

About this book and this Teaching

The material for the original edition of this publication, entitled *The Seventh Ray*, was given by the Ascended Master Saint Germain through the messenger of the “Bridge to Freedom,” Geraldine Innocente, in 1953. This newly revised edition has been greatly enlarged, by including dictations of other Ascended Beings, speaking on the same subject. Also added was information pertaining to mastering the Initiation of the Seventh Ray. The mastery of the God-qualities of this ray is absolutely essential in gaining the goal of all life, the ascension.

The newly revised text includes now several articles dealing with group activity. Therefore it is a helpful guide for group leaders and group members, alike. Listed are several articles on music, which forms a vital part of this service. The added section on beneficial radiations, including the original Zodiac, should also prove useful to the student. The articles compiled by Annette and Werner Schroeder are the result of extensive research of all available dictations given by the Ascended Host through Geraldine Innocente on this subject. Thus this revised edition offers the reader a more comprehensive treatment of the properties, God-qualities and initiations of the Seventh Ray.

The teaching of the “Bridge to Freedom” is different from any other teaching or system of knowledge. The instructions came from Ascended Beings and it was channeled through an authorized messenger of the Great White Brotherhood who, through the example of her conduct during many embodiments, qualified for this service. Geraldine Innocente is the twin-flame of the Ascended Master El Morya.

The amount of available material is quite extensive. There are about 6,000 pages of original dictations that were channeled by Miss Innocente. When one compares the scope, detail and the many fields covered and he compares it with any other teaching, he will agree there is a difference. Commenting on the depth and scope of these dictations, the Masters emphasized that the material given was many times more than needed to gain the ascension. Hence, the requirement of the hour is the study and practice of what has been given. This will facilitate laying the foundation for a new dispensation.

The Ascended Masters have the vision and overall plan to bring in the Golden Age. They know best how to face and overcome the obstacles that now face mankind. Without the assistance of the Ascended Masters, there would be no hope for the world. Through the effort of the Ascended Masters and the sincere, determined effort of a few students of the "Bridge to Freedom," great achievements were accomplished in the 1950's. The Ascended Host called the achievements of this organization the most successful ones since the "Fall of Man." Similar achievements are possible today!

Ascended Master Teaching Foundation

*The Initiations of the
Seventh Ray*

By its Chohan
The Ascended Master
SAINT GERMAIN

*Compiled from the Teachings of the
"Bridge to Freedom"*

by

WERNER SCHROEDER



Ascended Master Teaching Foundation
Mount Shasta, California

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DEDICATION
(To Original Edition)

This book is humbly dedicated to the beloved Sanat Kumara and those other blessed guardian spirits whose love, patience, confidence and faith in the light within the hearts of men has preserved our planet and its people to this present hour.

Through the words and feelings of the Ascended Masters, contained within its pages, may the flame of God within the hearts of the gentle reader expand and help to release the great Lord of the World, and his spiritual court, from their self chosen exile, that they may return to their planetary homes.

It is time, now, for the Earth and its mankind to arise and assume their responsibility to the universe, walk in freedom's robes, and become the light of the world. Thus the shadow star will become a sun, its cry of pain become an anthem of praise to the Heart of Creation, and its place in the solar system be assured for eternity.

Thomas Printz (The Ascended Master El Morya)

TO OUR READERS (Original Edition)

Dear friends of the sacred cause of freedom, I greet you in the name of the ASCENDED JESUS CHRIST.

Through his electronic light body I extend my hand in holy friendship, realizing for you that no activity can connect with your world of experience through that consciousness, unless it is of God.

For how many centuries has this great brother protected the earnest, seeking soul of man from the seen and unseen powers of evil through his name and by his presence!

In those dark ages, when the Power of Light was all but lost to the outer consciousness of man, it was good, indeed, that the SIGN OF THE CROSS AND THE NAME OF JESUS remained a force that could not be denied, and many thousands of good men and women owe the continuance of their spiritual lives to that watchful, kindly presence.

Today, we are again in a new era of Light. It is also a day when the inner perceptions of the individual soul are tested against the full measure of truth and through this spiritual discernment, they will find that “the fruit falls not far from the parent tree,” nor “the Master’s word and work from the Father’s throne.”

The two-thousand-year cycle of the Piscean Age governed by the Sixth Ray, and known as the Christian Dispensation, is drawing to a close, and as all cycles overlap, the sensitive “inner ear” and “inner eye” of the watchers have glimpsed the dawn of the new day, through the vibrations of the Seventh Ray which are making themselves felt in the hopeful hearts of the forerunners of the New Age.

THOMAS PRINTZ (the Ascended Master El Morya)

Chapter 1

The Service Of The Seventh Ray

THE COSMIC WHEEL

By the Ascended Master Saint Germain

The cosmic wheel, which allows the play of certain spiritual stimuli upon the Earth and the inner bodies of her people, has one complete revolution in every fourteen thousand years. During this time each of the seven rays is given an opportunity to play upon the Earth and to give the nourishment and love of its particular quality to the evolving life upon it, in order to unfold the spiritual nature of each of its component parts.

The cosmic cycle is divided into minor cycles of two thousand years, each one under the direction of a great being especially dedicated to a particular quality of the Godhead necessary to the evolution of the Earth life for that period. These beings are called "Chohans of the Rays," the word "Chohan" meaning Lord and "Ray" the color and activity of each of the various spheres which make up the aura of God.

The first two-thousand-year cycle is under the direction of the Chohan of the First Ray, representing the father, or first person of the Trinity. This being sets the pattern for the religious governmental and individual evolution of the souls taking embodiment in that cycle. He embodies the will of the Father.

The second two thousand year cycle are under the direction of the Chohan of the Second Ray, representative of the second person of the Trinity, the son. His office is dedicated to the development of the qualities and precepts laid down by the will of the Father under the First Ray.

The last ten thousand years of the cosmic cycle is under the direction of the great being called the Maha Chohan, who represents the third person of the Trinity, or the Holy Spirit, to the Earth. His office is so diversified in its nature, in that he is responsible for externalizing the will of the Father, with the cooperation of the son, through every expression of life on the planet, mineral, vegetable, animal and man, that he has chosen to subdivide the ten thousand years of his reign into five minor cycles of two thousand years each, thus completing the fourteen thousand year period of the cosmic cycle.

At the head of each of these minor cycles, the Maha Chohan has placed a great being, representative of the ray and sphere presently active, who is particularly dedicated to the qualities and nature that are to be developed in the evolving individuals during that period. The Maha Chohan holds the office of Advisory Director to all of the seven Chohans active in the great cosmic cycle.

The cosmic wheel has now turned to a point where the last of the five sub rays of the Maha Chohan are about to be emphasized in its outpouring. In this final cycle, every individual on the planet is expected to put forth its effort to fulfill the plan for which it was created.

The purpose for the creation and sustenance of our

planet IS TO ALLOW EACH INDIVIDUAL EVOLVING UPON IT, AN OPPORTUNITY TO UNFOLD HIS SPIRITUAL NATURE AND BECOME MASTER OF ENERGY AND VIBRATION, through the conscious control and use of his creative faculties. In order to become such a master presence, the threefold nature of man must be nurtured and developed. For this purpose alone was the cosmic cycle instituted and sustained to the present day.

As each new minor cycle opens, a new method, we shall say, of incorporating the energies of the people is presented to embodied individuals. This is done through the kind assistance of a representative of the Chohan who is head of the active ray. This representative is always an unascended being who has been closely associated with the Chohan during past incarnations and also between embodiments, so that, in his inner bodies, he is well acquainted with the Chohan's ray and service. Unfortunately, however, it sometimes happens that by the time the cosmic moment strikes, when the Chohan's particular ray is to play upon the Earth, much of the human nature of the unascended representative is woven into his interpretation of the law. However, as the people's consciousness awakens to the requirements of the hour and their discriminating faculties are sharpened, they are able to detect these discrepancies and go forward without any deviation from the path.

The Cosmic Law, in its mercy, allows what is called an "avataric incarnation" to take place at the beginning of each of the sub-cycles of the Lord Maha Chohan. It is understood, of course, that an Avatar is a being, who, like the Master Jesus, has worked out his karma prior to his incarnation as

Avatar, and is, therefore, A PURE CHANNEL through which the finest essence of the ray is incorporated into the activities of the new religion. BEFORE his coming and AFTER his coming, the work is left in the hands of dedicated individuals, who explaining the law as their consciousness sees it. We are presently in this BEFORE stage, and while the forerunners of the Seventh Ray activity have done well, they have not touched even the periphery of the truth concerning the power of invoking, wielding and dispensing the spiritual currents that are the Seventh Ray's gifts for the upliftment of the race.

JOURNEY THROUGH THE SEVEN SPHERES

By Werner Schroeder

The individual I AM Presences, each at its own pace, journey through the seven inner spheres, which are seven concentric bands of color around our Sun. Here, contact is made with highly-developed intelligences which express the particular qualities of each sphere. These individual lifestreams are desirous of doing the Father's will, expanding his kingdom and consciousness.

Starting with the First Sphere, the individual lifestreams (I AM Presences) have the opportunity of absorbing the qualities of each sphere, abiding in each as long as they wish, adding the color of the sphere to their Causal Bodies as they progress. Typically, an individual is attracted to the properties of one particular sphere, preferring to stay there longer, while absorbing its qualities. This preference for one particular sphere often results in the pursuit later, when embodied, of a line of work that closely identifies with the properties prevailing in this sphere.

When an individual stays longer in one sphere and thus absorbs its qualities more than any other one, then this particular sphere becomes his predominant "sphere of development." Sometimes, the term "ray" is substituted for "sphere." Therefore, "sphere of development" now becomes "ray of development," or simply "he/she is on the (Second) Ray."

While the God-virtues or qualities of a sphere and a ray are identical, spheres and rays act at different time intervals. A ray is part of a cycle. A cycle lasts 14,000 years, and is

made up of seven rays, each of which is predominant for a period of 2,000 years. Therefore, all of use experienced many times the beneficial influence of one ray, BUT ONLY ONCE WENT THROUGH THE SEVEN SPHERES.

The experiences gained while dwelling in a particular sphere may be likened to going to school before embodiment on a planet.

As in other experiences of life, free will is involved, and some individuals elect to stay in one of Seven Spheres. Only one of every twelve White Fire Beings progresses to embodiment. The others elect to stay somewhere along the path, preferring to work there at inner levels.

The following is a summary of the colors and qualities of each sphere. Also shown are corresponding occupations that an individual may have while embodied at a later time, expressing the qualities of that ray. The listed representatives of a particular ray are the names of the Chohan, the Elohim and the Archangel.

Ray 1. Color: blue. Doing the will of God, illumined faith, capacity to lead people and manifest large amounts of energy. Initiative. All God-ideas born here.

Representatives: El Morya, Hercules, Michael

Qualities in undeveloped man: aggressive human will, domination

Natural service/occupation: rulers, leaders, executives

Ray 2. Color: sunshine yellow. Perception, illumination, inspiration. Ideas are perceived and molded into thought patterns and workable form. Wisdom, discrimination

Representatives: Lanto, Cassiopea, Jophiel

Qualities in undeveloped man: intellectual arrogance, accretion of worldly knowledge

Natural service/occupation: teachers, educators

Ray 3. Color: pink. Divine love, compassion, tolerance, gratitude. Ideas are clothed with life-essence through the feeling nature, enabling future externalization in the world of form. Love is shown as the cohesive force, holding together a manifested form.

Representatives: Paul the Venetian, Orion, Chamuel

Qualities in undeveloped man: lack of love for human beings, elementals and animals

Natural service/occupation: peacemakers, ombudsmen, arbitrators

Ray 4. Color: white. Purity. Artistic development. Humility, holding to Immaculate Concept

Representatives: Serapis Bey, Elohim of Purity, Gabriel

Qualities in undeveloped man: lust, passion, arrogance, negative criticism, gossip

Natural service/occupation: Poets, artists, musicians, painters, architects

Ray 5. Color: emerald green. Scientific development. Healing, concentration, consecration, searching for the highest truth

Representatives: Hilarion, Vista, Raphael

Qualities in undeveloped man: doubt, discouragement, lack of discipline, atheistic tendencies

Natural service/occupation: engineers, doctors, nurses, scientists

Ray 6. Color: ruby with golden radiance. Unselfish service away from home.

Representatives: Nada, Elohim of Peace, Uriel

Qualities in undeveloped man: religious fanaticism, zealous tendencies

Natural service/occupation: missionaries, religious leaders.

Ray 7. Color: violet. Ceremonial service. Culture, refinement, master of circumstances, diplomacy.

Representatives: Saint Germain, Arcturus, Zadkiel

Qualities in undeveloped man: Lack of refinement, snobbery

Natural service/occupation: diplomats, gentlemen, ministers, religious leaders

COSMIC CYCLES

By the Ascended Master Saint Germain

Great cosmic events also move in these gigantic cycles or circles and the great cycle governing the fourteen-thousand-year dispensation of the seven rays must also come to a close, in the joining or welding of the First and Seventh Rays.

This is why the great Chohan of the First Ray, the Master Morya, and myself, as Chohan of the Seventh Ray, with our respective chelas, are presently so closely allied in interest, purpose and endeavors.

This does not mean, however, that the other five Chohans, with their chelas, are not also vitally interested in the glorious activities coming into being now, which are characteristic of this ray and the yet more magnificent ones that will be made manifest as we proceed into the full action of the new day. As a matter of fact, one might call the dispensation of the Seventh Ray the Cosmic Harvest, because it is really the gathering together or harvesting of the best endeavors of all the rays since the cosmic cycle's inception. It could also be likened to the final act of a great cosmic opera, when all the efforts of the musicians and artists are presented in one glorious final symphony, with all the actors or participants on the stage.

Every individual who has taken embodiment within this great cycle has an integral and active part in the activities of the Seventh Ray, and whether they are ascended or unascended, will share in its ultimate glory.

Under the auspices of this ray, therefore, an opportunity presents itself whereby every member of the race is invited at this time to “put his or her shoulder” to this great cosmic wheel and thus speed the day of its triumphant final endeavor.

During the coming two thousand year cycle, the Earth will go through a period of unprecedented activity along every channel of physical and spiritual endeavor and every individual within its compass will be given an opportunity, in the light of the new instruction, to attain his mastery and thus harvest the fruits of his endeavors, through his many centuries of embodied service, under each one of the preceding rays. EVERY INDIVIDUAL BELONGING TO THE PLANET, REGARDLESS OF THE RAY TO WHICH HE BELONGS, WHO DID NOT ATTAIN HIS SPIRITUAL FREEDOM UP TO THIS TIME, WILL BE GIVEN AN OPPORTUNITY TO REINCARNATE DURING THIS SEVENTH RAY CYCLE, will be educated along true spiritual lines and, through his knowledge of the Sacred Fire, will be able to consume “the tares sown by the enemy” (his lower self) and at the same time offer a bountiful harvest to his Lord.

It will be readily seen, therefore, that all of the seven Chohans are vitally interested in the harvest of each individual under their care and all great beings and powers of light who are connected in any way with the evolution of the planet, are joining their forces under the auspices of the Great White Brotherhood, in one grand endeavor to free the Earth and her people from the dark forces that have threatened to engulf her. We only await man’s answer now to the call.

The close of this great cosmic ring will usher in a permanent Golden Age when the gods and angels and men will walk together in peace and harmony and the Earth will take her rightful place among the triumphant stars in God's firmament. Truly, the time is not far off before the fulfillment of the prophecy:

“Eye hath not seen nor ear heard, neither hath it entered into the heart of man the things God hath prepared for them that love him,” will be made manifest before all men.

THE SERVICE OF THE SEVENTH RAY**By the Ascended Master Saint Germain**

As my beloved brother El Morya has explained elsewhere, the Seventh Ray which comes under my jurisdiction, is destined to be the predominant outpouring upon the planet Earth, including all of mankind, during the next two thousand year period. It is called "the Ceremonial Ray," because it deals primarily with the invocation, condensation and radiation of spiritual energies through the conscious control of freewill acting beings.

In the higher spheres, beautiful and inspiring rituals, the very fringe of which have not been touched by the imagination of man, are now being prepared and will be lowered gradually, into the physical realm.

The Seventh Ray is the final one to pour its life-giving essence upon the planet in each fourteen-thousand-year cycle of time. In the course of the history of the Earth the Cosmic Wheel has turned many times in these cycles (just as the smaller seasonal wheel has turned countless times in its yearly cycles) and the Seventh Ray has been given the opportunity, again and again, to nourish the particular spiritual characteristics which comprise the primal nature of its children.

At each such revolution certain individuals were called forth from the inner spheres who had, in the course of their evolution, become imbued with the nature of the Seventh Ray and who had served in the Seventh Sphere, preparatory to their taking incarnation, in order to work out their final destinies in the physical realm. These individuals, who chose

incarnation along the Seventh Ray each time it struck the Earth in its evolutionary cycle, became “the Children of the Seventh Ray.” Some achieved the ascension under its benign influence in preceding cycles, but many did not. From those who remained, the Master acting as Chohan of the Seventh Ray has always chosen the individuals most developed along the line of his spiritual nature, to assist him in expanding and perfecting the gifts of his ray to the Earth and her people, during the time his ray is active.

At the same time, from among the Seventh Ray children, potential Chohans for the future are chosen and, under the supervision of the Maha Chohan, are trained to assume this office as the preceding Chohan is graduated into wider cosmic service. I was among those chosen, prepared and finally vested with the office of Chohan of the Seventh Ray, in which position I now appear as representative of this cosmic outpouring to the Earth.

The service of the Seventh Ray, to the evolution of the planet and its people, lies in the education of the consciousness of unascended beings in the POWER OF INVOKING, DIRECTING AND SUSTAINING SPIRITUAL FORCES FOR THE UPLIFTMENT OF ALL MANIFEST LIFE.

From among the individuals who chose at inner levels to develop their talents and capacities along the lines of the Seventh Ray, I have (like my illustrious predecessors) chosen those presently-incarnate spirits, who respond to my keynote and endeavor to bring a workable knowledge of the purpose, design and method of expanding the activities of the Seventh Ray, which will accrue to the greatest possible

blessing to, and upliftment of the peoples of the planet. These pages are a foundation and also serve as an invitation to those individuals who may choose to assist us in our endeavors at this time. It must be understood, however, that the great Cosmic Law does not permit any coercion on the part of a Master to persuade individuals to join his cause. Any assistance given must be a voluntary freewill offering on the part of the individual who proffers his help.

The natural flow of life through the “silver cord” is subject to the freewill choice of the individual. Through the long centuries that have passed, each man has allowed this life energy to slip through the avenues of his outer senses, becoming, in its discordant manifestations, the conglomerate mass of human appearances, to which every individual who ever took embodiment on this planet became a natural heir.

The dissipation of these evil creations is possible, if we can reach, interest, train and secure the cooperation of a certain number of the human race at this time. This should not prove too difficult a task since, during the past century or so, many thousands have been made aware of the actual existence of the beings in the higher spheres and have also received a more or less comprehensive idea of their relationship to their source.

This is all in accordance with God’s divine plan for the awakening of humanity and is only an infinitesimal part of the blessings that will accrue to the planet under the benign auspices of the new day.

Through the influence of the Seventh Ray activities, the members of the angelic kingdom, the nature and the human

kingdoms will learn to draw and blend their combined energies harmoniously, first, for the dissipation of evil and then in the creation of causes that will manifest on the screen of life as peace, health and prosperity, which will be a culmination of all the lovely “hopes” for a state of happiness, which may be enjoyed here and now by the people of Earth, instead of pinning their faith in a precarious state, which may only be reached after they have “passed over” to the great beyond.

I take this opportunity to give acknowledgment to the great Lord of the World, Sanat Kumara, to my Lord the Maha Chohan, to my brothers – the Chohans of the preceding six rays and to the Great White Brotherhood; all of whom, together with their chelas and students, have given me not only their valuable assistance, but great encouragement in this endeavor. I herewith invoke the blessings of the one Eternal Father for all chelas for their ceaseless efforts to widen the borders of God’s kingdom. I also acknowledge with gratitude the tremendous assistance I have received from the Seven Archangels, particularly Lord Michael and Lord Raphael and the angelic host, as well as the sustaining power of their love, during this first difficult period of introduction of a new era through the Seventh Ray.

**THE SEVENTH RAY, THE RAY OF
CEREMONIAL SERVICE**

By the Ascended Master Saint Germain

As the Seventh Ray comes at the end of the fourteen thousand year cycle, it will be seen immediately that it represents the drawing forth of all the wealth and unfoldment of the preceding rays and the development of the “highest” manifestation in every constructive activity sustained by the life and substance of the Holy Spirit.

The activity of the Seventh Ray has been described as “ordered service.” It must develop the capacity, within the individuals, to consciously draw, focus, mold and project energy, which becomes the master control of all circumstance and form.

The development of ceremonial worship, whereby individuals can be collectively, as well as individually, educated in the methods of invoking and directing spiritual energies, is one of the most beautiful activities of this ray.

Through such evolved ceremonials and rituals, all the energies by which the various Chohans have endeavored to enrich mankind’s consciousness and experience will be transmuted, sublimated and purified, so that the greatest gifts of each ray may pour forth through the individuals who are the natural open doors for their release. Thus, we are, in a manner of speaking, opening the doors of the consciousness of the race to the perfection from the Seven Spheres, in one of which each man’s God-presence dwells.

As the angelic and devic hosts and the elemental king-

doms deal with primal energies and are not so concerned with form, and as mankind deals primarily with form and seems apparently oblivious to the power within directed energies, it is expedient that the consciousness of angels, men and elementals be drawn together consciously and blended into a cooperative endeavor to effect the perfect age of freedom. This is another facet of the establishment of the rituals which will form the worship of the masses in the future.

In this hour, only those who have shared the vision of the full freedom, which the Seventh Ray will bring to the Earth, have been able to incorporate their voluntary energies in the endeavor to set into motion this new era, but as we are enabled to design and execute the God-pattern for such ceremonial worship, the mass of mankind will be drawn toward active participation in it, as the moth is drawn to the flame.

I would like to touch lightly upon the methods that can be applied to the invocation of these subtle energies, so that the friends who have responded to my call may set them into motion through the strength of their own light and elaborate upon them, through the promptings of their own inner inspiration.

THE SEVENTH RAY**By Werner Schroeder**

The Seventh Ray incorporates the qualities of the Transmuting Violet Flame, so necessary to make our ascension. It serves to educate mankind in the rhythmic activity of INVOKING and SUSTAINING the power of the Transmuting Violet Flame. Through this application, students learn to redeem the mistakes of the past and they become inspired to manifest the purity, cleansing ability and buoyancy of this Violet Fire.

Primary representatives of this ray are Archangel Zadkiel, Elohim Arcturus and the Ascended Master Saint Germain (Chohan). The color of the ray is violet.

The Seventh Ray is the Ray of Transmutation and of magnetization, for within the beating flame in your heart is the power to magnetize life-energy, also called primal life. The energy which you magnetize, becomes yours to qualify and direct into the universe for good or ill. You qualify it by your thoughts, feelings, spoken words and acts, and that energy, moving in the irrevocable circle, sweeps out and then back to its creative center—YOU—for redemption. Each one of you took primal life and stamped upon it something of yourself, and that life, returning to you, is the karma of your various limitations and distresses. All such imperfections can be transmuted by the use of the VIOLET FIRE OF FREEDOM'S LOVE.

What is the CAUSE of FREEDOM? God is that CAUSE! The God-part of every man has within it the realization that FREEDOM and GODLINESS are one. The divine fiat of life is

expansion, unfoldment, perfection—all of which qualities require FREEDOM in order to manifest. There is no such thing as progress or evolution without FREEDOM. FREEDOM IS GOD IN ACTION. It is the divine plan that there shall be FREEDOM to all life—mankind, elementals, and angels. The VIOLET FIRE OF MERCY AND COMPASSION is the “divine tool” to bring this about, and Saint Germain urges each one to USE THIS VIOLET FIRE DYNAMICALLY and set himself FREE, and then persevere with the use of this Sacred Fire for the sake of all that lives.

The instruction originally published by THE BRIDGE TO FREEDOM (and now re-published by the Ascended Master Teaching Foundation) gives forth the Ascended Masters’ teachings and understanding of how to use the Sacred Fire to bring freedom to the mind, freedom to the feelings, freedom to the memories, and freedom to the physical body. WHEN THE FOUR LOWER VEHICLES ARE PURIFIED AND HARMONIZED SO THAT THEY ARE TRULY ‘FREE,’ AND IF THE CHELA PERFORMS SUFFICIENT IMPERSONAL SERVICE, HE IS THEN IN A POSITION TO BECOME AN ASCENDED MASTER AT THE CLOSE OF THE EMBODIMENT

HOW A CHOHAN IS APPOINTED
By the Ascended Master Saint Germain

I thought it may interest my friends to learn how it was that I was chosen to be the representative of the Seventh Ray.

You have been told elsewhere that long before the inhabitants of the Earth took embodiment and while they still abode in innocence in the bosom of the Eternal Father, many were drawn by the pull of complementary vibrations, in themselves, toward one or other of the various activities of Light in the great inner temples, devoted to the service of the expansion of some divine quality or virtue by which the evolving life in the universe might be enriched.

So it was, in contemplating the nature of God in those early days, that I became attracted to the quality of freedom. I worshipped at its altar! I became a devotee of its flame! I longed for the opportunity to embody freedom and bring its feeling of emancipation to all the evolving life I might contact. Thus, when it became time for me to take embodiment, I applied myself to the necessary discipline by which I might qualify to become the messenger of freedom to the planet Earth, with the hope that I might be privileged to ensoul this God-quality with my own intelligence and directing power.

Finally, after long ages had passed, during which I still pursued my course in cultivating this great emancipating quality, I found myself “vested” with the freedom flame, which was tied into my physical heart. I learned then that

my activity from here on was to interest and secure as much energy from the mankind of Earth as I could, in order to increase the power and momentum of this flame, building always toward the cosmic moment when freedom's flame would be required to appear upon the screen of life as manifested upon the planet.

It was at this initiation that the cosmic Temple of the Fiery Flame of Freedom's Love was inaugurated at inner levels. Great angelic beings offered to guard and sustain the concentrated essence of this flame of freedom, while I finished my round of incarnations, endeavoring always to interest individuals in the cause of freedom, with the hope that there would become sufficiently fired to expand the flame of freedom through the limited expressions of the age in which they lived.

Each time, at the close of my embodiment, I brought over with me more of the energy and substance of the third dimensional world contributed by individuals who had found that cause good. Between embodiments I continued my endeavors with those in the realms where I awaited summons by the Karmic Board for reincarnation, and, through the help of the great Lord Michael (the Archangel) I also visited the lower realms, where many discarnate souls (also awaiting re-embodiment) dwelt.

Thus, the cosmic flame of cosmic freedom grew and waxed strong, and, the stronger it grew, the greater its radiation and pressure through the hearts of the people became, until the majority began to stir with a desire to know, to experience, and to become freedom, incarnate.

This was the cosmic summons required by the great Cosmic Law BEFORE the full power of the Seventh Ray could manifest itself through the religious, scientific and educational channels of the race.

You will see how the demand for freedom has been asserting itself all over the planet for the past several centuries through those individuals who were particularly attuned to the freedom flame at inner levels, who had made their abode in or near the Freedom Temple between embodiments.

These people were the forerunners of the spiritual order which has just begun to emerge from the inner spheres and which is being sensed by the most discerning among the sons of men.

Thus, when the Chohan who would represent the Seventh Ray to the planet Earth for this cycle was to be designated, the great Cosmic Law chose to honor your humble servant with the appointment, succeeding the beautiful Master who had been Chohan of this ray in a former cycle, and who was going forward now to greater heights of service on the cosmic ladder of evolution.

The Ascended Master Saint Germain

BELOVED SAINT GERMAIN

(Melody: Original)

1. Saint Germain, that magic name,
Brings to all sweet freedom's flame,
Enables all mankind to claim
All Light from whence they came.

Chorus:

I love you Saint Germain!
I love your Violet Flame!
And I love your sacred name—
Beloved Saint Germain!

2. Saint Germain! Thy patience rare
Holds the Earth in heavens care;
Releases all life everywhere
In freedom all may share!

3. Saint Germain! By love sublime,
Let thy spirit through all shine;
Make all that's human now divine,
Beloved friend of mine!

THE ASCENDED MASTER SAINT GERMAIN

By Werner Schroeder

With the possible exception of the Ascended Masters Jesus and Mother Mary, more information is known about Saint Germain than any other Ascended Being. The following is a brief summary of his various embodiments.

Saint Germain's endeavors to free mankind started during the "Sahara Civilization," 70,000 years ago. He could have gained his ascension at that time, but he chose to re-embody many times in order to maintain a better connection to the Earth, by keeping a physical body. He retained continuity of consciousness during the remainder of his embodiments.

In one embodiment, Saint Germain was a priest in the "Temple of Purification," near today's Cuba. Before Atlantis sank, and before the temple was etherealized, the Violet Flame was safely transported, by Saint Germain, from Cuba to Transylvania, in Europe.

As Joseph, together with Mary, Saint Germain prepared the way for Jesus. He knew of Jesus' mission in advance, and in this way was able to help with his training. Jesus, as a young man, visited India. Here he made contact with the Ascended Being known as The Great Divine Director, and received the key words for his mission, "I am the Resurrection and the Life of Perfection." Thereafter, Joseph's mission was accomplished. At the time of his transition, he determined to give assistance to all human beings, in making their passing an easy one, provided he would receive such a call.

As the Greek philosopher Proclus (450 AD.), Saint Germain had a school in Athens. He traveled much, and taught various religions. Later on, he became Merlin, the magician, of King Arthur's Court.

Saint Germain embodied as Roger Bacon (about 1211 to 1294 AD.). Roger Bacon was an English monk and philosopher, who made several scientific discoveries.

According to A.D.K. Luk there followed an embodiment in Germany as Christian Rosenkreutz. Translated, Rosenkreutz means "Cross of Roses." After undergoing several initiations in Egypt, he returned to Germany. There he founded the "Order of the Rosy Cross," of which today's Rosicrucian Order is an offspring.

Next followed an embodiment as Christopher Columbus. Saint Germain's last embodiment was that of Francis Bacon, an English philosopher and writer. He wrote several books, including the plays of William Shakespeare. The name Will-i-am signifies that according to the will of the "I AM" (God), Francis Bacon would shake the spear of wisdom at a world full of darkness and ignorance. (This was Saint Germain's special activity, namely the illumination of every age in which he chose an embodiment).

Thereafter, Francis Bacon left England and traveled to Transylvania. He left the earth plane on May 1, 1684.

After his ascension, Saint Germain appeared again, in Europe. According to I. Cooper-Oakley, he was known as the Comte de Saint Germain in France, as the Wonderman and Prince Rakoczy in Germany, and as Comte Bellamarre, in

Venice. Wherever Saint Germain went, he was considered very wealthy. He made it appear that way, in order to gain influence among the heads of government. The overall plan was to use that influence as a means of effecting change—change in bringing about greater harmony and cooperation between the nations of Europe.

Saint Germain returned in his visible, tangible, Ascended Master Body, just prior to the French Revolution and would have prevented it, had the people listened to his counsel. Through his association with the Court of France, he attempted to externalize a United States of Europe, as early as the 18th Century, during the reign of Louis XVI and Marie Antoinette.

It was Saint Germain, who inspired the people of Oberammergau to give the Passion Play every ten years, in gratitude to God, for relief from the plague.

Saint Germain protected and encouraged those responsible for America's freedom. The drafting of the Declaration of Independence was also a direct result of his assistance. Saint Germain provided the guidance which sustained Washington during a critical time.

The first “New Age” dispensation was primarily the effort of the Ascended Master Saint Germain. He sought out those who had assisted him, in his previous efforts with the Sahara Civilization, 70,000 years ago, and saw enough reason to carry the Light to America and the people of the Earth. The Ascended Lady Master Nada assisted Saint Germain in this task.

This new dispensation shows an entirely new approach. It reminds one of the statement by the Ascended Master Brother Amo, that any new religious teaching is designed to meet the needs of the hour and the progress of the human race, is given at a particular point of the globe, and presented to a pre-designated group of people. Saint Germain did not use, as a foundation, any established religious teaching, using it as a base and adding to it. He and other Ascended Masters made no attempt to revive Theosophy. Only sparingly, did they refer to the Bible; only in rare instances did they refer to the Vedic literature of India.

Starting totally anew, without relying on previous teachings, Saint Germain and other Ascended Masters explained Cosmic Law in clear terms. The method of instruction was based on logic and common sense. In addition, the Masters added their radiation, which helped the instruction gain acceptance through the feeling nature of the students. Saint Germain gave out this new message in America, which at this particular time period, was the leader of the human race. He presented to the world, a new style of Ascended Master Teaching.

There were changes in the substance of the teaching, as well. As part of the dispensation granted to the Cosmic Being Victory, on January 1, 1931, the Occult Law was set aside, mainly as a result of the peril the Earth was in. For the first time since the sinking of Atlantis, an Ascended Master could give the knowledge of the I AM Presence and the Violet Flame, in public. Before this time, this knowledge was permitted only to be given in retreats, to people of considerable spiritual advancement.

Under the dispensation given to Saint Germain and Nada, instructions did not need to be veiled. Mysticism is no longer the requirement of the hour.

For these reasons, commencing with this dispensation, Ascended Master Teaching did assume a new approach, unique from any other previous method of instruction, and this effort by Saint Germain has been labeled by the Masters, the “beginning of a New Age.”

When Saint Germain first conceived of the idea of putting forth this work, he explained to the Master called the Great Divine Director, that he had two people in embodiment (Mr. and Mrs. G.W. Ballard), who he felt were strong enough to carry his message. The Great Divine Director asked him if he were certain of this. Saint Germain replied, “I shall try it out, and we shall see!”

Saint Germain and Mr. Ballard met in August of 1930, on Mt. Shasta, California. This historic meeting is recorded in beautiful detail in the book “Unveiled Mysteries.” Other Ascended Masters joined Saint Germain’s effort, which was called the “I AM Activity.” For the first time, students formed groups for the purpose of giving decrees. This activity resulted in the formation of forcefields, which are magnetic centers that drew the angels and Ascended Masters, increasing their assistance to mankind.

After Mr. Ballard's transition, Saint Germain assisted El Morya in obtaining another dispensation. At that time El Morya’s twin flame, Geraldine Innocente, was in embodiment. Through her, in 1952, the “Bridge to Freedom” was formed and additional information concerning Cosmic Law,

Masters, retreats, and the divine plan for the Earth could be given. This effort continued until June of 1961, when Miss Innocente gained her ascension.

Saint Germain's retreat is the Rakoczy Mansion in Transylvania. He also has a focus in the Etheric City over the Sahara Desert, at the Cave of Symbols in the USA, and at Mt. Shasta, California.

For about 180 years, Saint Germain has been the Chohan of the Seventh Ray. On May 1, 1954 he assumed responsibility as a director for the new cycle, the cycle of the 2000-year period of the Seventh Ray. This gave him additional authority to increase the understanding of the qualities of this ray. Jesus was the director of the past 2000-year-cycle, when the Sixth Ray was predominant.

One of Saint Germain's outstanding qualities is his enthusiasm for the Light. It gives him great pleasure to talk to other Ascended Masters about the accomplishments of his students.

The Maha Chohan explained: "When an individual comes under the personal direction of the Ascended Master Saint Germain and enters the service of the New Age as an active conductor of the Violet Ray, he has the marvelous privilege of experiencing the lessons of twelve to twenty-five normal embodiments, in one embodiment. As he passes through these experiences, he will find many old friends dropping away. He will find his environment changing, new friends coming into his world, and his life re-ordered, as though he were living on a different planet."

The electronic pattern of Saint Germain is the Maltese Cross. His keynote and the keynote of his retreat in Transylvania are contained in the Strauss Waltzes. The Ascended Master Teaching Foundation uses the “Emperor's Waltz” as his keynote, and the keynote of his retreat. Portia, the Goddess of Justice, is Saint Germain’s twin flame.

SUGGESTED VISUALIZATION

- a) While playing the music of a Strauss Waltz, rest your attention on Ascended Master Saint Germain.
- b) Send your love and gratitude for his service.
- c) Feel yourself surrounded by a pillar of the Transmuting Violet Flame.
- d) See the Violet Flame cover your city, state, nation and the entire globe.

ASCENDED LADY MASTER PORTIA**By Werner Schroeder**

Portia is the Goddess of Opportunity and Justice. She is the twin flame of the Master Saint Germain. Portia, as member and spokesperson for the Karmic Board, represents divine justice to Earth. She acts also as a representative of the Seventh Ray.

Portia presides over the Karmic Board when it acts on the petitions of students and Ascended Masters, in June and December of every year (See "The Teton Retreat").

Her electronic pattern is the Maltese Cross. Her keynote is contained in the Strauss Waltzes.

**ARCHANGEL ZADKIEL AND
ARCHAII HOLY AMETHYST**

By Werner Schroeder

Beloved Zadkiel is the Archangel in charge of the Violet Fire of INVOCATION and TRANSMUTATION. He is a representative of the Seventh Ray. The Violet Fire enables everyone to transmute karma in a painless way, instead of having to experience unnecessary pain and suffering.

There is no reason to fear this Violet Fire, for it only dissolves and transmutes energy which has been wrongly qualified by thought, feeling, word, or action. When earnestly used, it produces a happiness, buoyancy and lightness, for the accumulated karma is an actual WEIGHT and PRESSURE. At some time, this karma must be dissolved and transmuted back into perfection. When called into action, the Violet Flame blazes around the electronic substance that makes up every living thing, including so-called inanimate objects. It changes the vibratory action, by quickening the motion of the electrons that make up the atoms, dissolving the shadows that are within the electrons and letting pure light expand, as God intended.

The divine complement of Archangel Zadkiel is known as Holy Amethyst, and when you call to them for the Violet Fire to surge through every part of your being and environment, their Angels of the Violet Fire go forth instantly, to answer that call.

Neither you nor any of mankind can experience the fullness of God-perfection in your worlds, either while here on Earth or after so-called death, until all your human creation

(which means all the misuse of life in your thoughts, in your feelings, by your acts, and by your memory) has been completely removed. Fortunate, indeed, are YOU to know of this Violet Fire, which is the divine tool that can most quickly render this service. It will not act of itself, so your earnest and sincere call to the Ascended Master Saint Germain, the Archangel Zadkiel, beloved Amethyst, and the Angels of the Violet Fire is required. THE MORE YOU CAN APPLY THIS VIOLET FIRE SURGING THROUGH YOU, THE QUICKER YOU WILL BE FREE.

When the Atlantean culture flourished and Cosmic Beings, Archangels and angels walked and talked with men, there was a “White Order” of unascended lifestreams, who loved and served God and his holy messengers. Among this “White Order” were the priests and priestesses of the Order of Lord Zadkiel! The present Chohan of the Seventh Ray, the Ascended Master Saint Germain, was one of these priests.

The beautiful etheric temple of Lord Zadkiel and Holy Amethyst (the Temple of Purification by Violet Fire) abides now over the Island of Cuba. It was once a mighty focus on the landed surface, itself, and one day it shall again be established on Earth, where mankind may go to bathe in the radiation of the Violet Fire.

Beloved Archangel Zadkiel: “Again we come to the close of a 2000-year-cycle. THE LAW HAS SAID THAT THIS IS THE FINAL CYCLE. It is to this end that we are all pouring forth the pressure of our Light and flames, desiring to obtain assistance.

“It is better to call forth the Violet Flame for shorter pe-

riod, each day in a RHYTHMIC ACTIVITY. Set aside some uninterrupted time – morning, noon and night – to invoke this flame, calling for it to blaze up, through and around you and expand out into your world.

“Let that Violet Fire blaze up, through and around your physical body, especially through your brain structure, through your etheric, mental and emotional bodies, commanding it to transmute the hard and unforgiving feelings. These ‘hard feelings’ are the causes and cores of most of your distresses. Let them be replaced by grateful, joyous, receptive feelings, which open your world to the goodness of God and make you a mighty magnet to draw to you all the good that God wants you to have.”

