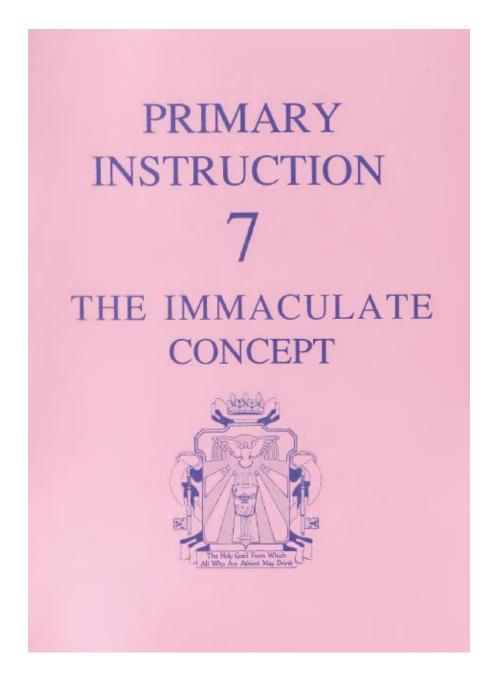
A Bridge to Spiritual Freedom Publication

The following is a transcription of the out-of-print Booklet published in 1990. The intention is to present the contents in a more user-friendly format to accommodate e-readers and printing. Great care was taken to preserve the original Booklet and only minor changes in grammar, spelling and graphics were made. Click on Path of the Middle Way.org to find a copy of the original work as well as other related free downloads. Please join us in blessing these Beloved Servants for preserving and expanding this precious Light.

NOTE: The entire series of the "Primary Instruction Booklets" were compiled and/or written by chelas based on their understanding of the "I AM Activity" and "Bridge to Freedom" Dispensations for the purpose of creating a Class Curriculum. Please visit https://iamfree.co.za/free-books to gain a better understanding of the 'inter-connectedness' on how all these "I AM" Teachings fit together along with updated information.



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PART 1

THE FOURTH RAY - THE WHITE RAY OF PURITY

The Fourth Ray represents the White Flame of Purity, the Resurrection Flame, the Immaculate Concept, and also the Ascension Flame. The Chohan of the Fourth Ray, through Whom the Purity of this Ray is focused, is the Ascended Master Serapis Bey, Whose special Service it has been to guard the actual Ascension Flame*. It was carried by Him and others to Lux or, Egypt, at the time of the sinking of the last remnants of the Atlantean Continent.

Purity and the holding of the Immaculate Concept becomes necessary for the student as he moves along the Path, and the resurrecting of all the GOOD in his Lifestream is also a requirement before the individual is able to graduate in the Victory of the Ascension. All training by the Ascended Masters is for one purpose only - to help aspiring students to so Purify and Harmonize themselves that they may quickly gain the Ascension and BECOME the "I AM" Presence - thus fulfilling their Reason for Being. Serapis Bey holds to a strict discipline for those who aspire to the Ascension, for it is not lightly held that the Fullness of God is attained by those who have misused God's energy through many ages of living.

*Note: The Ascension Flame has been returned to part of Atlantis - in the etheric realm over Shamballa located above Long Island, N.Y. This activity and focus of the Ascension Flame will be taken up in the Lesson on the Ascension - Goal of Life.

The Fourth Sphere is where the Holy Christ Selves of mankind abide until such time as They are able to take over the outer self in the out-picturing of the Christ in the outer world of mankind. The Fourth Ray becomes the 'bridge' between the Inner Realms of Perfection and the outer manifestation of the Divine Plan in the world of form. The Elohim of Purity expresses particularly through this Ray and holds the Immaculate Concept for the Earth and each one of mankind. The great Archangel Gabriel draws the Resurrection Flame through this Ray, and in the outer world of form, those who belong to this Ray are usually very artistic and have talent directed toward the activities of music, dancing, drama, painting, sculpture and architecture. These people are also usually blessed with great fortitude in seeing things through to completion.

THE IMMACULATE CONCEPT

The Immaculate Concept, which is so little understood in the outer world, is that activity of holding in the thoughts and feelings the DIVINE PATTERN; the Divine Blueprint for yourself, each other, and every part of Life you contact. There is a Glorious and Beautiful Divine Pattern for every expression of Life, and when that is held in the consciousness, instead of the outer appearance which temporarily clothes that particular form, it assists. in bringing into outer manifestation the expression of the blessing with which God endowed it in the beginning. This is what Mother Mary did for Master Jesus - holding fast to that Divine Image of a GOD MAN for Him from before His Birth until after the Victory of His Ascension. This Ascended Lady Master holds this Divine Concept for every child of God on the planet Earth to this day.

The Immaculate Concept is MAGNIFYING THE GOOD everywhere your attention rests, thus minimizing the appearances of imperfection, and helping to bring more Light to the Earth rather than increase the shadows. Let us learn to see something of GOOD everywhere and try to see ourselves and everyone we contact as the God Beings that each One really is.

