

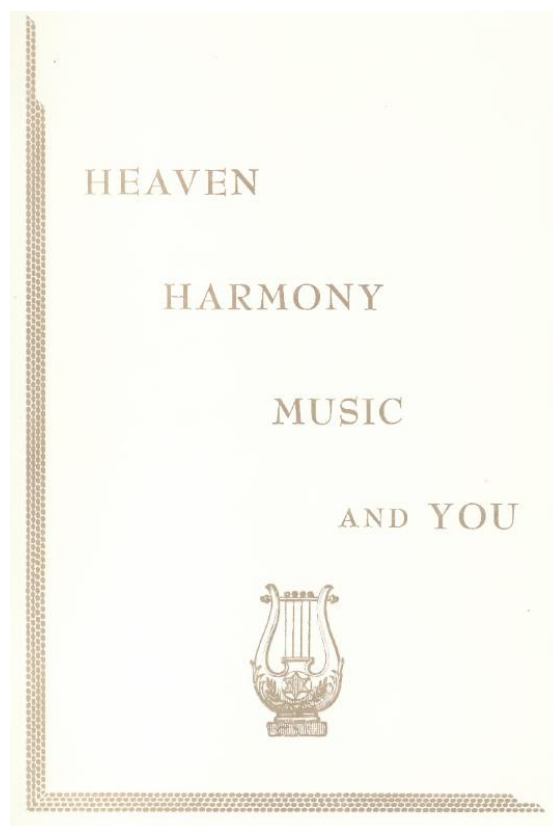
HEAVEN, HARMONY, MUSIC AND YOU

A Bridge to Freedom Publication

The following is a transcription of the out-of-print Booklet published in 1977. The intention is to present the contents in a more user-friendly format to accommodate e-readers and printing. Great care was taken to preserve this Teaching and only minor changes were made. This Booklet can be found by clicking on Path of the Middle Way.org. Please join us in blessing these Beloved Servants for expanding and preserving the Light! We also bless the Beloved Messenger(s) Who originally anchored the “Bridge” and the dear ones who faithfully stood over copy machines for long periods of time to ensure these Teachings would be available to us so many years later.

WE ARE GRATEFUL!

To gain a better understanding of the ‘inter-connectedness’ on how all these “I AM” Teachings fit together as well as updated information, please visit <https://iamfree.co.za/free-books>.



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HEAVEN

BELOVED MAHA CHOHAN SPEAKS: Dearly Beloved children of the One Eternal God, seeking again your way back 'Home' – where is that 'Home'? It is really just a state of continued, uninterrupted harmony in which We abide. 'Home' is where the feelings, the thoughts, the memories, the spoken words and actions are in complete harmony with the Music of the Spheres, at all times, with the Godhead and with one fellow-man. To maintain this state of uninterrupted harmony within one's four lower bodies (emotional, mental, etheric or physical) is the choice of one's free will.

The Kingdom of Heaven to which Jesus referred when He said that That Kingdom was within you, We might call the "Kingdom of Harmony" for all is complete and sustained harmony in that Realm in which We abide. Long ago having victoriously passed through the same Earth experiences as you are encountering today, We have earned the right to live here.

That "Kingdom of Harmony" is also within you and by the complete surrender of your outer consciousness (personality) to the Immortal Three-fold Flame of Love, Wisdom and Power within your beating Heart, (listening for and obeying the "still small voice" within It) you allow Its full God-authority to act for and through you. You then allow Its authority to produce and sustain for you Peace in your feelings, your minds, your etheric as well as your flesh bodies. In just such a manner was the Beloved Jesus enabled to instantly still the waves of the sea.

As you daily practice this surrender of the outer personality to the Flame within, you will find that the "Kingdom" which is within you will then be externalized through and around you. Then you will move in a "charmed" world, magnetizing into your daily practical use, whatever you require at the moment from your God-partners above (Cosmic Beings, Ascended Masters, Angelic Host and All Who abide there in the Realm of Light). Thus, are you in position to radiate and send forth those blessings to your fellowman, with no thought of self-acclaim.

BELOVED KUTHUMI SPEAKS: When Perfection and Beauty are manifest, there is an expression of the "Kingdom of Heaven on Earth"! You have been advised many times that in the lucidity of Nature one can find the Understanding and Peace which permits one to rise in consciousness to far greater heights than in studying complex matters alone, so to speak. One must gain in HARMONY understanding and knowledge, true, but a "respite" in the Garden of Nature is a wonderful "running mate" which is of great assistance to the evolving Lifestream.

HARMONY

BELOVED LAMORAE SPEAKS: The Presence of Harmony is as mechanically explained as the presence of Light and Sound. Every electron in the Universe is in constant motion and there is no such thing as astatic or immovable object manifest or unmanifest. The vibratory action of the individual is determined by the thought and feeling processes which set up pulsations of Energy and conduct them through the matter of the lower bodies forming, so to speak, the pattern which the electrons in the lower bodies seek to flow in their individual expression.

The conscious student and chela must come to a point of realization in Heart and mind and Spirit that he must consciously direct the pattern of Energy passing through his body, setting it at a certain speed with as much precision and accuracy as he would set the dial of the radio, the speedometer or the control on the thermostat of their heating system.

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Seeing the various emotions that pass through the Lifestream in the course of an hour and realizing that every electron had to change both its speed and quality of radiation thousands of times during the day, you will see how any permanent progress is almost impossible until the personal self-consciously sets the Pattern for the electrons of his own Being and then maintains it through the day's experiences.

Just what do I mean by setting the Pattern?

The primal essence of Life as it is released from the Presence into the human Heart is the Directing Intelligence of the Lifestream. Every electron in the lower bodies making up the organism as well as the tissues and bones is by its very nature bound to obey the directing intelligence released through the Immortal Victorious Three-fold Flame within the Heart. Unless there is a definite constructive thought and feeling creating the consciousness of Perfection and directing currents of Energy through the lower bodies qualified with harmonious sound, color and tone, the electrons must obey the pulsations of Energy released in anger, rebellion, hate and the various mis-qualifications.