Archaii Holy Amethyst tells us:

“Without the Violet Flame, beloved ones, there would have been no Earth today. Without the full power of the Violet Flame there would have been no humanity. There would have been a void, insofar as the Earth is concerned. THE MORE YOU CALL ON US FOR THIS VIOLET FLAME, THE MORE YOU MAGNETIZE ITS PRESENCE, THE MORE OPPORTUNITY WE HAVE TO DRAW ON THE COSMIC STOREHOUSE TO CHANNEL THAT VIOLET FIRE THROUGH YOU. This is an eternal verity, one of those many truths which have to be repeated often, because the blessed and sincere outer self becomes weighted down, not only by his or her own karma, but by the karma of those around him. Know that in the realms beyond so-called death it is the magnificent power of the Violet Fire, which gives every God assistance. It is that magnificent power of the Violet Fire that Mother Mary draws,

enabling so many of the children of Earth to come into embodiment with much less karma.

“Now in the name of God, accept the fullness of that Violet Flame! Bring it back into the orbit of your own worlds as God's own love, as God's own light, as God's own mastery! I ask you to do this NOW.”

The keynote for Archangel Zadkiel and Holy Amethyst may be found in the melody “Oh, How I Miss You Tonight.”

ELOHIM ARCTURUS AND DIANA**By Werner Schroeder**

The mighty Arcturus, who works on the Seventh Ray, is the Elohim of the Violet Flame of Mercy and Compassion. His divine complement is known as Diana.

Arcturus is one of the Elohim who helped build the planet, Earth. He is the Elohim of Invocation, Rhythm and Freedom. THE USE OF THE VIOLET FLAME RAISES THE VIBRATORY ACTION OF THE ELECTRONS, which make up the substance of every created form.

Diana's service consists of the intensification of the Violet Flame of Purification, in the four lower bodies of mankind. She expands the light within the electrons and dislodges and transmutes the dense, discordant substance packed tightly around them, the "wedges" of discordantly qualified energy. This action raises the vibratory action of the four lower bodies. It restores them, and brings them back in tune with their own natural keynote and fragrance.

Beloved Elohim Arcturus tells us:

"I am the Elohim who brings to you, and to all life, infinite FREEDOM, through the use of the Violet Fire. And where shall you find that freedom? From WITHIN YOU! In the beginning of your individualization, God created your divine, self-conscious intelligence, your own individualized I AM Presence, with the capacity to draw forth, from life, every God-gift you might ever require, to be able to manifest perfection. WITHIN THE FLAME IN YOUR HEART IS ANY-THING AND EVERYTHING TO FULFILL YOUR VERY NEED!

“Wherever there is a lifestream who sincerely desires FREEDOM, and in constant RHYTHM, invokes and commands it, there shall I be to give that one assistance, until that FREEDOM is physically manifest. In your individual application, if you will observe a RHYTHM, AND GIVE YOUR INDIVIDUAL CALLS AT THE SAME HOUR EACH DAY, you will draw a much more concentrated power.”

SUGGESTED DECREE

Beloved Presence of God I AM in me, beloved Ascended Master Saint Germain, ELOHIM ARCTURUS AND ARCHANGEL ZADKIEL—

BLAZE! (3) up, through and around me your mighty VIOLET TRANSMUTING FLAME, the purifying power of divine love, in its most powerful, dynamic activity. TRANSMUTE cause, effect, record and memory of all human concepts, desires and feelings in my being and world, and every mistake for which I am responsible. Replace it with the Ascended Masters’ substance of divine love, purity and perfection, and hold your dominion within me and my world, forever sustained!

BLAZE! (3) the Violet Flame through my brain structure and mental body, through my emotional body and through every organ, cell and function of my physical body. Hold it there until every appearance of imperfection is dissolved and the victory of my divine plan is assured.

CEREMONIAL WORSHIP
By the Ascended Master Saint Germain

In each two-thousand-year cycle a religion is evolved by the intelligences who represent the Godhead for that period. This religion is based on the natural tendencies of individuals who are to be the focal point for the establishment and maintenance of the spiritual culture of the era. The religious worship is also based on the specific beneficial outpouring which the Chohan of the Ray desires to release to and through the evolving life intelligences in this period.

As we enter the two thousand year cycle of the Seventh Ray, we are beginning to set into motion THE TYPE OF RELIGIOUS WORSHIP WHICH WILL BECOME THE PREDOMINANT ACTIVITY OF THE MASSES IN THE FUTURE. This worship will include all the best expressions of previous religions as well as the fresh, new impetus of the Chohan under whose direction the new era will move to fulfillment. (In this case, my humble self.)

At its inception, those blessed individuals who have volunteered to assist me are among the first to respond to the new vibrations, and later, when the foundations have been well laid and the beautiful rituals and ceremonies developed, a greater number of people will enjoy participating in these uplifting and inspiring services.

THE FIERY COSMIC FLAME OF FREEDOM

By the Ascended Master Saint Germain

Mankind in general are not aware of the fact that while they have fallen from their godly estate, yet through the gracious love of the Eternal Father they have never been divested of their creative power. They do not realize that they, themselves, create every experience, both good and bad, that manifests in their worlds. Students of the new day, however, while accepting this truth, are not yet fully convinced in their FEELINGS that they also possess the power to dissolve by means of the transmuting flame, the unhappy experiences that make their daily lives so uncomfortable.

Man's directive intelligence is the authority over the energy of his lifestream. ENERGY IS GOD'S LIFE IN ACTION. It is the substance out of which every manifest and unmanifest creation is formed. It is the emanation from the body or consciousness of God and is charged by divine edict with unquestioning obedience to whatever mandate or command the will of man imposes upon it, whether the user is conscious or unconscious of the action.

While this pure life energy of God CANNOT BE CONTAMINATED IN ITS PURE ESSENCE or inner light, IT CAN BE CLOTHED WITH THE QUALITY OF THE CONSCIOUSNESS WIELDING IT and thus it obediently assumes any form the generator wills, whether good or ill.

It is these dark garments clothing the pure electronic light that make up the shadows in our otherwise shining star and it is the frightful shapes that the misqualified energy assume when it returns to his aura that makes man's so-

jour on this planet such an unhappy one.

My service to the Earth as Chohan of the Seventh Ray is to teach men how to consume mistakes by the transmuting flame of freedom's love and actively inspire them with a positive desire for a purer, cleaner, happier way of life. With this end in view I have stressed without ceasing the importance of the continual use or application of the purifying and transmuting aspect of the Sacred Fire and I do not exaggerate when I make the statement that no one uses this cosmic violet fire of freedom's love sufficiently when it is remembered that the individual has re-embodied on the Earth thousands of times in the long course of its evolution and has been misusing the energy of life almost continually during that long sojourn.

The Master Jesus made the statement that man is responsible for every "jot and tittle" of energy that he uses and even we, in the ascended state, are held responsible and have to give an accounting to the Cosmic Law for every ounce of that precious life substance that we expend. Therefore, as Chohan of the Seventh Ray's dispensations, I am eternally grateful to the Eternal Father of all life and light, who has provided man with the opportunity, through the use of the transmuting flame of freedom's love, to wipe out all the centuries' accumulation of discord from his being and world; to cleanse and purify his mind, that there may not be a recurrence of the manifestations and so raise his outer consciousness to the place where he can join forces with his indwelling spirit and thus go forward quickly to his eternal freedom, even while he still walks the Earth in human form.

THE ACTIVITY OF THE VIOLET FIRE
By the Ascended Master Saint Germain

Think of those of us who gained the freedom and victory alone—century after century—finding secret caves, places where we might hide, endeavoring with a few brave souls, like ourselves, to contact the Ascended Host of Light. We desired to receive their instruction and then to experiment with magnetization, invocation, and the direction of the light rays. There was nobody to tell us whether we were on the right path. There was nothing but our heart flame to direct us. Yet, if we had allowed negative qualities to make us fearful, we would still remain within the orthodox masses.

I tell you frankly, if you are going to succeed, YOU MUST BE POSITIVE, DETERMINED AND CONFIDENT within yourself. In the privacy of your own room, you must take yourselves in hand and DECIDE FIRST AND FOREMOST WHETHER YOU WISH TO WORK WITH THE ASCENDED HOST OR NOT! If you feel that you do not, then you must wait for another opportunity, at a later day. You must measure everything that we have given according to the code of truth, according to the code of balance, of purity, of wisdom, and of love. Then, when you have made up your mind, STAY CONSTANT TO THAT DECISION AND MOVE FORWARD INTO THE LIGHT OF FREEDOM!

The greatest opportunity in the world is to USE THIS FLAME OF FREEDOM, and to stand UNMOVED, CENTERED AND POISED WITHIN YOUR OWN GOD FLAME!

The divine alchemy of the VIOLET FIRE is a real science, just as much as is any science of electronics in the outer

world today. It is not something which works in a haphazard manner. You are in an age of experimentation, and now stand much as I did in those embodiments, previous to my ascension, when I, too, was experimenting with various combinations of thought, feeling and spoken word in decrees. You are in a period of transition – transition in your personal lives, world transition, and in a very few short years, you will be in a period of planetary transition as well. These periods of 'world change' cause feelings of unrest in the emotional and mental bodies of the masses of the people, and stir up a great sense of fear in their flesh bodies, as well.

IN THE COMING WORLD CHANGES, WE COME INTO STRANGE DAYS, WHEN GREAT NUMBERS OF PEOPLE MAY BE IN DISTRESS. THEY WILL NEED YOUR CALLS TO SET INTO ACTION THE TRANSMUTING POWERS OF THE VIOLET FIRE!

Do not limit the powers of your I AM Presence, beloved ones. Become acquainted with that glorious Presence, BECAUSE of its omnipotent power and its willingness to act to and through you, at all times. Personally, you could not possibly attempt to rehabilitate the entire human race—the three-and-one-half billion who are in embodiment, besides those billions awaiting physical embodiment, BUT YOUR "I AM" PRESENCE CAN!

Your Presence and mine are not limited in any way! Your Presence is ALL-KNOWING and IS CAPABLE OF DIRECTING INSTANTLY, FROM ITSELF, A BILLION RAYS OF TRANSCENDENT, BLAZING LIGHT INTO WHATEVER CONDITION, PLACE OR PERSON REQUIRES ASSISTANCE.

We are at the beginning of a New Age in which, through the courtesy and kindness of life, I am the Chohan and I will assist you in the religious service which will be manifested in the worship of the next two-thousand-year period. This is the activity of the VIOLET RAY, the activity of Ordered Service and Ritual, the activity where mankind, angels and elementals will again be drawn together in conscious cooperation, and will, hand in hand, walk together along the path of evolution, where they will serve together and build together, the Kingdom of Heaven on Earth. They will worship together in ceremonials such as you cannot yet conceive.

One day, before my ascension, while in deep contemplation of the Presence and its Violet Fire of Mercy, Forgiveness and Transmutation, my inner sight was opened, and I had a glimpse of a farmer walking through a field, sowing seed. This man was heavy of heart and his head was bowed. Suddenly, I saw a light ray from my Presence go forth—within which was the Violet Fire. It blazed around that individual, instantly transmuting the CAUSE of his distress, for which cause I had been responsible at one time or another. Thus was paid the particular debt which I owed that lifestream. Then that lifestream raised his head, free of that burden, and actually ran laughing toward the farmhouse. That person never knew from whence his release came. I did not even know the name of that man, but I knew that his burden was lightened, and that at least some of my karmic debt had been paid. It will be interesting, if you care to develop it!

I would like to thank you for giving yourselves so freely and so completely in the cause of freedom, for investing

your energies in that freedom through the centuries—not only in this embodiment, but you have rallied around that banner of freedom in almost every era and every age that you have lived. Now, as we enter the door of a New Day, I shall remember those of you who have stood by me, and you shall be a part of that spiritual court that lives forever.

THE SACRED FIRE

By the Ascended Master Saint Germain

When a flame has been endowed by an Ascended Being with a certain God-quality, such as truth, then such a flame becomes part of the Sacred Fire. Dedication to such QUALIFICATION through the centuries has created momentums of the powers of the Sacred Fire to heal, to purify or transmute, as the case may be. The intelligences who have endowed the Sacred Fire with specific God-qualities, as well as the fully-gathered momentum of these qualities held in the consciousness of these beings, are always at the command of the Sacred Fire, which is the heartbeat of each individual when invoked by the directive intelligence of the individual, because it is all the SAME ELEMENT acting.

Therefore, when a group of individuals gather together and, in the name, power and authority of their own immortal flame of life COMMAND any activity of the Sacred Fire to come into their presence, IT MUST OBEY. This is the POWER OF INVOCATION invested in the individual by the very nature of his own immortal fiery heart center.

As the nature of the Seventh Ray is to purify the substance and energy of life, and as the Chohan who is the authority for this ray (myself) has endowed it with the merciful, transmuting power of love divine, you will see that the use of the sacred transmuting fiery flame of freedom's love is the privilege and opportunity of all life to benefit by its presence and activity .

THE BIRTH OF THE “BRIDGE TO FREEDOM”
By the Ascended Master Saint Germain

My service to the life of this planet, as Chohan of the Seventh Ray, is connected with its transmutation, from a star of darkness and shadow into one of light and freedom. I have seen the vision of this free planet in the heart of the Eternal Father and I have seen the glory of each individual incarnated upon it, in its natural Christ Estate, achieved through the same power of transmutation.

Having looked upon the pattern, you will understand my eagerness to mold the substance and energy of the physical appearance world into that glorious God-design, and my desire to help each free will acting being to become the perfect presence which the Father intended him to be.

In order to accomplish this, I “called forth” my friends of the centuries and imparted to them as much of this vision as I was enabled to pour through their human consciousness, assisted as much as possible by the sensitivity of the incarnated representative of my ray.

However, no man can work with bound hands and feet, nor with sealed lips and blindfolded eyes – I must have my friends walking in freedom’s robes, if they are to assist me in the attainment of this glorious destiny for our planet and its people.

With this end in view, the Master El Morya (Chohan of the First Ray) offered to present a petition to the great Cosmic Law, for a dispensation whereby the Seven Chohans, working together, might draw into close association a group

of individuals belonging to the different rays and through them go forward with the establishment of the Seventh Ray activities for the planet. He went forward with the idea and WE WERE GIVEN THIS GRANT IN THE SUMMER OF 1951.

Encouraged by our success, the Master Morya again asked the Cosmic Law for permission to write to a few trusted chelas and friends, outlining a little of our plan. It was with considerable reluctance that this grant was given; in fact, it was only conferred with the proviso that upon the response would depend any further dispensations.

You will understand then with what trepidation my great friend and I awaited the reply from the human consciousness. Out of seven letters written we had five responses, three of which were of minor significance, these persons having had previous contact with the Masters in this embodiment and of whose cooperation we were more or less assured. However, the result was sufficient for the Maha Chohan to sanction further correspondence, which resulted in unprecedented success.

An impersonal publication was designed, wherein the Masters might express their own views in their own words, give current news of the activities of the Great White Brotherhood, and, to a great extent pierce through the veil that separated the inner and outer realms. Through this means, to our added joy, we came into contact with a growing number of persons who were only too eager to throw the full weight of their combined consciousnesses into furthering the activities which were engaging the interest and energies of the Brotherhood at any given time.

It was designed to offer this service as reasonably as possible, so as not to tax the means of the people; to bring comfort to the masses, and to allow the students the satisfaction and joy of developing their own spiritual faculties and capacities, without the necessity of having to pass through human personality in order to hear the word of their liberated brothers.

THIS PUBLICATION (AND ANY OTHERS PROCEEDING FROM THE SAME SOURCE) ARE THE PROPERTY OF THE GREAT WHITE BROTHERHOOD. They are offered freely to all people everywhere, at a price within their means, in the hope that they will avail themselves of the extraordinary blessings presented to them, as a boon at the commencement of the new cycle, and it goes without saying how grateful my brother Chohans and I am to all those, ascended and unascended, who have assisted us in opening these channels, through which we may pour the gifts of our rays.

SAINT GERMAIN DEFENDS "THE BRIDGE"
A Timely Parody*

In 1952, a certain individual, who had been previously used as a messenger by the Great White Brotherhood, publicly denounced the New Endeavor, known as the "Bridge to Freedom."

The Ascended Master Saint Germain answered this criticism (through the messenger Geraldine Innocente) in an article printed in the October 1952 edition of "The Bridge," the monthly publication of the Bridge to Freedom Activity.

The Great White Brotherhood operates under the rule of not publicly criticizing any individual by name, but Saint Germain, wanting to voice his sentiments, employed as a means of expression, a parody, based on a play by Shakespeare. Here is an unedited copy of this article.

“Good friends, students and Americans, lend me your ears! I come to bury THE BRIDGE, and not to praise it!

“The evil that men find within good words, lives after them.

“The good those words might do are interred by blind prejudice. So let it be with THE BRIDGE!

“The messenger has said that THE BRIDGE is not authentic. And yet – with the same breath – has affirmed that the copy runs so parallel to our work as to have been taken paragraph from paragraph out of her publication.

“Can two beams that carry such a similarity of light be in conflict, or issue out of a different Sun? It is for YOU, as thinking people, to decide.

“It is said that THE BRIDGE, like Caesar, is ambitious! If so it is a grievous fault, and THE BRIDGE and its authors must answer for it!

“Is it ambition to spread the Masters words in every language, so that all who run may read, to acquaint the student body with the current activities taking place in the sacred retreats of the world, in order that they may cooperate with such activities?

“Is it ambition to provide a way and means of uniting all the students in the same endeavors, at the same time, taking advantage of the strength of unity of purpose and energy?”

“Our messenger has said THE BRIDGE is a ‘steal’ on the ‘I AM’ work.

“Is it possible to steal God’s blessings, his love, his solitude, even with the intent and purpose of giving the bread of life to the hungry, denied by circumstance from its very life by reason of language or fault – actual or implied.

“As for me, I stand among those men who are servants of the people. Within the God-given rights of religious freedom and liberty of conscience, I bring to you the ACCUSED, (THE BRIDGE) for your impartial and wise examination. Each man is his own judge, his faculties the jury. You must within the beautiful freedom of your own conscience pass upon its worth, according to your light and your discrimination, and may God help you to use your own intuitive powers, together with good reason, rather than allow the weighing scales of another measure the worth of the wisdom and gifts of the God and the Masters you profess to serve and love. One day every man must stand alone without the mediator, the consultant, the oracle, and – through the light in his own heart choose the beam from whence his Presence’s life comes and follow THAT beam into the seamless robe of eternal perfection.”

* See Shakespeare’s “Julius Caesar,” Act III, Scene 2.

Beloved Saint Germain, Ending Support for a Group

“Beloved ones, tonight is an anniversary, and one that I can celebrate with particular personal happiness, for this magnificent activity brought to such full fruition, PARTICULARLY WHEN THE CURTAIN HAD ALL BUT CLOSED UPON MY HUMBLE ENDEAVORS THROUGH THE PAST TWENTY YEARS.”

(The Ascended Master Saint Germain, ending his support for a group he supported previously and reaffirming his support for the “New Endeavor,” the “Bridge to Freedom”). Reported in Thomas Printz’ Private Bulletin on July 26, 1953

HEALING THROUGH VISUALIZATION

By the Ascended Master Saint Germain

We come now to an opportunity for every chela of the Masters to assist in the work of the new day, the fullness of which has not yet dawned upon their outer consciousness. We, however, are deeply aware of the future service each student may render in the cause of freedom to the Earth, and through the up-raised consciousness of the aspiring one, we shall endeavor to assist in every possible way through counsel, radiation and application on his behalf.

The following little episode taken from my “memory book” may be of help to someone struggling with bodily handicaps, for it must be remembered that we, the liberated brothers, also walked the Earth in the more or less distant past and wrestled with the limitations of human consciousness and personal karma, even as humanity is doing today.

Once, in a “long ago” embodiment, my travels took me through parts of Russia and Siberia, where sanitation and

hygiene were unknown commodities. One of my feet had become frostbitten and I had only a knotted rag to keep my flesh from the sharp, frozen ground. One night, as I lay groaning in a peasant's hut, in close proximity to some pigs, an odoriferous goat or two and some chattering human beings of little spiritual or intellectual comfort, the smoke from the flue less fireplace filling the room, adding to the general chaos and discomfort, my foot and leg assumed larger and more important proportions in my consciousness, with each throb of blood through my veins.

I had been receiving certain instructions from a Master, whom I had visited in the flesh, and who was able, when necessity required, to project his thought and directions toward me. Suddenly, through my unhappy thought there passed a ray, which was like a commanding hand, silencing my human thinking. I realized he was trying to reach me and composed myself as best I could, emotionally. Then the familiar relaxation in my feelings told me he was near. He did not speak, but literally projected into my mind a picture of the most beautiful pair of feet I had ever seen, either with the inner or outer vision. Underneath the feet there seemed to be what looked like twin suns, one under each arch, that poured up in rays through them; the whole picture reminding me of the ACTION OF GOD, moving across the face of the Earth – in His name.

I became so interested in this vision that the room, the external environment – everything – faded away. Afterwards I realized that the Master was impressing the perfection of those feet into my mind, my feelings, and, through the visual sense, into the substance of my physical body, as well. Finally, after what seemed like hours of contemplation on

just two feet, he spoke, “These are the feet which God endowed you with in the beginning. USE THEM.” With that, his ray withdrew and the vision vanished, but I was able to recall it at will and I began to superimpose *those God feet* over the poor manifestations which I had humanly created, until they represented what looked to me like a fair replica of those heavenly feet that I saw in my vision on that cold night in the peasant’s hut. In later embodiments I was set to complete the task, and, would you believe it – at the time of my ascension, when my presence was revealed to me in its fullness, the first thing I became aware of was the FEET – and then the rest of the glorious self!

According to the Cosmic Law this is backward, but it shows the tremendous impression that visualization makes on the consciousness, and, in turn, that consciousness makes on the flesh.

It is more difficult for an individual to “conjure” up a vision of the perfection of the Presence, than it is to have the Master direct that perfect vision into the outer consciousness – but, if you will call on me or any other Master, we will help you to hold a perfect picture of the I AM Presence in your mind, and no matter what part of the body needs assistance, if you will see with your mind’s eye, that particular portion of your physical body transmuted into the perfect body of the Christ Self, you will have the same results that I had with my frostbitten feet. The whole secret of healing lies in the visualization, substituting the perfection of your own Christ-Self for the poor human manifestation. Try this both for yourself and others and let us rejoice together at the perfect result.

COLOR

By the Ascended Master Saint Germain

The different vibratory action of the various colors is a subject in itself. Suffice it to say that the colored spheres that surround the I AM Presence and form the spiritual aura, or causal body, are representative of the natural color vibration of the Seven Spheres.

Each individual on the planet has proceeded from one particular ray and his archetype or presence dwells in the particular sphere to which he belongs. It must be understood, however, that this individualized presence is not confined to any sphere, but may visit any one of them, at will.

The unascended individual will respond most favorably to the color which is representative of his particular ray. If he is in doubt as to the ray or sphere to which he belongs, he may, through contemplation of his habits and tendencies and through meditation on his own I AM Presence, find the answer. He will also find that he is almost irresistibly drawn to a certain color, which may be taken as an added confirmation of his ray and sphere.

As the outpouring from the Godhead emphasizes the color and ray of each successive sphere in the course of the seven days of the week, when the individual knows the ray to which he belongs, he will usually find his vital forces more stimulated on the day when the color and radiation of his ray and sphere are honored by the cosmic light.

The vestments, which are to be incorporated into the rituals of the future, will be designed to emphasize these

particular daily outpourings, as well as any specific power of the activity of the Sacred Fire which is being utilized for the benefit of the race, through a particular service in the temples and groups.

PRIMAL ELECTRONIC LIGHT SUBSTANCE

By the Ascended Master Saint Germain

The primal, electronic light substance of the universe is drawn into the atmosphere of Earth, through the Sun. It is concentrated through the Maha Chohan and directed into the facets of nature under his direction. Through the Chohans of the Rays, this same energy is dispensed as spiritual nourishment into the activities which engage such members of the human race as are participating in forwarding world progress on the rays – three through seven.

The angelic host and the devic kingdoms are natural conductors and directors of the vast seas of energy which form climatic conditions, etc.

Man now comes to a point where he must be illumined as to the power within his own individual to DRAW, FOCUS, MOLD AND DIRECT ENERGIES. This is the educational activity of the Seventh Ray.

The energy of man that flows through his heart responds to his thought force, his feeling and his qualifying power, as well as the passions and appetites of his bodies.

Energy has been directed by God to obey the creative powers in man. The condition of the world today is the re-

sult this “blind obedience” of energy to the untrained embryonic gods and goddesses which constitute mankind. Yet, on the other hand, in this very obedience of energy to act under man’s direction, is the hope of his redemption and freedom, for it requires but the training of man in the proper use of his INVOCATIVE, CREATIVE AND DIRECTIVE POWERS to undo the mistakes of the past and to build anew, according the God-design.

Energy is drawn and qualified through the following channels:

- By the instruments of consciousness (thought and feeling).
- By the invocative powers of mind and the spoken word.
- By the use of music.
- By cooperation among angels, men and elementals.
- By the use of the Sacred Fire.

It is, of course, evident that, in order to have beneficial results, the energy drawn through any of the above channels MUST BE HARMONIOUSLY QUALIFIED.

THE LAW OF KARMA

By the Ascended Master Saint Germain

The Law of the Circle governs all manifest life, from the smallest molecule to the Godhead itself. Every expression of life is endowed with a certain amount of energy, according to its needs and development, and is, therefore, given an opportunity for better living with each indrawn breath.

It may not be generally understood, however, by the majority of mankind, that they, as self-conscious expressions of life, are held responsible by Cosmic Law for every particle of this precious energy drawn from the Heart of the Godhead, nor that this energy is charged, by divine edict, with absolute obedience to man's will and command. This is the highest expression of God's love and generosity to his children.

This light energy is the channel over which vibrations travel. The distance it covers depends upon the intensity with which it is projected, but both on its outward and homeward journey it obeys the Law of the Circle and, while it is absent from the aura of the individual who is responsible for its projection, it attracts to itself vibrations corresponding to its own rate, so that by the time it completes its circle and returns home, it is accompanied by a goodly number of the same quality of thought and feeling vibrations with which it started.

There is never a mix-up in the return of anyone's energy; each returning wave knows unerringly its own generator. The Cosmic Law is exact. The moment the returning energy

touches the aura of its projector, IT SETTLES DOWN, AS IT WERE, AND BEGINS TO GERMINATE SEEDS which produce a harvest according to their nature. If the outgoing energy was harmonious and kindly, the return to the individual will be peace and plenty; if the thoughts sent out were of a discordant or harmful nature, then the harvest to the individual will be correspondingly bitter. Jesus made no idle statement when he said, "As ye sow, so shall ye reap."

THE LAW OF KARMA, THE LAW OF RETRIBUTION, THE LAW OF CAUSE AND EFFECT AND THE LAW OF THE CIRCLE ARE SYNONYMOUS and refer to the same aspect of the Cosmic Law. While it has worked unerringly in its consequences in the experiences of mankind, they have failed to learn through its effects that it would be far wiser and safer to live within the Law of Harmony until the love element within has developed to a point where they want to abide by love rather than the law. Jesus said, "Moses brought you the law – I bring you love."

Under the New Dispensation, man's attention is again being turned to the Christ within his own heart. He is being told to raise his eyes to the perfection of his own archetype, made in God's image and likeness, and is being taught the power of invocation by which he may call to his Eternal Father to restore to him his eternal divine memory and to reveal to him "the glory which he had with him in the beginning, before the world was."

GOSSIP, A MOST DESTRUCTIVE PRACTICE**By the Ascended Master Saint Germain**

May 1, 1958

Before we close the address today, may we lovingly request that all of you, individually and collectively, call to beloved Pallas Athena, as well as to the beloved Goddess of Liberty and the Goddess of Light, to loose their mighty light rays into the causes and cores of all gossip and remove them, cause, effect, record and memory forever! Beloved ones, I tell you that, as an UNASCENDED being, I suffered much from that human quality.

As an ASCENDED BEING, I can truthfully say to you that GOSSIP CAN DO MORE HARM THAN PHYSICAL MURDER. As Roger Bacon I was called a “charlatan” and as I walked the streets, women would cover their children's heads with their aprons, lest my shadow fall upon them. Now, the only thing I was doing in those days, was endeavoring to teach some brilliantly-minded men who had no money. Most of the professors of that day exacted large fees, while I asked for none. I lived on little more than bread, a small sustenance, indeed, and that which I did was quite harmless. However, the fact that I was not living up to the code of the other professors in the school, caused gossip to spread. They thought that, in the little dark room which we used, we were performing feats of “black magic,” when we were studying only geography and calculus.

As Francis Bacon I again took the lash of gossip upon my shoulders but that time VOLUNTARILY, *to* save the face of England's James, who had conveniently borrowed all of

the money from the national exchequer. Even today, on the records of English history, the name of Francis Bacon is not yet cleared. However, so far as your worlds are concerned and the worlds of all connected in any way with our activity, LET NO ONE HAVE ANYTHING MORE TO DO WITH THIS UN-FORTUNATE HUMAN HABIT!

Now, although there is still much which I could say to you today, let me close with these few words:

You are my dearly beloved children! In you I have invested my very life and my faith that, as I place in your hands the protection and sustenance of the Seventh Ray and its glorious activities (as it takes its dominion here upon Earth), you will all be CONSTANT AND STEADFAST in this service, until my beloved Portia and I can stand forth visible and tangible to all. Then the veil of maya will have been forever parted, and we shall be able to take our places as the King and Queen of the New Era of God-freedom, the PERMANENT GOLDEN AGE, which already has been begun with your faith in us and which, I know, you will sustain and expand for Love's sweet sake!

ON FRAUDULENT REPRESENTATIVES**By the Ascended Master Saint Germain**

Once, long ago in Europe, I was plagued with an unhappy fellow who, taking my name, undid all the good I was endeavoring to do in Europe. Such an individual did untold harm at that time, but I have secured the personal sponsorship of that lifestream, and now that he is in embodiment again, I shall endeavor to help him to “make things right.” NOW, OTHER MEMBERS OF THE SPIRITUAL HIERARCHY ARE FINDING FRAUDULENT REPRESENTATIVES HERE ON OUR SWEET EARTH. I can feel for them, having been through this experience myself (as the Wonderman of Europe).

I can but implore you to investigate, in your feelings, the veracity of your Guru and then, knowing his true nature, follow him, making of Earth a heavenly realm, and also preparing your dear selves for the victory of the ascension at the close of this Earth life.

My Utopia COMES! At last, I am assured of that! I should also like to be assured of your fidelity, constancy and desire to impersonally love life free. That is the greatest gift which can be given to me. I ask no more! Arise, sons and daughters of freedom, rally around the banner of freedom, and let us all be about our Father’s business, which is to bring to Earth the glory of the kingdom of heaven for all life in distress here on Earth, and for those who are to use the Earth for certain instructions and lessons in the future. Thus, you EARN your ascension, and leave a heritage of beauty for those who will follow after you.

RESPONDING TO EVIL ATTACKS
By the Ascended Master Saint Germain

The question has frequently been asked what is the proper attitude to take when one becomes aware of a projection charged with anger, hate or other evil intent against oneself, or perhaps another person who might not be conscious of the attack.

In cases of this kind, I have always thought that the most merciful and divinely-intelligent proceeding is to immediately SEIZE THAT ENERGY mentally, SURROUND IT completely with the cosmic fiery transmuting flame and thus CLEANSE AND PURIFY IT, before it can take the form of some destructive manifestation and start back on its return journey to its sender. I would then CALL TO THE CHRIST SELF OF THE PROJECTOR, asking it to ILLUMINE THE CONSCIOUSNESS, so that it will see and revoke the error of its ways.

It is the unconsumed evil creations on Earth that, when they meet, create those great riptides that spew forth destruction in the shape of tornadoes, earthquakes and all the other frightful manifestations the human consciousness is pleased to label as “accidents.”

It is an act of great merit to invoke the fiery transmuting flame to sweep into all vortices of evil and to seek out by means of its omniscient consciousness, the generators of that misqualified energy, consume all the motivating impulses back of them and transmute by the power of its flame the evil already created.

THERE IS NOTHING GAINED BY DRIVING MISQUALIFIED

ENERGY BACK INTO ITS CREATOR, because by the very act of misqualification, the generator proves that he is ignorant of the divine nature of all energy and is in dire need of the application of the cosmic fiery flame of love and mercy, rather than an intensification of the quality of evil, which would be caused by the return of his own energy before the discord was consumed, with the added qualification, perhaps, of the witness's disapproval or resentment.

Persistent and consistent use of the purifying and transmuting fiery flame of freedom's love, will ultimately free the individual entirely from the accumulation of discord which makes the present karma and limitation. It will also build an impregnable wall of light around the user, keeping out the discord that is continually floating in the atmosphere caused by the emanation of others. When perfect harmony is evident in the daily life of the individual, then it may be said that he has used the merciful and forgiving power of God's cleansing flame enough.

Here, I would remind the students that the creative centers (thought and feeling) in the consciousness, must be employed in molding out of the universal light, the manifestations and substance they require to REPLACE the appearance to be dissolved.

There is no substitute for the visualization of dynamic, positive thought and feeling forms, that will externalize as good of every description. Generalities are not specific. When we choose to precipitate a dinner, for instance, every loaf of bread, every piece of fruit is designed within the consciousness. Our life is breathed into the light substance to

form the design and not until then is it lowered into form. So must it be with everyone who chooses to enjoy the beautiful manifestations of the third dimensional plane.

Experiment with your creative faculties. I did this myself for years before I attained my complete emancipation from the limitation of the human consciousness. Choose a simple design and mold it out of the light substance. Then, when you hold its manifest form in your hands, you will have more confidence in the power of your own life energy to create and sustain your heart's desires within your own sphere of influence and in the attainment of your own, individual governing power. Take the motto – "KNOW, DARE, DO AND BE SILENT." This makes for success.

THE ANIMAL KINGDOM

By the Ascended Master Saint Germain

The question has been asked many times, “How about animals – what part, if any, have they in the evolutionary scheme?” It has been said that if they did not have a right to existence, God would not “have commanded Noah” to build the ark and save as many as he could from the destruction of the flood.

Perhaps the following explanation regarding the presence of animal life on the planet Earth today and the responsibility vested in mankind to assist that life into its own natural beauty and perfection of expression will help in the solution of the vexing problem.

Every form that is manifest in the third dimensional plane is an outpictured idea held in consciousness. Even physical beauty is merely externalized thought.

In the first Golden Ages, when mankind chose to accept the responsibility of incarnation on the Earth, the angelic, devic and elemental kingdoms preceded mankind in order to “prepare a place for them.” These angelic, devic and elemental forms were beautiful in the extreme, outpicturing the God-image of each one’s own archetype which was held in the mind and heart of God himself. Even the repellent octopus of today was once a lovely, golden miniature sun, its tentacles rays of iridescent light and the oyster and clam of today were once beautiful little fairy forms. These elements were destined to journey with the mankind of Earth, serving him, obedient to his every direction, throughout the long pilgrimage from eternity to eternity. There was no un-

pleasant or impure form on the Earth BEFORE MANKIND CAME.

When the first group of souls left the Sun, they, too, outpictured the glory of their own electronic bodies and the physical garments they wore externalized the God-image which they remembered clearly in their consciousness. This was a time of great beauty, great happiness and great peace. There was no veil between the inner presence and the outer mind, and, constantly dwelling on the perfection of their own archetype or presence, absorbing its beauty with their physical sight, enjoying its presence with their feelings, the pliable substance of elemental life (of which their bodies were composed) obediently manifested that divine image in man, woman and child. Truly, this era was aptly described as the Golden Age and the peoples' habitation, "the Garden of Eden."

As time went on, man's attention wavered; he no longer directed the full power of his thought and feeling consciousness to the "blueprint," the design of which he was to outpicture. The vision of the God-Presence began to fade in his memory – the lines became blurred, the outline distorted, as when one looks at his image through disturbed water. Then – BECAUSE THE CONSCIOUSNESS NO LONGER HELD THE TRUE IMAGE – the projected form (which is no more than the film in the camera) took on a like distortion and the physical bodies of the people outpictured the cloudy concept of divinity, which had filmed over, so to speak, the Immaculate Conception of their own archetype.

In like manner, mankind began to IMPRESS the more in-

nocent and childlike consciousness of the elemental forms, which absorbed the distorted pictures through their own sight, hearing and feeling senses (see the story of Jacob and the spotted cattle) and, being OBEDIENCE INCARNATE, the elementals took on the characteristics and distortions of their masters. Thus, did the beginning of animal life on this planet take place – the innocent elementals, imprisoned in the forms suggested by man's thoughts and feelings and externalized by the degraded will of the human nature into which man had descended, outpictured the various forms of animal life on this planet.

Century after century passed and more and more of the concentrated qualities of mankind's lower nature became embodied in these innocent animal forms, until you had the terrific beasts of the so-called "prehistoric" ages, such as the dinosaurs, etc. This was the darkest point in the Earth's history. From then on, through the mercy of God, began the slow upward climb in the evolution of man, elemental and beast, toward civilization.

There is only one road up for all life and that is through love. Love is the primal essence and the development and final attainment of this quality in the individual consciousness is the only means by which any expression of life can be set free. Here and there individuals have been found who had generated the qualities of gentleness and love and thus the emancipation of even the elemental kingdom began. Nevertheless, mankind in general is held responsible by Cosmic Law for the degradation and downfall of the elemental and animal kingdoms, as they appear today, and before the blame for this blot on life can be lifted from the

shoulders of mankind, some members of the race must be found with enough justice and charity in their hearts, coupled with balance and understanding, to love this life free.

Great men and women, as, for instance, our brother Kuthumi, in his embodiment as Saint Francis of Assisi, have loved hundreds of thousands of these imprisoned friends free, through raising their consciousness and natures by both love and association, until they were never again required to incarnate in forms less than their divinely natural state. Some individuals are naturally suited to this service. Some have volunteered at inner levels to assist these kingdoms, because of particular indebtedness to their members through past activities of one kind or another.

This does not mean that people should fly off on a tangent and generate undue sentiment regarding these creatures, but rather hold a steady, balanced, middle course, aspiring to the “harmlessness of the Holy Spirit” in their relation to all life expressions, calling on the Law of Forgiveness for man’s selfishness and ignorance, and through their knowledge of the sacred love of the Sacred Fire, bathing the planet with its teeming life expressions in the cosmic fiery transmuting flame of freedom’s love, thereby helping to raise this innocent life into its former state of freedom.

In certain esoteric orders, there have been stipulations prohibiting the presence of animals in the environment of its students. There were several reasons for this, one being that the neophyte was expected to devote his entire attention to his spiritual search, therefore his association with any form of life, even that of his own kind, was absolutely forbidden

during his novitiate.

Many people, therefore, prefer to eliminate as much as possible any presence, human or animal, which might adversely affect their own auras; failing to take into consideration the fact that the strength within their sphere of influence might be the "leaven in the loaf" of the lesser intelligence. However, this is a decision that each free-will acting individual must make for himself, but it would be well for the student to hold in mind that the ultimate achievement of the individual is the attainment of perfect love. Therefore the more tolerance and patience he will cultivate toward the innocent expressions that are also struggling up the ladder of evolution, the sooner will he find himself in the heart of God where ALL life is one.

The presence on Earth of any form which is expressing less than perfection should not only be a reproach to man for his remissness in the past, but an appeal from the imprisoned life within those forms which interpreted by the merciful, reads, "Love Thou Me Free."

THE MERCY OF GOD
Address By Holy Amethyst
(Twin Flame Of Elohim Arcturus)

“Beloved Ones, LOVING LIFE FREE is the greatest service that there is in this universe, and that is my reason for being—to embody the MERCY of your Father-Mother God, that has not allowed anything evil to be permanent. Think of the mercy of that—no word, no thought, no feeling, and no action that you have ever sent forth that was less than God’s beauty and perfection, shall ever remain as a permanent record in your own worlds or that of this planet! Think of the mercy of life that allows me—and that allows you—to use the merciful flame of Violet Fire to change the quality of imprisoned life into a vibratory action that is harmonious and happy. Wherever you see an appearance of imperfection, instead of registering a distaste for it, oh, FEEL WITH ME THE JOY THAT IT IS to impersonally call already God-qualified energy into the person, place, condition or thing, and ask that intelligent Violet Fire to change the quality of energy into a harmonious, beautiful, and happy quality.

