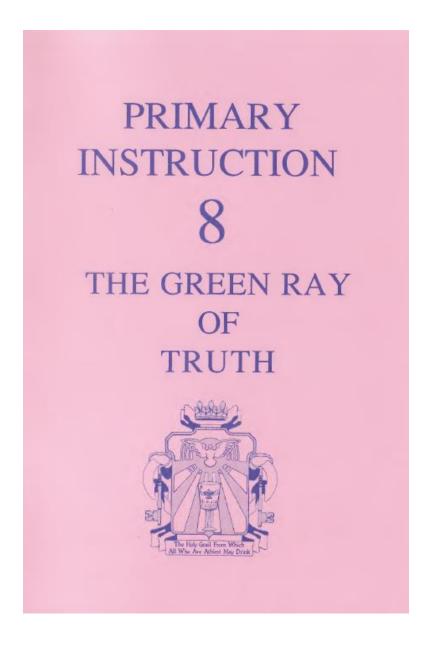
A Bridge to Spiritual Freedom Publication

The following is a transcription of the out-of-print Booklet published in 1990. The intention is to present the contents in a more user-friendly format to accommodate e-readers and printing. Great care was taken to preserve the original Booklet and only minor changes in grammar, spelling and graphics were made. Click on Path of the Middle Way.org to find a copy of the original work as well as other related free downloads. Please join us in blessing these Beloved Servants for preserving and expanding this precious Light.

NOTE: The entire series of the "Primary Instruction Booklets" were compiled and/or written by chelas based on their understanding of the "I AM Activity" and "Bridge to Freedom" Dispensations for the purpose of creating a Class Curriculum. Please visit https://iamfree.co.za/free-books to gain a better understanding of the 'inter-connectedness' on how all these "I AM" Teachings fit together along with updated information.



A Bridge to Spiritual Freedom Publication

Table of Contents

PART 1	3
BELOVED HILARION - CHOHAN OF THE FIFTH RAY	3
DISCOURSE - BELOVED HILARION	4
PART II	6
BELOVED RAPHAEL, THE ARCHANGEL OF HEALING AND CONSECRATION	6
DISCOURSE - ARCHANGEL RAPHAEL	6
ORDER OF SERVICE OF THE ARCHANGELS	7
(A) ADORATION (Archangel Chamuel - Third Ray - Color Pink)	7
(B) INVOCATION (Archangel Zadkiel - Seventh Ray - Color Violet)	7
(C) CONSECRATION (Archangel Raphael - Fifth Ray - Color Green)	7
(D) ILLUMINATION (Archangel Jophiel - Second Ray - Color Yellow)	7
(E) VISITATION (Archangel Gabriel - Fourth Ray - Color White)	8
(F) PROTECTION (Archangel Michael - First Ray - Color Blue)	8
(G) MINISTRATION (Archangel Uriel - Sixth Ray - Colors Ruby and Gold)	8
THE MIGHTY ELOHIM OF THE FIFTH RAY - BELOVED VISTA	8
THE SEVEN STEPS TO PRECIPITATION - by Beloved Elohim Vista	8
DISCOURSE - BELOVED ELOHIM VISTA	9
PART III	10
GROUP DECREEING	10
PART IV	11
OUTLINE FOR CLASS DIRECTORS	11
LIST OF THE FOURTEEN PRIMARY INSTRUCTION LESSONS	12

A Bridge to Spiritual Freedom Publication

PART 1

BELOVED HILARION - CHOHAN OF THE FIFTH RAY

Once, long ago, when the last remnant of Atlantis sank beneath the waves of the ocean, certain Priests and Priestesses of the White Order were entrusted with the carrying of their specifically magnetized God-Virtues to other landed surfaces of the Earth which would remain above the water. One such God-Virtue so carried to safety was the Flame of Truth, and the Ascended Master HILARION, Who was then unascended, was among the group of consecrated Lifestreams who were entrusted to carry that Flame. This group sailed eastward to what is now the Grecian Peninsula and its adjacent islands. There, in a Ceremony of Reverence and Devotion, they anchored this Flame of Truth on what is now the Island of Crete. This Island was then part of the mainland, but later Earth changes have disconnected it from the mainland. Through ages of time, this Focus of TRUTH has Radiated that Quality into the emotional, mental, etheric and physical planes of Earth. The present Guardian of this Sacred Flame is HILARION, Chohan of the Fifth Ray, Who in a former embodiment was Saint Paul the Apostle, at the time of the Ministry of Jesus. Hilarion was preceded in this Office as Hierarch of the Temple of Truth by other Great Beings of Light and Love.