Individuals who would advance on the Spiritual path of self-control must realize that a thought pattern and a feeling pattern of constructive Energy is a beam of Light which is really a light-wave in constant motion vibrating at a certain rate according to the quality of the thought and feeling that created it. These undulations of Light Energy passing through the lower bodies act like the conductor of an orchestra and the electrons of the lower bodies begin to swing in their orbits according to the Patterns set up by the individual. Beauty, Harmony, Balance, Kindness and Peace are among the limitless legions of vibratory actions that can be set forth as the patterns of the day, just as easily as your thermostat for comfortable heat.

If you must repolarize your thought and feeling policy to these harmonious vibrations do so, but when you once take control of the regulation and government of these Patterns, you will experience no exhaustion of the body, no depletion of the nervous system and a great deal more poise and balance in mind, Heart and Spirit.

BELOVED MAHA CHOCHAN SPEAKS: Many individuals think that for Energy to be harmonious, it must be spent in devotion, prayer, ceremonial services and solemn invocations directly concerned with Spiritual aspiration. The Truth is, that ALL constructive and harmonious Energy is a natural expression of the God Life, whether it be the loving service of friend to friend, or the constructive creation of a bench, a chair or a garment.

A woman may be scrubbing a floor on her hands and knees, immersed in suds and water, yet her Energy may be very harmonious and peaceful in that activity, and there will rise to Her Causal Body every electron released in such an act, a priest may stand on an altar with the Host elevated, in a state of rebellion, resentment or hate - and not an electron of that elevation will add an ounce of Energy toward his Freedom!

Saint Francis of Assisi, and so many Holy Ones, dedicated their lives to humble service, walking the roads, serving the poor, feeding the hungry, and ministering to the ill.

If you can understand that making a bed can be a devotional act where in the Energy passing through you becomes part of the magnetic pull to raise you into your Ascension, you are receiving in the hourly occupations, opportunities for you to complete the Spiritual pull which will raise the tortured soul into Peace, which is its rightful estate as a member of God's Kingdom.

Energy, in order to qualify for "Payment" of one's debts, need not be Spiritually qualified as long as it is constructively and harmonically qualified. This opens a wide field for thought and contemplation, and it

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enables many a lay-brother who is yet bound by obligations and duties and the wheel of moral and monetary obligations, to understand that this Spiritual unfoldment is not delayed by reason of his limitations, but that he can achieve his Victory in any state of circumstances and environment in which his karma has placed him, knowing that whatever work or activity by which his outer mind thinks he is making a living, can be a funnel through which his energies are returned to his Causal Body to form the Glory and the Magnet which will one day draw his body into the Union with Spirit.

When fifty-one per cent of anyone's Energy is constructively qualified, he or she is ready for the Ascension - and your Energy can be constructively qualified whether you are a bootblack or a banker.

Let the student not seek the long robed garments of outer ritual and mistake the opportunity to each day, where not a vestment but the Heart can determine the Glory of tomorrow!

The Law is - that the Energy MUST BE HARMONIOUSLY RELEASED - not Spiritually released to insure your Freedom!

When the chela realizes the invulnerability of harmoniously qualified Energy, he will draw forth from The Secret Place of The Most within his own Heart, and utilize it in his every thought, word and action. An understanding of the Law of Harmony is an assurance against disaster and against every outer appearance of imperfection in the chela's world. It is each one's responsibility to maintain a harmonious flow of his own God Energy regardless of any set of external disturbances or sense reports. Men guard their worldly possessions with great watchfulness and vigor yet allow the most precious of all, Harmony, to be shattered on the slightest pretext of, say, an unkind word or act of another, or by startling reports of worldly affairs and conditions.

With Harmony consciously and constantly maintained there is no set of circumstances or experiences of a seemingly important nature that can manifest in a man's world to throw him off guard or cloud his awareness of the omnipotence and omniscience of The Ever-Present One.

In all the countries of this Planet Earth today there are few completely Happy and Harmonious souls in the general run of mankind. Yet Life is constantly trying through the individual experiences, to prove to men by subtle and apparent ways, that they are not living according to the Divine Edict.

To the faithful chelas, knowing this, there is no cause for alarm for there is no reason why they should not maintain their uninterrupted Harmony - keeping the consciousness high; calling to the Ascended Host in the Realms of Light, and upon this Earth, they go forward fearlessly and undaunted, protected by their Cloak of Harmony a source of blessing to all.

BELOVED KUTHUMI SPEAKS: I greet you in the name of the Presence of Harmony! It has been My joy and honor and privilege for many years now to carry the Master Control of Harmony wheresoever I chose to move across the face of this Earth, and wheresoever I am invoked to assist those Beloved Lifestreams who show interest in the teaching of men to become a Harmonizing Presence themselves and through themselves the Master Control Of all circumstances.

The Beloved Maha Chohan in speaking with Us suggested that We emphasize that every facet of expression through the entire Seven Rays is embodied Harmony; whether it is the strong drive of ordered service in which every wheel fits its proper place; whether it is the Harmony which comes from understanding; or the Harmony which is within Beauty, the Harmony that lies within the compass of the scientific balance of Life; or that within the Glory of Our Beloved Brother Jesus worship and ceremony; or the Perfection and Harmony of the Seventh Ray.

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Those who aspire to Godliness and to give greater service, and who desire the full Use of all the Energy of their Lifestream, must take concerted, conscious effort to guard the Life-flowing into them each hour. Check impatience and irritation and thoughtless words! Stop the conscious churning of thought processes that requalify God's Pure Life and Energy, and keep pouring forth as My Great Lord Maitreya said, an emotion of "Rest in Action", Then the Holy Christ Self, looking upon your use of the talents in hand, may double those talents in your Experience. Otherwise, it would not be the part of Mercy or Justice to increase your responsibility while you are yet unable to dispense constructively the small allotment of Life that God has given to you.

BELOVED MAHA CHOHAN SPEAKS: When the race becomes Harmonious and the Energy released through their bodies is never qualified discordantly, there will be no such thing as old age or disease, and the vehicles when abandoned at the close of that phase of Life's experience, will be in as perfect a condition as when they were designed by the Builders of Form and the Higher Self. When mankind will take a real interest in the vibratory actions they allow to pass through their bodies, a state of great Harmony and Beauty will be expressed within their Lifestreams. It would be a glorious experience and manifestation if a few individuals who have a knowledge of this Law would choose to experiment with the Law of Harmony and allow Us to help create bodies such as have never before been seen on this Earth!

