

PALLAS ATHENA AND THE MASTER HILARION SPEAK

A Bridge to Freedom Publication

The following is a transcription of the out-of-print Booklet published in 1975. The intention is to present the contents in a more user-friendly format to accommodate e-readers and printing. Great care was taken to preserve this Teaching and only minor changes were made. The original Booklet can be found by clicking on [Path of the Middle Way.org](http://PathoftheMiddleWay.org). Please join us in blessing these Beloved Servants for expanding and preserving the Light! We also bless the Beloved Messenger(s) Who originally anchored the “Bridge” and the dear ones who faithfully stood over copy machines for long periods of time to ensure these Teachings would be available to us so many years later. WE ARE GRATEFUL!

To gain a better understanding of the ‘inter-connectedness’ on how all these “I AM” Teachings fit together as well as current activities, please visit <https://iamfree.co.za/where-to-begin> or send an email to: iam@iamfree.co.za.

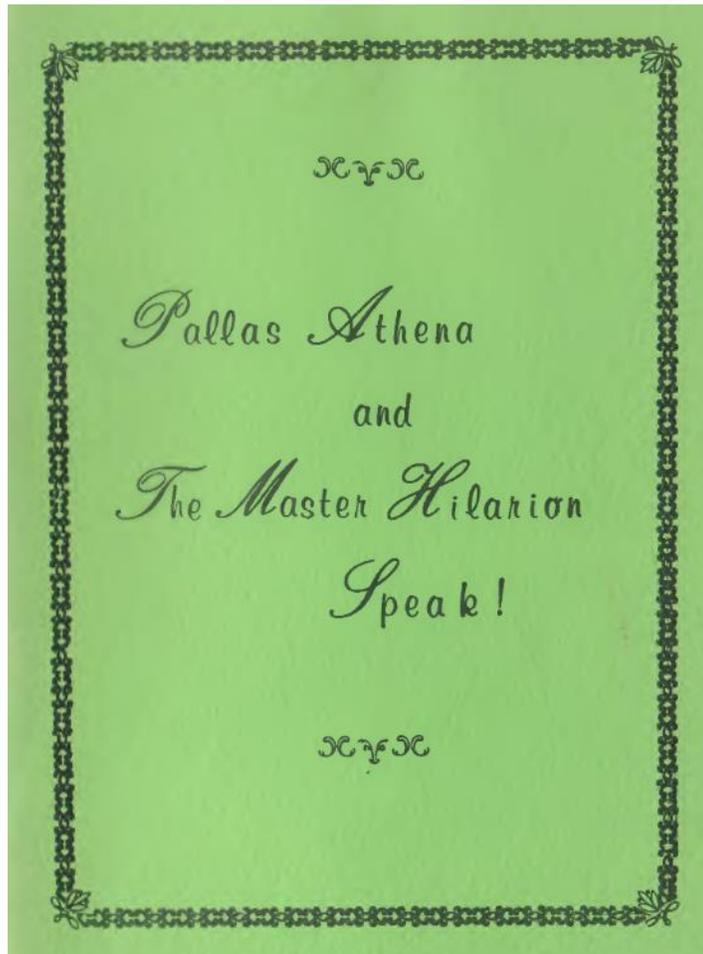


TABLE OF CONTENTS

FORWARD..... 3

AN INTRODUCTION TO PALLAS ATHENA 4

DISCOURSES BY BELOVED PALLAS ATHENA..... 4

 SEEKERS AFTER TRUTH 4

 THE FLAME OF TRUTH 7

 HOW DISPENSATIONS ARE GRANTED 7

 SWEEP AWAY ALL NEGATIVE THOUGHTS AND FEELINGS DAILY 9

 SHARE THE GOD GIFTS OF YOUR CAUSAL BODY 9

 THE WAY OF TRUTH 11

 STAND IN THE PRESENCE OF TRUTH - NOW!..... 12

 WITH THE HELP OF GOD, THROUGH YOU... TRUTH CAN SET MAN FREE 14

 LOVE LIFE FREE 15

 BECOME AN EXPONENT OF TRUTH..... 17

 A SALUTE TO THE FLAME OF TRUTH 18

 TRUTH IS SO PRECIOUS TO ME..... 20

DISCOURSES BY THE MASTER HILARION..... 20

 BELOVED HILARION...INTRODUCES HIMSELF 20

 PRESENCE AND PRESSURE OF COSMIC TRUTH 21

 DISCRIMINATION IS ALWAYS NECESSARY TO RECOGNIZE TRUTH..... 22

 PERSONAL AWAKENING TO THE CHRIST..... 23

 THE ONENESS OF LIFE..... 23

 WHAT IS YOUR ATTENTION 24

 THE ACTIVITIES AND SERVICE OF THE FIFTH RAY..... 25

 THE FOUR BODIES..... 28

 THE SCIENCE OF GOD'S WILL..... 29

 MAN IS A PRECIPITATING PRESENCE..... 30

 THE ANIMAL KINGDOM..... 30

 THE ANIMAL PRAYER..... 31

 IT IS THE PERFORMANCE THAT COUNTS..... 32

THE BRIDGE TO TRUTH BY BELOVED AEOLUS..... 34

FORWARD

To the Cosmic Spirit of Truth to this Universe, as Radiated forth from the Being of Beloved Vesta -- We send Our Love. To the Cosmic Spirit of Truth to this Earth, as Radiated forth from Beloved Pallas Athena - We send Our Heart-call for Her increasing pressure and Radiation of Cosmic Truth to and through the outer consciousness of mankind; to the Chohan of Truth, Beloved Hilarion – We send Our gratitude for sustaining the Brotherhood of Truth at Crete!

Beloved Jesus has said: "*You shall know the Truth and the Truth shall make you free*". We now command, in the Name and by the Power of the Cosmic "I AM" Presence of this Universe, that this sweet Earth be raised, redeemed and be able to assume Her Perfect God-estate NOW!

While the attention of The Spiritual Hierarchy and the chelas is upon the Presence of Truth in this Universe, We invoke the Holy Christ Self in every human Heart to Magnetize and Radiate Cosmic Christ Truth to and through the individual and the mass mind as well!

LET TRUTH NOW BE KNOWN AND APPLIED IN THIS PHYSICAL APPEARANCE WORLD AND IN THAT APPLICATION GOD'S WILL SHALL BE DONE ON EARTH AS IT IS IN HEAVEN! SO BE IT!



"There is Truth coming forth on this Planet through THE BRIDGE TO FREEDOM and through many other avenues; but remember always this Focus at Shamballa is the HEARTBEAT of all Spiritual Activities on this Planet, everyone doing their assigned Perfect work according to the vibratory action of their various Lifestreams."

-Beloved Lord Divino



AN INTRODUCTION TO PALLAS ATHENA

If an individual, unascended, will point his senses and focus them persistently into the Flame of the Goddess of Truth - not allowing those senses of sight, hearing, feeling, etc., to play upon any appearance that falls short of Perfection, such an individual would find that his belief in and his fear of the sinister appearances which come to his attention would drop from him like an outworn garment.

The serenity of the Ascended Masters when They gaze upon the Lifestreams of the people is maintained by Their VOW to the Goddess of Truth and their absolute refusal to tie into false appearances.

When individuals look at and contact and live with each other, the qualities that are distorted are so magnified that all the sublime Truth is lost, and the human selves - recognizing these human qualities - are like the individuals of old who worshipped a false god, or image, instead of the Truth which that image represented. THE ONE TRUE GOD IS TRUTH.

I counsel you to start your day in adoration to the ONE - THE FLAME OF TRUTH, which is Perfection. Face each Lifestream you contact in a tensionless manner with the Flame of Perfection between you, and looking through that, see the Truth (the Immaculate Concept) of that Lifestream. Never kneel before any false appearance or molten image of the habit or momentum of Energy that appears imperfect, for when you recognize, when you rebel, when you allow your God Energy to be stirred by any of those manifestations, you have fallen to your knees before the molten images and the TRUE GOD is ignored for the moment.

The Goddess of Truth, Beloved Pallas Athena, awaits the slightest whisper from your Hearts and responds instantly by bathing you in the magnificent Flame of Truth. Remember that the Goddess of Truth is not what most individuals call 'popular'. She is impersonal, She is frank, but She is ALL-LOVING in Her discipline. And, every Lifestream must stand at Her threshold to learn TRUTH, before their Victorious Accomplishment in the Light!

I counsel each of you to become better acquainted with this glorious Being - *you must one day*, you know!

-THE MAHA CHOCHAN

Editor's Note: At the time of this writing, Beloved AEolus (Pallas Athena's twin flame) was the Maha Chohan; now, He is the Cosmic Holy Spirit.



DISCOURSES BY BELOVED PALLAS ATHENA

SEEKERS AFTER TRUTH

Hail, thou Seekers after Truth! Oh how very gratifying it is for Me to teach the Hearts of those blessed ones on Earth who are willing to face Truth, and whose Hearts are filled with the Sacred desire of being Truth-in-action!

Through the centuries, the masses have shied away from My Presence in the Universe, but all must come to the realization that to attain the Perfection ordained for the evolutions of this Planet, the acceptance of Truth is mandatory.

Blessed, blessed Flaming Substance of Truth, I do decree that the inhabitancy of this Plane where the human consciousness is in the foreground, will soon understand the requirement of using the Gifts, Beauty and Exhilaration which is contained in the very Heart of Truth. Oh, Magnificent Expression of Divinity, manifest Thou through these earnest chelas drawn here through the mighty magnet of Truth which is within their blessed Hearts.

Dear children of the Almighty, the Presence of Truth does not abide in any manifestation of imperfection, for that negative action is repellent and the result of the human consciousness which has conjured up something of its own creation. Where Truth is, there one finds the active Presence of God, the Controlling Factor.

We, as you know, are stressing the importance of knowing that in your own Individualized God Presence is all the Perfection of the Supreme Source of all Life, and that the chelas should become more and more aware of that fact in their daily living. Within the Sacred Chalice of your Hearts dwells Perfection, which is synonymous

PALLAS ATHENA AND THE MASTER HILARION SPEAK

A Bridge to Freedom Publication

with Truth, and the chelas should constantly call forth the Glory therein to manifest in the physical appearance world. True, that is the estate to which you are aspiring, but, I must add, how many are there who have accepted that *in their feelings and are presently expressing Divinity in action at all times?*

In the continued application of the Law which We present to you, the attainment which you desire, and which you must one day accomplish, shall be fulfilled. Where the actual Heart desire is strong enough, that Goal could be reached, not tomorrow, or next month, but NOW! Feel, feel, feel the surging pulsation of the Flaming Essence of Truth which "I AM" energizing in your Beings, and love It, oh love It, and permit It to be active always in your worlds and in so doing, in the worlds of all men! Please, I implore you, this is not a straw for you to grasp in desperation; this is a mighty throbbing Gift of Divinity, yours for the acceptance! I wonder how many of you will accept It, and in so doing, permit Me to abide in their Hearts, and 'step-down' the cascading onrush of Truth which "I AM" privileged to dispense through the graciousness of the Almighty, before Whose very Presence I kneel within the Tabernacle of My Heart!

Call for the Presence of Truth to sit upon the Throne within your Heart, and after addressing your own God-Presence, if you care to turn your attention to Me, you will find that I shall give you all of the Essence that your consciousness will accept. I have taken you into My Heart, will you permit Me to abide within yours?

As Our Beloved Hercules has advised you, the 'signs of the times' are being noticed by many, not only in visible manifestations of visitors from other Stars, who are coming into the orbit of Earth to render assistance of tremendous magnitude, but in the stirring in the Hearts of the peoples of this Sphere. In the main, **due to the lack of the inhabitants of this Globe of knowing how to control this free flowing Energy, resultant confusion and chaotic conditions are apparent.**

It is Our Purpose to impress upon the chelas the fact which We have placed before their consciousness for many years, and that is the *imminence* of Planetary Changes, and their responsibility to the Cosmic Law to render assistance to all Life. That hour is drawing nigh, and We feel the chelas are sufficiently advanced on the Path to be apprised of the importance of the hour, and he who is lovingly and loyally serving the Cause of God Freedom has the great Privilege and Honor of knowing that through the acceptance of the God Presence as the only True Power in the Universe, he will play a very important, prominent part in the activity of the Spiritual Hierarchy. Acknowledging the God Presence as The Doer, in a manner of calm poise, he shall have all the Protection required, and in the steadfast anchorage shall be the Protection of those he loves and of his community at large, which he also must love, knowing that his love of God encompasses ALL.

I most sincerely counsel you not to become tense in your feelings, for he who has trust in an All-Loving Creator and strives to serve in the expansion of His Kingdom, dwells within a Realm of Happiness and Tranquility.

There are many, many chelas who are going through what you might term a 'purging' process, and in many instances all manner of imperfection is being permitted to manifest. Ah, here is where you are being tested to see how much of the Truth which We have presented to you through the years has been accepted, for now is the time to put that application into action. Do not just sit back and think, "*well I have to go through this in order for Perfection to manifest!*" Utter nonsense!!! Immediately upon the presentation of that which is not of God, grasp the Scepter of your own God Dominion and command it through the imperfect condition and it shall be no more! Waste not a moment! And as I stated above, I shall, along with any Member of the Spiritual Hierarchy so invoked, render assistance should you be off-guard and not sufficiently anchored to accomplish the transmutation yourselves. You, however, should be in a State of Grace *at all times* and the demand on the Cosmic and Ascended Beings should not be required, for when you truly know that God dwells within you, Perfection can and does manifest - instantly!

I have always loved the admonition of Our Beloved Director of the Fourth Ray, Serapis Bey, and that is TRY! Yes, children, try your wings, and in Divinity's embrace soar to heretofore undreamed heights! Does not the mother bird uproot her children from the comfortable nest and encourage them to fly, knowing that they have that ability to do so, but is ever watchful to encourage them and give loving assistance where required. She cannot make them fly, each has to utilize the power of motivation endowed upon them by the Creator of Us all.

PALLAS ATHENA AND THE MASTER HILARION SPEAK

A Bridge to Freedom Publication

In like manner, We watch over you, but the time has now arrived, when We must literally push you out of the nest of lethargy, so that you will be forced, so to speak, to realize that God is the Motivating Power which dwells within your Beings, and cannot be held back longer in the confines of your human making. Cast out the last vestige of the negative action of fear, and hence go forward in Faith, in an All-Wise and Loving Father to accomplish the Mission for which you came to Earth at this time.