The devotees of Truth built on this new location at Crete a wonderful Temple similar in design to the Temple on Atlantis. Later, this Temple was destroyed by those who rebelled against Truth and the Disciplines of Purity and Harmony, so today only the Beautiful Etheric Temple of Truth remains over the Island of Crete. Here, HILARION and the Brotherhood of Truth continue to teach and expand this Virtue through the consciousness of those who visit there in the finer body at night while the physical body sleeps.

Editor's Note: Beloved Hilarion is the Hierarch of the Hall of Science and Healing within The Temple of Truth Complex in the etheric realm over Crete. Lady Pallas Athena is also the Hierarch of The Temple of Truth within the Complex of the Palace of Man's Purpose in the etheric realm over Caracas, Venezuela.

This beautiful Temple of Truth, in appearance, is not unlike the Great Parthenon erected so long ago to the Beloved Pallas Athena, Goddess of Truth, and which was designed by Phidias (Who is now our Beloved Serapis Bey) in the year 450 B.C.

The Temple stands on a high eminence, and is reached by a magnificent marble stairway of over four hundred steps. On either side of this stairway, extending all the way to the wide columned entrance, stand exquisite Angelic Beings clothed in iridescent colors holding in Their upraised hands garlands of bright colored flowers woven into patterns similar to the Christmas wreaths. From the wide door, you can see the great Altar rising over one hundred feet in height, at either side of which stands a great carved pillar upon which rests a golden brazier from whence flows the Flame of Truth. Beneath each of these pillars is placed a massive Throne Chair of early century design.

The Goddess of Truth, Beloved Pallas Athena, is the Divine Complement, or Twin Flame, of the Beloved Holy AEolus Who is the Cosmic Holy Spirit to this system of planets. She is the Patroness of the Temple of Truth, and ages ago, when the Gods walked and talked with men, it was Pallas Athena Who supervised the disciplines and preparations necessary for the development of the receptive consciousnesses of those who were to be the 'mouthpieces' of the Gods, as the Vestal Virgins of the Oracles at Delphi.

The great God-Mother, VESTA, was the original Goddess of Truth, and She conferred upon Pallas Athena this Honor and Service. The Oracles of Delphi were originally correct and gave forth Truth, but later certain nefarious forces created similar Temples of Truth and drew to them men and women who were not strong enough to withstand the pressures of personal adulation and gain, and it was through these unfortunate forces that pretended to present Truth to the people, that the Delphic Oracles came into disrepute. The robes of the Brotherhood at Crete are pure white and embroidered over the Heart is a Lighted Lamp similar

A Bridge to Spiritual Freedom Publication

to the old-fashioned oil cruet, the symbol of which was incorporated into the activities of the Brotherhood by Diogenes (412 B.C.) when Hilarion was a member of that Order. This symbol signifies the relentless search for Truth which is the Vow and Pledge taken by all Members of the Brotherhood.

Every great Avatar, Messiah, and Teacher of every religion on Earth belongs to this Temple and gives to It some of His or Her time and Radiation, just as doctors give of their time, skill and energy to a free clinic in their vicinity. Thus, the Powers of the Temple of Truth embody the combined Radiation of God-Free Beings Who have brought the Law to the people of Earth through the ages.

Every Intelligence that has endeavored to conceive the Truth about ANY subject which would bring Illumination to mankind has been the beneficiary of this Flame of Truth. Whatever Branch of Life's Expression - governmental, educational, humanitarian, artistic, scientific, religious or ceremonial - has had devotees in the world of form - men and women who are consecrated to developing the highest type of service through these channels. This Brotherhood is also the self-appointed Guardian Presence of the children of Earth who are interested in the cause of scientific treatment and healing of disease - the doctors, nurses and missionaries, and those interested in research to determine the physical causes of afflictions.

Also within this Retreat is one of the most ancient schoolrooms dedicated to the training of students in the magnetizing of the Universal Life, and consciously creating directed Rays of Light by which form may either be created or dissolved according to the requirement of the God Intelligence so invoking and directing them. Here is taught the mathematical precision by which suns, planets and individual atoms, and the duration of form itself may be governed. Also here Precipitation and Etherealization become developed.