DISCOURSE - BELOVED SERAPIS BEY

BELOVED SERAPIS BEY: I am One of a Great Hierarchy Who are the Servants of your Light, Who have come and remained as part of the evolution of the planet Earth until imprisoned Life is set Eternally Free. We are the Brothers and Sisters of the Ascension. Across your breasts are written the words "**CANDIDATE FOR THE ASCENSION**", and you are privileged among all men, women, and children that use the Earth as a planetary

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home, for the Lords of Karma have chosen to vest your Lifestreams with embodiment - to give you opportunity to make things right. Up until the securing of the Dispensation whereby We might SPEAK with you, We had to render Our service through Radiation.

It is My Privilege and Honor to answer the summons from the Heart when there is opportunity, through the use of this mighty Ascension Flame, to raise a consciousness again to its natural God-Estate. Within every Electron of Light that flows so freely and constantly from the Source of the Universal into your Hearts, is EVERY QUALIFICATION of the Sacred Fire. Within every Electron there awaits **FIRE** - the Fire that becomes the bread on your table, the substance that clothes you; the Fire that becomes the transmutation of your transgressions into Harmonious Energy; the Fire that becomes for you the actual Elixir of Healing; that becomes the Resurrection of the Powers which you once knew in the Great Central Sun, in the Inner Spheres, and even here in the physical world ages ago; the Fire that one day, when your momentum is builded, will join with the Cosmic Flame and give to you that marvelous experience which you know as the Ascension.

At Luxor, where you have visited Me on and off through the centuries, Our complete Discipline lies in turning the consciousness of the aspirant INWARD to the Flaming Heart-beat until such a one can draw from that Heart-beat even the necessities to nourish the physical body, even as Moses drew the manna from Heaven. The clothing - the very garments with which the initiate approaches the Altar, are woven out of the Energies of his own primal Life. Mastery and Completeness are within the unit as the oak tree is within the acorn and the chicken within the egg. As the smallest and most insignificant seed contains within itself, not only the pattern of its full flower, but the way and means of externalizing that pattern, the nourishment required, the magnetic pull upon the elements to develop itself, so, of a certainty, is the Divine Pattern within the Heart of man and LIFE ITSELF endowed with self-sufficiency. It but requires a realization that within the Light that flows, in countless millions and millions of units into your world EACH MINUTE is the Fullness of everything you desire - Healing, Freedom, Illumination, and every God Desire.

The Candidate for the Ascension must successfully pass through the disciplines of the Seven Great Temples and learn the great surrender of Heart, Soul and Spirit, and desire to co-operate with the Will of God.

THE SEVEN TEMPLES OF INITIATION

FIRST: The neophyte is placed within a cell and allowed to commune there with his own Holy "I AM' Presence - endeavoring to contact that God-Self and to develop within himself a humility before It. Within this first great Temple, under the Direction of the Great El Morya and His Assistants, comes the DISSOLVING OF REBELLION. Rebellion within the Lifestream is the feeling which brought every man and woman from a state of Grace and constant communion with the God-Self. Rebellion took Lucifer from the Heart of Heaven, and the rebellion against discipline and self-correction is a BARRIER to real Spiritual Progress. It does not mean that one should assume servility to any human self, or submission even to the Will of the Master, but the QUALITY OF REBELLION that is within the consciousness must be melted away. We have various ways and means of drawing out of the dormant consciousness those qualities, and a good number of our candidates removed themselves from the Temple before passing through this First Initiation. That is why I have set into motion at Inner Levels those currents which will bring forth particular melodies to dissolve REBELLION in the feelings - rebellion against limitation - rebellion against conditions. Let Me point out that it does not require SUBMISSION to limitation, but a constant alert awareness setting into action the Law which is in your hands to remedy conditions and to keep you harmonious, peaceful, and constructively employed during this process.

SECOND: Those few who pass from the First Temple are taken into the Second Temple known as the Temple of Learning. Here, under the direction of Lord Lanto and the Brothers of His Order, they are given instruction in the Law. They develop understanding of the Law of Cause and Effect and all those Laws which you are

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presently studying. It is a pleasant and happy time - a time of the sowing of the seeds; a time of the Breathing of Life upon those seeds and bringing forth a harvest in works. It is a time when the artist develops his skill, the musician his dexterity of musical accomplishment at a time when the teacher becomes eloquent in the capacity to convey knowledge and stir enthusiasm in the students, when the statesman gains the vision similar to that in the founding of the United States of America. It is a time when all that is GOOD develops and grows; and the enthusiasm of the Brothers and Sisters is tremendous.

