**WEEK TWO**

**Ascended Master’s Teachings on The “I AM”**

**WEBSITE:** [**https://iamfree.co.za/**](https://iamfree.co.za/)

**NEW ZOOM LINK WILL BE SENT EVERY WEEK**

**MEETING TIME:** South African time: 7 - 8.10 pm

<https://www.timeanddate.com/worldclock/converter-classic.html>

*If you need it - above is a time converter.*

Please try and be on time, as we will start promptly – many thanks ☺

***NOTE: There will be a recording on YouTube for those unable to attend.***

**NOTES FOR WEEK TWO Wednesday 21st September 2022**

***Greetings to you all and welcome to Week TWO of the I AM Online Workshop.***

**TOPICS**:

1. How Sanat Kumara saved the Earth and information on Him - (recap Brief history of the Earth & the ‘fall of man’)
2. The Earth’s crisis and VICTORY! Video By Sanat Kumara
3. The Current Cycle and Cosmic In-breath - The Supreme importance of the hour
4. The Divine Plan & our part in it!
5. The Karmic Board and Hierarchy in the Heavenly Realms

**Suggested study material for WEEK TWO:**

TO PROGRESS IT IS IMPORTANT TO STUDY THIS MATERIAL, so please study as much as you can from the website – **don’t be overwhelmed, go slowly, and get the guidance from WITHIN as to what to read and listen to ☺**

1 WHAT HAPPENED TO THE EARTH?

<https://iamfree.co.za/the-i-am-presence-ascension-1>

2 DIVINE BEINGS - More about Beloved Saint Germain, Sanat Kumara & The Ascended Masters

<https://iamfree.co.za/the-i-am-presence-ascension>

I look forward to seeing you all online later on Zoom to connect and go through the topics!

If you have any queries please email me: [iam@iamfree.co.za](mailto:iam@iamfree.co.za)

Blessings and Love

Anthea

*NOTE: This information from the Ascended Masters regarding the “I AM Presence” within each and every one of us, is not affiliated in any way to any particular religion, culture, nationality, organization, ideology, teaching or philosophy. It just relates to the simple truth of who we are, the immutable Universal Laws that govern our lives, and the next step on our evolutionary path, The Ascension, and how to achieve it, by those that are Ascended.*

**ZOOM LINK BELOW:**