IMPORTANT INSTRUCTIONS BY BELOVED SAINT GERMAIN INCLUDING THE BALANCING ACTIVITY OF THE PINEAL GLAND FOR THE REST OF THE PHYSICAL BODY

*THE DISCOURSE IV*

*ASCENDED MASTER INSTRUCTION Vol IV*

Today is an opportunity to prove the atmosphere of God [the day was very hot]. Concentrate the attention on the region of the pineal gland, knowing that the attention focused there will cause to take place the balancing activity of all the centers, drawing and giving all power to the head center. From this center, the power of speech - which is but thought representation - will reflect back to the vocal center.

During this time of the contemplation, or conscious direction of the attention to the Highest

Center, be aware of the even, balanced, rhythmic breath. I do not mean to give it special attention, but breathe a few times consciously, and then just be conscious that you are breathing the rhythmic Breathe in on a count of eight; hold for eight counts; breathe out on eight, and hold eight. Then repeat. After doing this a few times you will get the rhythm near enough. The activity of this consciousness responds to the demand.

**The great God Principle is above and enfolding the form because of the Anchorage of God within the Heart.** The Seven Centers are the Points of Anchorage of the Individualization of God in the physical form. **The pineal gland is the Point of Anchorage and Radiation of the Great Central Sun**. When we realize this, we have come to the point where we do not consider any of the lower centers. Keep asking the God within what the correct activity

is to use at a specific time. Each must depend on the direction he receives from the God within himself.

All instruction is but worded attention upon certain things, and the Student should learn from the words instead of the presence of the one giving it. The Radiation will come through the words themselves; the words are but vehicles of conveyance of the "Presence." The feeling and thought will become just as accurate as the spoken word, as you depend

more and more on the Presence of God.

**It is necessary to use the Consuming Violet Flame at least once a day**. It is especially necessary among the Students because some unknowingly open themselves to discordant things due to mass pressure. In the use of the Rays, try to feel with intensity the Mighty Presence of God there, operating in whatever color you use.

**Very important. - Divine Love:** Keep the attention on the fact that Love is the Controlling Power in all conditions, always knowing it is Divine Love. This qualifies whatever human love is there and raises it in harmony with Divine Love. Know always that in any Demand God is the sustaining Power. You must keep aware of this fact in the use of all Law. Remember

that in all conscious use of the Law, you are at all times the determiner of the qualities you wish manifest and maintained! No two individuals are affected exactly alike; one has an irritation of mind, another of body, another anxiety, another impaired health.

The constant consciousness that **"God is my Perfect Health, Wealth and is Self-sustained,"** will take one into the full visible manifestation of these conditions. Know: "God in me is the Keeper of my Treasure House; then I know God produces in my visible use, great abundance, money as fast as I require its use, and that it is never late and that all my seeming obligations are taken care of on time.

"The joyous indifference of youth is really a letting go; and with Love prevailing, it is the most potent Power for Manifestation.

To Mrs. G. W. Ballard: Never let down your bars of protection to anyone. It is wise for all to use the consciousness that God's Activity is in this home and all about it, and there is only God acting. In thinking of the neighbors, know that God governs their every activity in regard to this home. Take a thing in the beginning, and with intensity reverse the negative action in thought and feeling concerning it. The seemingly deeper acceptance of the negative instead

of a positive condition in the human consciousness, is a mental gravity pull and is due to the density of the physical substance of the body.

A quick forceful statement: **"No, you get out of here! God Almighty is in control. "** This is true up to a certain point of Illumination: while the Inner "Presence" always stands ready to act, the consciousness of invitation within the Student's outer mind seems to be imperative. The Inner "Presence" does not intrude Itself; It must be invited.

The nature of the outer consciousness is to swing from one extreme to the other. The Eternal Balance is "the Middle Way"; and the desire to move in that activity, draws and holds you there. The desire to walk "the Middle Way" draws you and holds you in it. The deeper the recognition and living in the "God Presence," the quicker will the God Power act.

**Electronic Activity:** Wherever there is force, there is always some point of Electronic Activity, and from the higher standpoint it is very noticeable. The force released by the World War is still standing in the Earth's atmosphere, and is and will be redirected and used constructively.

The Electrons in our atmosphere are the Emanation from the Great Central Sun. The White Fire Body of the "Mighty I AM Presence" and Its natural Element qualify the Electronic Activity, the same as each Element in itself qualifies the Electronic Activity. The Electron is a Universal Element that is the Spirit of God. Therefore, each Element applying or using the Electron qualifies it according to the Element's own sphere or activity. In the condensation at a former time - one on Atlantis and the other in the buried cities of the Amazon - one was a Consuming Activity and the other was a Life - giving Activity. All-consuming is but a re-ordering of the balancing of the atomic activity.

The Electronic Activity is always permanently balanced within Itself. All discord is but a loss of balance of a particular element or atom. It is only when the electron becomes clothed in a quality that discord is possible. The first activity of the atomic structure is the requirement of something to qualify it, or a need for a quality. Otherwise, it too would remain forever perfect, and no other quality could be imposed upon it.

