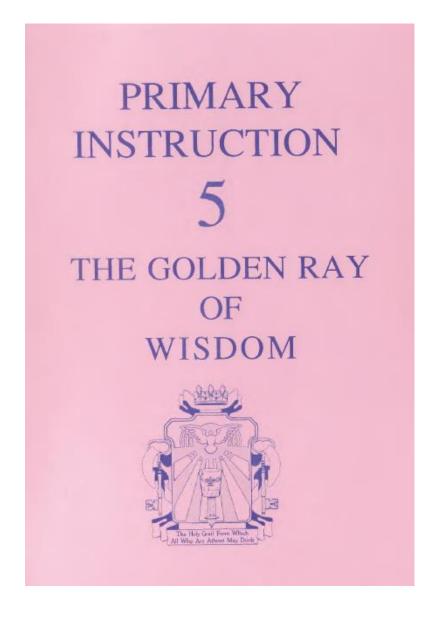
A Bridge to Spiritual Freedom Publication

The following is a transcription of the out-of-print Booklet published in 1990. The intention is to present the contents in a more user-friendly format to accommodate e-readers and printing. Great care was taken to preserve the original Booklet and only minor changes in grammar, spelling and graphics were made. Click on Path of the Middle Way.org to find a copy of the original work as well as other related free downloads. Please join us in blessing these Beloved Servants for preserving and expanding this precious Light.

NOTE: The entire series of the "Primary Instruction Booklets" were compiled and/or written by chelas based on their understanding of the "I AM Activity" and "Bridge to Freedom" Dispensations for the purpose of creating a Class Curriculum. Please visit https://iamfree.co.za/free-books to gain a better understanding of the 'inter-connectedness' on how all these "I AM" Teachings fit together along with updated information.



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PART 1

THE SECOND RAY - THE GOLDEN RAY OF WISDOM

The Second Ray of Golden Yellow is the Ray of teachers and educators, and the Ascended Master Kuthumi served in the office of Chohan of the Second Ray until His elevation to the Office of World Teacher. The following is a brief description of Kuthumi's Temple of Wisdom located etherically in the Kashmir Hills of Northern India.

In the beautiful rolling hillsides of the Kashmir Country, Lord Maitreya and His Pupil, Beloved Kuthumi, maintain a Focus dedicated and consecrated to the establishment of the tenets of Divine Love as expressed through the great Teachers and Educators of the human race. Here, in the Spiritual Sanctuary of Peace and Tranquility, the Brothers and Sisters of the Golden Robe have gathered, and sitting at the feet of Lord Maitreya, Kuthumi, and others of the Ascended Host, They have learned the Way to carry Truth to mankind along the lines of current world religions.

Whether under the Light from the Sun or the gentle Radiance of the moon, the Vales of Kashmir, with their beautiful flowers, the blue waters of the lakes and the harmonies of bird songs, lend themselves to the sweetness that is the embodied Nature of Lord Maitreya and His Beloved Kuthumi. They intensify the feeling of the Nature of the, Cosmic Christ and convey that Nature to the aspirants who drink in Their every word, in reverence and gratitude. The Second Ray serves mankind by developing the consciousness of those gifted to impart Truth through all the avenues and channels which serve the human race.

Those who belong to the Golden Ray of Wisdom endeavor through the service of collective and individual instruction, to widen the capacity to UNDERSTAND within mankind, imprisoned Angels, the small Elementals and those who have passed through death and wait at the gates of birth. As Understanding grows, tolerance grows, and then Love naturally ensues from the individual who has developed an understanding Heart. When the motive behind an action is understood, you react to the various situations encountered with more kindliness and more wisdom than when you allow the general concepts of mankind to close the mind through fear, superstition and bigotry. These qualities seek to hold the mind and consciousness riveted upon just ONE aspect of Truth, thus not allowing the individual to understand other members of the human race due to their past racial and karmic backgrounds and all that makes them as they are today. The Ray of Wisdom does not deal with the intellectual accretion of facts and mental genius. TRUE WISDOM comes from facing the God Presence "I AM" - within, and drawing forth the conscious realization that all Truth, Beauty and Understanding may only be found within the Flame of one's own Heart. This necessitates listening to the Voice of the Silence in humble and silent reverence. The wiser one becomes, the more silent is the tongue, the more peaceful the emotional world, and less thinking is done with the brain.

