

THE SEVEN BODIES



An individualization to embody (or incarnate) upon the physical plane and go through the experience world must have the various bodies, seven in number. Each body is created out of the substance from the realm in which it is to function. The Individualized Presence of God or Flame is projected forth into that realm. It becomes the core around which is drawn the substance of that realm forming (creating) the body.

In the beginning of individualization the flame was projected forth into the realm of primal substance, and about it was drawn the substance of that realm creating what is sometimes termed the Electronic Body. From It pour forth rays of light constantly, by which It renders service in the universe. It knows only perfection and is ever pouring it forth, expanding it. It is not cognizant of the imperfection of the outer self.

Each individual (externalized) is a part of God in an action similar to a flame that is taken from a large fire and it becomes a fire in itself, yet it is a part of the first fire, although individualized.

The accumulated good, that energy used in service both at inner levels as well as during physical embodiment, forms the Causal Body. That manifests in spheres of colors around the Electronic Body.

When one has given sufficient attention to the Presence and the four lower bodies are purified that accumulated good will be released into the use of the outer self, but only to fulfill the Divine plan. It is released through the golden radiance around the ray of light from the Presence (Silver Cord), by the Christ Self. It is drawn forth through love and cannot be drawn forth just by

determination of the intellect or feeling of the outer self. Yet by determination of the intellect and outer feelings one can draw universal substance (to a point) to produce certain manifestations in the outer.

To incarnate – to take physical embodiment, bodies are required in the various realms. A flame or core is projected down from the Individualized Presence into the lower realm, and about it is drawn a body from the substance of that realm in likeness of the Electronic Body but of a lower or stepped-down vibratory action. That is the body called by various teachings: “Higher Self”, “Better Self”, “Christ Self”, “Higher Mental Body”, “Holy Christ Self”. It is the discriminative, directing intelligence for the human being, the outer self – the personality. It is aware of the imperfect manifestations of disease, distress, trials and tribulations. It does not accept imperfection of the outer self although It is cognizant of it. It

is the “still small voice”. Premonitions and promptings of people have come from the Christ Self, by which It tries to give the solution to the outer self. To adjust conditions in the outer It calls to and draws forth whatever energy is required from the Presence.

Individuals constantly get promptings, which may be just a gentle prompting in the heart, but most of them are not followed. After one has been prompted he usually doubts it or lets in suggestions that he shouldn't do so and so of which he had the prompting. Life always gives promptings to everyone, to hardened criminals and even to savages. Three promptings are given as a rule, unless the first or second are acted upon.

A flame or core is projected for the etheric body and the substance of the etheric realm is drawn together around the core, creating the etheric body.

When it is seen with the extended or inner sight it appears as a soft but firm light. Originally it was perfect. In it are contained the memories, and there are recorded all records of both good and evil of the experiences of the outer self through all embodiments. There is no permanent record but good. All else will eventually have to be transmuted. The discordant experiences have caused wounds or tears in the etheric body. Nature heals and patches over these as best it can, but the scars remain. Then in some future time or embodiment under certain circumstances or similar experiences when undue pressure is placed on that scar by similar experiences, like an incision it gives way or bursts open and manifests in disease, great distress or disharmony.

This is not understood and there seems no explanation of it from the outer sense or consciousness. Deep feeling definitely makes a record in the etheric body. Likewise is the mental (by some called lower mental) body created from the substance of the mental realm; the realm of that particular vibratory rate. The mind, the mental activity functions through that body. Although it is not seen by the physical sight all accept that they have a mind, and would be greatly insulted if told otherwise. In it are all the accretions of human concepts, opinions, conclusions drawn from partial truths and information. That is what forms the intellect.

The mind has the capacity to form conclusions from fragmentary information without looking back to the original pattern or divine plan. The present concepts and distortions of truth have come through this activity. The mind was created to be a servant of the Individualized Flame – the REAL YOU, and not the master. It was created to be the instrument to create and hold the pattern or cup – the vision, for a physical manifestation. To still the mental body, to stop thinking, stare into the sky or when sitting by a lake, stare into it.

Also there is created the emotional body from the substance of that particular realm. That is the feeling world. Its action was to energize a thought (the pattern) making it a thing in outer form. The emotional body extends for three feet out around the physical body and with most people very much further. It too is not seen with the physical sight but everyone knows that he has feelings. It is through the feelings that a person is aware of hate, discord or love and kindness, etc. Many people have had the experience of perceiving or having the awareness of a person approaching from behind before he was seen or heard, or made aware of through the physical senses. That awareness took place through the feelings when the other person's emotional body touched theirs, although some feet away.