The Holy Christ Self of each individual is as beautiful as the most perfect Angelic Being that you could conceive of, and the individual Holy Christ Self will duplicate that beauty through any flesh form who so desires it with a little cooperation and conscious study by the personal self. I am willing to assist in this experiment with any or all who choose to make the necessary effort at self-control. You would then be a marvelous example which Saint Germain could set before the whole world, which would "SELL" The Kingdom of Heaven far more rapidly than the precipitation of gold would do.

BELOVED SAINT GERMAIN SPEAKS: I am asking you now to take an inventory of your own earnest and sincere world - to see what improvement, individually and collectively, You can make to prepare to externalize the Golden Age of absolute, unconditional Harmony, inexhaustible Strength and Energy, the youth of Sanat Kumara, the perfect Health of the Master Jesus, the infinite supply which flows from your own God Heart, and anything and everything which is an amplification of Perfection. You are My friends; to you I give this assignment, to become NOW the establishment of the Golden Age of Harmony, Health, Beauty, and Perfection through the orbits of your own individual worlds, your homes and cooperative groups. Every great thing had a small beginning!

Blessed Hearts, within your very physical form is the Presence of the Living and Mighty God! The Presence that enables you to say, "I AM"! Let us return to that fundamental of contemplation within yourselves that the Presence of the Living God within you must be loosened and given opportunity through the energies of your world to express and manifest Perfection. It is not as important the creed or faith of a man as it is that through that creed or faith - whatever it may be - he contacts that Presence of God and becomes One with It, allowing It to surge forth in His world!

Today, a Permanent Era must come, it is Cosmically Ordained! A Golden Age is to be the permanent state for our Earth and all who are so honored as to remain upon it. Those who do not choose to accelerate the vibratory action of their Energy shall find hospitality on another star, but the Planet and the few who are willing, shall go forward to Freedom! In this, you can help Me if you will, through your own endeavors to connect with your God, to externalize His Perfection and to grasp as much of My Vision as your mental body will allow you to accept.

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When your inner bodies are refined and have that consciousness of "Listening grace", then at times of crisis, We can flash the Flame which the brain consciousness absorbs, and the physical body moves into action if necessary and performs the service for Us. You are Our hands, and you are Our feet; you are Our lips, through which We can speak! You are Our eyes, through which We bless. We have no other in this world of form! When your vehicles are unwieldy, when they are heavy, it is impossible for Us at a moment when a service can be rendered, to direct that Beam through you with sufficient intensity to reach your outer consciousness and your earnest Hearts.

This is important - for in the days that are to come, WE DO REQUIRE AN ARMY OF LIGHT ALL OVER THIS EARTH - individuals in a constant state of Harmony, Balance, and Poise, ready to move in an instant! This is the training for the few, who walk under The Banner of Freedom in My Name!

BELOVED LAMORAE -GREAT GOD HARMONY:

*Rays of Light Divine!
Seek and ye shall find
in that Heart of Thine
All things that are Divine.*

*Claim your Heritage
For Earth's Golden Age
and take your rightful place
In Earth's New Race.*

*Come within and Be
Now and Eternally
Part of One Great Sea
Of God's Great Harmony!*

*LAMORAE
Thine's The Way!
Great God Harmony!*

*Wills all bend,
Tones all blend
In God Harmony.*

*One Great Song
Sings all day long
Mine now to Be
All Harmony!*

*LAMORAE
Thine's too my Way!
In God's Own Great Harmony!*



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MUSIC

BELOVED SERAPIS BEY SPEAKS: For some time now, We have requested you to use more music in your services, especially when in your own personal environment. We are extremely grateful for the response to Our request for the harmonious radiation, which has dispelled much of the shadows of creation in your own worlds, and on a planetary scale. As Others have said, and I add My humble statement, all creation has a tonal quality and the more Harmony sent forth, the more quickly will the shadows disappear.

The Beloved Lord Gautama summoned Those of Us Who are particularly dedicated to Musical Expression for a special Council at Shamballa: the Goddess of Music, Beloved LAMORAE, Beloved Kuthumi Who brought forth the importance of Harmony in His embodiment as Pythagoras, Myself and Others. Beloved LAMORAE and I were assigned to go to the Throne of Mighty Helios and Vesta concerning the activity of Music to be presented to the chelas. Beloved Immaculata, Planetary Silent Watcher, attended that Meeting and it was at that time the Glorious Vesta, representing the Earth and Uranus, and Beloved Sophia, the Planet Venus, decided to journey to the Throne of Alpha and Omega for special permission to assist the Earth to express more Harmony through Music.

Oh, dear chelas, you who are aware of the activity taking place through the Blessings from On High wear well the Mantle of Harmony in Gratitude for the Glorious Service being given. I humbly kneel before the Supreme Source, saying a prayer that you will realize the Grant the Cosmic Law has bestowed upon you. Let none square the shoulders of the human, but reverently let the Christ within be your Directing Intelligence at all times. Music is one of the greatest means of bringing your vehicles into alignment and at the same time expanding the Harmony of the Universe!

BELOVED GODDESS OF MUSIC SPEAKS: Beloved LAMORAE, Serapis and I have set a Plan into motion to assist you and all Life to bring all of your vehicles into alignment, to prepare you to become the Christ in action and be That Glorious Presence of God "I AM".

Through the years you have been giving dynamic Decrees and they are important in many instances but there is just as much Power and Effectiveness in the Radiation of Harmony, - more so. Any affirmation, any Religious service which is given in Harmony is always effective. Beloved Serapis in His great Love for every one of you, and because the Holy Christ dwells in the Fourth Sphere, is in constant touch with your Lifestream. Now That Fourth Realm is not way off at Luxor. It is right within you. When you dwell in the Christ Consciousness you ARE in the Fourth Sphere.

JOHN, THE BELOVED SPEAKS: Music is a Cosmic Project in which I am particularly interested. In our Etheric Cities of Light over the Arizona Desert, We employ the harmonious tones of musical expression in Our Healing Service. Several of Our Friends from The Bridge to Freedom Activity who have made the transition are serving with Me in the Temples of Music at This Focus. All Who dwell in the Realms of Light recognize the importance and efficacy of beautiful Music in the process of stabilizing the Planet. We anticipate great accomplishment from this activity, and We are grateful to have the chelas participate, for music is an important means through which they may harmonize their own Beings, and as this Essence emanates from you, all Life is enriched.