The Ray also represents the Second Person of the Trinity - referred to as the 'Son', the Path of Wisdom, of listening and waiting. It will seem a period of Peace and quiet, for you are now not tested in strength but in patience inwardly. It is one of the most difficult steps on the Path, for until you can hear the Voice of the Silence, you are running on the periphery of Life shouting with the multitude the hollow hosannas that resound nowhere but in your own ears.

Among the many embodiments of the Ascended Master Kuthumi prior to His Ascension was that of Caspar, one of the Three Wise Men who followed the Star to Bethlehem. He was also the Greek scholar, Pythagoras, and later the Beloved Saint Francis of Assisi. These are, of course, but a few of His embodiments. Kuthumi, together with the great El Morya, were instrumental in bringing forth the Theosophical Society, and those who desire to learn the Spiritual Laws of Life and thereby become more efficacious as teachers of their

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fellowman, will receive much assistance by sending their Love and Heart-Call to the Beloved Ascended Master Kuthumi to help them in their chosen line of service.

THE OFFICES OF THE SPIRITUAL HIERARCHY

The Offices of the Great White Brotherhood, the Spiritual Hierarchy, are held by different Ascended Masters and Cosmic Beings from time to time, for They too expand Their Consciousness and progress upward on the Ladder of Spiritual Attainment, even as those of us who still seek the way to that attainment while we still walk the way of Earth.

The Lord of the World is the Spiritual Head of the Divine Hierarchy; the Buddha's Service is to the evolutions Who sustain the Flame of God in each human Heart; and the World Teacher designs the various religions and Spiritual activities for each cycle of time - which is approximately fourteen thousand years. The Office of the Cosmic Holy Spirit represents that facet of the Godhead to the seven planets of this Solar System to which Earth belongs, but the Maha Chohan, or Great Lord, is the Representative of the Holy Spirit to the Earth particularly. Under His direction are the Seven Chohans, or Directors, of the Seven Rays - each Ray dealing with the various activities of the outer world, as well as the inner Spiritual affairs. Also upon these Seven Rays there are Seven Great Archangels and Their feminine counterparts - the Archaii - Who represent the feeling activity of Life on each of the Seven Rays. Also serving on the Seven Rays are the Seven Mighty Elohim Who are the Great Beings Who actually builded the planet Earth.

Thus, do we have the three Kingdoms working together in the evolution of the Earth - the Angelic, the Human, and the Elemental. While these three evolutions do not appear to be evolving together in harmony at this time, it is one of the activities destined to come forth in the future.

The Great Being known as Sanat Kumara came from the planet Venus aeons ago to become Lord of the World to the Earth. He held this Office for millions of years and is truly the Saviour of our Earth and all the Life upon it. Patiently did He wait for some Divine Being to take His place and thus allow Him to return to His own beloved planet Venus. This was finally accomplished on New Year's Day of 1956 when the Beloved Lord Gautama, Who had held the Office of the Buddha for many centuries, qualified to take over the Office of Lord of the World. This created a general move upward for several Members of the Spiritual Hierarchy to higher positions of Trust and Authority.

Lord Maitreya, Who was the World Teacher, or Cosmic Christ, for the last cycle of time, assumed the Office of Buddha vacated by Lord Gautama. Lord Maitreya was the Cosmic Christ Who overshadowed Master Jesus and was the CHRIST Who worked through Jesus. Both Master Jesus and Kuthumi were trained by this Great Being, Lord Maitreya.

Thus, when the Office of World Teacher and Cosmic Christ became vacant with Lord Maitreya's elevation to the Office of the Buddha, the two great Masters Who have been trained by Him, Beloved Jesus and Kuthumi, then jointly assumed the Office of World Teachers.

Until recently, Lord Lanto, has been the Guardian or Hierarch of one of the oldest Retreats on this planet known as the Rocky Mountain Retreat located in the Teton Mountains in the State of Wyoming in the United States of America. Therefore, those who desire greater Illumination and Wisdom (and everyone desires it along some line or other) should call to both Ascended Masters Kuthumi and Lord Lanto for Their assistance.

