

“SPIRITUAL HEALING”

THERE IS NOT ONE MALADY OR DISEASE THAT CANNOT BE HEALED ON THIS EARTH. . . .

IT IS ‘OUR’ (and no-body can do it for us) UNADULTERATED, PURE, UNINTERRUPTED BELIEF IN THIS KNOWLEDGE THAT WILL DETERMINE OUR HEALING AND OUR HEALTH AND THE SPEED WITH WHICH WE ACHIEVE IT – WE CAN DO IT – KNOW IT – AND DO IT!

THE GREAT DIVINE DIRECTOR: “I AM” DISCOURSES BOOK 8 – Pg. 282

"It is IMPOSSIBLE FOR ANYTHING TO REACH OR ENTER YOUR WORLD WITHOUT YOUR ATTENTION UPON IT. That is why, Beloved Ones, today, please close the door and seal it, on everything which has been in the past—up to this hour! Close it now and let Me help you to close that door! Lock it and seal it, so not once again, does your attention ever go back to what has been, whether it is good, bad or indifferent! Erase it! Shut the door! Then as you turn and face your "I AM Presence," know henceforth, only Its Intelligence, Presence and Power, with all Its Glory and Harmony, are acting in and thru your body and feeling world. Then, you will rejoice so much at the changed conditions.

Your Life, world and activity will be filled with successful achievement, with happiness which you cannot comprehend, until you do that!"

This information is from the original pure Teachings of the Great White Brotherhood, ‘The Bridge to Freedom’ and ‘I AM Activity’ material only.

These teachings were given to us via the accredited messengers (a very rare thing) Guy Ballard and Geraldine Innocente in the 1930’s and 1950’s, respectively.

We go as far as our teacher, so if we want to enter the realms of uninterrupted peace, harmony, love, wisdom, perfect health, abundance and every other GOOD and constructive thing, learn the LAWS OF LIFE from those that have mastered them – the Beloved Ascended Hosts -then apply them to our life and WATCH the perfection start to unfold in every aspect of our life! It is Cosmic Law, it has to!

These are the most profound Teachings of Truth and Wisdom given to humanity now. **The knowledge of our “I AM” Presence is the most important knowledge humanity can receive, as it is the ONLY means by which we can set ourselves and others free from all discord.** These Teachings are the same ancient truths and LAWS OF LIFE found in all sacred texts, introduced in a modern and easy to apply format. This information is no longer hidden in parables or in far off temples, it is here with us now, and we need to USE it to heal ourselves, our planet and all on her. They WILL set us free into the realms of peace, harmony, health, abundance and every GOOD thing, and lead us to our Ascension, which is our reason for being, but as with anything in life, the amount of effort put in determines the rewards! There are no short-cuts! “As you sow, so you reap” in ALL areas of our life!

If you want to HEAL yourself, apply these teachings wholeheartedly. The tools given to us by the Ascended Hosts (the Ascended Masters, Angelic and Elementals realms) work perfectly – God never intended for any miscreations in His/Her Kingdom, and we are all individualized aspects (children) of THE GREAT GOD-HEAD on Earth, endowed with the same powers - so how can we be sick, poor, angry, tired or any other things that are not GOOD! God is ONLY GOOD (GO(O)D) – ANYTHING else is misused energy and needs to be rectified. It is time for humanity to WAKE-UP from our long slumber, and use the POWER within us, for all and everything – NEVER DOUBTING IT!

THE POWER OF THE ATTENTION

From: 'THE WILL OF GOD' By Thomas Printz (Beloved El Moyra) Pg 21

I cannot stress too much the power of the attention. Saint Germain and other Ascended Ones have repeatedly cautioned the students regarding the governing, controlling, and focusing of the attention in order to maintain mastery and freedom from limitation.

Your attention is the faculty which focuses a beam of electrical energy upon any given point. This beam, or LIGHT RAY, is formed by your own Life Energy which flows along the line of force made by your attention upon the condition which you are 'witnessing'.

There is a magnetic Law which acts here whereby the substance, energy and quality upon which your attention is fixed begins to flow back into your world and affairs instantly. According to the intensity with which your attention is fixed upon a condition is the return of the quality into your world.

Do you not see then, that in order to heal a condition, person place or thing, the attention must be withdrawn from the problem and placed upon the source of all Healing. This is a scientific action of the Law.

When you cast the beam of your attention into the Heart of the Presence, you set up a physical current of energy and the flow of Light Substance, power and healing, etc. begins its journey over the beam of your attention into your world. As you can keep this beam focused automatically, your world, body and feelings become saturated with Light which dissolves the condition. The old Psalm 'I will lift up mine eyes unto the hills' means exactly this.

If there is apparent physical exhaustion, turn the beam of your attention upon Hercules, the concentrated Flame of Strength, and as surely as the Sun shines, tiny molecules or particles of Flame from His Electronic Presence will begin to flow along the current to your attention into your world. If your attention is upon tiredness, then the mass tiredness of mankind will flow along that beam into your world!

Can you not see that here is your KEY TO FREEDOM? You have been told times without number that your Presence is your Supply! The student body has felt that this was a 'spiritual' truth; I tell you that is also a SCIENTIFIC FACT, for as surely as you receive money when you present your passbook at the bank, as you turn your attention to your "I AM" Presence and HOLD it there, the actual particles of gold begin their return journey into your experience. TRY IT; and prove every word I have spoken to you!

THE INNER CAUSE AND INNER HEALING OF DISEASE

By Beloved Serapis Bey – Bridge to Freedom Dictation

My beloved friends, *the healing of the New Day comes under an entirely different aspect of the Law* than all preceding service along this line, because we enter a new cycle, wherein *permanent illumination* will out picture as divine perfection and the activity of the Healing Flame will be directed toward the *dissolving of the INNER CAUSES within the life stream*, which result from certain definite maladjustments in both mind and body.

Science is beginning to realize that a great many physical and mental disorders are due to unseen emotional causes, which rest within the consciousness of those concerned, sometimes buried beneath the reach and memory of the individual's personal identity.

The increase of illumination flowing from the Fifth Ray will open to the earnest and honest members of the Healing Profession a new understanding, which will require the blending of religion

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and science, one of the integral steps toward freedom, which has been promised to mankind.

To illustrate briefly: Every organ and cell within the physical mechanism has a vibratory action of its own, separate and distinct from the vibratory action of its neighbor's. Within the inner bodies, there are certain centers that *vibrate in unison* with these physical organisms. Certain mental and emotional distortions within the inner bodies affect the physical mechanism in a discordant manner, so that the inner vehicles must be harmonized and purified in order to have a permanent relief and release from maladjustment of the outer self. When these inner causes are removed from the consciousness, *by, illumination of the outer mind*, the purification of the inner bodies and the co-operation of the personal self, you will find the distressing effect in the physical organism dissolved and dropping away.

This is why the spiritual healing of today is more proactive than in the earlier days, but it provides a vast field for experimentation by the lifestream interested in "raising the cover" on this tremendous science, with the desire to join one's forces with the Cosmic Movement of the Age and, by application, to manifest the proof of the Law presented. An intelligent understanding of the mechanics of the physical form, in relation to the other three lower bodies, will enable you to become more valuable to the Hierarchy and to mankind in the treating and dissolving of the cause behind the appearances of imperfection.