“I ask that the Ascended Master FEELING of BUOYANCY that is within this Violet Fire will remain with you, and that your Holy Christ Self may CHARGE it THROUGH YOU to dissolve all depression or anything less than the Ascended Master HARMONY and HAPPINESS.”

THE SEVEN STEPS TO PRECIPITATION

By Elohim Arcturus

First—"The mighty Hercules' WILL TO DO (DECISION) is the first step. Nothing can ever be accomplished here or anywhere else until the lifestream wills, within itself, to do, to act, to cooperate with some portion of the God-intelligence.

Second—"Then comes the quality of Cassiopea, with his power of PERCEPTION (ILLUMINATION), showing one the perfect thing to do, getting the clear picture of the pattern and design to be precipitated.

Third—"Now comes the LOVE of the mighty Orion, holding constantly to the original pattern and vision of perfection and feeding the feelings of divine love and light into it, until the complete manifestation appears.

Fourth—"Then comes the PURITY of beloved Claire (Elohim of Purity), holding the perfect pattern steady and unchanged, holding to the purity of the original design, not allowing the mind to flit from one design to another.

Fifth—"Next comes the quality of Vista (CONCENTRATION and CONSECRATION), the power (endurance) to STAY with that one pattern and one idea, until it is lowered into form.

Sixth—"As our beloved brother, the Elohim of Peace, serves upon the Sixth Ray, ordinarily his activities would come next. However, in the activities of precipitation, although I, Arcturus, work upon the Seventh Ray, my quality of INVOCATION IN RHYTHM comes next and takes sixth place.

Seventh—"Here is the sealing of the entire manifestation, the feeling of GOD-PEACE, from the Elohim of Peace,

himself. Insofar as the power of precipitation is concerned, the activities of our two rays are inverted.

“My specific contribution to the building of form is the activity of INVOCATION IN RHYTHM, of the constant feeding of the desired form to be outpictured with life energy, until it is not only a manifest thing, but symmetrically perfect, as well. The constancy of RHYTHM gives symmetry to the form to be manifest. RHYTHM AND CONSTANCY OF APPLICATION ARE ABSOLUTELY ESSENTIAL TO BRING ABOUT THE MANIFESTATION OF YOUR DESIRED DESIGN.

“If you will observe nature, you will easily recognize the absolute RHYTHM by which all creation takes place—the rising and setting of the sun, the incoming and outgoing of the tides, the recurrent seasons, all in an absolute and perfect RHYTHM.

“Mankind pays fairly regular attention to the RHYTHM of doing that which affects the physical comfort, but in the most important of all—his spiritual activities—RHYTHM is thoroughly forgotten. The science of constancy of prayer and application is seldom seen, but before a visible flame can be drawn forth from the inner realms, it requires a sanctified, consciously dedicated and consecrated group of lifestreams who, rhythmically, will draw forth by decree and invocation, that mighty concentrate from whence the flame will burst forth into visibility.

“If you were to observe a certain RHYTHM in your individual application at the same hour every day, you would draw a much greater concentrate of power and quicker accomplishment than when you make your application fit into the free hours which each day may choose to give. When you observe that same RHYTHM in your working hours, your time for sleep, your time for relaxation—holding to that

symmetry which nature has given you: eight hours for service, eight hours for sleep, eight hours for relaxation—you will have greater harmony in your feelings, better health in your bodies, and you will be able to draw forth greater perfection.

“Nothing but your own ‘giving up,’ abandoning your project before it is completed, can prevent your eventual precipitation. Once the RHYTHM has been established, STAY WITH YOUR PATTERN until the energy required flows into it—in RHYTHMIC RELEASE!

“If we had ceased our activities even ONE HOUR before the Earth was completed, all of our work of such a long time would have been in vain. If we had discontinued our RHYTHM, the planet would have begun to disintegrate and return to the unformed. We continued RHYTHM after RHYTHM, until it was COMPLETED and the Earth began to revolve on her axis and we heard the words, ‘It is finished!’”

“Let us again consider those ‘SEVEN STEPS’:

- FIRST: There must be your WILL (DECISION) to accomplish a certain item
- SECOND: There must come your detailed PERCEPTION of what you wish to precipitate.
- THIRD: You must pour LOVE into your ideas.
- FOURTH: You must have PURITY of consciousness to hold your pattern untouched by any imperfection or the changing its design.
- FIFTH: There must be CONCENTRATION upon your original design.
- SIXTH: There must be RHYTHM of application in decree and silent mental thought-force.

SEVENTH: Your feeling of GOD-PEACE must surround your completed form to hold its perfection protected and sustained. Call to the Elohim of Peace to so seal your manifestation in his Flame of Cosmic Christ PEACE, that disintegration never touches it until such time as it has completed the service for which it was created.”

It is in following through with the mathematical science of precipitation, that you gain mastery and results.

**CHANGING THE VIBRATORY ACTION OF YOUR
FOUR LOWER BODIES**

**Address by the Cosmic Being Diana
(Twin Flame of Elohim Arcturus)**

September 29, 1955

Beloved Friends of Immortal Light and Life Eternal,

You, who are so familiar with the Violet Fire of freedom's love, to you I bring the gratitude of my heart for all you have done in the transmutation of human creation, up to and including this time!

Nothing in this world, beloved friends, is static. Science has proven that even SO-CALLED "INANIMATE" SUBSTANCE, LIKE WOOD OR STONE, IS IN CONSTANT MOTION. THEREFORE, THE PHYSICAL BODY, WHICH SEEMS SO SOLID AND SUBSTANTIAL TO YOU, IS COMPOSED OF GROUPS OF ELECTRONS. Around those electrons, the substance of the outer world impurity has been drawn, so that, rather than having the rainbow colors of the chart as your aura, you have a "clogging" of the little forcefields which has closed in the light of the electrons.

What has been the result of this? As that accumulation has been magnetized into your flesh, it has "bogged down," let us say, the vibratory action of the atoms, and they no longer vibrate in harmony with your keynote. They have lost the resiliency and buoyancy which they have when they vibrate in harmony with their natural God-estate.

Some of the organs of the body which have been particularly intruded upon by the suction of impure substance into

themselves, also vibrate less rapidly than others. Then you have organic disturbance, which is the result of the slowing down of the electrons spinning around their central core. In spiritual healings, a member of the Ascended Host to whom the call is made, pours pure unadulterated light into and around that organ. Just as you would clean out a clogged pipe, so does that light LOOSEN AND TRANSMUTE THE HUMAN EFFLUVIA which has, more or less, smothered the electrons.

That heavy human effluvia is wedged in-between the electrons which make up each atom, causing the atoms to spin more slowly and not in the rhythm of the keynote of your being. The Flame of Purification quickens the vibrations of the electrons and atoms, restores them to their original purity, thus allowing them to release perfect light rays.

The same thing is true of your mental body. The electrons which comprise the mental body are absorbing discordant substance constantly from the atmosphere, and the same condition applies to your flesh form. Therefore, what you mind dwells upon secretly, you are drawing into the forcefields of the electrons and atoms of your mental vehicle and your physical form, as well, producing manifestations which may be read by the discerning.

The vibratory action of your emotional vehicle, if qualified with disharmony of any kind, will manifest as imperfection in the substance which you have drawn into the forcefields of the electrons forming the atoms which compose the emotional body. The effluvia thus drawn in slows down their vibratory action, and thus you have emotional

upheavals.

I speak of this to you, because the distressing appearances in your worlds are not as hopeless as you seem to think. Everything changes! Within one year, your physical body throws off practically all of its old substance, but unfortunately, the tendency of the lifestream is to outpicture and, in fact, increase the same imperfections, because you have accepted them as REAL in your feelings. Take, for instance, your acceptance of old age, ill health, financial lack, race karma—what the mirror tells you and what your kind friends (?) report. You have accepted these various expressions of distress by believing in the reality of the APPEARANCES, and may I say here that you will always have “reports” of the type above referred to, until you get the astral realm dissolved.

Now, if your mental body is sluggish, it is so because the space between the electrons that make up the atoms are clogged, just exactly as your pencil sharpener gets so filled with filings that you cannot sharpen your pencil. When the spaces between the electrons are filled with the effluvia caused by depression, discouragement, resentment, and rebellion, what happens? The mental body begins to vibrate slower, slower, and slower, until it is so sluggish that it is no longer receptive to finer thoughts and inspirations. You know, it often happens that when you try to comfort people in distress, they do not seem to hear your words of consolation or encouragement, the mental body being so “bogged down,” the vibratory action so negative, that it is absolutely unresponsive to any inspiration, even to that from the Christ Self.

Do you desire to change these conditions in your own experience? It is easily done! LIGHT IS THE ANSWER TO ALL! You may change the vibratory action of the mental body by calling forth the Violet fire! See the atoms that compose it purified from within out—the electrons within them spinning more rapidly and in perfect harmony. Then, outside of your application hour, watch what you invite to be the guests of your mental body for the remaining twenty-four-hour period! Change your habits of thought, feeling, and spoken word! The righteous man in APPLICATION is sometimes not so righteous in his DAILY LIVING! That which you think and do and feel, qualifies your energy, and that energy is entirely impersonal and scientific in its action. APPLICATION will not see you safely through the experiences of the day, UNLESS YOU COUPLE IT WITH UNCEASING VIGILANCE.

The same conditions hold in your emotional body. This vehicle was first created in the most magnificent colors—oh, just a beautiful aureole! Here, too, the electrons have been compelled to vibrate more slowly than they were originally intended so to do, on account of the substance being qualified by hate, resentment and such, causing them to become negative. The emotional bodies of the race have, today, gone beyond the control of the conscious self. One way to change this is to invoke the infinite I AM Presence to regulate them, and then see the light from within those little electrons blazing out through them, causing them to increase the rapidity of their motion around their central core.

This is what would actually happen, were you to sit in the “atomic accelerator”—a quickening of the vibratory action of the electrons as they spin around their central core.

If a bird can increase the rapidity of its wing action in its flight through the air, why, in the name of all that is good, cannot men and women, entrusted with the fate of the world, do as much? Most certainly they can! It is practical!

Now, what we are enabled to do at your call, beloved friends, is to dislodge these “wedges” of effluvia or discordant substance, which are packed in tightly between the various light rays which form the forcefields of the electrons. AT YOUR CALL, WE CAN DISLODGE THOSE “WEDGES” OF DISCORDANTLY-QUALIFIED ENERGY, THEREBY INCREASING THE VIBRATORY ACTION OF YOUR INNER BODIES—IF YOU WILL LET THEM GO. LET ME WARN YOU AGAIN, BELOVED FRIENDS, THAT IT IS THE TENDENCY OF THE EGO, AFTER THE DISLODGMET TAKES PLACE, TO LOOK AROUND FOR THAT WHICH WE HAVE TAKEN AWAY FROM IT.

Beloved ones, mankind in the outer self is so happy living in habits, that it even misses distress! You would be amazed if you could stand at inner levels and see what takes place in the mental and emotional bodies when people have received healings. You would see them experiment, sometimes, for instance, with a leg that has been healed so that they may use it to walk again. They wonder “if the healing is really complete and whether the leg will support them.” You would be amazed to see a man who has been healed of a paralyzed arm (so that he may use it) attempt to pick up a cup and, in his inner feelings, almost hope that his former concept would not be changed! NONSENSE!

Now, beloved friends, in the name of all that is holy and in the name of this human race, LET US SET INTO ACTION

(THROUGH YOUR CALLS) SUCH A PURIFICATION THAT THE EMOTIONAL BODIES OF ALL MANKIND MIGHT BE SWEEPED FREE AND CLEAR OF ALL DISCORDANTLY-QUALIFIED SUBSTANCE, leaving them open and receptive to the words and instruction of the Ascended Host of Light. Put on, beloved ones, Saint Germain's bright robes of freedom, and by your calls and visualizations, see every member of the race clothed likewise. I hold this conception for you, your planet, and all that lives upon it. Thank you, and good evening!

FIRST GLIMPSES OF THE SEVENTH ROOT RACE
An Address by Its Manu – The Great Divine Director

April 1st, 1961

Beloved people of Earth, I greet you on behalf of my root race and its subraces. You know little of me or my service or of my people. Therefore, I invite you into my presence this morning. Now have the comfort of being seated.⁵

A Manu is a being who primarily has taken the great opportunity of molding a great number of spirit sparks into a specific God-design, to render a tremendous service when the time is required upon the planet, where the Manu is to either embody or to send forth his emissaries.

What Happened In Previous Eras

As you know something of the Manus who have preceded me and who are prisoners of love, you know also that my great Seventh Root Race must await the fulfillment of the divine plan and pattern for every one of the members of the Fourth, Fifth and Sixth Root Races and their attendant subraces, AT WHICH TIME I SHALL BE ENABLED TO BRING FORTH THE FIRST SUBRACE OF MY ROOT RACE. In previous eras, when the Lord Manu made this initial impulse upon the planet Earth, it was necessary for the Manu, himself, to take an embodiment, to hold an anchorage of the perfection of design, personage, activity and service. Then the subrace, the strongest of the entire root race, first built the groundwork, so-to-speak, for the activity and service for that era.

In our service, primarily upon the Seventh Ray, you

have been told that we have completed our journey through the Seven Spheres and we await (in the Seventh Sphere, wherein the Ascended Master Saint Germain, the Violet Fire Temples and all activities of the Violet Flame are), the opportunity to be called by the Karmic Board and allowed to send in some of the children of our first subrace. If they come in too soon, before the great numbers of the Fourth Root Race have returned home, the Seventh Root Race, which has an entirely different keynote and service to render, would not always be able to fulfill in dignity its mission.

Purpose of the Manu

A Manu represents to the rootrace their God-Father, you might say. In my case, I shall not embody, because the Earth, through the assistance of the children of the Ascended Master Saint Germain and the tremendous calls for the Violet Flame, is being purified enough, particularly of the disembodied entities and the removal, at the close of the earth-span, of souls who would otherwise have to re-embody, and by the removal of the etheric records in the living and the so-called dead.

When it is of the hour of accomplishment, when the gates of heaven do open, there shall come forth the first subrace representing the activity of the Violet Ray of Ceremonial, ALL EQUIPPED WITH MAGNIFICENT VOICES, ALL ABLE TO BOTH PRECIPITATE AND LEVITATE AT THE TIME OF BIRTH, WITH THE KNOWLEDGE OF THEIR HEAVENLY REALM, WITH NO VEIL BETWEEN.

This great race is due to come forth, for the most part, in the South American Continent, although we have experimented, and successfully, with the inculcation of several members of the first subrace belonging to my dominion in the North American Continent. We have chosen South America because across Brazil and all through that country which is now jungle, the Earth has had some time to rest. Ask for me, or the Ascended Master Saint Germain to purify that stretch across the Equator which Lady Amaryllis, herself, will clear of the human effluvia and will adorn with beauty.

An Activity of the Violet Fire Beneath Amazon

Within the very Earth, down to about fifteen feet below its surface, all through and across from Peru to where the Amazon flows out to Rio de Janeiro, an activity of the Violet Fire is established. This results (and you will see it in your papers) in a great number of poisonous reptiles and various effluvia being spewed forth in the Amazon and then out to the ocean—and the Amazon will no longer be a flood of mud-tide, but that beautiful sapphire blue, which is the color of the waters in our kingdom.

Our kingdom, up where the Ascended Master Saint Germain is, is a comfortable and a happy one, and we are a patient group of individuals. We have waited long, but now we are assured by the Cosmic Law that the first sub-race will be given opportunity—some of them will go before Mother Mary in the month of May, 1961—and I am quite sure that one or two thousand of these beings will take embodiment, primarily, in the North American Continent, because as yet the South American Continent is not ready for them.

Physical Description of Members of This Race

These people, as they grow to maturity, will be distinct from all other people which you have ever seen upon the planet Earth. THEY HAVE HAIR WHICH IS AMBER OF COLOR, AND THEY DO NOT LOOK UNLIKE THE BELOVED ASCENDED MASTER SAINT GERMAIN, EXCEPT THAT THEY ARE ALL BLUE OF EYE AND HAVE THE SERAPHIC FACE, THE SLENDER FIGURE, THE LONG LIMBS, AND LONG, TAPERED FINGERS. THEY WILL BE ARTISTIC IN THE EXTREME. Drama will come to the fore again. The pageantry of life will be presented to the masses through these dedicated life-streams through drama, ballet and music that depicts life as it should be lived.

Much of the time which has been spent in the past in just enjoying, shall we say, the drama and the various media of entertainment to relax the consciousness of people will be brought to a focal point. This is our endeavor, and of course it will be accomplished according to the tenacity of the spirit sparks who will take embodiment with my blessing and with, of course, my ever-present vigilance and protection. These beloved ones will help the Ascended Master Saint Germain, tremendously, in his service and activity to life.

Materialization of the Great Divine Director

As a Manu, there is one root—and that has seven branches. It is like one tree with seven great branches, only they do not all flower at once. They flower, each one, starting from the left on to the right, until the seven subraces have found expression and completion. Then the Manu and

all the subraces join together and ascend, even as they have descended before. This explanation may help to clarify this item.

As for myself, I shall materialize at the proper time. I shall not take an infant form but I shall materialize, when the beloved Ascended Master Saint Germain's kingdom is fully established on the Earth—when mankind, elementals and angels are all joined together in harmony. Then I can bring in the great numbers of those mighty beings whom I fathered and whom I love and they, in turn, will enhance the perfection of that Golden Age.

PREPARATION FOR THE COMING OF THE AVATAR
By the Ascended Master Jesus

What is an "Avatar?"

I was a man who came to Earth for a purpose, voluntarily. I chose to show mankind in a time of great darkness what God's destiny for each and every one of them was to be. Through misinterpretation of the Law, unfortunately, I was set apart as the "only begotten son." I came to bring the example of eternal life, overcoming through the assistance of Divine Beings, a very unpleasant experience called death, then had to re-convince my disciples that I lived and moved among them resurrected, no human power able to touch the God-qualified energies of my own lifestream.

All of these things I had done because the world requires every now and again the coming of a perfect one, one who can fulfill the purpose and represent on the Earth our Heavenly Father. They call such a one, "an Avatar." You will have, of course, the coming of a perfect being representing my beloved brother, the Ascended Master Saint Germain. But, in the interim, under the dispensation of the Cosmic Law, it would be a marvelous thing to have rise up among you your own Godliness to a point where your energies are constantly, and consciously, devoted to one purpose—learning to build in the silence the reservoir of every God-gift and virtue, and utilizing it as the requirement demands!

We are late, beloved ones! Late, by thousands of years. The next Avatar was due long since, yet came he not because of the recalcitrance of the human race and her attendant evolutions.

The Moment is NOW!

Those of you who have loved me thousands of years, thought a good deal about me this Holy Season, are definitely connected with my world experience. Prepare you to become and to remain a God-expression, ABLE TO USE THAT GOD-LIFE AS OF NOW.

The moment is NOW! I was not told beforehand about any of the experiences from my baptism in the Jordan, on. I had no written scroll, saying on such and such date the Holy Spirit shall descend, on such and such date you will heal, on such and such date, you will raise so-and-so. No! But I used my life magnetizing that God-power and then as each experience came, I had already the qualified energy and through the power of the God acting through me, I was able to render the assistance. Thus I was not taken unawares. If you have to have a calendar, to advise you when you shall be called, don't expect it, but expect through our words that we shall require assistance of unascended beings AT ANY MOMENT! NOW, SLEEP NOT LONGER BUT LIVE, AND IN LIVING, MAKE BEAUTY A PART OF YOUR BEINGS.

THE FINAL CYCLE FOR THE EVOLUTION OF MANKIND

Address By Archangel Zadkiel

“My service to life is in guarding the powers of invocation. I work on the Seventh Ray.

“Each 2000 years, a mighty Archangel and a Chohan worked to render the assistance to those souls who were ready to develop into this perfect state. You can see then, how far behind mankind of Earth are, as this cosmic wheel has turned so many times that there is no human count for its revolutions. My service was at the end of each cycle, when the Seventh Ray played upon the Earth, to teach the developed souls how to draw and qualify the Sacred Fire and become priests and priestesses of the Order of Zadkiel.

“Cycle after cycle passed, revolution after revolution of the wheel has taken place, and yet the ‘bloom’ which mankind should have shown, has not been accomplished. Again we come to the close of one of these cycles—the minor and the major—and the Seventh Ray again plays upon the Earth for approximately 2000 years. THE LAW HAS SAID THAT THIS IS THE FINAL CYCLE THAT MUST BRING LIFE FROM THE DORMANT SEED IN THE HEARTS OF MANKIND. It is to this end that we are all pouring forth the pressure of our light and flames, desiring to get from those of you who are stirring in your soul sleep, the assistance of your lifestreams, also.

“It is better to call forth the Violet Flame for shorter periods at a time in a RHYTHMIC ACTIVITY each day. Set aside

some uninterrupted time each day—morning, noon and night—to invoke this flame, calling for it to blaze up, through and around you and expand out into your world.

“Let that Violet Fire blaze up, through and around your physical body, your etheric, mental and emotional bodies, especially through your brain structure and feeling world, commanding it to transmute the hard and unforgiving feelings. These ‘hard’ feelings are the causes and cores of most of your distresses. Let them be replaced by grateful, joyous, receptive feelings, which open your world to the goodness of God and make you a mighty magnet to draw to you all the good that God wants you to have.”

Visions of “World Brotherhood” (I)
By the Ascended Master Saint Germain

May 1, 1958

As you know, beloved ones, today is “May Day.” Those words “May Day,” mean so very much to me personally, for even as a small child, that day was always set aside for me by my mother as a sort of holiday for us both. Nicholas and Lady Bacon (in whose home and family I spent the very early years of my life), would always dress me with such care for this holiday, often placing around my shoulders a violet cape (sometimes of velvet or, if the weather was too warm for that, of some lovely lighter material). I remember thinking about that coming day all the night before, as your children dream of Christmas-Morning on Christmas Eve. Then on “May Day,” my own mother and I would go into the love-

ly woodland to leisurely walk and talk together, pick the early violets and, generally, enjoy the feeling of the close companionship.

Then, much later, (but also on a May day), I took my leave from all further physical embodiments upon this Earth, when I finally accepted the full victory of my ascension. I remember that day so well—the sweet fragrance of the flowers in the garden of that home in Transylvania, as it came on the soft breeze, through the open window of the room where I was. I remember well experiencing the feeling one has when he is obliged to leave a task not quite completed. YOU SEE, AT THAT TIME, MY “UTOPIA” WAS ONLY A BOOK, MY DREAMS ONLY WRITTEN INTO THE LINES OF THE SHAKESPEAREAN PLAYS AND UPON THE HEARTS OF A FEW FAITHFUL STUDENTS. If it had not been that my superiors thought it wise for me to take the ascension at that time, I think I could not have left the Earth in that hour, with my vision still unfulfilled. Yet, in loving obedience to their great wisdom, I did.

Grateful, indeed, am I to you, my faithful students, who have embodied again and again since that time, taking that vision into your own consciousness and endeavoring to make it real, tangible and practical in this world of form. The establishment of the reality of this vision is taking place *first* here, in your beautiful United States of America, which was brought into being through the loving co operation of my faithful students and myself. It shall expand and expand, until it is world-wide—a great SPIRITUAL FREEDOM, which has no regard for nationality, creed or color—having regard only for the light within the hearts of all people, that light

which is endeavoring to illumine their souls.

We are now coming into the day when world brotherhood shall be completely understood, as an activity which raises the soul to the place where the individualized Christ of each one is externalized, by the expansion of the immortal Three-fold Flame of Eternal Truth, into outer manifestation. In this New Age into which we have now entered, every lifestream, regardless of color, creed or individual status, shall externalize that Holy Christ Self!

“May Day” has become universally accepted as a day of happiness. Do you think it happenstance that your Air Corps uses the words “May Day” as their distress signal? Ah, no! There is no such thing as “happenstance.” When those men are at a point of great distress in the high, blue sky and that word “May Day” goes forth from them, who answers? I do! Of course, in their outer consciousness they do not know that, but it is the reason for their having made “May Day” their S.O.S. call for assistance. We are interested in your Air Corps and we are interested as well in every constructive activity which takes place within the Earth, on its surface or in its atmosphere, for this Earth is to become “Freedom's Star.” This achievement I have dreamed of for so long, as I have told you often before—my vision of world brotherhood which I tried to force into existence here before its time. I, for one, can tell you that human feelings of disappointment do not last long when the soul is filled with grace.

Vision of "World Brotherhood" (II)

Long ago, before my ascension, I thought I could direct the bringing about of world brotherhood for all nations through the authority of the throne and crown of England, which I felt was rightfully mine. This was denied me, yet the great God of Mercy now has given me the throne of eternal freedom and the undisputed divine authority to be the presiding ruler for this magnificent Permanent Golden Age of Freedom, which already has begun upon this planet and which is four years old today!

Ah, beloved ones, in those days before my ascension (in my last Earth life as Francis Bacon), not understanding the completeness of the divine plan, I wept often in disappointment, because I felt so strongly, the great possibilities of that which I could accomplish in the way of fulfilling my vision, if my rightful heritage were only mine! Within my very self I experienced "The Tempest" that comes within the feelings of the outer self, when a much-desired vision is not fulfilled at the very instant when the outer mind thinks it should be.

Long, long ago I was shown clearly, and saw so perfectly, just what was the divine God design for this Earth. In those days, it seemed as though the only way and means open to me to present my VISION TO THE WORLD WAS THROUGH THE SHAKESPEAREAN PLAYS and through the various articles which I wrote (some of which I was able to publish) as Francis Bacon. Finally, one day in that embodiment, as I have told you, I made a rather unostentatious departure from this world of form, making my conscious ascension

from the home of a dear friend in Transylvania.

Now I come again with my glorious vision, a vision of a world where there is neither cause for, nor results of sin, where there is no pain, unhappiness or need for tears, where there is no disease, no disintegration and no death! In this vision there is absolute liberty and freedom for all who embody here (at the close of his or her lifestream's experiences) to take his or her leave of this planet in dignity and joy, in the victory of his or her own individual ascension. Thus does each one become a wholly Divine Being, eternally free and perfect, in the complete fulfillment of his or her own divine plan.

Oh, dear hearts, is NOT THE BRINGING INTO MANIFESTATION OF SUCH A VISION WORTH ALL THE LOVING, DEDICATED SERVICE YOU CAN GIVE, AT LEAST FOR ALL THE REST OF THIS EARTH LIFE? Many, many times, all through the centuries, I have given my life for this cause (and to help you to personal victory as well) and our beloved Morya has done the same. Now, WE MUST DEPEND UPON YOU TO HELP US, CONSCIOUS CHELAS, FOR, TO WHOM ELSE CAN WE LOOK FOR SUCH SERVICE? TO THIS END HAVE WE INVESTED OUR LIFE AND LOVE SO THAT YOU WOULD BE PREPARED TO SERVE UNTIL THOSE NEW LIFESTREAMS ARE RAISED UP TO CARRY FORWARD THE LIGHT WHICH YOU HAVE GUARDED AND EXPANDED, THUS FAR.

SERVICE TO LIFE

By the Ascended Master Saint Germain

In so far as service to life is concerned, the majority of people pursue a course set by their hearts and all are given the gift of free will in this respect by Cosmic Law. However, it will be found that the more the consciousness of man opens itself to the light of truth, the nearer he will come to the comprehension of the mandates laid down by those who have trod the path to liberation before him.

At the “Last Supper” the Master Jesus gave the world an object lesson in humility when he washed his disciples feet. Here we have an exemplification of the fact that “the greater always serves the lesser” and this nobility of service is strictly adhered to in the service of the liberated Host of Light to a bound and suffering humanity. In every realm outside of the kingdom, where there is a special need for assistance, or in moments of great emergency, there will always be found these selfless sons and daughters of God, serving their hapless brethren, unknown and unthanked.

Many of these masters of love serve life in the deep shadows of the astral plane, and often, with their bare hands, strip the individuals whose karma compels them to dwell therein, of frightful-appearing human creations accumulated through many centuries’ misuse of God’s pure life energy. Others serve in places of still deeper shadows, where the light very rarely penetrates, striving to alleviate, through love and mercy, the karma of suffering souls.

Those selfless servers are emancipated beings, many of whom once walked the Earth in garments of flesh, and who,

through adherence to the Cosmic Law, self abnegation and service, won their eternal freedom, yet, who, when the gates of heaven opened wide before their eyes, voluntarily turned from the glory and happiness which they had so well merited, to serve their suffering brothers in whatever realm their karma placed them.

In the case of the spiritually-awakened man still in human form, the mercy of life offers him an opportunity to serve his fellowman in so far as his knowledge and capacity permit, while there is still unredeemed energy to be requited. This service is measured by Cosmic Law against his karmic debt and in this way it is permitted him to balance his debt to life in a few short years, which in the ordinary course of events would take many embodiments. Therefore, in his service to life under the dispensation of the Seventh Ray, the individual who serves is actually the greatest beneficiary. As the Master Jesus said: "Greater love than this no man hath, that he lay down his life for his friend."

WHAT WE HAVE TO DO IN THE NEXT 2,000 YEARS
By the Ascended Master Saint Germain

Cooperation Between Men, Angels and Elementals

The next two-thousand-year cycle, which the great Cosmic Law has permitted me the honor and with all the responsibilities to represent, is to bring in an understanding of the ceremonial worship and a kindly cooperation, first among the human race, themselves, and then when they are at least in some accord, the members of the elemental kingdom and the angelic kingdom, as well. These three great kingdoms, who have used the Earth as a habitat, who have breathed the air, who have used freely the waters and substance of the earth through the ages, these kingdoms have grown so far apart in consciousness that there is no means of communication between them, except by the very few.

Those few who represent the heart of the nature kingdom and take human embodiment, are sometimes able to reach through the elemental kingdom, or through the flower, the birds or with the four-footed creatures, and in that way accelerate the consciousness of such a one and bring assistance to that realm. Our beloved Kuthumi as Saint Francis was one, and you know the gentleman who has recently rendered such a service in that same capacity through a colored body (Dr. Carver).

The angelic kingdom is very well relegated to the realms of fantasy and are drawn out more as ornaments than as living beings of intelligent consciousness and power to as-

sist. It is to bring into alignment the conscious-ness, the understanding and the desire for unity before these three kingdoms, that I have come, and to bring into alignment which is more difficult even than the above, the seven types or rays of evolution, the seven types of men, who will perform the activities of the ceremonies in the days and years ahead.

The Work of the Centuries Ahead

We are at a new beginning, a new and humble beginning which will be written upon the pages of life and which will be read by consciousnesses less fettered by the effluvia of the ages, more illumined by reason of your application and use of the Violet Fire, more able to grasp that which we say today. In the centuries ahead those individual will work out and develop the truths, the ceremonies and the activities that we have written through the energies of our life, and *you* have written into the substance of the earth through your energies and reading, and they will comprehend even as it was long after the advent and mission of the Master Jesus.

It was long after the removal of the main figures of the Christian Church upon the screen of life, that the ceremonies have drawn the angelic host, the devic beings and have kept a connection with the consciousness of beloved Jesus and Mary, and Lord Michael, the Archangel, and those who have achieved the right to live in the realms of immortality. It was long after the removal of these simple, humble folk that this development took place. You cannot, as they say, build

Rome in a day, but it is the strong spirit with the confidence of faith in their consciousness, with enough drive of enthusiasm, with a certain tenacity of will, and when you find these individuals with a perception and intuitive development and the capacity to expand the finer vibrations, that combination is rare, indeed, and yet it must be used in the mystic of the new order, to build a strong and firm foundation for this two-thousand-year cycle.

There is no such thing as failure connected with the turning of the cosmic wheel. Every fourteen thousand years that wheel makes a complete revolution. In the two thousand years allotted to the being who has been invested with the power of the Chohan of the Ray, he may, using his own discrimination, intuitive faculties, inspiration and God-direction, use whatever consciousness, whatever lifestreams are available to him in order to bring an understanding of the particular type of worship that will engage the attention of the people for that cycle. If some do not respond, then he endeavors always to secure the assistance and cooperation of others. These cycles are provided in order to animate certain of the spiritual centers in man.

WE DO REQUIRE AN ARMY OF LIGHT**By the Ascended Master Saint Germain**

Beloved friends of old, friends of life and my friends forever! God bless you for your perception of truth, which has enabled you to step forth from the mass mind—fearless, dauntless and determined to weave out of the primal essence of your own life, the magnificent robes of freedom, which you shall wear as representatives of myself in the world of form, and which you shall, in kindness, place upon the shoulders of the men, women and children of the race, in the Golden Age which it is our privilege, honor, and responsibility to bring forth in this physical appearance world.

LET US COUNSEL TOGETHER AS FRIENDS, AS BROTHERS AND SISTERS INTERESTED IN ONE GREAT VISION, IN EXTERNALIZING ONE DESIGN. Those who have looked into the future, those who have listened to the words of the Master, speak freely of the Golden Age that is to come! It is pleasing to the tongue, amusing to the mind, and it gives hope to distraught feelings, seeking always some measure of peace in the sweet “by-and-by!” But WHEN are you going to BEGIN TO EXTERNALIZE THIS GOLDEN AGE, which it is my responsibility as Chohan of the Seventh Ray to manifest upon this planet? Common sense will tell you, you must begin with the students, with the individuals who have accepted even intellectually my presence in this universe. IT IS TO YOU FEW THAT I LOOK FOR THE INCEPTION OF THE GOLDEN AGE UPON THE EARTH, in your personal lives, in your home, in your sanctuary—and then you will become the magnet which will draw the masses, who will be more interested in the fruit and harvest of your endeavor, than the application by which

you attained your victory.

I AM ASKING YOU NOW TO TAKE AN INVENTORY of your own earnest and sincere world, to see what improvement—individually and collectively—you can make TO PREPARE TO EXTERNALIZE THE GOLDEN AGE of absolute unconditional harmony, inexhaustible strength and energy, the youth of Sanat Kumara, the perfect health of the Master Jesus, the infinite supply which flows from your own God heart, and anything and everything which is an amplification of perfection. To you, who are my friends, I GIVE THIS ASSIGNMENT—TO BECOME NOW THE ESTABLISHMENT OF THE GOLDEN AGE OF HARMONY, HEALTH, PEACE, BEAUTY, AND PERFECTION through the orbits of your own individual worlds, your homes and cooperative groups. EVERY GREAT THING HAD A SMALL BEGINNING!

I remember the vision which it was mine to impart to a few strong men and women of a land where they might have liberty to pursue and follow the dictates of their own hearts, and weave for themselves a new world, which one day would be the heart of freedom. A vision is a beautiful thing, and when it is accompanied by the enthusiasm of application, it becomes a fact! A vision shared, even between friends, when both parties embody their energies and talents to manifesting it, brings blessings, not only to them but to all life. But we, who have passed beyond the human veil, and stand in the realms where it is so easy to see the divine design, are dependent upon incarnate lifestreams to grasp our vision and through the acceptance in the mental body, to see the possibility of blessing the race through their own voluntary, self-conscious endeavor.

From this inner realm, where we abide, we constantly direct the energy and light rays from our hearts into sensitive consciousnesses, hoping that someone might grasp a portion of that vision—in dreams, revelations or contemplation, according to the development of the individual self. These incarnate friends become ourselves in action, for that is the Cosmic Law. We can only do, in the physical appearance world, that which we can do through those of you who still are a part of the mental and feeling world and the physical substance of the sphere which we desire to bless. So, my vision for freedom and a permanent Golden Age of planetary proportions, where all men and women are brothers and no such thing as disintegration, disease, or death are known, is dependent upon the receptivity of incarnate lifestreams.

In Europe, after I had accepted my ascension and the Great Divine Director recommended that I take that final step, it became my hourly occupation to look over incarnate lifestreams who had any desire to better the race or to do God's will, no matter how orthodox their faith might be. These men and women of good faith and goodly living became the recipients of my directed ray, which stirred within them sufficient enthusiasm to stand for the right to worship God as they chose, and be willing to leave home and family and security to travel across the sea to your beautiful shores.

Today, I am in exactly that same position. When I received the crown at the hour of coronation and saw the vision in its fullness for the first time, seeing the Earth as it will be in the Golden Age which must come, it was then,

again, my obligation to look into the world of form and try to connect my energy with those lifestreams who could grasp, oh, just the smallest portion of that vision, through whatever medium was afforded me—a word of expression, of inspiration, a pressure of radiation to stimulate and sustain enthusiasm and interest in world brotherhood, in Godly living. This I am endeavoring to do to those of you who have opened your mind to me, and more important still, opened your hearts!

Blessed hearts, within your very physical form is the presence of the living and mighty God! It is this Presence that enables you to say, “I AM!” Let us return to that fundamental of contemplation within yourselves that the presence of the living God within you must be loosened and given opportunity through the energies of your world, to express and manifest perfection. It is not as important the creed or faith of a man, as it is that through that creed or faith—whatever it may be—he contacts that presence of God and becomes one with it, allowing it to surge forth into his world!

In our realms of Ascended Beings, who have risen on the ladder of evolution in every creed, in every religion, many of the religions no longer being known on the Earth today, but those who achieved the victory, made that contact with the living, breathing Ever-Presence, calling its mighty power forth, refusing forever the acceptance of a power opposed to it, and in the invocation and radiation of that Presence, they became again the fullness of incarnate gods! That is what I ask—that you turn back to the God that beats your heart and let the roots of your attention go deep

into that mighty source and draw forth the healing currents required to restore your flesh, the substance you require to fill your world, the light you require to illumine your mind, the peace you require to establish and sustain harmony in you. When your roots are anchored deep within that living Presence, no matter what the world of form might show, you shall not be moved!

TODAY, A PERMANENT ERA MUST COME. IT IS COSMICAL-
LY ORDAINED! A GOLDEN AGE IS TO BE THE PERMANENT
STATE FOR OUR EARTH AND ALL WHO ARE SO HONORED AS
TO REMAIN UPON IT. THOSE WHO DO NOT CHOOSE TO AC-
CELERATE THE VIBRATORY ACTION OF THEIR ENERGY SHALL
FIND HOSPITALITY ON ANOTHER STAR, BUT THE PLANET AND
THE FEW WHO ARE WILLING, SHALL GO FORWARD TO FREE-
DOM! IN THIS, YOU CAN HELP ME IF YOU WILL, THROUGH
YOUR OWN ENDEAVOR TO CONNECT WITH YOUR GOD, TO
EXTERNALIZE HIS PERFECTION AND TO GRASP AS MUCH OF
MY VISION AS YOUR MENTAL BODY WILL ALLOW YOU TO AC-
CEPT.

When your inner bodies are refined and have that con-
sciousness of “listening grace,” then easily at times of crises,
we can flash the flame and easily, the brain consciousness
absorbs and the physical body moves into action if neces-
sary, and performs the service for us. YOU ARE OUR HANDS
AND YOU ARE OUR FEET, YOU ARE OUR LIPS, THROUGH
WHICH WE CAN SPEAK! YOU ARE OUR EYES, THROUGH
WHICH WE BLESS. WE HAVE NO OTHER IN THIS WORLD OF
FORM! When your vehicles are unwieldy, when they are
heavy, it is impossible for us, at a moment when a service
can be rendered, to direct that beam through with sufficient

intensity to reach your outer consciousness and your earnest hearts.

THIS IS MOST IMPORTANT—for in the days that are to come, WE DO REQUIRE AN ARMY OF LIGHT ALL OVER THIS EARTH, of individuals in a constant state of alertness, a constant state of grace, a constant state of harmony, balance and poise, ready to move at an instant! THEN IF AN ACTIVITY IS ABOUT TO TAKE PLACE, AND WE DESIRE TO DIRECT A THOUSAND LIGHT RAYS SIMULTANEOUSLY, A THOUSAND LEADERS WILL STAND, AND A THOUSAND GROUPS WILL GO INTO ACTION AND DISASTER WILL BE AVERTED. THIS IS THE TRAINING FOR THE FEW, WHO WALK UNDER THE BANNER OF FREEDOM IN MY NAME!

WE DEPEND ON YOU**By The Ascended Master Saint Germain**

I stood at the beginning of the Christian Dispensation and into my arms the beloved Master Jesus (who was to be the first impetus of that entire dispensation) was placed—even before his mother received him. I stroked tenderly the soft down on that baby head. I looked into those large liquid eyes that had not yet focused upon the plane of consciousness and shadow into which he had come to function. I touched those soft hands that one day would call the dead to life, and through which would flow the energies by which withered arms would be restored and the blind be made to see. As I looked upon that infant form, there did not seem, at that hour, to be much except faith to carry us forward in the hope of establishing a creed which would become the life breath of millions.

