**DAILY EVENING MEDITATION & DECREES**

*Always start by quietening the mind and body with 15 minutes (or more) of mediation. Play beautiful meditation music if you prefer. Connect with your I AM Presence and the Ascended Masters – FEEL deep love and gratitude for your life and opportunities at hand.*

**DECREES**

1 I CALL FORTH THE MOST POWERFUL COSMIC OUTPOURING OF THE ASCENDED MASTERS **DIVINE LOVE** INTO MY CALLS TO YOU, MY BELOVED MIGHTY “I AM” PRESENCE - I Thank, Love and Bless Them for this!

**PILLAR OF LIGHT and PROTECTION**

2 Beloved Mighty I “AM” Presence and Beloved Archangel Michael, and Those that Minister to the MIGHTY 1st Ray of Protection. . . . . I LOVE and BLESS YOU, AND THANK YOU! Continually Intensify your Protective Pillar of Pure Light Substance through and around my 4 earthly bodies, my loved ones, and ALL Constructive people, places, conditions and things around the world, and all Saint Germain’s ‘Key Players’ bringing in the New Golden Age of Freedom! Charge all with Your invincible Protection, ALL POWERFUL and IMPENETRABLE! Please give us whatever added Protection is needed. **We Thank you**! (*Visualize the Tube of Light, with a Wall at the edge, and feel gratitude*)

**DECREE FOR THE WORLD**

3 "IN THE NAME OF MY "MIGHTY I AM PRESENCE" AND BY THE POWER OF THE ASCENDED MASTERS!

I say to ALL HUMAN creation - 'YOU HAVE NO POWER! x3

"Mighty I AM Presence" and Great Cosmic Light, project Thy Mighty Light Rays in and through the Earth, establishing Thy Currents throughout the atmosphere of Earth; and CAUSE all destructive qualities and their actives to CEASE TO EXIST!". . . . And SO BE IT! THANK YOU!

 *(THE GREAT DIVINE DIRECTOR then said: . . . .”you make the calls, then we will do the rest!”)*

**VIOLET FIRE DECREES**

 *(If possible play Strauss - Blue Danube, (7 or 8 minute version or longer as you prefer) as it contains the Key Note of the Violet Fire – it can be found on the website www.iamfree.co.za)*

4 “I AM” Forgiveness for ALL! For the Violet Fire we NOW call! To make all discord cease! And through Mercy’s Flame release, ALL that was not meant to be! Ever raise ALL back to Thee!

“I AM” The Violet Fire of God’s Will That **DOES** the Divine Plan Fulfill! Oh Violet Fire BLAZE AND BLAZE, ALL in this country RAISE AND RAISE - then set ALL the rest of Earth Free! Our Gratitude and Love we give to Thee! (*Pause, FEEL gratitude)*

OH! Violet Fire of Freedom’s Love, GLORIFY me, my loved ones and ALL the people of the world, elementals and trapped angels too, as all Above – right back to the beginning - with ALL GLORY we had with Thee, in the Central Sun, as it should be! I Thank You (*Pause, visualize and feel*)

Mighty  ‘I AM’ Presence, by Your Love, Power and Authority I invoke, Beloved Saint Germain, Angels of the Violet Flame, and ALL those that Minister to the Violet Ray to permanently  establish a Freedom Flame inALL NATIONS AND PEOPLE OF THE EARTH, AND  RAISE UP GREAT HONEST, HONOURABLE INDIVIDUALS, WHOSE LIGHT IS STRONG ENOUGH, IN EVERY COUNTRY OF THE WORLD,and Ascended Master Friends in ALL positions of Power toSET LIFE FREE NOW! WE THANK YOU!