Beloved Hilarion, having experienced in His personal energies the 'self-righteous indignation' that arises within a consciousness persuaded in itself that persecution is in order to right a wrong, vowed upon His Ascension to help all individuals with like erroneous complexes. It was He Who, as Saul of Tarsus, persecuted the Christians, and as you know, later became the Christian Apostle Saint Paul. He has asked that you recommend to His protection all those you know, as well as the many unknown Lifestreams, who have no Faith in Spiritual Survival, and all the materialists, agnostics and skeptics, that He may assist them to a correct understanding of Truth; and also ask that all the individuals who serve in the many professions may go to Him to be blessed, encouraged, illumined, prospered and prepared to give greater service to mankind.

DISCOURSE - BELOVED HILARION

BELOVED HILARION: We are well pleased with mankind's scientific research which has discovered the constant motion of all Energy. The metaphysical discovery of such motion on all planes will soon follow. Then man will know the Truth of Jesus' words: "As a man soweth, so shall he also reap!" The fact cannot be too strongly emphasized that Energy, from the smallest nuclear center to the greatest Sun, is INTELLIGENT! And that Energy in the lower planes is obedient to the creative centers of thought and feeling in man. The qualification of Energy creates a CAUSE; that Cause is directed into the Universe and creates an EFFECT; the Effect is directed back toward its creator, and the creator's reaction to that Effect (emotionally, mentally, etherically, or physically) creates another Cause. Thus, you have circles within circles. Accepting the return current of Energy as having emanated from one's self, the creator then learns quickly that it is wise to send forth only CONSTRUCTIVE CAUSES from his world, and that he should not start a chain reaction whereby a new series of both Causes and Effects are set into motion. Some earnest souls have misinterpreted this Law by accepting the distressing return of their own misqualified energies and piously saying: "It is God's Will!" Others rebel and say that there is no God. Of course, neither of these statements are True, but these are two extremes of human reaction which must be illumined and corrected by the Brotherhood of Truth, through patient teaching, counsel and example.

A Bridge to Spiritual Freedom Publication

Every thought, feeling, virtue and vice contribute to a 'mass consciousness' of that particular quality, and constantly are pouring into this stratum the qualified energies of all the intelligences belonging to the evolution. Each individual tunes into and draws from that 'mass consciousness' of the particular thought and feeling he chooses by having similar thoughts and feelings. There is also a stratum of the Ascended Masters' Qualities and Virtues. LOVE is but one expression of the many Divine Aspects of this Divine Consciousness. When an individual is loving, he instantly tunes into the LOVE stratum and becomes one in consciousness with all who Love throughout the Universe. WISDOM is another, when an individual seeks Wisdom, he is instantly tuned into the vibratory waves of Wisdom which are being fed by the Divine Mind of God and tapped by all the scholars of the world.

It is also true of the discordant qualities, and one cannot entertain a thought of jealousy, suspicion, hatred, or anger, without becoming instantly ONE with the mass stratum of these qualities, as well as with all individuals who are vibrating with similar destructive thoughts and feelings throughout the planet. The individual, through free will, is constantly rising and falling through these various strata as the emotions and thoughts fluctuate.

For example, POSSESSIVENESS is a tremendous feeling form that draws the God Energy and smothers the object of its affection. GOSSIP is almost the most insidious because, through poison sent out, it starts whirls of emotion in the Lifestreams of many, and soon you have an inner conflagration. What you plant in the mind of another, and what grows there as a result, IS YOUR KARMA! Whatever word passes from your lips that pollutes the consciousness of another is a SIN. This is so even if it is based on so-called fact, and whether or not it is spoken in inuendo or outright accusation. Why? Because you thus add to the shadows of the world, and you are not speaking TRUTH! The Truth about every man, woman and child on this planet IS ONLY GOOD! Whatever imperfection you see in another with your eyes , or hear with your ears, and then pass on to someone else, will make YOU responsible to the great Cosmic Law, and you will have to pay for that in some way!

Criticism, condemnation and judgment are also closely related. The silent criticism of seeing discrepancies and faults in others disturbs the feelings of one's own emotional body and sets up causes of discord which react in physical disturbances, but the SPOKEN criticism sets others' emotional bodies into the same vibratory action and its unhappy effects are without limit. The effects of the really vicious emotions of jealousy, hate, anger, and malice are self-evident, and the aspiring student should avoid these at all times.

Good Health, physically speaking, depends upon the body's capacity to assimilate the nourishment provided through food, sunshine, air, etc. There are many individuals who are 'exposed' to all of the natural gifts of Nature, but who live with impaired physical health because of their incapacity to assimilate the gifts of Nature provided for the sustenance of the flesh form.