I know the potential of each of your Lifestreams! You have stood in My Presence as a Member of the Karmic Council many more times than you could conceive, on the outgoing and incoming trips. This present sojourn on the Earth received intensive and prolonged deliberation on the part of the Council, for We know what is taking place in the Cosmic Plan. You each were ready to render a specific assistance in that manifestation of Perfection, otherwise you would not have been given permission to wear a flesh body, same being required for a designated Service to God, and man.

Let Us now gratefully and joyfully turn Our attention to the Fifth Ray - the Reservoir of Truth, Healing and Scientific Development, where all the Beings serving in that avenue of Perfection are most assiduously engaged in having the Virtue and Gifts so concentrated express in the physical appearance world. It is most commendable that the men of science are tuning in, to a degree, and bringing forth some of the aspects of the Gifts embodied. However, the Medical Field in their enthusiasm to serve, and mind you, there are many, many truly dedicated men, must come to realize that there are avenues of service to their fellowman upon which they cannot experiment and expect resultant success, until the time comes when they, the Illumined Doctors, are perfectly attuned to the Presence of God within, and realize that It is the God Power which doeth the works, and not any development or accomplishment of their outer selves or their co-workers.

It would be a magnificent Service to Life, if those of you who have a compatibility to the Fifth Ray would daily make the Call to the Beloved Hilarion, Mother Mary, and Meta, Daughter of Holy Sanat Kumara, for Healing. You realize, of course, for Healing to manifest in any part of Life, that Truth must be present. It is the Spirit of Truth which has been denied entrance into the lives and beings of the peoples of this Earth, and in this refusal, Healing cannot express. Where Perfection exists, there is no negative quality, and there dwells Truth, My privileged Gift to Life.

When one listens to the stirring vibration of the song "*Onward Christian Soldiers*" – which contains within itself part of the Radiation of the Retreat of Truth, over the Isle of Crete, they more easily recognize the Power, intensity and buoyancy of the Activities of Beloved Hilarion and His Brotherhood.

Oh, the activities of this Ray, or any other, are not limited. We have reiterated, time and again, that the whole Universe is activated with scientific precision, and all are aware that the Law of Life, that has become known to some as 'Religion' is scientific to the minutest detail. Here again is an opportunity for those chelas who have an affinity to the Sixth Ray of Devotional Activity, which interpenetrated the Fifth, to call for Truth to impregnate the consciousness of those who are presently expressing religious fanaticism, when actually if these Beloved ones could turn to the Presence of God within, their fervor would express the positive activity of Truth, and not the human comprehension, through mental accretion, which results in fanaticism. Remember always, that the Spiritual Law is one of Balance!

It is Our ardent desire that the Essence of Truth will infiltrate the consciousness of all who are abiding upon this Orb, and that the resultant activity will bring great Illumination to the Hearts of men. Should this not immediately find acceptance in their consciousness, none the less will that anchorage of the Flaming Substance of Truth find expression in the not too distant future. It is so decreed, and so It shall be! I have assigned My Legions of Truth to Guard this Essence constantly, and ere long It will replace the debris of the human consciousness.

Aeons ago, I had the privilege of being visible to the physical sight of some of the inhabitants of this Earth, and I anticipate the day when I may so externalize the Divinity which is My Being, to the illumination of Lifestreams yet abiding hereon.

In reality, you are each 'The Spirit of Truth', and that Expression must become an Actuality in your daily living. I do invoke, Oh Holy Creator, Thy Presence to manifest through all Life everywhere. Glorious Flaming Presence of God, come forth now through these chelas, and be Thyself in action from this moment henceforth.

I have spoken, **and so IT SHALL BE!**



THE FLAME OF TRUTH

Children of the One Father, I come to you bringing the blazing Flame of Truth, which is a constant emanation of My Being - My dedicated Service and Responsibility to the Cosmic Law!

Oh blessed and privileged children, contrary to the disordered conditions which are presently out-picturing on this Planet, My Heart is filled with deepest gratitude, for after the uprooting of imperfection and making it known to those who are serving with Us, the opportunity presents itself for the transmutation and purification of all less than Christ Perfection. I see that Light of Spiritual Truth blazing and blazing underneath the chaos, and the objective - the out-picturing of God's Will for this Planet is coming up over the horizon like the morning Sun in all its effulgence, and ere long will be accepted by the peoples of this Earth.

I would discourse a moment on the Flame of Truth. One hears the expression, "*yes, that is the truth*" or "*that is the truth of the situation*". What is actually meant is "*that is the pattern which has been set up by some individual*". When imperfection is out-pictured, one does not have to explain that it is the pattern, or the cause, which someone thinking in the human consciousness has designed and spewed forth what individuals say is the truth of the situation, when actually it is the result of an imperfect cause.

It is Our responsibility, and yours, when these conditions present themselves to purify, transmute or change the imperfection by the Alchemy of the Sacred Fire! We are allotted a certain amount of Energy by the Cosmic Law for a designated Purpose, and the remainder, when it is required, must come from the children of the Planet which has been or is their habitat during a specific sojourn. If We were permitted to use the Cosmic Power which is Ours, there would be only TRUTH AND PERFECTION everywhere! But the wise and Almighty Father knows that this would hinder the evolution of those Sparks of Life who are seeking Immortality. We are 'limited' so that YOU can progress to Perfection. Is this not Divine Love and Mercy?

You all know that I have tremendous drive in My feelings to see the Light of Truth blaze through all the Energy used by the peoples of this Planet, and the volunteers, too, and I shall deem it a privilege to have you call to Me to assist you in this manifestation.



HOW DISPENSATIONS ARE GRANTED

Beloved Ones, I address you, unascended Beings who come to stand sponsor before the Lords of Life. Do you know what really decides the Dispensation in favor of even the Lord of the World? The amount of voluntary energies that He can show will be offered for the furthering of His Cause among the people that He endeavors to serve! No matter how magnificent the Plan, no matter how beautiful the Design, no matter with what thought there has been woven out of the Energies of the various Retreats and their Hierarchs and the assembled Brotherhood, the Pattern which will help the race, the impersonal Cosmic Law is such that Energy voluntarily contributed from among the race *must be shown* before We can acquiesce to giving of Grants and Dispensations!

Dispensation not easy to obtain.

Everything here and hereafter requires the investment of Energy! The further you go upon the Pathway of Light, the more priceless is the Gift of Energy and the Gift of Life, and We Who hear the plea of a Cosmic Being know the Value of His Life, know the Value of every thought He thinks, every sacred sanctified Word that passes His Lips, and We cannot imprison those Magnificent Energies in the physical appearance world, which would be the Activity if We were to grant His Request and He did not have in the lower atmosphere Lifestreams whose

energies He could use rather than His own. The Higher the Being, the less likely are We to grant the Dispensation which will require the condensation and imprisonment of His Energies which can be utilized at Cosmic Levels, unless there are funnels through which He may direct the Divine Pattern and Plan, and those funnels of consciousness receptive to that Plan use their own Energies and more than that, stimulate the interest of others around them to externalizing that Plan.

So when the Beloved Lord of the World presents His Petition and the glorious suggestions that come from the Heart of Shamballa, the Karmic Board looks to see what Lifestream will support His plan, will be receptive to it, and if the Lord of the World can show Us some such Lifestream, than We in turn give to Him a Balance of Our Energy which matches the Energy of the chelas voluntarily offered to the Board.

Ascended Masters may have to ask twice.

For every chela who gives his Energy to Sponsor a Cosmic Cause, We give a Balance from the Cosmic Stockpile and double it. If, however, the Master, whether it is the Lord of the World or one of the Chohans, or any other God-free Being, has no step-down transformer, no chelas in the world of form who upon examination are found worthy and capable of externalizing the Master's Plan, We recommend that the Master in the next six months cycle endeavor to secure such a connection and to stimulate the interest and magnetize the interest of some chelas and come back in six months with a chela in the inner body.

When the Master again presents the Plan and says, *"Here is an individual who is capable of working out the details of it. I will give the seed idea - his intuition is developed, his love is developed, his enthusiasm is developed - and he working in the world of form. I am sure I can gather others around him and complete this Design"*. If that is the case, then We look at the inner bodies of the chela, examine them well and if We find that the Master is going to have the assistance...We will grant that Petition.

The Petition must have supporters.

It is a very difficult assignment because We in Our God-free Estate see the need! We see the condition of your Earth. We see the short span of time in which this tremendous task is to be accomplished! Every Plan, naturally, that comes to Us from the Ascended Host is magnificent, and yet it is all determined by how much enthusiasm and voluntary Energy can be contributed by unascended Beings! When the Beloved Masters have so few to show to externalize Their Plan, century after century, We have had to deny the opportunity for Them to fulfill it!

One of the most important of the chains, we would say, that binds Our hands is the mass karma of the race. Those of you who are interested in securing Dispensations, if you will work on the removal through the Violet Fire of the mass Karma of the race, it will be greatly appreciated.

When it comes to you in the unascended state, when you present your Petitions, you, too, are examined and the ambition of your Petition is examined by your own capacity to do anything to fulfill them and the energies of application that you could or would make are considered. Your past record is considered in this line and where there is some promise that if you are given the Grant, your own energies in the calls will help to fulfill that Grant; at least a partial Grant may be given. But if the Petitions are written lightly, hoping that some other part of Life is going to fulfill them, no matter how magnificent they are, We cannot grant them unless an Ascended Being takes them up and stands Sponsor for them and offers them as His Own.

A Petition is a responsibility to Life.

You must, if you write a Petition, remember what you have asked for and incorporate it into your daily application and you must make this clear in your own mind before you burn your Petitions. It is not such a great task if you have found something, but do not feel that in burning your Petitions you are 'scot-free'. That Petition then becomes part of your responsibility to Life and it would be granted if your soul and Spirit and very self agrees at least for the coming year to use some of your daily Energy to manifest it.

You have done well, Beloved ones, for you have sought Truth according to your own Light and I am grateful to speak to you and to thank you.



SWEEP AWAY ALL NEGATIVE THOUGHTS AND FEELINGS DAILY

Hail thou, Beloved and blessed friends of Light, I bring you again the feeling of the Truth and Reality of the Ascended Host of Light; the Angelic Host, the Cherubic and Seraphic Host as an actual Spiritual Partnership with human kind. Again and again We come...and during the Holy periods when the attention of the masses is upon the Christ and the manifestation of the Angelic Host of centuries ago. We shall endeavor through the Instruction of Our Own Hearts to CHARGE into the emotional, mental, etheric and physical consciousness of mankind the realization of God Truth which is good for each and every one. Any manifestation that is less than that Truth, Beloved ones, is not God's Will for you, and as the Goddess of Truth, I say to you, sweep it from your thoughts and your feelings, sweep it from your worlds and your actions; just as in mundane affairs you sweep the cobwebs from your worlds and make it clear and clean and ready for the inpouring of the Cosmic Christ Light of Truth.

One of the great defects of even earnest chelas is the lack of alertness in sweeping away time after time through the day, the negative thoughts and feelings, words and actions. The blessed chelas become by the time day is ended filled with the substance of that day's experiences of a negative nature, and there is not room for the Pure Light from the Presence to flow in, through and around such a one and be an energizing Presence of that Light through the course of the night while the body sleeps and the next day when it awakens.

Now Beloved ones, that has been taught you...We have repeated it again and again. You need not make great gesticulations unless in the privacy of your own rooms, but it is urged of you who desire more Truth, to sweep your worlds clear - morning, noon and night - of the negative expressions of Life - to allow more of God's Truth, God Life and God Perfection to express.

As you know, no two things can be in the same place at the same time, so if you have cluttered your world with thoughts and feelings that are depressive, there is no room in your thoughts and feelings for Love and Light and all Its Gifts of Life. So in the Name of the Truth to which you have pledged yourselves, and which I embody, I IMPLORE YOU, **ACCEPT THIS GOD TRUTH NOW** and sweep free you own worlds! Have the largesse of Heart to sweep free each other's world of distress and you will have Our assistance in so doing, replacing it always by Cosmic Christ Protection and Cosmic Christ Assistance.

I thank you for the Privilege and Opportunity of being a part of the opening of your consciousness to the inpouring of the God Life and a part of the opening which is coming to mankind.



SHARE THE GOD GIFTS OF YOUR CAUSAL BODY

Greetings! I, Pallas Athena, bring the Flame of Truth to illumine and saturate your consciousness with this Mighty God Virtue - "I AM" Truth and wherever that Quality is acknowledged and accepted there "I AM"!

Oh, the millions upon this Planet who are seeking Truth and We have so few chelas who are willing to set their personality aside and let the glorious Light of their Christ Self blaze forth, serving as a magnet to draw others to Its Presence! Do you not realize that We Are in very serious times in the evolution of this Earth? Most individuals are thinking about the chaos which is rampart through individuals, communities and Nations! How few realize that a Spiritual Awakening is taking place!

It may sound strange to you but I welcome these days, for there are millions who are beginning to touch the fringe of My Garment in their Heart desire to find Truth! Now please listen attentively - are YOU going to stand within My Aura which is large enough, I assure you, to encompass the Planet, and give a Balance to Life for all the Instruction which has so graciously and lovingly been released to you? Or, are you going to let the other fellow do it, shifting your responsibility to someone else's shoulders?

I say to you, each and every one who has been given the Privilege of receiving the Instruction of the Spiritual Hierarchy, *great is the karma of those who have received the manna to nourish the masses and who choose to use it for the sustenance of their own Beings*. I counsel you to contemplate that statement! I use the word

PALLAS ATHENA AND THE MASTER HILARION SPEAK

A Bridge to Freedom Publication

'manna' advisedly for individuals associate it with something that can be readily multiplied. Are YOU going to covet this leaven in the loaf and not share it with your fellow traveler? God's Gifts are released for ALL men, not for the individual alone, and like the limbs of an individual who does not use his arms or legs - they might become shrunken and atrophied, so will you be less privileged in the future.

In the Name of Heaven's Holy Light ARISE! Open the storehouse of your Causal Body and share it with others! Now, it is not My desire to just momentarily stir the Flame of Enthusiasm in you while you are in My aura and listening to My words - You are EXPECTED by Cosmic Law to SHARE these God Gifts!