BELOVED EL MORYA SPEAKS: Music can do for the soul what no other activity that appeals to the senses can accomplish. In a world into which there is constantly being poured the discordant cadences of man, which sound is imprisoned from leaving the atmosphere of Earth and must needs return and bombard the helpless people upon Its surface, the need for harmonious sound is great. Each man, generating and pouring forth the Energy of Life each moment, may be such a glorious fountain through which the

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heavenly music may flow in such fine tones that it is not audibly discernable to the physical sense of man, although absorbed hungrily, and one might say, avidly, by the starving emotions of the people who crave peace and ease and rest.

BELOVED PAUL SPEAKS: All Creation, in accordance with the Divine Plan, consists not only Perfected Forms but Harmonious Sounds. Cosmic Creation takes place in a symphony of exquisite Melody. When the Godhead or the Solar Lords create a Universe and a humanity, you may liken Them to a composer creating a glorious symphony on a Cosmic Organ. Every individual sent forth from the Heart of The Creator has a particular Note or Tone, which is established by the consciously created wavelength of the Cosmic Energy flowing into the Three-fold Flame of that individualization. That Cosmic Tone, emitted by every electron in that particular Lifestream, flows out continually as a conscious part of the Music of the Spheres. As the electrons swing around the Central Core of Love, their speed determines the Note which may be used in any number of blends, and thus Creation is a Cosmic Harmony of Sound.

There is no such thing as a false note, for the Will of the Creating Intelligence establishes each Tone and Half Tone, and every succeeding electron flowing from the Godhead carries to its particular Lifestream that same Harmony and flow of Musical Beauty. The electrons as they flow from the Presence through the personal self, carry this same natural harmony within them and take up their place as atoms of the flesh body - each electron moving in a harmonious motion, emitting the sound decreed into Being by the Godhead for that Lifestream. The Cosmic Note is sounded when the first atom of the physical is brought forth and the Builders of Form and the Devas of Birth coalesce the substance of the earth, water, and air around this Permanent Atom in absolute harmony to the Inner Note. Thus, the flesh body in its Natural state is a constant Radiating Center of uninterrupted harmonious sound and color, as should be the etheric, mental and emotional bodies, the same sound and color follow through in their particular element.

This experience Life has shattered this harmony by constant shocks, irritation, annoyances, anger and changed the speed of the electrons around the core of Love; changed their natural wave-length and put them out of harmony with their Divine Plan, thereby a discord and broken rhythm. Uninterrupted Harmony is essential for precipitation because the electrons drawn from your Presence as they sweep into your feeling world are affected by any discordant radiation and are immediately thrown off-center, and as Creation can only take place through Harmony, any precipitation drawn forth without this Harmony, is likewise off-center and unbalanced.

The more uninterrupted harmony there is in your inner bodies, the purer and more permanent and more beautiful will be your precipitation, There is nothing that warrants the breaking of the harmony of your Lifestream. This is the reason that Silence and Peace and "no human opinions" have been stressed, for most of you do not even know your Note and none of you are expressing your Cosmic Tone.

You have heard the broken rhythm of your modern music and when you step into the atmosphere of another human Being, the jangle and discord of their atoms is more pronounced than even this distorted music. As a matter of fact, this discordant music is but a copy of the emanation of the Lifestream of the composer! The Musico! The Bridge Activity or any harmonious melody will assist you to rearrange the electronic substance of your body, and the HEART OF THE SILENCE will pour through these electrons their Cosmic Note again. The Mighty Being Harmony will give you inestimable assistance as you call forth, command, demand and insist upon unbroken harmony from your own Lifestream. No person, place, condition or thing is important enough to destroy your harmony, because the individual only condemns that which is outside, since he has not mastered that which is within.

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BELOVED GODDESS OF MUSIC SPEAKS: I want you to visualize a cascading sea of sound like a prismatic crystal waterfall descending thousands of feet through the mountain. This exquisite cascading river of Pure Electronic Force pours a melody through the Seven Octaves of Expression in Its descent from the Heart of God into the world of physical appearance and represents the constant flow of the harmony of each Lifestream from the Solar God to man.

Each plane through which this exquisite sound of the Life tone passes is enriched by this Glorious Melody and the sub-plane below repeats that melody in an octave that can be enjoyed by those dwelling within the vibratory action of that particular octave, where again, it is lowered and transposed to enrich the lower octave in its descent Earthward. Thus, you can picturize the constant melody of your own individualization, because the Lifestream is a constant repetition and is replenished anew constantly by the limitless Source of the Fountain of Life Eternal which with unerring accuracy sustains the Note and expands the Melody of all Created Beings according to their original composition. Thus, in the World of Cosmic Creation, Color and Music represent the manifestation of Divine Thought and Feeling.

When the Glorious Melody flows forth from The Holy Christ Self for Its four-fold expression through the lower vehicles, the resultant melody and color depends on the harmony within each of these vehicles. The natural fore-ordained melody does not find expression until all vehicles are in Perfect alignment. Here We come to an understanding of your One-ness with that exquisite prismatic cascading sea of sound and color, and if you will open yourself to Its outpouring you will experience great Peace of Mind and Heart and Great Balance as well as a much fuller realization of the Ecstasy of just Being.



WE PRAISE THEE HOLY TRINITY

*Praise God, the Father,
Praise God, the Son.*

*Praise Holy Spirit - Blessed Three-in-One.
Praise Him in Heaven Ye Angels shining bright.
Praise Him on Earth All Ye who Love the Light.*

*Sing-Hosts of Angels!
Sing-choirs of men!
Now shall Our voices blend in praise again.
All Powers of Nature - sing triumphantly,
In exultation, to the Trinity.*

*Through Earth and Heaven
Our praises ring;
Throughout Creation, blended voices sing:
"Hail to the Father! Glory to the Son and
Holy Spirit; Mighty Three-in-One."*



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YOU

BELOVED LADY META SPEAKS: To the students on the Pathway of Life who are seeking so earnestly the Truth of Life, I come. The intellectual mind of man has so long sought intricate expressions regarding the Solar System and the Universe to which he belongs, that he can scarcely believe or become still enough to understand that the Truth of Life is merely THE HARMONIOUS EXPENDITURE OF THE ENERGY OF HIS LIFESTREAM IN A MANNER THAT DOES NOT DISHONOR THE ELECTRONIC SUBSTANCE LOANED TO HIM BY THE CREATOR OF LIFE!