If the SOUL cannot assimilate the Spiritual Blessings which fill the atmosphere - brought by the Presence of the Ascended Masters and Angelic Host, that soul is SICK and requires the same assistance that a physically impaired vehicle requires to allow the Gifts of the Spirit of Truth to enter into, nourish and develop the God Nature. Students are often sympathetic with those experiencing physical incapacities, yet are very intolerant with regard to the limited capacities of other Lifestreams to recognize, assimilate and accept what - to the students - are self-evident Truths. Students must realize that it is the HEALING OF THE SOULS OF MEN which is their particular service in this present hour. When the soul is opened through grace, kindliness, prayer, invocation and application, to the reception of Truth, there will be no arguments nor barriers of bigotry in the ones you desire to help. You cannot DRIVE a soul toward God; BUT YOU CAN LEAD IT!

The Presence of God is applied in emergencies, in personal, national, or international crises. It is not usually cultivated in daily personal associations. NOW IS THE TIME for the sincere chela to INVITE THAT PRESENCE

A Bridge to Spiritual Freedom Publication

THROUGH HIMSELF and then through all mankind, to fulfill Its Reason for Being. Why does the God Presence seem so ephemeral, so unreal, so difficult to endow with the faith of the personal self? Because through the ages, the outer consciousness has endeavored to live without Its counsel, guidance and friendship. In every sphere of individualization, PRACTICE results in the development of the capacities and talents of the individual. PRACTICE the cultivation of the Presence of God WITHIN YOU NOW! Then EXPECT It to respond! As you do this, the Presence of God within you, Whose natural habitat is the Kingdom of Heaven, will begin to externalize that Kingdom in, through and around you. In this world of form, you know how any individual brings his personality, preferences, aura and atmosphere with him and creates in his home an externalization of his inner consciousness; so, too, does the Presence of God, when invited and given an opportunity to do so!

CONTEMPLATION PERIOD

Here appropriate music should be played while the attention is focused on the Beloved Ascended Master Hilarion and the Brotherhood at Crete.



PART II

BELOVED RAPHAEL, THE ARCHANGEL OF HEALING AND CONSECRATION

The magnificent Being known as the Archangel Raphael has dedicated part of His Life and Service to the directing of Healing Rays from the glorious Temple of Light wherein He abides in the Higher Realms of God's Perfection. These Healing Rays flow not only to those in distress in the physical appearance world, but also to all Life in distress in the astral and psychic planes which surround the Earth.

Lord Raphael draws this Healing Essence from the Sun of Our System and the God-Parents, Helios and Vesta, Who designed Our planet and all the planets of this System. The word 'healing' comes from the very Name of Helios Itself. Just as an automobile battery attached to a 'charger' absorbs the currents so that it can give Power to a means of conveyance, so do the Archangels, the Angelic Host, the Seraphim, and the Cherubim, by Their Rhythmic Attention and Adoration to Their God Source, absorb into Themselves the specific Qualities of God which They wish to Radiate to some other part of Life to raise it into Perfection.

Lord Raphael provides schoolrooms for His Angelic Hosts where the Angels are prepared for service by learning how to draw more Healing Power from God - holding that Healing Essence within Themselves until They reach the world of the supplicant who requires it. When They have learned to hold this Healing Essence, They are sent Earthward to carry to individuals in distress that Substance qualified with the Power of Healing. The Divine Plan for the Earth and its people is that the Angelic Host, the Human Kingdom, and the Elemental Kingdom should serve together in Harmony Creating the Perfection of the Kingdom of God on Earth, as Jesus said: "Thy Kingdom come, Thy Will be done on Earth as it is in Heaven!"

Lord Raphael also consecrates the Lifestreams who desire to serve God and man in the physical appearance world. By the use of projected Light Rays which connect with the energies of those who have a true vocation in Life, He and His Angels pour Their feelings of Faith, Love, Constancy, Wisdom, and whatever is required to assist such an individual to remain true to his chosen vocation.

