# HOW TO PRECIPITATE

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*Bridge to Freedom – Journal Book 4*

The power to think creates form. The power to feel fills that form with life. These two activities precede all precipitation (conscious or otherwise). Most people do not control their thinking faculties and thus the forms created by their thoughts are indistinct and imperfect. LEARN TO USE YOUR THOUGHT TO CREATE A CLEAR-CUT, DISTINCT PATTERN OF THAT WHICH YOU DESIRE TO PRECIPITATE. THEN LEARN TO ACTUALLY GENERATE FEELINGS OF HAPPINESS, JOY AND PERFECTION THUS FILL THE CUP WHICH IS CREATED BY YOUR THOUGHT.

As you do this for a few minutes at a time, earnestly and without strain, you will begin to enjoy your “practice of precipitation.” Then, one day, you will hold in your hand the actual thought-picture, energized by your feelings, which has become a physical reality to bless you and others. The question arises: “Does this precipitation come directly out of the atmosphere or is it brought into my world in a natural way through some individual?” At first, the precipitations may come through individuals. As one progresses, they can be, and sometimes are, manifested directly from the Universal, without the medium of intercession by another unascended lifestream.

Any tension and unbelief in the chela greatly retards his use of the power of precipitation and awaiting a manifestation right out of the atmosphere would not create the proper state of receptivity for the beginner. However, when such a beginner starts to receive the objects which he has so faithfully created and nourished (even though they come through human beings) he gains confidence and can then endeavor to produce actual, direct precipitation. It is always wise to begin conscious precipitation with a small object, such as, for instance, the rose suggested by beloved Paul, because it is easy to picture a rose and takes less energy to make the mental image and less energy to give to it perfume, color and body.