The Activity of Life, as presented by the Ascended Master Saint Germain, is defined as "The Law of Energy and Vibration." It is an educational formula which endeavors to teach the student that the misuse of the Energy of his Lifestream creates discord in his world. It shows him, unmistakably, that the harmonious control and expenditure of Energy, through his individual Lifestream, is the Way of The Master, Mastery is what all Lifestreams are seeking. Self-Mastery is the ONLY Mastery there is.

The individual who desires to become more than a human Being, must learn that the road to self-Mastery does not lie only in books or pamphlets or lectures; it is a road traversed by the expenditure of God's Energy in a Harmonious Expression of the One Life.

Throughout the Discourses and Instruction presented by Saint Germain and the Members of the Spiritual Hierarchy, there is repeated again and again, like the main rhythm of a glorious masterpiece, the one admonition - TO CONTROL THE ENERGY WAVES THAT PASS FROM THE LIFESTREAM INTO THE UNIVERSE!

Saint Germain shows plainly in His Instruction that people resent persons, places, conditions and things because they have not MASTERED THEMSELVES.

No man will advance beyond the threshold that leads to the Open Doorway of Truth, until he acknowledges fully that no Lifestream in the Universe, no set of circumstances, no appearances on the screen of maya can possibly disturb the rhythmic expression of his own Divine Pattern, unless he chooses to give the direction of his Energy to that appearance. You are either the Master and controlling, directing Intelligence of the Energy of your Lifestream, or you are mastered by an expression that can change the quality of your Energy into anger, condemnation, hatred, depression, etc.

In the world of man, where many Lifestreams are "rubbing shoulders" through karmic ties and the natural activities of daily living, man is prone to allow any passing force, spoken word or idiosyncrasy of another to completely change the pattern of his thought and feeling processes, and destroy his harmony and peace.

When man determines to BECOME the Ascended Presence, all this must give way and he must become like the Sun and continue in his peaceful orbit, letting as they will, the waves of human emotion dash hither and thither, not allowing them to touch his tranquil Heart.

BELOVED MAHA CHOCHAN SPEAKS: Each man is a Heart Center of Creative Energy - his world is the result of his choice of Creation, BUT, in the eternal scheme of things all men must redeem every ounce of Energy they have drawn from the Universal Storehouse and sent forth into the atmosphere of Earth under their Name. NOW is the time in the Mercy of the Violet Flame to quickly balance your individual debt to the Life you have used so lavishly.

There is a Central Point of each one's Being which is the Heart Center of that Lifestream. In this Central Point of Poise is Peace, Mastery, Dignity, Happiness, Enthusiasm and Love of the Light. Every man,

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woman and child who lives off-center with their consciousness focused in any of the lower bodies, emotional, mental, etheric or physical, will find themselves from time to time in distress, BUT, as one consciously makes one's way through the maze of human thoughts and feeling back to the Divine Identity of the Sacred Fire in the Heart, one learns how to find the Open Door to complete release and relief from the outer appearance.

Freedom, like Light, is an abstract quantity and cannot be measured by any periphery or intensity of feeling. Yet Freedom is as essential to Life and progress as breath itself. The Master Saint Germain is the most concentrated Focus and Supply Center of Freedom to the Planet, as Helios is the most concentrated Focus of Light. Through the attention, Freedom's Flame can merge with the Flame of your own Lifestream and greatly assist your endeavors to throw off shackles of bondage, mental and physical.

The Aspirant on the Path to Mastery is not limited by the consciousness of the outer self of any man, once he has come under the Wing of the Almighty, and the conscious direction of the Godhead is presented to his intellectual self for assimilation. He may rise to Cosmic Heights according to the one-pointedness of his own Being. The activities of the Sacred Fire are limitless, and their use assures Freedom. Meanwhile, during the progress of the aspirant he becomes a greater and greater outpouring of good for the Master. Therefore, avail yourself of all your knowledge and become that "I AM".

Your greatest study at present is to dis-associate yourself from a "Being of form and substance" and from the body consciousness. You are a CONCENTRATED STREAM OF ELECTRONS flowing from the Heart of God in such rapid succession that there is no outer measure which could give you an idea of their speed. These electrons are charged with the Divine Imprint of your individuality and are constantly flowing around the immortal Victorious Three-fold Flame in your Heart, which is your individual identity. These electrons are differentiated from the Universal Light Substance in that they form a Precipitated Ray *which you are* and will remain in the Universe. You are not a body, nor a form, nor an accretion of intellectual knowledge. You are an Electronic Stream of Energy from God's Own Heart and the radiation from that Energy in thought and feeling and spoken word forms what is known as your "personality".

All of that radiation which is not an expression of: Harmony, Peace, Beauty and Perfection and the selflessness of Love is impure radiation and a distortion of the God Identity of you. The purpose of acquainting mankind with the "I AM" Presence and the use of the Sacred Fire is to purify the radiation of each Lifestream, to harmonize the outflow of Energy and to qualify that radiation with the manifestation and expression of Godliness alone. When an individual becomes the complete Master of every electron going forth from his Lifestream and that radiation is ONLY expressing Perfection, he is then an Adept as Jesus was and is. This is where there is no substitute for application. Application is simply the Transmutation of the "Energy rate" of the self.

If you will invoke your Holy Christ Self daily upon arising and CHARGE your intellect, your feeling world and your etheric body and the brain cells themselves with the Full Power of the Divine Plan fulfilled for that day, you will avoid any mistakes that may arise by reason of the mis-interpretation by the outer vehicles.

"I AM" THE PRESENCE THAT NEVER MAKES A MISTAKE is a decree which would be of tremendous assistance to you.

Sometimes the Divine promptings interpreted by one of the lower vehicles becomes slightly distorted, and if a mistake ensues, the student or chela is liable to become discouraged and doubts the veracity of all other promptings. Your Holy Christ Self is a Real Being WHO CAN SIT AND CONVERSE WITH YOU if you

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will allow It to give you counsel and guidance daily, and if you will offer IT FULL AUTHORITY over your Lifestream, you will find no strain to do the Perfect thing in the Perfect way, at the Perfect time.