I walked the long way into Egypt with that infant and that beautiful girl bride. I made the first pair of sandals for those baby feet. I listened as my beautiful Mary spoke to her son about the importance and devotion that each man should feel toward the souls of other men. I learned of the tenderness of the Eternal in that simple life. Who would have thought then, as we lived so simply, as I earned our meager bread as a carpenter, that one day the Christian Religion would be accepted by millions, great edifices would be builded, and thousands of voices would join in song and adoration to that small child and his blessed mother—and yet, it has been done!

I see your hearts, I see the strengths and weaknesses,

and I see the tenderness in each of your souls. Yet, I know, for now I see with freedom's sight, that tomorrow's world is being builded today through the consciousness of individuals willing to sit at the feet of the Masters and accept their word, their understanding, their promise, as much of the vision as their blessed minds can accept, and as much of the truth as their feelings can absorb.

Be of good cheer! For centuries I desired to establish a world brotherhood, where every man will love his neighbor and the good of all life will be the paramount feeling within each heartbeat. My beloved heart friends, you are building a foundation today just as surely as we—that innocent humble family in Galilee—builded a foundation in, through and around a few fishermen, which has become the strength of a dispensation that has lasted for two thousand years. What is religion, in its final essence, but a way to find God, and in that finding, each man to become a God incarnate!

CONTEMPLATE, IN THE SILENCE OF YOUR ROOM, THE POWER OF GOD WITHIN YOU, AND ALLOW IT TO TRANSFORM YOUR WORLD. I SHALL HELP YOU, FOR YOU ARE MY REPRESENTATIVES! YOU ARE THE LIFESTREAMS THAT MANKIND CAN SEE! YOUR BODIES, WORLDS, AND CONSCIOUSNESS REPRESENT MY TEACHING, MY WORLD AND MY VERY SELF! I AM DEPENDENT UPON YOU TO MIRROR THAT WHICH YOU HAVE RECEIVED THROUGH THE YEARS FROM ME. ARISE IN THE MASTERY OF YOUR GODHOOD! WEAR THE ROBES OF FREEDOM WHICH I GIVE YOU! USE THE POWER OF THE SACRED FIRE. WHO AMONG YOU IS GOING TO ARISE AND BE? WE SHALL SEE!

THE FUTURE OF THIS PLANET**By The Planetary Silent Watcher Beloved Immaculata**

June 20, 1961

Note by W.S. This is the final dictation that came through Geraldine Innocente.

Beloved Helios and Vesta, it is my privilege and honor to hold the immaculate concept for the planet Earth created by you in love, sustained by you in light, for one purpose—to create a planetary home here upon this Earth for all the evolutions who use it. To each of you we are grateful for your endeavors to hold an immaculate concept even for one life. You know that gives you a specific opportunity to become one day a Silent Watcher, perhaps first just over a garden, over a city, a town, a nation, an oceanic body, a continent, and finally, if you are patient enough and willing to hold that concept as given to you by the Sun God and Goddess of the system, for a planet yet to be born. Thus you assist in the acceleration of the evolutions in, through and around the Earth at the present time and thus prepare for the rapid progression of the Earth and her attendant evolutions and enter into the present orbit of Uranus.

As beloved Krishna and Sophia rise with their planetary chain into the present orbit of Apollo and Diana, Helios and Vesta also rise with their planetary chain into the orbit now occupied by Krishna and Sophia. As you know, Mercury will be absorbed into the heart of Helios and Vesta and the centripetal force will draw the Earth into third place from the heart of Helios and Vesta. In like manner, Apollo and Diana will absorb the planet closest to their hearts.

What is it to hold an immaculate concept for ages of time? It requires a great deal of patience and a great deal of love, both for Helios and Vesta in my case, because I watched them design this Earth in beautiful palaces that surround their central temple in the electronic belt around the physical Sun. I watched them as they created through the power of love and wisdom and infinite gentleness every mountain, every tree; as they with meticulous care far beyond that of any artist in the present era, made such a perfect Globe of the Earth

There was a perfect climate, magnificent plants, trees and glorious changes in foliage for the benefaction of these three-and-a-half-billion people and the angelic and elemental kingdom which were originally intended to use the Earth as a schoolroom for just fourteen-thousand years (a complete cycle is composed of seven two-thousand-year periods).

As I watched them build, my interest grew and my love grew for them, for this beautiful formative globe, and then for the spirit sparks which they were going to send to the Earth after it began its rotation and was ready for habitation by the First root Manu and the holy innocents and their great guardians and protectors! I have never lost that image, nor do I choose to. Those of you who care to see the Earth as she was and as she shall be again, **even though Helios and Vesta themselves question it**, ONE ALONE, MYSELF, SHALL HOLD THAT CONCEPT UNTIL AGAIN SOMEBODY ON THE EARTH SPHERE LOOKS INTO IT LONG ENOUGH TO RESTORE IT, INCH BY INCH, MILE BY MILE, INTO THE PERFECTION AND LOVE AND LIGHT AND LUMINOSITY WHICH WE PRESENTED TO YOU AND THE FIRST GROUP OF INDIVIDUALS

WHO CAME IN WITH THE FIRST ROOT MANU TO USE THE EARTH AS A SCHOOLROOM WHEREIN THOUGHTS, FEELINGS, WORDS, AND ACTIONS MOLDED THE PLIABLE LIGHT SUBSTANCE INTO GREATER AND GREATER BEAUTY OF EXPRESSION.

Continents have come and gone, civilizations have risen and fallen, oceanic bodies have changed, rivers and rivulets have been swung from their orbits, all signs of the times for those who choose to read, but there remains unchanged the immaculate concept for this Earth, a duplicate of which is in the Royal Teton. If you do not make the grade (conscious endeavor) to look at the living image held within my heart, when you are passing through the great Teton, take a look at the divine image of what our Earth was, then cognize what mankind, imprisoned angels and the laggards have done to it and how it has to be restored, AND QUICKLY.

The Great Divine Director cometh! And with him the mighty seventh root race, sweeping through the debris which represents now the Brazilian Forest. Must they hack through that debris, these pure Souls with unsullied hands and with no destructive karma? Must they be among those, the voluntary Buddhas and Kumaras, born without sin as the beloved Ascended Master Jesus was, who must use their hands instead of their great spirits to hew away through the pathway of filth and debris, or shall the calls of those embodied BE ALERT ENOUGH to prepare their way? You have been told they are coming.

SOME ARE ALREADY IN EMBODIMENT – KUMARAS, BUDDHAS AND A FEW OF THE GREAT DIVINE DIRECTOR'S CHIL-

DREN. Some are guarded, some are neglected, some have been lost through maliciousness of human beings who knew not of this Law. But be of good cheer, we guard and guide and protect our own, and though they walk in filth, and though their hands are sullied and their blessed bodies torn, they so fine that they should be enfolded always in an aura of real love.

We shall see them through because they need not have come, you know. They need not have cast aside their garments of Buddhahood and Kumaraship. They of their own love and light willingly before the blessed Mother Mary's Temple bent their knees and turned their garments over to Kwan Yin, had their beautiful golden hair shorn, the bands of forgetfulness placed around their heads and their Master's words, "God be with you 'til we meet again" as the only remembrance of their heavenly freedom as they were lowered through the natural means of the lifestreams available into this world of form.

Do you wonder then why some, ever young in years, remembering only the words of their Ascended Master, "God be with you 'til we meet again" strain to be over there? Some have already abandoned the vehicles and they won't return; new Buddhas, yes, other Kumaras, perhaps, though I very much doubt if Sanat Kumara again shall allow another Kumara to be embodied on this Earth!

I speak to you seriously because there are those among you who know of some of these lifestreams. They may be treated just as I treat you. Physical contact is not required. I cradle you in my cosmic arms throughout every twenty-four

hours, waking, sleeping, day or night, and I press into your emotional, mental, etheric and physical consciousness your own immaculate concept. When you are still enough you feel wise and balanced for a time. Can you do that for one you know who has made the sacrifice! I am sure you can, for love's sweet sake! Thank you, beloved ones.

A DIVISION OF MANKIND

By Werner Schroeder

Until 1959, mankind had the choice of postponing the ascension, indefinitely. This option is no longer available.

The Masters have said that the door to embodiment has been partially closed. The cycle where an individual is re-assigned in the Halls of Karma, given new opportunity to serve and, at the proper moment, passes through the gates of birth, has closed.

There is no longer the action where, in all cases, an individual is free to postpone his ascension until a future embodiment. For many, this is the LAST embodiment. They will start their next embodiment on a new planetary home, created just for that purpose. Only those who make a determined effort, and have a surplus amount of harmoniously-qualified energy at the end of this embodiment, will be allowed to re-enter the Earth.

The Ascended Host explained to the students of the Bridge to Freedom the divine edict, which states that the Earth can no longer delay the progress of the entire galaxy. It was pointed out that we are now engaged in a planetary change, requiring that the four lower bodies, including the physical body of every individual vibrate above a certain level. Now, let us talk about the profound consequences that this divine edict will have upon mankind.

At this critical juncture, all of mankind's ten billion life-streams will be given a last chance to make amends, and to give manifest expression to man's destiny as a co-creator with God. According to the Masters, a plan has been accept-

ed that provides a last opportunity for all of mankind. Under this plan, those that are presently in embodiment will have their last opportunity to turn to God. Those who are not embodied, will be allowed one final embodiment.

According to the account of the Masters, there will be a division of mankind, and only those who make a conscious effort to improve their habits, their thoughts, feelings and actions will be allowed to return to Earth for a new embodiment. Before we deal with the question of what happens to those, who, by reason of their conduct, forfeit the right to use the Earth as their planetary home, let us pause briefly and reflect upon the criteria that will be used to make this decision.

It should be clear, from the outset, that man will not be judged upon the basis of religious affiliation, race or color. Also, knowing the Law, without applying it, is insufficient. Pure motives, a positive attitude, and willingness to put into practice what one knows, are of utmost importance. Our conduct in meeting the problems of everyday life, in constructively qualifying energy, and in contributing to the good of all, opens the door.

With knowledge comes responsibility. The knowledge of certain aspects of Ascended Master Teaching will be an advantage or disadvantage to the student, depending upon HOW HE MAKES USE OF THAT KNOWLEDGE. If it is not used to cleanse oneself of bad habits, to control one's thoughts and feelings, to expand the teachings of the Ascended Masters to the best of one's ability, then this will weigh gravely against the student in his/her future competition for re-embodiment.

Now let us talk about those, who by their own choice, refuse to make the necessary adjustments.

Throughout the years 1959 to 1961, the Masters announced the creation of two new planets, one of which was named Excelsior. (Some dictations use the words “foci, or orb.” Therefore, this place of abode may not fit the ordinary definition and the characteristics of a planet.) The purpose of one of the planets was to serve as a future home, for those in this embodiment, who continue to refuse to make the necessary effort to improve themselves and turn to God. The other planet was to be used by elementals.

We have, at the present time, many members of the Fourth Root Race, the Fifth Root Race, some of the Sixth Root Race and, perhaps a few of the Seventh Root Race, in embodiment. We also have, in embodiment, some members of the angelic host and some guardian spirits, who came forth, from other planets, to help the Earth.

Most of the members of the Sixth Root Race are not yet in embodiment. They can be easily distinguished by the perfection of their form. They have a perfectly-oval face and the majority have golden hair and blue eyes. If they have chosen to serve Lord Himalaya, the Manu of the Fourth Root Race, through oriental embodiment, they will take on oriental features.

Members of the Sixth and Seventh Root Races were not permitted embodiment until this time, because of overpopulation by the fourth and fifth root races, who had to return, again and again, to Earth in a new body, to give them opportunity to dissolve their remaining karma.

Here are the messages as they were given, at that time, by the Masters, as published in the monthly publication of Journal of the “Bridge to Freedom”:

“Why should Earth, so long a schoolroom, not only for her own evolutions, but for the laggards from the other stars, as well, be cluttered up by the same lifestreams given opportunity, through aeons of time, to learn the same exact lesson, when there has already been created for them a beautiful new planetary schoolroom, where they can take their own sweet time in learning this lesson. This new schoolroom (star) is as shining and beautiful as Earth, herself, was, when it was designed by Helios and Vesta, to serve approximately 3 1/2 billion people. (El Morya, October 1960, Journal Book 5)

“Those who do not choose to accelerate the vibratory action of their energy shall find hospitality on another star, but the planet and the few who are willing, shall go forward to freedom! In this, you can help me if you will, through your own endeavor to connect with your God, to externalize his perfection and to grasp as much of my vision as your mental body will allow you to accept.” Saint Germain, Appendix, Journal Book 5.

“The laggards, the willfully-disobedient and defiant, will take further instruction elsewhere in the universe, as the fiat of God’s will for this Earth and her people is already so issued and so ordered. SO BE IT!” (El Morya, October 1959, Journal Book 5)

“These visitors from other planets [the laggards], as well as the mankind of Earth and those imprisoned angels who **DO NOT DESIRE TO PROFIT BY OUR INSTRUCTION SHALL, AT THE CLOSE OF THIS EMBODIMENT, BE ALLOWED TO EXPRESS THEIR FREE-WILL ONLY UPON THE POLAROID ALREADY CREATED FOR THEM,** in love, wherein they can

progress more slowly but not have access to the consciousness of the evolving mankind, elemental kingdom and imprisoned angels, desirous of expressing their true divine nature!” This was a cosmic fiat issued by beloved Lady Master Portia, as spokeswoman for the Karmic Board, at the summer conclave of the Ascended Host, held at the Rocky Mountain Retreat (June 15th through July 14th, 1959. (Archangel Michael, July 19, 1959, Bulletin Bk.2)

“There are a lot of lovely beings on Excelsior; there is also that other planet, created for those of you who wish to sleep on or [are content to] move with the vibratory action of the present Earth people. BUT, BY GOD, those who remain on this Earth are going to vibrate like those beings who represent the Seventh Root Race, and this Earth shall return to the beauty and perfection it had in the beginning. The laggards can go. Incidentally, some of the original laggards, taken to Earth a long time ago, are now more spiritually advanced than some of the Earth's original guardian spirits.” (El Morya, May 1961, Journal Book 5)

“The Seventh Root Race is due to come forth, for the most part, in South America; some will arrive in North America. We have chosen South America because, across Brazil and throughout that country, which is now jungle, the Earth has had a time to rest.” (Great Divine Director, Appendix, Journal Book 5)

Chapter 2

Beneficial Radiations

Compiled from the original teachings of the
"Bridge to Freedom"
by Werner Schroeder

Introduction

In order to assist mankind in gaining mastery of the energies on the physical plane, and by virtue of this mastery, finally gaining the ascension, a merciful God has provided help in the form of instructions and beneficial radiations.

The instructions are given by enlightened individuals, called Avatars, (such as Jesus) and by accredited messengers, such as Guy Ballard and Geraldine Innocente. So far there have been forty-nine Avatars who explained details on the laws of life to mankind.

Since the formation of the galaxy our Earth is part of, mankind has been the beneficent recipient of spiritual radiations which nourish all of each individual's bodies.

Beneficial radiations provide the necessary spiritual nourishment for man to progress beyond the consciousness of the masses. Jesus was referring to this type of nourishment when he said he had food to eat, men knew not of. The beloved Sun God, Helios, said that knowing about and accepting a specific radiation is a power that can raise one man in one embodiment, whereas it may take another a thousand embodiments to accomplish the ascension through self-effort, alone.

The student should be aware of and accept several distinct outpourings, all occurring at the same time, overlapping each other. How can we partake of this spiritual nourishment? We partake of it by giving loving attention to it, and by inviting and accepting the outpouring of the Ascended Host during a specific time period. Through the magnetic power of thought, we avail ourselves of specific, beneficial streams of concentrated energy. IN THIS WAY WE BECOME MAGNETIZING AND RADIATING CENTERS, BLESSING ALL MANKIND.

Let us now consider different types of radiations that originate from Ascended Beings.

These are:

1. The Radiation of each 2000-year-cycle
2. The Radiation of the Seven Rays in a Weekly Cycle
3. The Radiation of individual Ascended Beings
4. The Radiation of the Archangels, Elohim and Chohans to Mankind's Chakras
5. The Radiation of the Elohim (The Crown of the Seven Elohim)
6. The Radiation from Ascended Master Retreats
7. The Radiation of the Twelve Temples Around Our Sun (The Zodiac)

1. THE BENEFICIAL RADIATION OF EACH 2000-YEAR-CYCLE

It was the divine plan for the Earth that all individuals seeking embodiment were to be divided into seven separate root races. The members of each root race were to have the beneficial radiation of one of the seven rays, for a period of 2,000 years each. One of the Seven Rays was predominant during this time period. Within the allotted time of 14,000 years, all members of a root race were to apply and to express, in their daily activities, the God-virtues of each of the Seven Rays, enabling all members to make their ascension. This goal was partially accomplished. All members of the first three root races gained their ascension in the allotted 14,000 years.

Unfortunately, we know the overall goal was not achieved, because of the event called “the Fall of Man.”

The predominant ray for the present 2,000 year cycle, is the Seventh Ray, governed by the Ascended Master Saint Germain. He assumed this office in 1954, succeeding Jesus, when the 2,000 year cycle Jesus was in charge of, ended.

(Additional information on this subject may be found in the book “Man, His Origin, History and Destiny.”)

2. THE BENEFICIAL RADIATION OF THE WEEKLY CYCLE

At the present time, mankind is nourished by the beneficial radiation of all of the Seven Rays. Each of the rays is governed by an Archangel, Elohim and Chohan, who direct the specific God-virtues of each of the Seven Rays, to mankind. This is done on a weekly cycle. Therefore, on each day of the week, mankind is bathed in the beneficial God-virtues of one of the Seven Rays. This action is described, in detail, in the booklet “Daily Meditations,” and in the publication, “21 Essential Lessons.”

3. RADIATION OF ASCENDED BEINGS

Every Ascended Being has his own individual radiation. Students may tune into this radiation by contemplating the picture and keynote of that Master. This is the most effective way to tune to an Ascended Being. For example, the Ascended Lady Master Nada pours fourth the radiation of pure, divine love. A student can also receive the radiation of an Ascended Being, by reading one of his discourses, and by calling on this Master by means of a decree. The radiation of individual Ascended Beings is described in the book “Ascended Masters and their Retreats.”

4. THE RADIATION OF ARCHANGELS, ELOHIM AND CHOANS TO MANKIND'S CHAKRAS

The Purpose Of Our Chakras

When man was first created, his purpose was to manifest God-perfection on a planet and after constructively using the energy and qualities of the Seven Rays, to gain the ascension. In order to accomplish this purpose, he was given seven bodies: the Electronic Body of the I AM Presence, the Causal Body, the Christ-Self, the Emotional Body, the Mental Body, the Etheric Body and the Physical Body.

The etheric body had seven centers, called "chakras," which served as connecting points, providing for the flow of vital currents of energy between these bodies. These chakras had an additional purpose. They were to serve as magnetizing and radiating centers, magnetizing the God-virtues of the Seven Rays and radiating them forth, for the blessing of everyone. Their function may be compared to that of an antenna of a radio station, receiving and sending messages. At that time, each chakra was like a wheel spinning rapidly in a clockwise rotation, making the four lower bodies non-recording to discord. Initially, they were shaped like circular, convex lenses (a surface that curves outward rather than inward. it is shaped like the exterior of a sphere).

This state of perfection was maintained during the early Golden Ages, when man walked, daily, with the Ascended Beings, who served as instructors and guides. There was no veil between ascended and unascended beings, at that time.

This situation changed drastically, after the event called "The Fall of Man." Thereafter, mankind lived in a state of

disharmony and imperfection. As a result, these chakras assumed a different shape. They became concave in shape (curved inward like the inner surface of a bowl) and, like a funnel, they magnetized and stored the imperfection of the outside world; they became storage centers for misqualified energy.

In the 1930's, the Ascended Master Saint Germain explained, to the students, the functions of the chakras above the heart. During the Bridge to Freedom Dispensation, until January 1, 1955, the Ascended Host used the same method of instruction. All this changed on January 2, 1955, when, in the morning of that day, students of the Philadelphia Group of the "Bridge to Freedom" asked the Karmic Board for information as to how they could remove the causes and cores of certain misqualified energy, that is called, "The Seven Mortal Sins."

The Karmic Board was in session at that time and there was an immediate response. Based on a recommendation by beloved Lady Master Kwan Yin, the Karmic Board gave its approval and asked the Elohim of Peace (also called "Tranquility"), to address the members of the Philadelphia group, to give an extended explanation of ALL of the chakras, together with their positive and (now) negative aspects. In addition, the Elohim of Peace and other Ascended Beings, particularly beloved Kwan Yin, offered the students their assistance in rooting out the causes and cores of the misqualified energies of their chakras, together with their destructive vibrations, which were embedded in the chakras. They also offered to re-shape these centers from a depressed form, into their original convex form, making them spin rapidly, in a clockwise direction.

After this condition has been so corrected, these beloved Ascended Beings could then re-charge these centers with the positive radiations which they should have. All this will make the individual less vulnerable to the destructive vibrations, thoughtforms and feelings, which are sometimes unconsciously, or even consciously, hurled against him. Then, instead of being so easily accessible to the particular distresses which disturb an individual, he can be a positive radiating center amplifying the qualities of the Elohim, the Archangels and the Chohans of the Rays.

According to Alice Schutz (a member of the Philadelphia group) following the address of the Elohim of Peace on January 2, 1955, the Ascended Host, especially Kwan Yin and Victory, worked with the members of the group to remove the misqualified energy stored in the chakras. This was done during the Easter class of 1955.

Students can readily appreciate the importance of this offer, made by these unselfish Ascended Beings, who serve to establish God's kingdom on Earth. Our gratitude to them is boundless.

The dictation by the Elohim of Peace, entitled "Explanation of the Chakric Centers," (see "The Seven Mighty Elohim Speak"), is recommended for additional detail on this subject.

OUR CHAKRAS

A Summary

Chakra and Ray Magnetized and Radiated: Throat, First Ray

Ascended Beings: Elohim Hercules, Archangel Michael, El Morya.

God-virtues of the Ray: Doing the will of God, melting away all rebellion.

Negative qualities stored in chakra: desire for power, envy, jealousy.

Connection to: Causal Body.

Chakra and Ray Magnetized and Radiated: Crown, Second Ray

Ascended Beings: Elohim Cassiopea, Archangel Michael, Lanto.

God-virtues of the Ray: Explanation of the Cosmic Law leading to greater spiritual development, discrimination, reverence for all life.

Negative qualities stored in the chakra: None.

Connection to: Christ-Self.

Chakra and Ray Magnetized and Radiated: Heart, Third Ray

Ascended Beings: Elohim Orion, Archangel Chamuel, Paul the Venetian.

God-virtues of the Ray: Developing pure divine love, tolerance, harmony, respect.

Negative qualities stored in the chakra: Lethargy, laziness, indifference.

Connection to: I AM Presence.

Chakra and Ray Magnetized and Radiated: Spine, Fourth Ray

Ascended Beings: Elohim Claire, Archangel Gabriel, Serapis Bey.

God-virtues of the Ray: Purity—Shearing the personal self of all egotism, apparent and subtle, holding the immaculate concept of man (seeing man as God created him, in His image and likeness).

Negative qualities stored in the chakra: Passion, lust.

Connection to: Physical Body.

Chakra and Ray Magnetized and Radiated: Forehead, Fifth Ray

Ascended Beings: Elohim Vista, Archangel Raphael, Hilarion.

God-virtues of the Ray: Developing concentration, consecration, methods of healing, searching for the highest truth.

Negative qualities stored in the chakra: Pride, arrogance, doubt.

Connection to: Mental Body.

Chakra and Ray Magnetized and Radiated: Solar plexus, Sixth Ray

Ascended Beings: Elohim Tranquility, Archangel Uriel, Nada.

God-virtues of the Ray: Radiating an aura of peace, confidence and harmony at all times. Service without thought of remuneration and personal recognition.

Negative qualities stored in the chakra: Fear, gluttony, greed, feeling of insecurity.

Connection to: Emotional Body.

Chakra and Ray Magnetized and Radiated: Spleen, Seventh Ray

Ascended Beings: Elohim Arcturus, Archangel Zadkiel, Saint Germain.

God-virtues of the Ray: Purification through use of the Violet Fire to become a purer vessel to do God's will; ceremonial worship.

Negative qualities stored in the chakra: Hatred, malice, anger, mild dislike.

Connection to: Etheric Body

SUGGESTED DECREE

Mighty victorious I AM Presence, members of the Karmic Board, the Elohim of the Seven Rays, their Divine Complements, the Archangels of the Seven Rays, their Archaii and the Chohans of the Seven Rays:

Blaze, blaze, blaze the Violet Fire in, through and around every part of my physical-, mental-, emotional- and etheric bodies, including my chakras (3x).

Remove and root out all of the causes, cores, records, effects and memories of all misqualified energies stored within my chakras, right now, and forevermore (3x)

Restore the condition and shape of my chakras to their original perfection, as God intended them to be. Let them become, again, the positive magnetizing and radiating centers of the Elohim, Archangels and Chohans of the Seven Rays. (3x)

Beloved I AM (3x)

I now command (3x)

Do it today (3x)

Do it to stay (3x)

(Become still and visualize how the destructive causes and cores embedded in your chakra are rooted out, one by one, similar to the action of removing a rubber suction cup.)

A PRACTICAL APPLICATION OF THE CHAKRAS

(Written for advanced students. Based on a dictation by the Ascended Master Paul, the Venetian, published in the "Journal of the Bridge to Freedom," in June 1959)

The knowledge of the chakras may be put to practical use when applying the Law of Precipitation. This is done by creating a Threefold Flame and projecting it into the thoughtform of your desired precipitation (your precipitation should be of any constructive nature that blesses you or all mankind). The thoughtform, once established, should be visualized unwaveringly; it should not be changed. The thoughtform establishes your etheric pattern. Now, project rays from three of your chakras, into your etheric pattern. This process may also be described as placing the permanent atom into your desired thoughtform. It is the purpose of the permanent atom to magnetize electronic light substance, creating the physical manifestation. In man, the permanent atom is located in the heart of the individual. The chakras used are the centers in the forehead, throat and heart.

Here is a step by step description of the process of projecting the permanent atom into the thoughtform of your desired manifestation:

1. Know exactly what you want. Establish your precise thoughtform, outlined in every detail. Start with a small project, not a complicated one. Take your time with this. Make refinements until you are absolutely sure of what you want. Repeat this process of visualization on the next day. Once you have completed your thoughtform, do not change it.

2. Project a threefold flame into the thoughtform. This flame is called the permanent atom. It is the purpose of this flame to magnetize electronic light substance, resulting in physical manifestation. Here are the steps creating a new Threefold Flame (as co-creators with God, students have the privilege and opportunity to create such a flame).

Simultaneously:

Project a golden ray from the chakra in your forehead, into your thoughtform.

Project a blue ray from the chakra in your throat, into your thoughtform.

Project a pink ray from your heart chakra, into your thoughtform.

3. Repeat these steps, until your manifestation is complete.

5. THE RADIATION OF THE SEVEN ELOHIM

The Crown of the Elohim

By the Beloved Maha Chohan

Upon the forehead of every individualized God-intelligence, there is a beautiful crown of light. This crown of light is composed of seven flames, the colors of which represent the seven rays of the Elohim. It provides the Elohim, Archangels and Chohans an open door through which they can give assistance to mankind.

The First Ray is represented at the left side of the forehead, by the blue flame of Hercules. Thereafter follows the sunshine-yellow flame of Cassiopea, then the pink flame of Orion. The center flame, on the front of the crown, is the crystal flame of Cosmic Christ Purity, within which is held a focus of the All-Seeing Eye of God. Around this flame there ascends a radiance of the ray to which the individualized lifestream belongs. Next there follows the green flame of Vista, the golden flame of the Elohim of Peace, ending on the right side of the forehead with the violet flame of Arcturus.

As each Elohim, Archangel and Chohan pours forth the radiation of his ray, on the successive days of each week, beginning with the blue ray of Hercules on Sunday, each of these rays, on the foreheads of mankind, is successively nourished and expanded.

This "Crown of the Elohim," of which we speak, is not visible to the average physical sight of unascended mankind, but it may be clearly seen by any and all who have their true "inner sight" well developed and, of course, it can

be and is always seen by the Ascended Masters and the angelic host who minister to mankind.

This “crown” is a natural God-gift of Light to every God-intelligence incarnated and is the anchorage of the seven rays of the Elohim in every brow. When well developed, this “crown” is a certain protection to the brain structure and mental body, as well as a focus for the “inner sight” of the individual, through the raising, into God-activity, again, of the pineal gland, in the center of the brain. THE ANCHORAGE OF THESE SEVEN RAYS, IN THE FOREHEAD OF EACH INDIVIDUAL, GIVES THE ELOHIM, ARCHANGELS AND CHOANS AN “OPEN DOOR” THROUGH WHICH THEY MAY GIVE ASSISTANCE TO MANKIND.

When the sincere student of truth becomes conscious of this “crown” (having accepted its presence upon his forehead by receiving the masters’ instruction to that effect), he also accepts, each day, the radiation of the virtues of the Great Beings concerned therewith. CONSCIOUSLY “TUNING IN” TO THAT VIRTUE THROUGH HIS ATTENTION UPON THEM, MUCH MORE CONCENTRATED BLESSINGS ARE RHYTHMICALLY RECEIVED BY SUCH A CHELA.

These seven rays on the forehead act like spiritual “antennae,” magnetizing the gifts of the seven rays into the individual worlds of those who will consciously accept them. Then, according to divine law, this lifestream sends forth the blessing received, amplified by his own conscious direction.

Anyone who wishes to daily use the following chant to the seven mighty Elohim, will find a sense of tremendous balance coming into his life and experience, right here in this

physical appearance world. To get the best results from its use, one should practice it a least once every day at about the same time.

The musical notes for the chanting of the name “E-lo-him” are the following: F below Middle C, followed by the next full tone G, then B flat. The word “I AM” should be spoken in one’s ordinary tone of voice—then follow immediately by singing (with a musical instrument if possible) the tone of F (below middle C), then G and then B flat. This activity should be repeated seven times, focusing the attention, each time, upon the rays and names of the Elohim in order, beginning with the blue ray of Hercules on the left. The chant goes:

“I AM!” E-lo-him! E-lo-him! E-lo-him! E-lo-him! E-lo-him!
E-lo-him! E-lo-him! Seven times seven—”I AM” E-lo-him!!

The words “Seven times seven—”I AM” should also be spoken in one’s own voice tone – and the final E-lo-him taken on the three musical tones – this last time very slowly!

6. THE RADIATION FROM ASCENDED MASTER RETREATS

Every Ascended Master Retreat has its own distinct spiritual outpouring, radiating a particular God-quality to mankind. This virtue is often contained in a flame. Some of the retreats are open during a particular 30-day period, offering students the opportunity to attend in projected consciousness. During that time period, ascended and unascended beings cooperate, and perform the Transmission Flame Service (TFS). The purpose and function of the Ascended Master Retreats, as well as that of the TFS, is described in the book "Ascended Masters and their Retreats."

7. THE RADIATIONS OF THE TWELVE TEMPLES AROUND OUR SUN (THE ZODIAC)

The Temples Around Our Sun

When our solar system was designed by our God-parents, Helios and Vesta, and then created by the Seven Elohim, our God-parents established twelve temples around our sun. These temples were located in what has been called "The Etheric Belt," which encircles our sun. Each temple contains different God-virtues. As the Earth orbits the sun, mankind is bathed, in 30-day intervals, in the beneficial radiation of one of the temples. One who is born in the period during which a certain cosmic temple is active, is particularly stimulated by its God-virtues.

In modern astrology, these temples and the God-

qualities they represent are called “Signs (or Houses) of the Zodiac.” The original Zodiac has been distorted, and the consciousness of mankind has created those symbols which are not true expression of the twelve-fold nature of our God-parents. The signs of the Zodiac, as used today, no longer express the perfection of the God-virtues. There is no such thing as malicious influence from any of these twelve temples.

On July 11, 1954 the Goddess of Liberty gave a dictation on the original purpose of the Zodiac. This address was followed by a more detailed description of this subject, by the Sun God Helios, on March 6, 1955. These dictations, as well as a summary of all of the God-virtues that are radiated from each temple (also called “Zodiac”) are included here.

In order to understand the origin of the Zodiac, it is helpful to understand the origin of the parent galaxy from which our Earth evolved.

The Ascended Masters have not only explained the formation of our galaxy, but also have given us details of the origin of our galaxy. In this way, we are able to trace the earlier path of the evolution of our God-parents Helios and Vesta, our present Sun, as well as that of Alpha and Omega, our present Central Sun. This research also explains the origin of the numbers seven and twelve, which have such a determining influence on our galaxy, on our solar system – yes, on our very lives.

According to a dictation by the Goddess Vesta, our present galaxy evolved from a former galaxy, headed by two Divine Beings, most closely spelled in English as Elohae and

Eloha. Elohae represented the masculine aspect, and Eloha, the feminine. This former galaxy consisted of twelve Suns, and each Sun, in turn, was responsible for twelve planets. Our present Central Sun (governed by Alpha and Omega), was part of that galaxy. It was the fourth sun, measured vertically in distance from the Central Sun of our parent galaxy. Our present Sun (governed by Helios and Vesta) was also part of our parent galaxy. It was the fourth planet relative in distance from the Sun, governed by Alpha and Omega.

All of the individualizations of the former galaxy had a causal body, consisting of twelve concentric bands. All of the God-virtues were contained and expressed in twelve rays. From this it follows that the cosmic number of our parent galaxy is twelve.

The former galaxy completed its divine plan. All of mankind ascended and all planets were absorbed into the aura (electronic belt) of Elohae and Eloha.

Each of the intelligences responsible for a Sun, or a planet, then decided how they wanted to progress. Seven of the twelve suns of our parent galaxy decided to become Central Suns. Alpha and Omega were among these. They became responsible for a galaxy consisting of seven suns.

Helios and Vesta also made the choice of progressing, and thus took initiation as a sun which was to be responsible for a solar system consisting of one sun and seven planets, including our Earth.

There are seven major rays which nourish all life in the

galaxy our Earth is part of, and all of the God-virtues are expressed in these seven rays. Every individual who volunteered for embodiment in this galaxy has a causal body consisting of seven bands and every individual has seven bodies. Therefore, the cosmic number for the galaxy our Earth is part of, is “Seven.”

After our solar system was created, some Ascended Beings made the choice of magnetizing and radiating the God-virtues of Helios and Vesta to our Earth. For this purpose, Twelve Temples of Light were established. Together, they contained all of the God-virtues of Helios and Vesta. These temples were located in a horizontal circle around our Sun. It would be the task of these temples to radiate their God-virtues to our planet, in cycles of about 30 days, in successive order. This process is now known as the Zodiac.

The radiation of the twelve temples around our sun should not be confused with the beneficent radiation of the Seven Rays. The following summary may be helpful

1. The twelve temples around our sun (the Zodiac) are sending the various God-virtues in the form of TWELVE rays to Earth. The causal body of our God-parents Helios and Vesta consist of TWELVE concentric bands. Therefore, the cosmic number of our parent galaxy, to which Helios and Vesta belong is “Twelve.”

2. There are SEVEN Rays which nourish all life in the galaxy to which the Earth belongs. Every individual, who volunteered to have embodiment on this planet has SEVEN bodies, including a causal body which contains SEVEN bands. Therefore the cosmic number of the galaxy to which our Earth belongs, is “Seven.”

THE 12 TEMPLES AROUND OUR SUN
Dictations by various Ascended Masters

GRADED RADIATION

By Ascended Lady Master Mother Mary

December 1953

Around our Sun, the beloved Helios and Vesta, stand twelve Great Beings who radiate all of the God-virtues to mankind. In the outer world they have been represented as the Signs of the Zodiac, but in their original, perfect representations, they are temples, directed by Ascended Beings of tremendous power. It is their great privilege and honor to soften the radiation and the glorious splendor of the Sun God and Goddess, so that the angels, the cherubim and the seraphim can receive that radiation, without being overwhelmed by its presence.

Then the Archangels, cherubic and seraphic beings, in turn, soften the radiation of that splendor, and carry it from sphere to sphere, onward on its outward course, to the periphery of the sphere of their activity. We, the Hierarchy that stand around the Lord of the World, and represent the guardians of mankind, again take, into our own bodies, that blazing light, and temper it according to our own nature and then offer it to the chelas, who have become the most highly-developed consciousnesses incarnate. These chelas, throughout the world, in turn, embody our nature, embody our light, share our consciousness, our plans and designs, and carry them to those lower on the ladder of evolution.

LOCATION OF THE ELECTRONIC BELT**By the Maha Chohan**

May 25, 1958

Twelve Mighty Beings have a focus in the great Electronic Belt around our sun. They represent the twelve signs of the Zodiac. They represent the Twelve Cosmic Virtues, radiating the nature of Helios and Vesta. That nature is channeled out, we would say, IN HORIZONTAL FASHION, covering the entire seven planets belonging to Helios and Vesta.

THE GOD-VIRTUE OF LIBERTY**By the Goddess of Liberty**

July 11, 1954

At the time when mankind was ready for embodiment, I was given the opportunity of consecrating each lifestream chosen and dedicated by the Manu. Before entering physical birth, I addressed every individual as follows: "You are at liberty, beloved, to take pure and primal life into the Earth plane. You are at liberty, beloved, to utilize life as you will, in the physical appearance world. You are at liberty, beloved, to call upon any and all of us as you may choose, to assist you when the momentums and energies of your own worlds seem not sufficient to handle conditions necessary to fulfill your divine plan."

Without exception, every man has remembered that he has the liberty to use life. Many have forgotten that they have equal liberty to call upon the Sun of the system, or any God Being. I come this morning to bring to your remem-

brance that the liberty to call upon us, is yours.

As the Earth plane grew dense, after the Fall of Man, and the Karmic Board was established, I, as spokesman, had the opportunity to give the final word for each lifestream chosen to incarnate in the twelve months to come and to say: "You are at liberty now, to take embodiment." This is one reason why I have held that office for so long. Then, through the mercy of the Cosmic Law, the beloved Kwan Yin prepared for the coming of opportunity. Now the Goddess of Opportunity (Portia) sits upon the throne, as the head of the Karmic Council.

At the time when the Sun of our system chose to create our solar system, twelve Ascended Beings volunteered to embody the twelve-fold nature of our Sun (Helios and Vesta) and to become magnetizing and radiating centers of these mighty virtues, in the Electronic Belt around the Sun. I was one of those. OUR RELATIONSHIP TO THE SUN IS TO SPECIALIZE IN MAGNETIZING, CONCENTRATING AND RADIATING ONE OF THE PARTICULAR GOD-VIRTUES. All twelve virtues are embodied within the consciousness and nature of Helios and Vesta. The virtue which I have chosen to magnetize, to concentrate and to direct, is the virtue of liberty.

The original Zodiac referred to these twelve cosmic temples, or houses, from which each one of us, who represent the twelve virtues of the Godhead, direct our blessings earthward. Our radiation pours forth rays of light into the solar system. As the planets circle the Sun, for a period of thirty or thirty-one days, the concentrated radiation and power of one of the twelve temples is intensified and it radi-

ates its God-virtues to the bodies of mankind.

The knowledge of the true zodiac has been distorted. The consciousness of mankind has created those symbols which are not true expressions of our foci. My virtue, the virtue of liberty, was fortunate enough to remain in the outer memory of mankind. During the month when the consciousness of mankind is focused upon the House of Libra, the consciousness, radiation and power of LIBERTY flows through the Earth, and nourishes the Liberty Flame.

When the Cosmic Law allows the instructions of the Cosmic Zodiac to come forth, it would be wise to give attention to the outpouring of each specific virtue, during each 30-day period. In this way, the student can magnetize each virtue for his/her benefit.

I touch upon this only briefly, because the beloved Maha Chohan and the powers of Light feel it is not yet time to release, to the outer mind, the knowledge of another series of beneficent radiations, until mankind's capacity has been increased to accept several distinct outpourings at once. For the moment, it is sufficient for you to concentrate upon the outpouring of the retreat that is active.

