.

However, conscious cooperation with the body elemental and the builder of form goes a long way in the creation of the developing physical body into an instrument of perfection. If mothers could come to an understanding of the vital role they play in the actual forming of the nature of the child, the human race could be redeemed much more rapidly. This is done by keeping the mind upon clean and pure and beautiful thoughts, washing memories of the impurities of the past, by holding the etheric body in the Sacred Fire of the Violet Flame, and by keeping their own physical bodies as temples of the Most High Living God!

Two thousand years ago, beloved Mother Mary held the “Immaculate Concept” for the incoming lifestream, Jesus, and she has offered to hold this picture of God's perfect creation for all mothers who ask her to do so. Visualizing the Luminous Presence of Mary will help.