THIRD: From this Initiation in the Second Temple, most pass successfully into the Third Temple under the great Protection and Guidance of Lady Rowena (formerly this service was rendered by Paul, the Venetian, Who has now been elevated to the Office of Maha Chohan). Here again, we come to the discipline of LIVING WITH OUR BROTHERS - of becoming 'our brother's keeper'. The neophytes are placed in living quarters with Lifestreams who have within themselves those tendencies which are particularly aggravating to the others. Here again the numbers dwindle, and with great feeling of relief, the neophytes rush for the door and leave Us. It is unfortunate, for to live with one's fellowman is one of the greatest tests of the unascended state. Although the Graciousness, the Beauty, the Kindliness of this great Brotherhood are so great that they would melt a Heart of stone, the discipline which is required in learning Tolerance and Understanding is such that few survive.

FOURTH: From the above, We move into the Fourth Temple which is My Temple. This is the first personal contact that I have with the neophyte since the entering of the Lifestream into Our Retreat. It is the time when the neophyte must, for the first time, draw forth enough Purity to see his own Holy Christ Self face to face. It is an Initiation when the Master Himself must stand within the aura of the initiate. It is a time when many nefarious presentations from within the inner bodies come to the consciousness of the student; where the 'many voices' speak; when only discrimination, prayer, selflessness and humility can discern the Voice of the Silence. It is a time when, if possible, the ego is inflated, and the voices speak of great things the SELF shall do. This is the time when SELF is shorn of all egotism, subtle and apparent, and after passing through this Initiation (during which I stand within the aura and pray the prayer of My Heart to God) the Lifestream is ready for the consecration.

FIFTH: When the ever-dwindling numbers enter into the Fifth Temple under the great Hilarion, We come to the beautiful Festival of CONSECRATION. We dedicate the Priests and Priestesses of the Flame - the Sacred Fire - here. Up to this point, they are not permitted to tend the Flame or officiate at the Altar; they are the congregation, the supplicants, the neophytes with the shaved heads, the linen garments, bare-feet, and hopeful Hearts. When they enter the Fifth Temple, having passed through the Initiation of joining the Christ Self in Humility, Selflessness and Service, they are ready to have the garments of CONSECRATION - the Vestments placed upon them; the golden sandals on their feet; the silken garments upon their bodies. Then the great Hilarion, the Archangel Raphael, or One of Their Court, performs the Service of Consecration. The Light is consecrated before It enters the body. The Emotional Body is consecrated and made visible to the entire assembly. Then the Etheric Body and the Mental Body are consecrated, and after those inner bodies are so blessed, every one of the senses is consecrated by the presiding Priest and by Myself. It is a magnificent Ceremony, and it shall one day be woven into your ceremonies of the future before the Lifestreams go forth in more than ordinary service. Then there is given the consecration of the hands through which flows the Flame of Healing; the consecration of the feet which become the anchorage of the Sacred Fire wherever that body moves; the consecration of the lips to speak the Sacred Words which invoke and command the manifestation of Precipitation and Healing Powers; the consecration of the energies through the eyes that enable the Lifestream to see only Perfection and call it forth.

The Priests and Priestesses, magnificent in Their robes - each one representing the Ray, which is the natural activity of the Lifestream, are assigned to the Temple worship. Here they serve for shorter or longer periods -

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some going no further than this Initiation. Many of you have remained the Priests and Priestesses of the Sacred Fire during an entire embodiment because, again, when you come to the Sixth Temple, the Initiation in SELFLESSNESS AND SERVICE is such that many do not choose to incorporate their energies in a mission that might not be successful and lose the accumulated good which brought them to the Temple worship.

SIXTH: In the Sixth Temple, the Brothers become ministering mendicants - leaving Luxor to test their Light in the world of form. The beautiful Vestments are taken from their shoulders and folded away; also the silken garments, the magnificent head-dress, the Jewels of Light, the Sceptre of Power - all are removed. Clothed again as a wandering beggar, the ministering Beings, under the Devotional Ray, go into the world of form WITH NO CREDENTIALS and with a VOW OF SILENCE. There is no way to make even the Spiritually Alert and Worthy know of their qualifications except in the Expansion of their own Light which, through the Eye, the Gesture, the Radiation, and the Aura, have to render the Service of Expanding the Light and encouraging the Ascension within those they contact.

Here I lost you many times. Many times you went forth 'to set the world on fire'. Many times I saw your receding backs as you walked down the steps, out the door, and the sands of the desert claimed you - and only too soon thereafter - the senses. Yet it is all part of evolution, and We are not allowed, by Law, to feel any pain. Yet We can feel added Happiness when you return - as here you are today!

SEVENTH: Those who do return, and have through the ages, bringing back the sheaves of their service in the world of form, are ready to enter into the Seventh Great Temple, and in the Action of the Violet Fire, every atom and cell of their Being becomes a Ceremony of Externalizing God's Will. They become, each one, like a window through which the God Life flows without impure qualification of any kind except to Expand the Borders of the Kingdom. Each one is like a fountain which has neither form nor self, and in this cloister they remain until the close of the Earth span and the Ascension from My own Arms and Heart is assured.