THE TRUE ZODIAC
by Beloved God Helios

March 6, 1955

After Vesta and I had designed the pattern of the planets of this solar system, we had to design and manifest a method of radiation, whereby certain qualities and virtues, which would be required by the inhabitants of the planets of the system, would be provided, in a rhythmic outpouring. Those twelve great virtues and cosmic qualities were ensouled by Cosmic Beings, who took the responsibility of condensing, magnetizing and focusing one of the twelve God-qualities. From this mystic designing of the Electronic Belt has come forth the distorted idea of astrology, which exists in the world, today.

Around the forcefield of the Sun are twelve temples, which are the foci of these twelve God-virtues. Each temple is governed by an Ascended Being, who directs the mighty rays of the twelve qualities towards the planets of this solar system. As the planets circle in orderly sequence around the sun, they are bathed, for approximately 30 days, in the radiation of the God-virtues of a particular temple. The radiation of that temple greatly blesses and nourishes all the bodies of mankind. IT PARTICULARLY STIMULATES THOSE WHO HAVE COME TO BIRTH IN ANY EMBODIMENT UNDER THE AUSPICES OF THAT TEMPLE.

THERE IS NO SUCH THING AS MALICIOUS INFLUENCE FROM THESE TWELVE COSMIC FOCI. THERE ARE ONLY POSITIVE OUTPOURINGS OF POWERFUL LIFE AND NOURISHMENT.

The temple of the Ascended Lady Master Aries (House of

Aries) radiates the God-virtue of wisdom. It is here where the substance, energy and purifying power are prepared for the air you breathe. Here are the sylphs and devas of the air. Here are also located smaller exquisite temples, built like the castles in fairy tales of old.

The temple of the mighty Elohim Hercules (House of Taurus), radiates the God-qualities of faith, strength, courage and power.

The temple of the Ascended Master Lord Maitreya (House of Gemini), radiates the God-quality of love. It represents the action of the Christ-Self, working through the physical nature of man.

The temple of Elohim Vista (also called Cyclopea, House of Cancer), radiates his power of concentration and consecration.

The temple of the Ascended Being Apollo (House of Leo), radiates qualities found in the Ascended Master Saint Germain, such as royalty, courtesy, dignity and princely charm.

The temple of the Ascended Lady Master Virgo (House of Virgo), radiates the balance of Virgo, her confidence, assurance and steadfastness.

The temple of the Goddess of Liberty (House of Libra), radiates the God-qualities of liberty and freedom, to the Earth.

The temple of the Cosmic Being Mighty Victory (House of Scorpio), radiates his momentum of victory of hundreds of thousands of centuries of victorious accomplishments.

The radiation of the temple of Zarathustra (House of Sagittarius) serves to enhance the spirit of enthusiasm. The radiation and powers of the Zarathustras (there are several priests having the name Zarathustra), has been shown throughout the history of Earth, down through the Atlantean and Lemurian Ages, back, to the beginning of time. In this temple dwell the salamanders, and those who work, particularly, with the fire elementals.

The temple of the Ascended Being Minerva, twin ray of Elohim Cassiopea (House of Capricorn) serves to enhance the God-qualities of discrimination, discretion, perception and intuition. This release is so great, that it can be absorbed by the receptive consciousness. It may be compared to the process of spring flowers absorbing the radiation of the months of April and May.

The radiation of the temple of the Ascended Being Aquaria (House of Aquarius), projected towards Earth, serves the progress, stimulation and intensification of the spiritual interest within the consciousness of mankind.

The temple of Ascended Master Neptune (House of Pisces) radiates the purifying power of the water element. Here are trained the undines.

As mankind passes through the radiation of these temples, on a monthly basis, it is bathing in the virtues which are radiated from our own bodies. Those virtues are provided by our conscious invocation to the Central Sun, and by our endeavor to duplicate, in ourselves, the nature of that Central Sun. YOU CAN AVAIL YOURSELF, THROUGH THE MAGNETIC POWER OF YOUR OWN THOUGHT, OF THE BLESSING

OF THAT SPECIFIC STREAM OF CONCENTRATED ENERGY WHICH PLAYS UPON YOUR EARTH AND THROUGH YOUR VEHICLES. THAT SPECIFIC RADIATION IS A POWER THAT CAN RAISE ONE MAN, IN ONE EMBODIMENT, WHEREAS IT WOULD TAKE ANOTHER THOUSAND EMBODIMENTS TO ACCOMPLISH IT BY SELF-EFFORT. I have seen it done.

Those who progress beyond the masses, must have available, certain spiritual nourishment. Jesus said that he had food to eat that man knew not of. Any individual, like yourself, who is willing to give more than ordinary assistance to the masses, is likewise given opportunity to take of nourishment of which mankind knows nothing. You may accept or reject this instruction, as you wish, because that is the Law of Life.

**THE ORIGINAL ZODIAC, A SUMMARY
TIME. Astrological Sign. Ascended Master. God-Quality
Radiated**

3/21 to 4/19. Aries. Aries. – Wisdom. Purifying power. Substance and energy are prepared for the air we breathe. Here dwell the sylphs and devas of the air.

4/20 to 5/20. Taurus. Elohim Hercules.– Faith, power, strength, courage.

5/21 to 6/20. Gemini. Lord Maitreya. – Divine love, Christ-consciousness working through man.

6/21 to 7/22. Cancer. Elohim Vista. – Concentration, consecration.

7/23 to 8/22. Leo. Apollo. – Courtesy, dignity, princely charm. Drawing mankind upward, nearer to the consciousness of the Ascended Host.

8/23 to 9/22. Virgo. Virgo. – Confidence, assurance, steadfastness.

9/23 to 10/22. Libra. Goddess of Liberty.– Liberty, freedom.

10/23 to 11/21. Scorpio. Mighty Victory. –Victorious accomplishment.

11/22 to 12/21. Sagittarius. Zarathustra. – Spirit of enthusiasm. Fire elementals, incl. salamanders are trained here.

12/22 to 1/19. Capricorn, Minerva. – Enhancing the God-qualities of discrimination, discretion, perception.

1/20 to 2/18. Aquarius. Aquaria. – Stimulation and intensification of spiritual interest in the consciousness of man. Motivating power to progress.

2/19 to 3/20. Pisces. Neptune. – Purifying powers of the water element are intensified here. Undines are trained at this temple.

The Student's Task

Reading, studying and applying the teachings of beneficial radiations seems like an overwhelming task; there is so much to remember. However, we should not consider the acquiring and mastering of this knowledge as a burden, but as an opportunity to fulfill our vow to widen the borders of God's kingdom.

Many years ago, those who are now the torchbearers of the teaching of the Bridge to Freedom volunteered to help the Great White Brotherhood. The Ascended Masters explained that the same chelas who formed the Priesthood of Lemuria, Atlantis and the Sahara Kingdom, were more or less the same members of the priesthood that later embodied and brought about the Golden Ages of Babylon, Greece and Egypt. Many of them were later active in the "I AM Activity" and "The Bridge to Freedom." For example, several of founders of the "I AM Activity" later established the activity of the "Bridge to Freedom," and ten of those students were later identified as Twin Flames of Ascended Masters. Probably, some of the students who are active in today's AMTF organization fall into the same category.

The examples of the explanations of the chakras and the "Twelve Temples around our Sun" show that it is often the students, themselves, who determine the extent and details of future dictations. For example, on January 1, 1955, the Ascended Master Saint Germain, in a dictation explaining the chakras, placed emphasis on the upper three chakras, only. However, one day later, on January 2, 1955, the Philadelphia Group of the Bridge to Freedom, in a concerted group

effort, called for information on how to remove the seven sins. This request enabled the Karmic Board to allow the Elohim of Peace to give the dictation recited in this book, which, for the first time, explained the importance of ALL of the chakras.

To quote another example: In her dictation on July 11, 1954, the Goddess of Liberty explained that it was the opinion of the Maha Chohan that the students were not ready to accept separate radiations occurring at the same time (see previous dictation). But she added, “When the Cosmic Law allows the instructions of the Cosmic Zodiac to come forth, it would be wise to give attention to the outpouring of each specific virtue, during a 30-day period. In this way, the student can magnetize [and radiate] the virtues for his/her benefit.”

Perhaps, due to the diligent and steadfast application of the Law, in 1954, primarily by the members of the Philadelphia Group of the “Bridge to Freedom,” the Ascended Being, known as Helios, was able, on March 6, 1955, to give a discourse that explained this subject in great detail.

Now that the Cosmic Law has allowed this detailed description of several beneficial radiations occurring at the same time, the challenge before the chelas of the Bridge to Freedom teaching is to apply this newly-given material to the best of their ability, so that the trust of the beloved Ascended Being Helios, in the students, is justified and an even greater explanation of the Cosmic Law can pour forth for the benefit of all mankind.

That challenge is now before us. Are we up to the task?

Chapter 3

Application Of The Teachings

HOMES AND RETREATS OF THE ASCENDED HOST

By the Ascended Master Saint Germain

It is the privilege of the individual who is sufficiently advanced along the path of evolution to warrant his ascension, to maintain a home in any of the planets in which he has served life, and he may return to this home at will in the performance of his duties.

Many of the liberated host still hold such a focal point on the planet Earth, to which they very often return for one reason or another. This is generally a habitation that they have loved during their bodily existence. While it may be occupied presently by other earthly tenants, it does not prevent the Master from holding the etheric record of the place in his consciousness, as it appeared in his day, and his coming and going do not in the least disturb the current occupants, rather does this circumstance make of it a focus of light and radiation in the location in which it is placed.

Some Masters sustain several homes in this way. Besides my home in Transylvania, I also maintain one in the Etheric City over the Sahara Desert, from whence came the pattern for goodly living that was established on the Earth thousands of centuries ago, when we all knew great perfection, peace, plenty and happiness and, most important of all, had a conscious, intelligent, unbroken connection with our own God-Self.

I very often return to the glorious peace of this perfect home, from whence I enfold the Earth and its people in the divine essence that is its natural atmosphere.

Should you care to tune in to the Celestial City where my home is, you will find returning to you, on the beam of your attention, the peace and harmony that form a permanent part of its environment.

THE PURPOSE AND FUNCTION OF THE RETREATS OF THE ASCENDED HOST

By Werner Schroeder

Throughout the world, there are special radiating centers, where a flame, containing a God virtue (such as Truth) has been anchored and maintained, century after century, by Ascended Beings. Every flame, so qualified, becomes part of the Sacred Fire. Therefore, THE SACRED FIRE CONSISTS ALL OF FLAMES THAT HAVE BEEN QUALIFIED BY AN ASCENDED BEING WITH A CERTAIN GOD-VIRTUE.

Ascended Masters have utilized such retreats since the beginning of time, to radiate certain God-virtues to mankind. This action helps to bless mankind, and it stimulates, in them, the desire for spiritual development.

Some of the retreats, such as the Royal Teton and Shamballa Retreats, were established millions of years ago. Of these, the Royal Teton Retreat is the oldest. It was established when the first Root Race set foot upon this planet.

Every individual who aspires to be more God-like, draws into the lower atmosphere around him, beneficent spiritual currents. In a great cathedral or in a healing shrine, there is contained the invisible presence of faith and hope and reverence, born of the heart's light of all who have ever assembled there. This a palpable and living force, that even the most skeptic materialist cannot deny. Think of how much greater, then, are those retreats and foci, where the Masters of the race have entertained the seekers after truth for so long.

The retreats induce and encourage spiritual thought and aspiration, where man, in his journey towards God, finds it easier to reach the higher, purer consciousness, and overcome the appetites of the outer self. Seekers after spiritual attainment have ever sought these environments, entering into the mountain's vastness or the solitudes of desert and seashore, cultivating their divine destiny under the beneficent radiation of these natural shrines. The retreats are living, breathing spiritual centers, that act as fountains or vortices of force, to dissipate the evils of man's thinking, and to raise the mass consciousness.

Each foci specializes in one or more God-qualities, which are radiated to mankind on a periodic basis. The knowledge of the timing of the outpouring of the God-virtue, radiated by the retreat, enables students to participate in this transcendent service, thereby becoming conductors and step-down transformers of the God-quality that is radiated. This service is called the Transmission Flame Service.

These spheres of influence, or forcefields, of the retreats, vary in size, according to the number of members who serve within the retreat, the type of service they render, and the length of time the retreat has been established.

The retreats, through their radiation and other activities, have saved mankind from complete degradation. IF IT WERE NOT FOR THESE RETREATS, MANKIND COULD NOT HAVE MAINTAINED THEIR PHYSICAL BODIES, due to the effluvia of their human creation, which includes qualities such as hate, selfishness and jealousy.

Certain points upon the Earth's surface are more natural

conductors of spiritual light than others. These sanctuaries were established at strategic points across the surface of the Earth, under the direction of the God-beings, who felt that these certain points must have protection and radiation to hold the balance for the entire sphere.

The retreats are located either in the etheric realm or in the physical world, often within mountains and other places unapproachable by the curious.

The Brotherhood of a retreat sustains the flame of that particular focus through attention and invocation. Otherwise the flames would ascend into its own natural realm. The Brotherhood of the various retreats are branches, or orders, of the of the Great White Brotherhood.

The Ascended Masters provided us with the names of melodies that contain their individual keynotes and the keynotes of their retreats. By playing and listening to this melody (a rendition that is not jazzed or otherwise changed) the student is able to tune in with the Ascended Master or with the retreat and draw the radiation.

ENTERING A RETREAT

By Werner Schroeder

Under the action of the Occult Law, as it existed prior to 1930, the chela desiring the ascension was admitted to a retreat after reaching a certain state of purification and enlightenment. Here he was placed under the general supervision of a Master.

At the retreat, the chela received very few instructions. This was deemed necessary because a teacher is responsible to the Cosmic Law for what the student does with his instruction. Often, especially in the beginning, the chela was left to his own heart's prompting, as to how to proceed. As the months and years went by, he was taught how to transmute his karma by using the Violet Flame and he was taught the knowledge of the I AM Presence. In order to gain self-mastery, he was asked to pass many tests and many initiations. The initiations of a retreat were quite severe, and few chelas passed them.

The Occult Law was set aside in 1930, by the Cosmic Being Victory, and the chela no longer goes to retreats in his physical body. The chela now passes his initiations, leading to the ascension, in everyday living in the outer world. One Master stated, in 1952, that not a single student of this teaching at that time, was qualified to gain the ascension under the old rules of the Occult Law.

Under the dispensations, later called both the "Bridge to Freedom Activity," and the "I AM Activity," the knowledge of the I AM Presence and the Violet Flame were given to the students through accredited messengers, and the standards

for reaching the ascension were relaxed. Therefore, it is now much easier to obtain the ascension.

In the early part of 1952, the Maha Chohan asked that the radiation of the retreats be expanded. This goal could be accomplished by informing students of the Bridge to Freedom of the time a retreat is open, explaining the purpose of the retreat, and in giving detailed descriptions of the retreat and its Brotherhood. This, in turn, would interest the students in visiting these retreats at night, while their physical body was asleep. The procedure visiting the retreat in the etheric body is called "Projected Consciousness." This process would draw the chela to the sphere of influence of the retreat, thereby nourishing his own four lower bodies through the retreats radiation and increasing the momentum of the chela's forcefield. At the same time the momentum and sphere of influence of the retreat would also be increased.

The Cosmic Law approved the plan of the Maha Chohan, and this activity became a cornerstone of the teachings of the Bridge to Freedom. FOR THE FIRST TIME SINCE THE SINKING OF ATLANTIS, THE RETREATS WERE OPENED FOR CHELAS TO VISIT IN PROJECTED CONSCIOUSNESS. The Ascended Masters were extremely grateful for the cooperation between chelas, acting in groups or as individuals, and were looking forward to further expansion of this activity. This happened in July of 1952, when the Transmission Flame Service was started.

THE ETHERIC BODY

By Werner Schroeder

Man is a complex mechanism, comprised of seven bodies. The names of the bodies are:

1. The I AM Presence
2. The Causal Body
3. The Christ Self
4. The Etheric Body
5. The Mental Body
6. The Emotional Body
7. The Physical Body

The Etheric Body, Mental Body, Emotional Body and the Physical Body are also called the four lower bodies. They contain the imperfection which man created after the event called the "Fall of Man." Each of these lower bodies has a voice, consciousness and intelligence of its own.

The I AM Presence, the Causal Body and the Christ Self contain only perfection.

Let us examine the Etheric Body in detail. The etheric body acts like a mirror. It records instantly the thoughts, feelings, actions and spoken words of the individual. It IMITATES that which you do!

Lord Ling (known to us as Moses) explained the benefits, to the chela, when he visits an open retreat by means of projected consciousness, as follows:

"Now, beloved, the four lower bodies are constantly absorbing the substance of the realms with which they are

connected, through your attention. For instance, your Etheric Body is, by nature, a magnet, and when the consciousness is raised to the ascended and angelic hosts, that Etheric Body will draw, into itself, the radiation of the higher spheres of light.

“WITHIN YOUR ETHERIC BODIES IS THE ETHERIC RECORD OF EVERYTHING YOU HAVE EVER EXPERIENCED, FROM BEFORE THE TIME OF YOUR FIRST EMBODIMENT, TO THE PRESENT. Thus, there is registered, in your etheric bodies, every constructive, as well as every discordant thought, feeling, spoken word and deed you have ever seen, heard, felt spoken, or done, during your embodiments, and when not in embodiment.

“THE ETHERIC BODY IS ESPECIALLY BENEFITED WHEN IT ABSORBS THE RADIATION OF AN ASCENDED MASTER, DURING THE TIME WHEN THE CHELA VISITS A RETREAT IN 'PROJECTED CONSCIOUSNESS,' AT THE TIME IT IS OPEN DURING A 30 DAY PERIOD.”

Every retreat has certain sponsors which have the task to assist the student during the process called “Projected consciousness.” However such help must be specifically asked for by the student. The chela may also call on Ascended Master Leto. It is her specialty to guide the student during this process. She is grateful to be called into action.

What happens when a student does not ask to be taken to an Ascended Master Retreat when sleeping? Typically, the etheric consciousness wanders within the astral realm, often weaving fantastic forms and shapes into “dreams.” Man, qualifying cosmic energy to create those dreams, is held re-

sponsible, by the Cosmic Law, for the expenditure of this energy, the valueless nature of which only adds to the volume of effluvia that makes up the psychic and astral realms in which man abides.

Now, with these explanations behind us, we may define entering a retreat, which is open during a 30-day period, in "Projected Consciousness," as follows:

- 1) The chela reads the detailed descriptions of the retreat, before going to sleep.

- 2) The chela gives a specific decree, asking for protection, guidance and instruction from an Ascended Master and he asks for the radiation from the retreat.

VISUALIZATION AND CONTEMPLATION

By the Ascended Master Saint Germain

The power to think, that lies within the consciousness of man, is one with the creative faculty by which the Godhead molds the unformed substance of the universe into stars, planets and systems of worlds. As soon as man thinks a thought, a form is made. The degree of development of his mental body determines the clarity and perfection of the thoughtform.

The life which fills the thoughtform and makes of it a living, breathing, palpable presence, is released through the feeling body of the individual. The quality, nature and development of the feeling body determines the purity and strength of the energized thoughtform.

These creative centers of thought and feeling are energized by the director of a group in cooperative visualizations, whether for the focusing of certain activities of the Sacred Fire, such as the cosmic fiery Flame of Freedom around the individual, group or nation; or the establishment of the mystic "Ring-Pass-Not" which forms the protective shell around everyone's aura.

The ability of the director to create a clear thought-picture, and to stimulate the cooperative feeling nature of the assembly, will determine the efficacy of this portion of the service.

Builders of Form and angelic beings assist in this portion of the service. Into these thoughtforms are poured the actual substance and essence of the spiritual energies released from the group. These qualified energies are then gathered up by the Masters and the Silent Watchers of different localities who utilize these meetings toward this end.

THE GOLDEN MAN WITHIN THE HEART**By the Ascended Master Saint Germain**

The natural radiation of the “Golden Man” within the heart, pouring forth through the physical and inner bodies, forms a golden circlet of fire around the physical body.

When the attention is drawn to this indwelling Christ Presence, the outpouring of the God-light intensifies this circle, until it becomes an actual transmuting force of all substance and energy directed toward him.

THE SPARK OF DIVINITY**By the Ascended Master Saint Germain**

The magnetic power of the fire element within the heart cannot be denied by an intelligence in any realm, human or divine. This is irrefutable law. We move forward then on the premise of CERTAINTY OF ACCOMPLISHMENT. The way and means by which this Sacred Fire may be drawn, focused, molded and directed will differ, according to the individual development of the student as well as the natural ray to which the student belongs and the requirement of the current hour in local, national or world happenings.

In order to fully develop the invocative powers within himself, the individual must first recognize that within his own heart is a focalized ray of the presence and power of the Godhead, containing within itself the pattern of his own future greatness, even as the seed contains within itself the pattern of the future flower.

This focus within the heart is referred to as the Immortal Threefold Flame of Life. In the unawakened man it is but a "SPARK OF DIVINITY," but when the individual self-consciously places his feet upon the path, this small spark takes the form of the God-Presence or Christ in miniature, and begins to grow and expand in size, finally emerging from the "airless cell" in which it has abided (bursting from the tomb) and takes its rightful command of the physical body as the master presence and power of Christ. This is the "Second Coming of the Christ," referred to so often in the spiritual teachings of the past.

The recognition and acceptance of this God-Presence within the heart, and the CONVICTION WITHIN THE FEELINGS, that through that Presence and by the authority of its power he may invoke and draw from anywhere in the universe whatever power and powers may be required to render assistance in the environment in which he is presently functioning. This action makes the individual a conscious priest or priestess of the Sacred Fire, who is capable, with increasing efficacy, of invoking and directing its flaming presence for the upliftment of his fellow-man and the greater freedom of life, everywhere.

THE IMPORTANCE OF FORCEFIELDS**By the Ascended Master Saint Germain**

Now I thought today, “What shall I say to these earnest students?” Every few months for a few minutes I am given access to their minds, and yet these people among all those on the planet Earth have opened their hearts to opportunity and have invited me in! These people have opened their hearts and created foci on the Earth – sanctuaries, reading rooms, homes where the Masters may come and go at will, where the angels and devas may rest as they move on cosmic missions among the creations of the lower atmosphere, where lifestreams tired to death of the sense-activities may find some surcease from the pressures of the day.

You know it is nice to have homes on Earth—homes with you, blessed ones! The sanctuaries and the small dedicated rooms are funnels through which we can pour our concentrated essence to bless a city, the nation, and the world. Why? Because in a permanent location, we have constant access to a forcefield and we can use that forcefield as you do an ember and fan a flame. You must have the ember or spark to get the flame!

Therefore, these forcefields, no matter how small they may be, can be fanned and fanned and fanned by the power of the cosmos, as the requirement of the hour comes, until they can become world-engulfing. The larger they are, the more dynamic and more rhythmically fed, the less of our energy is required for such fanning. Even for a tiny spark, a glowing ember in the darkness of this star, I am so grateful. You are sanctuary and group directors and individuals who

aspire to become group leaders. You are individuals who have not only sat at the feet of the Masters, but have decided to stand up and DO SOMETHING about expanding the activity of their love—and for this I am so grateful!

DECREES AS A METHOD OF INVOCATION

By the Ascended Master Saint Germain

“Thou shalt decree a thing and it shall be established unto thee.”

The clothing of the ideas and truths in the physical energies of the individuals who make up the groups, through the spoken word, covers the thought and feeling forms created by the mental and emotional body with the actual substance of the third dimensional plane. It lowers the vibratory action of the spiritual energies to a point where they vibrate on the SAME PLANE as the conditions that need adjustment.

This provides a mighty “stockpile” of QUALIFIED PHYSICAL ENERGY which is utilized by the God-Beings to dissipate evil forms and foci of every kind.

As most of the conditions affecting mankind are vibrating at a rate similar to that which can be released through the spoken word, the power to remedy these conditions is greatly intensified by the individual or the group which chooses to be the STEP-DOWN TRANSFORMER of the more subtle energies which form the master authority in the higher spheres.

Truth *is*, but it manifests on every plane only as some intelligence grasps that truth and positively releases it through the plane or sphere in which he is functioning at any given time.

The efficacy of the decree is determined both by the amount of FEELING AND CONVICTION that is released through it, and the CLARITY OF THE PICTURE held in the

mental body, which actually forms the pattern around which the physical energies of the worded fiat coalesce.

For instance, the flaming sword of Lord Michael, the Archangel of Deliverance, is his own thoughtform. It is vitalized by his God-feeling of absolute mastery, and directed by his will, and often his word, into conditions that require assistance. If he had no clean-cut thought, his sword would be vague, vapory, poorly formed and would act with little efficacy.

The ability of the student to picture the activity which he is decreeing to be established unto him or through him and the AMOUNT OF POSITIVE FEELING in the EFFICACY of that activity to manifest control of a situation, form more than EIGHTY PERCENT of the power in the decree. Therefore, the interest of the student must be BEHIND THE DECREE and his energies must be POSITIVE AND CONTROLLED, if he is to have results of a positive nature.

The amount of POWER which is released through the decree varies according to the nature of the student. I have seen a man struck dead by a whispered decree of hate and venom which was charged with sufficient force to shatter the physical envelope. (Of course, the generator did not realize that he was signing his own death warrant, the moment he released his decree.)

The control of energy through the vocal chords is determined by the amount of mastery which the individual has over the emotional body. The VOLUME OF SOUND released is not as important as the QUALITY OF THE SOUND. For instance, the hysterical scream of a person in distress releases

much volume, but renders no constructive service. Yet, there is the CONTROLLED SUMMONS of the initiate, which raises the dead to life and which, in both volume and power, is known to shatter glass and blow out walls.

Some individuals can, by nature, be extremely positive in the use of a low, masterful tone. Others cannot convey feeling except by the exertion of a measure of physical force, which gives assurance to the individual of accomplishment. Here, freedom is the order of the day. Action is the requisite of the hour. Balanced control of energy, whether it is coupled with the "loud voice" by which Jesus raised Lazarus from the tomb, or the voice of the silence, by which the Sun is bidden to rise each morning from the bed of night.

When the decree is coupled with the VISUALIZATION OF THE ACTIVITY OF THE SACRED FIRE, which is being invoked, the positive quality of the voice will avoid the "sense of battle" which is sometimes apparent in the uncertain life energy of the student.

On the other hand, more feeling is charged into the group, which will be revived in their individual activities, if the decrees are given in a good, firm manner.

The importance of the audible decrees lies in the fact that the thought and feeling forms are clothed in the substance, energy and vibratory action of the octave in which most of the distressing appearances abide.

I would emphasize that power is drawn and focused through the rhythmic invocation which emphasizes the FEELING of the student body, clarifies the thoughtform and builds

the momentum in the release of the energy, not only of the unascended beings, but also of the Great Ones who always respond to such calls. Unless the group with which one is working are masters of invocation, force is scattered by changing the pattern and decree too often and little is accomplished thereby.

When I am called upon to work with a group of chelas, my first endeavor is to CENTER THE CONSCIOUSNESS OF THE INDIVIDUALS WITHIN THE THREEFOLD FLAME WITHIN THEIR HEARTS. From this center, the invocative powers of the chelas are most effective.

“I consciously enter and abide within the THREEFOLD FLAME WITHIN MY HEART – the true center of my being.”

“I AM the Presence of God within THREEFOLD FLAME WITHIN MY HEART and I speak and COMMAND with authority.”

“I AM VESTED with the power of transmutation.”

“I AM VESTED with the power of precipitation.”

“I AM VESTED with the power of levitation.” On and on ad infinitum.

Short, clear endings are preferable because they SEAL the decree in the *feelings* of the energy of the students, as well as the conditions which are being transmuted. Then by the command and authority of the I AM Presence anchored within the heart, utilize *the power* in one good, rhythmic decree and let the momentum build . . .

“In the name of the Presence of God which I AM,

through the magnetic power of the Sacred Fire VESTED in me, I command . . . etc.”

In the decrees, I advocate using constructive thought patterns, rather than destructive ones like “tornado,” because all destructive activities of nature VISUALIZED ADD TO THE COMING APPEARANCE, when nature’s forces are unleashed.

If you were in a position to have the inner sight opened for a moment and could see the tremendous response of the beings at inner levels, when a group of mankind, vested with the conscious power of the Sacred Fire, sends up the rhythmic release of their energy in a word pattern, it would fire you with the desire to *stay* with that form, until the signal of your feeling world acknowledged full accomplishment.

The ascending invocation completes its pattern on the last word of the decree and the God-beings begin their outpouring on the first word of the acceptance.

On the next rhythmic wave, the ascending invocation rises to the top of the preceding crest and then, with the added momentum of the increased energy, pierces further into the upper spheres and brings back an amplified outpouring.

The competence of the director, in drawing the energy into a RHYTHMIC BEAT, determines the efficacy of the decree and the height to which it can reach, with the subsequent return of the God-light, into the world of men.

This is exactly the principle followed in using a “battering ram” against a locked door, or used to harness the ener-

gies of men, in the old days, at the oars of the galley or the ropes of the Volga boats. Today we use it to more constructive ends. The volume of sound is not as important as the UNITY OF THE ENERGY. Some people can accept accomplishment only through the strong release of the spoken word. Others can accept accomplishment through the feelings. It all depends upon the evolution of the individual and the tendencies of their nature. The universe is builded on rhythm, precision and harmonious expansion and contraction. In decreeing, in singing, in breathing, in walking, perfect rhythm is the balanced activity of life, and when it is incorporated into the ritual of the Seventh Ray, there will be no sense of exhaustion or depletion. When the energies of the individual are “off center,” endeavor becomes effort.

Suffice it to say, RHYTHM, ONE-POINTEDNESS, CLARITY OF THE PICTURED ACTIVITY AND SUFFICIENT SPEED OF TIMING – TO KEEP THE INNER BODIES ALIVE – are *requisites* to God-accomplishment.

As there is no limit to the powers of the God-protection that can be called forth – and no limit to the transmuting power of the Cosmic Christ love, YOU HAVE EVERYTHING AT HAND by which to draw forth, protect and sustain your God-endeavors.

MAINTAINING RHYTHM IN YOUR APPLICATION

Address By Elohim Arcturus

“I am the Elohim of INVOCATION and RHYTHM, who brings to you and all life, through the use of the Violet Fire, infinite FREEDOM, when you desire it enough! I look constantly from interstellar space, through all the planets belonging to this system, for those hearts who desire FREEDOM—freedom from illness, limitation and distress. And where shall you find that freedom? FROM WITHIN YOUR OWN LIFE!

“In the beginning of your individualization, God created your divine, self-conscious intelligence, your own individualized ‘I AM,’ a White Fire Being, from the Universal First Cause, with the capacity to draw forth from life every God-gift you might ever require, to be able to manifest perfection. Within the flame in your heart is anything and everything that you require! I urge you to DEVELOP YOUR LIFE and the qualities which are within it. From that same primal life and light, we created the planet upon which you presently abide, as well as all the planets of this system.

“Call forth what you wish from the heart of that life which flows from the Universal, and call to me—Arcturus—if you wish to release into outer manifestation from within your own life whatever powers, qualities, gifts and activities are required to perfect your own world and that of your fellowman. Wherever there is a lifestream who sincerely desires FREEDOM, and in constant RHYTHM, invokes and commands it, there I give that one assistance, until that FREEDOM is physically manifest.

“In your individual application, if you will observe a RHYTHM, and give your individual calls AT THE SAME HOUR EACH DAY, you will draw a much more concentrated power.”

MUSIC DRAWS INVISIBLE HELPERS
By the Ascended Master Saint Germain

As by far the greatest number of the beloved chelas who participate in the group activities are engaged in service in the outer world and are obliged to come to their meetings directly from such service, the part that music plays in quieting the feeling world of the individual, relaxing the physical body and stopping the rapidly revolving thought patterns in the mental bodies, cannot be over-emphasized. By this means the atomic structure of the students' bodies is re-polarized, and the vessels through which the God-Self of each individual will endeavor to cooperate in the service are prepared for their part in it, during this musical service.

The angelic host, then, begins to weave the spiritual structure under the direction of the presiding Master out of the very substance and energy of the individuals in the group.

THE TYPE OF MUSIC USED will determine the class of invisible helpers drawn into the atmosphere of the meeting, which will form the unseen but palpable audience of divine beings whose energies and assistance are without limit in elevating the consciousness of the unascended members of the group, as well as condensing the energies drawn by themselves to render specific service for the good of life.

Beautiful thoughtforms are builded by these invisible beings, and where the audience participates in vocal accompaniments to the music, the inner forms are clothed in the physical energies of each singer and become a potent power in sublimating energies of a lower nature in the bodies of the

participants as well as in the locality in which the service takes place.

These musical forms are greatly amplified by the angels, the devas of music and the builders of form, and are then carried into hospitals, asylums and other places where there is great need for the mitigation of physical, mental and emotional distress.

You will see that where instrumental music gives assistance at inner levels, the group singing is most efficacious in lowering the spiritual forms into the substance of the physical world, in the same manner that the deities lower the mental forms of the visualizations into the condensed energy of the third dimensional plane.

At inner levels, the great music temples are established in each of the Seven Spheres and, through the music devas, these cosmic temples often connect with a particularly fine presentation in the physical world and pour through such a musical presentation their cosmic outpouring of the particular God-quality and God-power which is their gift to life.

MUSIC, IN THE UNIVERSAL SCHEME OF CREATION

By the Ascended Master Serapis Bey

Music is, in itself, an effort of stirring the Universal Light Substance into motion through the creative powers of thought, feeling, action, or the spoken word. Yet, although it is an effect resulting from the vibrations of energy waves, it can be used mightily as a CAUSE when properly understood, directed, and interpreted.

Music is synonymous with activity in the realms of God's perfection, for every thought and feeling of the Godhead creates a glorious sound and emits a beautiful color, clothed in exquisite form. Creation takes place to the accompaniment of such beautiful music as would make the heart of man stand still. The rhythmic motion of the planets around the Sun contributes to the cosmic symphony and the forward motion of the galaxy is a processional of such magnificent splendor, that words could not attempt to describe its inspiring, uplifting, energizing power.

Every Ascended Master radiates an individual keynote, woven into a beautiful symphony of sound; and as they move through interstellar space, the mingling of their cosmic tones is an inspiration to all who are privileged to have access to the faculties of the inner ear.

These natural songs of the Sun, the planets, the angelic host and the Ascended Masters are like the perfume of flowers, the radiation of those beings contributes to the music of the spheres, without the self-conscious cooperation of the faculties of the individual, because each one may concen-

trate and focus the gift of song through his own vocal chords, as the gift of music through the particular talents evolved by his self-conscious intelligence.

When the Masters, the devas, or the angelic host choose to concentrate the music of the spheres through cosmic concerts, then truly do the highest heavens ring.

Every individual belonging to this universe, who has attained the victory of the ascension, and every cosmic being and master presence, is a contributing factor to this sea of music which, like light itself, forms the atmosphere of the octaves of light. The I AM Presence of every unascended being also pours forth its particular keynote and universal melody, in the realm in which it functions prior to the ascension of the outer self.

It is from this sea of light that the masters draw the music which is the general property of the entire heavenly host, and focus it through music temples, under the direction of angelic beings, who amplify it by their own life and direct it toward composers who are worthy of more than ordinary inspiration and assistance.

They also direct it toward artists who have developed (through centuries of dedication to the Spirit of Music), sensitivity to the spiritual currents that may flow through specific musical activities. These people are usually fortunate enough to be permitted entrance into some of these music temples at night while their bodies sleep, as well as when they pass through the Halls of Karmic Retribution (Halls of Karma) at the close of their Earth life. The glorious melodies, stepped down by such men and women, are the results of

this endeavor in which I, myself, am extremely active.

Most of the great operas that have endured through the centuries represent the outpouring of some music temple, which has become the concentrated focus for a particular vibratory action in the inner realms. For instance, the precession of the Sun and her planets around the Great Central Sun is incorporated in the majestic music of Wagner. The music temple, through which this music is directed earthward, is a beautiful azure blue and the devas and angels are robed in the various shades of blue, from the most delicate blue-white to the deep, deep royal blue of the First Ray.

When a composer, for instance, Wagner, picks up the music of a music temple, usually a Master directs his ray into the mind of the composer to endeavor to build a suitable story around the music. The state of development of the mental body, which receives the impression of the story – and the development of the emotional body, which is the recipient of the feeling and theme of the music, will contribute greatly to the ultimate results. Some composers did marvelous things with the musical interpretation, but were unable to receive clear mental directions and the resultant story was not truly representative of the theme.

In the case of the Wagner compositions, we had the assistance of his mental body and thus the mystic initiations are woven through his stories.

The insignia of the Knights of the Round Table was the swan, which represents the initiate – able to soar through the air, master of the emotional element of water, and, through its particular faculties (long neck and sharp eyes)

pierce beneath the water and discover the elements of the “deep” as well. Again and again Wagner uses the swan as a symbol of the mystic initiation. The ancient Norse mythology tells how the noble men of that age “sang their swan song.” Today, people interpret that as the acknowledgment of failure, defeat, and submission to fate, but in those early days, the great ones, when Earth’s battles were finished, were allowed to sing the swan song to signify that they had become initiates and were consciously ascending from the limitations of matter to freedom.

When an opera is sung, the quality, which is its predominant theme, is greatly amplified by the music temple and its attendants. From the central focus where such music is presented, angel devas, Cherubim and the Seraphic Hosts carry the rays of that opera into the city, state, nation, and Earth. Great buildings that have housed the musical genius of the race are, of course, overshadowed by devas and builders of form, who cooperate with the officiating cosmic temple in this service. We hope to secure the conscious cooperation of certain students in receiving these currents, amplifying them and directing them forth with the added impetus which comes from conscious understanding of the mystic inner activities connected with so-called outer world presentations.

Lohengrin is primarily the story of FAITH. The aspirant (Elsa) stands before the Karmic Council. Her sponsor (and Twin Ray) comes to stand by her side, riding on the back of the swan (mystical powers controlled by self-mastery). She must accept him on his worth, without curiosity, which she does. Then comes the test, during which Ortrud instills doubt into her mind as the beloved’s true identity. She ac-

cepts the suggestions of doubt and forfeits the right to his presence. Lohengrin calls his swan, who remains to help Elsa in a lesser capacity, for such is the mercy of life, although she has forfeited the presence of the initiate.

Thus, does each student stand one day alone and, with only the light of his heart to guide him, he must decide on the nature of his teacher, not by his name, his person, or his heritage. At this time all the forces of doubt and uncertainty rise from within and without. This is the crucial moment in the life of a chela who has been chosen for more than ordinary association with a Master of Light. If doubt and uncertainty require of the chela that he cannot accept the teacher, like Lohengrin, such a one must withdraw and a lesser light becomes the guarding presence of the individual, until a later life.

Since this is a story of faith, the quality of faith from the Blue Music Temple, under the direction of the Cosmic Being Faith, is poured into the grail where the opera is performed and directed by the devas of the blue ray into any student or aspiring individuals through that city and then the planet, and on into the discarnate realms, as well. The Elohim Hercules also assists in this.

KEYNOTES

By Werner Schroeder

All creation takes place accompanied by a symphony of exquisite melody. Every individual sent forth from the heart of the Creator has a particular note or tone, which is established by a consciously created wavelength. That cosmic tone, also called a keynote, is emitted by every electron of that particular individual and flows out continually as part of the “music of the spheres.” As the electrons swing around the central core of love, their speed determines the note, which may be used in any number of blends.

Every Ascended Master and every Ascended Master Retreat also has his and its own keynote. This keynote may be contained in a known musical composition. By playing a record, tape or CD, containing the keynote, the student may attune to the radiation of an Ascended Being or that of a retreat. During the “Bridge to Freedom” Activity of the 1950’s, many melodies, containing the keynotes of Ascended Masters and Retreats, were given to the students. The melodies pertaining to the retreats as well as the information containing the God-quality of a retreat, its location, its primary purpose and its Hierarchy were used by them to draw the God-qualities of the retreats to this planet. This was done during the Transmission Flame Services of the 1950’s. All of this information is listed in the AMTF-publication “Ascended Masters and Their Retreats.”

Twin Rays (Twin Flames) of individual persons, ascended or not, have identical keynotes. For example, the keynote of beloved Ascended Master El Morya is “Panis Angelicus,”

the same as his now ascended twin ray Geraldine Innocente.