You are astonished when you see pictures of starving adults and children in your newspapers and on the television screens and perhaps say a prayer that they will quickly receive nourishment. YOU are just as guilty of starving the consciousness of millions of people - even more right within your environs by not giving God's 'food' to them. Is the little human self still so precious to you that it dominates your actions? Can you not see that it is time that you bend the knee to the Christ within you and let that Christ be the Dispenser of the Gifts which you have stored in your great Causal Bodies! Reach up into the Glorious Storehouse, not only for monetary assistance as some of you do but for the magnificent Gifts of the various Rays which are pulsating Centers of Light awaiting the time when you will say "*Thy Will oh Father be done through me NOW!*" I specifically emphasize *immediate action*. Now is the time - not some tomorrow; that tomorrow may never come, and when you stand before the Karmic Board how are you going to feel as you see or hear your record revealed, and you stand before Me and I say, "*This is the Balance you have given for the Truth presented to you while on Earth!*" Are you going to bow your head in shame, or is the Light going to pulsate from your Being when, in humility, you know that you have given to the extent of your potentiality!

Blessed ones, I so desire you to have a compatibility with My Being - I wish to show you that True Communion between a Cosmic or Ascended Being is an ecstatic feeling when the neophyte has surrendered self and blended his consciousness with the Cosmic. *This is the state of Being which We are endeavoring to have you express at all times.*

I come in deep Love for the pulsating Center of Truth within your Christ Self. Please believe Me when I restate the urgency of the hour, the time for you to do something about the Dispensation of Truth to others upon this Planet!

When We in Heaven's Realms see the turmoil in the consciousness of the Youth, We pray with all the sincerity of Our Beings that some among Our chelas will throw off the cloak of their staid and rigid consciousness and seek out constructive Lifestreams among the Youth who can and will lovingly carry the Banner of True Spiritual Freedom to the Masses! You will witness mass awakenings taking place among the younger generation; are you going to choose to be a part of their God Illumination? You see the dissonance of the few, but there are millions of young people who are willing to listen and they will do so if they are not approached with the dictums of 'thou shalt not'. The way to interest the Youth is to have trained members of their own generation who are expressions of God's Way of Living go among them to find out their interests. It is not wise to go with a closed consciousness and turn a deaf ear to what they have to offer. There may be some beautiful Jewels of Truth in their credo which can be blended with what you know of God's Way of Living and, combined, can be an ever-widening magnet to bring others into the fold!

I know you will feel the necessity for action while you are listening to My words or reading them, but I counsel you TO DO something about it. I have aforesaid that your responsibility is great. Do you love the Father-Mother God with all your Heart or are you going to settle back into the grove of complacency? I have come this day to tell you that I shall not let go; I shall keep after you until you express the Dignity and Divinity which is befitting the Guardian Spirits which you are. You chose to come to the Planet Earth for the expansion of God's Kingdom and the Karmic Board acquiesced to your plea. Do you honestly think that your Book of Life presently shows a Balance for all the Instruction which has been presented to you? I am speaking to you individually and to enjoin you not to consider what the other chela is doing but what YOU can do!

No one on Earth can judge his fellow traveler. We Who use the activity of the All-Seeing Eye of God know what you have accomplished and that which you are willing to do in the future by simply glancing at your auras! In those instances where YOU KNOW you have been recalcitrant, grasp the unprecedented opportunity of the activity of this year and use and use the Sacred Fire to clean up your Lifestreams - it is not the other individual's world alone which should be cleansed. Think of all the Energy wasted by releasing your Energy in the disapproval of another's actions which could be spent holding the Immaculate Concept for that Lifestream, and in so doing adding to the Light of the World. Let the Purification begin with your own world, each and every one!

I EXPECT your cooperation NOW!



THE WAY OF TRUTH

"I AM" the Presence of Truth come into the atmosphere of Earth today to counsel each and every chela who reads My words to think more deeply upon the God Aspects of Truth and not be so easily affected by every whisper from the nefarious forces that would seek to veer you off course and place your feet upon the path of doubt and fear!

Thus it has been through the ages, particularly at those times when the Planet and all Her evolutions were preparing to take a Cosmic Initiation.

Why think you that the Mighty Lady Astrea, Goddess of Purity, and Beloved Lord Michael are engaging in the intensified Activity of Purification to clear away the debris of the centuries and make room for the Flame of God Illumination and Wisdom to enter and become a part of the consciousness of the peoples of this Earth?

The Armageddon of the soul is not going to take place at some future time! The conflict is at hand - on your very doorstep!

As We in Heaven's Realms are lending Our every effort to assisting the peoples of this Earth, the chelas who know of Our Existence and Ability and desire to bring about a renaissance for this Star are required to join their energies in Service toward this Accomplishment.

This is the hour of dynamic action and I come wearing a Mantle of Love Divine through which I shall endeavor to impregnate your consciousness with the Spirit of Truth.

Please believe Me when I say that contemplation and meditation are necessary aspects in the unfoldment of the soul, shaking off the fetters of human thinking and leaving the Spirit 'free expression' to expand the Divine Virtues on the Earth. However, over and over, We have counselled you to follow the way of Balance. Having garnered momentums on various Rays, it is requisite that you plunge into the Heart of God and, having access to your own glorious Causal Bodies, dispense those Gifts for the benefit of all mankind. If the chela just desires to meditate upon the accumulation of Good which is in his possession, the activity is similar to a miser in the world of form who hoards his possessions and limits their expression for the benefaction of others. Now to clarify that statement - oh yes, I can see into the auras of all, and I know the consciousness of the human who seeks to find a loop-hole here and there. So, when I refer to the acquisitive activity of one who hoards his Gifts, I do not in any way infer that there is not a Radiation of good flowing forth from a God Momentum. There has to be a constant pulsation of Good to keep any Gift or Virtue alive, but if that Gift is in a vault, it is limited.

Now, when the chela will go into his own Treasure-house, or Vault, and freely send forth the Blessings therefrom, he is consciously cooperating with the Spiritual Hierarchy in the Specific Project of the Expansion of the Kingdom of Heaven on Earth. Please do not permit your consciousness to dwell upon the Good which you may have accumulated through a 'closed-fist' attitude, but freely enter into the Reservoir of God's Bounty and release some of the Perfection for the Benefaction of all the evolutions of this 'Star'. I have made mention of Star for the reason that one thinks of a star as something which is a pulsating Center of Light! God speed the day when the Earth shall express as Freedom's Star, the Sweet Earth which Our Beloved Lord and King Saint Germain constantly nurtures in His Glorious Consciousness!

PALLAS ATHENA AND THE MASTER HILARION SPEAK

A Bridge to Freedom Publication

When a store in the outer world offers a commodity which is pleasing or necessary, it will prosper and become a magnet for more and more business. You, the chelas can, offer mankind the greatest of commodities, the Blessings of The Father-Mother God, and when you devote your energies to this end, you will find that the peoples of this Planet will more avidly seek Truth. And when you enter into the one Consciousness of The Supreme Source, you will realize that the benefactor does not place himself in the foreground, but expands God's Gifts as an exquisite expression of Pure Divine Love. You do not find the Beloved Maha Chohan reminding you, with every breath you take, that it was channeled through His Being.

Now, as the importance of the hour is dynamic Purification, I come to admonish you to engage in the removing of the causes and cores which are pulsating centers of a negative nature, and while they are being tremendously energized by the sinister force, the Army of God's Children dedicated to the Redemption of the Planet must go into action, balanced always by Love, Wisdom and Power. You are aware, to a degree, of the momentums in your Causal Body, those Gifts and Activities of Light for which you have an affinity or compatible feeling. Like the Commandant of a corps in a military mission, I, Pallas Athena, Goddess of Truth, send forth the Edict that the chelas combine their energies in the imperative activity of clearing the Earth of the nefarious activities of the sinister force which is at all times endeavoring to hold back the expression of the Light of God on this Earth. Decrees for this Purpose have been placed at your disposal - USE THEM!

Beloved Ones, there are many Lifestreams awakening to The Christ Presence within, and that is as it should be. I speak specifically of this development for here is a place where the sinister force waits with a pulsating activity of greed and fear. It seems to befuddle the consciousness of those who momentarily let down their guard while engrossed in prolonged flights of fancy.

Ah, could you see, and thank God most do not, the cunning with which this nefarious force dons a pseudo cloak endeavoring to emulate Divinity and seek entrance into the consciousness of the chelas and elude him into believing that their directives are God-given.

I implore you DO NOT begin your daily activities without first donning your Mantle of Light and Lord Michael's Protecting Armor. Protection is of a vital importance in every chela's activities toward Spiritual unfoldment.

There is another matter which I shall mention, for your consideration, and that is the subject of various avenues of Truth. God's Garden has manifold Blossoms through which one may seek ultimate Victory in the Light, but We are not permitted by Cosmic Law to say that you MUST do thus and so. We merely present to your consciousness various Activities of Truth and then through your own free will, it is your responsibility as to which Path you wish to tread.

There are many varieties of Flowers – some Lifestreams have a decided preference for the rose, some for the lily, some the violet, and so on. Each has their own definite fragrance and your choice is guided by the momentum you have gained. BUT, listen attentively, you will remember that the Beloved El Morya counselled the chelas of THE BRIDGE TO FREEDOM to make their own free will decision as to which Avenue of Truth they wished to follow, and in so doing remain true to that vibration. This advice is just as essential now as it was then, and always shall be!

Before concluding, I most lovingly and humbly remind you that God's Garden on Earth is not yet free of 'weeds' so be ever on your guard that the brambles of the insidious forces do not entangle you and impede your progress on the Path of Victorious Accomplishment in the Light.

I, Pallas Athena, Goddess of Truth, most emphatically send forth the Edict: **TRUTH SHALL PREVAIL!**



STAND IN THE PRESENCE OF TRUTH – NOW!

Hail, Children of God walking upon the Planet Earth! Hear ye My words! Through the tumultuous sounds of upheaval resounding from the Earthplane, I have come to you to say: YOU STAND IN THE PRESENCE OF TRUTH! Accept My Presence here as a Reality!

PALLAS ATHENA AND THE MASTER HILARION SPEAK

A Bridge to Freedom Publication

This is an absolute necessity, for many of the people on the Earth, and do not be alarmed when I say that the chelas especially, are listening to false voices.

It is because of your great sincerity, good chelas, that We come to render assistance of a magnitude heretofore unheard of in the Earth's evolution.

You have been told, and requested repeatedly, to become the Christ in Action, and in this process you are being tested, oh so subtly. Beware of the human ego for it is always desirous of rearing its ugly head in a final fling, so to speak. Some individuals have become so involved in the psychic activity that it is necessary that I come into your presence with the dynamic feeling of God Truth to assist you in every way possible so that you will not be ensnared by 'sweet voices'.

Dear God, Creator of All, free Our chelas from the insidiousness of the sinister force!!!

Oh, the wily ways and means of the discarnated who are endeavoring to attach themselves to the chelas whose Light is expanding. When they find a weak spot in your consciousness, they then endeavor to bolster your ego. They masquerade under the guise of Divinity, assuming the pseudo identity of the Cosmic and Ascended Beings!

Dear children of Light, hear ye Me when I say that if anyone among you has fallen prey to the wiles of this nefarious activity, do not become disconsolate or crestfallen but be grateful for the fact that the Members of the Karmic Board Love you with such intensity that We decided to come as One Body to assist you in freeing yourselves and the peoples of this Planet of these entities.

Now, there is quite a difference between listening to the Voice of God, your own Individualized Presence, Who is endeavoring to use your vehicles at all times and to give you Instruction for your own personal advancement on the Path of Light, and through this God Illumination, enable you to better serve the Spiritual Cause of Freedom. However, when the information or impression you receive tends to persuade you to tell others God has instructed YOU *to assist personally* - WATCH OUT! These discarnates know much of Truth and inject just enough of it to ensnare you and get you in their embrace. When they have gotten a firm attachment, they proceed to weave a web of iniquity firmly about you, causing you to become enmeshed in their nefarious activities. However, you have been constant in service and We shall not further tolerate these activities externalizing themselves through any of the chelas belonging to The Bridge to Freedom. The pulsebeat of the Earth is anchored in the Heart of Shamballa and those blessed chelas who desire to serve through this avenue of Truth shall be protected!

I do not tell you this to frighten you or anyone else on the Pathway of Light, but to prepare you to be ever on your guard for any bolstering of the human ego. The time is drawing nigh when all of Earth's children will have to face the Members of the Karmic Board. The evolutionary changes about which We have spoken for many years are not in the distant future - they are taking place now! According to the sincerity of your purpose can you do much to save and serve the evolutions of this Earth.

At this crucial time, the discarnates are active with great determination and many who were the cause of the sinking of Atlantis and Lemuria are exerting great pressure to hinder the progress of the Planets in this system – the Earth specifically, for She is the one Planet which is not in readiness! While these present discarnates have been given embodiment after embodiment through the ages to make good and render a Balance for their nefarious activities of the past and should long since have spent their time between embodiments in the Inner Realms learning the true use of the Spiritual Law, freed of the encumbrance of a physical garment, they continue in their endeavors to infiltrate the consciousness of those on Earth with their malpractices. They engage in the inversion of the Law, having formerly known how to draw great Power from the unseen when they were priests and priestesses of the many Spiritual Orders on the two submerged continents, Atlantis and Lemuria!

Now - you can help them, and it is your bounden responsibility to do so. The Life which beats their Hearts is the same Life that beats yours and Mine! The crux of the matter, however, is that when the Light Energy courses through the four lower vehicles, the etheric patterns of imperfection and desires which have not been transmuted by the Sacred Fire FLARE into action and become an obsession for Power.

PALLAS ATHENA AND THE MASTER HILARION SPEAK

A Bridge to Freedom Publication

I say to you, with all the Dignity and God Power at My Command - Light Shall Triumph over darkness - and quickly!

Think you that all the Members of the Karmic Board would come to lend Their combined Energies were not the seriousness of the hour so grave that it was deemed necessary? After many and prolonged Councils, it was considered expedient that We come and cut the peoples of the Earth free from as much of this subversive practice as they will accept!