Your life today in the world of form is subjecting you to much the same Initiations as I have described, and you can measure yourselves, your successes and your failures without the promptings of a Guru, knowing within the honesty of your own Heart wherein you are already Master. In this way, each man becomes his own teacher, and you pass through the Ascension Flame into the Perfection of the great Priest or Priestess of Ceremonial and at the close of your Earth Life shall have your Freedom!

CONTEMPLATION

Here appropriate music should be played while the attention is focused upon Serapis Bey and the Ascension Flame, His focus of the Ascension at Luxor, and Central Temple of the Ascension Flame in the etheric realms over Long Island. This music should include "Liebestraum" by Franz Liszt which is the Keynote of this Retreat.



PART II

THE ARCHANGEL GABRIEL

The great Archangel Gabriel serves on the Fourth Ray which is particularly concerned with bridging the gap between the outer mind of man and his inherent Divinity. The Fourth Ray is the point of contact between the outer consciousness of unascended beings and their God, for somewhere along Life's path, no matter what religious formula any individual believes in and uses, eventually he turns to seek UNION WITH HIS GOD. There are many God Beings Who offer to direct Their assistance when individuals CALL for such help, and the Mighty Archangel Gabriel is One of Those Who bring to mankind those 'tidings of great joy'. The Archangel

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Gabriel has also been called the Angel of Annunciation due to the fact that it was He Who announced to Beloved Mary that the time had come for Her to conceive and bring forth a Son Who was to be called Jesus.

We have been told that man was created in the Image and Likeness of the Father-God, but it is quite apparent that man has 'fallen' far short of the original Divine Blueprint. In this connection, the Archangel Gabriel also holds that Original Concept of Perfection - the IMMACULATE CONCEPT - for all mankind, and will give assistance to all who will call unto HIM.

The Divine Complement of the Archangel Gabriel is known by the Name of HOPE, and Her Service is to perform exactly what Her Name implies; She brings Hope to the human Heart for better things to come. Her Radiation is buoyant, uplifting, joyous, and inspirational. As the Radiation from your radiators makes your living quarters comfortable, so does the Radiation of any Intelligence - Divine or human - affect your atmosphere through their thoughts, feelings, words and deeds. This is not a mystic, but a scientific fact. Proximity to the heat from a radiator makes one warm; proximity to the Presence of any of God's Messengers raises the entire consciousness and world of the one who invites such a Presence with Its Radiant Blessings, Gifts, and Virtues.

DISCOURSE - BELOVED ARCHANGEL GABRIEL

BELOVED ARCHANGEL GABRIEL: Hail, sons and daughters of the Living God incarnated! I come from the Throne of the King of Kings to bring you remembrance of your Divine Identity; to bring to you remembrance of the Heritage which awaits your claiming, so that you may externalize It to the Glory of your Father and the Redemption of the Earth which has been your patient Protector and Hostess. I come from the Realms of the 'Light of God that never fails' into the shadows of the Earth and say to you: GODS and GODDESSES, why sit ye in the shadows when within your Heart beats that Fire of Immortality? It contains within Itself the Power to Redeem, to Transmute, to Harmonize, to Purify, to Heal, to Supply, and to Regulate every condition - even with the speed of thought!

I am known as the ARCHANGEL OF THE RESURRECTION! It is My Privilege and Honor, working with the Hierarchy, to bring to Life again the consciousness of Mastery which is the pre-ordained Destiny of every man, woman and child belonging to this evolution, as well as those who are the avowed Guardians of it.

I dwell within the Fourth Realm and Sphere, and I work with the great Serapis Bey and the Holy Christ Selves of almost the entire human race. I am well acquainted with the Divine Perfection for every Lifestream belonging to this evolution. I worship in the same Temples; I stand side by side with your Christ Selves day by day. I am well equipped to convey to you the FEELING that it is time that you opened the doors and windows of your soul to the Reality of that Exquisite and Majestic Divine Presence - made in the Image of the Father and Mother of this System - which it is your Duty and Responsibility to Externalize.

Religion is not a matter of ceremony alone. It is a MATTER OF DAILY, HOURLY LIVING! It is a matter of plain, ordinary common sense. It is a matter of discipline, self-control and contemplation; the development of Love and Gratitude to Life Itself, and for the God Who has given that Life and sustained you for millions of years.

Today, with all the Power of My own Heart, I CHARGE into your feeling world; I CHARGE into your etheric body; I CHARGE into your physical body the Glorious Power of the RESURRECTION FLAME to REVERSE the currents that have tied the Energies of your bodies into the lower octaves and formed the magnetic pull that has bound you to the Earth. YOU SHALL BE FREE! I, Gabriel, am speaking into your hearts! REMEMBER ME! Call forth that Flame of the Resurrection!