The most powerful way to attune to an Ascended Master is by the use of his picture. The second most effective way of forming a bridge, thereby connecting with the consciousness of the Ascended Master, is the use of his keynote. The Ascended Master Mary explained to the students that whenever Jesus approached, the melody “Joy to the World,” his keynote, was heard by her and some of the disciples. Mother Mary stated that the melody was so distinctive, she wondered why all of the disciples could not hear it.

In order to make a powerful connection with the consciousness of a particular Master, or with an Ascended Master Retreat, the following suggestions are given:

- 1) Before listening to the melody containing his keynote, read up on the various embodiments of the Master and the retreat in which he serves. Reading a dictation from the Master is also useful.
- 2) Having a picture of the Master is a helpful tool.
- 3) Become still, give your attention to the picture of the Master, the melody containing his keynote, the location of the retreat and radiate love to the Master. Feel the outpouring from the heart.
- 4) Accept and experience the radiation from the Master or the retreat on the returning current.

The following excerpts are from dictations of Ascended Beings when addressing students on this subject:

“The keynote of my own lifestream flowing through the song

so kindly dedicated to me has brought great numbers of the Angels of Resurrection into the atmosphere of this room tonight.” (Archangel Gabriel, April 15, 1954)

“Every planet of this solar system vibrates at a different rate. It has a different vibration as well as music, which represents the keynote of that planet as it swings around the Sun.”

“ . . . and the melody of the Earth’s natural keynote adding to the ‘music of the spheres.’”

“YOUR PHYSICAL FORM IS CREATED BY YOUR BODY ELEMENTAL, THE DEVAS AND BUILDERS OF FORM AND IT IS BUILDED AROUND THE VIBRATIONS OF THE MUSICAL KEYNOTE OF YOUR LIFESTREAM. As each of the organs of the body is set into motion, the electrons (which spin around the central core of the atoms which comprise those organs) follow the same rhythm and pattern as your musical keynote.

When one allows the disharmony and discord of the outer consciousness to break that rhythm and thus one or more organs is thrown off the natural harmony of its keynote, then there begins the manifestation of disease, discord and disintegration of the various organs, preceding so-called death.” (Elohim of Purity, November 7, 1954)

“Sanat Kumara and those who came with him from Venus have been called Lords of the Flame. In his descent into the heart of Shamballa, Sanat Kumara brought with him a concentration of the flame that had never been known on the planet Earth, because it represented the vibratory action of Venus. This flame he externalized at Shamballa, and it has

expanded and intensified through millions of years since that time, pouring out the keynote of Venus and the vibration of this superior star into the atmosphere of Earth and the consciousness of its peoples. A stream of light from this cosmic flame is anchored into the heart of every human being who embodies on Earth. This ray of light has sustained the flame in the heart of each one evolving on Earth.

“The action of the Flame of Shamballa was primarily designed to create self-conscious, generating centers of light through the life intelligences inhabiting the Earth. The sole purpose and reason for Sanat Kumara’s presence is to create these self-conscious light bearers. This is the only way and means by which the planet can fulfill its destiny and contribute to the universal solar song.” (El Morya, March 17, 1956)

THE TRANSMISSION FLAME SERVICE

By Werner Schroeder

In 1952, the Cosmic Law issued a fiat that mandated that Sanat Kumara be released, from his voluntary exile on Earth, within the next twenty-year period.

In order that the reader can fully grasp the consequences of this edict, the following explanation is given:

Every planet, in order to maintain its orbit within a solar system, has to emit a certain amount of light. This light is comprised of the constructively-qualified energy of its inhabitants.

The Light, contained within Sanat Kumara's Causal Body, was great. This energy would be taken with him, on his return to Venus. Without the energy contained in Sanat Kumara's Causal Body, the Earth, in 1952, emitted insufficient light. Therefore, Earth would not have fulfilled the condition to further warrant its place in this solar system and mankind would have been left without a planetary home.

It was then, in 1952, that the Maha Chohan suggested the introduction of the Transmission Flame Service, to meet this emergency. He stated:

“Sitting one day, looking back at beloved Morya's initial endeavor to acquaint mankind with the existence of the retreats, I came upon the idea of having the student body gather all over the world and, breathing-in the flame of the quality of the retreat as the retreat is opened, feel the pressure and pull of the sphere of influence of each retreat, securely fastening it in place with the pegs of their energies

and making it world-wide and world-engulfing.”

The Maha Chohan explained that this situation required a new special effort. He felt the use of decree groups was still required, but needed to be enriched, and the use of the Transmission Flame Service was the most effective means to provide the lacking Light-quota of the Earth, caused by Sanat Kumara's leaving. He stated that, without the Transmission Flame Service, it would be quite impossible to accomplish this.

Ascended Master Retreats have been active for countless centuries. As we know, each retreat was utilized to radiate a specific God-quality. But without the assistance of unascended chelas, however, the sphere of influence of each retreat was limited to a certain radius. For example, the natural radiation of the Luxor Retreat extends to France and is limited by the Atlantic Ocean. It is more difficult to transmit spiritual currents across wide bodies of water, and also across mountain areas, consisting largely of rocks. Therefore, it is desirable (but not absolutely necessary) to have student foci near these locations.

If, however, groups of students could be found, who would serve as transmitters and amplifiers, then the sphere of influence of the active retreat, during a given month, could be enlarged and intensified.

The reason for acquainting chelas with the name of the active retreat, is that the student can then make use of that knowledge and by placing his attention on the retreat, add his energy to the expansion of the flame of the retreat. In this way, each chela becomes a conductor of the radiation of

the retreat and expands its sphere of influence.

The Maha Chohan's plan was, at a given hour, to connect the breath of the students with the outbreath of the Ascended Host at the retreat and have a world-wide Transmission Flame Service. This outbreath of a particular God-quality occurs on the fifteenth day of the month and it ends on the fourteenth day of the next month. Here is the procedure, proposed by the Maha Chohan:

A number of Ascended Beings draw and absorb the God-quality of the flame of the retreat. Then they expand and project this quality to its sphere of influence, adding their own Light and life-essence to it.

Now, these currents which flow from the retreat on the outbreath, are magnetized and drawn into the bodies of the students on the inbreath. They are then sent eastward around the globe, completing a world-wide circuit. THESE CURRENTS BECOME A BRIDGE OF ACTUAL ENERGY AND THROUGH THE BREATH OF THE STUDENTS, THEY ARE NOW STEPPED DOWN IN VIBRATION, AND THEY CAN BE ABSORBED MORE EASILY BY THE INNER BODIES OF ALL MANKIND.

As part of the plan, the students were to be informed of the specific location and service of the retreat, its keynote and the color and activity of its flame. Therefore, if the students would come together once a month, for one and one half hours of service, to magnetize, absorb, radiate and direct the radiation of the retreat, this would form a forcefield of constructively-qualified energy. This forcefield would act as a transmitter of the currents of the retreat.

The breath of the student, containing life-substance, would be the fiber of this forcefield. An additional purpose of the forcefield was given later, by the Maha Chohan. If the forcefields became permanent, the Masters could utilize the energy of the forcefield to assist in other locations where there was a need. A PERMANENT FORCEFIELD IS FORMED IF CHELAS MEET AT LEAST ONCE A WEEK, AT THE SAME PLACE, AT THE SAME TIME, FOR A PERIOD OF AT LEAST TWELVE MONTHS. A PERMANENT FORCEFIELD CAN ALSO BE FORMED OVER THE HOME OF AN INDIVIDUAL.

The first Transmission Flame Service was held on July 18, 1952, when a group of eleven students met in Philadelphia. It resulted in an intensified action of the Freedom Flame of Saint Germain, in Transylvania. With regard to this event, the Maha Chohan said: "I thank you, everyone, whose breath formed a part of the initial pulsation for a cosmic event, whose records will remain on the pages of akasha as a permanent memorial to your presence with us."

Later, on October 18, 1952, when more student groups were involved, the first worldwide Transmission Flame Service was held. The students were made aware of the Retreat of the Month, the characteristics of the flame and the Ascended Masters who would act as Sponsors, supporting the local group. The total number of Ascended Masters, who acted as Sponsors, was twenty-six. Among the Sponsors was Godfre' who, as Mr. Ballard, was the messenger of the "I AM Activity" and David Lloyd, who made his ascension on Mt. Shasta.

The opening of each retreat is attended with great pomp

and ceremony at inner levels. For days before the great celebration, the Brothers connected with the retreat draw forth all the beauty and artistic development that their Ascended Master Consciousness has at its command. Sometimes guests arrive from other planetary systems and galaxies.

Through the constancy of the application of the students, the spiritual bands of light and energy became a permanent track of Light, which endured during the entire three-day cycle, during which the retreat was open. Therefore, the entire momentum and power of radiation of the retreat became a constant pulsating activity, engulfing the entire planet, during that time.

Whereas, in the beginning of the Transmission Flame Service, the flame circled the Earth several thousand feet above its surface, at a later stage, the flame, for a maximum effect to mankind, could be projected right along the surface of land and sea. As this action occurred again and again, the pull of the senses, appetites and passions, which are all part of the gravity by which man is held in the lower octaves, was tremendously lessened.

The success of the Transmission Flame Service (TFS) exceeded all expectations of the Great White Brotherhood. Already, at the end of 1955, the Light of the Earth had increased to such an extent, that Sanat Kumara could be released. The honor of the announcement was given to Beloved El Morya, because it was he who Sponsored the Bridge to Freedom dispensation.

TO REPEAT, ALL THE CHURCHES IN THE WORLD, ALL THE METAPHYSICAL INSTITUTIONS, EVEN THE I AM ACTIVITY,

WITH ALL THE DECREERING, WORTHWHILE AS IT WAS, COULD NOT HAVE PREVENTED THE DISSOLUTION OF THE PLANET. THE ASCENDED MASTERS GAVE THE MAIN CREDIT, FOR KEEPING THE EARTH IN ORBIT, TO THOSE STUDENTS OF THE BRIDGE TO FREEDOM WHO PERFORMED THE TFS.

The TFS was re-introduced by the Ascended Master Teaching Foundation in 1990. Since then, students in many parts of the globe gather in a world-wide service, to be receivers and transmitters, to magnetize and radiate the God-qualities of the Ascended Master Retreat that is open during a particular time period, stepping down its vibrations, so they can be of maximum benefit to the four lower bodies of mankind.

In the 1950's the Ascended Host had a reliable, authorized channel. Unfortunately, this is not the case right now, at the time this book is being written.

In 1990, when the AMTF introduced the Transmission Flame Service, a survey was made of existing groups, which, based on channeled information, gave out the list of the active retreats for a given year. According to this survey, all groups gave out different information on the retreats, including the date a retreat was open during the year. Based on this finding and the experience the AMTF had with 66 channels who wanted to be the AMTF channel, it was decided to restrict the number of Transmission Flame services to four per year. Classes are held when the Teton Retreat is open (twice a year), and when Shamballa and the Resurrection Temple are open. These retreats were consistently open during a certain period in the 1950's when Geraldine Inno-

cente was the authorized channel of the Brotherhood.

Thus, the Transmission Flame Service depends on reliable, committed disciples, who will be both receivers and transmitters. The Ascended Masters said that, to be a receiver, only, of the higher teachings, without transmitting, could be likened to the action of a sponge that only absorbs. The Maha Chohan considered this to be a grievous fault.

According to the Masters, if a student offers to contribute some of his breath towards the progress of the race, he automatically receives, from life, a greater proportion of the gifts that lie within the substance of the air and the ethers. Chelas who volunteer to participate in the Transmission Flame Service, become active working partners of the Great White Brotherhood.

OPPORTUNITY COMES IN MANY DISGUISES**By the Ascended Master Saint Germain**

I had finished my activity of preparation. I had secured, through the assistance of Lord Maitreya, Holy Mary and others, the right to make this preparation, otherwise I do not feel that any would have known him for more than a great teacher. It was that INDIVIDUAL APPLICATION and power of light, which surged through them, that enabled them to stand up and leave home, responsibilities and personal obligations, following those few words, "Follow me!" Could YOU do it, beloved ones?

Opportunity comes to men and women in every era and every age, in many disguises. Opportunity comes humbly, naturally, unaffectedly. Opportunity comes, waits awhile at the threshold of individual consciousness, and then, because time is precious, the great cosmic rays must sweep onward to another door. And standing there if welcomed therein, and the vital energies of the lifestream accept her, there she waits to bid welcome to the Chohan of that ray. And here is a heart dedicated, consecrated and sincere.

Here is a heart where the Lord may abide and plant the seeds of vision where they will be nourished and developed, a harvest of worth, and so that Lord, where he may, enters in and there abides, and the individual accepting that power and responsibility, obligation and opportunity, becomes the "DOOR," so far as his own capacity and development will allow.

RESPONDING TO THE CALL
By The Ascended Master Jesus

You are those who have responded to a subtle call! It is the same call which went forth at the beginning of the Christian Dispensation. The Holy Mother chose to speak to you a little of my activity endeavoring to prepare the ground for the Master Jesus, to prepare the consciousness of certain men and a very few women for the coming of the Nameless One.

Through that dispensation which allowed me by the Law—the heavier consciousness of the outer selves of those chosen, those who had vowed to participate in the Christian Pageant, were alerted to a degree, and when the call came to Peter, Andrew, James and John and the other of the disciples, they were already within themselves *listening*, where otherwise they might have been pursuing their daily occupation with the thought which was prevalent in the Jewish Race at that time, that the Messiahship, while it might come within their lifetime, yet might be delayed for hundreds of years.

These were the underlying conditions when John the Baptist, looking up from the Jordan had been alerted and was partially prepared for the coming of the Nameless One. THE LAW DID NOT ALLOW US TO TRANSFER AN UNDERSTANDING TO THE CHOSEN OF WHO WAS GOING TO EMBODY AS THE CHRIST. The Law did allow us, however, to stir the lethargy of the mind and to break through the aura from the mass creations of the day, sufficiently so that there was an acceleration of soul and inner consciousness. The prepara-

tion then of the individual through his own application became his obligation to life.

When I went to those gentlemen and ladies, I was privileged to say to them, "You can prepare to take part in a great activity that is about to break on the screen of life, by individual application and the acceleration of your physical and inner bodies. I am prepared to give you certain personal hints, what you may or may not do."

There were many to whom I went, a humble unostentatious figure, who thought I was mad. There were many who thought me a seeker after peace. There were many who thought I was promoting some scheme or deceit. Everyone to whom I went did not take my words and ponder them in their hearts or take my application and weave them into the energies of their own worlds. Many there were, when the triumphant baptized Jesus walked from the Jordan, who did not hear the "mystic note," who did not respond, because the forerunner was scorned.

PREPARE YOUR SUCCESSOR IN SERVICE—NOW!**By the Ascended Master Saint Germain**

May 1, 1958

Beloved and blessed ladies and gentlemen who have loved me long and served me well.

As I have mentioned to you several times before, concerning those who are to follow you in service, PREPARE NOW for your successor among the lovely younger generation. In the name and authority of your own beloved I AM Presence, CALL DAILY TO US TO RAISE UP THOSE ASCENDED MASTER YOUTH WHO WILL BE INTERESTED IN THE EXPANSION OF OUR CAUSE and who can be trained as you have been. Then they will be those to whom you will be able to pass the “torch” when your journey here is done, when the call comes from your own beloved I AM Presence and, in dignity, you enter into your own Electronic Presence—thus becoming a divine Ascended Being.

Of course, in the years just ahead, some of you will relinquish these bodies, having earned your “Robes of Immortality.” When this does take place, I pray to God that you—each one—will have prepared at least one chela to take your place. Let us not allow it to be said of a single one who has been asked to do so, that he or she has neglected to prepare another hand to be ready in time to take from him that “torch” of our light, which he has been carrying. To have such a one prepared would be to make available AN UNBROKEN CHAIN OF CONSECRATED SERVICE TO US AND HIS FELLOWMAN.

Let us not repeat, this time, what has happened century

after century in the past, that of letting the “Bridge of Light” from our divine realms into yours disintegrate, because the generation which drew it forth to reach great heights, finally passed on to well-earned rest. Then the younger generation, being not sufficiently grounded in the instruction to be able to sustain that bridge of consciousness unbroken, could not hold for us a CONTINUOUS AND EVER-EXPANDING CONSCIOUS CONTACT WITH UNASCENDED BEINGS here, through which they might receive our radiation of perfection to absorb.

REMEMBER, DEAR ONES, THE GREAT LAW WILL NOT HOLD YOU GUILTLess IF YOU DO NOT PREPARE SOME “TORCH-BEARER” TO CARRY THIS LIGHT, TAKING YOUR PLACE WHEN YOUR COURSE IS RUN. THE FEELING OF REMORSE IS A VERY UNHAPPY ONE. Should such a condition of affairs come about in your world, were you to finish your course here and, looking back upon the records of the life you had just lived, find a vacant place where there should be a living flame, a dedicated youth filled with enthusiasm *for* and an understanding *of* the Ascended Master's Cause, that certainly will not make you happy!

You see, the Great Cosmic Law DEMANDS that, as we invest our life, light and love in some chela who loves us and declares himself ready to serve our cause, that chela, in turn, must give the assistance to others as he has received it. WE EXPECT EACH LOVING CHELA WHOM WE HAVE ASSISTED TO SO INVEST HIS LIFE IN AT LEAST ONE OTHER LIFESTREAM WHO, AS WE HAVE SAID, WILL BE ABLE AND WILLING TO TAKE UP THE “TORCH” FROM THAT ONE'S HANDS AND CARRY ON.

The spiritually awakened Oriental mind knows this truth well, for it applies also to those who study with unascended masters and gurus. For every bit of light (instruction, illumination, etc.) a chela receives, that one must balance his account with the Cosmic Law by giving such assistance to someone else of lesser light whom the chela must find, interest and instruct. IF THE CHELA DOES NOT FIND SUCH A NEOPHYTE, THAT CHELA IS REMOVED FROM THE CIRCLE OF THOSE RECEIVING FURTHER INSTRUCTION, UNTIL HE HAS FULFILLED THAT PART OF HIS MISSION.

Here in the West, our beloved chelas are so good; they are so earnest, zealous and sincere. However, in the exacting and time consuming demands upon their attention and energies in this busy Western world, they are inclined to forget their obligations to the future generations, to those younger lifestreams who are already here, as well as to those yet to come, forgetting that teachers must be provided for the immediate, as well as for the more distant future. They also are inclined to forget their obligation to us to balance that which we have given to them.

We know that sometimes the good chelas weary a bit of hearing about their responsibility to make application upon this and that. We are quite aware of the diversity of application for all the different avenues of expression which must be called for. There are the calls (decrees) to be made for those yet to be born, those who have been born, the families into which they come while they are here, calls for the assistance to be given to souls who are finished with an Earth-life and then calls to prepare the incoming souls for embodiment here again! Oh, dear hearts! I have been all

around that circle with each one of you, *many times!* Now it is your turn to take that circle of application through for your fellowman. I know you will find it interesting and most rewarding.

**IMPERSONAL SERVICE,
THE NATURAL ACTIVITY OF LIFE**

By Werner Schroeder

Before we first embodied on Earth, beloved students, we all promised to expand God's Kingdom, through impersonal service. Impersonal service is service that not only blesses one person, but many persons. It is service that is given without any thought of remuneration, either in terms of personal recognition, or money.

It is the type of service Jesus gave for three years, Mr. Ballard for ten years, Geraldine Innocente for 16 years, Mother Mary and William Cassiere for over 50 years and, the first Krishna, for 640 years. It is the type of service that beloved Archangel Michael and the Great White Brotherhood extend, on our behalf, every day. It is impersonal service, that is the natural activity of life.

During the first two Golden Ages, there was absolute perfection. There was the activity of teaching and learning; no one needed "to be saved."

The first Krishna was the first World Savior (Christ) on Earth. That was over a million years ago. We call him the FIRST KRISHNA, because other Krishnas embodied in later time periods.

The first World Savior was provided for mankind, when man first chose to become sense-conscious, instead of remaining only God-conscious. After the fall of man, forty-nine World Savors have come to Earth, at regular intervals.

Krishna came from the Central Sun. It was not possible to draw upon the lifestreams of the Earth at that time, because they were still children, in their spiritual development.

Krishna taught: **"SERVICE IS THE LAW OF LIFE.** From the moment individualization takes place, the heart flame begins to accept the responsibility of giving a balance to the universe, for the privilege of drawing breath, using life and sustaining a separate existence, by which understanding and illumination bring freedom to the consciousness.

"Service may be in the form of serving a community, a nation, or a fellow man. Individuals who do not choose to serve, are temporarily taken out of the race, until they will accept, again, their responsibility to be conscious servants.

"All the heartache, the disappointment, the disillusionment, the failure, comes because the natural drive to serve has not been illumined, within the lifestream, to a point where the individual knows that service to the Godhead, ALONE, is the law of being and the ultimate purpose of creation and for sustaining life.

"When man serves individuals, when man serves a nation, a king, the presiding head of a country, he serves form, and the return will always contain the imperfection of such form. When man serves God, his service will take him into the presence of individuals, nations, monarchs, and he will

greatly benefit them all, knowing that neither his reward nor his ultimate goal will come from these beneficiaries.

“If man serves through duty, through moral exactitude, one day he will understand God and serve him, through love. ONE SHOULD SERVE LIKE THE SUN. IT IS SHINING IN YOUR HEAVEN. MANKIND IS THE BENEFICIARY OF ITS LIGHT, BUT THE SUN SHINES FOR THE GLORY OF GOD, TO ALL MEN.

“To serve God does not mean to disassociate oneself from one’s fellowman, nor to cast off the obligations of everyday living. Serving should be the motive of your life, action and being, just as you would set a thermostat to bless ALL in your home.

“Don’t expect a return for your service. PEACE COMES ONLY WHEN, TO THE BEST OF YOUR ABILITY, YOU ARE ENDEAVORING TO SERVE THE CAUSE OF GOOD!”

As we said, Krishna abided upon the Earth for at least 640 years. When he completed his service and returned to his star, he took with him 1,400 disciples, who, through his service, gained the ascension.

WHEN TO SERVE

By Werner Schroeder

WHEN should one serve? There is never any better time than RIGHT NOW. In this way, one is spared from the remorse suffered by Paul, who was not prepared to acknowledge Jesus as the Messiah.

Many good chelas waste a lifetime, awaiting a cosmic summons, passing the golden door of opportunity, never considering the practical service that can be rendered NOW on behalf of the Masters.

El Morya warned us that, once a person has received the gift of this knowledge of Ascended Master Teaching, if that word of freedom is not balanced by impersonal service, that soul will face karma before the Karmic Board.

Some people declare, "When I have attained, I shall serve the Lord." However, the Ascended Masters point out that if they would have to wait until the students were perfect in every way, they would have to wait, forever. Therefore, a better statement would be "SERVE WHILE YOU LEARN."

Everyone is familiar with the term "hell" and probably has wondered exactly what is meant. "Hell" is nothing more than the remorse one suffers, when he or she stands before the Karmic Board and is presented with the experiences of his past life. Then the person realizes what might have been; how he could have served life better. For all life-energy, for every electron loaned to an individual, he must render an accounting.

How much knowledge and experience should one have

before one steps forth and volunteers his or her spare time? Very little is needed. There is, however, one criteria, one prerequisite for impersonal service. And that prerequisite is proper motivation. All service, so rendered, should be given in a true sense of humility and peace, with a joyful heart and without expecting remuneration.

THE AMOUNT OF REQUIRED SERVICE

By Werner Schroeder

How much service should one give? This depends entirely upon how much spiritual development you wish to gain in this embodiment. Do you wish to become a teacher? Do you wish to attain the ascension in this embodiment?

In almost all cases, you do not have to leave your home or job. You may stay wherever you are. You may still earn a living and you don't have to sell everything and give it to charity. BUT IMPERSONAL SERVICE NEEDS TO BECOME THE NUMBER ONE PRIORITY OF YOUR SPARE TIME. NO ONE HAS EVER GAINED THE ASCENSION WITHOUT GIVING A LARGE AMOUNT OF IMPERSONAL SERVICE.

The chela is reminded that the initiations one faces on the path to the ascension are more difficult for those with family ties. The home is the temple of the family unit. It should be a grail of sanctity. It should be a focus of concentrated power, where each person supports the other with feelings of confidence and faith. The chela who is engaged in working in a family unit, must use that unit as a working foundation, where he can establish harmony, peace, purity, love, cooperation and spiritual illumination.

THE NEED FOR DAILY APPLICATION

By Annette and Werner Schroeder

The beloved Ascended Master Jesus, in recalling his mission 2000 years ago, said to the students:

“My ministry was one of action. Every day before leaving my home, great numbers of people would gather to receive relief from all manner of discomfort and disease of mind and body. Very few came to learn the technique which enabled me to alleviate their distress. I NEVER, NEVER went forth to serve UNTIL I HAD FIRST ANCHORED MY CONSCIOUSNESS in the feeling and presence of God. Only when I had contemplated God and firmly established my unshakable faith, that indestructible fortress of God's power and omni-presence, would I endeavor to convey that consciousness of God's goodness through words and works to my fellowman.”

Now, if a being with the spiritual development of Jesus had to do application on a daily basis, should this not apply to us, also?

Daily application shields us from the various negative influences that surround us. We live in the psychic realm, a realm filled with the negative thoughtforms of the ages. These negative forces attempt to influence our spiritual development. Therefore, daily application, namely, attunement to our I AM Presence and the Ascended Host, decreeing, applying the tools of grace (the Violet Flame and the Law of Forgiveness), contemplating (such as focusing our attention on an Ascended Master) and studying the teachings of the Bridge to Freedom, is the secret for opening the door to the

fulfillment of our divine plan.

Daily application results in additional blessings. As we decree for perfection for ourselves and for all mankind, and purify our four lower bodies with the Violet Fire and take control of thoughts and feelings, such purification makes us conductors, which enables the Heavenly Host to pour their radiation to the Earth through us. That radiation then pours out through the atmosphere and touches and helps purify every person's four lower bodies.

Some people ask, "Why do we need to give energy through decrees and visualizations to the Ascended Masters, when they are more powerful than we are and can do anything without our help?" In answering this question, it should be pointed out that, according to Cosmic Law, mankind has full authority over the sphere of consciousness (the lower realm) in which it abides. Therefore, the Ascended Masters cannot enter our sphere of activity and become active there without our invitation.

THE SCIENCE OF INVOCATION Correct Usage of Decrees

The Bible says, “Thou shalt decree a thing, and it shall be established unto thee.” Invoking the powers of God has been practiced on Earth ever since the time when the “holy innocents” (first inhabitants of the Earth) first accepted the hospitality of the planet. After the so-called “Fall of Man,” much of this power of invocation was misused by those who called themselves priests, and much of the destructive activities called forth are still with us today. Now, through God-invocation, the students may undo much of the terrific chaos created by the wrong use of the power of decreeing. Therefore, the learning of the Science of Invocation is essential to redeem personal, and planetary karma in this hour of world crisis!

Invocation of the God-powers is a true science. It must be learned carefully and methodically. The decrees have been consciously presented to man's intellect in order that he might use them as a balance for the misuse of the spoken word and for imperfect thought patterns created by himself and others. In order to shatter these thoughtforms, it is necessary to use energy vibrating at the same rate—but constructively qualified. In other words, a thought pattern created by wrong speech, must be broken by a vibratory action of CORRECT SPEECH .

The basis of any decree pattern is REPETITION. This is based on the fact that we have misused in many prior embodiments, so much energy through the spoken word, and CHARGED AND CHARGED that into the mental, emotional and

etheric bodies. Hence, we have solidified qualities of a negative and destructive nature within them. Now, to requalify the energy in these bodies and the physical body, we have to release the type of energy which will blaze into them and SHATTER those patterns which we have set up through the use of the spoken word .

Let us see what is the inner action that takes place during our decreeing. Jesus tells us that when a group of students gathers together for a meeting, a great Master Presence or deva stands within the atmosphere. As the decrees, fiats, and songs go forth in a fairly rapid but balanced tempo, the rate of vibration of the atoms making up your physical and inner bodies increases, and there is thrown off much misqualified substance, which is instantly transmuted by the Great One in charge of the meeting.

When a fiat or decree is made in the name of God "I AM," that decree lives ETERNALLY. This is because it is ensouled by some God-free intelligence, angel deva, cherubim, seraphim, or elemental, and those beings use that decree and keep it in living, pulsating form for the benefaction of the race. When a group or individuals with sincere intent and God-desire to help mankind gather together and give forth any type of constructive call, visualization or decree, to such a group there are always sent specific angels and devas who are so happy in that release of energy, that they keep it sustained and constantly active, long after the individuals have forgotten that they made the calls.

Are we invading somebody's privacy by decreeing, and are we taking away his free will? No, because it is our divine

right to see perfection in any situation. If the person is ill, ask the Ascended Host and your I AM Presence to help you to see the perfectly healthy person. This is called holding to the Immaculate Concept of man—to see him as God made him, in His image and likeness.

Beloved Saint Germain said, “The activity of decreeing for ourselves and for mankind, and all life in general, is a tremendous privilege of God's merciful love. It enables God's promises to be fulfilled, for it is in accordance with his own great Law. Gratitude for such an opportunity will give greater blessings in each one's daily life, and life, itself, will bless and thank those who love it enough to decree it free!”

The Use Of The Word "I AM"

The word "I AM" is the CREATIVE WORD OF THE UNIVERSE, used by all God-Beings EVERYWHERE for that purpose—not just on Earth! When a call is made using the word "I AM," this is a signal to intelligent life to create. LIFE, WHICH IS INTELLIGENT, WILL OBEY YOU. The call compels the answer! It always has!

Every creation that lives in your world, constructively or otherwise, is the result of the obedience of life to your command, somewhere upon life's way. Turn to the constructive, positive, conscious use of the powers of the creative words, "I AM" and PROVE TO YOURSELF that intelligent life will manifest ACCORDING TO YOUR DECREE. There is no greater teacher than one's own experiences!

"I AM" is God's very own, most sacred and holy name—so said Moses long ago. Jesus learned the power of the creative word "I AM" and used it, enjoying the buoyant, uplifting feeling of the constructive use of any statement preceded by the words "I AM." For example, he used the statement, "I AM the resurrection and the life."

When you have said for centuries, "I am helpless, I am sick, I am distressed," you have built into this etheric garment, into that which the world calls the sub-conscious, certain deep grooves of energy. It is a consciousness which has accepted that which you have decreed for yourself for millions of years. You have done the same thing with your emotional body and your mental body through the misuse of life.

Now is the opportunity for the chelas of the Great White Brotherhood to teach mankind that when using the creative words "I AM," they should always be followed by a positive

and constructive statement.

As there is no limit to the powers of the God-protection that can be called forth, and no limit to the transmuting power of the Cosmic Christ Love, YOU HAVE EVERYTHING AT HAND by which to draw forth, protect and sustain your God-endeavors.

When you become really advanced in your spiritual growth and development, you become the master of any situation. Then in one word you can say to the flood, "STOP!" You can say to the great earthquakes, "CEASE!" You can say to volcanic eruptions, "BE STILL," and it will be done!

Daily Contemplation

Contemplation is becoming still, and acknowledging God within you and in the world around you. It consists, also, of doing the daily meditations as shown in the AMTF *Daily Meditations* booklet. As part of this contemplation we send our love to the Masters, inviting them to work through us.

The Ascended Master Kuthumi stated: "There is a point where the individual, having made the necessary application to the spiritual source of all good, should REST IN THE SILENCE and accept the radiation and benediction called forth.

"The tendency of most sincere students is to continue, all through the period of contemplation, to make petitions, decrees, invocation, etc. This does not allow the inner bodies to become quiet enough to accept the gifts invoked. BALANCE between giving one's energy to connect with higher vibra-

tions and becoming still enough to receive the grace invoked, is essential to spiritual advancement.”

Studying

Studying the dictations of the Ascended Masters, on a daily basis, is an absolute must. It helps us to keep focused on the tasks ahead. It is better to read the constructive, helpful material given to us by the Ascended Masters, rather than to immerse ourselves in the often negative images portrayed by the public media, through television, radio, newspapers and magazines. This type of media is designed to sell and reach the masses; it is often based on a foundation of sensationalism, which does not always emphasize the good that people do, on a daily basis.

How much of the material of the AMTF-Publications should one study? Is it necessary to read everything? Where should one start? There is no answer that fits every situation. For example, what is your goal in life? How serious are you in your intention to gain the ascension in this embodiment?

Were you one of those thousands of individuals who, before taking embodiment, promised to help Sanat Kumara implement the divine plan for the Earth? Do you wish to become a member and co-worker of the Great White Brotherhood?

Then, by all means, you should purchase ALL of the publications of the AMTF. These publications contain the necessary information that, if applied, will enable the reader to gain the ascension in this lifetime.

The Ascended Master Kuthumi recommends the following

exercise before or after reading the dictations of the Ascended Host:

Still your four lower bodies and raise your consciousness until it touches the aura of the Master giving the discourse. Ask him to give you the Ascended Master feeling, comprehension, understanding, and capacity to interpret those words into action, to master your four lower bodies and for the blessing of your fellowman. Remember, you are about to partake of the qualified life of some God-Being who has, in mercy and love, chosen to give you his instruction to also become free. Feel a sense of deep gratitude, reverence and love in accepting this essence. If you will do this, you will receive, not only the word of expression of truth, but the living essence of truth, which will be a fire to your spirit.

A simple prayer, to be said before reading the words of the Master, could be as follows: "Beloved I AM Presence, grace me with the life and intelligence which enables me to read, to see and to comprehend that which is required of me. I am so grateful for life. Beloved Master _____, I ask for your feeling and your capacity to use this instruction to master my four lower bodies, for God's glory and mankind's comfort."

We should not read too hastily, but should pause sometimes to reflect. After completing the reading, make a brief invocation to your I AM Presence, and your particular Master, to nourish the seeds planted in your consciousness. As the idea entrusted with you should become a manifest flower of perfect expression in your world and that of your fellowman, you could say, "Beloved I AM Presence, pour the light of thy grace upon my consciousness, nourish the seeds planted by the Master."

Need For Humility

When we renew our acquaintance with our I AM Presence and the Ascended Host, we should remember that it will take many years before this channel of communication is cleansed of the creation of centuries of discord. This may be compared to trying to establish a link with a distant radio station. There is a lot of static, a lot of interference. The voice of our lower bodies, whose conglomerate voice is what we call our consciousness, wants to tell us how great we are. We have to tell these voices, that from now on, your I AM Presence and nobody else is the Master Control.

If we do not do this, sooner or later we will stray from our path. For example, the moment Mr. Ballard explained the I AM Presence to the students in the 1930's, some students told the other ones, "Oh, I am listening to my I AM Presence and my I AM Presence told me, you should do this and you should do that!"

Remember this, dear students, typically the I AM Presence and the Ascended Host talks only to YOU. Whatever the message, whatever the prompting, it is meant for you and you alone. Only in the rarest of circumstances does the Ascended Host employ another person to address SOMETHING that you should do!

GROUP ACTIVITY

THE RESPONSIBILITY OF THE DIRECTOR AND THE GROUP

By the Ascended Master Saint Germain

In order to participate intelligently in the ceremonial activity of the Seventh Ray, every person must be in conscious cooperation with the individual who takes the responsibility of directing the group activity. In fact, each such an one becomes a priest or priestess of the flame through the magnetic power focused through his own heartbeat.

The energy of the director directs and focuses the energies of the group, but there is no such thing as PASSIVE enjoyment of the service from the premise of the “onlooker.” Each individual is, rather, a participant in the actual performance of the successive steps in the ritual.

The director and the students may invoke the powers of the Sacred Fire – the masters and angelic beings – through the power of visualization, contemplation and directed thought and feeling. This may be done through song, through the spoken word and through the performance of certain rituals, employing pure floral scents and certain musical compositions of a spiritual nature. True efficiency comes when the director and the group can combine all of these faculties and means of invocation toward this end.

I must refer here to the position of the one entrusted with the responsibility of representing the Master to the group, that is, the leader.

The privilege and responsibility of the director is to unify the consciousness of the group through DIRECTED visualizations, decrees, songs, and active invocations of the powers of the Sacred Fire.

The unity of the energies released by each individual of the group into the collective thoughtform for the ceremonial is the strength of the service of that group to the cause of the brotherhood. This collective thought and feeling form determines the amount of spiritual energy that is drawn earthward and used to dissipate evil and set into motion new causes for world progress.

The ability of the director to obtain and hold the interest of the group, as well as the joyous, willing cooperation of the individual unit, determines the efficacy of the service.

Energies that are released through a sense of “duty” or “fear” are practically useless in the Master’s work. JOYOUS, HAPPY ENERGY IS THE HOPE OF HEAVEN.

Each individual who has professed enough interest in the activities of the group to come to the meeting, will find himself contributing more freely and willingly through some one of his inner bodies rather than another – (mental, emotional, etheric, physical, and, on rare occasions, the Christ Self). It is for each one to examine impartially his own development, and, if he find his mental, emotional or physical body to be the lazy one of his vehicles, he should endeavor to bring this particular body to greater obedience through directing it to cooperate with that portion of the service that seems distasteful to it. Here, the bodies of each individual must be treated like children.

The director must also endeavor to give ALL of the bodies equal opportunity to serve and not lean toward indulgence of the particular vehicle which he, himself, has developed.

For instance, many people love physical action and can participate happily in songs and decrees, but they are mentally lazy or undeveloped and soar off into a daze during the time when the mental body should be helping to cut out of the universal mind substance the form which is the protective canopy of the room, locality or nation. Others derive great emotional pleasure from instrumental music, but rebel at the physical effort required to decree.

In cooperative endeavor, IT IS BETTER TO HAVE A FIFTEEN MINUTE SPAN of a certain activity and keep it “alive” than a much longer one which strains the undeveloped bodies of the individuals in the group. By changing the type of service from that which requires the cooperation of the physical body, such as song or decree work, back to that requiring the cooperation of one of the inner bodies, greater service can be rendered than by holding the students too long at one particular type of service.

Ceremonial worship is the BALANCED USE of all the faculties, powers and vehicles of the individual – harmoniously blended and utilized to draw, focus and direct energy – to create new causes for good and dissolve those of an inharmonious nature.

Suggested Decree: “My world is the World of Freedom and the full, unconditional release of all the mastery, faculties, power and powers of the light of my Christ Self.”

The primal requirements for an efficacious service are:

1. The quieting of the inner and physical bodies of the participants through carefully chosen musical compositions of a soothing and inspirational nature. (This enables the members of the angelic host to prepare the inner bodies of the students to receive the greatest possible blessings from the meeting and also raises each individual to HIS OWN HIGHEST POTENTIAL SERVICE to the group and the master intelligence, who is presiding and working with such a group.)

2. The purification of the bodies and auras of the students, the director and the atmosphere which is to form the focus into which the spiritual energies are to be drawn through the invocation of the powers of the Sacred Fire, in decrees.

3. The protection of the students and the location, which are to be the chalice for the direction of those spiritual energies from the higher octaves. This protection is drawn forth by the use of the creative centers (thought and feeling) of each individual, focused and concentrated by the director's audible directions.

4. Recognition of the God-power focused through each participant, which is the authority by which energy is set into motion and directed toward ultimate good effects.

5. Acceptance of the presence of – and access to – the Ascended Host of Light, the angelic, devic, Cherubic and Seraphic Hosts, as conscious co-workers in the activities of the group work.

When these requirements have been met, the directing intelligence of the Godhead, either through the God-Presence of the director or an Ascended Master or angelic guest, will utilize the ritual to the greatest possible extent, according to the requirements of the hour.

HOW TO CONDUCT GROUP MEETINGS

By the Ascended Master Saint Germain

Introduction

I speak to you as I would if we sat before a fire in lovely lounging chairs, one to another, for I have no opportunity to speak privately to you except in this way. I speak not in a mandatory or arbitrary manner, but in a manner to convey to you something of the knowledge of the Law, which you, in turn, I hope, will convey to others. This is my word to you, whom I have loved enough to speak to as an equal, not as Master to pupil!