The nervous system of the body was provided to carry pure light from the I AM Presence, to sustain the various organisms and to motivate them according to the direction of the higher mind (Holy Christ Self). Medical science will attest to the fact that the brain center directs impulses of energy through the nervous system, which precede all activity, conscious and unconscious. When the impulses from the brain are blocked by contracted nerve channels or injured nerves, the body ceases to function perfectly in the particular area where such blockage occurs. WHY? *Because the light* (which is life), *is the only animating and motivating power in the universe* and, if the channel through which it passes does not *remain open* (for one reason or another), the light in that portion of the body, organ, limb or cell, steadily decreases, having no feeding station from which to draw.

The nervous system is affected by all discordant vibrations set up in the mental, emotional and etheric bodies. It is like a hose that has lost its resiliency, or become stuck together, so that the passage of fluid through it is no longer possible and it becomes unfit for use. Fear, depression, uncertainty, as well as anger and other violent emotions, continually corrode the lines of very sensitive fibers, which comprise the nervous system. This causes old age, disintegration and so-called "death". The blockage of the flow of light through the nervous system is the only reason that the various parts of the body cease to receive the renewing power contained within this natural life-flow and, gradually, disintegration takes place. In the ordinary course of nature, if the nervous system were not impaired, even the small percentage of light allotted to the use of the outer self of mankind today (*only 5 to 10% of that which could be his were he to remain wholly harmonious at all times*), would completely renew every nerve, every cell, every tissue, every bone and muscle within six months to one year! The light that flows through the nervous system carries the renewing power and, when the channels through which that light flows are disintegrated, the renewing and rejuvenation processes cease.

In his progress to perfection, although mankind would have had to change his physical garments from time to time in order to vary his life experience on the Earth-plane, he could wear those garments (bodies) in youth and beauty and discard them while they were yet functioning perfectly, by merely consciously withdrawing all the life and light from the nervous system and the cells and atoms which were still intact. Then the remaining structure, (placed in the flame), would be returned to its natural elements.

All poor eyesight, impaired hearing and retarded mental faculties, as well as all "wasting" diseases to which mankind are prone (*and, for that matter, every imperfect expression of dis-ease*), is lack of light, resulting from blockage or "broken lines," which previously carried light into that particular section of the anatomy that seems to be disturbed.

You would do well to secure a chart of the physical body and study the nervous system. You will find that the nerves extend all the way to the tips of the fingers and toes and to all strategic and vital

organs and that fine hairlines of feeders (which may not be illustrated on the chart) extend from the main channels.

If there is an appearance of distress or disease in any particular section of the vehicle, *you can thus intelligently trace the particular part of the nervous system that has been impaired. This can be replaced and rebuilt by the visualization of the light flowing through that section*, repairing the damage done. Then the lifestream must be carefully examined for the *cause within* which has shattered the nervous system in that section. *A sincere call to your own God Presence will reveal (in the privacy of your own heart) the conditions of the mental, emotional and etheric bodies which are responsible for the damage.*

In the name and authority of your own beloved I AM Presence, COMMAND that discord to CEASE! That discord is merely impulses of vibration which are like the clashing of cymbals in a destructive manner. Command such discord to cease in your bodies and in those of ALL mankind. In this way, *you could rebuild* any faulty organ into perfect health in a matter of hours, days, weeks or months, according to your specific capabilities and concentration. Blessings and love to you all.

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Translated by Werner Schroeder am 15.1.2009

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“I AM the Sacred Fire Master Presence that gives blessings, thanks and love to everything in Creation and that forever prevents anything but perfection in my world”

(The information is from a lecture by Beloved Annette Schroeder AMTF – Mt Shasta USA)

INTRODUCTION

We, as God in Action, have the ability to heal ourselves! Few chelas know the following: **The fully gathered healing cosmic momentum of the Crystalline Ray of beloved Elohim Crystal, the divine compliment of Elohim Vista (Cyclopea) can, when consciously invoked, in an instant wash away the accumulated karma of millions of years.** Use this decree:

“In the name of God that I AM I lovingly call on Beloved Elohim Crystal to pour the purifying essence of the Crystalline Ray into my four lower bodies and those of all of mankind this instant. Beloved Elohim Crystal see that your Cosmic Crystalline Ray washes away the karma of the ages – hold this action sustained until perfection is manifest! Mighty I AM x 3, By Cosmic Command x 3, Do it today! I Call to Beloved Ascended Master Lady Nada, Archangel Chamuel and Cosmic Being Victory (X 3) to help me (or another, name them) resist the temptation of negative substances like unhealthy food, nicotine, alcohol, drugs and perverse behavior “

Do this for yourself or someone else, and keep the call sustained until manifest!

Every man, woman and child must become the healing presence within himself or herself – no one can do it for us, but we can ask for assistance for ourselves and others to awaken to the Divine Plan and Perfection.

SPIRITUAL HEALING AND THE ASCENDED MASTERS

The much loved Ascended Master, Serapis Bey says, “Healing in the New Age will have a new emphasis – it will be directed at dissolving the **inner causes** which brought on the disease or distress in the first place.”

What brings distress to our bodies? THERE IS NO LIFESTREAM WHO IS NOT CONSTANTLY CREATING! You are creating as you are sitting there reading this document. As you read these very words you are creating! Thoughts and feelings are a great powerhouse – they are

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YOUR powerhouses. And if what one constantly churns out and projects into his or her world is discordant, it acts as a distress of mind or body – thoughts of anger, hatred, bitterness, envy, fear, doubt, irritation or resentment over a long period of time result in some form of sickness in the physical body, as well as in our other subtle bodies, etheric, mental and emotional. This includes acts, words and deeds motivated by these thoughts and feelings. Look around you to see the effects of a lifetime of irritation or anger – people of all ages manifest cancer, heart failure, memory loss and dementia. I know in my immediate circle of loved ones at least ten people I can mention who suffer from these illnesses. Dis-ease in your thoughts and feelings are literally a disease! “Cancer comes from a pattern of deep resentment that is held for a long time until it literally eats away at the body” Louise Hay from her book, ‘You Can Heal Your Life’. *Please note Louise Hay cured herself of terminal cancer.* We are all creators individualized – we must be careful what we think and feel

How does our thinking begin to take effect in our physical bodies? At banks there are alarms set up in the event that someone tries to rob them. The bells alert the attention of those necessary to bring the assistance required. Pain in the physical body is like the bell – pain is a warning to the outer consciousness that, at inner levels, there is a cause and core of distress that must be removed. When, during treatment of an illness, like cancer, the illness returns it is not because the doctor failed in some way – it is because the patient **HAS MADE NO MENTAL CHANGES AND IN ESSENCE RECREATES THE SAME ILLNESS**

The cause and core is invisible. The cause and core manifests as pain – it is here we should direct our attention. The electrons of our four lower bodies are in constant motion – what appears to be a leg or an arm is in fact a constancy of **MOVING LIGHT** circling in an orbit only being allowed to go so far and no further.

The circling electrons form what we call the members and organs of the body. **THE MARVEL OF MAN IS THE COHESIVE POWER OF LOVE THAT KEEPS THE ELECTRONS ALWAYS CIRCLING IN THEIR PERFECT ORBITS.** These electrons are conscious and intelligent and do not lose themselves – i.e. an electron forming the eye does not get lost in the formation of electrons forming the arm

Between each electron there is a great distance, relatively speaking. As the electrons swing around within their atom, they either expand their light, or slow down because of the discord and pressures of the psychic realm in which we live!

