**SUGGESTED DAILY DECREES**

*(Create a ‘Sacred Space’ in your home, where you will be undisturbed and in the Morning, before starting the day - with deep feeling say:)*

I call forth the most powerful Cosmic outpouring of the Ascended Masters Divine Love into my calls to You, my Beloved Mighty “I AM” Presence - I Thank, Love, and Bless Them for this!

Beloved “I AM” Presence and that of **all** mankind - silence the human forever and hold it bound and in obedience to the Great Cosmic Law! Consume all discord with Violet Fire and replace all with Ascended Master Consciousness! **We Thank You**!

**BELOVED “I AM” PRESENCE, I CALL TO THE ASCENDED MASTERS TO DIRECT YOUR INDIVIDUALIZED FLAME THROUGH EVERY LIFESTREAM I MEET!** – I Thank You for this blessed Service and that I am always ready and worthy to receive this gift!

Beloved Mighty “I AM” Presence, See to it that I use Your gifts ONLY in the service and expansion of Thy Mighty Light! I thank ALL the Great Ascended Hosts for Their continuous Love and Guidance!

*Take time to sit and FEEL and cultivate the feeling of GRATITUDE & LOVE in your Heart – it is tangible and an actual SUBSTANCE that leaves your Heart – Pink and Gold in colour.*

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*(Keep your attention on your Mighty “I AM Presence”. Pour your love and gratitude toward it. Ask Your Presence to guide you this day. Then give, with deep feeling, the following decrees):*

1. In the Name, full Power and Authority of my Mighty “I AM Presence” and that of all mankind, I now give full authority and permission to the Great White Brotherhood to do whatever is necessary in this lower physical realm, to fulfil The Divine Plan for the Earth’s Eternal FREEDOM! And thank You, that all my decrees are self-sustained, maintained and expanding in Action, and doubled each hour with Cosmic Power, and all is done according to Thy Will! Thank You!

Oh Father of Light, show us Thy FULL GLORY we had with Thee in the beginning – WE THANK YOU!

PROTECTION

1. Beloved Mighty “I AM Presence,” Beloved Archangel Michael, Angel Commander Conrad, and Those that Minister to the First Ray of Protection, intensify Your Protective Pillar of Pure Light substance in, through and around me, my loved ones, and all constructive people, places, conditions and things across the Earth. CHARGE all with Your Invincible Protection, all-Powerful and Impenetrable! See to it that I AM Invulnerable, I AM Invincible and I AM Invisible to ANYTHING but Thy Almighty Perfection and please give me, my loved ones and ALL that is CONSTRUCTIVE on our Earth, whatever added protection is needed! **We Thank you!** *(Pause and visualize the Tube of Light - dazzling electric blue, 3-4 feet beneath and all around you, your loved ones, homes and where ever else you choose to place the Blue Light of Protection – i.e. countries or continents)*

CIRCLE & SWORD OF BLUE FLAME

1. Beloved Mighty Victorious “I AM Presence”, Archangel Michael, Lady Astrea & Angels of Blue Flame,

LOCK YOUR COSMIC CIRCLE AND SWORD OF BLUE FLAME AS OF 1000 SUNS in through and around all mis-qualified energy around me, my loved ones and ALL the people of the world, and ALL sinister force activity in, through and around our entire planet (x3)

SEIZE AND RENDER THIS ENERGY INEFFECTIVE! (x3)

TRANSMUTE! TRANSMUTE! TRANSMUTE!  IT ALL (x3) . . . cause, core, effect, record and memory, right back to the beginning of time, until we are FREE and into the LIGHT, And replace all with Ascended Master Consciousness! We thank you!

Illumine! Illumine! Illumine! the source and see that this energy may not act or encroach upon life ever again!

#### VIOLET FIRE DECREE

*(If possible, while giving these Violet Fire Decrees play The Blue Danube – Strauss Waltz,  - 7 minute version, or longer  -   as it contains the KEYNOTE of the Violet Fire – for more information read about the Violet Fire on the dedicated website page* [*www.iamfree.co.za*](http://www.iamfree.co.za)*)*

1. “I AM” the VICTORY OF THE SACRED FIRE and Law of Forgiveness for myself and all mankind for all mistakes, misqualified energy, and for straying from the Light! (x3)
2. Beloved Mighty “I AM Presence”, Beloved Ascended Masters Saint Germain and Lady Portia, Beloved Kwan Yin, Archangel Zadkiel and Beloved Amethyst, Mighty Arcturus and Holy Diana, and ALL Those that Minister to the Violet Fire, (BLAZE! x3) in, through and around me, my loved ones and ALL mankind  the MOST INTENSIFIED ACTION OF THE VIOLET FIRE EVER! Purify and Transmute forever all energy ever mis-qualified by us back to the beginning of time, setting all life Free we have ever harmed! Keep me, my loved ones, and ALL life on our sweet Earth, elementals and trapped angels too, forever sealed in a Mighty Pillar of Cosmic Violet Fire, until our Earth is truly FREEDOM’S HOLY STAR!    We Thank You!

(sit until the music is finished and visualize and feel the Violet Fire blazing up through and around your 4 earthly bodies, and then see it blazing through your home, your loved ones, and the country and continent you are on. Then see it enveloping the entire planet - **give deep thanks and love** to the Violet Flame and the Beings that minister to it. Hold the vision for as long as possible)

COSMIC LIGHT DECREES

GREAT COSMIC LIGHT, Come forth and do Your Perfect Work now! (x3)

The Forces of Light move into Action with Full Power, and are Victorious now! (x3)

Mighty Arcturus, come forth in that light as of a 1000 suns, and consume all human selfishness, fear and discord from the planet forever! (x3)

THE LIMITLESS LEGIONS of LIGHT now sweep across the face of the Earth and ALL human darkness disappears FOREVER! (x3) WE THANK YOU THAT THIS IS DONE!