A group director comes into this activity, or any activity of the Ascended Masters, for one of many reasons. THE MOTIVE WHICH HAS PROMPTED SUCH A STEP WILL DETERMINE, TO A LARGE EXTENT, THE EFFICACY OF THE ENDEAVOR, the permanence of his work and his usefulness to us. If the director's motive is prompted by a desire to express vanity, to express a power complex, to express any human sense of self-aggrandizement, such a one will sooner or later fall by the wayside. There is only one type of director and leader who will last—and that is one who makes his vow to God, and his vow of service to all life! GO ALONE AND EXAMINE YOUR HEARTS AND FIND OUT *WHY* YOU ARE AT THIS PLACE ON THE PATH.

Preparing The Meeting

It is the task of the group leader to nourish the students and to draw forth sufficient constructively qualified energy for the blessing of the human race. This goal is best achieved through BALANCED ACTIVITY (studying the teachings, decrees, visualizations and songs).

BALANCED ACTIVITY IN SERVICE BRINGS FREEDOM! If you keep your people too long on a visualization, their minds will go back to those conditions which they brought in from the street. The mind is heavy. It is better to have one good point put into fertile soil and nourished by the decree pattern and your songs, than a thousand points which leave a person so weary that the consciousness tries to escape the concentration, and the person goes back into his own aura to remember his own affairs.

LET THEM USE THE MIND (through instruction and visualizations), LET THEM USE THE FEELINGS (through songs). THEN LET THEM PARTICIPATE THROUGH DECREEING. You are supposed to be doing what the body elemental does for your baby form—getting all of the body used, through activity of the muscles. Suppose the body elemental used only one hand and left the other atrophied, you would have a cripple. The body elemental has the infant stretch, cry and kick and all of the body muscles are developed equally.

REMEMBER, THE MIND OR OUTER CONSCIOUSNESS OF THE AVERAGE MAN CANNOT STAY WITH ANY ONE THING FOR EVEN FIVE MINUTES. CHANGE YOUR ACTIVITY AT LEAST EVERY FIFTEEN MINUTES IN YOUR AVERAGE GROUP.

A group leader, in order to be in perfect balance, might be likened to the director of a symphony orchestra. He has, within his consciousness, a magnificent piece or composition which he desires his orchestra to play. He has a great number of varied talents before him. He tries to choose the best, but there is always a limit to the best of any man. He has to handle many personalities and all of these he must join together in a harmonious way.

Now this symphony orchestra leader, if he is oblivious to his orchestra and too intent on his theme of music, is going to miss a great deal! The violins are liable to get ahead, the wind instruments behind, and chaos will ensue. If he is so interested in watching the individuals in his orchestra to see if they are wearied by the constant moving of the bow in playing the violin, or if he forgets the theme, or the feeling of the master composer, he will have chaos. If he is interested only in the what an imposing figure he makes, and if he thinks nothing of the composition nor the orchestra, he will not last long. In one case you have the one-pointed individual concentrating only on service, and in the other you have the individual concentrating entirely on the group.

AS A LEADER, YOU ARE RESPONSIBLE FOR THE PHYSICAL, EMOTIONAL, ETHERIC AND MENTAL DEVELOPMENT OF YOUR PEOPLE. You will be interested in one facet of that endeavor more than another because YOU represent a particular ray—you will be enthusiastic on that and rather inclined to let the others go by, which of course is a mistake.

SPECIALIZE YOUR ACTIVITY! Specialize on something that needs doing! Specialize if you can on something, on some

great Master, some great current need, or on that which your group is particularly interested in. For example, when you purify the elementals, if you could see the billions that go purified and free, you would realize something of the opportunity that is yours.

Blaze The Violet Fire Through The Meeting Room

I want you to concentrate on the Light but I also want you to realize what you are dealing with. When members of your group enter the meeting room, they bring along their coffee pots, tea pots and their unpaid bills. They enter in tight shoes and have in their minds various other things. You know these are forms, very very powerful forms. When you enter to start the meeting and you stand before a seeming stone wall, which sometimes is the case, it is just a solidification of people's auras and their troubles. They can't help it—they are smothered. If it were not for God, Lord Michael and the Powers of Light, there wouldn't even be a spark! I am amazed, myself, that mankind even makes the endeavor to try and understand the Law. THEREFORE, BEFORE THE MEETING, USE THAT VIOLET FIRE, through yourself first, then through the meeting room.

If you had inner sight, you would know that there is a Master or an angel present in the group. We start with the purification of the individual auras, trying to get out the coffee pots, the dollar signs, the desk drawers that overflow, the typewriters, the angry bosses, the disgruntled husbands and wives, bills, people—it sounds funny, but if you do not use the Violet Fire, that is what we have to work with!

Responsibility of Group Members

Participation in a group service offers the group leader as well as all other group members the opportunity of spiritual development. Such participation is an important step to gain the individual ascension.

Group members should realize that it is not enough to be an absorber, it is not enough to relax in the radiation—YOU MUST GIVE BACK WHAT YOU RECEIVE, in order to receive greater light and greater life.

Members should prepare for the meeting BEFORE they leave home, not only in physical cleanliness, but in mental peace, emotional stability and etheric purity. And may I say here, that many an ascetic man who obeyed the law of abstinence, who mortified the body and died in a hair shirt, but who did not perform the mortification of the feelings and mental body, has not risen as high as one more lax in fleshly things but more strict in the sublimation of the shadows still remaining in the mental and emotional body.

Think it through! In the first place, you don't only take your physical body with you to the meeting, you also take along your etheric body.

An individual, after having served in a monastery or convent and appearing in his etheric body before the Karmic Board, if his heart is filled with bitterness, spiritual pride and arrogance, is worse off than if he had lived a jolly life and gone home in an etheric body in which there was some semblance of tolerance and peace.

There is a balance in the Law. Moral and ethical obedi-

ence to the fleshly law of right living are good, and are to be commended IF they result in increased faith in the soul, endurance in the consciousness, and purity in the nature, but if they build up frustrations and cause scars on the soul It would be better they had never been done!

The average person today, who is interested in the Ascended Masters, has obligations besides the obligation to the group. The average student has an unyielding load to carry—his own karma, the obligation of making a living, his love of the Light. I could go on indefinitely. He brings that all in with him to the class. Some day in the new temples, we will separate the chairs a little distance, because one's aura extends considerable distance in even the most lethargic person, and that aura contains a lot! It carries the cares that beset the day, the worries of the mind and heart, the family affairs, the annoyances, resentments, confusions and depression. Such auras are found in even in the best of students. Remember, anyone who comes, at least makes the effort to come to a place where the Masters are endeavoring to promote the work.

Conducting the Meeting

It is the goal of the meeting to draw forth the very best God-qualities of each group member. In order to do this, the group leader must lead by example. He should conduct the meeting displaying a positive, enthusiastic attitude. Remember, feelings are contagious and the group will reflect the feeling of its leader.

If you are fiery and positive and filled with faith, courage and power, your group will reflect that. So, take a good look at yourself in the privacy of your own room and say, “Do I dare to duplicate myself in the souls of trusting men?” If not, call on the power of Archaii Holy Amethyst (twin ray of Archangel Zadkiel). Therefore, there is no reason for depression or despair. The power of the Violet Fire will make of you something that mankind wants to duplicate.

The group leader, conducting the meeting, is enveloped in the ray of an ceremonial angel or Ascended Being. He has more energy, more power, more enthusiasm, more endurance than his group, which is a point that is well worth pondering! Therefore, you will “outrun” them every time! You have made your application, so you can never expect your group to be quite that which you have developed for the meeting.

The Length of the Meeting

TO THE AVERAGE MAN, ONE HOUR’S WORK IS CONSIDERED A GREAT SPIRITUAL ACHIEVEMENT, two hour’s work is considered super, so I would not attempt to hold the class more than two hours at the very most. What happens if you do, is that the vitality of your class work is an anti-climax and it slumps into a lethargy and the individual goes back into his cocoon and begins to think in his own world. He hopes the class will soon be over and becomes body conscious and emits the most terrific color of vermilion red, and then the leader has that to handle. Many a good man or woman who has taken the task of handling the karma of the

group members (for the duration of the meeting), has, within his own body the resentment of all the work he had hoped to do!

Close the meeting on a high note and send the constructively qualified energies of the meeting to the forcefield above the sanctuary (meeting room). Let the members take the Light home. Think of some task or some lasting inspirational message that they may bring home, that will occupy their thinking and which will bring a blessing. Let them not return to their shell (old thought pattern) as soon as they leave the meeting.

A Loving Brotherhood

I love you, love you enough to show you ways and means of greater efficacy in your service. A friend is one who comes, and if solicited, will offer what wisdom, what strength, what physical substance, what emotional light he has in behalf of his fellowman. That is what I do! The greatest word in all the English language, or of Sanskrit, or of any language over the face of the Earth is "FRIEND!" Yet it is taken too lightly. I AM YOUR FRIEND OF FREEDOM, and you are mine, and together we shall make of this Earth a freedom star!

Together, let us be a the loving brotherhood of angels, elementals and men.

HOW TO CONDUCT ASCENDED MASTER TEACHING GROUPS

**A Lecture By Werner Schroeder, Held At The AMTF-
Conference In Mount Shasta In July 1990**

Today I like to speak on the subject of “How to Establish and Conduct Ascended Master Teaching Groups.” —As the hierarchy of the Earth set into motion the two-thousand year cycle of the Seventh Ray under the direction of Saint Germain, it introduced the type of religious worship which will become the predominant activity of the masses in the future.

The particular God-virtues of the Seventh Ray and of Saint Germain are uplifting ritual and ceremonial worship, expressed in group activity. In group activity, every participant who works in conscious cooperation with its director, becomes a focus of the virtues of the Seventh Ray, and a magnetizing center through his own heartbeat.

The importance that the Ascended Masters place in group activity can be demonstrated best by quoting from the statements by beloved El Morya in 1952. He said if it had not been for this activity and the decreeing that is part of this service, he would not have even bothered with the Bridge to Freedom dispensation.

Therefore, in 1952 the Ascended Masters Saint Germain and El Morya requested a cosmic service that would cover the entire planet. They reasoned that through such an endeavor not only the planetary crisis could be brought under control, but also a new permanent Golden Age could be introduced.

The beloved Ascended Master Jesus said, "Where two or more are gathered together in my name, I will be in the midst of them." This again points to the importance of group activity." Another Master said, "Group Activity is the hope of heaven." The Masters called group leaders "the shepherds of the human race."

The law of conservation of energy applies to Ascended beings also. To be active in their own Ascended Master octave they have an unlimited amount of energy available. But in their dealings with unascended mankind this is not the case. Therefore, if the Masters can work through an individual, namely the group director, instead of having to drill individual tunnels to contact the consciousness of all group members, a certain amount of energy is saved. So group activity is one example of the application of the law of conservation of energy.

It was this activity that made it possible for the Earth to continue to keep its place in the galaxy during the tests and trials of the 1950's, and it may be this activity of the students of today that will make it possible to continue having the Earth as a planetary home.. Therefore, the establishment of groups as a means of carrying out the design of the blueprint for a new golden age is the need of the hour.

Motive And Attitude

The Masters said that the entire future progress of the group depends on motive. Therefore, the first thing the group director should do, is to examine the motive for establishing the group in the first place. Is the group leader consecrated to the cause of the Great White Brotherhood?. Is the primary motive to draw others into impersonal service to further the spiritual development of all group members and to radiate constructively qualified energy to the Ascended Host? This is of prime importance. Right motives open the gates to heaven.

The Masters said that those who place first priority on impersonal service rather than on financial gain will automatically be guided and protected.

Here we are using the word “impersonal service,” because we do not know for what specific beneficial service the Brotherhood will use our energy.

There is another item that group directors and members alike should be aware of. Mankind may be grouped into seven different categories, according to the ray each individual belongs to. In addition, each individual brings along his own particular spiritual development, shaped and sculptured through hundreds of embodiments. Dealing with individuals with these different characteristics is not an easy task, especially for the group director.

Here is another problem. While each student makes spiritual progress, this is known to the Cosmic Law and an additional amount of karma is released to the student. This is

something else to be handled by the group. For instance, group members may become aware that the group director faces one personal problem after another. This does not necessarily reflect on his performance. For one reason, prior to embodiment, he or she may have opted to take on more karma in this embodiment. So let us be careful, before we judge. Do not judge a teaching on the basis of the conduct of any person. Jesus once said, "Let those without guilt throw the first stone."

It is the group director who learns the most because it is he who prepares the lesson. So, if you wish to quickly get rid of your karma consider becoming a group director.

The Ascended Master Kuthumi in the series "The Guru and the Chela" answers a question by the chela. The question was if it would be proper to forego the joining of a group and instead study alone and in peace.

Kuthumi answered that this was a question raised for centuries. He added that it is indeed easier not to join a group, but the student's spiritual progress can much be accelerated if one were to pass the tests that arise from attending a group. He further stated that the progress of the entire Great White Brotherhood depends on the energy emitted by groups. Regarding the spiritual development necessary to start a group, Kuthumi replied that if the Brotherhood would have to wait for a group director, perfect in every way, they would have to wait forever.

Kuthumi summed it up by emphasizing the correct attitude that all group members should have. He recalled some words which he wrote as St. Francis of Assisi:

“Lord, make me a channel of Thy peace,
“That where there is hatred – I may bring love;
“That where there is wrong – I may bring the spirit of forgiveness;
“That where there is discord – I may bring harmony;
“That where there is error – I may bring truth;
“That where there is doubt – I may bring faith;
“That where there is despair – I may bring hope;
“That where there are shadows – I may bring THY light.”

Continuing on the subject of attitude, if the group operates under the guidelines of Quality Circles, the platform and goal of objectives of the group could be as follows:

1. To conduct meetings according to the teachings of the Ascended Masters as given through Mr. Ballard and Geraldine Innocente.
2. To give energy to the Ascended Host thru decrees, songs and visualizations.
3. To foster the cooperative attitude and team spirit of the group by listening and jointly acting upon suggestions by all of the members.
4. To not engage in negative criticism of each other or any other person or group.
5. To have one member of the group in charge of each meeting so that these objectives are carried out.

Admitting New Members

Students should not be allowed, to come to the class at once. There should be an interview with the group director first and the purpose of the group should be explained. This means that as a minimum, the following items need to be discussed:

a) That the instructional material will be exclusively based on the dictations of the Ascended Masters given through Geraldine Innocente.

b) why we meet in a group and why we decree.

c) The purpose of the Transmission Flame Service

d) The schedule of classes (beginning, end, and vacation breaks)

e) the joint responsibilities of both the group leader and the members of the group in sharing expenses incidental to group activity such as the costs of cleaning the room (for this purpose, a love gift box will be provided or the group leader may charge a nominal amount to recover his expenses)

f) the duty of the new member to do some daily application and to apply the teaching to the best of one's knowledge.

g) Every new student should purchase the Decree Book and the publication "21 Essential Lessons."

The new student needs to be aware of these items and agree to abide by them.

In some cases, it may be necessary to set up a class for newcomers only. This way the gathered momentum of the group is not held back by a newcomer.

Preparing And Presenting A Lesson

Now, what material do you use in preparing a lesson? Here the choice is almost overwhelming, there are about 6,000 printed pages available. So, you tailor the lesson to the level of consciousness of the audience.

It goes without saying, the first consideration should be given to teach from the 21 Essential Lessons. They were developed, for that particular purpose. Then there are the Bridge to Freedom Journals, which contain the very core of the teachings and which contain an almost unlimited amount of instructional material.

Recognizing the different level of development of the group members, it is up to the group leader to prepare a lesson that benefits everyone.

Besides the 21 Essential Lessons and the Journals, other highly recommended items to be used initially are the Decree book, "Man, his Origin, History and Destiny," "Unveiled Mysteries" and "Ascended Masters and Their Retreats."

How should the 21 Essential Lessons be presented? This is entirely up to the group leader. It is suggested to have the group leader and the group members read the lesson at home and at the meeting to discuss the lesson. Some individuals learn best by reading, some by listening. Using this method you have the best of both worlds. This may be followed by a question and answer period.

In preparing the lesson, the group leader is reminded about the words of beloved Mother Mary about being in a state of listening grace. By being in this state, the group di-

rector will be guided by his I AM Presence or an Ascended Master in the preparation of the lesson.

One group leader did it this way: He put a wooden tray on a bookshelf in which the pictures of the Ascended Masters were displayed. Then he made the following decree: "I AM a holy grail accepting the guidance of the beloved Ascended Host in preparing the lessons for this Ascended Master Teaching Group." The results were amazing. Very often, when looking for other items his eyes caught some interesting article which he laid in the tray. From thus material he prepared the lessons and these articles always met the need of the hour. He never had to repeat one lesson in 2 years, because there was so much material available.

A different way to prepare a lesson is to write down what thoughts you get in the middle of the night, when awake and especially in the early morning hours. A penlight is very helpful in writing down these inspirations. It is easier for an Ascended Master to reach a student in the early morning hours, since there is less energy required (the Ascended Masters contacted Geraldine usually in the morning, about 4 am).

Another way to prepare a lesson consists of giving recognition to a special event, such as the Transmission Flame Service, Easter, Thanksgiving, Mother Mary's and Jesus' Ascension Day, or Christmas. Whenever a retreat is open, we can give recognition to the Hierarch of the Retreat by looking at his picture, the keynote of the Hierarch of the retreat and the retreat (if they should be different) or we can base a lesson on the God-virtue of the retreat. Whenever

er a retreat is open, we can also give recognition to the Hierarchy, by reading one of his dictations.

Whenever a retreat is open it is of advantage for the members of the group before entering sleep to place the attention upon the location of the Retreat. When the Teton Retreat is open, place your attention on a picture of the Grand Teton Mountain. The Masters said that the desire and momentum of the directed will, carries the consciousness toward the retreat like a rocket, whereas if this is not done, the consciousness drifts like a feather in the wind, reaching only the periphery of the retreat.

The dictations as given to Geraldine Innocente and Mr. Ballard contain all necessary items to gain the individual ascension and planetary ascension of our Earth. The Masters said, more was given than we ever could use and the discourses were given for generations yet unborn. Therefore, there is no need to bring in material from other channels.

Preparation For The Meeting

The Masters repeatedly stressed the importance of the proper preparation for a meeting. They stressed that the more energy that is spent in preparation, the more energy is available to them, in assisting mankind. The different avenues of preparation are as follows:

- 1) The group director before the guests arrive, plays some inspirational music.
- 2) Before the service everyone is encouraged to quiet

the inner bodies. Members of the group do this either at home or on the way to the meeting by listening to some music of an inspirational nature by contemplation or giving some decrees, especially Violet Flame Decrees.

3) At the meeting, holding an acolyte service and giving an Invocation helps prepare the sanctity of the room where the meeting is held.

4) If there is a large group, some members may be given the opportunity to sit in the front row and prepare the sanctuary. This has the added effect, of forming a ring of protection for the group director.

5) By accepting the presence of the angelic host at the meeting. There is a ceremonial angel that is assigned to the group leader and there are ceremonial angels in training for each of the members. These angels arrive well in advance of the meeting. The angels are very grateful, if they are assigned a specific place in the sanctuary or in the home of the group leader.

From this it follows, the more energy is spent in preparation for the meeting, the more energy the Ascended Host has available to assist mankind, since a portion of their energies does not have to be spent quieting the inner bodies of the students.

It is not of prime importance on whatever day the class meets. What is important is that once a meeting is held on a particular day, there should be no change. That sets in motion at inner levels a certain rhythm. Also there should not be a constant change in the location of the meeting.

Finally, in preparing the meeting the group director can give the following decree: “Draw all here who can be benefited, be harmonious and render service. Keep away all others.”

Conducting The Meeting

Now let us define the responsibilities of the group leader and the remaining members of the group. The energy of the director directs and focuses the energies of the group. His task is to unify the consciousness of the group through invocations of the sacred fire, decreeing, directed visualizations, songs and other uplifting musical compositions. The ability of the group leader to obtain and hold the interest of the group, as well as the joyous, willing cooperation of each member, determines the efficacy of the service. Energies that are released through sense of “duty” or fear are of little value. Joyous, happy energy is the hope of heaven.

The director must endeavor to give ALL members opportunity to serve and to express themselves. Some love to decree, some love to visualize, some participate happily in songs. It is better to have a fifteen-minute span of a certain activity (such as decreeing), and to keep it “alive” than a much longer one if such strains the undeveloped bodies of the individuals.

Each group member should realize that he/she is a member of a team and in order to go into a certain direction, all must follow. The thoughts and feelings need to be focused in the direction the group is going. Daydreaming,

soaring off into a daze, form the ingredients for the weak link in a chain. Everyone is important—there is no such thing as a leader and onlookers.

The activity of decreeing sets aside Ascended Master Teaching groups from many other groups. Praying is good and so is meditation. They help the individuals spiritual growth. Both help to create a beautiful aura that may bless others, BUT THESE ACTIVITIES DO NOT HELP A MASTER! A MASTER, IN ORDER TO GIVE ASSISTANCE TO A GROUP OR AN INDIVIDUAL DEPENDS UPON A RETURN OF ENERGY THAT IS VOLUNTARY AND CONSCIOUSLY DIRECTED AT HIM. Decreeing, contemplation (meditation coupled with the student's attention resting upon the Master), and songs incorporating the name and special activity of a Master, are the type of energy the Master can use. Of these, decreeing and songs are the most effective.

80% of the power of a decree is in the ability to visualize, and have a clear mental concept of what is being said. Also, in distributing literature, it is most important to visualize the Illumination Flame over the student who receives it.

Students should understand that they should enter the sanctuary or meeting room quietly and that they should also leave quietly. This way the radiation is maintained.

If the group has met for some time or if the students have been studying for many years, the group may decide have no instructional lessons, but to have just a decree session, supplemented by songs, music, contemplation and perhaps a question and answer period.

If a class reaches a certain size, it should not be split up. The more momentum that can be built up, the better.

The group leader should not be concerned if only a few attend.. Numbers are of secondary importance, the type of consciousness is all important.

If the group is well motivated, if it is well guarded against negative influences and if it operates as a quality circle, emphasizing team work, it WILL prosper. The Brotherhood is eternally grateful for the effort and every participant will, by leaps and bounds, make progress towards the goal of all life, the ascension.

Forcefields

When a group meets regularly for a period of twelve months, its harmoniously qualified energy condenses into a permanent forcefield above the sanctuary and this forcefield is ensouled by an angelic being. The Masters can utilize this forcefield long after the meeting is over. A forcefield has the additional benefit of forming a canopy of protection for the group members and their general location.

A forcefield is formed out of the thought force of the cooperative energies of individuals who share the design. The feelings of the chelas determine the size, efficiency, quality and Cosmic Service which can be rendered by this particular forcefield. THE CONSTANT RHYTHMIC FEEDING OF THE PATTERN KEEPS IT FROM DISSIPATING INTO THE UNFORMED ETHERS. AN ANGEL DEVA WILL THEN ENSOUL THE FORCEFIELD, GIVING IT GREATER STRENGTH AND RADIATING

POWER. No forcefield can do the work of another. The generalized forcefields of churches and other religious groups lose some of their efficiency, since there is no specialized activity at that location. In regard to specialization, the Maha Chohan suggests:

“I have been asking for ‘forcefields’ for years and for a simple symbol which can be used as the center figure of such ‘forcefield’ with which the students who belong to that sanctuary are familiar. That symbol should give those students a specific idea of what their group is doing and what particular service of magnetization and radiation is going forth from it. IF THE GROUP MEMBERS HAVE A COMMON SYMBOL, IT BUILDS STRENGTH. Through unity of mental concentration, the students cut out of universal light substance a good, clear pattern and fill it with the feelings of joy and Christ accomplishment as they continue to release their energy in decrees, songs and so on.

“THEN, THROUGH PROJECTED CONSCIOUSNESS, THEY CAN ‘TRAVEL’ IN THAT SYMBOL, which is a real form created of light substance, sustained and expanded by the energies of the groups. THROUGH THIS PROJECTED CONSCIOUSNESS, THE STUDENTS CAN VISUALIZE THEMSELVES TRAVELING ANYWHERE THEY WISH TO GO AND THERE, GIVING THEIR DECREES RIGHT INTO THE ACTIVITIES WHICH NEED HELP. For instance, you can go to the Middle East, into areas devastated by destructive climatic conditions, or wherever there is a need for your service.

“The center of your ‘forcefield’ can be any constructive pattern. Some groups or individuals have used the Maltese

Cross as their center figure. Some are using the Lamp of Truth for the symbol of their forcefield. As shown in the 'Journal of the Bridge to Freedom' through their calls and directing of the energies in their 'forcefields,; SOME OF THE GROUPS OR INDIVIDUAL MEMBERS OF THE ORIGINAL 'BRIDGE TO FREEDOM' HAVE BEEN DISSOLVING ICE FLOES, STOPPING STORMS AND RENDERING SERVICE IN PREVENTING AND REMOVING FLOOD CONDITIONS.

“Therefore, I ask, if it is at all possible, that you decide upon and consciously create just a simple symbol which you wish to use as the central pattern for your particular 'forcefield' in your local groups, wherever you live.”

More than a million years ago, all of us made the choice to forego a much easier orbit. We vowed to become co-creators with God, expanding God's Kingdom into other worlds and planets.

Another Master said, “People who have the karma that goes back to the Lemurian ages, the ages on Atlantis, Babylon, and Greece, had their four lower bodies rebuilt for one purpose, to bring to the Earth the knowledge of the Golden Age. Then having accepted that gift of grace, they do not accept or spread that word of freedom to others. Think of the karma that soul shall meet when it stands before the Judgment Board.”

The Elohim of Peace said, “Whatever you wish to accomplish that amounts to anything, requires the dedication of your life!”

Dear friends, let us seek the Light. Let us be the Light in action, and let us expand that Light!

Chapter 4

The Chela's Path To The Ascension

THE PROCESS OF THE ASCENSION

By Annette and Werner Schroeder

Many thousands of years ago, mankind consciously made the choice to embody on this planet. The purpose of embodiment is to expand God's kingdom on a sphere of lower vibration, thereby becoming the master of energy. We learned that this is a necessary part of our spiritual unfoldment. In preparation for this task, it was necessary to pass through a schoolroom called "The Seven Spheres" (see "Man, His Origin, History and Destiny").

Only one of twelve individual lifestreams finally gained embodiment on Earth. The remainder either did not choose embodiment, or chose to remain in one of the seven spheres to serve God there. The Plan of Creation is to become a co-creator with God. With each thought, each action, each feeling, we create. During this process, many of us unknowingly miscreate. This adds to the effluvia of the planet and stands in the way of our ascension. The experiences gathered while dwelling on a planet enable us to make greater spiritual progress than that made by those who choose not to have this experience. This is the pathway to becoming an Ascended Master, a member of the Great White Brotherhood, a member of the planetary and solar hierarchy, and yes, a creator of galaxies.

To sum this up, our destiny is to become masters of energy and vibration and to achieve the ascension, to become

an Ascended Master. We were expected to achieve this goal with only seven embodiments on Earth. Due to mankind's misuse of energy, most of us have already had thousands. We may postpone our ascension through free will or wrong choices, but ultimately we must achieve this goal, as it is part of our divine plan.

In order to achieving the ascension, every chela must experience the process called "The Seven initiations." This procedure will now be described.

ASCENDED MASTER RETREATS

An Ascended Master Retreat is a location where light substance has been magnetized and radiated over long periods of time by Ascended Beings. The retreats are located either in the etheric realm or in the physical world, often within mountains and other places unapproachable by the curious. The Brotherhood of a retreat maintains the Foci of Light, assisting in its activities.

The retreats, through their radiation and other activity, have saved mankind from complete degradation. Each foci specializes in one or more God-qualities, which are radiated to mankind on a monthly basis. The knowledge of the timing of the outpouring of the God-virtue, radiated by the retreat, enables students to participate in this transcendent service, thereby becoming conductors and step-down transformers of the God-quality that is radiated. This service is called the Transmission Flame Service (see "21 Essential Lessons," Vol.2).

Formerly, under the old Occult Law, it was required, of a chela on the path, to enter a retreat in order to obtain instruction on Cosmic Law, to attain mastery and to reach the final goal, the ascension. The initiations of a retreat were quite severe. ."

Mother Mary, recalling the initiations that her son Jesus had to endure, tells us (Memoirs of Beloved Jesus and Mother Mary, p.70):

"It was difficult to see that small child going through the rigorous disciplines at Luxor. Sometimes, when my son

would come out, there would be beads of perspiration on his forehead and deep circles under his eyes. He was taking disciplines from which full-grown men and women have shrunk – yet it was not for me to interfere. It was my obligation to give him complete freedom and yet, in that freedom, to hold the concept in which there was no shadow of fear.”

Since 1938, all that has been set aside. The Masters give out the teaching through accredited messengers and the chela passes through the initiations in every day living in the outer world.

PROBATIONARY CHELAS

The students on the path to the ascension may generally be divided into two groups — those who accept the assistance and superior wisdom of guides, who have trod the path before, and those who do not. The Masters are not concerned with the latter. Those who prefer to set their own pace, proceed more slowly around the mountain, without the assistance of the volunteers from above. The bold, who grasp the hands of the Master, find attainment more quickly, although, before they stand on the summit, the arduous climb may sometimes tell on their spirits.

The word “chela” means “disciple of a Master.” There are “probationary chelas” and “accepted chelas.”

The Masters have stated that, whereas there may be many hundreds of students who signify a “passing interest” in spiritual lore, or who have an “intellectual appetite,” whetted by anything new and different, there are comparatively few whose lives, and not their lips, single them out as possible “probationary” chelas.

A “probationary chela” is chosen and accepted by a Master according to the following criteria:

1. The heart flame of the “aspirant” signifies his desire to become a “chela.” He is among the group gathered by the Silent Watcher (guardian spirit) from a particular region of the Earth. From among these, about one-tenth are chosen as probationary chelas. The others are put in the keeping of guardian angels and special beings, who will nourish and develop the spiritual desire, in the heart, to a point

where it is not the emotion of a moment or the pressure resulting from a crisis in earth life, which, when passed, will no longer motivate the soul to continue the spiritual search. Of all the applicants for chelaship, of all the hearts that cry "Why?" when faced with the appearances of life, few really mean to pursue the search. However, even this momentary cry places them among the potential chelas of the future.

2. The Ascended Master looks at the potential of the individual. He looks at his causal body, the accumulated good gathered during many embodiments. Any prospective candidate of the ascension has developed a certain spiritual momentum, a predominant expression of a certain God-quality. This virtue shows as the widest band in his causal body and it is an indication of the ray along which a student is most developed. A Master, having an affinity to this ray, then takes the responsibility of guiding and guarding the student.

3. The intense desire of the student for more knowledge and to serve the Master, may make him eligible to become a probationary chela.

When a Master accepts an unascended being as a chela, he personally guarantees, to the Cosmic Law, that the energy of the Master, invested, will be returned by the chela, through concentrated study and practical application of whatever he learns, and through impersonal service. If the chela does not balance this investment of energy, he places an additional burden on the Master. It is the Master, then, who must provide that balance through additional application and service to the Law. Hence, it would be best not to "court" an association with the Master, unless one is com-

mitted to serve mankind and the evolution of the planet.

Motivated by a sense of pride or a mistaken notion of the law, a student sometimes spends a lifetime on metaphysical contemplations, while the Brotherhood, whom he professes to love, is denied the practical assistance of presently-developed talents and energies. These students fail on the first initiation, which is “PRACTICAL WORKS MAKE FURTHER KNOWLEDGE AVAILABLE.”

How can we find the Master who is to become our guide and guru? Master Kuthumi answered this question as follows:

“When the pupil is ready, the Master appears! Until that hour, beware of the subtle projections from the 'many selves' which seek to glorify the ego. The natural development of your own spiritual nature will release a warm, pleasant, relaxed 'glow' when you are under the radiation of 'your' Master. Be careful that personality is not exalted. The Master will mute self and glorify God.”

Often the student is disappointed, that he is not recognized, when he works for the Brotherhood. Perhaps it does not occur to him that, the moment a person puts his foot upon the Path, he is immediately placed under the care and protection of a Master of Love and Wisdom, and the beautiful association with the Master begins, although outwardly the student is not always aware of this fact.

The first thing a Master does, when a student is presented to him for care and instruction, is to look down the lifestream of the aspirant and make careful note of his

strengths and weaknesses, as well as his potential reactions under the pressure of circumstances

The probationary period of chelaship lasts from several weeks to several embodiments. It depends upon the amount of karma the chela has accumulated, and upon the amount of discipline he is willing to accept. Some drop out under pressure of this "testing period." Others endure it slowly, through many embodiments. Yet, others choose to condense it and, no matter what the pain of mind or feelings, complete the task in a short time.

ACCEPTED CHELAS

The criteria for becoming an accepted chela is as follows:

1. The chela is TOTALLY COMMITTED to serving the Master, wherever and whenever possible. To be a chela is a serious commitment, not to be taken lightly. Half-hearted effort is of no benefit to either the Master or the student. The chela must adopt the entire teaching. He cannot accept and reject portions of the teaching. As one Master suggested, "IN THE PRIVACY OF YOUR HOME DECIDE ONCE AND FOR ALL WHETHER YOU WANT TO WORK WITH THE ASCENDED HOST, OR NOT."

2. The student must work on his shortcomings, so he may be able to be of greater service.

3. The chela must have the desire to help God, by helping his fellow man. IN OTHER WORDS, THE CHELA MUST BE WILLING TO SERVE AS HE LEARNS. Here the chela must examine his motive for helping, and he must be willing to serve now (regardless of the status of his present development), in whatever capacity he can. The question, "HOW CAN I HELP NOW?" opens the gates to heaven. The help must be offered WITHOUT ANY THOUGHTS OF REMUNERATION OR HOPE FOR PERSONAL GLORIFICATION. He is not discouraged when there is no opportunity to help. He is continually available for service, whenever that opportunity for service presents itself, to foster the cause of the Great Ones.

4. The chela must daily protect himself from negative influences, seen or unseen and he must put into practice what

he learns. This includes a certain amount of daily application (see “21 Essential Lessons,” Vol.1) and he must perform a certain amount of impersonal service.

The association between Guru and “accepted” chela is a mystic “parent-child” relationship, more dear than an earthly bond could be. From this point on, every activity of the chela reflects upon the Guru, and every desire of the Guru becomes the “heart desire” of the chela, that he might employ the talents and capacities of his lifestream to its fulfillment.

Every “accepted” chela, until he passes through the glorious gates to eternal freedom, is constantly passing through various experiences deemed necessary, by the Guru, to develop and mature the vehicles the lifestream uses, until the chela becomes the master control of energy. This relationship continues, through many initiations to, finally, full mastery.

The Master may SUGGEST, a course of action which will be beneficial to the spiritual development of the chela. A real Master will never order nor compel, through superstition or fear, a course of action which a chela should follow. All cooperation with the Great White Brotherhood is voluntary.

In the 1930’s and 1950’s, the Great White Brotherhood awarded special titles to a few select chelas. William Casiere was made one of seven “appointed messengers,” Mr. Ballard was made a “fully-accredited messenger” and Miss Innocente was called “the contact.”

The bond between an accepted chela and a Master is a very special one, in that the Guru accepts the consciousness

of the chela into his own sphere of influence, so he may be aware of the activities, thoughts and feelings of the chela, at will. In other words, the chela lives in the house of the Lord, dining at his table and partaking of the hospitality of his household. The Master looks over the inner bodies of the chela and repairs them, as needed, in a manner similar to that of a mother who mends the clothing of her child. The Master El Morya does this for his chelas once a day.

THE GURU AND THE CHELA

It is the tendency of the chela to lean on the stronger and more experienced Master. However, the chela is expected to proceed on the path primarily on his own power and he must not be “carried” by the teacher. The student learns wisdom by his mistakes.

It is wise for the sincere student to take stock of his intellectual and spiritual assets, but he should also take note of his “liabilities,” which include all human tendencies and weaknesses and these he should try to eradicate from his consciousness one by one, because if they are not removed, they will prove to be the greatest stumbling blocks to his progress, later on.

If the student, in every decision he is called upon to make, will listen to the “still small voice within,” he will surely hear the Master speaking, advising him as to the wise and proper procedure to take.

As the traveler grows “older and wiser,” and more “experienced” on the Path, he will sense the nearness of this beloved invisible mentor, and although he may not be able to discern him with fleshly eyes, he will unquestionably feel the radiation and comfort of that loving presence, who is so selflessly interested in his welfare. He will find that the Master whom he has been searching for on the “outside,” is, in fact, “nearer than hands and feet and closer than breathing.”

Is it possible for chelas to live in situations where they experience the tests and trials of several embodiments, while living in the same physical body? Yes. If an individual comes under the personal direction of Saint Germain, as an active conductor of the violet ray, he will be given the marvelous privilege of taking several embodiments in one, without the necessity of discarding the physical body. During this embodiment, he will find himself in new environments, where friends and locations are constantly changing. Additional opportunity will be given to overcome bad habits and to attain self-mastery.

There are differences in the discipline of a Master. The Masters Serapis Bey, El Morya and Hilarion are known to be rather strict. Kuthumi, Jesus, and Mother Mary are of a more gentle nature. El Morya is known, symbolically, to pull his chelas up the vertical face of the mountain, and, during the climb, the chela may get his clothes torn, may get his skin bruised, but he arrives on top of the mountain (the Mount of Attainment), at a relatively fast pace.

Normally, a Master works with a student who is on the

same ray as the Master, himself. For example, if the student is on the Second Ray, he would be working with Kuthumi, Lanto or Lord Maitreya. But he could also be working with Jesus, since Jesus is a World Teacher, and that is an activity of the Second Ray.

The Master will share his understanding of the Law, but there has to be a persistent co-effort by the chela.

Even if the Master does his best to teach a chela, the ultimate results will always be in doubt, because he does not know how the chela will react in certain situations, due to certain weaknesses inherent within the chela, himself. When the Master notices that his association brings tension, strain and unhappiness, the door is mercifully closed, in part or completely, so that the chela may find his peace in a more gentle, leisurely climb. The Master cannot, and will not, be forceful in his relationship with a chela. He depends on a voluntary effort.

THE INITIATIONS OF CHELAS BEFORE 1938**The Ascension Temple At Luxor****By Annette Schroeder**

What is the ascension? When we have successfully completed our studies here on Earth, we return to the higher realms, never, again, to use Earth as a schoolroom. This is called making the ascension. The chela, in times before, started by going through the schoolroom of the Seven Spheres around the sun, and after gaining experience in mastering the lower vibrations of Earth, he made the ascension by passing the tests of the God-virtues of the Seven Rays, given to the chela in the Ascension Temple. To understand the seven initiations necessary to make the ascension, let us consider the functions of the Temple at Luxor, where candidates for the ascension have been trained for centuries.

Until 1938, when sufficient merit was shown, including sufficient impersonal service to life, the chelas were brought to the Ascension Temple, at Luxor, Egypt. They were not even considered candidates and admitted to the first temple, unless there was reasonable assurance that the knowledge gained would result in deeds of impersonal service to life. It all goes back to why we are here—to serve God and mankind.

The Ascension Temple is located in the physical plane, near the city of Luxor, Egypt, and the Nile River, in the desert. It is a large, square building made of stone, surrounded by a high wall. Within this wall is a beautiful garden, containing fountains and many species of flowers and birds, brought

here for the purpose of perpetuating them.

The building, itself, is composed of tall, white columns, twelve on each side. There are seven temples, one within the other, which perform the action of the Seven Rays. In the Ascension Temple, all rooms are square in shape. The first room, or square, is colored blue, representing the First Ray. The next one is yellow. Then, within that, is the pink room, and so on, for the Seven Rays. The Flame Room, which composes the center, is all white. Interestingly enough, there are no doors between the rooms, the dividing line being formed by several columns. The outer temple is large, and can accommodate many chelas. A neophyte, coming into the retreat, knows only the outermost room. He can not see beyond that, or into the next room. He has no idea there is another room, another portion of the building there, until his consciousness is raised, and he is prepared to enter the vibratory action of the next section, whereupon he simply walks in, between some pillars.

The altar is in the center of the Flame Room, and is shaped like a pyramid, on the top of which stands an Egyptian urn, holding the Ascension Flame. The chelas encircle the altar at ceremonies. The twelve virtues of the Godhead (which the zodiacal signs represent), are represented around the altar.

There is a collection of valuable fine arts, and a great library of rare books is accessible to those admitted to the retreat, but there is no instruction as to which pursuit to follow.