The substance of the psychic realm forces wedges between the points of light created by the freely swinging action of the electrons

WHEN THE THOUGHTS AND FEELINGS DWELL UPON IMPERFECTION THE VIBRATORY ACTION OF THE ELECTRONS IS SLOWED DOWN – ALL THE DISCORD FROM THE PSYCHIC REALM RUSHES IN. IN THIS WAY ONE BECOMES EASY PREY TO DEPRESSION, POVERTY AND ILL HEALTH! NOT ONE ELECTRON OR ATOM ESCAPES FROM FEELING THE RESULTS OF THE VIBRATIONS SENT OUT BY THE INDIVIDUAL!!!

In the case of an injured or diseased person, the more light consciously directed into the electrons of that person, the more rapid is the healing!

Your God intelligence directs the electrons to whatever organ is in need of repair – **BUT THE INTELLIGENCE WITHIN THE LIGHT SUBSTANCE DOES NOT ACT UNTIL SET INTO MOTION BY A SUPERIOR POWER, BY MAN HIMSELF!**

Whatever organ needs repair – Recognize that there is a blockage of the flow of electrons. **To unblock them, see a wide stream of sparkling liquid golden electrons pour into that area travelling in an unbroken circle in a clockwise direction.**

The healing will not be permanent unless we keep sustained and uninterrupted HARMONY and PEACE within ourselves!

Why is this so? As the stream of pure electrons travel down the silver cord from our God Presence I AM, and they meet disharmonious thoughts and feelings, they are immediately thrown off center, slow in vibratory action and as a result, the effluvia of the psychic realm rushes in, **IN AN INSTANT WE MUST LEARN THAT THERE IS NOTHING IN THIS WORLD OF FORM THAT WARRANTS THE BREAKING OF OUR INNER HARMONY** NO PERSON, PLACE, CONDITION OR THING IS IMPORTANT ENOUGH TO DESTROY OUR HARMONY!

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How do we re-establish our harmony once it is disrupted or lost? Through celestial, classical and harmonious music, play the music of the keynotes of the Ascended Masters. Call to the Elohim of Peace: “Beloved Tranquility, Elohim of Peace, I lovingly and gratefully invoke your presence.” Then, visualize this Mighty Being of Light enfolding you in His glittering embrace. Standing above you, see Beloved Tranquility pouring a liquid golden stream of dazzling and sparkling light, the color of molten gold. See it pour over your head and then absorb into your body – into your nervous system and then flowing out of your fingers and toes, never ceasing in its continuity. Consciously accept this golden healing light, call to your Holy Christ Self and your Mighty I AM Presence to keep it sustained and forever expanding in its potent healing action. The key is to **FEEL THIS HAPPENING! USE THIS EVERY NIGHT BEFORE YOU GO TO SLEEP, IF YOU ARE SUFFERING AN AILMENT OR DISEASE.** With a little practice and patience you **WILL** encounter miraculous results. Believe in it!

If, during the day, you are beset by irritability, quickly go to a secluded place and for 3 minutes repeat this action of visualization and feeling.

You can use this too, on people who need assistance. Instead of being annoyed at a person who is not able yet to hold an aura of peace around them, use that conscious energy to visualize them enfolded in the golden light of the Elohim of Peace.

Help those who may not know how to help themselves.

The harmony rearranges the motion of the electrons in your four lower bodies, into their original cosmic note.

SPIRITUAL HEALING ITSELF

The **BLESSED VIOLET FIRE OF TRANSMUTATION** is an *eraser* that God has provided for us to eradicate the cause and core of the diseases and limitations that lead to our suffering – the question is – **DO YOU USE IT DAILY, AT LEAST TWICE A DAY AND IN RHYTHM** i.e. every single day?

Use the Violet Fire visualizations and decrees for 30 days and prove to yourself the miraculous and irreversible effects! You will feel yourself becoming lighter as the days pass. **THE LAW IS – ENERGY BECOMES POWER THROUGH CONSCIOUS USE.** So it is with the Violet Fire. It becomes more efficacious in your use as you call it forth daily into action.

The Violet Flame acts impersonally and will act instantly whenever it is called forth

Use it for:

- i Healing physical problems.
- ii Healing differences of opinions and feelings (which are usually as a result of friction between individuals and their associations in previous embodiments).
- iii Healing others.

The Maha Chohan points out that discordant patterns in any of the four lower bodies – emotional, mental, etheric or physical – repeated over periods of hundreds of thousands of years will need dedicated therapy by use of the Violet Fire in this embodiment. It can be done!

There is usually an emotional core of imperfect vibration – here one must direct his or her attention. These imperfect vibrations send out rays of discordantly qualified energy that sit within the flesh and manifest as disease, illness and pain

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The Violet Fire to the four lower vehicles is like washing a muddy body in fresh water – the treatment is the same. The Violet Fire gives COMFORT, PURIFICATION AND HEALING.

By the silent and discreet calling forth of the Violet Transmuting Flame you can, in hospitals, or areas where there are people in distress, do great service and bring wonderful healing. The Violet Fire will surge forth from you, Beloved Saint Germain, Beloved Goddess of Mercy Kwan Yin and the Angels of Mercy

Your privilege is great – you can pay back the balance to life that you owe

Summary:

Know that when you call the Violet Fire forth that it is a real therapy. There must be no doubt.

You must visualize the Violet Fire flowing in, through and around that which needs to be healed and purified.

We must use it rhythmically every day in unbroken rhythm, and don't stop – keep using this Violet Fire until you have achieved your Ascension! Do it for others and all situations that you encounter on your journey that will benefit from the purifying and cleansing properties of this merciful gift from God.

VIOLET FIRE DECREES:

“Beloved Presence of God I AM, Beloved Saint Germain's Angels of the Violet Flame, Violet Flame Temples over Cuba and the Realms of Light, Beloved Elohim Arcturus and Diana, Beloved Archangel Zadkiel and Amethyst, seal, seal, seal me, and every individual belonging to Earth's evolutions still un-ascended, in a gigantic, blazing pillar of the Freedom Flame of Violet Fire, in all cosmic transmuting power doubled each instant of each hour. Let this focus be eternally sustained, all powerfully active and forever expanding around each one, day and night, sleeping or waking, transmuting the cause and core of all destructive etheric records and all human mistakes cause, effect, record and memory – into peace, health, happiness and the limitless supply of every good thing God intended for each of His children to enjoy. I consciously accept this done right now with full Cosmic Power!”

See Decree Book for more decrees. Saint Germain suggests the following: Every night before retiring, stand with your hands raised up to your Mighty I AM Presence, lovingly invoke the Presence of Saint Germain, Beloved Archangel Zadkiel, Beloved Elohim Arcturus and Holy Diana and ask them to charge your hands with the most potent activity of the Violet Transmuting Flame, and then sweep your hands down over the body, covering as much surface area as possible – 3 times. With the left hand sweep over right shoulder arm and hand, with the right hand sweep over left shoulder arm and hand. Repeat 3 times, flicking the hands powerfully at intervals, as if shaking off mud. See discord in your body flicked into the surrounding pillar of Violet Fire. Command this energy, by Cosmic Power, to be transmuted into energy that blesses the powers of nature and forces of the elements. Charge it with the Great Central Sun's purifying and indestructible Sacred Fire Love. Night after night as you proceed, the astral substance clinging to your four lower bodies like black sludge, will be transmuted

CONCLUSION

Also call to the Resurrection Flame and beloved Jesus who said that the purification of our four lower bodies is our reason for being!