DISCOURSE - ARCHANGEL RAPHAEL

ARCHANGEL RAPHAEL: May I introduce Myself? I am called the 'Archangel of Consecration and Dedication'. It is My specific service to the Universe to stand at the head of a Glorious Legion of Beings Who direct the

A Bridge to Spiritual Freedom Publication

Ray of Almighty God into those Lifestreams who consecrate their Life Energies to a specific humanitarian service to bless the masses. My Flame and Ray in this action is one with Hilarion's - and Its color is a lovely green. Every doctor, nurse, priest, nun, minister, rabbi, and every chela and initiate who voluntarily dedicates his or her Energies to serving Life, comes under My particular Blessing, Radiation and Care.

I have been given the privilege of describing to you the ORDER OF SERVICE and Activities of My Brothers, in order that you may FEEL the specific Radiation of each One.

ORDER OF SERVICE OF THE ARCHANGELS

(A) ADORATION (Archangel Chamuel - Third Ray - Color Pink)

May I introduce first My Beloved Brother, Chamuel, Archangel of Adoration? His Service and outpouring is Adoration to God, to His Divine Messengers, His Angels, the Devas, and all the Powers that minister to mankind and the Earth. When Our Activity begins at Inner Levels, each Member of the Celestial Choir, the Angelic Host, and the worshipping congregation send forth together the Pink Flame.

As Beloved Chamuel leads the Adoration to God, the Father, and His Beings of Light, It joins together in the upward sweep of Energy from both, the audience and the officiants. If you will FEEL the outpouring of the Pink Flame surging forth from you to Chamuel, and then His Flame COME BACK TO YOU and through your city, you will know something of His Gift of Adoration to Life.

(B) INVOCATION (Archangel Zadkiel - Seventh Ray - Color Violet)

My Beloved Brother, Zadkiel, represents the concentrated Power of Invocation, and the Ascended Master Saint Germain works with Him in this Service. As the Adoration rises from the Hearts of the Angelic Host, the great Invocation draws back the Blessing and outpouring of those who are to render the Service of the hour. That tremendous Radiation through Lord Zadkiel and Beloved Saint Germain in the Power of Invocation, is felt every time you give a worded Decree; every time you Call with Intensity and Power for the release of an Expansion of God's Light from above.

(C) CONSECRATION (Archangel Raphael - Fifth Ray - Color Green)

The Consecration and Dedication of the Lifestreams of the Angels, Devas, Masters, and those who represent the worshipping group, carry My outpouring to them through the Green Ray. For a moment FEEL that individual Consecration of your Lifestream to God. Visualize that Light flowing from the Heart of the Universe animating every one of your inner bodies.

Now consciously CONSECRATE Your MINDS AND BODIES to receive the Divine Ideas of the Father; Your FEELINGS to Radiate that which is helpful, constructive and good; your ETHERIC BODY to record only Perfection; your GARMENT OF FLESH to manifest Health and Harmony; your EYES through which God Himself may see Perfection, and YOU see opportunity to Bless all Life; your EARS to hear the Harmonies of the Inner Light, the Voice of the Master, and the Call for assistance from your fellowman; your LIPS to form the words that carry Hope, Faith, and the Confidence of Heaven into the consciousness that are bound; your HANDS to heal; your FEET to walk upon the path as directed by the Universal God Who made you; your HEART to be the Chalice of the Sacred Fire; and your WHOLE BEING Consecrated and Dedicated to God's Service. This is MY ACTIVITY to Life!

(D) ILLUMINATION (Archangel Jophiel - Second Ray - Color Yellow)

Beloved Jophiel, Archangel of Illumination, that Mighty Being Who teaches the Angels, also comes at the moment when the Great Master or presiding individual directs, into the outer consciousness of the audience, and through the spoken word, He gives the purpose of the service or the words which illumine the consciousness.

A Bridge to Spiritual Freedom Publication

(E) VISITATION (Archangel Gabriel - Fourth Ray - Color White)

Beloved Gabriel, Archangel of Visitation, Whom you have known as 'the Announcer', comes at the instant of the Visitation - at the moment of the Elevation of your Cup when Archangels, the Masters, and the Great Beings gather in response to your Call. He directs into your consciousness, as He did to that of Mary, the Immaculate Concept of your own Godhead - that which you should externalize and BE!

(F) PROTECTION (Archangel Michael - First Ray - Color Blue)

Now We come to Lord Michael, Archangel of Protection, Our own Great Prince and Lord, the Guardian and Protector of Angels and of man. Through the Blue Flame and Ray of Power, He works closely with the Great Master El Morya in guarding the Concepts of your own Christ Self.