Question: "Why does air in motion seem cooler than still air?" Saint Germain: Because the vibratory action is raised.

**The Mantle of Invisibility** can be thrown around one instantly, but the Students should establish It permanently and consciously by the practice of visualizing

the Mantle around them. We are consciously qualifying this Electronic Energy or Activity every moment.

**Instinct is a lower form of intuition**. There is only One Presence and Power acting everywhere, so really there are only different grades of consciousness and activity. Words are very lame to carry a meaning that is a feeling.

**The Cross-of-Christ Currents:** Recently there have been placed Divine Currents in North America in the shape of a cross or, in other words, in the shape of a sword; for in this case the Cross of Christ is the Sword of Currents. The crossbar comes just south of the Canadian border, the hilt going up into Canada; and the point reaches south, almost to the lower part

of Florida. Chicago comes at the strong part of the blade, just below the hilt. These are Currents that have been placed through the Earth by Mighty Messengers of God.

There will come a time when this Sword and another will cross, and Peace and Prosperity will be in America. Where the two Swords come together, the crossing will be almost over Chicago. These Currents are placed above and within the Earth itself. They penetrate about one hundred feet below the surface of the Earth and about two hundred feet above. This is why the surface structure of the Earth will change; and the very ground human beings walk

on, will be the Sword of Christ.

In Nature's formation of silver some of it is dense, and some of it is frosted and not dense. So it is with the Earth: as the Christ Force is liberated, the Earth itself will become much less dense. The atmosphere of the Earth will become the balance between cold and hot - or semi-tropical - and the moisture will be evenly distributed. In the new Christ Activity that is taking place, certain Dispensations are given; but to what extent They will be given has not yet been shown. There are times and points of activity where Dispensations have been given that have advanced civilization hundreds of years.

**Miscellaneous Affirmations:**

“I AM' God's Child and I can do everything God wants me to do, and I do it now."

"I clothe every atom of my world this day with Infinite Love and Wisdom. "

"This home is the Heart of Divine Love's Operation."

"My body is the Heart of Divine Love's Operation."

"My mind is the Heart of Divine Love's Operation."

''My world is the Heart of Divine Love's Operation."

" 'I AM' the Divine Plan of the Light in perfect physical operation now and for ever. "

**Be as faithful as you can to healing physical distress, but keep your Inner Eye on the healing of the wounds of hate.**

**God within you is alive**. Do not allow Him to be silenced by thought-forms of your sense perceptions or fears. Always remember that God and His Manifestation are One.

**Everything grows by use.** All things move in cycles. When the Cosmic Hour strikes, the whole combined Force of the Ascended Host can be used to accomplish a definite Purpose. There are a great many things in which They may not interfere between those periods; otherwise humanity would not be where they are today.

**When individuals look to Us, We may give Assistance without limit according to their readiness to demand;** but in the Cosmic Cyclic Action, We may not interfere.

**The night before any important action or before Class, always go into the Secret Heart of God's Great Love.** Mankind and Students do not prepare the way ahead. When one wakes in the night, one sometimes returns to the body to anchor in the outer consciousness something that is needed there, or that is to be called forth when a future need arises.

When we come to a certain point of achievement in the prevailing activity, we sometimes make contact with Wisdom gained in previous, forgotten experiences; and if there is a necessity, we call that Wisdom forth and use it. In most instances it is done unknown to the outer consciousness. If we require knowledge that we have been conversant with in previous, forgotten experience, it is many times easier to recall that knowledge than to reach into the Central Source and bring it forth from the uncreated.

**The Great Law is not stingy, but it is conservative. It does not permit any unnecessary use of Itself.**

**The Divine Record:** Within the Divine Record of every individual there is registered all constructive experience. Therefore when a necessity requires it and the Wisdom is there to be used, naturally that is the first place to draw from. For instance, if you had a book giving certain formulas of activity, you would not go to another individual who had the same kind

of book, but you would look into your own book and save the time and energy. If mankind had not forgotten the Wisdom and Force stored within their consciousness, they would much more readily call upon that which is already at hand.

**In all the Universe there is no wasted energy**, except in the outer activity of mankind. It is not that the Universe can be in any way depleted, but in order that the Student may be taught the conservative use of that Mighty Energy. As the Student goes deeper and deeper into this Great Wisdom, this will become more and more apparent.

**The smell of sulphur:** Mrs. Ballard asked why the smell of sulphur was so strong in the night when there seemed to be no physical cause for it. It is a Cosmic Process now taking place, and We direct certain Force while you are out of the body, in the Assistance of the Cosmic Activity. The force released by Cosmic Activity through volcanic activity is a force that can be consciously directed. Those who are qualified for this particular activity while yet retaining their physical bodies, are many times instructed how to use this force when out of the body

during sleep- especially when a focus of it is required. The outer sense of odor is the conscious memory of the Activity which has already taken place at the Inner Levels. One is likely to smell the odor of wood, sulphur, coal, or incense. If the memory is of sulphur or wood, it is proof that the direct activity of the Highest Force within the Earth was

specifically required.