(Connect to the opalescent Resurrection Flame or the pure white Ascension Flame as per the Rhythmic Breath)

Our Three Fold Flame in our Heart is the way we can connect to any Flame or Cosmic Being of our choice. It all depends on the intensity of our desire to heal. The words I AM set the threefold flame into Cosmic and Dynamic action in an instant! I AM is the sacred name of God and carries His Radiation. So, when you make any Cosmic Call, use the name I AM!

THERE IS NO DECREE THAT IS NOT ANSWERED – HOWEVER THE STICK-TO-IT-IVENESS IS REQUIRED AND IS PARAMOUNT.

See AMTF Decree and Song Book for various Resurrection Flame and Ascension Flame Decrees – it is a miracle solution for individual or group depression or financial lack/poverty.

A final healing prerequisite is to invoke the luminous presence of an Ascended Master when you attempt to heal yourself or someone. However! Before you do this, request that Archangel Jophiel and Elohim Cassiopeia charge you with the fully gathered cosmic illumination of the healing about to take place – or to charge the person you wish to heal with the illumination of the healing. The illumination must reveal that it is the individual that is healing him or herself! Ascended Master Jesus can be called for this type of healing. Not requesting illumination to manifest together with the healing itself, will result in punishment for the person doing the healing. This is evident when certain commercial ‘Spiritual Healers’ charge large sums of money to heal people without illuminating them that the source of their healing is due to their faith and I AM Presence! Misery usually follows such a selfish endeavour and such a person attracts massive karmic debt – this is because the suffering person must identify the cause and core of their illness themselves

LOVE, THANKS & BLESSINGS

In the name of Beloved Ascended Master Saint Germain, Beloved Paul the Venetian, El Morya, Kuthumi and my Mighty Victorious I AM Presence, I give deep thanks to the Ascended Master Teaching Foundation, Mount Shasta, California

*Transcribed by Iwan Jooste
Cape Town, South Africa, July 201*

A STORE OF HEALING POWER

*Pg. 228 THE I AM ‘DISCOURSURES – DISCOURSE XX
BOOK 3 – Saint Germain Press*

“Some of you have stored up treasure of Energy. I mean by that, energy created by your conscious activity through your ‘I AM’ Presence. Others have stored up treasures of Light, again, others have treasure of Love. Others have gold & jewels, which were placed in keeping to be used in this embodiment! Several of you are at the point of releasing into visibility - into your hands – these stored up treasures. Do not think I have gone fancy daydreaming, but I am calling this to your attention for your benefit and blessing. (see page 229 for the decree asking your I Am Presence to release your gifts to you).”

All of us have stored up energy of healing, through all the embodiments we have had here on Earth, and we can use this at any time to heal ourselves and others.

“...it is easy enough to solve your problems as they come along; but what good does it do to continue to solve the problems unless you have something, somewhere, to which you can anchor that raises you above the consideration of any problem?

To find your “I AM Presence” and anchor to It is the only desirable thing to do. Until you come to this point of firm anchorage to your “Great I AM Presence,” of course it is necessary to solve your problems (healing, financial, relationship etc.), as they come along; but how much better is it to enter in and set free that Mighty Presence, Energy and Action which has already solved the problems before they appear to you. Is this not more acceptable than to awaken every morning and find these problems coming up – staring you in the face – as though they were something really important, which, after all, they are not! Yet I am sure you will agree with Me that some of them or at least your outer sense about them, is that they are tremendously ponderous!”

When critical or disturbing thoughts (i.e. that you are sick, poor, unhappy, angry etc.) try to find entrance into your consciousness, SLAM the door quickly and command them to be GONE FOREVER! Do not give them a chance, nor time to gain a foothold, remembering always that you have the strength and the sustaining power of the ‘Mighty I AM Presence’ to do this. Should you have difficulty in holding the

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door shut, talk to your “I AM Presence” and say: “See here! I need help! See that the door to this disturbance is closed, and kept closed *forever*.”

YOU CAN CAUSE THIS MIGHTY PRESENCE TO HANDLE EVERY CONDITION IN YOUR ENTIRE EXPERIENCE AND RAISE YOU INTO ITS FREEDOM AND DOMINION OF ALL THINGS.” pg. 230 – Book3

EPISODE OF THE HEALING OF CANCER 'THE LAW OF PRECIPITATION'

How to Successfully Meet Life's Daily Needs (Compiled by Werner Schroeder) Pages 182 & 183

*“With God, all things are possible. To you, my child, I admonish you: Only believe, only believe!”
(Brother Bill)*

While having classes, daily, in the city of Chicago, in 1935, I received a call from Cincinnati, asking that I travel there, to assist in a healing. It was a lady who had terminal cancer. I agreed to go and until my departure, I continued to pray.

I took an evening train and checked in at a hotel and then called her by phone to let her know I was in town. The Kays (not their real name) were insistent that I stay in their home and that Mr. Kay come to pick me up. I said that I had already checked in and had some letters to write, so it would be better for me to stay.

“No, you come to our house, and if you do, my wife will be healed!”

Such faith was not to be set aside and I agreed to be there in ten minutes. I found the people to be friendly and willing to explain the condition, though I had no need to know, as God was the healer, not myself. I asked them to say a prayer after me, sentence by sentence and we bade each other good night.

Mrs. Kay was well into the terminal time period of her cancer and all of her skin was rather red in colour. There had been an operation. After an examination, her body was sewn up. A group of doctors said there was no hope and advised her to make her peace.

In my room I prayed to the Mighty I AM Presence to send a ray of healing through her body, to dissolve that growth, which I demanded be eliminated, as it was not a part of God's creation. I do not recall how long I prayed, but I visualized her as completely healed. I made my calls to have that growth completely removed. I recall saying, “Be ye perfect, even as the Father in Heaven is perfect.” I also said, “Get thee hence, thou powerless human creation; *I know thee not and refuse to accept thee!*”

I finally went to bed and slept until 9:30 in the morning, as per my usual habit, when I work late night hours. Besides, the night hours are generally cleansed of the thoughts of humanity, by the Archangel Michael and by Astrea, who is an Elohim on the Crystal Ray.

After having breakfast I noticed that Mr. Kay had gone to work and Mrs. Kay was nowhere to be seen. The kitchen door was open, so I went outside. Nobody was there, except a lady clipping roses, who was facing away from me. I took a chance and asked her if she knew where Mrs. Kay was and explained that I was a guest of the Kays.

Now the lady turned to me and informed me, “Well, Brother Bill, I am Mrs. Kay,” I could hardly believe my eyes, as the transformation was so complete. She was now a normal-sized woman with a beautiful smile on her lovely face.

I wish to say to my readers that I expected a healing, of course, but here the God-Presence presented a

miraculous transformation and healing, all in one.

Everyone should get on their knees and give thanks to God for his glorious, perfect creation.

SPIRITUAL HEALING HEALING HANDS

'The Law of Precipitation' compiled by Werner Schroeder: page 193 – 207
*A lecture given by Brother Bill (William Cassier) in
California September 2nd 1962*

INTRODUCTION

Who has healing hands? It is a question often asked of me. The answer is that any person, who will sincerely and seriously follow these instructions, may achieve tremendous results. Every person on Earth came with the same powers that others have attained. Notice that I have said, "others have attained". To attain proficiency on an instrument or in a vocation, one must practice. You will say that there are some who are naturals, that are born with the talent. Yes, they practiced as you are asked to do; only they practiced in a previous life.