(G) MINISTRATION (Archangel Uriel - Sixth Ray - Colors Ruby and Gold)

As We close Our Services in these Temples of the Sun, and as the Benediction is sung, the Great Beings Who have gathered, countless in numbers, are released by the presiding Master. They go North and South, East and West. They are dedicated by Beloved Uriel, Archangel of Ministration, and Beloved Master Jesus, on the Ruby and Gold Rays. They carry the Blessing of Ministering Power unto all mankind. As I now release these Angels, may you feel the Power of the Benediction from Archangel Uriel, Jesus, Mary and Nada. Feel these Beings NOW, gathering your Energies and Light, and carrying them everywhere to mankind who need assistance.

CONTEMPLATION PERIOD

For a short period, the attention should be held upon the Archangels and Their Service to Life while soft meditative music is being played.

THE MIGHTY ELOHIM OF THE FIFTH RAY - BELOVED VISTA

(also known as CYCLOPEA)

The Great Elohim known as Vista is the All-seeing Eye of God to this Earth, as well as the Elohim of Concentration, Consecration, Healing and Music. Together with His Divine Complement, CRYSTAL, They endeavor to raise the physical, mental, emotional and etheric consciousness of all mankind through the Power of music harmoniously qualified, to hold uninterrupted Harmony so that Their energies may contribute to the Music of the Spheres. The Power of Concentration is necessary to bring into manifestation any worthy objective, and the Mighty Vista will assist all who will Call unto Him. As Her Name implies, Beloved CRYSTAL pours forth a crystalline substance which washes the brain, soul, inner bodies, and even the physical form free from the wrong concepts and untruths that have accumulated through the centuries.

THE SEVEN STEPS TO PRECIPITATION - by Beloved Elohim Vista

BELOVED ELOHIM VISTA: As I stood in the atmosphere of Earth and looked upon that lovely Silent Watcher, I thought back upon that day when the first Call came from the God-Parents of Our System (Helios and Vesta) when We WILLED to be part of Her Creation. I thought upon the time when, with Mighty Hercules, We said: (1) Yes, We WILL to serve; (2) When the great WISDOM, as well as PERCEPTION and ILLUMINATION of Cassiopeia showed Us clearly what was to be done; when the (3) LOVE of Orion stirred within Our Hearts an intensified willingness to leave Our activities in the Cosmos and RHYTHMICALLY give whatever service was required to bring that small but beautiful 'jewel' (your Earth) out of the unformed into the formed; when We looked (4) through the Crystal Ray of PURITY and saw the Divine Design and Immaculate Concept of Helios and Vesta for the Earth and its evolutions. We found that Divine Plan to be good and beautiful, and that it would make the Earth a literal 'jewel' in the planetary system; its gifts of Light, perfume and music would add to the Beauty of the Galaxy.

A Bridge to Spiritual Freedom Publication

Then came (5) My Activity. I am He Who is known as the Ray of CONCENTRATION. After My Service, comes (6) that of Mighty Arcturus of the Seventh Ray - representing RHYTHM OF INVOCATION and TRANSMUTATION BY THE VIOLET FIRE; and (7) the Elohim of PEACE of the Sixth Ray, Whose Service is to seal the finished Creation in the Protection and Perfection of Cosmic Christ PEACE!"

DISCOURSE - BELOVED ELOHIM VISTA

BELOVED ELOHIM VISTA: "I AM" VISTA, known to you for many years as the Elohim Cyclopea, the All-seeing Eye of the Eternal God! I am the ELOHIM OF MUSIC, among many other diversified activities, and I am the ELOHIM OF CONCENTRATION and CONSECRATION.

What can be accomplished on Earth, even in mundane activities of your daily living, without CONCENTRATION, from the smallest task of learning a recipe for your kitchen fare to the greatest dexterity of technique which produces lovely music; to the greatest development of science; to the magnificent perfection of the educator, preacher and statesman? If there is not CONCENTRATION, there is only mediocrity, and only the bare surface is scratched. Those who determine to rise above the masses take one facet of living and masterfully develop it - deciding within themselves to excel along at least one line of expression, and according to their CONCENTRATION is their mastery and efficiency.

After We, the Elohim, had looked into the Beauty and Perfection of the Divine Design for this planet through the Ray of the Elohim of Purity, what could come next but CONCENTRATION - drawing the energy and concentrating it around those convex Rays which had been established as the form of the Earth? We had to CONCENTRATE LIGHT SUBSTANCE to make the planet solid enough to be able to hold the sea, land, and general form. If We had proceeded through those first four steps and then refused to CONCENTRATE upon the task until the planet finally began to revolve upon its axis, what would have been the result? There would not have been a planet Earth!