BELOVED SAINT GERMAIN SPEAKS: The physical manifestations that seem so real and tangible to individuals functioning on the Third Dimensional Plane are but externalized thought and feeling, projected from that particular Lifestream's consciousness. We cannot emphasize too powerfully the importance of your contemplation and careful study and meditation upon the Truth that what the individual entertains within his consciousness must, by the inexorable Law of his own Being, manifest in his experience. If you have a clear crystal bowl and place an object within it, the nature of the crystal is such that the object is reflected through it and stands revealed to all who choose to gaze upon it.

People keep struggling with externals, continuing to hold the human concepts, thoughts and feelings, with regard to their human form their estate, their family connections and obligations, etc., and wonder why their condition remains in a state of status quo.

When the chela begins to understand the pliability of the Sacred Fire to RUSH through the individual's consciousness, transmuting and dissolving the accumulation of centuries, when such an individual consciously invites and draws the Ascended Master Consciousness through his own world, his affairs, etc., his physical appearance and his whole Life will effect such a complete metamorphosis as will be proof to the entire outer world that such an individual has perceived and applied Cosmic Truth to re-orient his Life and experience.

The changing of the human consciousness is not the matter of a minute, because the habits of centuries have gained a tremendous momentum and the hospitality of the human self has invited every conceivable thought and feeling into the confines of his or her human consciousness. When the Master Jesus drove the money changers out of the Temple, He gave a powerful example of the positive attitude the student must take in clearing his thought and feeling process from the entertaining of any imperfection.

Use! Use! Use! The powerful pressure of the Violet Transmuting Flame of Purity. Open the doors and windows of your soul and let there be washed out those imperfect concepts which continue to express in your world while they are rooted in your inner self.

Invite and draw the COSMIC CONSCIOUSNESS! Let IT INFILTRATE your thinking and feeling processes. Let IT particularly enter into the vortices of doubt and fear until your consciousness is so impregnated with the Ascended Jesus Christ Consciousness to the ALL POWER OF Good that you can never recognize discord again nor permit it to enter your consciousness.

BELOVED EL MORYA SPEAKS: Beloved Students of The Light, I greet you in the full dynamic Power and WILL TO DO of the First Ray which It is MY privilege to impress and press and press upon your consciousness. It is MY Mission at this hour to fire you into action, fire you out of the lethargy of the ages, fire you to be True Radiating Centers of the WILL OF GOD on this planet Earth.

The only separation between your "I AM" Presence, your Christ Self, and you is your consciousness! The Christ Self is a stepdown of Radiation from the Presence, enabling you to more quickly be God in Action.

Let us take, for example, the dwelling in which you abide. When you are outside and open the door and enter, you are in the dwelling, but that does not necessarily mean you are in the living room or the bedroom as the case may be. You have to transport yourself to the specific spot, having bodies made up of the elements of this Earth. Now your consciousness does not have to move the physical body anywhere in matters of the Spirit. It is your cognizance of what you desire that is important. The "I AM"

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Presence and the Christ are ONE - can you grasp that? Through the graciousness of the Spiritual Law and the magnanimous service of the Cosmic "I AM" Presence, the Presence can be anywhere in the Universe rendering service, and yet have part of Itself in the Physical appearance world, through the anchorage of the Presence in your own physical body. Surely that statement is not too complex for you! Please do not let any insidious pride that may be in your lower consciousness delude you into thinking you are The Christ in action at all times. I would not make so bold a statement if I were you! Yes, I know, there are some blessed chelas, oh so earnest, who will think I am severely chastising them - and them alone! To use the idiomatic expression: "if the shoe fits you, wear it!" Now dry your tears and listen further.

In My gentler capacity know that I Love you, oh so much, else I would not use the Energy allotted to Me by the Cosmic Law in endeavoring to spur you on to Spiritual accomplishment!

You can change your consciousness in the twinkling of an eye if you do not constantly hold the imperfect concepts close to you and cradle them in the comfortable feeling that they have belonged to you through the ages. In the Name of God Almighty, I implore you, cooperate with your own Silent Watcher, your Holy Christ Self, and kneel before It and consecrate your Cup to becoming at all times a Holy Grail through which the "I AM" Presence or any of the Ascended and Cosmic Host pour Their blessings for the benefaction and progress of the race, and the Planet Itself!

It is The Will of God for you, each and every one, to externalize the Consciousness of The Christ here and NOW. When you make your early morning contemplation, I would remind you to surrender "self" to The Christ, so that Anchorage of the "I AM" Presence can render and bring about the Will of God for all men! I challenge you to practice for thirty days after you read this and I assure you that you will know I have come this day bringing you a blessing, NOT a scolding! And now, dear chelas, a closing statement...
I LOVE YOU!

BELOVED GOD HIMALAYA SPEAKS: Beloved Children, the potent force of Love is little understood by the aspirant and yet there is no form that can come into Being or be sustained without the cohesive Power of Love within it which keeps the elemental substance from returning to the Great Unformed, The Planet Earth, the Stars in the Heavens, the Sun in your sky, the garments that you wear are all held together by the essence and Power of Love.

Mankind in all its seeking can never draw to itself the fullness that Life holds until the Magnetic Currents of Love within the Heart Center are sent forth over which all good rides into the experience of the LOVER.

To make yourself a Cosmic Center of Love is to draw from the Heart of the Great Eternal Father, from the Heart of Lord Buddha, Myself, The Princely Jesus or the Lady Mary, the substance which begins to enter the inner bodies and the consciousness, and there to generate deep below the surface the Divine Vibrations of Love. When one Loves enough, all the supply, all the good of the Universe rushes toward the source of that Love for benediction and bathes in its Essence as happy children bathe in a fountain on a hot summer day. When one Loves enough, both animate and inanimate Life draws toward the Heart Center of that Love because such is The Kingdom of Heaven, and from the plant, the mineral, the vegetable, the animal and the human Kingdoms the Heart cry is for the re-establishment of the soul and Spirit in that Kingdom from which all strayed.