Let that which seems 'dead' within you LIVE! The Light of God, the Youth of God, the Sight of God, the Hearing of God, the Beauty of God, the Love of God, the all-encompassing Nature of God IS ALIVE WITHIN

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YOU! There is an ember within your Hearts or else you would not have physical forms. There is a Spark in which is the All-Power of the Almighty, and I breathe upon It with the Flame of My Spirit:

COME FORTH NOW, YE THAT SLEEP! STAND REVEALED IN MASTERY AND BE GOD FREE!

DISCOURSE - BELOVED CLAIRE, THE ELOHIM OF PURITY

BELOVED CLAIRE, THE ELOHIM OF PURITY: I am the Elohim of Purity! I am the Guardian of the IMMACULATE CONCEPT for this Earth as well as for this entire Universe. I am also the Guardian of the Immaculate Concept of your own Individualized Divinity which is fashioned from White Fire Substance and Lives in the God-Free Realms. This is your Pattern of Perfection originally created by the Godhead, and that Being, in all Its Perfection, YOU MUST ONE DAY BECOME! I am more than this; I am the Flame of COSMIC PURITY, the natural activity of your own Life, and not something that must be wooed and drawn from without.

I am the Living, Breathing PURITY of the Electrons which Live in the Center of the Atoms of which your physical bodies are composed. I am ALIVE in every Cell of your bodies - moving around the Central Core of every Atom of your flesh. Truly can I say that I am with you always, for I AM YOUR LIFE! I am the Living, Breathing Electronic Light of Purity within your mental bodies; I am the Living, Breathing Flame of Pure Light invoked by each of you into the great sea of your emotional world; I am the Pure Electronic Light within every Cell of your etheric garment - all waiting to be released from the shadows imposed upon them. I am now expanding My PURITY from within every Cell and Atom of all your four lower bodies - EXPANDING, EXPANDING, EXPANDING My True Nature which is the Purification of this Earth, and all that is in the Earth, on the Earth, or in its atmosphere.

If you could stop one Electron as it passes from the Heart of your God Presence in to your physical Heart, you would see that the Electron contains within Itself ALL of the Nature of the Godhead; ALL of Its Powers; Its Majesty; and ALL of the Divinity which is within the God-Parents. The Electron Itself can never be contaminated for My Flame of Cosmic Christ PURITY lives within every one of them. From whence, then, come the shadows, limitations, illnesses, and appearances of age and depression? These discordant appearances are but the 'clothing' of the Electrons by shadows created from the habit of placing the attention, thoughts and feelings of the outer self upon imperfect appearances in the environment and atmosphere of Earth. With your conscious acceptance of My Service now, I shall endeavor to remove as much as is possible of this shadowed substance around your Electrons by the Mercy of God, and by expanding the Power of My Flame of PURITY which is ALREADY WITHIN YOU! I now speak directly to the Electrons which have come from the Universal First Cause - having answered the Call and obeyed the magnetic pull of the Immortal Three-fold Flame within your Heart.

In the Name and by the Power of Almighty God, I now decree that continuous and permanent Expansion of that Flame of PURITY in every Cell of your bodies. I command this to remove the effluvia (shadows) and transmute into Light every rate of vibration which is an impurity and causes human limitation. I Command this done NOW by the most powerful Cosmic Action of the Blue Lightning of Cosmic Christ PURITY from My Heart. I decree that the Purity within the Heart of every one of your Electrons shall now EXPAND; EXPAND until that which appears as limitation can no longer imprison your Life in discord, and thus shall the shadows cease to be!

Remember, the only discomfort in the world comes from the lack of the substance of Purity in one or more of the four lower bodies. Misqualified Energy changes the ratio of the speed of the Electrons which form the Atom and causes pain, limitation, and distress. The Vibratory Action of the Electrons - helping Them to expand Their Light, throw off the discordant substance imposed upon Them, and restores Them to the Rhythm and Harmony of the "I AM" Presence in Whose Image each individual was originally created.

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PURITY is very essential for the use of the Sacred Fire of Precipitation and Etherealization. If the MENTAL BODY is not purified, it cannot receive the Perfect Design from the Godhead or the Ascended Masters; nor can it manifest the strength to hold that Design against the disintegrating forces of doubt, fear, ridicule, and the many other negative qualities in the atmosphere of Earth which always endeavor to destroy a constructive pattern.

If the EMOTIONAL BODY is not purified, the idea and pattern will be so tinged with selfishness and personal ambition that the Beautiful Design loses much of its perfection and efficacy.

If the ETHERIC BODY (the seat of the memory) is not purified, the failures of the past which are recorded there will often neutralize, and sometimes completely destroy, the form before it can be externalized for the Blessing of Life.

'PURITY' is essential to enable one to consciously etherealize substance which has fulfilled its purpose - releasing the magnetic pull which has held the form together and allowing the Electrons which have made up that form to return to the Sun for repolarization.