I have told you the following before, but it bears repetition: some of the chelas under Our Direction think there are no longer discarnate entities roaming about the Earth's atmosphere! Some time ago, a dispensation was granted by Our Council to Lord Michael to remove the entities in, through and around the Earth's atmosphere BUT that dispensation did not say: "*and all other discarnate entities from this day forward.*" There are additional discarnates from the physical garments peopling the astral realm in every twenty-four hours.

I firmly believe that if you think this through you will see and be impressed by the Truth of which I speak.

Oh Beloved ones, how I long to take every dear child on Earth, and in Her atmosphere, and draw them into the Flaming Presence of Truth within My Being, and I decree that this I shall do now or later, for I shall remain in the Earth's atmosphere until every soul belonging to or abiding hereon has come into My Presence to be baptized in Truth!

There is a line in one of your songs which states "*Truth is so precious to me*". I counsel you to get that affirmation into your feelings until it becomes an actuality, and when it does, you will know how wonderful is God's Truth.

I believe, with great conviction, that God's Truth which abides in the Heart of your Presence shall receive a welcome place in your consciousness, assisting you to blend the lower concepts into the Divine as you let go of the habits of improper thinking and feeling which you have nourished through the ages!

I raise My Hand in Benediction, through the audible words:

**"I AM" TRUTH WHO LOVES YOU AND WHO SHALL STAND BY YOUR SIDE
UNTIL YOU ACCEPT MY REALITY AND YOU ARE FREE IN THE LIGHT!**



WITH THE HELP OF GOD, THROUGH YOU...TRUTH CAN SET MAN FREE

My beloved children of Earth, of Light and of Life. I bring you greetings from the Karmic Board and commendation from Our August Assembly on behalf of all mankind whom you benefit by impersonal Service to Life. In the days, years and centuries which have been, mankind have worked locally, perhaps, in Spiritual endeavors, but to work Cosmically while yet in unascended bodies is a Cause for great commendation and blessings by the Law. Your endeavor to Bless, Purify and raise the Vibratory Action of the Earth at this time is magnificent and has merited great reward because it allows Us to apply to a Higher Source for the release of Dispensations on behalf of the race.

The ultimate Authorities (Helios and Vesta, so far as Earth and the Planets belonging to this System are concerned) have now applied to Alpha and Omega of the Great Central Sun Itself, for Their Cosmic Assistance as well as to all the Universes above the Earth and the Sun of our System. These Beings have responded. This means that, at this particular time, there comes to the Earth, not only the Radiation and Blessings from these Higher Spheres, but the actual Visitation of these great Beings Themselves Who are assisting.

Between each of your Systems, blessed Hearts, there is a great 'band' (shall we say) of Light. It is the periphery of each entire System. Except during certain Cosmic Cycles, even Ascended Beings do not travel between Systems. Those Intelligences from the Realm of Helios and Vesta and the Planets of this System do travel in interstellar space. However, unless highways are allowed to be purposely opened by some Cosmic Dispensation, the Intelligences from Superior Universes do not enter into the activities which engage the consciousness and concern of a specific Planet or a specific series of Planets with Their Sun Gods and Goddesses. On the other hand whenever We find sufficient Cause presented impersonally to Us to apply for greater Light, We can send Our

PALLAS ATHENA AND THE MASTER HILARION SPEAK

A Bridge to Freedom Publication

Calls above through Helios and Vesta, receiving on the return current whatever the Central Sun of the System feels It can allow in the way of sending Messengers, Angels, Devas or Purifying Powers to amplify the endeavors which We feel deserve more help.

I have come to know you better in these last few years than I have known some of you since Lemuria. In the early days, before the Planetary Law opened the Earth to souls who had both Light and shadow within them, every man, woman and child was able to see Me clearly, speak with Me and receive Counsel. Thus We had a very close comradeship upon the Earth at that time. After the creation of the maya by the discordant feelings and thoughts of the people who had begun to forget their Source, the Truth of their Being, the human veil was formed inside the physical brain. This began to make our forms less distinct to the physical sight of the people until we were just outlines, and our features were no longer distinguishable. Finally, even the outlines disappeared and We remained only in memory, fable and myth. That passed down from age to age, revived often by various Sects Who desired either to utilize Our Energies honestly or who desired to further Their Own ends by professing to represent Us.

Among all those Ascended Who have Loved the Earth, I think I have been most misrepresented. There have been more men and women walking the Earth crying - "*This is Truth*" - than there have been men and women doing any other thing. Now, again I can take your hand and walk with you, and with the help of God, through you, give man the Truth which will set him free.

You are working today on the dissolving of gossip, lies and malicious slander - everything which is an untruth. Beloved ones, I want you to think deeply upon this and make it mean more to you than just today's activities. I want you to think upon what I have to say as being applicable not only to your decrees but to your daily living.

What you plant in the mind of another, and then what grows there as a result, - the fruit and the harvest of that are your karma. Whatever word passes from your lips that pollutes the consciousness of another is a sin. This is so - even if it is based on so-called fact and whether or not it is spoken in innuendo or outright accusation. Why? Because you thus add to the shadows of the world and you are not speaking Truth. The Truth about every man, woman and child on this Planet is only good. Whatever imperfection in another you see with your eyes or hear with your ears and then pass on to someone else will make you responsible to the Great Cosmic Law, and you will have to pay for that in some way.

Some may question why it is necessary for you to decree to remove discord from the comparatively pure and clean continent of Australia. Remember that the landed surface in the Pacific Ocean was once a part of the Lemurian Continent where first the shadows come upon this Earth. There, lies, slander and untruths first began to weave their veil of maya around the blessed souls of men. Then, too, you have there all the resentments and rebellions of those political prisoners from the British Isles who have been exiled there.

Now, I say to you, in the Name of God Who made Me and does sustain Me, - individuals who continue to deliberately express and direct imperfection one toward the other must find their place in some later regiments. Those who love Truth will endeavor to see everyone a God or a Goddess of Light, and every child a magnificent potential Master of Perfection...These are My children...These are My friends.



LOVE LIFE FREE

Beloved of the Light, the out-picturing of the Spirit of Truth which it is My Privilege to embody is little understood by the mankind of this Earth. Since the days of Lemuria when I walked and talked with the evolutions of this Planet, few have pierced through the veil and stood in the Presence of Truth! The majority have chosen to relegate My Presence to the category of Mythology.

When you consider the aeons of time which have elapsed since that Golden Age and the Countless times which you have embodied on this Planet in an endeavor to out-picture the Plan for which you were given embodiment, it would seem in My opinion, that you must be weary of committing the sins of omission and commission, and would strive even more assiduously on this journey to complete your 'round' on this Earth.

PALLAS ATHENA AND THE MASTER HILARION SPEAK

A Bridge to Freedom Publication

Yes, the faithful chelas at the close of this sojourn are not required to re-embodiment, but it would be far more meritorious were you to widen the Green Band of Truth in your Causal Body, and allow that Virtue to out-picture while yet in physical embodiment. Do you know that in some people there is just a tinge of the glorious Green Light of Truth in the storehouse of their Lifestreams?

Now, My precious Friends...I know you are endeavoring to be greater expressions of Truth all the time. However, I have come to point out to you the weaknesses which sustain the veil between you and the fuller expression of Truth.

You have often heard the affirmation when someone has seemingly wronged you or another to "*turn the other cheek*". This statement has carried through the Christian Dispensation and into the Age of Freedom with very, very few having any comprehension of what it means. Some have thought if some individual commits an act of imperfection against them, be it spoken word or deed, that they should just passively ignore it and that continued repetition of the sin against them would sooner or later die out and that the originator of the imperfection would tire of so doing...THIS IS NOT THE TRUTH! And this is the very reason why I come into your midst today! If the chela, or anyone else, takes a passive attitude toward the wrong doing, he or she is guilty of a sin of omission and is permitting the imperfection to tie into and become a part of his aura. You well know that to which you turn your attention becomes ACTIVE in your Being and world and the way to avoid this when it is of a negative nature and to put your world into order, is to **LOVE LIFE FREE!**

Within everything acting in this world is a pulsation of Perfection, otherwise it could not exist, but it is the garment which the Life Essence is forced to wear through imperfect qualification with which We are primarily concerned today, and which I shall endeavor to assist you to remove from the screen of maya.

We of the Spiritual Hierarchy repeatedly bring to your attention the necessity of accepting the Oneness of ALL Life! Once you can grasp the meaning of that verity, and it is indelibly imprinted upon your feeling nature, you shall go forward in your Spiritual Evolution with leaps and bounds!

Now We will return to the method of transmuting the imperfection directed toward you, or any other part of Life. The instant you become aware of any malfeasance, grasp the opportunity to Love Life Free! Of course, at this stage in your evolution, one does not act from the premise of the little self, but through the God Authority of your own Beloved "I AM" PRESENCE. Give recognition immediately to the active Presence of God within the discordant or imperfect manifestation, and then proceed to use the Sacred Fire of Transmutation to remove the initial pulsation to which many refer as the cause and core of the imperfection. Remember that wrong doing of which you become aware may not have originated from the individual who has been brought to your attention as committing the act, but is the expanding pulsation from the individual who set up the pattern, or the cause and core, ever adding to the periphery of the wrong doing. This is an important point to remember.

In the Name of the Almighty do not just take the attitude of 'that will wear itself out' for all Life continues to act in one form or another until all imperfection is mercifully changed to the Perfection which is ordained for all Life. Verily, I say to you, then will Truth be a permanent Resident on this Globe.

Oh My Beloved and precious ones, would that you could now know how very much I Love you and all Life everywhere! I shall never know completeness until all Life is free from the shackles which man has placed upon himself through the acceptance of imperfection. My Heart cries out to you to step out of the bondage of human limitation into the God Free Expression of Truth!

You can read and read about the limitation which you have placed upon your Lifestreams through the acceptance of that which is less than God Perfection, but it is up to you, AND YOU ALONE, to loosen the chains which yet bind you. I would like to encourage you in assuring you that these restrictions, or links, are no longer of the strength of steel but are similar to unraveling ropes which require but a strong expansion of Light, from within your Beings, to tear them asunder and let you stand Free in the God Dignity which is your Divine Heritage.

Dear ones, the Spirit of Truth is alive within you! "I AM" always present to give whatever assistance you may require, but I beg of you in the Name of the Creator Whom you all do love, with varying degrees of intensity,

accept the Presence of God in all Life, and LOVE ALL LIFE FREE! This is your answer to Freedom in the Light while yet a resident of this Schoolroom of Earth.

It is the reverent Love which I hold for all Life which has brought Me into your presence at this hour, to extend to you My Love of Truth and to invite and invoke you to drink deeply of the vital and imperative Essence of Its wondrous Elixir!



BECOME AN EXPONENT OF TRUTH

Living, breathing Cells in the Heart of the All-encompassing One, I bring to you the strong pulsation of the Flame of Cosmic Truth, that Truth which I know in Its fullness, and in knowing, expressing It at all times!

Now, I am looked upon as the austere One, but, children of the Father-Mother God, one does not know and thus BECOME Truth unless one desires to enter into and accept the training which I am Privileged to give.

When Beloved Serapis conferred with Me recently...it was agreed that both He and I would present to you the disciplinary action of the Spiritual Law. Now those who are the real thinkers know that discipline is motivated by Pure Divine Love - Love for those to whom It is given and if one part is enfolded in Love, all Life is benefitted thereby - thus Love for the Supreme Source is amplified.

We Who have advanced on the Pathway of Light from deep within God's Heart can see the Glorious Plan for each Lifestream and for every cell and atom comprising all expressions in this vast Universe. This all-encompassing Consciousness awaits you who follow the avenue of Truth.

With the preliminaries thus set forth, I now don My Robes of the Teacher and I shall see from your acceptance of the Tenets which I am Privileged to present to you, just how much you really desire Truth.

Do you not think I wish to be loved by the children of Earth? As I have lavishly enfolded you in the Flaming Essence of Truth - always clothed, mind you, in the Flame of Love, I long for the return current from your Hearts for at least a slight acknowledgment of My Presence in the Universe, I am constantly holding the children of Earth in My Love of Truth - just how many times have you turned your attention to the Flame of Truth since the first of this year...are the fingers on one hand sufficient to count the number? Every release of Energy has a return current, and I am so patiently waiting for your recognition of the Flame of Truth...return to Me it must. Just what is delaying this action? Is your consciousness so bogged down with other mundane matters that you have shelved the activity of Truth?

If you wish to build a strong Temple or your own vehicles in which to carry the Flaming Presence of Truth, your attention upon that Flame must be a steady, rhythmic acceptance of that God Virtue. Oh yes, you may say "*I am studying the instructions of the Spiritual Hierarchy every day!*" And I say, that is not enough! Put that instruction into practice. You do not know your lesson unless you can express the Doctrine set forth therein. Please believe Me, dear children, as an Expression of Truth I know whereof I speak.

The mental activity of reading or listening to a lesson is of little consequence unless it is recorded, through acceptance, in your feeling worlds, otherwise it is stored away in the many times over-balanced body that houses mental accretion! When are you going to use that Truth? Surely you do not wish to wait for another embodiment or overcrowd the Temples on Our side of the veil to learn your lessons!

Perchance you think I am cold and unyielding in My dissertation - if you do, then that shows that you have not even touched the fringe of understanding the real meaning of TRUTH!

Ah blessed ones, search your souls with a determined feeling that you really desire Truth; Truth in all Its facets of expression. Every God manifestation has Truth within Its Heart Center and every expression has employed the activity of Balance - Love, Wisdom and Power, otherwise it would not have come forth, BUT after the manifestation comes forth, what sort of a garment do you place upon it? Do you enfold it in Love or do you give it passing recognition and permit it to float away, and seek sustenance from some other part of Life to keep it nourished?

To be an active exponent of Truth requires diligent 'effort'. I use that word advisedly. The chelas under the direction of the Spiritual Hierarchy have placed their feet on the Path of Truth; not an easy pilgrimage I assure you. It is strewn with many obstacles which must be overcome, but when you realize that you have placed those very impediments on your own pathway, not only in this embodiment, but through your previous journeys through the misuse of Life, can you not see that the Cosmic Law is being very merciful in presenting you with Instruction which, it is believed, will spur you on in your chosen mission? If you can get into your feeling worlds the basic fact that your Teachers are Beings of Love - Love for you, and thus Love for the God Who created us all - you would begin to feel My Presence with you at all times. How many, many times do We state that there is no separation in God's Heart? God is within you and all Life. Do you close your consciousness to this Truth by journeys into the human ways of thinking?