DISCOURSE BY THE ASCENDED MASTER KUTHUMI

MASTER KUTHUMI: The transference of consciousness from one mind to another is known as education. The full revealed Truth remains ever-present in the Universal Mind of God, but the individualized intelligence of God's children must reach into this Great Mind and incorporate into their own consciousness as much of the

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great All-Truth as they have the capacity to absorb and realize. Every man dips into the Well of Knowledge with his own Cup of receptivity and benefits by his capacity to receive. It is Spiritual Communion! The TEACHER is One whose Cup has grown through many trips to the Well, and He gives of its brimming essence to those not yet able to reach the Cosmic Brim. Even in elementary courses of education, the Teacher first fills His consciousness and then gently holds His Cup of Knowledge that the pupil may sip of its sweetness, become enamored of its essence, and return again to the Teacher's fount until, perhaps, they are among the very few who will join the Teacher at the Cosmic Well. Those who will not drink are never increased in worth. Blessed be those who stir the Spiritual hunger, and blessed be Those who feed the hungry!

The Illumination of the outer consciousness, the awareness that comes to the mind of the purpose behind all rituals, all decrees, all activity that takes place, enables the individual, as well as the collective group, to happily join in the ceremonial required to magnetize the Gifts of the Godhead. Where there is not Illumination, there is reluctant Energy! It becomes 'duty' service - the service which comes through fear and superstition. THIS SHALL NO LONGER BE! In the New Age and Era under the direction of the Ascended Master Saint Germain, it is the fiat of the Cosmic Law that man shall KNOW why he must purify his physical, mental, emotional and etheric bodies, and to what purpose he must remain harmonious. Then there will be Loving cooperation on the part of the aspiring student! It is through the activity of our El Morya in THE BRIDGE TO SPIRITUAL FREEDOM that We are endeavoring to give the WHY of this Endeavor to the outer consciousness of mankind.

THE ASCENDED MASTER LANTO

The Ascended Master Lanto was one of the Rulers of China in ages past and made His Ascension many centuries ago. At the time of the sinking of the Lemurian Continent (located in the Pacific Ocean) He was entrusted with guarding the Precipitation Flame and the Treasures held within the Teton Mountains of Wyoming, U.S.A. which we now call the Rocky Mountain Retreat. By His long Guardianship of this Retreat, He had earned the right to go into greater service. The Office of Hierarch is now held by Dwjal Khul. Lord Lanto in His great Love has remained with the Planet Earth and serves as Patriarch of the Rocky Mountain Retreat.

Beloved Lord Lanto brings to the Second Ray, not only great Wisdom and Illumination which are Its special Qualities, but also His long momentum in the use of the Precipitation Flame and His great Reverence for Life which is a Quality mankind needs very much at this time. He will greatly assist each student who calls to Him to precipitate more GOOD - more of the God Qualities into his world. The understanding of Reverence for all Life is True Illumination and enables each student to better serve all Life.

These Great Beings, in Their mighty selfless Love, serve wherever They see there is a requirement. May They all be blessed for the great sacrifices They make to help unillumined mankind!

DISCOURSE BY THE ASCENDED MASTER LANTO

MASTER LANTO: There is a great deal to be said about REVERENCE FOR LIFE, and a great deal to be thought about - for remember - Life comes from God, and no matter in what form Life temporarily functions, it is preordained to return to God's Estate. Therefore, for ages I have taught a Reverence for Life, and when that Reverence becomes great enough, the science of Precipitation is easy because your Reverence is impersonal, and you Love all Life in an impersonal and harmonious manner equally. There are no cores of selfishness to stop the release of the Good from your Causal Body for the blessing of all imprisoned Life everywhere.

It is easy to revere one individual or a few with whom you are in association in the course of an embodiment; but that great impersonal Reverence for all Life comes as you take advantage of Our Teaching and Our Radiation.

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In China ages ago, the True Law was taught with regard to Reverence for Life - not only of man, but even of plant Life. None that followed that True Law even broke a flower from its stem. At that time of China's great Beauty and Perfection, we all knew that the Life that came of God, from God, even through a flower, had a Divine Destiny to fulfill in its giving beauty to the passerby, perfume the air, and that in its season, its own Divine Archetype would withdraw it. So We moved in that magnificent Reverence for Life, for each other, and for those who came to 'convert' us to various religious beliefs wherein that Reverence was neither known nor felt.