It is the Law - actual scientific Law - that what you begin CAN BE ACCOMPLISHED when it is in agreement with God's Plan to bring Perfection forth; whether it is healing, precipitation, financial freedom, eternal youth, the restoration of a limb - IT CAN BE DONE - but the 'stick-to-itiveness', which is an important part of My Ray and the qualification of the Energy with My Life, is required to produce these.

The greatest obstacles encountered to successful precipitation are discouragement and doubt. I have seen men and women on the verge of great financial mastery stop working on their project WITHIN AN HOUR of receiving their financial Freedom! This is also true in healing. I IMPLORE YOU decide on some pattern and plan of manifestation and FOLLOW IT THROUGH! FOLLOW IT THROUGH! CONCENTRATE upon your design until you have brought it into fulfillment!

CONCENTRATION and CONSECRATION are almost one and the same, for whatever you are going to do that will amount to anything requires the Consecration of your Life. It is the Consecration of all your energies to the manifestation of something which will give you mastery over this world of form. Do not feel that the desire for mastery over financial lack or mastery over appearances of physical distress is selfish because the full-gathered momentum of your mastery becomes your gift to the consciousness of the race at large.

As the Elohim of Music, the Great Musician, it is My obligation and joy to see that the Cosmic Tone and Symphony of the entire planetary system is pleasing to the ears of Almighty God, and is in Harmony with the Cosmic Symphony of every other planetary system belonging to this Galaxy. It has been My obligation to enfold the Earth and Her evolutions in a substance through which the dissonance of the Dark Star (the Earth) could not penetrate and adversely affect the Music of the Spheres.

A Bridge to Spiritual Freedom Publication

Will you who desire to be part of the establishment upon this Earth of the permanent Golden Age, endeavor to contribute some music - some music from your Heart? It is not always the audible sound from the vocal chords that contribute to the Music of the Spheres. It is what a man is thinking, feeling, and saying that creates around him an aura which rises as Harmony, Peace and Healing; or the aura that is dissonant so that even if one speaks not a word, the sensitive touching that aura, feels that dissonance.

So, on behalf of music, I want your souls to sing as you move about in the most mundane activities of daily living. In the Light, there is no high or low position; there is only the Eternal NOW, and the song of the soul that fills the aura and atmosphere where a truly devoted chela lives is the Greatest Gift that can be given. The Song of Harmonious Feeling pouring forth as the Sun pours forth its Rays - that is one of the activities of My humble self.

My service is also concerned with Healing. You will understand how the activities of Harmony and music are woven into the activities of permanent healing - healing of every distress moral, mental, emotional, etheric and physical. That healing can come instantly when the full gathered Cosmic Momentum of Myself, Beloved Crystal, Raphael, Beloved Mary, and Hilarion are invoked, to give you the full pressure and Power of the momentum of Healing that is Ours to give.

It will be as practical and usable to you as your acceptance and use make it. In co-operation with My endeavors to give assistance in healing, My Beloved Crystal offers the full purifying essence of Her Crystal Ray which, surging through the emotional, mental, etheric and physical consciousness, can wash away in an instant the karma of millions of years, instead of jot by jot and tittle by tittle. Call unto My Beloved and allow that crystalline substance to wash your Lifestream until it is as Pure as it was when first you were created of God- Divine Beings.

Each of you is destined to be a Christus, an externalized manifestation of your own "I AM" Presence. As the Beautiful Essence of the Beloved Crystal pours through you, ACCEPT IT! As the Beautiful Essence of the Consecration Flame of Lord Raphael re-consecrates your senses, ACCEPT IT! As the Personage of the Beloved Mary pours to you Her Healing Grace, ACCEPT IT! As the strength of Truth of the Great Hilarion charges and charges and charges these words of Truth into your feeling worlds, ACCEPT THEM! Let Me help you to fulfill your Divine Plan in Music, Harmony and in Peace!

CONTEMPLATION PERIOD

Here some quiet appropriate music may be played while the attention is focused on Beloved Elohim Vista and Crystal.



PART III

GROUP DECREEING

(Class standing)

Beloved Presence of God "I AM" in me, and Beloved Vista and Crystal; BLAZE (3x) Your Crystal Flame of PURITY and the Green Flame of Truth through my feelings, my mind, my memories, and my physical form, and hold Them sustained until my four lower vehicles are washed free of all human creation now and forever! (3x)

A Bridge to Spiritual Freedom Publication

"I AM" Beloved Hilarion's Flame of Truth*! "I AM" Its Full Release!