You are all advancing on the Path, otherwise you would not have come under the conscious direction of the Spiritual Hierarchy, that august Body of Beings Who have foresworn the ecstasy of keeping Their attention in Realms higher than that of the Earthplane. Oh yes, We do travel there and bathe in the blazing Essence of God's Heart in expanded activity, but We must, through Our vowed dedication, devise ways and means which We believe will assist Our less evolved brothers and sisters to attain their Eternal Freedom! Do you not consider this a Service of Love?

May I suggest that you become better acquainted with the Mighty Directors of the Elements? The very same substance which comprises the Fire, Air, Water and Earth Elements makes up your vehicles, and a little introspection, a little more reflection will present you with a marvelous opportunity to tune into their specific activities.

Blessed Ones, accept the Goddess of Truth as a Being of Love Who has chosen to come to you at this time to assist you individually and *through you*, all Life, to gain your Freedom in the Light! The Love of My Being ever enfolds you. All you have to do to realize this fact, is to turn your attention to the Truth of Life and I shall accelerate My activity through you to help you to become Truth while you yet wear a physical garment.



A SALUTE TO THE FLAME OF TRUTH



Hail! Thou Flame of Eternal Truth of Love and Life and Light - I salute Thee in the Name of the mankind of Earth and I enter deep within Thy Cosmic Heart! I feel Thee as Myself, for Thou art My Life, that Life which has been drawn from The Eternal First Cause and qualified and charged; qualified and charged; qualified and charged to go forth and carry the Law of Life and the Truth of Life to mankind - everyone, everywhere.

I stand within Your Radiance, O Mighty Flame of Truth, I feel the momentum, the Essence and the Spirit of every Atom of Truth that has been drawn forth from the Great Central Sun and the Solar Sun by every Master, Angel, Deva and Man who has magnetized and insisted upon knowing Truth; who have through their own consciousness drawn that Truth forth and spread It to dissolve the human shadows and bring the Light.

I feel within this Flame of Truth the Life-beat of the Buddha! I feel the Life-beat of Moses! I feel the Life-beat of Jesus of Nazareth! I feel the Life-beat of Krishna and Zarathustra! I feel the Life-beat of every individual, not only of those Ascended, but of many who yet walk the ways of Earth.

O Flame! Thou art the coalescence of all Truth drawn forth! Thou art a Living, Breathing, Powerful and Palpable Presence. Many men and women, many Angels and Devas from afar have breathed in Thy Radiance and then returned to the far distant Realms whence They came. They have also poured Their momentum of

PALLAS ATHENA AND THE MASTER HILARION SPEAK

A Bridge to Freedom Publication

Truth into Thee, O Flame, and because of Their coming into Thy Presence, because of Their Spark of Light and Life added to Thy Flame, Thou art Greater! Thou art Greater in each passing hour, in each passing year and as mankind grows in the Knowledge of Truth, that Truth in turn becomes part of Thee again, O Living, Blazing Presence!

O Mighty Flame of Truth and Light! O Mighty Concentrate of all that is good, I now speak directly to Thee.

In the Name of God Almighty! In the Name of the Ascended Jesus Christ! In the Name of Mercy and of Love, I speak to Thee now, O Intelligent Flame - Everywhere on this planet where man calls for Truth, I bid Thee GO! Flash Thy Fire!!! Shatter the human concepts within the mental body! Remove and wash free all narrow and bigoted ideas within that mental form! Sweep the emotional body free from all impurities! Wash from the etheric body all those human concepts that have been builded century after century! O Flame of Truth, flash through the flesh form and remove from the outer mind all capacity to accept imperfection!

Beloved Flame of Truth, Thou, Which art the Servant of the I AM, Go forth now - Go North! Go South! Go East! Go West and on the breath of those Beloved ones who have answered the Call of The Beloved Maha Chohan go forth now and give to mankind everywhere that Truth which will bring Freedom within their Hearts, within their souls and within their minds.

I call particularly for those who have answered the Call of My Beloved. They have asked to know Truth. They have chosen to come forth from the masses and be stripped of every rate of vibratory action that is less than Truth. Because they so desire it, O Mighty Cosmic Flame give them now Eternal Truth and then expand It to cover all mankind.

May this Cosmic Flame of Truth drive and fire every human concept back into the sea of oblivion, replacing it with the Will to Do, the Perception to Know, the Love to Accomplish, the Purity to bring Forth, the Concentration to follow through, the Rhythm to stay with a Manifestation until it occurs and then the PEACE to sustain that which has been drawn forth.

In the Name of Life, I speak through the concentrated Energies of the Beings assembled within the great Temple of Truth and I ask You now, O Brothers and Sisters, as You stand and look upon this Flame and as You breathe It into Your very Selves, send it forth to the 'dark star' – send it forth to mankind who mill in confusion wondering where they may find the doorway that leads back Home.

O, Beloved Ones, as I speak to You, concentrate within yourselves a Beam of Light from this magnificent Temple and play it upon the Earth. Show every soul that is praying within Itself the Way back Home...and follow that Illumination with the 'Will to Do' until that soul arises and comes Home in Harmony and Freedom.

Beloved Seraphim of Raphael's Legions, as You send the mighty Power of those Swords of Flame into all bigotry and intolerance – into all those qualities that deny Truth Its Opportunity, We ask You with all the intensity of Our Being to cause all persecution, religious, racial and political or in whatever form it may be acting, to CEASE TO BE.

In the Name of the Hierarch of this Temple of Truth, Beloved Hilarion, Who has dedicated His Life to rectifying an error made long ago, We Call that mankind everywhere be illumined on the point that "*Might never makes Right*" and that all persecution of every kind and description be banished from the Earth.

May all Religious Orders that work for the good of mankind - Metaphysical, Occult and Orthodox, Protestant, Catholic and Jew - unite and, standing shoulder to shoulder, a solid and conscious phalanx, dissolve Earth's shadows by the Power of Light. Separateness is not TRUTH. In the Name of Life, Beloved Raphael, as Your Legions use Their Swords of Flame, see that this is accomplished.

To you, beloved chelas everywhere, to you who stand within the compass of Our Love and of Our Light, to you do we send a Beam of Our Life Energy straight from the Heart of the Temple of Truth. Truth is the full manifestation of your own Holy Christ Self. There is nothing less than the Perfection which the Beloved Jesus manifested...That is the Fullness of Truth. Are you willing to become That? Whatever appearances arise that are less than Truth, call to Me and I will help you. GOD BLESS YOU! - EACH ONE.



TRUTH IS SO PRECIOUS TO ME

To Helios and Vesta, from whence our Earth came,
The Sun of God's Truth and His Bright Wisdom Flame,
I sing for the people of Earth in God's Name:
"Light's Truth is so precious to me!"

To Pallas Athena, My Heart-friend so dear,
I joyously sing as I welcome You here.
Now fill all my world with Your Truth crystal clear;
For Truth is so precious to me!

Hilarion Dear, Blessed Chohan of Truth,
Send forth Thy great Rays to guard all our Youth;
The Flower of our Faith has Thy Truth at its root,
For Truth is so precious to me!

To Archangel Raphael, in Truth we now call;
Dissolve every shadow, and consecrate all Evolving on Earth,
both the great and the small,
To Truth and Its Full Mastery.

CHORUS

Oh, Truth is so precious to me!
With God's Perfect sight I now see
Its lovely Green Flame; and in God's "I AM" Name,
I claim Truth in full Victory!



DISCOURSES BY THE MASTER HILARION

BELOVED HILARION...INTRODUCES HIMSELF

Permit me now to start at the beginning and introduce myself, as Paul, heretofore known as Saul of Tarsus, and now in the Ascended State referred to as Hilarion.

It is yet a source of wonder and astonishment to Me that I AM in the Ascended State and sometimes feel that My Ascension was a policy to remove Me from the politics of the earthly plane and that it was not earned, but granted, by a wise but uneasy Hierarchy.

I have, since my Ascension, devoted Myself to the teaching of Agnostics. I do not care for, and never cared for the theological type of individual who affirms God with the lips and lives a Life of hypocrisy. I prefer therefore to deal with the man who believes nothing but is willing to be convinced through mathematical accuracy. This Teaching I have conducted for some hundreds of years and has resulted in my further establishment in the Department of the Master of the Ray of Science and Medical Supervision.

I wear, usually, a business suit of modern cut and keep abreast of the times in hairdo, etc. My work is different than that of most of the Great Masters with Whom I AM associated in that it deals with The Law, the precision and accuracy of mathematical deductions arrived at through cause and effect.

In the inner planes I work with those both in their bodies and discarnates who have to learn Faith.

In My Life as Saul, which all know was a bitter, unhappy and stupid existence, I found that the existing codes and creeds were unable to help My personal code of conduct and, therefore, preferred to be a professed sinner than a pseudo saint. Through the Mercy and Grace of that Great Being Whom all mankind is learning to reverence, I was shown the Truth of Life and that the 'professed sinner' was as much of an egotist as the pseudo saint. This earthly experience, however, has given Me an insight into the Heart of many Lifestreams that the world would consider 'bad' and I, therefore, have the Privilege of working with these individuals.

I work on a scientific basis with the same individuals that Kwan Yin works with through the Sacred Fire of Mercy and hope I may be able to assist you to whom I come.

I AM not an 'easy' Master, but, like a Great Physician, I can diagnose the Lifestream – its strengths and its weakness and, like a physician, I do expect cooperation in My endeavors to make the individual well balanced. I shall not, however, intrude, but where the desire is earnest and sincere I can give advice and assistance to help the personal Lifestream of the individual who chooses to call to Me. My Radiation alone will be of tremendous assistance in awakening your Powers of inner discernment and I trust We shall find progress together.

I thank you for your attention to Me and I can but say that through Our association you may find Me perhaps severe, yet in that severity - a very kind and devoted Friend.



PRESENCE AND PRESSURE OF COSMIC TRUTH

Friends of God, of Light and of Life! You who, by your very presence here, have shown a deep and abiding sense and feeling for the Presence of Truth, I greet you on behalf of the Beloved Brotherhood at Crete and Myself. I also greet you in the Name and the Grace of the Ascended Jesus Christ, by Whose Presence, Example, Virtue and Nature, I was enabled in Myself to sublimate and renew My soul and enter into the Realm of Perfected Beings, where I now abide. From thence I have pledged Myself to send My Service, Radiation and Presence whenever possible, to assist any member of the race to know Truth - if they so desire It.

For the most part, mankind are not much concerned about Truth. They are eager to have a confirmation of those concepts which they have evolved; which are comfortable and seemingly pleasant to live with. For the most part, mankind prefers the 'vicarious atonement' and the Presence of Truth is not always welcome when It shakes the concepts of the ages and causes a certain discomfort which always comes about with change. Brave is the man and strong, sincere in Heart, earnest in Purpose who desires to know Truth and will have no traffic with confirmation of the very errors which are externalized in the individual and collective worlds as manifest distress.

It is self-evident to the thinking individual that if anyone were possessed of the Fullness of Truth within himself, that Truth would have set him free by Its application to his own life's experiences. Thus he would have fulfilled the statement of the Master Jesus: "*You shall know the Truth and the Truth shall make you free.*" The etheric, mental and emotional bodies of mankind have been exposed to religions, sects and 'isms' of many kinds all through the ages for the receptivity of his soul, in an endeavor to produce a Perfect Pattern for man's consciousness to out-picture. It is only when that man or woman comes to a point where they do not desire confirmation of pre-conceived opinions but desire the pure Light of Truth, that Our Brotherhood, the Beloved Pallas Athena and Those Whom We represent, can give the Cosmic Assistance to set such ones free.

I bring to you today the presence and pressure of Cosmic Truth. As It comes within the atmosphere of this room and passes through your emotional, mental, etheric and physical bodies, It will dislodge and remove a great deal of the accumulation of error of which your outer mind is not even cognizant. In the future, I am sure you will be amazed at the clarity with which you will be able to proceed in your contemplations and applications, if you can accept Our Presence, Our Power and Our Gifts today. Just please feel for a moment that same living White Fire which was the Gift from the Holy Spirit to the disciples that first Whitsuntide, surging through your four lower bodies and let go! LET GO! LET GO! In the Name of the Ascended Jesus Christ, LET GO of that which binds you. Thank you, Beloved ones, for your acceptance.

Even in the world of unascended Beings, when an individual asks another for the Truth, that Truth is very seldom welcomed. Beloved Goddess of Truth (Pallas Athena), Goddess of Justice (Lady Portia) and the Goddess of Purity...three of the most magnificent Beings in the Heart of Heaven...receive very little magnetization from the Earth plane. You see, people are afraid of Justice, they are afraid of Truth and of Purity. Through your Decrees and Calls for the removal of doubt and fear from the present consciousness of mankind and through the removal of much of that substance so qualified from the past, We are hoping that these Goddesses may be able to release to you that very pressure of Their Flames which can set you free if you will accept them and that, in the future, They may be more welcome in the consciousness of the mankind of this Earth than They have been in the past. The Goddess of Mercy, the Goddess of Love, the Goddess of Beauty; these are welcomed and sought after. However, the Virtues of Truth, Justice and Purity are most essential to progress. Those Virtues and Their activities and the Beings Who represent Them would long since have retired from the atmosphere of Earth were it not sometimes for a single Lifestream who, during an entire embodiment, kept an anchorage on Earth of Their Presence through contemplation and application. In this way, such individuals kept a thin line of Light sustained between this Dark Star and that Realm of Light Eternal where These Goddesses abide.



DISCRIMINATION IS ALWAYS NECESSARY TO RECOGNIZE TRUTH

We always weave into Our informal talks enough of Our Own personal experience so that you may realize that the development of the soul-light - the happiness as well as the struggle - are not yours alone but have been passed through by everyone Who has returned to the Perfection of his God-Estate in the Victory of the Ascension, through self-conscious application.