In ETHEREALIZATION, if the mental body is not Purified, it will devise all kinds of schemes to 'hold on' to substance and form temporarily loaned to the personal self. If the emotional body is not purified, it will cling tenaciously to possessions, as well as to people, and clutter up the world with many forms which have completed their efficacy. These bind Lifestreams to individuals - causing much unnecessary suffering to all concerned. If the etheric body is not purified, it will remember previous losses and be filled with suspicions and fears, and the process of Etherealization will be hindered.

Every Ascended Being uses Life only as God intended it to be used - to give some Blessing. Then, when the forms They have created have given their service, They release that Life from that form so that it may serve Greater Purpose in the future, the opportunity for Greater Service having been earned by obedience to these Celestial Ones...if mankind would only learn this lesson of 'loosing and letting go'! Often have We witnessed the suffering that has ensued when individuals refusing to learn this lesson are finally forced by the bitterness of their own experience to make this renunciation.

I ask you to call upon the Law of Forgiveness for your own misuse of Life all through the ages, and to accept My Gift of Purity in its place so that you may see, know, and BECOME the perfect expression of your own Individualized "I AM" Presence - a Holy Grail - receiving into your outer mind the Divine Ideas from that Presence which, through your Purified Centers of thought, feeling and spoken word, you can externalize for your own blessing and for the benefaction of your fellowman.

Within every Electron which is released from the Heart of God is the Power to Create and sustain the Kingdom of Heaven for yourself, your family, your world and the students entrusted to your Loving Care - right here on Earth. Within it is My Flame of PURITY! Right within the Brazier of your Heart you carry the most Powerful Concentrate of the 'Atomic Accelerator'! You have Full and Free access to all that We are and all that We have. Through the concentration of My Flame of PURITY released from My Presence, I have washed from your inner and physical bodies literally tons of the accumulated atomic consciousness of impurity and imperfection. Please accept this as having been done for you - in the Name of God - and go forward God-Pure and God-Free!

THE SEVEN STEPS TO PRECIPITATION - by Beloved Claire, the Elohim of Purity

BELOVED CLAIRE, THE ELOHIM OF PURITY: In the beginning, when the great Helios and Vesta invited the Elohim to Create the planets of this System, Beloved Hercules conveyed the invitation to Us, and We, individually as well as in a collective body said: 'We WILL (Step 1) render this Service!' In connection with the

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Creation of the planet Earth, well do I remember the time when all of Us were drawn around the Beautiful Being, Immaculata, the Silent Watcher of this planet; and well do I remember the FLAME of Cassiopeia (Step 2) by which was illumined to Us the Light Pattern of this planet held within the Heart of that Beloved Silent Watcher - placed there by Beloved Helios and Vesta. As We looked upon it, We all felt the LOVE of Orion (Step 3), and an intensified desire within Ourselves to co-operate with the God-Parents in bringing this planet forth into Perfect Form.

Then came My service to Life; to hold that Pattern and Plan through the Cosmic Flame of PURITY (Step 4) so that not one blade of grass, not one Flame-flower should be externalized that was not a portion of the Divine Ideas, the Pattern of Perfection, as It was held within the Heart of the Silent Watcher. All through the ages, while the Creation of the Earth was taking place, I held that Flame and Pattern of PURITY. This, coupled with the Illumined Obedience, the sincere Humility and Love of the Elohim - not desiring to externalize Their own Pattern and Form, but desiring only to bring forth that which was the Divine Plan for the Earth, brought Happiness indeed to My Heart.

Following My holding of the Immaculate Concept for the Earth through the use of My Flame of PURITY, MY BELOVED BROTHER, VISTA (Cyclopea), brought into action His Flame of CONCENTRATION (Step 5). Then came Our Beloved Arcturus with His activities of the Seventh Ray, the RHYTHM OF INVOCATION (Step 6) and the TRANSMUTING POWER of the Violet Fire. The 'Seven Steps' were then fully completed by the sealing of the entire Creation within the Flame of Beloved TRANQUILITY, the Elohim of PEACE (Step 7).

BELOVED ASTREA, THE GODDESS OF PURITY

The great Being known to us as Beloved Astrea is the Divine Complement of the Great Elohim of Purity, and Her Service is working in the astral realm where the cores of impurity and evil exist, and in the dissolving and transmuting of all psychic substance on the Earth, in its atmosphere, and around its people. This She accomplishes by encircling the human creation (which is the psychic substance) around persons, places, conditions and things within Her CIRCLE AND SWORD OF BLUE FLAME - holding the impurity leashed until it can be dissolved and transmuted into Perfection.

After Beloved Astrea and the Ascended Host have removed the causes and cores of all impurity from the Earth, the great Elohim of Purity will be welcomed, and the people will joyously call for His Flame of PURITY to replace all sordidness and imperfections on the Earth. People many times feel that they are LOSING something when they call for PURITY, but instead of losing anything, they are actually gaining Peace, Comfort, Healing, Supply, Happiness, and all the Good and Perfect things they desire. Perfection is unable to manifest when impurity exists (and we are told that even an unkind word is impurity) any more than the Sun can shine through a mud-spattered window-pane.