Now you are coming again to an understanding that Reverence for Life is impersonal and covers the entire human race and all that lives. In learning that, you shall then be the Precipitating Powers of Good! What a small rose can do, surely a human being can do! The rose follows its Divine Pattern, and it blooms in its season. Mankind must come to a point where he can revere the Life that is within himself and then, in time, expand it in Love until he too becomes the Christ manifest wherever he may be.

This is the Greatest Teaching that there is in this whole world; the Greatest Understanding; the Greatest Spiritual Law that there is in this Universe! Learn to Revere Life, and when you do that, you will not hurry; you will not be bitter or distressed; you will come into the graceful way of living - which is that of the Ascended Master Saint Germain.

MUSICAL INTERLUDE

As music for contemplation, either the "Kashmiri Song" (Pale Hands I Loved) or "Ah, Sweet Mystery of Life" should be played while the Group sends its Love and focuses its attention upon the Ascended Master Kuthumi and Beloved Lord Maitreya.



PART II

JOPHIEL, ARCHANGEL OF ILLUMINATION

The great Archangel Jophiel is the Divine Teacher of Angels, Mankind and Elementals who are desirous of expanding their understanding of Life and its beneficent God Laws by which His great Universe is governed. This understanding enables them to serve in greater capacity and with more efficacy. Beloved Archangel Jophiel applied to the God of All Life at the Heart of the Universe for opportunity to serve as a Divine Teacher after having earned the right to do so by applying Himself for countless ages to study and preparation until He was found ready to serve.

Jophiel's Temples of Light at Inner Levels are of an exquisite golden color which is symbolic of the activities of the Second Ray upon which He serves. In these Temples, lovely Beings Who serve with Lord Jophiel, teach the Angelic Host how to expand Their Love and Powers of Light which makes Them a greater blessing to all Life. They also teach those of mankind who are desirous of developing educational culture in the world of form, and such Lifestreams are taught in the Temples of Illumination at night while their physical bodies sleep. Eager Elementals are also taught in Jophiel's Temples of Illumination. The entire service of Lord Jophiel is to expand the UNDERSTANDING of every self-conscious intelligence who desires such help - no matter to which Kingdom it may belong.

Serving with Lord Jophiel is His magnificent Divine Complement Whose Name is Constance. Her Service is to help in anchoring more firmly within the consciousness of the aspiring student the desire to serve. By the

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Radiation of Her own God Quality of Constancy, She stimulates the activities of the Christ Flame within each human Heart to 'follow through' to accomplishment.

Lord Jophiel and Constance, and the Teachers in the Golden Temples of Illumination, expand within each consciousness which comes to Them for assistance the capacity to express higher and more lofty ideals of Deity. From the Temples of Lord Jophiel, great beams of Golden Light are directed into all educational Temples and schools of learning here on Earth. Angels of Education and Illumination direct currents of instruction, encouragement and inspiration over these beams, through Radiation, to the teachers in such Temples and schools. Great scholars interested in various aspects of the Law, both Spiritual and physical, are the recipients of directed currents of energy from these Temples, and occasionally such individuals on Earth have assigned to them an 'invisible Teacher' to assist them and thus they receive such instruction through intuition, inspiration and dreams.

ADDRESS BY ARCHANGEL JOPHIEL

ARCHANGEL JOPHIEL: From the Sun behind the Sun; from the Parents of Our System; and from the Parents of every Galaxy, I bring into your souls, into your Spirits, and into your consciousness, LIGHT! LIGHT! that you shall know what Illumination's Flame can mean to you!

Many men and women say: 'When I have attained, I shall serve my Lord!' The measure of a man or woman is in what he or she does in the Eternal NOW! All the great things that have been done by the FEW! We cannot countenance the consciousness that measures success in numbers, for it is never the masses of people, but the FEW who form the hope for fulfillment of a vision or design of merit. Only TWO BEINGS in the Heart of a Sun create a planetary system! Seven Elohim create the planets; and there are only Seven Archangels through Whose Consciousness, Bodies and Worlds, flows all of the Energy for the Seven Mighty Rays to nourish the Spiritual natures of the Human, Elemental and Angelic Kingdoms. Seven Directors (Chohans) govern, control, guide, counsel and evolve ten billion Lifestreams who use the planet Earth.

While one man, one woman, desires the sustenance of a planet; while two strong feet are planted upon this Earth with a Heart anchored into God's Heart, the planet must survive because ONE in the authority of the "I AM" is the Presence of the Almighty God at whatever point or place that focused Flame abides.