**Raising the vibratory action:** Do not let the outer senses form a habit or get the consciousness of anything except that all raising sensation comes in a perfect, harmonious, natural way. Release a person after treatment into the Wisdom and Activity of God, knowing that It is directing the controlling of the outer mind. When individuals are not aware of how to raise the body, it is sometimes much better to let them get out of the ruined temple and be free to go on.

**For the Groups to use for universal service**: "The Mighty Power of Divine Love and justice is now All powerfully operating in the minds and outer activity of every one of God's Children in Chicago, New York, America, India, and China. America will again attain the Mighty Focus, or Spiritual Power that She once had.”

This Instruction comes from the Ascended Light, and They prefer that no individuality be considered. Let each one meditate within himself, and then decide upon the particular Ascended Master to whom he wishes to direct his attention, and keep this a secret within his own Heart. The Highest of Attainment is always to look to the God within; and if you need help - assistance of any kind - call to One of the Arisen Host.

SAINT GERMAIN

DISCOURSE VIII

When the consciousness of the Student is held unwaveringly on the highest center, which is humanly termed the pineal gland and pituitary body, he is recognizing and inviting the Currents, the Rays of Light and Love, from the Electronic Body of his own "Mighty I AM Presence," and also the Assistance of the mighty advanced Individualizations, or Ascended

Masters, from that Sphere of Activity.

DISCOURSE IX

Visualizing the Harp Strings of the Soul: I would suggest - the individual should follow his or her feelings - that those who can, visualize these two Harp Strings of the Soul connected at the base of the spine, connecting again at the pineal gland in the brain: the one on the right side of a delightful Pink and the one on the left side an intense Blue. The Pink conveys Powerful Divine Love through the Positive Current; and the Blue String, the Negative Current, sustains the outer form in the Divine Balance.

This description given, I assure you, is very real~ quite as real as your harp before you when you sit down to play. The Knowledge of this and Its use, that is and will be given, will enable one to consciously hold a steady, calm balance in the outer contemplation of the Inner "Presence."

In Our-the Great Ones' -Activity at a given time of action, as so ably illustrated at the close of The Magic Presence, We often find the Great Wisdom from the still Higher Spheres completing an Action that We might hesitate to do. In that instance and the instance today, it shows the Presence and Activity of a very Great Wisdom that will not allow the outer to interrupt the progress. The time has come for definite, mighty Action.

DISCOURSE XXI

Saint Germain: At no time have there ever been beings with the Spirit of God within them, with but a single eye. Such an idea was a distorted view concerning the former state of those beings who still retained the full function of the Third Eye or Inner Sight, like the X ray. The All-Seeing Eye is the right conception of this state.

There was a time when those which are known today as the pineal gland and pituitary body were one. They were the All-Seeing Eye. The skull or brain structure, which was of denser substance, was in nowise any obstruction to the use and activity of this Inner Eye that really looks in all directions. To the All-Seeing Eye, no form is an obstruction to the Vision. At all times the All-Seeing Eye has the form of an eye as you know it today. The greatly dimmed

activity of that function, even today, causes you to sense a presence behind you as well as 'head of you.

At this previous time as the Soul drew into denser form, it required the activity of an arc, as it were, by which the two activities in conjunction stepped down the activity of this Inner Vision. This sparking broke the image of the vision, the same as an arc breaks up the current; and instead of a steady flow, it was in intermittent jumps. This causes the present intermittent activity. This became necessary as the outer form reached a certain density not wise to explain at present**. If there could be a continual flow or connection of Light between the pituitary body and the pineal gland, we could see everywhere and through**

**all things at all times. This is really the Inner Sight!**

This would be the same activity as when they were one-or in other words, unite them into their oneness again. When one can visualize the two as the All-Seeing Eye within, wonders might take place.

The child with the X-ray eyes: In this case the pulsation between the pineal gland and the pituitary body has become so frequent that the flow is almost continuous. In all forms where the Power of the All-Seeing Eye is used, the shape of the human eye is retained as we have it today. In any thought of this, think of it always as the All-Seeing Eye, complete, in the top of the head- taking the place of the pineal gland and pituitary body, or as having these two organs within it.

In this Eye within is the Perfect, Eternal Sight of Almighty God. A mental picture of anything, with this power back of it, must be propelled into outer form because it is God Power moving through it. This is how the images we see with our physical eyes are registered on the brain. Therefore, make your pictures within. Your eyes are the camera of the Soul. The activity of the vision in the mind acts just the opposite of the activity of the eyes, or physical

sight.