It is easy now to look back upon the Christian Dispensation. So many hymns have been written about the individual who would have stood by the Master Jesus if they had been there with Him at that time. The glamour of the centuries has made of Him a figure easily discernible among the masses who lived and walked the Earth in His Day. However, speaking as One Who was there, great is the discrimination; great is the expression. Small is the Virtue of the man who discovers it only when the blazing meteor has passed through the sky and disappeared into the farthest recesses of the Universe. I know...for I was such a One!

At the time of Jesus, I was embodied as Saul of Tarsus, afterward known as Paul. I was schooled in every department of Biblical lore; able to recite the Scriptures by Heart; knowing every prophecy of Isaiah, Jeremiah and the others; a member of that proud and arrogant Sect who knew that the Messiah would come to the 'chosen few' and be among the priesthood - yet, this was not so! I remember well discussing often as We did, the coming of the Messiah, for Jerusalem waited earnestly for that Messiah and we had waited, I think, overlong. We, the scholars, would think upon the Scriptures and ponder over them. Remember, too, that at that time we had many, many individuals who had 'Messiah complexes' through all those centuries - fanatics who had bands of followers and whose works were but ash. So, among the intellectuals, there came a certain protective shell of reason so that we should not be deceived by the fanatics of the hour. I remember well donning my silken robe one day, perfuming my hands and putting on my jewelry to investigate the 'ravings' of a man in the wilderness who was proclaiming the coming of the Messiah. I remember walking with some personal displeasure to the outskirts of the crowd and looking upon the uncouth figure of John, the Baptist. Convinced within Myself that Our King of the House of David should have no such precursor as that rough man, my feelings recoiled. I could not see through that 'garment'. I confess, I never looked upon the physical Presence of Jesus because I had not taken John at his True Value and had not known His Worth.



PERSONAL AWAKENING TO THE CHRIST

Mercy was good to Me! As I continued upon My self-righteous path of wiping out what I considered fanaticism (and in duty destroying even Life) mercy was good to block My way. Mercy was good to open My consciousness and My sight to the living, breathing Christ on that Road to Damascus. Think you who are called upon to change your nature that I do not know what that means? A proud man in silken robes, riding in state, filled with self-conscious righteousness, - then suddenly humbled in the dust before the Presence of a Being Who had lived in My land in My time and Whom I had not known! Think you that to change that course of a Life was easy?

Even after that magnificent Visitation - well, no one but Myself could ever know what I went through! Finally, I was taken to the community of the Beloved Mary and there I spent some stormy years. First I was filled with remorse and then resentment tinged with pride - to think that these men and women of humble birth with work-worn hands could speak so easily and freely of the days and nights spent in the Presence of the Master Jesus; to think that I Who could recite the Scriptures by Heart had to listen to them and hear second-hand the story of the Messiah!!

It was Mary, the Holy Mother, Who saved My sanity in that time, by that Grace of which Her Son had spoken so often. It was Mary, Who taught Me the Path of Divine Love. It was Mary Who taught Me that which I have written - that which you will find in My letters in Biblical text.

I wrote that the greatest of all things is Love because I knew that was so - having had the least of it among all that assembly. It was the Holy Mother Who gave Me that consciousness of Divine Love which enabled Me to go forth and be a missionary in feeling as well as in fact.

You who are receiving this Instruction now are favored above all men; for you live in the hour of your Master! You need not look back and say: "*If I had been there...*" **You are here now**, giving these Decrees, sometimes despite the contradictions of reason. At least, what you have done has been within the Cosmic Hour and not too late! Remorse is one of the greatest hells of experience and I am grateful that you will not have to know it. It is to spare mankind such remorse that We come to the skeptics, the agnostics and those who have been disillusioned in the past. We try to bring Faith, courage and confidence to them wherever it is possible so to do, so that when mankind enter the Karmic Halls, and look back upon the Life they have lived, they will not have to say: "*It might have been*"!

Persevere, persevere Beloved ones! As One Who knows, I can say to you - persevere in Love and you shall wear the Crown of Victory and the White Garment! Thank You.



THE ONENESS OF LIFE

The self-conscious Flame of Life chooses the state of consciousness which It consciously inhabits, and becomes one with the mass Radiation of that particular state in which It functions, because It is aware of the incarnation which It will take and the parents through whom the physical vehicle will manifest.

Every Quality, every Virtue and every state of consciousness which might be considered the sum total of various qualities are ONE. This may seem difficult for an individual to understand, but upon giving a little thought to the subject it can be easily explained.

For instance, all water is one, with the same Elements rendering the same Service. A man in India, Alaska, the United States or Europe may choose to experience the benefits of water, and the exact same results will ensue.

Likewise, all air is one, whether the individual breathes it in the Himalayan Heights or the Great Rocky Mountains; so also, conscious thought and feeling are one throughout this Universe.

There is a stratum of Energy vibrating at a certain wave length which is constantly fed by individuals representing every possible emotion and thought.

Love is ONE, and when an individual is loving, he instantly tunes into the Love Stratum, and becomes one in consciousness with all who Love throughout the Universe.

Wisdom is ONE, and when an individual is seeking Wisdom, he is instantly tuned in to the Vibratory Waves of Wisdom which is fed by the Divine Beings in the Realms Above and is being tapped by the scholars of the world.

Purity is ONE, and every soul who aspires to purify itself, instantly enters the Stratum of Feeling and Thought where the pressure of Purity becomes his particular strength.

It is also true of the discordant qualities, and one cannot entertain an individual thought of jealousy, hatred or anger without becoming instantly ONE with the mass stratum of those qualities, and one with the other individuals vibrating at that particular wave length throughout the planet - so, the oft repeated statement, "*like attracts like*".

The individual consciously, through free-will, is constantly rising and falling through the various Stratums as the emotions and thoughts fluctuate. The individual will soar to great heights when his attention is one-pointed on some constructive quality and he tunes in, for a moment, to the heights of bliss and happiness, but - through the power of free-will - he can likewise tune in to any of the inharmoniously qualified stratums and then suffer the reaction as it flows into this vehicles.

The Ascended Master Consciousness is a constantly sustained attention upon the constructive rates of vibration that never descend below Tolerance, Harmony, Peace, Faith, Love, Understanding and the Desire for Service.

As these Qualities are invited, and as the chela holds his Cup above the seething, flowing streams of human discord, he begins to experience a steady Radiation of Light and Life, and thus the Ascended Master Consciousness is attained and sustained by conscious effort.

You may go with your Cup where you will...You may fill it at whatever fount you choose...You may drink of the muddy waters of mankind's effluvia, or you may, *through conscious effort*, sip the Nectar of the Gods.



WHAT IS YOUR ATTENTION

Your attention is similar to a radio beam of electrical Energy directed at a certain wave length which connects with an objective vibrating at that wave length. Your attention is a consciously emitted stream of electronic spark that forms a bridge or conductor made up of your own Life, through which there flows to you on a return current the substance, radiation and quality toward which your attention has been directed.

Your attention is an open door to your individual consciousness and world, and is the only avenue through which you consciously accept! Your attention is as scientific as the electrical beam created through the Marconi system or a radio transmitter.

Your attention is your Life projected forth through self-conscious action into the Universe to tie you with the object to which your attention has been directed. Countless addresses and affirmations have pointed you to the Power held within the attention, *and yet, the attention is the least governed of the activities of man*.

The forces of shadow and the entities of man's own Lifestream, however, are fully aware of the Power of the attention, for they live on the Life that flows through the 'beam of the attention' as surely as your body subsists on the food you digest. No thing can live in one's world unless his attention feeds it, whether it is Godly consciousness or sickness of the flesh, or a limitation of the pocket book. For the Godly man, his attention is held unwaveringly on the Presence of Life, the Earth slips away and ceases to exist. This in the ultimate state is called Nirvana.

The attention is the mouth of your consciousness, which can be held by sustained and conscious effort upon whatever activity or manifestation of God's Perfection one desires.

While the attention is held on any human channel, any human form, or any outer source of supply, of health, of happiness - *the Law is in reverse* and through the avenue on which the attention is held will flow the Radiation and Substance of the Focus of that attention.

If an individual seeking Godliness, Health, Happiness and Supply could first understand the Power of sustained attention, and then through self-conscious effort wrest the attention from the many pulls of the outer self and anchor that attention on the Presence of God, God's Presence would flow through him on the return currents as the fullness of all he could desire. Saint Germain said repeatedly. "*Where your attention is, there you are; what your attention is upon you become*", but the students do not realize that the attention is constantly moving from place to place and is not one-pointed in acknowledging the Godhead as the ONLY 'Doer', 'Doing' and 'Deed'.

The attention is the Bridge from the human to the Divine. It is the electronic Energy of the Lifestream thrown forth like a mystic span and the man walks forth on the Bridge into the Realm of the Real. The attention can be raised instantly to any Solar Lord or any Master or Deva or Angel and over that Bridge, the consciousness may consciously soar into the Realm where that One Dwells! No one is a prisoner on the Earth sphere while he contains within himself the magic, mystic Power of the attention.

Every force on Earth, from the small puppy to the immature child, seeks to gain and hold the attention, because inside, that one knows that through attention there flows a Stream of Light, and the God-seeking man is he who DOES NOT allow his attention to become a playground for the seen and unseen forces that would bind him longer to shadow.

Your attention is a wand - magic, mystic, potent - and ONE MAN with a controlled attention might draw enough Spiritual Essence from the Heart of God to redeem a planet!



THE ACTIVITIES AND SERVICE OF THE FIFTH RAY

I would like to thank you for the invitation which has drawn me into the atmosphere of Earth, and has given Me the opportunity of presenting some of the Activities and Service of the Fifth Ray, in an endeavor to assist in the progress of mankind's evolution, not only in Its present era, -- but all through the ages that have been.

Particularly now that the Karmic Board is gathered, and as the applicants for re-embodiment stand before Them for consideration, does the Service of the Fifth Ray come into prominence. We are the Sponsors of the Lifestreams who have what you call in the world of form, 'vocations'. These are individuals who have evolved on any one of the Seven Rays to a point where their Energies are sufficiently channeled so that those Energies are woven into a definite and a distinctive beneficial Pattern. Those Energies are used to channel the Ideas and Designs of the various Rays into the world of form, in specific profession, artistic channels, etc. Primal Energy, as you have come to know, is magnetized through the Three-fold Flame within the Heart, and flows as the Silver Cord into the use of the self. It is then released through the free will via the channels of the senses and becomes the conglomerate mass of good and evil which is the average contribution of the individual ego in every Life.

For the few who have what you would call a 'vocation', there are the millions who move through each respective Life span, learning perhaps some small lesson of cause and effect and drifting into the easiest Pattern of earning the bread of Life through the sweat of the brow. If they are among the fortunate few who are freed from that particular curse of Cain, they use the Energy for the satisfaction of the desires of the senses. For the evolution of the race, we depend upon those few whose energies, - drawn, magnetized, channeled and directed, enrich the evolution of the race in governmental channels, educational and religious channels, art channels, science, etc. These people are those who are under the specific Guidance of the Brothers of the Fifth Ray. They are said in the world of form to be born teachers, to be born educators, to be born statesmen, born poets, born nuns or monks, born musicians. They are people with a definite vocation and Purpose, people who come to serve Life in a particular manner and know instinctively within themselves early in Life that they have come to enrich the Universe. They engage their Energies in their individual worlds in preparing themselves to be

PALLAS ATHENA AND THE MASTER HILARION SPEAK

A Bridge to Freedom Publication

specialists along some particular line of endeavor. When Energy is drawn through desires in the Heart and feelings or the thought Patterns in the mind which causes the Energy to set into motion the physical and inner vehicles, you have what you call 'volition'. When the Energies are Dedicated and Consecrated to furthering some particular part of the Divine Plan, you have 'vocation'.

Lifestreams, - particularly those who have chosen to further the Divine Plan of Spiritual Illumination, and who have chosen to become the missionaries of Christ to carry the Word of God and Life, are consecrated in the Temple of Truth. Their Energies are blessed. They are ordained to Spiritual Service and all through the course of that embodiment, a Brother or Sister from the Temple of Truth watches over such a one; aiding and assisting in the fulfillment of the particular Service and vocation to which the soul is dedicated. Whenever possible, They increase the conscious understanding of the individual self, to make of that one a greater intelligence in the effecting of his part in the Divine Plan.

Many of you, for many centuries, have had a vocation of Spiritual Service. You have been the priests and priestesses, the guardians of the Spiritual culture of the eras in which you moved, and you are, therefore, closely connected with the Brotherhood at Crete and with My Own Lifestream, as well as with Those Who have preceded Me in holding the Office of Chohan of the Fifth Ray.

Today the activity which is preparing Lifestreams for re-embodiment is magnetizing the souls of many, many Spiritual individuals with high development who have these vocations and who have, at Inner levels between embodiments, developed great Spiritual dexterity in the understanding of the Law and the Truth of Life. It is the hope of the Brotherhood at Crete that many of these Lifestreams will be chosen and permitted by the Karmic Board to come into physical form at this time.

Looking at mankind from the standpoint of the Free, it is really pathetic to note the billions who proceed through Life with no apparent Purpose, who find the clothing of the body, the sustenance of the flesh, and the pleasure of the self to be sufficient Reason for Life and Being. These individuals, - being in the preponderance as to numbers, - the evolution of the race lies within the hands, Hearts and actions of the very few who are Dedicated and Consecrated to a selfless Service. Therefore, if individuals who incarnate but to control Energy for personal reasons can be held back and the workers come in first; if the people with vocations, highly evolved on the Seven particular Rays, are given first opportunity, you can see that they will set up a Pattern of Intelligent Progression in each of the Seven Rays. Then the lesser developed, falling into that Pattern,- upon incarnating, will more easily go up the Ladder of Evolution. The saying that "*the blind lead the blind*" is true to a great extent, because not all of the teachers, the priests, the statesmen, the doctors, the lawyers, the scientists and religionists who hold the higher offices in the world of form today, are individuals who have high Spiritual vocations. The masses dependent upon them do not always have an actual guidance of a True Spiritual Nature. It is therefore suggested by the Karmic Board and by the great Goddess of Truth that We endeavor in this collective Council to secure the entrance of these illumined consciousnesses first.