My endeavor, My Service to Life is in the teaching of the consciousness - enabling it to discover within itself that which is the Power of Light. In the great Second Realm and Sphere, all the Beings representing the three evolutions are given the education required for Them to become Masters of Energy and, in turn, capable of carrying the instruction to those who desire it and wish to evolve upon the Ladder of Evolution to its ultimate Perfection.

In the Second Sphere, ideas become crystallized. In other words, they take form. In your own world, it is much the same - you receive an abstract idea. For instance you might say: 'I would love to take a journey.' Then in your mind, which would represent the Second Sphere, would say: 'Very well, we shall take the abstract and fashion it. We shall design a trip to Bermuda, to England, or to some other specific place.'

You might receive an idea for a new home; then your mind would take that idea and say: 'I would like a home with eight rooms and an acre of ground.' It is in this Second Sphere that the abstract ideas are crystallized into workable form.

The desire which, in itself, signifies its origin - 'desire' meaning 'of the Father', then takes on form. When you look upon your plan for your gift, for your home, or whatever it may be, you draw it down into the Second Sphere. If it pleases you, your feelings rush in to it, you energize the form, and the pressure of your feelings gives it Life and brings it into manifestation.

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CASSIOPEIA AND MINERVA, THE ELOHIM OF WISDOM

The Seven Mighty Elohim actually builded the planet Earth from primordial Light Substance as a beautiful and shining habitation for all the children of God who desired to learn to control the use of Energy and Vibration upon it. The Wisdom of God, directed through the Consciousness of Cassiopeia and Minerva, helped to hold the Divine Pattern for the very contour of the Earth and to determine the number of individuals who could inhabit it at any one time; the people chosen to embody upon it to give impetus to the forward evolution of the planet; the length of time each one so chosen should remain embodied on the Earth; the requirement for soul rest; and finally when such individuals should embody again to endeavor to fulfill their Divine Plan.

True Wisdom has always enfolded God's children - serving often without knowledge of their Benefactors - in a concentrated Golden Ray from the Hearts of Mighty Cassiopea and Minerva, as well as of the Archangels Jophiel and Constance and those Elder Brothers and Sisters known as the 'Teachers of the Golden Robe'. Patriots, teachers, humanitarians, artists, men of research and science, men of the 'cloth', and metaphysical teachers whose motives are sincere and who do not desire Wisdom just for personal gain, are always inspired by these Divine Beings of the Second Ray. Discrimination is a Gift of the Second Ray and helps those children of God to impartially recognize, study and ponder the knowledge received, and to accept or reject as Truth the presentations given to them.

DISCOURSE BY THE ELOHIM CASSIOPEIA

ELOHIM CASSIOPEIA: "I AM" Cassiopeia - Elohim of Perception and Wisdom; Elohim of the Concentrated Power of Attention without which the mind could not conceive or know anything here or hereafter. The Power of your attention is the Open Door to your mind and your entire consciousness. Our Ray (the Second Ray) brings illumined understanding of God's Divine Plan and Design - His Pattern to the people of Earth who open the door, through their attention, to that Pattern and Design.

The planet Earth is in a state of Cosmic incubation, and the Beams of Intelligent Energy (which you call Cosmic Light) are really Light Substance consciously directed to the Earth by the attention of Cosmic Beings upon Her. One of these Beams is the Golden Flame of Divine Illumination from the Hearts of certain Beings of the Hierarchy which has been directed to this Earth for aeons of time. As Illumination's Ray has continued to play upon the Earth, and as the attention of the advanced members of the race has begun to reach out again toward God, the return current of attention of mankind toward Heaven has made the circuit complete.

My Activity is that of perceiving what the God-Parents have designed and want to have made manifest. The Purpose of the Second Ray is the PERCEPTION and ACTIVE ILLUMINED CONTEMPLATION of the God Plan and Design. After you have made the decision and surrender to the Will of God, you must next receive the Divine Idea and Directions as to how to manifest it. Therefore, the first activity of the mental body after making the decision TO DO, is to BECOME STILL!