Absolute obedience is a demand of the Brotherhood of

the Ascension at Luxor, in the retreat. They give training in controlling vibration and energy, and in the mastery of substance. The presiding Master is Serapis Bey, the strictest of all the masters.

Now that we know a little about the Ascension Temple, itself, let us learn of the procedure for the neophyte, as he enters the Seven Temples of Initiation.

The neophyte is first placed within a cell, similar to the kind of cell monks used at one time. There he is left pretty much alone. He is provided with a simple bed, chair and table.

Of course, he has access to the wonderful library of books. He is expected to commune with his own I AM Presence, endeavoring to contact that God-Self and develop, within himself, a humility before it.

Within the first temple, the chelas LEARN THE REASON FOR BEING. They make the great surrender, and they are willing then, whatever the difficulties it may entail, to *work UPON THEMSELVES*. If they need physical endurance, certain exercises, certain dances, certain breathing exercises are given, and strength and vitality are built into the body. If they need emotional tranquility and balance, disciplines are also offered to develop these. EACH ONE IS HIS OWN GURU, AND THAT IS THE MOST DIFFICULT PART ABOUT THE TEMPLE AT LUXOR.

Within this first great temple, under the direction of the great El Morya and his assistants, comes the DISSOLVING OF REBELLION. Rebellion against discipline and self-correction is

a formidable barrier to real spiritual progress. Rebellious feeling cuts off every man and woman from a state of grace, and constant communion with the God-Self.

Those few, who pass from the first temple, are taken to the second temple, known as the Temple of Learning.

Here, under the direction of beloved Lanto and the brothers of his order, they are given instruction in the Law. They develop understanding of the Law of Cause and Effect, and other divine laws.

It is a pleasant and happy time. The good in the Causal Body is studied, and chelas are made aware of the action of the Law which states, "When you receive more assistance than what is due you by merit, you must give a balance of service." From studying his Causal Body, and from listening to the dictates of his heart, the chela determines how he can give the greatest possible service to the community and mankind. He determines to become a great singer, a great artist, an inventor, a teacher, a healer, a priest, and so on. He is then assigned to a temple, where he can develop greater and greater efficacy in his chosen field.

In the third temple, you are required to live with six other lifestreams, who have, within them, the particular characteristics and general qualities that irk you. You must live and pray with them. You must live and learn the law which Saint Germain gave not so long ago, that "people resist persons, places, conditions and things, because they have not mastered themselves." After you have adjusted yourself to these six individuals, you are moved to another group of six, unless, of course, you are among the few who do not need

this. It is at this temple that almost all of the chelas leave. This temple is supervised by beloved Paul, the Venetian, the “Gentleman of Heaven.” Yet, to be a gentle woman or gentle man, you must be so strong, and your tolerance so developed, your love so magnificent, that nothing can change the radiation of your aura, except your will, directing it forth for a good cause.

Those who make it through the third temple to mastery, come before Serapis Bey for the first time, since entering the retreat. Many, many, have left, by the open door, before this moment! The beloved Ascended Lady Master Nada had a difficult time passing this initiation. Several times, during brief periods of freedom, she would dash out into the desert or to the river Nile, seeking relief.

In the fourth temple comes the wonderful experience known as “unification with the Christ.” It is an initiation in which Serapis Bey, himself, is the presiding master. Those who have learned to live with their fellowman, have earned the right to live with God, and to see the Presence face to face! Here the veil is rent, and the Holy Christ Self is revealed!

But this is also a time when “many voices” speak, when only discrimination, prayer, selflessness and humility can discern the Voice of the Silence. It is a time when, if possible, the ego is inflated, and the voices speak of great things the outer self shall do. Within this temple, the outer self of the chela is shorn of all egotism, subtle and apparent, and after passing through this initiation, the lifestream is ready for consecration.

In the fifth temple, where the ever-dwindling numbers enter under the great Hilarion, we come to the beautiful Festival of Consecration. The chelas are dedicated here as the priests and priestesses of the flame (the Sacred Fire). Up to this point, they are not permitted to tend the flame, or officiate at the altar. They are the congregation, the supplicants, the neophytes with the shaved heads, the linen garments, bare feet, and hopeful hearts. When they enter the fifth temple, having passed through the initiation of joining the Christ Self in humility, selflessness and service, they are ready to have the garments of CONSECRATION, the vestments placed upon them, the golden sandals on their feet, the silken garments upon their bodies.

Then, the great Hilarion, the Archangel Raphael, or one of their court, performs the Service of Consecration. The Light is consecrated before it enters the body. The emotional body is consecrated and made visible to the entire assembly. Then the etheric body and the mental body are consecrated, and after those inner bodies are so blessed, every one of the senses is consecrated by the presiding priest and by Serapis Bey. It is a magnificent ceremony, and it shall one day be woven into the ceremonies of the future. Then, there is given the consecration of the hands, through which flow the Flame of Healing, the consecration of the feet, which become the anchorage of the Sacred Fire, wherever that body moves, the consecration of the lips, to speak the sacred words, which invoke and command the manifestation of precipitation and healing powers, the consecration of the energies through the eyes, that enable the lifestream to see only perfection and call it forth.

The new priests and priestesses, magnificent in their robes, each one representing the ray which is the natural activity of the lifestream, are assigned to the temple worship. Here, they serve for shorter or longer periods, some going no further than this initiation.

In the sixth temple, the chelas become ministering mendicants, leaving Luxor to test their Light in the world of form. The beautiful vestments are taken from their shoulders and folded away, also the silken garments, the magnificent headdress, the Jewels of Light, the Scepter of Power, all are removed. Clothed, again, as a wandering beggar, the ministering beings, under the Devotional Ray, go into the world of form WITH NO CREDENTIALS and with a VOW OF SILENCE. There is no way to make even the spiritually alert and worthy know of their qualifications, except by the mendicant's own Light which, through the eye, the gesture, the radiation, and the aura, have to render the service of expanding the Light and encouraging the ascension within those they contact.

Those who do return, and some have, through the ages, bringing back the sheaves of their service in the world of form, are ready to enter into the seventh great temple, and through the use of the Violet Fire, every atom and cell of their being becomes a ceremony of externalizing God's perfection. They become, each one, like a window, through which the God-life flows without impure qualification of any kind, except to expand the borders of the kingdom. Each one is like a fountain, which has neither form nor self, and in this cloister they remain, until the close of their Earth span, and the ascension is assured.

**CODE OF CONDUCT FOR A DISCIPLE
OF THE HOLY SPIRIT**

By the Maha Chohan

1. Be conscious ever that thou aspireth to the full expression of God, and devote all thy being and thy service to that end, as expressed so ably in thy First Commandment.

2. Learn the lesson of harmlessness. Neither by word nor thought nor feeling inflict evil upon any part of life. Know that action and physical violence is but the lesser part of the sin of harmful expression.

3. Stir not a brother's sea of emotion, thoughtlessly or deliberately, for know that the storm in which thou placeth his spirit will sooner or later flow upon the banks of thine own lifestream. Rather bring tranquility to life, and be as the Psalmist so able puts it, "oil on the troubled waters."

4. Disassociate thyself from the personal delusion. Let self-justification never reveal that thou dost love the self more than the harmony of the universe. If thou art right, there is no need to acclaim it, if thou art wrong, pray for forgiveness. Watching the self thou wilt find the rising tides of indignation among the more subtle shadows on the path of right, called "self-righteousness."

5. Walk gently through the universe, knowing that the body is a temple in which dwelleth the Holy Spirit, that bringeth peace and illumination to life, everywhere. Keep thy temple always in a respectful and cleanly manner, as befitting the habitation of the Spirit of Truth. Respect and honor, in gentle dignity, all other temples, knowing that oftentimes

within a crude exterior burns a great light.

6. In the presence of nature, absorb the beauties and gifts of her kingdom in gentle gratitude. Do not desecrate her by vile thoughts or emotions, or by physical acts that despoil her virgin beauty.

7. Do not form nor offer opinions, unless invited to do so, and then only after prayer and silent invocation for guidance.

8. Speak when God chooseth to say something through thee. At other times remain peacefully silent.

9. Make the ritual of thy living the observance of God's rules so unobtrusive, that no man shall know that thou aspiresh to goodness, lest the force of his outer will might be pitted against thee, or lest thine service become impinged with pride.

10. Let thy heart be a song of gratitude, that the most high has given unto thy keeping the spirit of life, which through thee chooseth to widen the borders of his kingdom.

11. Be alert always to use thy faculties and the gifts loaned unto thee by the Father of All Life, in a manner to extend his kingdom.

12. Claim nothing for thyself, neither powers nor principality, any more than thou claimest the air thou breatheth or the Sun, using them freely but knowing the God ownership of all.

13. In speech and action be gentle, but with the dignity that always accompanies the presence of the living God that

is within the temple.

14. Constantly place all the faculties of thy being, and all the inner unfoldment of thy nature, at the feet of the God-power endeavoring to manifest perfection through one in distress.

15. Let thy watchword be gentle humility and loving service, but do not allow the impression of humility to be mistaken for lethargy, for the servant of the Lord, like the Sun in the heavens, is eternally vigilant and constantly outpouring the gifts in his particular keeping.

THE INITIATIONS OF TODAY

By Annette Schroeder

The First Initiation

OUR LIFE, TODAY, IN THE PHYSICAL WORLD, IS SUBJECTING US TO MANY OF THE SAME INITIATIONS AS THOSE JUST DESCRIBED, and we can measure ourselves, our successes and our failures, without the promptings of a Guru, knowing, within the honesty of our own heart, wherein we need to develop more Light, and where we are already master. In this way, each man becomes his own teacher, and passes through the Ascension Flame, into the perfection of the great priest or priestess of ceremonial, and at the close of the Earth life, shall have freedom! These seven initiations will now be the subject of our discussion

Let us take a closer look at these initiations, which all of us are facing, today, in the world of form (the physical realm), to see exactly what they are and how well we, as individuals, are doing.

The first initiation is to know and do the will of God. Well, you say, that's all very well and good, but how do we know what is the will of God? The will of God is to bring perfection to the Earth. We are to be walking examples of the qualities of the Seven Rays, expressing truth, peace, harmony, love, and other qualities of perfection, in our lives.

The Will of God is becoming the best you can be, in whatever situation you are placed at the moment, expressing God's attributes to your highest sense of right, letting God flow through you in whatever it is your task to do, to be humble in doing God's will.

Here is a dictation by beloved El Morya on this subject:
“I speak to all mankind, everywhere! It is the fiat from the Heart of Creation that the WILL OF GOD SHALL NOW MANIFEST through your life, your energies, your senses.

“The WILL OF GOD is GOOD! The WILL OF GOD is for a free people! The WILL OF GOD is that the axis of the Earth shall be straightened, that the extremes of climate shall be mercifully blended. The WILL OF GOD is that every man, from within himself, shall draw forth the substance and supply which is the need and requirement of his everyday existence. The WILL OF GOD is that disease, death, poverty, limitation, and unbalance of mind and body shall be no more, that impurity, viciousness and unkindness shall die, that the Earth shall take on the hues of iridescent beauty which it had, when it came forth from the bodies of the Elohim. The WILL OF GOD is that there shall be no veil between man and God, and that angels, devas, and all God-free beings shall walk and talk as freely with the evolutions of the Earth, as men now talk with each other.

“It is time that the WILL OF GOD be impressed with such strength and power into the consciousness of mankind, that there can no longer be any dallying in the shadows nor acceptance of limitation.”

Another initiation we must pass today, as part of the First Initiation, is to melt away all rebellion - rebellion against limitation and rebellion against conditions. As an example, Helen Keller had to melt away rebellion in her early years at being born blind. She achieved great things in her life, in spite of her affliction. She stated, “So much has been

given to me, that I have no time to ponder over that which has been denied.”

The Law does not require submission to limitation, but requires being alert to use the Law, as we know it, to keep ourselves harmonious, peaceful and constructively employed throughout this process. Another example would be a grandmother, because of necessity, raising her grandchildren, keeping harmonious, loving, kind and happy throughout this experience.

It will give tremendous assistance to each one if, before entering sleep at night, your attention is turned to the Temple of Faith and Protection in the Canadian Rockies in Banff, Canada. Ask Lord Michael to CUT YOU FREE from the causes and cores of your various distresses and limitations, and all that BINDS YOU. This will enable the Power of Light to more quickly enter your world and bring you the perfection your heart desires.

To summarize, the first initiation is:

1. To do your very best in every situation
2. To melt away all rebellion.

The Second Initiation

As part of our second initiation, we, as chelas, are to serve mankind by teaching the Laws of Life to those who are receptive, so they, too may become masters of energy.

Those who desire to learn the Spiritual Laws of Life and, thereby, become effective teachers for their fellow-man, will receive much assistance by sending their love and heart call to beloved Ascended Master Kuthumi or to beloved Lord Lanto, to help in this chosen line of service.

Each individual is on a specific ray. We must first look at our talents and our special gifts, and then determine how we can best serve mankind and God with those talents. Do we become a great teacher, artist, singer, doctor, and so on? We must decide what it is, that our strongest God-qualities prepare us for.

In the second initiation we learn to BECOME STILL, to be able to receive the divine idea and direction as to how to manifest it.

To summarize the tests of the second ray, they are:

1. To familiarize ourselves with Cosmic Law, practice it, and apply it
2. To develop discrimination
3. To listen for the small, still voice
4. To develop reverence for all life.

The Third Initiation

The Third Ray represents the magnetic power of God's Pink Flame of Love, which is the activity which coalesces the divine ideas, and brings them into physical form. It is the substance of divine love that actually holds all form together, for without this love, the very atoms which make up the physical form, would fly apart.

Our test in expressing the magnetic pink ray is to love God, our fellowman, and all creation.

Tolerance and harmony are part of the Third Ray man, because in changing the outer world's appearances into the divine plan, whether it is of a person, locality, or a nation, the more that can be accomplished through these qualities of tact and diplomacy, rather than through a bombastic shattering of the existent form, the better for all concerned.

Experiment with the Pink Flame and try blazing it through every cell and organ of your physical body. Visualize this activity as you blaze it through your brain and mind structure, saturate your feelings with it and see how it becomes a magnet that draws people and things into your world for its blessing.

Visualize it bringing comfort and peace to all life, everywhere, especially to the birds and four-footed creatures, as well as to the human evolution, and see how wonderful is the activity of this Pink Flame.

Use it to bless everything you contact, machinery and mechanical contrivances, and anything and everything that does not seem to yield the harmony and perfection that you desire. It acts like "oil on the troubled waters," in harmonizing and bringing perfection where imperfection seems to be

manifesting. Call to the Great Beings who serve on that ray, to give you the added pressure of their love and watch the perfection that you draw into your world, for this Pink Flame of Adoration is without parallel.

Our Third Initiation, under the Pink Love Ray, is learning to express GRATITUDE. One of the quickest ways to release the God-powers locked within each heart is by a deep, sincere, and profound feeling of gratitude for life and the many, many blessings which you now enjoy. You will be surprised to find how very “rich” you are if you will take the time to ENUMERATE all the GOOD that is now in your world. GRATITUDE causes the thing you are grateful for to expand and double its blessings to you, so that where there was only ONE blessing, your gratitude makes TWO!

GRATITUDE is really a stream of energy going forth from you with a BLESSING. Since all life desires to be loved, your gratitude causes more and more of the intelligence in all life to RUSH to you, to be blessed by your gratitude and be temporarily relieved from the pressure of discord, which they have been under. Lack of gratitude for the good now experienced, has prevented many a door from opening for earnest students and has prevented releasing the abundance of good which they desired and expected. THERE IS NO SUBSTITUTE FOR GRATITUDE AND LOVE!

So to summarize, our tests under the third initiation are:

1. To love God with all our heart, and to know that through him, all things are possible
2. To love and understand our fellowman, showing tolerance, harmony and respect
3. To express gratitude for life and all its blessings.

The Fourth Initiation

All training by the Ascended Masters is for one purpose only—to help aspiring students to so purify and harmonize themselves, that they may quickly gain the ascension and MANIFEST the I AM Presence—thus fulfilling their reason for being.

1. Thus, initiation number one, under the Fourth Ray is learning to purify and harmonize ourselves.

Throughout the many embodiments, we have set many causes into action of a discordant nature. Much can be done, for ourselves, with the help of the Ascended Host.

2. Also important to the student is holding the Immaculate Concept for mankind, seeing only his perfection, regardless of what the senses tell us.

The Immaculate Concept, which is so little understood in the outer world, is that activity of holding, in the thoughts and feelings, the DIVINE PATTERN, the divine blueprint for yourself, each other, and every part of life you contact. There is a glorious and beautiful divine pattern for every expression of life, and when that is held in the consciousness, instead of the outer appearance, which temporarily clothes that particular form, it assists in bringing into outer manifestation the expression of the blessing with which God endowed it in the beginning.

This is what the beloved Mother Mary did for beloved Master Jesus—holding fast to that divine image of a GOD MAN for Him, from before his birth, until after the victory of his ascension.

The Immaculate Concept is MAGNIFYING THE GOOD everywhere your attention rests, thus minimizing the appearances of imperfection, and helping to bring more Light to the Earth, rather than increasing the shadows. Let us learn to see something of GOOD everywhere and try to see ourselves, and everyone we contact, as the God-Being that each one really is.

Holding to the Immaculate Concept all day and being the “porter at the door of thought and feeling” is a formidable task. Jesus said, if he for ONE instant had admitted to the concept of a mortal, sinning, imperfect man, he would not have had been able to heal the sick. If you wish to become an Ascended Being, ACT AS ONE NOW. The kingdom of God is not located at some far-off place. The kingdom of God can be manifested on Earth here and now. Use the immaculate concept and see the results.

3. We must also shear ourselves of all EGOTISM, of listening to the voices which speak of great things the self shall do. Any semblance of EGO closes the door. Mother Mary admonishes the students, “Be humble in your knowledge.” Representatives of the Ascended Masters are measured by the humility they express.

Test Four, then includes:

1. Purifying the four lower bodies. This includes purity of mind and body and eating a proper diet
2. Holding the Immaculate concept of man—seeing man as God created him, in his image and likeness
3. Shearing the self of all egotism, apparent and subtle

The Fifth Initiation

The Fifth Initiation incorporates the qualities of concentration, consecration, dedication, healing and truth.

Beloved Elohim Vista explains, “Nothing can be accomplished on Earth, even in mundane activities of your daily living, without CONCENTRATION, from the smallest task of learning a recipe for your kitchen, to the greatest dexterity of technique which produces lovely music, to the greatest development of science, to the magnificent perfection of the educator, preacher and statesman. If there is not CONCENTRATION, there is only mediocrity, and only the bare surface is scratched. Those, who determine to rise above the masses, take one facet of living and masterfully develop it – deciding, within themselves, to excel along at least ONE line of expression, and according to their CONCENTRATION is their mastery and efficiency.

“It is the Law – actual scientific Law – that what you begin CAN BE ACCOMPLISHED, when it is in agreement with God's Plan to bring forth perfection, whether it is healing, precipitation, financial freedom, eternal youth, the restoration of a limb – IT CAN BE DONE – but the 'stick-to-it-iveness', which is an important part of my ray, and the qualification of the energy with my life, is required to produce these results.

“The greatest obstacles encountered to successful precipitation are discouragement and doubt. I have seen men and women, on the verge of great financial mastery, stop working on their project WITHIN AN HOUR of receiving their financial freedom! This is also true in healing. I IMPLORE

YOU—decide on some pattern and plan of manifestation and FOLLOW IT THROUGH! FOLLOW IT THROUGH! FOLLOW IT THROUGH! CONCENTRATE upon your design, until you have brought it into fulfillment!

“My service is also concerned with healing. You will understand how the activities of harmony and music are wound into the activities of permanent healing – healing of every distress – moral, mental, emotional, etheric and physical. That healing can come, instantly, when the fully-gathered cosmic momentum of myself, beloved Crystal, Raphael, beloved Mary, and Hilarion are invoked, to give you the full pressure and power of the momentum of healing, that is ours to give.

“It will be as practical and usable to you as your acceptance and use make it. In cooperation with my endeavors to give assistance in healing, my beloved Crystal offers the full, purifying essence of her Crystal Ray, which, surging through the emotional, mental, etheric and physical consciousness, can wash away ON AN INSTANT, the karma of millions of years. Call unto my beloved and allow that crystalline substance to wash your lifestream, until it is as pure as it was when first you were created of God—Divine Beings.”

To summarize the initiations of the Fifth Ray:

1. To develop the qualities of concentration and dedication in the activities of daily living
2. To call on the healing Masters—Beloved Mother Mary, Raphael, Jesus, Hilarion, the Elohim Vista and his twin flame, Crystal, to bring healing where it is needed, for ourselves and others

3. To search in life for the highest truth

The Sixth Initiation

The Sixth Ray is concerned with the activities of devotional worship, ministrations, and peace. One of the tests, under the sixth initiation, is the developing of an aura of peace and harmony, at all times. If you do not have peace within yourselves, you cannot minister to others, and teach them about the Light.

If you do not first have peace, you cannot obtain or give a healing. Peace precedes all permanent healing. It is a conductor of healing rays, for when an individual is in a state of turmoil, his aura repels the healing he desires, but when he is at peace, his aura accepts the healing ray.

If Jesus did not have such great peace, he could not have walked on the waters. There can be no manifestation without peace. Peace is one of the necessary steps to precipitation. As masters in training, we must pass this initiation, also.

In the sixth temple, at Luxor, the mendicant tests his light in the world. With no credentials, and with a vow of silence, he leaves the temple, and goes forth on a mission to expand the Light and to encourage the ascension in those he contacts.

For us, it is the same. We must go forth to work for the Brotherhood and mankind, teaching the Laws of Life, with no thought of remuneration for ourselves. We learn as we serve, in an unselfish manner. How do we do this? Here is a list of what may be done:

1. Become a teacher of the Light, on a one-to-one basis
2. As a group member, or on an individual basis, constructively qualify energy through songs, decrees and visualizations (see *AMTF Songs and Decrees*)
3. Participate in the Transmission Flame Service
4. Become a group director
5. Distribute literature containing the teachings of the Ascended Masters to those who are interested
6. Use the Violet Flame to help all mankind. By blazing the Violet Flame through yourself and all mankind, you will become a purer vessel and you will erase some of mankind's karma.

One thing we must remember is that Ascended Master students are scattered all over the globe, as points of Light. Do not become discouraged if there are only a few of you in your area. It is the individual and group consciousness that counts; numbers of students are of secondary importance.

The Elohim of Peace, beloved Tranquility, together with his divine complement, Pacifica, will answer every call and enfold each one in the actual substance, radiation, and power of their God-Gift of Peace to bless the family, the community, the nations and the world. Peace is an essential quality that each one must some day draw into his own world and hold, so that nothing within or without can ever disturb it. THAT IS MASTERY!

To establish a permanent Golden Age on Earth, there must be harmony. Let us contribute to this need for harmony. It is what a man is thinking, feeling and saying that creates, around him, an aura of peace and harmony, or one

that is dissonant. Let your soul sing, as you move about, even in the most mundane activities of daily living – as you scrub the floor, pull weeds, clean the garage. In the Light, there is no high or low position, there is only the Eternal NOW. Pour forth your song of harmonious feeling, as the Sun pours forth its rays.

To summarize the initiations of the Sixth Ray:

1. To radiate an aura of peace and harmony at all times
2. To work for the Brotherhood and mankind to expand the Light, with no thought of remuneration.

The Seventh Initiation

The Seventh Ray is our key to transmutation—removing limitations and distress by use of the Violet Fire.

The Lord Maha Chohan speaks: “The alert individual should take full advantage of the Sacred Fire of Purification (the Violet Fire) in order to transmute cause, effect, record and memory of hatreds, resentments, frustrations and other discordant karmic links that lie, for the most part, dormant in the etheric body, but which flare into resuscitated life and action when other lifestreams connected with them in the past, meet again.

“As certain tests are required, in the physical world, to determine an individual's fitness for a certain position, so do initiations on the spiritual path determine whether a lifestream has risen above discordant reactions to conditions, which might prove a stumbling block at a later date. These

initiations are constantly taking place in daily life, especially to those who come under the direct instruction and radiation of the Ascended Masters. As most of the experiences of life are of this karmic nature, calling on the Law of Forgiveness and the use of the Violet Fire will remove them from your paths.

“You are in training to become Ascended Masters! Freedom comes when you are master of circumstances, consciously, and can regulate any set of circumstances by the flame within your heart. There is no other permanent freedom!”

To summarize the initiations of the Seventh Ray:

1. To purify ourselves through the Violet Fire, to become a purer vessel to do God's will
2. To participate in the ritual of worship of the New Age

In conclusion, let us remember what beloved Arch-angel Gabriel has taught us:

“Mastery is the pre-ordained destiny of every man, woman and child belonging to this evolution!”

Elohim Vista stated: “It is the Law—actual, scientific Law, that what you begin CAN BE ACCOMPLISHED, when it is in agreement with God's plan to bring perfection to the Earth.”

The task before us is challenging and demanding, and, at times, it can even become downright discouraging! But that is when the earnest chela pushes on, even harder. We have come through many embodiments to this point in our development. We are candidates in training! WITH SUFFICIENT SINCERE COMMITMENT AND DETERMINATION, THE

ASCENSION IS OURS TO CLAIM!

THE BOOK OF LIFE

By Archangel Michael

The Ascended Masters and Angelic Host all serve under the law, in love, for a definite purpose, to set ALL MANKIND FREE.

When the book of life of a chela shows a balance of constructively-qualified energy sufficient to close, seal and lock the diary of the earthly pilgrimage, the Maha Chohan places it in the Cosmic Library. Here are some of the details.

The Maha Chohan's library, containing the FINISHED record of every Ascended Being's journey on Earth, is snow-white, and from the floor to the ceiling you will see the books from which the orthodox world got the idea of "The Book of Judgment." These books contain the record of the life experience of each one, from which the God of Mercy, through one of Kwan Yin's own personal court, has removed every record of distress, leaving only the good records.

When the ultimate victory is achieved, the being about to receive his ascension signs his inner name at the close of the final chapter. The Maha Chohan then signs his name, as does the Lord of the World. The golden clasp is locked, the key placed in its secret receptacle and the Book of Life, amidst general rejoicing, takes its place with the other volumes representative of all those who are FOREVER FREE.

THE ASCENDED MASTER TEACHING FOUNDATION

The AMTF was founded with the sole motivation to preserve, re-publish and expand the original teaching of the “Bridge to Freedom” in its pure unadulterated form. The Ascended Host had called this teaching “THE BIBLE FOR THE NEW AGE, WRITTEN FOR GENERATIONS YET TO COME.”

Through the effort of two volunteers, who functioned as an unpaid staff, using their own funds, this goal has been successfully completed. **Without this effort, the original teachings of the Bridge to Freedom would have fallen into oblivion.** Therefore, by this action, and not by words alone, those who follow exclusively the original teachings of the “Bridge to Freedom” may rightfully claim to be the successors of this organization.

It is noteworthy that so far, over 76 individuals, who consider themselves as channels, attempted to steer the AMTF away from its self-chosen course. **However, none of these individuals seized the opportunity to assist in the effort to preserve, fund, re-publish and distribute the original dictations given by the Ascended Host through Geraldine Innocente.** Would a genuine messenger of the Ascended Host not have offered help? Actions speak louder than words.

The founders of the AMTF traveled thousands of miles to interview several individuals, who were members of the original Board of Directors of the Bridge to Freedom. Also interviews with Alice Schutz, who at one time was the Secretary of Miss Innocente and William Cassiere, a messenger appointed by Saint Germain, to work with Mr. Ballard, were

helpful. Mr. Cassiere had, for a time lived in the home of Mr. and Mrs. Ballard. Thus, the original vision and the plan of the Masters for the “Bridge to Freedom” was rediscovered, and preserved by incorporating it in the goals of the AMTF.

The Lamp of Truth was chosen as the emblem of the AMTF, to signify the relentless search for truth, which is the vow and pledge taken by all members of the Brotherhood of Truth at Crete. Geraldine Innocente and A.D.K. Luk, the individual who introduced and guided the founding members of the AMTF to this teaching, were embodied, several times, as oracles at Delphi. The AMTF believes that a quest for truth should be the cornerstone of all religious teachings. Thus, the Lamp of Truth appears on all its publications.

It was decided that the plan of the Ascended Host, as received by Geraldine Innocente, could best be realized by proceeding as follows::

- 1) Gathering of the original dictations. In 1979 it was estimated that only four individuals had a complete set of the original material channeled through Geraldine and these individuals refused to share their material. It took about 25,000 miles of travel and 10 years time to complete this task. At one time, a trip from Mt. Shasta to Switzerland was necessary to obtain the access to photocopy the book “Memories of Mother Mary.”

- 2) Preparation of new book manuscripts, followed by printing and publishing the original texts. The newly published AMTF books contain both the original dictations by the Ascended Masters as well as new editions. The new editions consist of compilations of the original text, arranged accord-

ing to subject. Such editions makes it easier for students and group leaders to concentrate on a single subject. The title “21 Essential Lessons,” contains a complete study program to help the student on his path to the ascension. The goal of re-publishing the original “Bridge to Freedom” material was reached in 1990.

3) Translation of the original text into other major languages. So far (2008) twenty AMTF-books have been translated into German. The task of translating the original texts of the “Bridge to Freedom” into Spanish was undertaken by “Grupo Serapis Bey,” located in Panama.

4) Establishing Ascended Master Teaching Groups. These groups have the dual task of enriching the knowledge of the student about God’s laws and returning the energy of the Ascended Masters spent in their previous dictations in the form of decrees, visualizations and songs.

The members of the AMTF are working together as a team, acting as Guardians of Truth. They are committed to preserve the original teachings of the Bridge to Freedom in their original pure form, and they are determined that this teaching be carried from generation to generation.

If given loving attention, and guarded well, the efforts of the Great White Brotherhood will prosper. The plan is to bring people together who are ready to study and apply the original teachings of the “Bridge to Freedom,” **without mixing them with other teachings**, and who wish to actively participate in this holy mission.

Individuals, totally committed to the study and practice

of the teachings of the Bridge to Freedom, who are ready to actively apply these teachings in their daily lives and who do not have any affiliation with any other religious or metaphysical group are cordially invited to apply for membership in the AMTF.

It is an honor and a privilege to present the original teachings of the “Bridge to Freedom” to the students of today.

AMTF PUBLICATIONS

Archangel Uriel, referring to the teachings of the Bridge to Freedom, said on May 16, 1954, "Genesis and all of the succeeding Biblical Law is being written again. It is a Bible made up of the energies of the Archangels and the Ascended Masters, that will stand for the rest of the civilizations being brought forth on this planet Earth."

ASCENDED MASTERS AND THEIR RETREATS, 448 pp. Compiled from the teachings of the "Bridge to Freedom" by W. Schroeder. Presented in the first part are biographies of 107 Ascended Masters. Details include the tests, trials and initiations they had to undergo during their last embodiment to gain the ascension. The knowledge gained from the personal experiences of these Masters will help the students in successfully passing similar tests and initiations and in gaining their freedom as well. The second part of the books contains many details of 31 Ascended Master Retreats, including those that were active during the Transmission Flame Services which greatly helped our planet during critical times.

THE LAW OF PRECIPITATION, 256 pp. Compiled by W. Schroeder. How to successfully meet your daily needs. Using a step-by-step method, this book describes, in detail, the necessary building blocks in manifesting your wishes. In addition to describing the theory of precipitation, dozens of examples are given, showing how individuals have used this information to their own advantage. Included are 30 episodes, illustrating how William J. Cassiere, a messenger appointed by Saint Germain, used the laws of precipitation in healing others.

MAN, HIS ORIGIN, HISTORY AND DESTINY by W. Schroeder, 368 pp. Using a variety of sources, this title presents mankind's unrecorded history. Much of this material

has not been researched before, and it has not been available to the general public. Written in chronological order, the reader learns of the conditions prevailing during the advent of man on Earth, including his origin, his age, the place where mankind first embodied and the coming of the laggards from other planets, causing the “Fall of Man” on Earth. Fascinating highlights of the Lemurian and Atlantean civilizations are given. Also depicted are accounts of the unchronicled history of Jesus and the oracles of Delphi. Archangel Michael’s report of July 17, 1959 on the division of all of mankind. The new criteria is given that will be used in dividing mankind into two separate groups, one of which will find embodiment on a newly-created planet. The significance of this new process for the students of this teaching.

UNVEILED MYSTERIES, by Godfre Ray King, 288 pp.

This book contains Mr. Ballard's first experiences, following his meeting with the Ascended Master Saint Germain on Mount Shasta. We are happy to present to the students a full, unabridged copy of this priceless book, which heralded in the New Age. The new edition contains biographies of the Ascended Masters Saint Germain, Guy Ballard, and David Lloyd. A Chinese translation is also available.

THE SEVEN MIGHTY ELOHIM SPEAK ON THE SEVEN STEPS TO PRECIPITATION by Thomas Printz, 304 pp.

This book contains the unique and historic account of the principles employed in the creation of our planet, by the Builders of the Universe, known as the Seven Elohim. The Elohim explain how these principles may be applied by today’s students in their daily affairs. Explanation of chakric centers and how to purify them. Why group activities form a magnetic field of energy that can be used by the Ascended Host.

THE INITIATIONS OF THE FIRST RAY, 304 pp.

Description of the initiations necessary to gain the ascension, with emphasis on mastering the initiation of the God-virtues of the First Ray. The history of the “Bridge to Freedom” Organization from the very beginning all the way to its dissolution, including how the dispensation for the “Bridge to Freedom” was obtained, and the purpose of this endeavor.

The history of the AMTF, including how the teaching of the “Bridge to Freedom” was saved from falling into oblivion. We added the article “The Teaching of the ‘Bridge to Freedom’ and Other Groups.” Here we are emphasizing that none of the persons, considered today as channels, supported the effort of saving the teaching, or republishing and distributing it.

El Morya’s trip to the birthplace of Jesus, as one of the Three Wisemen. In the chapter, “The Spiritual Caravan,” El Morya extends an invitation to students to join him in a global effort, bringing in the New Golden Age. Why the “Bridge to Freedom” was established and the tasks of the Bridge Builders of today.

THE INITIATIONS OF THE SEVENTH RAY, 304 pp. Description of the initiations necessary to gain the ascension, with emphasis on mastering the initiation of the God-virtues of the Seventh Ray. The Law of Karma including the Karma of Omission. The Law of Forgiveness.

How to establish and conduct Ascended Master Teaching Groups. Featured are primal requirements for an efficacious service, and the responsibilities of each group member, including its leader. The book is an indispensable aid for those involved in group activities.

Beneficial Radiations (weekly cycle, 2000 year cycle, radiation of the Elohim and other Ascended Beings, the retreats

of the Ascended Masters, and the 12 temples around the Sun, also called “the Zodiac”). How to take advantage of these radiations.

MEMORIES OF BELOVED JESUS AND MOTHER MARY, 416 pp. These dictations by Jesus and Mother Mary, presented in chronological order, give the reader a complete account of their last embodiment. Many of the events are not given in the Bible, such as early life experiences of Jesus and Mary, Jesus trip to India and details of his ascension. Jesus explains the true purpose of his mission. The reader learns of Mary's journey to Europe, including her travels to Fatima, Lourdes and Glastonbury. Mother Mary explains the Law of Healing and the establishment of healing centers.

THE ANGELIC KINGDOM, 448 pp. This new title contains ALL of the dictations by Ascended Beings on the subject of angels, including text from the booklet “Archangel Michael and his Helpers.” These dictations allow the reader to get a comprehensive view of the activities of our unselfish, loving, helpers from the Angelic Kingdom. Each of the Archangels radiates one of the virtues of the Godhead, such as protection, illumination, and peace. This book contains personal addresses to the students from members of the Angelic Kingdom, showing them how to use these virtues for achieving their own freedom.

MANIFESTING VICTORIOUS ACCOMPLISHMENT, 304 pp. (formerly “**I AM Discourses**,” by the Cosmic Being Mighty Victory).

It was Mighty Victory who was able to set the Occult Law aside. This tall Master from Venus embodies the God-Virtue of Victorious Accomplishment. He has offered to assist students to manifest this God-Quality in their daily affairs.

We added dictations by the Cosmic Being Mighty Victory, given through Geraldine Innocente. These dictations complement the discourses previously given through Mr. Ballard, demonstrating that all of these published dictations came from the Great White Brotherhood, as presented through their accredited messengers.

21 ESSENTIAL LESSONS by W. Schroeder, in 2 Volumes. These graded instructions contain a summary of the teaching and all information necessary, if applied, to make the ascension in this embodiment. They are written in an easy-to-understand manner. A must for both group leaders and dedicated students, who study alone.

Volume 1, 336 pp. It contains the basic concepts of the teaching, such as the I AM Presence, the Violet Flame, the Protective Pillar of Light, the Law of Karma and why and how we should decree. It also describes the functions of the elemental and angelic kingdoms.

Descriptions of the God-virtues of the Seven Rays and how to attune to Ascended Masters, Elohim and Archangels.

Volume 2 (320 pp.) is intended for those students who wish to become chelas of the Ascended Masters. It describes the functions of the Hierarchy (Governing Board) of the Earth, how their messengers to mankind are selected and group activity. It is also explained how a chela may achieve the ascension, by successfully completing the various initiations and by performing the required service to God and to mankind.

ELECTRONS, THE BUILDING BLOCKS OF THE UNIVERSE, AND THE ELEMENTAL KINGDOM, 320 pp. 101 dictations explaining the origin and function of electrons as well as their relationship to individual life. Explains energy

and vibration. Dictations by the Directors of the Kingdom of Nature (earth, air, water, fire). The chapter on elementals explains the different types of elementals and their function in the kingdom of nature. These details lead to a better understanding of elementals such as sylphs, undines, gnomes and salamanders. Causes of catastrophes and how to mitigate them.

SONGS AND DECREES, 80 pp. For personal application and group work.

DAILY MEDITATIONS, 48 pp. These meditations make use of the prevailing radiation of each day of the week. This knowledge and application accelerates the spiritual progress of the student and blesses the location as well.

TEACHINGS FOR THE NEW GOLDEN AGE, 256 pp. Compiled by W. Schroeder. Presented in this publication is a series of addresses by the Ascended Master Kuthumi, present World Teacher. Students will welcome the opportunity of becoming acquainted with messages that are vital in bringing in a new Golden Age. The study and application of this material will enable students to become teachers, themselves, thus assisting the Ascended Host in implementing their plans.

MOTHER MARY'S ASSISTANCE TODAY, W. Schroeder, 256 pp. Mother Mary describes, in great detail, the cycle of life, death and re-embodiment, including the experiences after so-called death. This information has never been published, by anyone. Experiences after death include: meeting family members, judgment before the Karmic Board, assignment by the Karmic Board to Temples of Learning (in preparation for re-embodiment), Mother Mary's assistance and her service at the Temple of the Sacred Heart, the se-

lection process for embodiment, creation of the pattern for a future physical body, preparation and schooling for new embodiment and how parents are selected. Learn about the “Fountain of Youth,” how individuals can have a longer life-span and steps everyone can take to have perfectly-born and healthy children. Explains how to maintain perfect health.

BRIDGE TO FREEDOM JOURNAL. These original dictations of the Ascended Masters were published in the monthly magazine of the “Bridge to Freedom” Activity. **These messages are the very core of the teaching** and cannot be found in any other book. They are a practical guide, leading to spiritual development and a better understanding of the activities of the Ascended Ones.

Book 1: 4/1952–3/54; Book 2: 4/1954–3/1956; Book 3: 4/1956–11/1957; Book 4: 12/57–7/59; Book 5: 8/59–6/1961. All in soft cover. Books vary from 368 to 500 pp.

DICTATIONS, 99 Dictations by the Ascended Host. 448 pp. The dictations give actual reports of the meetings of the Karmic Board, how to develop discrimination, Kuthumi’s Mystic Mantle and the Masters’ efforts in the 19th century through Helen Blavatsky.

BRIDGE TO FREEDOM BULLETINS, Original dictations of the Masters of Wisdom, published on a weekly basis, approx. 560 pp. each.

Book 1: 4/1952 - 3/1957; Book 2: 4/1957 - 6/1961.

For a free booklist of all AMTF-Publications, incl. lectures on CD's and prices, please write to AMTF, P.O. Box 466, Mount Shasta, CA 96067, or search the Internet at:

www.ascendedmaster.org