The hands are marvelous instruments of beauty and perfection. True, some people have rough hands, depending on the type of work that they are required to do. It would be folly to expect a gardener to have the same smooth hands that an office worker might have. A gardener works with nature. Nature may present a denser substance, insofar as the soil is concerned, yet those hands are educated to do what is required of them. Of course, this depends also on the way the person applies this mind to the task.

Some hate what they are required to do. In that case, may I point out, that the individual in question is in a state of indecision. Those individuals need guidance and a change of mental attitude. Certainly, I could advise them, but would they accept my advice? Many of those individuals need to learn to pray, and pray correctly; otherwise they ask amiss, wondering why their prayers are now answered. Prayer is a science, not merely a demand on an indefinite being somewhere in the vagueness of space. God is not a being who reluctantly decided to permit your particular prayer to be answered, as if by whim or fancy.

This presentation will help you to comprehend where you stand in relationship to the glorious Being to whom you pray, believing. How well I know that there are those individuals who claim there is no God and they hope that they are correct, in order to maintain their stand and to prove that they are thinkers. The evidence is heavily against them and their thinking process is based upon a false premise in the beginning of the mental application. What is the power that beats their hearts? What is the wisdom that digests their food? What is life in the very first breath? Is it an accident of nature? What keeps their breath going? There is an intelligence that renews the body, causing it to heal its own cuts and bruises. What is that energy of life? That very energy which a person uses to deny God, originates from God as well!

Many explain this as nature, or they may say that it is evolution. Let us go a step further. What causes nature to operate in the first place? Who are the beings of the great hierarchy that assist evolution? Merely saying that they do not exist, does not eliminate them from existence. Well then, I am asked, why do we not see them? Do not forget that the average person cannot see smoke as the Indian does. Why? He has lost the faculty. Did you ever meet an individual who sees the fairies and other inhabitants of the elements?

Do you dismiss these individuals as crackpots, when it might be you that is the crackpot? If you had lost an arm, you would also lose the faculty of its use – would you not? Could it be possible that many of us have lost these faculties that other people have? Could it be that one person has developed along certain lines of endeavor, while another develops along another line? Did you ever see the lines of force on a windowpane on a frosty morning? Would you tell me they are not there?

Would you tell me that a tree has not real life or existence, because you have lost the faculty to communicate with it? What causes the life in a tree to allow it to become dormant in winter and bud again in spring? Alas, my friend, too much of our thinking is shallow and has not been

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carefully investigated. Anyone might say that the world is flat. There was a time when many so-called thinkers thought that way. Would you say that they were right?

What was the appearance world at this time that made these thinkers feel, with such intensity, that the earth they lived upon was a flat disc? Surely there were those who believed that the only place on the face of the Earth was where they lived, and that Columbus was a crackpot. Columbus was an advanced thinker, and it might be stated here, a messenger of those invisible forces that so many wish to deny, merely because they do not have those same faculties. That which the ignorant wish to dismiss as non-existent, they ridicule. Is ridicule truth?

What is truth? Is it only that which you are sure of, in your mind? Is it possible there are truths far beyond your present ability to comprehend? Fifty years ago, those, who were advanced thinkers, began to construct, first in their mind's eye, the inner eye, radios and then, television. Yes, how about Edison, Nicola Tesla, Westinghouse? How about Bell and his telephone, Fulton, with the steamboat? Would steel ships be afloat today without them? We have gone back more than 50 years and can see the transcendent progress, all this progress by those who refuse to believe that it could not be done. Crackpots? God bless the crackpots. I thank that so-called non-existent God, who has brought forth these non-existent things from the universal substance into existence, by crackpots.

What has all this to do with healing hands? Patience and persistent application brought forth all the things mentioned above. Let that same patience and persistent application bring miracles into your world. Are you willing to make the application to bring that tired and worn body of yours into perfect and divine order? Then see the next chapter on the method of application. It does seem strange that so many people do not realize the name of God when they call unto him. In the 3rd chapter of Exodus in the Christian Bible, God gave his name to Moses. He said. "I AM THAT I AM, THIS IS MY NAME FOREVER. THIS IS MY MEMORIAL UNTO ALL GENERATIONS." Is it not strange, that in all the churches, they fail to stress that name? Let us go a step further. When Jesus, the Christ, ministered, 2000 years ago, what name did he give God?

"Before Abraham, was, I AM." He made the people to understand that God was before Abraham. Naturally, God was before any man could be. Then, again, in all his positive statements, he said, "I AM." For instance, "I AM the resurrection and the life." Also, "I AM the way, the truth and the life." Then again, "I AM the Light that Lighteth the way of every man that cometh into the world."

Certainly if God's name is 'I AM', as Jesus said, then it naturally follows that God is the Light that Lighteth every man that cometh into the world. So, when Jesus continually reminded us that the Father – the "I AM" – was life and all that it entails, he was telling us that God was the power, the kingdom and the glory. Yes, my dear people, he was pointing to your own source of power. Hence, let us go and do likewise. Let us call unto the Presence of God – THE MIGHTY I AM PRESENCE – that doeth the works.

The great Hierarchy has asked that this information be once more given forth. Humanity has suffered long, steeped in its miseries, because it has forgotten its birthright. Now, once again, comes the GREATEST PRIVILEGE MAN CAN RECEIVE - THE KNOWLEDGE OF HIS HIDDEN POWERS.

Did not Jesus say, "YE ARE GODS?" He did not ask the question – he TOLD us. So, let us accept our birthright and act! Arise take your scepter and claim what is rightfully yours. When you do you will have unseen help, help that you know not of.

Who, among you, can truthfully say from which planet you came from? Some of you came to help lagging humanity, when they needed that help. Some came from Venus, some came from other planets. The sad part is that we allowed ourselves to become enmeshed in the things we sought to remove from our brethren.

No wonder then, that the call has gone forth, "Come back to the Father's house and be ye saved, ye heavenly hosts. Lift up your heads, oh ye gates! Be ye lifted up, ye everlasting doors and the king of glory shall come in".

You people, many of you here today, feel that your hearts are heavy, because you have thought that God has forsaken you.

Those of us, who are the Shepherd's of the human race, must now make our last supreme effort to free mankind and ourselves. If we do this, we shall find help from above. However, everyone still has free will. Some prefer to come back into another embodiment. To those, we can only say, "May God bless you and keep you." To those of you, whether or not you came from other worlds, I say, if you choose to ascend unto your Heavenly home, let us redouble our efforts.

It is for this purpose that we have been inspired and instructed to give forth this information. The twin ray of Archangel Raphael, beloved Mother Mary, the mother of Jesus, is assisting us in the activity. It is she, who created our hearts. It is she who assists in the incoming, re-incarnating individual and who uses the best of the materials available to her, in the creation of the heart. This magnificent Being, Mary, the mother of Jesus, asks that you always thank and accept the assistance of your own Divine Presence, your Guardian Angel, before you seek to thank her. She is in command of legions of angels. She is also, together with Jesus, in charge of a healing temple.

You do not need to know, first hand, that this healing temple exists. You will know that it does when you make the application and utilize its powers. Then, when the results are yours, you might take the time to learn other truths, which, heretofore, you never believed in.