The secret of manifesting things into the world without, is in using the Spiritual Power to take this picture. Then the Great Silence precipitates it into form through the visualized picture. Through the activity of visualizing, you print the form or picture upon the Great Silence; and the Great Silence, which is the greatest Power in the Universe, propels it into outer expression and experience. Now you can understand how impossible it is for a picture registered on the Inner Silence not to come forth. It is the business of the intellect and will, to hold the picture steady until the impression is taken by the Great Silence. If it is not held steady, the result is the same as if you moved your camera while taking an outer picture in ordinary photography. This is the Power of true Precipitation.

You do have all power within your consciousness to mold your mind and body or any of its parts or attributes into anything you wish. Meditate on this incessantly. Contemplate this matter of vision often enough to set it in mind-in action-and use it. This release of Truth and conviction is tremendous! Never forget it! Use it more and more all the time. This is the Inner Power that knows Its own and is waiting to do these things for you all the time. A tremendous Power has been generated here today. This conviction you now have, you can use with great power.

Warning: After I have given the Explanation of the Law and you have received the Inner Power and conviction, do not discuss it, for you scatter the Power which would accomplish the full Manifestation. You have the vision, the power, and the ability to apply this. Now do it! The Power of Precipitation is one of the mightiest activities of this wonderful Presence who is radiating to you today. You have been shown how Precipitation through vision takes

place.

Use: "Great 'Presence,' completely and entirely reveal this Activity of Visualization and Precipitation into physical form to me now. Teach me all about This, and see that I always use It to fulfill the Divine Plan, to the Glory of God and the Blessing and Service of all His Creation. "

BENEDICTION: Thou Mighty "Presence," We leap forth to Thee in great devotion and recognition of Thy Presence with Us. We know, feel, and have the full conviction of Thy Presence eternally with Us, and that Thou wilt teach us the fullness of Thy Activity

manifest in form.

DISCOURSE XXIII

Spend at least three to five minutes every night, making your clearest visualization of the

All-Seeing Eye-which is the highest, yet normal means of causing the pineal gland and pituitary body to act in Perfect Balance. This will naturally cause other centers of the body to act in harmonious accord with It. In this manner Divine Love and Wisdom are naturally caused to act upon the lower centers, raising their activity in a manner and grace not otherwise possible. This will bring splendid results. Each Student should for five minutes in perfect quiet sometime during the day, claim the full power of perception and its full activity in his or her Life and world. This will enable everyone to have Insight and Foresight concerning their activity and affairs,

REFERENCES TO THE CHAKRAS, PINEAL GLAND & MORE

*LAW OF LIFE – Book 1 & 2. By ADK Luk – (From the Ascended Masters through a visible Light & Sound Ray. This information was not channelled.)*

Chakras are centers in the Etheric body corresponding with the ganglionic centers in the

physical body. Glands – organs are the physical parts of the body in relation to these

centers. Through the chakras flows an inner energy or force.

In this new instruction giving the understanding and practical use of the I AM Presence

the occult law is set aside concerning the developing of the seven centers and drawing the

fire – the kundalini up the spine. The centers of consideration are heart, head and throat.

This development is controlled through the action of the Presence. When It acts, there is

perfect balance of love, wisdom and power; all danger is eliminated.

When the pituitary and pineal glands become attuned (balanced) illumination takes place.

When the light expands in the heart it goes to the head and brings about illumination. Quite

the reverse of awakening the centers with the intellect. Knowledge of the I AM Presence

and Its action in producing results is in many phases of the law a reverse of the old occult

law.

The pineal gland is where the light from the Source enters. The energies of the lower centers will rise or be drawn to the heart, throat and head centers.

In this new cycle just begun we will work through the centers of the heart, head, and

throat. Controlling all through those centers, instead of as in former teachings, by

concentration upon the physical organs or the lower centers. We will no longer use the

occult way of working to develop and control the life force from the base of the spine up to

the top of the head through the seven centers. The lower centers will not be concentrated

upon as previously.

By working through the head, heart and throat centers the others are then naturally

developed through the action of the I AM Presence, without having to struggle through the

human qualities as formerly. Each center is the focus for a certain constructive or God

quality and the connection of one of the seven bodies. At present the centers are also a

point or seat of certain human or destructive qualities. Each center originally represented a

certain constructive quality. In mankind’s present condition all the centers except the one at

the top of the head are expressing some quality other than constructive – rather the opposite of the original one designed to express through that center.

The action now is to definitely develop the centers in the heart, head and throat, and

learn how to let the I AM Presence take command again. However, as each center represents one of the seven Rays, the Elohim, Archangel, and Chohan of that Ray focalize energy through that center. We can call to the Elohim, Archangel, and Chohan of the Ray represented in each center to blaze and intensify Their light there. That is a perfectly safe procedure and not dangerous as the former practice was.

LEVITATION

Levitation is an activity of light. What enables one to levitate? It is his own Christ Self

(Higher Mental Body). When one’s light has expanded sufficiently to let the Christ Self take

command, and it has raised the consciousness and vibratory action of the physical body, it

is connected by a light ray with the Christ Self, and He walks on it. Then when one stands

in the atmosphere the air feels substantial or solid under the feet.

Those who walk on fire in reality have their Pillar or Tube of light in-between their feet

and the fire.