"I AM" Beloved Hilarion's Flame of Truth! "I AM" Its Cosmic Peace!

"I AM" Beloved Hilarion's Flame of Truth! "I AM Its Cosmic Power!

"I AM" Beloved Hilarion's Flame of Truth! And He doubles that Truth through me each hour!

*Use also for: "I AM" Beloved Raphael's Flame of Consecration! and/or "I AM" Beloved Vista's Flame of Concentration!



PART IV

OUTLINE FOR CLASS DIRECTORS

- 1. Three Candles should be lighted by the Director BEFORE Students arrive. Soft music should be played for at least a half hour before the Class commences, and all should be seated for fifteen minutes of this time maintaining SILENCE and ABSORBING the Radiation.
- 2. After greeting the students, the DIRECTOR gives a short visualization and then follows this with the INVOCATION.

INVOCATION

Dearly Beloved Presence of God - "I AM", the Source of All that is, everywhere present, anchored within each one of our hearts and those of all mankind, we Love and Adore You! We acknowledge You to be the Owner and Giver of our Life, our Intelligence, our Substance, our ALL! Seal us in Your Light and Love, and Power of Victorious Accomplishment. Blaze Your Light and Love before us and prepare the way that we may always walk in the Path of Light. Guard and Protect us, Guide and Direct us; and give us the Illumination that will set us Free. May we manifest and BE Yourself at all times in everything we think, say and do. **WE thank You.**

Beloved Ascended Host of Light, the Ascended Masters, Cosmic Beings, the Seven Mighty Elohim, the Seven Archangels and the Seven Chohans of the Rays, especially the Ascended Master Hilarion, Archangel Raphael and Mother Mary, the Elohim Vista (Cyclopea) and Crystal and All Who serve on the Fifth Ray, we send our Heart's Love and Call to You. CHARGE us with Your Truth, Consecrate our lives to God, and enfold us in Your Mighty Flame of Concentration and hold Them Forever sustained.

WE thank You for the instantaneous answer to our Call.

- 3. Read Parts I, II, and III
- 4. BENEDICTION

Sealed in a Mighty Pillar of the Green Flame of Truth from the Hearts of the Seven Mighty Elohim, the Seven Archangels, and the Seven Chohans of the Rays, we thank You, Great Host of Light, for Your outpouring of Light, Love, Healing, Supply, Illumination, Protection and Perfection. We accept the Fullness of all Your Blessings released to us this day, and ask that they be sustained and used to bring more of Thy Peace and Thy Truth into this world.

A Bridge to Spiritual Freedom Publication

Beloved Archangel Michael, and Beloved Archangel Uriel, we thank You for Your Angels of Protection, Ministration and Ceremonial Who have served us at this Class. Take up our humble efforts and amplify them with Your great Love. Take them North and South, East and West, and Bless our dear Earth and all upon it with the Flame of Truth that will set each one Free; with Illumination, Wisdom and Victory, and the Will of God made manifest.

THIS SHALL BE for I have spoken in God's Most Holy Name - "I AM"!

May the Benediction and Blessings of the Most High Living God, and that Peace which does surpass the understanding of the human mind, be with you - each one. May the God of Mercy Protect and Guide you on your Spiritual path toward Enlightenment and Freedom.

5. Extinguish Candles.



LIST OF THE FOURTEEN PRIMARY INSTRUCTION LESSONS

BOOK NO. 1 - The Three Questions: WHENCE did I come? WHY am I here? WHITHER am I going?

BOOK NO. 2 - The Violet Flame

BOOK NO. 3 - There Is No Death

BOOK NO. 4 - The Blue Ray of Power

BOOK NO. 5 - The Golden Ray of Wisdom

BOOK NO. 6 - The Magnetic Pink Ray

BOOK NO. 7 - The Immaculate Concept

BOOK NO. 8 - The Green Ray of Truth

BOOK NO. 9 - The Ray of Peace

BOOK NO. 10- Saint Germain and the Era of Freedom

BOOK NO. 11- MAN - His Relation to the Angels and Elementals

BOOK NO. 12- Sanat Kumara - The Saviour of our Earth

BOOK NO. 13- The Goal of Life - The Ascension

BOOK NO. 14- The Power of the Silence