In the emotional (astral, as termed by some) body is the accumulation of all discordantly qualified energy, not only of this present embodiment but of the previous ones as well. That is what is termed “karma” – bad karma. All this has to be redeemed before complete freedom is attained. Therein lie the impure and wrong desires, passion, lust, greed, selfishness and the many other similar qualities of mankind. Individuals may have as many as 200 vortices in the emotional body whereas there should be only seven. The function of the emotional body should be to intensify the God feelings and desires in the physical world or expression.

Human self is humanly charged energy which you have drawn forth into your world, the mental and feeling worlds. This is your human soul which must be redeemed. There seem to be different interpretations of the meaning of soul. Some think of it as that part of an individual not seen – the God side of him, therefore it must be good and pure. In other words the term is used in different ways. We shall think of it as the thought and feeling nature, the consciousness of the individuality in the outer, therefore of human consciousness and not the divine spark. Spirit usually refers to the Individualized Presence and action of God – the Flame of the person. And the outer consciousness and expression form the personality. “Spirit” as well as “soul” is used among mankind rather loosely and in abstraction, with different meanings.

Many people’s mouths are partially open most of the time, unconsciously of course. This signifies a lack of holding emotional control, which leaves the emotional body open to the surrounding forces. The emotional body should be held in control and the mouth closed, not in a hard line but in a sweet way. Children should be taught this.

The physical body, as all the other bodies, is drawn from the substance of its realm. The physical substance is drawn around the core or seed and thus is created the physical body. Of it more is generally known because it can be perceived by the physical senses, yet it is created not by physical means but by inner actions, or unseen powers. Its function is to perform physical acts or expression in the world of form, although originally not ordained to labor as in the present condition of mankind. In the physical bodies are outpictured the imperfections, distortions, and disease of the qualities and actions of the emotional, mental and etheric bodies; the causes lying there in these inner bodies which manifest in the physical.

The dividing line means from the human into light. In the human body it is just above the solar plexus. The dividing line is the Christ Self where there is no more human and you are free. Everything physical has its etheric counterpart.

There is the physical body and interpenetrating and extending out around it is the etheric, then the mental, then the emotional – it being the largest in size. These all interpenetrate each other. They all need to be purified. The Christ Self, Causal Body and Electronic Body of the I AM Presence are pure and perfect.

The light pattern of the physical body is in the Etheric body – the points of light. The light pattern is the cohesive power of your flesh body. That is pure and is the connection of the Presence with the physical body.

Considering the seven bodies as to planes – we shall put them in this order:

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| ELECTRONIC "I AM" PRESENCE | INNER ACTION | PURE, PERFECT & IMMORTAL |
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| | | |
| CAUSAL BODY | INNER ACTION | PURE PERFECT & IMMORTAL |
| | | |
| | | |
| CHRIST SELF | INNER ACTION | PURE PERFECT & IMMORTAL |
| | | |
| | | |
| ETHERIC BODY | BRIDGE | |
| | | |
| | | |
| MENTAL BODY (INNER) | OUTER ACTION | IMPERFECT & IMPURE |
| | | |
| EMOTIONAL BODY (INNER) | OUTER ACTION | IMPERFECT & IMPURE |
| | | |
| PHYSICAL BODY (OUTER) | OUTER ACTION | IMPERFECT & IMPURE |
| | | |

The upper three planes or bodies are and always have been pure and perfect. The etheric – the bridge is the connecting link from the outer to the inner. It is through the etheric that the outer consciousness makes connection with or enters into the higher realms.

The lower three are the outer action. The physical is what is perceptible to the physical senses – the outer or physical action. The emotional and mental are the inner action of the outer. They are not seen with the physical sight. They are not concrete from a physical standpoint yet they make up the functions and outer action of man.

Of the inner and outer: The Christ Self and mental body are similar or correspond with each other. The mental body is, or should be, the vehicle of the Christ Self in the outer. The Causal and emotional bodies are similar, even as to shape. The Causal body is spherical in shape, the emotional is oval. The other bodies are the shape of the physical. The Causal body is the repository for all constructively qualified energy. The emotional body contains the imperfectly qualified energy. The physical body should be an outpicturing of the Presence in outer form – and is connected through the etheric.