Only by experimentation can you understand the tremendous service that Beloved Astrea can give to you by daily calling into action Her Circle and Sword of Blue Flame to encircle you and your world and hold in check all the human creation in and around you until it can be dissolved and transmuted into Purity and Perfection. Remember, the psychic realm extends for several thousand feet above the Earth, and it is only by holding the attention on the Light, the Presence of God "I AM", and the Ascended Host of Light, that you can Live in the world and keep your own world comparatively untouched by the human creation.

DISCOURSE - BELOVED ASTREA, GODDESS OF PURITY

BELOVED ASTREA, GODDESS OF PURITY: Every electron of My Being is pulsating with all the momentums of Purity which it has been My privilege to accumulate through the ages, and I am accompanied in this outpouring of the Cosmic Flame of Purity by all the Beings Who are presently serving on the Fourth Ray, including the Archangels, Seraphim, Cherubim, and the Angelic Host.

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Now We all know that Purity has been shied away from by the masses through the centuries - you, at one time or another, having belonged to that group, and the reason for this reluctance of acceptance is obvious. But you, blessed chelas, are daily becoming purer channels for the inflow of the Currents and the Flames which are requisite for this out-picturing.

We of the Fourth Ray Who focus much of Our Energies through the Retreat at Luxor, would remind you that through the activities of that Retreat, the chela has added assistance in bringing about the Purification of his own vehicles as well as that of the planet. Remember always that the inner vehicles house the causes and cores of imperfection, and that the physical body, upon which the chela often puts so much attention, will express the Perfection which is held within the inner vehicles - it being the depository or reflection of the inner.

You will remember that I have offered to remove the causes and cores of all known and unknown impurities in the Lifestreams belonging to this Earth, and those who have voluntarily come here, back unto the beginning of time. DEMAND THE FULFILLMENT OF THAT VOW FROM ME! You are sufficiently acquainted with the Spiritual Law to know that We are only permitted by that Law to render a certain amount of Service of Our own volition, and that the Balance must come from DEMANDS MADE UPON THE LAW for assistance. I stand ready always to use the Circle and Sword of Blue Flame to cut away the imperfection upon this planet, and the Legions of Purity at the command of the Beings on the Fourth Ray are limitless and can go into action on the instant. BUT THE DEMAND for this Service MUST BE MADE FROM UNASCENDED MANKIND!

Let Me forcibly remind you that you are responsible to the Cosmic Law for the use of your God-given Energy, and when We present an existing condition to you which must be remedied through the use of the Sacred Fire. IN THE NAME OF ALL THAT IS GOOD AND HOLY, go into action and MAKE YOUR DEMAND upon Us for the release of the Purifying Fires which can, on the instant, remove the causes and cores of imperfection. Again I say that you are accountable to the Cosmic Law for your participation, or otherwise, in the activities which We set before you!



PART III

GROUP DECREEING

BELOVED PRESENCE OF GOD - "I AM" in us and Beloved Mighty Astrea; ESTABLISH and SUSTAIN Your Mighty Ring-Pass-Not of Living Blue Flame around the four lower bodies of us and every member of Earth's evolutions to deflect any thought and feeling forms of imperfection from finding anchorage in the Substance and Energy of those bodies. Help us to become and remain as Pure as the Beloved Elohim Themselves so that our minds may become clear receptacles for the Divine promptings and our bodies cooperate to make practically manifest some portion of the Perfection of God's Kingdom; always retaining the Divine Courtesy which does not choose to change, according to our limited concepts, any of the Divine Patterns seeking expression through the cooperation of our consciousness. We COMMAND and consciously ACCEPT this **MANIFEST** (3x) right now with full power. **We thank Thee**.

Beloved Presence of God - "I AM" in me and Beloved Claire, the great Elohim of Purity; CHARGE (3x) into every part of my emotional and mental worlds, my etheric and physical bodies, Your Cosmic Flame of PURITY! PURIFY (3x) my entire Being, world and affairs, and keep me sealed in Your Oval of Purity for nine feet in every direction, and hold It sustained. I ask this also for my Loved ones, all under this Radiation, and for all mankind!

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"I AM" (3x) THE RESURRECTION AND THE LIFE of the Fullness of all the GOOD in my Causal Body made manifest in my Being, world and affairs RIGHT NOW and Forever Sustained.

"I AM" (3x) THE RESURRECTION AND THE LIFE of the Perfect health and action of every cell and organ of my body NOW MADE MANIFEST and Eternally Sustained.

"I AM" (3x) THE RESURRECTION AND THE LIFE of my Perfect Sight and Hearing NOW MADE MANIFEST and Eternally Sustained.