Seeing your endeavors to establish and sustain a focus of the Ascended Masters in the Western World, I say to you, if you were to fill your buildings from the foundation beneath the surface of the ground to the top-most spar with the substance of Love (which is the natural Pink Flame generated and drawn forth from the Three-fold Flame in the Heart even as you draw water from a well), you would draw to

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yourselves both students and children that would tax the capacity of your present equipment and facilities and you would experience opulence of every kind and every form.

True Love is not sentiment. It is not spasmodic but constant and can transform your activity into a Mountain of Pink Flame as high as Mount Everest, and at Its apex will stand the Crowning Victory of your vision in the visible Temple to the Lord of Life and His Children. From all over the Planet Earth I have drawn the greatest minds and Hearts over mountain passes inaccessible and dangerous, through hardships that you in the western bodies cannot comprehend, into the fastness of the upper regions. What think you, has drawn them? The Flame of LOVE!

If I could draw people across a nation or a continent by that Flame, could you not in the accessible region in which your present environment has placed you, utilize My Cosmic Power to draw this Activity from a struggling few into a Majestic Victory of Love! You can train yourselves to flood from the Heart of the Presence that Flame that no person nor part of Life can resist nor refuse entry into their Hearts for their blessing and enrichment and in that blessing and outpouring, you are increasing the strength and opulence of your own livestream and drawing it ever closer to the Pink Mountain of Attainment.

What I have done YOU SHALL DO, and you can build a Great Mountain of Pink Flame, charging and feeding it with the Great Flame within your own Hearts, amplified with the Glorious Pink Flame of Love within the Hearts of all Ascended Beings which will flow forth to Victorious Accomplishment as you utilize it.

BELOVED LORD GAUTAMA SPEAKS: Oh, Thou Omnipotent Supreme Source of all Life, I send My obeisant Love to Thee Whose Gracious Goodness has bestowed upon Me the Gift of Life! To That Life which flows through these children, chelas of The Ascended Host of Light I do humbly bow.

Beloved ones, cells in the Body of the Father, I, Gautama, come this day to bring you My Love and the momentum of the Enlightenment, which is Mine, attained through constant, dedicated purpose to becoming consciously one with the Father, and in so doing, with all Life.

Blessed ones, once you are aware, in consciousness and feeling of the unity of all, there is no separation in the Universe, except through the wall or barrier of your own making; in that developed and sustained consciousness you shall experience the ecstasy which We of the Ascended Host of Light enjoy. In using the word "enjoy" I wish to convey that which is a True Possession of the Enlightened Ones, a knowing feeling with which one is endowed, when such a one lays his Life upon the Altar of Dedicated Service. Oh, the privilege of serving, for in that blessing which flows from one's being, is that one expanding the Light which they have drawn forth through illumined obedience.

This feeling is not something which is the product of human, restrained will, but the exaltation of Being which is truly the most prized possession which all should seek to obtain, and upon obtaining, nurture and BE that blessing to all Life, in every thought, word, deed and action. Once accomplished, oh children of Light, you will know the privilege of which I speak. We, who have worn bodies of flesh and experienced the trials and tribulations which attend the unascended ones, having preceded you, offer Our Love and the Gifts of Our Causal Bodies to you who but ask for Our assistance. You are in an unprecedented Era, when through the Grace of the Cosmic Law, are offered more than ordinary assistance in developing the Qualities of your own Lifestream, to lend the Virtue of your Beings to the forward push of the Solar System!

Blessed and Beloved children of The Father, We have come these many years and have talked and talked about the Cosmic Scheme in which the Planets move into Their destined orbits. Ponder that which I say,

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for though We Love you, as We do all Life, there are limitations placed upon the extent of the help which We are permitted, by the Merciful Law, to give you. By this time the chelas should have reached the point where they should let go of the imperfect "treasures", so to speak, which they have cradled in their bosoms and the reluctance of parting therewith. I do not imply this to be the rule in all cases, for many, many are the willing chelas who actually KNOW what it is to experience the Glorious Inner Life, which is theirs, having parted company with most of their imperfection.

To those Beloved ones who are yet experiencing the recoil of the imperfect causes which they have setup through the centuries of living in outer worldly ways in their pursuit of so-called Happiness, I can but say the Sacred Fire of Mercy and Compassion in your Heart just awaits your constant invocation and use to free you of all that is not of The Christ. When once you know that the Sacred Fire, the Violet Flame, can free you of all the imperfect energies which you have harvested, but not discarded, through all your incarnations, you will experience the Joy of which I speak, because when you have become centered in this Purifying Fire, all the Energy is sanctified and purified and returned to your Causal Body, for the enrichment of all Life, in and out of embodiment. Truly, the Law of the Circle is merciful when once understood, for there is no permanence in imperfection, all Energy must and does return to the original state whence it proceeded from The Father, the consummate Masterwork of The All-Pervading One!

Center yourselves in The Sacred Chamber of The Immortal Victorious Three-fold Flame of The Christ within, and through the privileged use of The Violet Transmuting Flame set your own house in order, and in so doing, you must first FORGIVE ALL LIFE! How many have done this? Wise is the chela who recognizes this admonition and proceeds to follow it through! In this becoming God-in-Action in all you do, shall you experience the Joys of Serving in The Kingdom of The Gods! I enfold you in the Momentum of My Own Enlightenment, and shall Joyously await the exaltation of Spirit, which is soon to be yours, in obedience.

BELOVED SERAPIS BEY SPEAKS: I have come today to assist you, Beloved chelas, to an understanding of what the 'Great Silence' means.

Thought and feeling are the only Creators in this Universe, and the thought and feeling process of Ascended and unascended Beings determines the vibratory rate of the sound emitted from the various vehicles through which their self-conscious Life expresses. The vibratory frequency referred to as The Great, Great Silence may be attained by any part of Life by raising the vibratory action of the thought and feelings to a point where the vibrations emitted by the Lifestream through the emotional, mental, etheric and physical bodies blend into, and become one with the harmonious vibratory action of the Inner realm.

One may be a conscious dweller in the Heart of The Great, Great Silence while yet retaining a physical body, if such a one maintains a consciousness or state of thought and feeling which keeps the Light emanations in, through and proceeding from his vehicles at an accelerated rate of vibration akin to the Higher octaves - thus raising his vehicles to dwell in the Inner Realms while still wearing garments of flesh.

