THE “I AM” ACTIVITY

FOREWORD

“I AM” DISCOURSES Vol. 3 - BELOVED SAINT GERMAIN

THE thirty-three Discourses contained in this book were dictated over a *visible* Light and Sound Ray in our home during 1932 by the Ascended Master Saint Germain and those other Ascended Masters directly concerned with this Activity. The sound of His Voice was physically audible to everyone in the room. At times, His Visible, Tangible Presence also stood within the room, when He radiated the Power and Energy of the Light Rays to accomplish special work.

The training and preparation for Him to do this at the present crisis of the outer world was given us over a period of thirty years, that it might be accomplished at this time, and assistance from the Ascended Masters come forth in this way to protect and free all individuals who make conscious effort to correct themselves and attain Mastery over all things on this earth.

Never before, except in the Retreats of the Great White Brotherhood, has such intensified, transcendent Instruction concerning the "I AM" been given to individuals. Not for thousands of years have the *True* Inner Instruction and Use of the Sacred Flame been taught to mankind as Saint Germain and others of the Ascended Masters have revealed. Permission for Them to be explained to students as given forth in these Discourses has been granted to us by these Great Ones. Such Instruction as is herein contained has never been given to students until after a three year probation in the Retreats.

The condition of the outer world at the present time is such that those who sincerely seek the Light and want the constructive way of Life *must have more than human help* if they are to survive over the present period of chaos-which is the accumulated discord generated by humanity en masse through the centuries, and which is pressing heavily upon the outer experience of individuals today.

The need of protection and help for the children of earth is so great at the present hour that the Great Ascended Masters and Legion of Light have "let the bars down," so to speak, and have released this Inner Understanding of the "Mighty I AM Presence" into the outer Life of mankind, that all who want the Light and will make conscious effort to attain their own Freedom and Mastery may have the Assistance which will give them the Eternal Victory.

Only fragments of the real understanding of the "I AM Presence" have been given to the outer world until now. The Ascended Master Saint Germain says: *'1t is the most important Understanding mankind can ever have, and there is no Freedom nor Perfection for the individual, except through this conscious application."*

He considers it of such paramount importance that He dictated more than thirty-three Discourses in which He explains what happens in the outer Life of the individual when one says "I AM." He also says: "Nothing will bless the individual to so great a degree as the *Conscious Understanding* of this 'Creative Word.' "

When the phrase," 'Mighty I AM Presence' come forth," is used throughout this series of books, it is always a call to the God Presence to pour forth or release the Outpouring of Perfection which the one making the call desires.

It is *always* thought, felt, written or spoken with the *feeling* of intense LOVE. It is *always* a *call* to God, the "Mighty I AM Presence," to establish Perfection everywhere, and thus let God's Will-Perfection be made manifest on earth. When a command is given, it is *always* the outer self calling unto God, and in the Name of that "Mighty I AM Presence," commanding substance and energy to obey the Decree given-which is the Self-conscious effort required in order to *open the door* for the Intelligence of the "I AM" to release Its Perfect Manifestation.

This book not only carries the Ascended Masters' Understanding of the "I AM," but' is charged with Saint Germain's Ascended Master Consciousness and the Ray of Light and Love from His Heart which is the Ascended Masters' *Feeling and Comprehension* of

Its full Power, forever Self-sustained. May this book of *"I AM" Discourses* anchor the attention of all who read or contact it so powerfully upon each individual's own Divinity, that the full Ascended Master Consciousness of the "Mighty I AM Presence" shall fill the earth, and release with the Power of a Thousand Suns the Eternal Dominion of "The Light of God that never fails."

GODFRE RAY KING