We should give all back to the Presence including our bodies. We don’t own things, all

belongs to the Presence. It is the holding on to things that prevents levitation. The student

may want to give all back to the Presence and in the intellect he thinks he has, but not in the

feelings.

Rays of light go out from every cell and through every pore (from the Christ Self and the

Presence), to some distance around the body. When one feels tired those rays shorten and

droop, that enables the sinister force to drive in easier.

Pores are little openings (with a tiny hair in each) through which originally poured (pore)

out a small ray or stream of light. Hair represents a ray of light. In former ages a head of

long hair meant power, the more and longer the hair the greater the power. In India even

today Masters and devotees have long hair and wear turbans to cover it. The physical

bodies of most people are smaller than their divine pattern. This is caused by discord in

former embodiments. A very small stature is caused by intellectual pursuits.

SCIENTIFIC MISCELLANY

The Central Sun is a central focus of the Godhead. The heart center of the electron is a

sapphire blue, almost where blue and violet meet. That is why the sky is blue. In reality

night is not black but dark blue. The vibration of your lifestream has a specific pattern, also

a certain tone, or music theme.

A “ray of light” means the electronic force or energy from the sun, projected forth. Who

can take the sun out of existence? A ray of light the size of the little finger would cut off a

wire – or gas connection. When watching huge searchlights moving through the

atmosphere one realizes that a ray is actual light substance.

We should become conductors or conduits, by our own free will being willing to do

God’s Will instead of our human or personal will. We can be like the key that opens a vault,

or like a switch that makes a connection as at Boulder Dam, and gives light to a whole city

or great area. Become impersonal, like an orchestra where each member plays his bit and all together make one whole performance. That is impersonal service.

In the nineteen-thirties it was reported in a magazine that during an eclipse, the

prominences, the radiation was leaving the sun in the form of plumes as of the Threefold

Flame.

What caused the Liberty Bell to crack – the same force that tried to destroy America, that

of a black magician. He was removed from Earth in November 1938.

The figure 8 is the balance of the human and the divine. That is the only figure that

brings the current down and returns it. The human brings current down and sends it back.

There is this balance used in the outer world – 8 hours service, 8 hours recreation, 8 hours

rest.

The vibratory action of Earth is wholly different from what it used to be.

The currents of the ocean will change and the atmosphere throughout the United States

will become semi-tropical.

Air currents – there are natural currents around the Earth which when airplanes enter

them more than triple the plane’s speed. In India people communicate through air currents.

In the Gobi desert are natural (air) currents where people, regardless of their light, can

speak and hear each other. During a class one evening in Detroit, Michigan, a group of

people heard the sound from the Cave of Light in the Retreat in India. Everyone there heard

it. That was a current of energy consciously projected from the Cave of Light.

May 8, 1938, three airplanes which had been stolen by enemies were dissolved by the

Masters through the use of light rays.

In September 1937 two or three Ascended Masters annihilated the insects which an

airplane was carrying to America for destructive purposes. Then They appeared to the

pilots.

In one instance two or three Ascended Masters appeared to the crew of an airplane just

before it was scheduled to take off on a nefarious mission. They were as tangible to the

men as any human being, and when the men of the air force attempted to grab Them, They

dissolved or evaporated in their grasp.

The Ascended Masters told us in 1939 that They had secret airplanes without wings that

could anchor in midair, in action then. Sounds like Space ships.

September 26, 1939, three secret submarines en-route to destroy the Panama Canal were

dissolved by the Ascended Masters. However, They did preserve the records and plans

contained in one submarine by hermetically sealing them. These were left on the ocean’s

bottom to be brought forth at a later date as proof to mankind.

In 1933 when the World’s Fair at Chicago was lit by a ray from the Star Arcturus what

was the action? That was a light ray directed consciously by a great Being Who is an

authority for the action of the Seventh Ray to the Earth. He started the expansion of His

Flame over the Earth at that time.

Power boxes were used in former ages for heating, lighting and propelling purposes. The

power was drawn from the atmosphere and generated in these boxes which were two or

three feet long and about two feet square. Similar instruments are to come forth in the new

age.

One wave of Cosmic Light which was released was so powerful that it interfered with

radios and telephone services. Some of them were out of commission for eight hours.

In one of the Eastern cities during one class meeting there appeared on the platform a ray

of light like a pillar. It was visible to the physical sight, and seen by the audience.

In the Black Forest, blue lightning suddenly struck and put to an end the nefarious

activities there. Imprints of figures still exist on the cliff walls. The sudden freezing of a

vast area in Siberia which is evident that it occurred at once and which the scientific world

cannot explain, also was an action of cosmic law silencing the dark forces there.

One in a completely pure body had the experience in which the Three-fold Flame about

three inches in height stood on his hand and over it was held a steel rod as large as a man’s

thumb. The steel rod was instantly cut in two, yet It (the Flame) stood on his hand! That

could only be done in the absence of all discord.