POSITIONING YOUR HANDS

Raise your left hand, making a right angle between the body and the upper arm, forearm vertical, hand cupped as though it were holding a cup, into which God's mighty rays will pass into your hand and arm. Then with the right hand held out in front of you, palm up, call to the great powers of the hierarchy of God, especially to the healing angels. Ask them to release to you their mighty rays for use. Now direct to the part of the body that needs healing. I sincerely suggest that you try it. It works! Keep using it until you produce results.

The call should be: *"Mighty I AM Presence and thou blessed ones from the healing temples, release thy Mighty Cosmic Rays, that are doing God's work throughout the atmosphere of Earth. Let those currents blaze through these hands to heal and bless my body."* When you do this, it would be well to become silent for a moment and VISUALIZE actual Rays passing through the hands into the body. See this in your mind's eye.

The best time to do this is upon arising in the morning, before dressing and upon retiring at night. It is not required that the body be undressed.

THE HEALING EFFECTS OF WATER

The water element contains the fountain of youth. You will have magnificent results while you are taking a bath. You may pass the hands over the entire body, in a loving manner to bless and thank it for the work it does for you on a daily basis. It has served you so faithfully and well. This may be done while soaping or rubbing yes, while drying. Ask your divine self to charge your body with its beauty and perfection. Most people take their bodies for granted and forget to thank God for them. We forget that we have used and abused those bodies since childhood. Jesus gave praise and thanks to the Father for his body and asked that it be glorified with the glory that he had, before the world was. With the hands now charged, pass them over the part of the body that seems to be in distress. I said, "Seems to be in distress." That seeming is not real, it only appears so to the human, not to the Father. The "I AM" does not know imperfection, will not recognize it, nor will it accept that condition into its world. It is wholly perfect - holy – and it is omnipotent, omniscient, and omnipresent. An entire chapter could be written on the glory of the Presence of the 'I AM THAT I AM' and its powers. We shall leave that chapter for another booklet for students in the days to come. (see Lesson 3 of 21 Essential Lessons – published by AMTF)

Now again, we are raising our hands to this omnipresent presence of the most High God. Our left hand is raised as if holding a cup into which we expect the Presence to pour its substance, omnipresent, omnipotent and omniscient. Then we pass the right hand over that part of the

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body which is seemingly in distress. There are times when we must lower the left hand and use it in the same manner that we ordinarily use the right. There are also occasions in which we use both hands at once as in holding the head in the hands.

THE ABDOMEN

Let us begin with the abdomen. It seems to be the seat of most of our troubles. This is due to the fact that it is the seat of the emotional feelings. *When you use the divine Law of Life, always tighten your solar plexus; raise your abdominal cavity, or, like they say in the armed forces, "shoulders back, chin in, head erect and suck in that gut!"* This may sound rather harsh in one way, yet it is truth!

Raise your left hand in the usual way. Using our right hand, we begin our circular motion by putting the hand upon the abdominal cavity. Then holding the palm inwards towards the stomach, we move it downward and across, then upward and again across. This will make a sort of circular motion over the stomach and the abdominal cavity.

This exercise may be used for many of the ills to which the stomach is heir to, such as ulcers, cancer of the stomach, upset emotions and excess weight. This exercise need not be changed because the mind thinks a different method should be used for each seeming disease or ailment. We can assure you that this one exercise will do wonders for the ills mentioned, or any others we may have failed to mention, as long as they are contained within the abdominal cavity.

SINUS, EYES, EARS, TEETH, NOSE, HAIR AND THROAT

When there is seeming disturbance in the head, the manner of use of the hands is identical with these addictions. To get rid of a **cold**, pass the right hand over the face with a downward sweep. Do this as if you had gone into a sudden drenching of some sort. Throw off the substance of the disturbance just as you would if someone had thrown a pie in your face! You throw off the pie material from your face with a sweeping motion, your left hand is still raised and you do this as if you meant it, not in a haphazard manner.

If you were able to see, with the inner eye, the all-seeing eye of God, you would recognize that the cold is like the substance of the pie. It forms a film over the face and head, so throw it off from your hair, neck and face as if you were pulling off a stocking that has been pulled over your head. All this time you should be thinking, "God help me get this off."

For the **eyes**, whether to relieve eye-strain, disease or to call for better sight, the left hand should be raised as before. While praying to the great ever-living God, bless those eyes that have served you so well. Thank them for the service that they will render in the future. Ask Elohim Vista to help you to regain perfect sight.

For the **teeth**, including brushing, practically the same method is applied. Ask for beauty and perfection to be made manifest within and without. If it be the gums that require help, use the first two fingers of the right hand to massage them while you ask God for the assistance; He can so magnificently pour out to you and into those gums. If you're not able to use both fingers, use the index finger, knowing that the rays, like the sun rays, pass through the finger into the gums.

For the **hair** bless it when you comb it. Pass your hand over the head and thank the powers of life for perfection. Even a bald head will respond to this if done diligently. Do not just do it in a 'show me attitude', but mean it. Then thank God for the beautiful results.

For the **ears** use the same procedure as before. Raise the left hand and with the right, gently massage the ears and bless them. Ask the rays that pass through the right hand (God's seven spirits before the throne), to penetrate every cell of those ears and the hearing activity within the head. Then end your statement with, "Let there be perfect hearing through these ears."

Every cell has intelligence within it. So do the cells in face. When you wash, speak to your face. Speak to the cells that you see in the mirror. Tell them to respond to the powers of Light. The cells will respond to you.

What many people do not understand, is that there are intelligent workers in the cells of the body. These are listed in the dictionary as “phagocytes.” They will respond to your call. You may refer to them as “the little inner workers in the body.”

FOR A COLD IN THE CHEST

For a cold in the chest, use a sweeping motion, as if you were sweeping aside a sticky substance that is adhering to your chest. Do it like you mean it. Tell the cold to be gone!

WARTS, BLEMISHES AND BIRTHMARKS

For removing warts, moles, blemishes of any sort including birthmarks, raise the left hand in the usual manner and rub the spot, mole or wart lightly with the right hand, using the first two fingers in a circular motion, while speaking to the condition. Tell it that you are grateful that the perfection of life is now being made manifest and that peace and harmony are now in full command.

If results are not obtained the first week, keep on for thirty days, if necessary, if you are sincere, they will have to go. God cannot fail. The only one who fails is the individual, in his application. Just talk to God like you would your own father or mother. Say something like this, “now Father, I know that you do not want me to keep this, so I give it up, freely and unconditionally and I thank thee.” Use the same procedure for blemishes anywhere on the body.

HANDS, FINGERS AND TOES

For the hands, fingers or toes, touch the afflicted member with either hand, after first raising both hands to The Presence. Ask for the rays to clear out whatever seems to be obstructing the perfect action of the physical body so as to allow perfection to be manifest. Always thank the Presence of God for accomplishment.

ARMS AND LEGS

Raise your arms to the Presence, raise them high. Ask the Presence to charge those arms and hands with its powers.

Then visualize your arms and legs covered with tight-fitting clothing. Now, with your hand remove this ‘covering’ in the same manner as you would remove a glove or a stocking. Peel it off of your body and drop it as though into a lake of Violet Fire, Do this seven times, talking to the Presence, asking for perfection to be made manifest.

WEIGHT

To take off excess weight, act as if you were taking off a garment, or – as if you had a mud bath, and were now taking off the excess mud before getting under the shower to get the remainder off. Learn to love your body, blessing it in thought, feeling and with your hands, for the good it has done. Bless your eyes, your ears and in fact, any part of the body for serving you so well.