"I AM" (3x) THE RESURRECTION AND THE LIFE of my Limitless Strength, Energy and Courage NOW MADE MANIFEST and Eternally Sustained.

"I AM" (3x) THE RESURRECTION AND THE LIFE of my Limitless Supply of money and every Good thing that I require for use in the Service and Expansion of the Light NOW MADE MANIFEST in my hands and use and Eternally Sustained.

NOTE: Here appropriate music should be played while the attention is held upon the Archangel Gabriel, the Elohim of Purity, and Lady Astrea, the Goddess of Purity.



PART IV

OUTLINE FOR CLASS DIRECTORS

NOTE: Soft music should be played at least a half-hour before the Class commences, and students should maintain SILENCE and absorb the Radiation.

1. The three candles should be lit by the Leader BEFORE the students arrive, using the "CANDLE LIGHTING CEREMONY" as follows:

ALL HAIL TO THEE, THOU MIGHTY ALL-PERVADING LIGHT OF THE UNIVERSE; THE SUPREME SOURCE OF ALL LIFE "I AM"! We kneel within our Hearts in recognition of the Light of the Cosmos as we draw forth these Flames representing the Three-fold Activity of Life, as exemplified by the Holy Trinity:

The Father, The Son, and the Holy Spirit.

Beloved Cosmic "I AM" Presence COME NOW and assert Thy Rightful Authority in the four lower vehicles of all Thy Children and show us how to reverently and humbly express the Perfectly Balanced Activity of Love, Wisdom and Power which Thou art.

O Light Supreme, we acknowledge Thee in all Life, and we give gratitude to the Glorious Cosmic and Ascended Beings as we invoke Them and the Great Angelic Host to amplify the Energy which we release in this class. And may that Light EXPAND, EXPAND AND EXPAND as It travels throughout the Universe, ever-widening the Borders of Thy Kingdom, in fulfillment of Thy Will - "I AM"!

2. After greeting the students, the LEADER gives a short visualization and then all say the following:

Dearly Beloved Presence of God - "I AM", the Source of All that is, everywhere present, anchored within each one of our hearts and that of all mankind, we love and adore You! We acknowledge You to be the Owner and Giver of our Life, our Intelligence, our Substance - our ALL! Keep us sealed in Your Light, Love and Power of Victorious Accomplishment. Blaze Your Light and Love before us and prepare the way that

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we may walk in the Path of Light. Guard and Protect us; Guide and Direct us; and give us the Illumination of the Truth that will set us free! Let us manifest and BE Yourself in action at all times, and pour Thy Divine Qualities through us to Bless all the Life we contact everywhere we move. **We thank Thee!**

Beloved Ascended Host of Light; the Ascended Masters, Cosmic Beings and Angelic Host; the Elemental Kingdom; and Ascended Master Serapis Bey; Archangel Gabriel and Lady Hope, Elohim of Purity and Mighty Astrea, and All Who serve on the Fourth Ray and in the Fourth Sphere; we send our Hearts' Call to You. COME and be with us at this Class, and charge us with Your Purity, Resurrection Flame, and those Powers which will help us to our Ascension at the close of this embodiment. We thank You.

3. EXTINGUISH CANDLES

4. BENEDICTION

Sealed in the Flames of Purity and Resurrection from the Hearts of Beloved Serapis Bey, Archangel Gabriel, the Elohim of Peace, and Mighty Astrea, we thank the great Ascended Host of Light, the Angelic and Elemental Kingdoms for Their outpouring of Purity and Perfection. Hold Them sustained in, through and around us, and pour Them through us to bless all life everywhere. Beloved Archangel Michael and Beloved Archangel Uriel, we thank You and Your Angels of Protection, Ministration and Ceremonial Who have served us at this Class. Amplify our humble efforts with Your Love and Purity, and take them North, South, East and West, and cover our dear planet Earth with Light, Peace, Purity, Freedom, and the Will of God made manifest through every electron belonging to this planet.

THIS SHALL BE - for I have spoken as God's Most Holy Name - "I AM"!



LIST OF THE FOURTEEN PRIMARY INSTRUCTION LESSONS

BOOK NO. 1 - The Three Questions: WHENCE did I come? WHY am I here? WHITHER am I going?

BOOK NO. 2 - The Violet Flame

BOOK NO. 3 - There Is No Death

BOOK NO. 4 - The Blue Ray of Power

BOOK NO. 5 - The Golden Ray of Wisdom

BOOK NO. 6 - The Magnetic Pink Ray

BOOK NO. 7 - The Immaculate Concept

BOOK NO. 8 - The Green Ray of Truth

BOOK NO. 9 - The Ray of Peace

BOOK NO. 10- Saint Germain and the Era of Freedom

BOOK NO. 11- MAN - His Relation to the Angels and Elementals

BOOK NO. 12- Sanat Kumara - The Saviour of our Earth

BOOK NO. 13- The Goal of Life - The Ascension

BOOK NO. 14- The Power of the Silence