Another experience – a test as to his strength was when a snake suddenly stood up in

front of him, to his own height. He commanded it to be consumed and so it was.

The appearance of Space ships, saucers or Scouts are becoming widely known and are

being more and more accepted, as are contacts with people of other planets. This has been

done throughout the ages, to some degree, as well as the assistance of the Ascended

Masters. These are the teachers of mankind. They have always given protection and

assistance.

For every counterfeit, pseudo or imperfect thing there is a perfect thing.

Certain low vibratory action of your voice would bring tremendous results.

The word “individualize” comes from the root word indivisible, not separate from

source. “Personality” comes from the word “persona” which means mask.

There are 200 pounds of energy to every square inch of the mouth. So we use about 800

pounds of energy to chew our food.

Gold is a condensed sun ray from the Central Sun. The natural tone of the Earth is “F”

below middle C. The color tone of the Earth is gold. The greatest is as easy to bring forth as

the smallest. The Presence just simply answers your call. Not so many ages ago men lived

hundreds of years – 900 to 1500 years. They maintained life not from knowledge of the

Presence but by elixirs which they prepared. Jesus multiplied fishes – but there was no fish

quality in the precipitated food. He replenished the wine – but there was no intoxicating

element in it.

Your source of supply is the I AM Presence. It is the power that manipulates conditions,

circumstances and substance which produces your supply. It is the Magic I AM Presence

called into action.

Everything comes through rays of light, A flower, tree, table, any physical thing is created

and perfected on the inner through thought and feeling by Beings in inner realms. Then the

ideas are given to human beings. They come through that ray of light from the Presence.

Precipitation is first vapor, then liquid, then solid. The precipitation ray is gold with outer

band or radiance of green. Gold and green are of that rate of vibration which becomes the

condensation of that which is required.

Snowflakes are thought-forms of some intelligent Beings condensed to a point making

them tangible to our physical senses. The patterns are beautiful and of great variety. A snow

storm purifies the atmosphere as does rain; both are an action of precipitation.

Try to grasp and hold in the feelings that to manifest an idea there must be a light pattern

of it. This is a powerful fundamental. An etheric record can be revivified because the light

pattern exists. Any Ascended Master can revivify buildings, and so forth that can even be

photographed.

When you stop to think for a moment you can realize that all outer manifestation has an

unseen power behind it. For instance, the electricity, the radio and now you have the

television, which only a few years ago could not be comprehended and accepted by the

average person. You realize that all comes from the invisible into the physical appearance

world. Behind all outer manifestations is an invisible power. People think lightly on that

which they cannot see and yet that which they cannot see, in the physical, forms over 94

percent of the pressures of both good and evil. Take the radio, you do not see the power

that produces the sound or sifts it out from many other sounds in the atmosphere and you

hear some beautiful music, or some inspiring talk. The same with electricity, even though

all wires and connections are in order if there is not “juice” from the power-house flowing

through there is no current which produces manifestation.

Even your physical body was produced from the invisible into outer form. An oak tree

comes out of a small seed, that is, the powers that produce it are latent in the seed.

The expression “there is no time or space” is often used by some when they first come

into greater understanding or understanding of universal and cosmic activities. In a sense

that may be right, yet in cosmic activity there is space and time, but not as we know it. As to

space the Central Sun and the Suns of each system with their respective planets occupy or

are in a certain location. They do not interpenetrate each other or occupy the same place, as a sense of spacelessness would indicate. As for time – to travel in consciousness, that is

almost instantaneous. As for an Ascended Master traveling in His body which is all light, it

would be a matter of just a few minutes to go to the opposite side of the Earth.

As to (space) ships traveling in interplanetary space, it takes a certain length of time,

although only a small fraction of time in comparison with earthly ways of travel.

Science says that a universe (and galaxy) travel through space at a terrific rate of speed.

These calculations are according to three dimensional observation, but they evidently

operate in higher dimensions, the fourth, fifth, sixth dimension or even higher. From that

state of consciousness there is no sense of speed.

Also time is recognized in cycles of events and progress, and in creation of planets it is a

progress and not instantaneous.

Because of an invisible “ring-pass-not” a certain distance out from the Earth no discord is

permitted to enter outer space, to contaminate it or any other planet. This is really a sphere

or pressure of light from without, or from the outer regions, that way maintaining harmony

in the rest of the universe.

The discord on Earth has slowed down the vibratory action of the atmosphere, in which

scientific measurements are made. It is because of this difference between the atmosphere

of Earth and outer space which does not contain discord, that discrepancies of scientific

calculations come in.

Around each Golden City in the ethers is a belt, a force that nothing of lower vibrations

can penetrate. Around each planet is a similar belt – a sphere, called “ring-pass-not”.

Every planet that exists is inhabited. That is its purpose.

Meteors are substance consciously focused, powerfully charged by the Ascended Masters

and projected to certain parts of the Earth to bless nature, usually to dissipate destructive

vortices. Sometimes a meteor, so-called is One of the Masters passing through the

atmosphere of Earth.