In each of the Seven Spheres, I am called upon to examine the Lifestreams whose Energies have been magnetized and channeled through the ages. Many of these people are dwelling within the Temples there and are working and perfecting activities of Life, forms of government, forms of religious worship, exquisite religious ceremonies, beautiful paintings, sculpture, architecture, magnificent scientific inventions, etc. Some of them are in need of persuasion to leave the freedom of those Inner Spheres where it is so easy to draw these Perfected Ideas (which they have worked on for many years) into a concrete and workable form. It is My obligation to call Councils in each Sphere and show them, no matter how perfectly they make their Plans in the inner spheres, they must have an incarnate consciousness of equal development with their own who will take incarnation, to **'catch the other end of their Beam of Energy' - magnetize the Perfection - and draw it forth.** We are trying to secure individuals with an affinity of consciousness, one to stay in the Higher Realms and one to re-embody. These, working out the Plan between them, will eventually be ready to go into the Halls of Karma and stand before the Judges, showing how they can lower the Divine Design by one remaining in the Inner Sphere,

PALLAS ATHENA AND THE MASTER HILARION SPEAK

A Bridge to Freedom Publication

projecting the Design into the receptive consciousness of the other one who is taking embodiment with vocation.

As We proceed through the Seven Spheres, We shall give Our Plans into the Council in each Realm and then they themselves will pair off. Later on, We will have to return and bring such pairs as We might wish to present before the Karmic Board, when the new souls are chosen for re-embodiment once each year, in the month of May. You will see that these Dispensations cannot be granted in a moment, when the fate of an entire Planet is at stake.

We teach the missionaries and the messengers that are to come forth and who have already come forth from time to time. At inner levels, before your incarnation, you have all spent a goodly time within this Retreat of Truth. There you are taught that every qualification of your teaching that deals with reference to the lower self (personality) or is an exploitation of it, must be gradually discarded. Impersonal Law must be drawn forth until It shines like White Light, and there is no more 'self-manifest' than there is in a beam of electronic light projected from above. As you slough off, so to speak, all reference to 'self' in instruction, you become then the embodiment of that Flame, and it expands and expands in pressure and rhythm through your Lifestream to give assistance to the masses. It is a magnificent activity, - if you will use it in your daily application, - to draw forth that Flame of Truth. Magnetize it and watch yourself in your teaching and in your personal service. Check the Energy that flows to self and through self in service...Thus you grow and develop in your chosen and blessed vocations.

Beloved Vesta Herself was the first Goddess of Truth for this evolution. The Beloved Pallas Athena assumed that Office and has embodied that Virtue in the Temple of Truth. She was one of the first Cosmic Vestal Virgins representing the Virtue of Truth in the Electronic Belt around the Sun. The drawing forth of Truth in every age has been under the direction of Beloved Vesta and Beloved Pallas Athena, as well as the Chohan holding the Office of the Fifth Ray. Presently, it is My Privilege and Honor to render this Service.

In early Greece, during the time when the Oracles of Delphi were so active, the very first Vestal Virgins were completely dedicated to magnetizing pure Truth. They did draw forth, repeat and record the Truth from the lips of the Beloved Vesta and Beloved Pallas Athena, those records remaining today within the keeping of the Brotherhood of Crete. This Spiritual Order of Vestal Virgins endured for almost seven hundred years. At the close of this period, one Vestal Virgin was taken into the group who did not live up to the Vow of Purity of mind or of body. The contagion spread through the entire endeavor, because of this individual, and brought the Oracle of Delphi to ruin. This destroyed the connection and contact between the Beloved Vesta, Beloved Pallas Athena and the peoples of Earth.

The recordings of the Oracles of Delphi which are presently in the hands of the people, are of this degenerate and dishonest organization which, like the Order of Fu Manchu, was an Order of great Light in the beginning. It is to be regretted that, so often, that which has been begun in great Light, which has been sustained by Spiritual individuals with tremendous integrity of consciousness, is later seized upon by forces of evil and becomes a pawn of deception to the masses. The result has been superstitious dread and an etheric record of agnosticism in the consciousnesses of many, many innocent men and women who have pinned their Faith and their soul Light upon the authority and the authenticity of such representation. For many ages I have witnessed the distortion of Truth through selfishness, usually through desire for personal power and almost always through intellectual arrogance.

I have witnessed the Spiritual wounds upon the consciousness of the race. That is why I vowed to stand with what they call the 'agnostics' because these men and women are victims of malicious intent to deceive. They are men and women who, in the ages past, have put Faith and Trust in Lifestreams, feeling that they were following God, - only to be bitterly disillusioned. They were left at the close of their embodiments with their Faith in ashes, - their emotional bodies filled with fear and unhappiness, their etheric bodies deeply scarred and their souls so embittered that even in the time between embodiments it was impossible to restore to them a desire to make further Spiritual efforts.

This is one of My Vocations, to make things right for Lifestreams who have been victims of this perpetrated evil. These laggards from other systems and those individuals who became the black magicians, those individuals who prey upon the credulity of the soul, are the greatest sinners before God and before man. There are few among the Ascended Host Who have taken this particular interest into Their consciousness, and there are very few among unascended beings who have any interest in it. There are many who speak bitterly of the dogmas of the Church, and there are many who sneer at the credulous who follow hopefully under a leader, but no remedy is ever offered. We must have those who are determined to have TRUTH FOR TRUTH'S SAKE, and who will protect the Spiritual selves of the credulous. Where they are blindly following the magnetic pull of the personality (whoever it may be). We must have someone to make those strong Spiritual Calls that they be awakened and illumined by the Flame of Truth, and their blessed feet be placed upon the Path toward Eternal Freedom.



THE FOUR BODIES

It has been said that "*God needs a body*", and for this Purpose were the four lower bodies of man created - the emotional, mental, etheric and physical forms.

Students on the Path have come to an intellectual knowledge that they are NOT the physical form but dwell within it. They have accepted the fact that there is a God Presence within the physical body which is the Eternal Identity. They have to some degree understood that the physical body is a living, breathing organism, with intelligences and appetites of its own and that, like a high bred animal, the physical body will seek the satisfaction of these desires through the avenues of the five senses. They are, therefore, alert to identify themselves with the Higher God Principle and are learning to govern the fleshly garment with some degree of success.

However, there are three other living breathing, intelligent identities belonging to each Lifestream - the emotional, mental and etheric bodies. These bodies are made up of the substance of earth, air and water; they have intelligence within them and have desires and appetites of their own. It is for the student to consciously look over the four vehicles provided by God, that God might express in physical manifestation. These four vehicles are not dead matter but living, pulsating organisms containing intelligence within them. The lower bodies of the average man have governed the self-conscious Life for centuries, acting independently of the Spiritual Spark that should be the Governing Intelligence acting through all. The emotional world has acted independently of the conscious volition of the God Self for untold centuries.

Let us take the MENTAL BODY in which is stored knowledge and accretion of fact and fancy, orthodox principles and concrete ideas that may or may not be true. The Mental Body lives on knowledge and the more it is fed, the larger it gets and the more it demands the Energy of the Divine Spark. In satisfying its demands the Mental Body becomes a heavy, cumbersome unwieldy vehicle and a tyrant! When the Mental Body is overgrown, the real teacher - the Three-fold Flame within the Heart - is allowed no opportunity to expand because the mental accretion becomes a constantly shrieking accumulation of Energy flooding the consciousness and drowning out the Voice of the Silence. The Mental Body should be merely a storehouse for certain Truths in the world of men, much as a lecturer refers to certain notes that elucidate his point. Most mental giants are, therefore, practically barricaded against Spiritual Awakening.

The ETHERIC BODY was also created as a storehouse through which the individual's own experiences might be recorded. It differs from the Mental Body in that the records here are entirely personal and are the experience derived through the use of God's Energy, whereas the Mental Body may profit by experiences derived by other parts of Life as well.

The Etheric Body, however, has become an accretion of experiences that would make the most ribald tabloid look like the gospel! The Etheric Body lives by drawing the conscious Energy of the Heart Center into reviewing and re-experiencing those debaucheries of the past. When the attention is firmly enough anchored in the feeling

of those past fiascos, the Etheric Body may perpetuate and repeat these performances which cause it to vibrate with joy as the Life Energy is flooded into it, and instead of being a record of the God Powers drawn forth through the Lifestreams, it becomes a 'skeleton in the closet'. It is most dangerous, however, in that it is cunning and lives like a vampire in sucking the God Energy from the God Presence.

And the EMOTIONAL BODY - here we have the prize of them all! Eighty percent of mankind's Energy (or we might more correctly say God's Energy) is encased in the foul smelling confines of the Emotional Body. The emotional World of man was provided by the God Presence through which the Energy might flow into the physical world to raise and transmute the Forces of the Elements through Love, Harmony, Peace, etc., but instead it has become a tremendous accumulation of passion and emotion. This body draws constantly on the Flaming Source within the Heart and uses TONS of God's Energy to satisfy its insatiable appetites which are legion! The Emotional Body is happy only when it is in a constant state of flux. It lives on excitement which may be generated in innumerable ways.

We will take up a few, for example - POSSESSIVENESS - a tremendous feeling form that draws the God Energy and SMOTHERS the object of its affection.

GOSSIP - which is almost the most insidious because through poison sent out it starts wheels of emotion in the Lifestreams of many, and so you have an inner conflagration.

CRITICISM, CONDEMNATION AND JUDGMENT are also closely related. The silent criticism of seeing discrepancies and faults in others disturbs the feeling of one's own Emotional Body and sets up causes of discord which react in physical disturbances, but the spoken criticism sets other emotional bodies into the same vibratory motion and its effects are without limit.

The really vicious emotions are evident and do not so much affect the aspiring student such as jealousy, hate, anger, malice. Lust is considered sister to these vicious emotions but until one has attained the Glorious Body of Eternal Light, lust is very evident in the most advanced student - mental rejection of this statement to the contrary.

The God Life of the Universe created these lower vehicles to express a Divine Plan and when the individual will return the government to the God Self "I AM" within, he will find that this constant battle and turmoil will cease, and instead of each individual being in an ARENA with these lower bodies seeking to secure one's attention and Energy, the individual's consciousness will become an outpouring of God's Will.



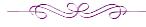
THE SCIENCE OF GOD'S WILL

The science of mastering the rebellious and uncontrolled energies of the soul through transmutation of such energies (by the use of the Violet Transmuting Flame) is practical indeed! To this end We serve, and to this end do We invite each and every sincere chela to serve until the Will of God is known to the outer consciousness of every Lifestream embodied upon the Earth as a joyous and beautiful expression of Perfection! Help Us to this end, Beloved ones, and We shall be so appreciative – proving Our appreciation to you in ways of which your outer mind knows nothing!

Doing God's Will is an exact science which is manifested beautifully through the Nature Kingdom. Each flower, shrub, tree and plant is a manifest expression, in each yearly cycle, of obedience to the externalization of the Divine Image or Archetype for that particular species with the exception of that portion of the Nature Kingdom which has been temporarily polluted by the pressure and effluvia of the mankind of Earth who have used the Earth so long as a playground rather than a schoolroom.

It is time that the mankind of Earth applied to the Heavenly Father and their own Divine Archetype (their individualized "I AM" Presence) for knowledge as to what their particular part is in manifesting the Kingdom of Heaven on the Earth as well as in any sphere in which they may dwell between embodiments. The same science is applicable to mankind, and the Cosmic Moment is upon Us when every one of the ten billion souls presently belonging to the Earth's evolution must contribute a constructive Benefaction to the Earth and Its attendant

evolutions. We are willing to teach this science to any and all who care to visit Us at the Temple of Truth over the Island of Crete. I shall expect those of you who are sincerely interested in being a part of this Glorious Redemptive Process to so visit Us there. I shall further expect that the Truth so invested in you will be manifested as practical works in the world of form.



MAN IS A PRECIPITATING PRESENCE

The nature of man's Being is precipitation! The natural activity of his Life is precipitation! Through the thousands of pores in his body there are constantly flowing streams of electronic Energy which are precipitated into the Universe about him. Even while man sleeps, there flows forth from his inanimate body a Radiation which is a precipitation of the substance of his Lifestream into the Universe.

Visualize the great Victoria Falls that pour countless tons of Energy into the rapidly moving river below and you have a picture of man's reality - a constantly rushing stream of precipitated Light that becomes the current of the river and flows forth into the Universe.

For man to struggle to acquire the Power of Precipitation is a travesty, for there is no moment, waking or sleeping, day or night, when even the most ignorant and ungoverned human Being is not precipitating. The Forces of the Four Elements precipitate, the fundamental principle to be learned is not HOW TO PRECIPITATE but WHAT! It has been said that one day man will understand the Precipitating Ray which is an activity of his Being.

Man has precipitated disasters and limitations as well as all kind of ailments of the flesh and of his mind, emotions and environment. He can precipitate an argument without any effort. Therefore, we can see that man HAS the Power of Precipitation but he has not learned to use the Power in a constructive manner.

Holding the visualization and feelings in your Cup, we see that the pure Energy precipitated through the individual's consciousness becomes the outpouring of the various inner thoughts, feelings and emotions.

To precipitate consciously, one must change the qualification of the Energy within. You might use: "I AM the PRECIPITATING PRESENCE in action, precipitating Perfection into my mind, body, Being, world and affairs" and also..."I AM the ASCENDED MASTERS USE OF THE POWER OF PRECIPITATION".

If the machines which are being prepared were released and the students could see the electronic Energy precipitated through the body in even the most casual gesture, they would realize their God Power. Precipitation is not a Power that has not been conferred - it is a Power that is in constant use, but ungoverned except by the Holy Christ Self and it is the Divine Plan that all men shall bring forth Perfection through the conscious use of this faculty.



THE ANIMAL KINGDOM

As Chohan of the Fifth Ray, which is dedicated specifically to the Flame of Truth, I would like to say a few words to you about the Animal Kingdom.

Some time ago you used a Prayer for these four-footed friends of man, and I would appreciate it if you would again use it or some variation. We will repeat it at the conclusion of this Message.

I am indeed grateful that many people who are in the public eye have taken up the Cause of protecting the blessed animals. They are our friends, and render a tremendous service to the Human Kingdom, for instance - the magnificent service of the 'Seeing Eye' dogs; the love of a pet who truly assists you in expanding your Love, how little he asks in return - food, shelter and a pat upon the head - a few words of appreciation for his Love. The time has now arrived when the good with which these dear friends have enriched the lives of man shall be returned to them in full measure.