1. Mighty “I AM Presence”, come into me and abide in me, walk the earth through me, keep me Infinitely and Divinely sensitive to Thee at all times. Holy Christ-self of me, see that I do not trip up, make mistakes or miss opportunities, and that I render **the very greatest service possible!**  You direct all my activities, world and affairs, now and forever! I thank you!

Mighty "I AM" Presence, See in Your wisdom that I make the Ascension at the close of this embodiment.

“I AM” the Ascension manifesting for myself and all mankind, Elementals and trapped Angels!” (x3)

Make and keep every person, place, condition and thing I contact this day, permanently Happier and more Free because I passed this way. I consciously accept this done right now with full power!

THE LIGHT OF GOD NEVER FAILS (X3) And “I AM” the only acting Presence in the Name of the Infinite “I AM”

“I AM” THE RESURRECTION AND THE LIFE OF ALL PERFECTION (x3) For Thine is the Kingdom, the Power and the Glory, for ever and ever “I AM”

I thank you, Beloved “I AM” – What I call for myself, I call for my loved ones, and ALL the people of the world. I release and thank all the Ascended Hosts for answering my calls and that all done according to Thy Will. We thank You.

**END**

#### MEDITATION – CONTEMPLATION *(15 minutest morning and evening – or longer if you prefer)*

*Play keynote of an Ascended Master or some other uplifting music, and become still. Send feelings of deep Love & Gratitude to your "I AM" Presence and to The Divine Beings. Visualize your body becoming a Blazing body of While Light - with a Golden Sun in the Heart Center, as brilliant as the noon day sun, and as we see this Light radiating from us, consciously fill that Light with LOVE and GRATITUDE so that it will fill all life with more Light.*

*If prompted, take one or more of the Ascended Masters, use His/Her picture. Contemplate the Consciousness, Nature and Feelings of the Ascended Master. Thank Him/Her for Their assistance now and during the day. Send deep Love and Gratitude to the Angelic and Elemental kingdoms, including your Ministering Angel and body elemental. On the return current, accept and feel the energies radiated to you.*

### (OPTIONAL) ADDITIONAL DAILY DECREES

"I AM" the most Intensified Rays of Illumined Truth & Divine Justice, ever experienced upon our Earth now taking Command! (x3)

"I AM" THE VICTORY OF SAINT GERMAIN'S CAUSE OF FREEDOM. (x3)

"I AM" THE VICTORY OF THE PLAN OF THE GREAT WHITE BROTHERHOOD. (x3)

“I AM” the only power that can act in my world, NOW & ALWAYS! (x3)

“I AM” the energy that sustains me and gives me the intelligence by which to act! (x3)

“I AM” perfect Health and Youth in my body now, and forever sustained! (x3)

“I AM” the Glory of God, the Mighty “I AM,” made manifest through my mind, body and world, now and always! (x3)

“I AM” the Power that beats my Heart, and Directs, Corrects, Perfects, Sustains & Supplies me at all times, filling me with Joy, Harmony and Peace and my Divine Plan fulfilled! (x3)

“I AM” The Victory of the Light of God that never fails, made manifest on our Earth right now! (x3)

“I AM” supplying Boundless Energy, Health, Inner Happiness, Harmony, Illumination, Peace and Wealth for everyone instantly, now and forever! (x3)

**DECREE FOR PEACE**

**Adapted from Saint Francis of Assisi’s Prayer (Beloved Kuthumi in a former embodiment)**

“I AM” a channel of Thy Peace,

Where there is hatred—I bring Love,

Where there is wrong, I bring the Spirit of Forgiveness,

Where there is discord, I bring Harmony,

Where there is error, I bring Truth,

Where there is doubt, I bring Faith,

Where there is despair, I bring Hope,

Where there are shadows—I bring THY Light.”

**COMFORTING PRESENCE**

Oh, Thou beloved immortal Victorious Threefold Flame of eternal Truth within my Heart,

ARISE! (x3) Illumine everything to me by the Cosmic Flame of Cosmic Love, and teach me the Ascended Master Truth concerning all! (x3)

Oh, thou beloved immortal Threefold Flame of Eternal Truth within my heart, ARISE! Compel all the energy in my body, mind and world into Perfect Divine Order through Divine Love. Protect, sustain and expand this Comforting Balance in, through and around me, making and keeping me the Comforting Presence of The Beloved Maha Chohan to **all I contact, today and forever!** (x3)

#### FOOD BLESSING *(before meals)*

Beloved Mighty Victorious “I AM Presence”, Thank you for the food on this table! Blaze The Transmuting Violet Flame through this food and Charge it with Ascended Master Light Substance. Thank You that it nourishes, renews and perfects every cell in my body (in our bodies).

We **thank and bless** all beloved elementals who brought this food into form in service to mankind. (*Pause and deeply feel Love and Gratitude for these little workers that for the most part, serve ceaselessly, without recognition, love or gratitude!)*

Beloved Mighty “I AM Presence”, we thank You that everyone on Earth has healthy food and learns to be Grateful, Harmless, Reverent and Sovereign! WE THANK YOU!