**VIOLET FLAME WE LOVE YOU**! WE THANK YOU FOR YOUR WILLINGNESS TO SET US FREE!

**Violet Flame BLAZE AND TRANSMUTE ALL HUMAN INTO PERFECTION!** (x3)

By Cosmic Power! By Violet Ray! BLAZE AND TRANSMUTE ALL HUMAN INTO PERFECTION! Make all things RIGHT! The Hearts Delight! More intensely, set all now Free! Do it TODAY and ever with us STAY! (*Feel deeply*) THANK YOU!

Violet Flame this is our request, through Earth and all her evolutions, sweeping and expanding Violet Fire, Daily to fulfil Divine Desire!

“I AM”! “I AM”! “I AM”! **Filling my world with Violet Fire! Filling my world with Divine Desire!** Setting me and ALL Earth FREE - VIOLET FIRE our Love and Thanks to Thee!

**“I AM” a Force of VIOLET FIRE stronger than any HUMAN CONDITION!** (x3) Setting all life FREE from that which was never meant to be!

BELOVED “I AM” BY GOD’S GREAT LOVE! BY ALL OF ARCHANGEL ZADKIEL’S, BELOVED SAINT GERMAIN’S AND MIGHTY ARCTURUS’ COSMIC POWER! IT IS DONE - SUSTAINED AND DOUBLED EACH HOUR!  **WE** **THANK YOU!** (*Sit, visualise & FEEL the Violet Flame until the music finishes – Feel Love and Gratitude for the Violet Flame)*

 (*The Beloved Great Divine Director suggested that we always say the following decree before going to sleep– and deeply connect with our Mighty I AM Presence while saying it)*

 5 “Beloved Mighty I AM Presence here ‘I AM’ a Projection of Thyself! Glorify Thyself in me, in the Projection of Your Wondrous Perfection and Mighty Directing Intelligence! CAUSE this mind & body to GLOW with Your Perfect Health, Strength, Energy, Youth & Beauty, and with YOUR Light Substance called forth from **The Secret Love Star**, which cannot be re-qualified by human thoughts and feelings! Charge me, my mind, body and world with the Fullness of YOUR LIGHT SUBSTANCE; and CAUSE the Intelligence which YOU ARE, Oh Mighty I AM Presence, to SWEEP INTO ACTION in my world; produce Your Perfection and HOLD Your Dominion here forever! Thank You!

6 Mighty I AM Presence, I thank you that I have a peaceful night’s sleep – and I call to Beloved Victory, Lady Leto and the Sponsor assigned to me, to take me while my body sleeps to RENDER THE VERY GREATEST SERVICE POSSIBLE. See to it, that I am brought back in the morning, feeling refreshed and knowing exactly what I am to do - let it always be THY WILL, NOT MINE!

7 Beloved Mighty “I AM” Presence, what I call for myself, **I call for all mankind, elementals and trapped angels** – please self-sustain, maintain, intensify and expand all these decrees with the Power of the Cosmic Light as of 1000 Suns, until we are all FREE and into the Light! I release and **deeply thank** all the Beloved Great Ascended Hosts for answering my calls**!** And SO BE IT AND SO IT IS – BELOVED “I AM”

*(sit quietly for a little while and feel the Radiation and give thanks for the opportunity to serve with the Ascended Hosts of Light)*

**END**

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**ADDITIONAL SUGGESTED DECREES**

GREAT COSMIC LIGHT, Come forth and do your Perfect Work now! (x3)

The Forces of Light move into Action with Full Power, and are Victorious now! (x3)

Mighty Arcturus, come forth in that light as of a 1000 Suns, and consume all human selfishness, fear and discord from the planet forever. (x3)

THE LIMITLESS LEGIONS of LIGHT now sweep across the face of the Earth and ALL human darkness disappears FOREVER! (x3)

**BALANCE MY BODIES**

Beloved Holy Christ Self of me, CONTINUALLY equalize and temper my four lower bodies that even under the greatest provocation and shock I remain, balanced, poised, calm, peaceful and loving– allowing Cosmic Beings, Ascended Masters and Angels to Act through me! Thank you!