Your mental body receives, through your attention and through all activities of the senses, everything that your attention connects with (good or otherwise) and draws back the picture and form into your mind. The mental bodies of mankind are like an old warehouse in which has been stored the furniture and accumulations of the ages. They are full of cobwebs and discordant human concepts, as well as much that is petrified and some which is in the process of disintegration.

When you first received your mental bodies from the Heart of Creation, they were like crystal balls of Light into which you received the clear, concise and Beautiful Ideas and Patterns from your own Holy Christ Self. Even as you read and hear this, I am passing My Flame through your brain consciousness. **LET GO of your human concepts of ages!**

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THE SEVEN STEPS TO PRECIPITATION

by the Elohim Cassiopeia

ELOHIM CASSIOPEIA: When We were first called by Helios and Vesta and asked if We were willing to Create this planet Earth, We said: (1) 'We **WILL** to help You!' Next, We had the humility to ask what THEY wanted Us to do, so (2) We were given that **PERCEPTION** when We looked upon Their Divine Design. (3) We had the **DIVINE LOVE** to magnetize Electronic Light Substance to form the planet. (4) We had the **PURITY and HUMILITY** not to desire to change Their Divine Design. (5) We had the **CONCENTRATION** of Energy to stay with it; and do you know just how many millions of years it takes to create a habitable planet? (6) We also kept the **RHYTHM OF INVOCATION**, and many a day We left Our own particular Cosmic Work to join with the other Elohim - pouring Love and Light into this planet which was taking form at that moment. Never was there one of Us missing at that rhythmic hour lest the Flame of Cassiopeia, or perhaps the Flame of Orion, should be in smaller proportion to that of the Others. If that had happened, the Perfect Harmony and Balance of the Seven Elohim, which came in rhythm century after century, would have been broken. (7) Then, it was required of Us to release to and through Our Creation the **PEACE and HARMONY** which would sustain this planet until its evolutions began to evolve upon it - as well as after the coming of the mankind who were invited here to enjoy it.

Your Holy Christ Self now awaits your recognition and acceptance of It - and not in the abstract! That Holy Christ Self is a very real Being! It awaits the opportunity of showing you YOUR Divine Pattern which can be revealed to you through your mental consciousness when It is held like a Grail to that Holy Christ Self. This must be done in humility, sincerity, and in a realization that certainly the Being Who made you and has sustained you for millions of years - giving you even yet the Breath of Life - should at least have some 'say' in your affairs.

Within your Heart is the Golden Flame of Illumination which will reveal Truth to you. Now, in answer to My Call, this Flame rises into your brain structure and outer consciousness - clearing away forever the human concepts of the ages; clearing away the half-truths, and expanding the Golden Flame of the Sevenfold Activity of the Elohim which is anchored within your forehead. If you will accept it, each of you is being made a Grail through which some Perfected Being may channel and direct His Blessings for the race!

VISUALIZATION

(Class seated)

DIRECTOR SAYS: Now visualize yourself sitting within a Pillar of Blazing Golden Light and the Golden Flame of Illumination, Wisdom and Love pouring downward from the "I AM" Presence in a steady Stream of Prismatic Light. See and feel It anchor Itself within your Heart as a Cup, and see this Cup overflow until that Golden Fire penetrates every cell, organ, function and part of your physical body. Feel it go through your etheric body; feel it fill your brain and mental world and Radiate out into your emotional world for nine feet in every direction. Feel that you ARE the CHRIST sending forth that Golden Flame of Wisdom with the feeling of Love to bless all that touches the 'hem of your garment'.

MUSICAL INTERLUDE

Class should continue the former visualization while contemplative music is being played. The Adoration to the HOLY CHRIST FLAME may be used during this period.



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PART III

GROUP DECREEING

Class should read together the Prayer of Saint Francis of Assisi which was brought forth by Beloved Kuthumi in that embodiment.

PRAYER OF SAINT FRANCIS OF ASSISI

Beloved Presence of God - "I AM" in us and Beloved Ascended Master Kuthumi, Make me a Channel of Thy Peace, that where there is hatred, I may bring Love; that where there is wrong, I may bring the Spirit of Forgiveness; that where there is discord, I may bring Harmony; that where there is error, I may bring Truth; that where there is doubt, I may bring Faith; that where there is despair, I may bring Hope; that where there are shadows, I may bring Thy Light; that where there is sadness, I may bring Joy.