GOD’S PERFECT CREATION

Realize that when individuals first embodied in the ‘Garden of Eden’, they were perfect in every way. *You were created in the image and likeness of God.*

When creation was made manifest, there was the great command that man go forth and multiply the perfection of life. Jesus said, “Ye are Gods.” Any imperfection, made manifest since that time, was done by the human, with his own use of free will. All this talk of a devil is the willful misuse of man’s Godly powers, so speak to the personality, and say to it as Jesus did, “Get thee behind me Satan.” Yes, get thee hence, wrong thoughts and feeling, leave me! Now use the statement: “I AM THAT I AM.” These five words contain a majestic, unique power.

The two thieves that are to be crucified on the cross of human consciousness are the intellectual pride and the emotions. You will have to do it! How? That is easy, if you follow the instructions given and return the power to where it rightfully belongs, to your Divine Self. Refuse to listen further to the demands of those thieves, thieves who rob you of your birthright, your divine heritage, beauty and perfection.

To those, who may contact a teaching, such as this, for the first time, this may sound as being too far out. We say to those of God’s children, would you kindly think this through? Did any of you ever hear of an angel that was crippled or otherwise malformed? All angelic beings are

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perfect in face and form, perfect in beauty and charm. So were we, before incarnation in the physical realm.

Do you, my dear reader, believe that God created imperfection? If you, *who were created in the image and likeness of God*, were created perfect, then what happened to you?

If you were created perfect, what happened to change this condition? Somewhere along the way, during your many sojourns, in many bodies on this Earth, you erred! "You sinned," they say. But I say not so! What you did do, was mis-create. Now, let us uncreate the mis-creation. God does not condemn you, he loves his children, but he permits them to make mistakes. When you are ready to start the perfect way, back to the Father's house, He will aid you, lovingly.

We have said so many times and it bears repetition, "Ye are Gods." Therefore, be ye perfect, as you were created in the beginning. Let us make a start, NOW, TODAY.

Now is the appointed time and "I AM" the way."

ASCENDED MASTER LIGHT

*Published by "Saint Germain Press"
Lord Maitreya's Discourse – Page 174*

"Beloved Ones, so far as your health, strength and energy is concerned, oh, do not yield one moment to any disturbed feeling. Let Me help you against the acceptance of any lack of energy, or illness. Such conditions come from getting your attention fixed upon what has been occurring. Many times in conversation you have heard of some condition – pneumonia, or some so-called ailment. The first time you catch a little cold, you say, "Oh, I have got pneumonia!" Dear people, I say this in all seriousness, because you have no idea how your feeling world is acting in the acceptance of those suggestions. This is why you need to stand guard constantly. If you - for the sake of diplomacy – have to listen to a conversation that would offer such suggestions, call your "Presence" into action to stand Guard and refuse acceptance to all human suggestions. The blessed medical world today seems to make that a part of their work. They think they should offer these worded suggestions to mankind. They say, "According to the diagnosis, you have so and so." **If you listen to it you will have it!**

Suppose there was the appearance of it. If you will take the opposite stand and feeling, and say: "Mighty 'I AM Presence' dissolve that! I will not have it" – before you know it, the thing would be gone. You are the decreer for your world and body, Dear Hearts. *Feel it, know it and be it.* You cannot have someone else win your victory. You must be firm in this stand. Therefore Beloved People, in whatever assistance you feel you need to call forth from your "Presence" do not yield one moment to the feeling that your own Power is not sufficient.

All mankind has been taught for centuries to look to something else outside for help, when the Power beating their Hearts is Infinite, All Powerful, and is the Perfection of health; is the Perfection of all achievement, no matter what the requirement. Therefore live in that Power of your life. Feel it DEEPLY! BE IT! Be the Glory of God, Your Mighty 'I Am Presence' in full Command, full Dominion, full Power and Action.

THOMAS PRINTZ – 'PRIVATE BULLETIN'
Beloved Maha Chohan, June 25 1961

WORDS OF WISDOM

It is imperative that my beloved chelas govern their thoughts, feelings, worlds and actions and allow the consciousness to dwell only upon that which they require and desire to manifest. As no two finger prints are alike, neither is the working of the outer consciousness of any two individuals similar. *Criticism, and resentment of close associates, casual acquaintances, people, circumstances, races, or specific countries are stumbling blocks which must be completely removed before the chela can soar in consciousness to the glorious freedom of the realms of Light.*

This is not to say that the enlightened chela (being imbued with divine wisdom) does not recognize evil when confronted with it. He does. Then, knowing it as such, he calls to the reality of the Sacred Fire behind the cause and core of imperfection to dissolve it. He/she refuses to let their attention and their feelings be magnets to draw enmity or confusion into this world. Thus maintaining peace and inward poise they render a service to the persons, conditions, races or countries involved.

“THE LAW OF PRECIPITATION”

‘How to successfully meet Life’s Daily Needs’

Compiled by Werner Schroeder from 'The Bridge to Freedom' material

MASTER OR MASTERED?

Every individual creates etheric thoughtforms, through thoughts and words. These are energized and set into dynamic action, by *feeling*. If the individual, because he is the “Mighty I AM Presence” individualized, having full power to create as God creates – builds forms that are beautiful and perfect, energizing them with the feeling of Divine Love, then he is master of his world.

If the individual does not create perfection, then his own discordantly-created forms turn upon him, dominate him and tear him to pieces, until he purifies them and makes everything in his world beautiful and loving, so that perfection may be expanded through it.

THE POWER OF DECREE WORK

It says in the Bible, **“Decree a thing and it shall be established unto thee”**. A decree is a command or an order and it is brought into manifestation by our spoken word and the intensity of the FEELING we put into our decree. This will determine the speed and efficacy of our decree work. We are commanding by the Mighty Power and Love of God, that beats our hearts and gives us LIFE – that knows no imperfection. We can decree for anything – health, healing, world peace, abundance, wisdom, and so on – anything GOOD is from God (Go(o)d). Be careful to be accurate and understand what you are decreeing for – “as you sow, so you reap”, is the unalterable Law of the Universe, that governs all life on all planets – we are no exception to this, and the results of this can be seen written on the face of our Earth! **KNOW IT AND BELIEVE IT AND IT WILL COME INTO BEING!** Never give up – it is the FAITH and ‘stick-to-it-ivness’ of the intention that will make it manifest in our lives. It may not happen immediately – but expect it to! It is GOD IN ACTION – so why not? Remember practice, practice and more practice – like anything. . . . makes perfect!

HEALING DECREES

HEALING VISUALIZATION

From: AMTF Songs & Decrees

(Sending Light to the four lower bodies)

Relax and give your attention to your ‘I AM’ Presence.

Visualize and feel the Threefold Flame in your heart expand and enfold your four lower bodies. (The emotional body is the largest of the four lower bodies - in this case visualize it 10 feet in diameter around the physical body)

Visualize this action for three minutes, then say slowly:

“I AM the Presence expanding the Threefold Flame in my heart, causing the point of Light in every cell of my bodies to expand (pause)

Light expand, Light expand, Light expand until the radiance shines through my four lower bodies. See it can never recede, but keep it ever expanding. (pause)

I AM the source of all.

I AM the power that answers every question.

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I AM the doer of God's will,
I AM the divine plan and do it to the full
I AM Love, Wisdom and Power,
I AM cosmic Light in action each hour.