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You are not that physical body. You are that stream of light. You are a projected ray – a precipitated light ray direct from the Godhead. The physical body is the projection of light. You are a world unto yourself. The center of the light in the physical body is the heart. In every heart beat is a release of another pulse of light from the Presence.

The first atom of the heart (the permanent atom) is the flame from the Presence, an extension from the Presence. A heart inverted becomes a flame. The heart is projected from the Sun. The heart is a flame upside-down – it makes a cup. It is even so with your beating heart. Do you understand what keeps it beating? You have confidence that it will do so tomorrow and in future days. But how much do you understand about it? That tiny flame in the heart, an activity of the Sacred Fire keeps your heart beating. Even your scientists have discovered that there is a flame in the heart, and it was announced in the newspapers some fifteen years ago. Medical scientists know they cannot operate on the heart as on other organs and have the patient live. It is self-sustaining, it perpetuates itself. This has been proven by scientists

with a living chicken heart that they kept in a solution for many years. The light in your heart is the greatest magnet. Attention to the Presence, the light and the Ascended Ones causes the light in the heart to expand – as a flower unfolds its petals. Your life anchored in your heart is calling for the release of itself. The brain is the registering faculty of the Intelligence that comes through that light (ray from Presence), which is intelligent light substance. It is light in the brain that enables one to think. The brain is the physical organism through which the mind functions, and which contacts the outer, and imperfect ideas. It is the point of contact with the outer.

The brain structure is the receiver and distributor, the heart is the director. Clear the substance of the brain – attune it to the higher. It is because of the density that it is not attuned; we need to quicken the cell structure of the brain. It is imperative that your brain be flooded with light. Use the Violet Flame through it. Energy is stored at the base of the brain. If it were not for that stored energy we could not speak.

Through the nervous system flows liquid light. An essence flows through your nerves like a liquid light. Science has discovered a liquid golden light flowing through the nerves as the blood flows through the blood vessels. That is life force – light coming from your Individualized Presence of God “I AM”. It is light, your life flowing down from the heart of your Presence into your physical body. By some teachings it is called the “Silver Cord”.

Nerve fluid circulates through the body the same as the blood. Nerve fluid circulates according to feeling; if happy or depressed, it is affected accordingly. The pulsation of the nerve fluid is stronger than the blood; it is golden light. The nerve fluid that flows through your body is the tree (tree of life) self-sustained. The nervous system being like a network of fine wires which are message bearers of thought and feeling impulses to all parts of the body. It is easily affected by alcohol and drugs.

The blood in your veins is red because of imperfection in the atomic structure, otherwise it would be golden. In some children when born the blood is a deep pink, showing the purity.

What is acting in those physical bodies? First life, then mental and feeling bodies. When you come to the perfecting of your world, that energy has to flow largely through your body.

There is a trinity of action in everything including your body: blood circulation is one third, fluid in nerves is one third, points of light which are currents of energy is the other third. The hearing, the sight and the heart form a trinity of action. It is the currents of energy flowing up and down your spine that keeps it upright.

The physical body is a condenser for the light rays. The body is but the anchorage to the earth. The physical body is a battery. Man has wasted energy – he can recharge his body.

To raise the vibratory action of the body means you must give attention to things higher than the human realm.

You can cause every organ to function perfectly. The functions of the body are carried on unconsciously mostly, but are a self-conscious procedure. What is that procedure? So called involuntary breath as well as the functions of the body are regulated and controlled by the Christ Self and the Body Elemental. The food we eat, and drink, are taken care of by them. Yes, even the substance which should not be taken into the body, such as alcohol, tobacco, meat, wrong combinations and excess foods and drinks. The Christ Self and Body Elemental take care of that too and protect the body as much as possible for most of mankind. For some it is not so and they are not able to partake of those things. The reason for that is that the Christ Self refuses to handle those things, because in former embodiments they had made certain attainments (which they do not remember), and should go on progressing instead of accepting the conditions of general mankind.

Your feet represent your understanding. Your hands represent the reception and giving of perfection of life. The eyes represent vision of perfection; raise the eyes above imperfection, to the Presence or Christ Self. Swelling of the flesh is often caused by gas in the cells. When there is a swelling one day and it is gone the next day – that shows it is not a dense physical substance. Your physical body should be your temple of light.

Feel the Presence in blazing white above you – visualize white light flowing through the nerves clothing them in a golden radiance – the flesh white with golden radiance.