Beloved Presence of God - "I AM" in me and Ascended Master Kuthumi; while my body sleeps tonight, send a Messenger to escort me to You in my inner body; instruct me fully and bathe me in the Golden Flame of Illumination. CHARGE my consciousness with all that I need to know at this time in order to fulfill my Divine Plan. See that I return to my physical body with the full conscious memory of that instruction so that it becomes a real and practical knowledge that enables me to have greater mastery in my own world and to be of greater service to the Ascended Masters and my fellowman. I accept this MANIFEST in my world RIGHT NOW and forever sustained!

Beloved Presence of God - "I AM" in me and Ascended Master Lanto; CHARGE me with Your great Quality of Reverence for Life and instruct me as to how I may precipitate ALL GOOD into my world. "I AM" the Precipitation and visible Presence of God's Limitless Perfection into my world and affairs RIGHT NOW and forever sustained!

Note: The above decrees may also be used for invoking Archangel Jophiel and Elohim Cassiopeia.



BELOVED ELOHIM CASSIOPEIA

Cassiopeia - Elohim - Lord of the Wisdom Flame, Enfold the Earth with Love Divine, into Thy World all claim. All past Perfection - Glory too, in Thy Great Heart are sealed. And future greatness planned for all is by Thy Light Revealed.

Love's Cosmic Pattern - Good for all, is e'er by Thee perceived. And by obedience to that Plan, is God's Design achieved. Love is the Purifying Fire bringing our Freedom here. In God's great Love, we welcome Thee, Cassiopeia Dear.

Cassiopeia, Lord of Light, now let all men know Truth.
And by Thy Victory let all win Heavenly Gifts of Youth.
As all Earth's shadows disappear, Light shines Forevermore.
And Thy Great Heart to all shall be, to Heaven, the Open Door.

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Being resplendent - Holy One, we Love Thee and adore. And Gratitude Supreme we bring, that Lives Forevermore. From the Great Central Sun on High, Call we Its Blessings here. God showers Thee with Gifts of Love, Cassiopeia Dear.



BELOVED KUTHUMI

Kuthumi Dear, Light's Power is e'er revealing
Thy Love Divine that gently flows to all.
Thy Peace Eternal - Radiant and healing
Ever enfolds Earth's children at their Call.
Ever enfolds Earth's children at their Call.
Vale of Kashmir, now does God's Mighty Substance
Bring to Earth Peace - to all Life release.

Kuthumi Dear, Divine Illumination
Flows forth from Thee into the world of men.
Angels and Masters join in consecration
In bringing Freedom to the Earth again.
In bringing Freedom to the Earth again.
Blest Three-fold Flame, Thy Truth is now expanding Throughout the Earth - in Glorious rebirth.

Kuthumi Dear, Thou Cosmic Christ, Thy Glory Shall now expand within each seeking Heart. Each soul - redeemed - now tells Creation's story Of God's Perfection Earth is now a part. Of God's Perfection Earth is now a part. Holy Christ Selves of all mankind, now hold them Within Light's Power - this Cosmic Hour.

Melody: Kashmiri Song (Pale Hands I Love)



PART IV

OUTLINE FOR CLASS DIRECTOR

Soft music should be played for at least half an hour before the Class commences, and students should maintain SILENCE and absorb the Radiation.

1. The three candles should be lit by the LEADER **before** the students arrive, using the following pattern:

ALL HAIL TO THEE, THOU MIGHTY ALL-PERVADING LIGHT OF THE UNIVERSE; THE SUPREME SOURCE OF ALL LIFE "I AM"! We kneel within our Hearts in recognition of the Light of the Cosmos as we draw forth these Flames representing the Three-fold Activity of Life, as exemplified by the Holy Trinity: The Father -

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The Son - and The Holy Spirit. Beloved Cosmic "I AM" Presence COME NOW and assert Thy rightful Authority in the four lower vehicles of all Thy children and show us how to reverently and humbly express the Perfectly Balanced Activity of Love, Wisdom and Power which Thou art. 0 Light Supreme, we acknowledge Thee in all Life, and we give gratitude to the Glorious Cosmic and Ascended Beings as we invoke Them and the Great Angelic Host to amplify the energy which we release in this class. And may that Light EXPAND, EXPAND AND EXPAND as It travels throughout the Universe, ever-widening the Borders of Thy Kingdom, in Fulfillment of Thy Will - "I AM"!