HEALING

Beloved Mighty Victorious 'I AM' Presence, Mighty Helios and Vesta, Elohim of Purity, Astrea, Arcturus, Diana, Elohim of Peace, Archangels Michael, Raphael and Zadkiel, Goddess of Light, Kwan Yin, Ascended Maser Jesus, Mother Mary, Nada, Ascended Masters Saint Germain and Godfre, those in the healing Temples and healing Angels,

I AM the law of forgiveness for this condition, its cause, core, record, effect and memory and for all imperfection everywhere, (x3)

I AM the Flame of Resurrection renewing every atom of my four lower bodies, (x3)

I AM the Healing Flame surging through my four lower bodies producing perfection. (x3)

Blaze and sweep the Transmuting Violet Flame through me, purify all the energy and substance of my four lower bodies.

Flood forth Ascended Master Light Substance and Golden Healing currents of energy.

I AM perfect health now made manifest. (x3)

Now visualize a stream of Golden Healing currents coming from the Threefold Flame in the heart pouring to the area that needs healing. See this Golden Light substance unlocking all obstruction to the normal flow of Light substance to the area in need of healing.

DECREE FOR HEALTH

IN THE NAME OF THE PRESENCE OF GOD WHICH 'I AM', I call on BELOVED HELIOS, ARCHANGEL RAPHAEL, ASCENDED MASTERS JESUS, MARY, LETO AND DIANA, to direct your Resurrecting Flame of Healing hourly through my memory body, my mind and feelings, and through every organ and part of my physical body, to keep me in perfect health – at all times to be a fit instrument for the service of the Ascended Hosts. What I ask for myself, I ask also for my loved ones and all under this radiation.

Send your legions of Healing Angels to all Hospitals in this country and all countries around the world.

I THANK YOU

HAPPINESS DECREE

'DICTATIONS' pg. 26 - Beloved Lord Ling

"Beloved Mighty Victorious presence of Almighty God 'I AM', right within my beating heart – I LOVE YOUR HAPPINESS! Help me this day, and always, to dedicate my life, all the energies of my entire being, to drawing forth and surrounding myself with your Flame of God-Happiness. Saturate my entire being and world with its substance and feeling, and help me to enfold all the life I contact this day in its glorious radiance of Golden Flame from the heart of Beloved Lord Ling – God of Happiness. Keep this eternally sustained, all-powerfully active and every-expanding, until we are all wholly ascended and free!"

Message from Lord Ling:

If you will make this call earnestly and consistently every day, giving me your attention for a few moments so that I may answer it for, I assure you that you will soon come to a point where, rather than allowing the discordant energies of the outer world to touch you when you enter the atmosphere of others, *the radiation of your energy* will be the MASTER CONTROL of all the life you contact.

EXCELLENT DAILY DECREES FROM "I AM" STUDY GROUP

1 TUBE OF LIGHT

"Beloved Mighty I AM Presence!" Enfold me now in my Mighty, Magic, electronic Tube of Ascended Masters' Light- Substance! Make It so Powerful that no human creation can pass through! See that It keeps me Invisible, Invincible, and Invulnerable to everything but Thy Almighty Perfection, and Infinitely and Divinely Sensitive to Thee and Thy Divine Perfection, "Beloved Mighty I AM Presence."
(Visualise and feel it)

2 WALL OF BLUE FLAME

"Beloved Mighty I AM Presence," Mighty Great Archangel Michael, Great Gautama Buddha and Great Divine Director! Keep me and every person, place, condition, and thing under the Radiation of the Ascended Master Saint Germain, surrounded with the Invincible Wall of Blue Flame outside the Tube of Light as added Protection until all are FREE in the Ascension. We thank Thee Thou dost always answer our every Call. *(Visualise and feel it)*

3 VIOLET CONSUMING FLAME

"Beloved Mighty I AM Presence!" Blaze up through me now, Your Mighty Violet Consuming Flame, the Purifying Power of Divine Love, in Its most Powerful, Dynamic Activity! CONSUME cause, core, record, effect and memory *forever* of all human concepts, desires, and feeling in my being and world, and every mistake for which my outer self is responsible! Replace it with Ascended Masters' Electronic Substance and Light, Love, Purity and Perfection; and hold Your Dominion within me forever! *(Visualise and feel it)*

4

"Beloved Mighty I AM Presence!" Expand Thy Cosmic Light in every cell of my body, until Its Radiance blazes through my flesh, Eternally Sustained! *(Visualise and feel it)*

5 HEALTH IN THE BODY

"Beloved Mighty I AM Presence!" Charge my body with such a Power of the Pressure of Cosmic Light, that It just pushes out all imperfection, impurity, and every record of discord that causes pain or distress in the physical body. Sweep it out and see that it remains out! Take command of each human form, O Powers of Light!

"Beloved Mighty I AM Presence" and the Higher Mental Body - Holy Christ Self of each one! Stand Master over that form and *compel* its Obedience! Make me an electro-magnet to attract everything Good, and repel any vicious thing that attempts to enter my body! I accept that Great Outpouring of Love made manifest and Eternally Sustained! *(Visualise and feel it)*

6

"Beloved Mighty I AM Presence!" COME FORTH in Your Infinite Ascended Master Power! Charge my mind, being, world, and activity, and that of ALL the Children of Light everywhere, with the Great Divine Director's Ascended Master Consciousness, Instantaneous Activity and Fulfillment, that we may have the full benefit of His Consciousness, made physically manifest now, Eternally Sustained!

“Beloved Mighty I AM Presence,” Great Host of Ascended Masters, Mighty Legions of Light, Great Angelic Host, and Great Cosmic Beings! COME FORTH in your Infinite Power, and of 1000 Suns! Charge my being and world, Beloved Saint Germain’s Activity of the “I AM,” The Bridge to Freedom Activity, America, and ALL who serve the Light throughout the world, with Thy Invincible Cosmic Protection, Illumination and Love, Eternally sustained!

(see yourself as a BLAZING BEING OF BRILLIANT WHITE LIGHT!)

A Healing Meditation - pg. 462 Bridge to Freedom Journal, book 2

(IMPORTANT: if the gentle reader will actually use these words and visualize them as taking place for him, the momentum built will heal him personally, then, he can repeat the same activity, seeing it take place for others. Try it! Please do not just read and discard! Use the “treatment” and get manifest results!)

Let the I AM Three-Fold Flame within my heart expand!
Let it charge its healing essence through my heart and head and hand!
Let its joyous radiance now penetrate each part,
Saturate my Being with the substance from God’s heart.

Let me now accept that every call I make is heard,
As my need is known, the love in every Master’s stirred.
Back upon the very line of energy I’ve spent
To make the call, the answer comes. Instantly, it’s sent!

Let me get still – so very still – and listening within,
Let me *feel* the Master’s current, healing to begin,
Calling on forgiveness for the *cause* of all that’s wrong –
Living henceforth in the light, I sing the Victor’s song!

“Come Oh, Master Jesus, come! Bring us thy quick relief!
‘I believe, Lord, I believe! Help thou mine unbelief!’
Possessing, us, let thy great consciousness of truth prevail.
The I AM calls are answered! God’s love can NEVER fail!”

GOD BLESS YOU

And

MAY YOU BE HEALED FOREVER!

A way-shower of Light, Healing and Health for ALL to See and do

“By their fruits, ye shall know them” (Jesus)

knowing that ALL GOOD comes from our

*“I AM” Presence - “the Father within” - GOD- and may we never let
the worm of pride spoil our beautiful blossoming flower!*