The foliage in the center of the Earth is ivory and pink. The atmosphere is a soft white

light, night and day, and of even temperature. People live therein. They were drawn into the

interior when they were confronted by hostile hordes and refused to fight them. That is, the

Earth opened up for them to enter. There is no discord there, all is harmonious.

AMERCIA

It has been known for over 80, 000 years that America was the last spot on this Earth

where the “cup of light” could be sustained.

The instruction the Ascended Masters are giving forth is not only for your individual

freedom but for the change of the axis of the Earth.

To acquire a dispensation for the Earth it must harmonize with every element of this

system.

When nature is harmonized enough, even the deserts will put forth flowers several times

in a season. And the fruits and growth will be much larger.

It was said that the lotus was the first flower brought forth on Earth, and was the divine

pattern of the I AM Presence. Honey, wheat, corn, beans, and redwood trees came from

Venus, so the Masters said.

Outside of efficiency there is nothing in comparison with the harmony maintained in the

feelings in the heart of a business.

Science, etc., has but touched the lowest ebb of civilizations, and the perfection,

naturally, is not there. Originally, in the first Golden Ages there were no divisions of races

or nations. That state has to again manifest on Earth. Divided conditions came about after

the laggards had come to Earth. All racial characteristics will eventually fade out and all will

blend into the Aryan type, in features and color. Color is only in the physical body. The

Christ Self of all is blazing white.

All important books and records were taken from the Alexandrian library by the Masters

before the fire. These were put in places of safety. Some books are in the library of the

Temple at Luxor, Egypt.

“Washington’s Vision” was given him by a great Cosmic Being Who is giving great

assistance to our freedom. That Vision was a real prophecy and foretold the future of

America.

Mankind thinks it is the combined essence of life in the masculine and feminine that

creates form, yet it is the stream of life that does it.

Why was day and night established? – it was not always so. To compel the human to

become quiet, otherwise we would live only a very short time – perhaps not more than

twelve years.

Vertical current and horizontal – where they meet they form a cross – and creation takes

place.

A cross symbolizes creation. The universal substance of light flows horizontally around a

planet. The divine current coming down, being vertical, meets the current (forming a

cross), which forms the heart beat. The two currents form the spiral. All action of energy is

pulsation. You have only two movements, the push and the pull, the two together make the

spiral – which is an ascending action.

You can prove this law – you do not have to just take someone’s word for it.

The Ascended Master Saint Germain has had a hand in promoting fruit and vegetable

juices, as well as certain materials; for instance silk and now nylon and similar materials,

especially for underwear. These materials have a tendency to give some protection against

psychic forces.

More than twenty years ago the dictators of Europe were visited by the Master Saint

Germain. All their guards and locked doors were no obstruction to Him. He visited them

from time to time in an endeavor to get them to cooperate, but when they were determined

to go their own way regardless, their own destruction soon returned upon them.

May 24, 1938, the opening day of class in New York City, the Masters established a

rainbow of Rays from New York to Los Angeles, California. In late afternoon around the

close of the first session, it was seen (and also reported in newspapers) that buildings of

Manhattan were colored in purple, lavender, pink and their various hues. The Times

Building was deep purple at the base with the color lightening to a shell pink at the top.

That was an outer manifestation of the inner action of establishing the rainbow of Cosmic

Rays, for purification and protection of our country. Those Rays completed the circle,

going through the Earth from Los Angeles to New York.

A triangle with the point downward represents the down pouring from the Presence, with

the point upward it represents the up-reaching of the human. Together they form the six

pointed star.

The Grand Teton, Mount Shasta and Mount Whitney form a triangle – three high

mountains in America. They are connected with each other by underground passages.

By December 3, 1939, all discarnates and the psychic substance permitted by Law (one

third), had been removed from the United States and some other parts of North America.

And all that territory was insulated by a wall of light.

Thousands of men in the armed forces who were forced out of their bodies during the

war (1942-45) in various parts of the world, especially in the Orient, when released from

the body, straightaway came to America in their inner bodies, because their desires in the

physical had been such. Of course they came up against the wall of light, and when they

did so they were taken and escorted to the higher realms. That was permitted by the law

because the student body was making the call and because of their own free will they had

come over. If they had stayed in the atmosphere over the Orient they could not have been

removed.

All of the discarnate entities have since been removed from the Earth. All have been

taken from the “Sleepers’ Realm”, some had been there for a very long time. That is they

were taken out of inertia and have been induced into action again. All have been removed

from the “Compound” (so-called), and taken to Temples – school-rooms at inner levels.

They are all studying, making application and rendering some service each day.

During the year 1956 the light of the Earth expanded three times over what it was before.

That great intensification was enabled to take place because the causes and cores of certain

destructive qualities had been removed as well as the disembodied, through decrees and

cooperation of some unascended beings with the Ascended Ones.