Always bear in mind that an animal does not deserve the designation of 'dumb' - *that is far from the Truth*. An animal can sense vibrations far ahead of the human, and is ever on the alert to protect his human master!

Much has been said in the past upon this subject, but I here and now positively state that you must have respect, love and gratitude that God has loaned you a protecting companion, when I say 'you' I am referring to mankind at large. Some may entertain the thought that there are many vicious animals and I quickly reply - is not the human consciousness in the same category? So Prayers are indeed necessary for all the Animal Kingdom especially for those who are so mis-treated and mis-understood; for those who are deserted when some individuals whom they have served, feel they have outlived their usefulness and they are left to fend for themselves. Never forget that we have taken the animal out of his natural habitat and made them conform to our society and our way of Life. An animal will and is capable of communicating with you. There is so much that can be learned from these four-footed ones. Nature speaks through everything that The Father has Created. It was Beloved Kuthumi Who in his embodiment as Saint Francis of Assisi, referred to all the animals as his brothers and sisters. He also stated in an Address - "*with all your getting - get Understanding*". So if you will take the time to study and understand our little brothers and sisters, you will be amazed at the intelligence.

Each species of animals - birds - reptiles, etc., are under the supervision of the Deva in charge of their Group Soul. The Deva is responsible in directing each species for the sake of survival. For example - there are reports, and they are true, about animals being left behind when their owners moved to a new location, and after a period of time the animal arrives also, sometimes traveling hundreds of miles. HOW? The Deva that is in charge directed them! How completely an animal depends upon his God! The great Love the animal felt for the human, and the great loneliness and desire to be with them, even though they deserted him, reached the ruling Deva - just as prayer from the human Heart reaches our God Presence.



THE ANIMAL PRAYER

Hear our prayer, O God, for our friends, the animals, especially for animals who are suffering;
For all that are overworked, underfed and cruelly treated;
For all wistful creatures in captivity that beat against their bars;
For all that are in pain or ready to make the change called 'death';
For all that must be put out of their misery by human Beings, through so-called death.
We entreat for them all Thy Mercy and pity.
Make us, ourselves, to be true friends to all animals, and so to share the blessing of the merciful,
For the sake of the Salvation of all.



Now a very delicate subject, for there are diverse ideas among the chelas; the subject of partaking of meat for the nourishment of the physical body.

Please listen carefully, Beloved ones, I am not chastising anyone who feels it necessary to continue the practice born of the centuries of eating meat - everyone has free will and it is never wise to make oneself conspicuous by refusing to partake of that substance when a guest in another's home and the host is not aware of your Way of Life. Let me say that the human habit of believing meat is necessary for the sustenance of the human form is a fallacy! When a dedicated chela partakes of meat, he should blaze the Violet Flame through it before eating it - most assuredly not audibly, but silently, therefore transmuting it as it passes through his vehicles.

In no manner, at any time, condemn another Lifestream for what he eats. You are not his mentor and if he feels his body requires a certain substance, that is no affair of yours. We require chelas who can serve in a harmonious manner through a controlled emotional body, and if he requires meat, or believes he does, you are not his judge.

This subject has come up by word of mouth many times, and the chelas revolve and revolve it in their consciousness. I say PUT YOUR ATTENTION on the Affairs of the Universe and assist Us to bring more Light to

this Planet! Remember, our Beloved Saint Germain has repeatedly said, "*When you are endeavoring to bring others into the Light, do not stress the attitude of 'thou shalt not'!*"

Permit Me to add - if you feel you presently require meat for your body's sustenance, you have free will to do so, but We in the Higher Realms prefer that you do not! Remember that the abstinence from meat will not guarantee you safe convoy into your Freedom in the Light, nor will eating of it deny your entrance. What a man expresses through his lower vehicles – pure thoughts, balanced emotions and physical acts of Divine Love emanating from the Golden Man within...add up on the constructive side of the Ledger of Life.

I have chosen to make the above statements for there has been too much criticism among the chelas, and criticism is a noxious substance which causes poisons to flow through your Being. Criticism does not have to be audible, the feeling world's acceptance of those thoughts is the dangerous activity.

Realizing that I am a Master of Truth, and many are not comfortable standing in the Presence of Truth. I ask you to digest the foregoing...for I have given it in Pure Divine Love.



IT IS THE PERFORMANCE THAT COUNTS

I come into your midst bringing you the Radiation of the Glorious Flame of Truth which it is My privilege to accelerate.

The Fifth Ray, like the Fourth, is not one of the more popular avenues of Truth, for the average individual does not care to face the FACT that he is less than the popular concept which he holds for himself - popular to him, that is!

Those who desire to serve with Me, and the other Beings on this Ray, must divest themselves of the frailties of the human and come to the Throne of the Glorious Goddess of Truth, Pallas Athena. How many of you desire to do just that? Can you honestly say this very moment - "*I am willing to stand in the Presence of Truth*". Oh, yes, perhaps for a moment in Her august Presence, but are you willing to be shorn of habits of the centuries which have delayed the humility required to accept the statement, - "*steadfastly facing Thee*"? I wonder...

If you have any preconceived idea that I am going to entertain you with statements that will be in accord with all your concepts and which would make you feel that you are a chela in the full sense of the word, *that will not be the case*, UNLESS you will say within your innermost Being, "*O Father-Mother God, help me to be the Truth for which I have been given embodiment - help me to be a Way-shower to all men!*"

Looking into your auras, I see your great sincerity, so I shall wear a 'velvet glove', so to speak, for the balance of this message.

As you are aware, I represent the Ray which embraces scientific precision, and I assure you this is no namby-pamby activity...The entire Universe is governed by the precision of Spiritual Law and any deviation from Its Course causes all manner of chaos in the world of form.

Taking a concrete example...were not the electronic instruments which guide an airplane in perfect order so they could follow the Directives of the Control Center, disaster of all kinds could result. It is the same with an individual Lifestream, when he, the personality, is not in Perfect Attunement with the Holy Christ Self within, there is much deviation from the original course. You can surely see why it is so necessary for the Members of the Spiritual Hierarchy to impress the consciousness with ways and means of guiding the chelas to the Control Center; *the Individualized God Self*.

Beloved of the Light, We are depending upon you to man the Control Centers so that all the peoples of this Earth will raise their consciousness, and thus save the Earth from much further devastation! You are doing exceedingly well, but I am required by Cosmic Law to forcefully bring to your attention the necessity of serving with the Christ Self of all belonging to this Planet. You have been in a training period for years, and you should now be ready to don the cap and gown of graduation. You are all making splendid progress, so far as personal advancement is concerned, but you are not using your inherent capacity for development or accomplishment in raising the vibratory actions for all Life.

PALLAS ATHENA AND THE MASTER HILARION SPEAK

A Bridge to Freedom Publication

As a weather vane indicates which way the wind is blowing and is used for guidance, so do the Youth Groups throughout the Planet signify that change is imminent, and for this influx of Light into the souls of the Youth, We are tremendously grateful. However, you must be prepared for them, and some are ready and waiting now for you to guide them to Higher Activities of the Law! This is your responsibility, and opportunity is knocking at your door!

Let Me point out a few ways to accomplish this.

We are propounding the necessity for Music in your daily living, in your Group Activities! Our Hearts are filled with gratitude, for your cooperation along this line is commendable. All over the Planet one notices the response of the Younger Generation to harmonious sound. Some renditions, I know, are not particularly pleasing to the ear and carry a negative vibration. Why is this? Except in extreme cases of real 'off-beat' renditions a great deal of good is accomplished. And those who are really 'far out' should be a signal to you that these individuals, who appear to be enjoying this type, are expressing that which is within their feeling world and most certainly require assistance through the use of harmonious music directed into those who participate!

One can accompany this activity by the use of Calls for their Illumination and Purification. Some of you, I know, would prefer that I use the word 'mantram' instead of 'call' and in most respects they are one and the same, for a Call is a worded Invocation given silently or audibly to bring a desired effect. The Youth, in general, are very intrigued by a 'mantrum' for it carries something of a mystical nature from the East. It is a case of 'farther fields are greenest'.

A mantram is a form of words or syllables rhythmically arranged so that when sounded, certain vibrations are generated, producing a desired effect on higher planes. In the majority of cases the mantrams are used for personal fulfillment or impressing upon the mind of the subject the result which it desires to achieve. Of course there is a rarer type of mantrum in which the sounds themselves produce a definite effect. Through the years We have counselled the use of rhythmic decrees - those which flow easily and produce a harmonious Radiation. So called 'pounding' Decrees have been used with tremendous success for they were, and still are in some instances, required to break down the steel wall of the iron-bound consciousness of the masses.

A rhythmic Decree given to beautiful music is especially effective; with the words clothed in the Radiation of the tones emitted - they are accepted into the consciousness more readily, particularly in the feeling world of the Youth (and of course, this refers to all age brackets).

We are extremely grateful to see prominent Religious Leaders so effectively using Music for magnetizing the Youth, and drawing them into the fold of the Master Jesus. Jesus, is their Symbol of the Divine Master which signifies the Way of Truth to them. I assure you that He is constantly directing His Radiation into these activities. As previously stated, that is the reason He has asked that THE BRIDGE continue to use the Name of Jesus, for it carries the Radiation of the Christ! All must aspire to be The Christ in action, and when this is accomplished, the Service of the Beloved Micah, Angel of Unity, our Beloved Jesus, will take place. Dear Jesus, how Sacred and Powerful Thy Name!

You have been requested to use music in your Service to Life. The harmonious vibration of music is one of the most effective means of healing the ills of errors of the human. I am particularly gratified that there are Classes where decreeing to music is given...Yes, some may bristle, so to speak, because they are not familiar with this form of Service. If you have any negative feelings, a little reflection will show you that you like your own way better, and when I say "*your own*" - is this not a warning signal to the human? We again state that Service along all the Seven Rays is necessary, so if this type of Service is not to your liking, remember another Lifestream may not be attuned to the type of Service you give. All constructive forms of Service are required. **Tolerance is the Order of the Day!** If you Love Thy God, as you outwardly profess, then bless all who are serving Life in order to bring the Expansion of God's Kingdom into manifestation on the Earth. Further on the Healing Activity, - You all are aware, or should be, of the Service of the Members of the Retreat of Crete and how the Light Rays are projected into certain causes that have generated negative conditions, be they of mind, body or

soul. You will notice I use the past tense 'generated' for when the Light Rays are properly employed, imperfection ceases to be.

I humbly counsel you to travel in consciousness to the Healing Center at Crete and ask to be shown the many activities for using the Light Rays - they are manifold. You can do this in the etheric garment at night or in contemplation while in the waking state. We are just touching the fringe of the Service of the Fifth Ray, and the wise chela will attune his vehicles to enter the Cosmic Consciousness so that he may effectively serve on this Ray of Truth.



THE BRIDGE TO TRUTH BY BELOVED AEOLUS

AEolus is The Beloved Cosmic Holy Spirit and Pallas Athena's Twin Ray

From time to time individuals are of the opinion that there is need for a Mediator or Bridge to connect the God Self with the outer intellect. These people are honestly firmly convinced that as the Presence is connected through the Holy Christ Self with the Heart of every Lifestream, outside means of communication and Spiritual Guidance is unnecessary. To these people I address the following.

The Purpose of a Mediator is to convey the Truth from the Heart of God to the outer minds of individuals who have lost their personal and direct contact with their own Divinity. When Purpose has been accomplished no mediation or transmission of consciousness is necessary, but until this point is reached, the outer mind of men, (unable to rise to the inspiration of their own Higher Selves) are benighted, and through the Mercy of God are given enlightenment by those who have attained a degree of evolution wherein they may climb the Mount of Attainment, assimilate the Truth and carry the knowledge of that Truth back to the Pilgrims on the Path. The wise pilgrims will avail themselves of the Cup offered, and in so doing their climb up the Mount of Attainment will be less arduous.

Every Lifestream on the planet has had direct communication with the Presence from the time individuality first took place. Over every Lifestream on the planet hovers a Silent Watcher. Yet, without a Mediator or Spiritual Guide in flesh form, these individuals are unable to receive direct guidance from their own Higher Self. This is self-evident by reason of the fact that for four and a half million years the Presence has been unable to raise the outer consciousness into union with Its Consciousness because the subtle and fine Vibrations of the Presence fall unheeded on the ears of the outer self.

God in His Mercy has thus provided Spiritual Counsel – 'a step-down' through physical bodies highly developed as Mediators - which turns the outer self towards Truth. Many false mediators have come. The test of their reality, however, is, if their teaching turns the outer self towards the individual's own Mighty "I AM" Presence - then that Mediator comes from God.

Humanity is like a great group of people on one shore of a wide river where there is neither food, nor drink, nor sunshine. On the other side of the river is a land flowing with milk and honey. Humanity is unable to cross the river into this land of plenty except through the medium of a Bridge. Those who are wise walk on the Bridge into the rich fertile land, receive of its bountiful nourishment and carry it back to their less alert brethren, who refuse to enter the rich land by means of a Bridge, preferring to remain in privation until they can cross the river under their own motivation.

A Bridge is required until the Spiritual Knowledge has developed through repeated crossings to the other shore where all Truth is attained.

Beloved ones, Levitation is an activity of the Spirit as well as of the body. When Spiritual Levitation is developed, each individual can plunge into the Heart of his own Presence and bring forth the Fullness of Truth, but the mass of mankind will never develop these Spiritual Powers until they accept and use the medium of the Bridge or Mediator to carry them into the Realm of Truth where they may sit humbly at the feet of the Master and acquire the ways and means by which their own Spiritual Perception may be developed.

PALLAS ATHENA AND THE MASTER HILARION SPEAK

A Bridge to Freedom Publication

Knowledge of the Masters of the Sacred Fire, the Violet Flame and the Divine Destiny of the Planet Earth all was gained on the Far Shore and brought back to the land of privation.

It pleases Me, dear children of My Heart, that you have wisely and humbly partaken of this Cup. You have availed yourselves of the Mercies that such a span affords. By repeated crossings many of you will soon make sufficient contact whereby the Realm of the Real will flow into you, and you will remain in consciousness on the rich and verdant shore; thus in your dealings with your fellowman, every moment of which calls for the exercise of Love and Patience and Self-Discipline, will you be 'Radiating Centers' of My Peace on Earth.



FINIS