2. After greeting the students, the LEADER gives a short visualization and then follows this with the Invocation:

Dearly Beloved Presence of God - "I AM" - the Source of All that is everywhere present, anchored within each one of our Hearts and the Hearts of all mankind, we Love and Adore You! We acknowledge You to be the Owner and Giver of our Life, our Intelligence, our Substance, our ALL! Seal us in Your Light, Love and Power of Victorious Accomplishment! Blaze Your Light and Love before us to prepare the way that we may always walk in the Path of Light. Guard and Protect us; Guide and Direct us; and give us the Illumination of the Truth that will set us Free! Let us manifest and BE Your Divine Love in action at all times that, through us, It may Bless all the Life we contact.

We thank You for the instantaneous answer to this our Heart's call! Dearly Beloved Ascended Host of Light, the Ascended Masters, Cosmic Beings, Seraphim, Cherubim and Angelic Host; the Elemental Kingdom; the Great White Brotherhood; and especially Ascended Masters Kuthumi and Lanto, Lord Confucius and Lady Soo Chee, Archangel Jophiel and Your Archaii, Constance, the Elohim Cassiopeia and Minerva, and all Great Beings, Powers and Legions of Light Who serve on the Second Ray; with all the Love and our Hearts, we call to You to COME and Be with us at this Class to charge us with Your Love, Illumination, Wisdom and Peace. We thank You and know that this shall be eternally sustained.

3. READING OF LESSON AND DECREES

4. EXTINGUISHING THE CANDLES

BLESSED FLAMES, EXPRESSIONS OF THE LIGHT ESSENCE OF THE SUPREME SOURCE "I AM", we thank You for Your obedient service to the children of Earth. Clothed in the gratitude from our Hearts, return Thou now to the Heart Center of Creation, to be again called forth at the Invocation of mankind to expand the borders of The Father's Kingdom, throughout Infinity! We realize the Oneness of all Life, and in humility we bow before the Light of the Cosmos as we all serve as Pulsations of Light in the Body of The Supreme Source "I AM"!

5. **BENEDICTION**

Sealed in the Love, Illumination, Wisdom and Peace of Beloved Kuthumi and Lord Lanto, the Archangel Jophiel and Constance, and the Elohim Cassiopeia and Minerva, we thank You Great Ascended Host of Light, the Angelic and Elemental Kingdoms for Your outpouring of Light and Love this day. We thank You for Healing, Supply, Protection and Perfection of every kind. Hold them sustained in, through and around us and pour them through us to Bless all Life everywhere.

Beloved Archangel Michael and Beloved Archangel Uriel, we thank You and Your Angels of Protection, Ministration and Ceremonial Who have served us at this Class. Take up our humble efforts and amplify them with Your Mighty Love. Take them North and South, East and West, and cover our dear Earth with

A Bridge to Spiritual Freedom Publication

Love and Light, with Peace, Illumination, Wisdom, Healing, Freedom, Victory, and the Will of God made manifest through every electron belonging to this planet and its evolutions in any way.

THIS SHALL BE for I have spoken as God's Most Holy Name - "I AM"! May the Benediction and Blessings of the **Most High Living God**, and that Peace which does surpass the understanding of the human mind be with you each one. May the **God of Mercy** Protect and Guide you upon your Spiritual Pathway toward Enlightenment and Freedom.



LIST OF THE FOURTEEN PRIMARY INSTRUCTION LESSONS

BOOK NO. 1 - The Three Questions: WHENCE did I come? WHY am I here? WHITHER am I going?

BOOK NO. 2 - The Violet Flame

BOOK NO. 3 - There Is No Death

BOOK NO. 4 - The Blue Ray of Power

BOOK NO. 5 - The Golden Ray of Wisdom

BOOK NO. 6 - The Magnetic Pink Ray

BOOK NO. 7 - The Immaculate Concept

BOOK NO. 8 - The Green Ray of Truth

BOOK NO. 9 - The Ray of Peace

BOOK NO. 10- Saint Germain and the Era of Freedom

BOOK NO. 11- MAN - His relation to the Angels and Elementals

BOOK NO. 12- Sanat Kumara - The Saviour of our Earth

BOOK NO. 13- The Goal of Life - The Ascension

BOOK NO. 14- The Power of the Silence