There is a true astrology based on universal or cosmic law, but that is not being taught in

the outer world today. Present astrology is composed of some partial truths clothed with

many human concepts and distorted into a theory which has caused many drastic actions

and misfortunes to individuals. Since no negative or destructive force can leave the

atmosphere of a planet or star, there is no bad influence from any star. That is a delusion in

astrology which has caused so many failures because the attention gets fixed on a negative

or adverse aspect in the horoscope and such a suggestion sets the law into action to produce

it. Certain conjunctions may intensify destructive qualities here simply because of a greater

amount of energy, which intensifies the qualities that are acting here, but destructive

qualities do not come from outer space. Why do people yield to astrology, etcetera? Because

they think it brings food or shelter.

The Zodiac is an electronic forcefield around the Sun. It is not just a ring or belt but a

sphere, like an orange with twelve sections. These sections are called the signs or houses of

the zodiac. Each is composed of a different quality, some specific quality. Each house (or

section) is under the direction of one of twelve Cosmic Beings. The Cosmic Being radiates

that particular quality out and it is absorbed by the planets, as each moves through that

house in the ecliptic in its journey around the Sun, for a certain period which is (for Earth)

approximately thirty days. These Cosmic Beings act as step-down transformers, Each for a

particular quality, so that mankind, the angels, the elementals and all nature can absorb and

utilize it.

Numerology likewise is based on principles and law but has been perverted. These as

well as trance and hypnotism are connections with the psychic realm. Although many

things prove out as stated does not make them universal Truths but facts set into action by

human causes. Just because a thing comes from the unseen does not necessarily make it of

spiritual value. Most predictions fall in this class also. By entering into gambling, astrology,

numerology, psychic readings, automatic writings, mediumship, etcetera, one tunes in or

connects with accumulated energy and records. It isn’t so much that the person has a wrong

motive because usually the desire is to help, but when one enters into such activities he

connects himself with the accumulated inner forces which are not all constructive. If the

attention were fixed on the I AM Presence, the God-active Principle in each one, to the

same extent, they would draw forth eternal Truths and perfection.

The subconscious is the etheric memory – the records in the etheric body of all past

embodiments. When one is taken back into a former embodiment through hypnosis it may

stir into action experiences and karma of that embodiment, causing the individual much

distress and maybe more than he can handle. That would be a grave responsibility on the

hypnotist.

Hypnotism is a negative action, the use of the law in a negative phase. Hypnotism is

domination by mental and feeling force of another’s consciousness. In hypnotic and trance

conditions the individual’s faculties are not under his conscious control nor a function of

his free will. That is an intrusion on the prerogative of free will. This an Ascended Master

will never do. Only by full use of the faculties under the direction of free will is mastery

ever attained.

Psychic sight is only extended physical sight. It is produced or brought into action by a

raising of the vibratory action of the optic nerve. The true spiritual or inner sight, the all-seeing eye, is not active in the average person because of the low vibrations of discord

accumulated in the brain, which is of a slower vibratory rate.

The stream of energy from one’s Individualized Presence of God, which is the light, the

life that keeps the heart beating, enters the top of the head, goes through the pineal gland

and pituitary body into the heart. Between the pineal gland and pituitary body this stream of light is interrupted or broken by the slower vibrations. When that stream of light is no

longer broken and there is a steady flow, then the result is the inner sight, or all-seeing eye

in action. This can come about through sufficient purification. Also it is at times brought

about temporarily through the assistance of an Ascended Master. In case of a blow on the

head or in an accident when a person “sees stars” as the term goes, what happens is, the

vibratory action of the optic nerve is raised and he sees into this ray of light from his

Presence.

Projected consciousness is simply an expansion of consciousness enabling one to

experience things at different places at the same time. In projected consciousness one can

be at another place observing or doing things even while in the physical he is going about

tending to his daily affairs. Usually to the outer consciousness that is done unconsciously,

but it is possible and some do go in projected consciousness wholly aware of all that takes

place, and at the same time are completely conscious in the physical body.

Projected consciousness is an action of condensing etheric substance. It can be so

condensed as to form a vehicle (body) in which the outer consciousness can be conscious

and manipulate in it. It can be made dense enough for a camera to get a picture, and even to a point where the physical sight can see it.

Two Permanent Rays

The Two Natural or Permanent Rays penetrating the Earth from almost exact opposite

directions form as it were the axis of Earth. The one of masculine aspect (gold) enters in

The Himalayas and that of feminine aspect (pink) enters at Lake Titicaca in South America.

Where they meet in the center of the Earth they fuse and emit light of a soft radiance. These are the Rays science knows.

People through the centuries have been magnetized and had the desire to go to the

Orient, especially to India because of the masculine Ray being in predominant action there.

That is one reason the ascension has been made mostly by men through the centuries.

Another reason is that the masculine element represents the mental phase of life, there being less energy to control than in the feminine which represents the emotional. The Ray of feminine aspect is now coming into more powerful action and in the future will be in

predominance, giving assistance to those who are to make the ascension in feminine

bodies. Those Lady Masters Who have ascended did have assistance from this Ray.