It is My constant prayer to The Father of ALL Light that there will be those, in multiple numbers, who will accomplish this state of Being, wherein the magnetic pull of earth vibrations will no longer be a "lure" to impede their progress in the Light. With the magnificent plans which are now being lowered, and just waiting for physically embodied chelas to consciously magnetize and externalize them, can you see how My Whole Being yearns to welcome you into this exalted state! Now I can say with all the Love of My

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Being, join your energies consciously with the Higher Realms and assist Us in the externalization on The Planet Earth of the Utopia which Our Beloved Lord and King, the Ascended Master Saint Germain has held in His blessed Heart through the centuries, and which he knows shall manifest on this Planet Earth...and more quickly if the friends who profess to Love Him, PROVE that Love in Action!

BELOVED HELIOS SPEAKS: In all the blazing Light of My Being, I AM come to bring that Light, Light, Light into this world of form, into that Planet, which is called Earth, and which must quickly, together with Its evolutions experience a tremendous step-up of Its vibratory action!

I bow in deep humility to all Life. In particular is My gratitude to you, dear chelas of THE BRIDGE, those of you who have accepted the Privilege which has been given you by The Sun of this System and of that immediately above Us, Beloved Krishna and Sophia, Holy Sanat Kumara and Lady Venus, Beloved Maha Chohan, Serapis Bey, and the Entire Spiritual Hierarchy of both Systems. Ah, dear children of the One Supreme Source of All, cells in that Omnipotent Center of all Creativity - cooperation is a most important factor in all activity. In your own little worlds when you have another Life-giving center join with you in a specific project to assist inharmoniously bringing forth that which is desired, the additional Energy combined with your own makes the accomplishment more facile. So it is in all Creation. Yes, Creation, for that is what is taking place at all times, in all activity. One is constantly creating Good to the Glory of the All-encompassing One, or...well, We shall not go into the adverse Creation.

A moment's introspection will show the intelligent chela that the cooperative activity of the Spiritual Brotherhood on this Side of the veil brings forth only that which is of Good, that is Our Purpose in Being, and were It not so We would not be dwelling in this God-Free Estate. When you consciously, lovingly and harmoniously dedicate your energies to a specific cooperative activity with Us, the desired result is not only easier to manifest, but the accomplishment takes place in a shorter period of what you call "time".

Blessed ones, you, in the majority do not yet grasp the specific service to which you have chosen to engage with Us in channeling the Light from the Planet Venus into the Earth plane. This most definitely is not an activity which has been presented to you for your own Spiritual advancement alone. We are in a crucial period in the Earth's evolution, and it is hoped that you will take time to contemplate, that which you have pledged to do to assist in this accelerated activity. It is expedient that you contemplate, seriously, the Vow which you have made with your Hearts.

I AM hoping that the vibratory action, as I blaze the Light of My Being into your vehicles will prove to be the stimulus required to stir you on to greater accomplishment. Of course, it will! Your Hearts are blessed beyond worded description, note I say, "your Hearts", since the Heart Center is the specific dwelling place of The Christ Self, Who has not, in the greater number of instances, been permitted to takeover your entire vehicles. Why not change that situation RIGHT NOW! You can, if you will cooperate in the exercise which I now bring to you. Joining, most enthusiastically, in this is the Beloved Lord Raphael, Archangel of Consecration.

Now, let go of all tenseness in your Beings - that is of the outer self and is not of The Christ, BE STILL AND KNOW THAT "I AM" GOD - repeat silently, with deep feeling and slowly after me:

"I AM" that "I AM", "I AM" that "I AM", "I AM" that "I AM".

There is no other Power that can act.

"I AM" God in action everywhere!

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Feel with all the Love of your Being, that which you have affirmed. In this God receptive state, feel the Radiation and Love of Lord Raphael as He now anoints your vehicles with the concentrated Power of Consecration which is His to dispense and which He so lovingly brings to you.

BELOVED ARCHANGEL RAPHAEL SPEAKS: I, Raphael, do now anoint your lower vehicles with The Sacred Essence of Consecration. That Light Essence does now flow through your emotional, mental, etheric and physical vehicles. Kneel within your Hearts, oh children of the One Father of us all, and surrender "self" to The Christ. Know that you are that Christ in action everywhere, in all your activities from this moment henceforth. I do now, in the Name of Almighty God "baptize" you with the Flame of Consecration, ever flowing through you for all Eternity!

BELOVED HELIOS SPEAKS: Ah, dear children, viewing with the expanded sight which it is My privilege to use, you will be pleased as I say that since We began this cooperative activity at the beginning of this Release, your vehicles have been emitting a tremendously accelerated amount of Light. As I bow to The Christ within each of you, I say in deep gratitude, your Light has increased one-hundred fold - yes, children, it is twice as great as when We commenced this service. Keep that Light blazing, blazing and BLAZING and blessing all Life on this dear Planet Earth, and KNOW that this Light will not recede. We of the Spiritual Hierarchy will be in constant attendance to assist you. Should some unredeemed karma try to intrude, REMEMBER ALWAYS, the Sacred Fire of Transmutation, the Violet Fire of Mercy, whose action is instantaneous - according to your acceptance!

I have what might be termed an "advantage" over some of My Beloved Compatriots in Service, in that the Light of the Sun is welcome to the Hearts of men, and when they joyously accept in the outer sense the Radiation of My Being, a wonderful opportunity is available to Me to blaze the Light of My Being into their inner bodies. You, dear chelas knowing that the Visible Sun is the Radiation of My Being and that of My Beloved Vesta can avail yourselves of this Spiritual Essence and experience an ever-expanding acceleration of the Radiation and Light of your own Beings.

Every cause has an effect, even as My Radiation turns shadows into Light and now upon a little introspection you can surely realize that if you invite the Light of The Father, of which I AM ONE of the many Dispensers of that Blessing into your Beings, that which is of the shadows will disappear. You do not require a detailed description to know or be convinced that as the Sun shines in the morning and man gives his attention to that Sun in the happiness which he experiences is an expanded activity of Light. Few there are who do not welcome the Sunlight.

Think on this Golden Radiation - free to all who will accept it. Gold in all forms has been sought after since the beginning of time. Were it not for the greed in the Hearts of men, much of this precious essence, and the actual metal ore would be readily available at all times for constructive use. So, it is in things Spiritual!

I counsel you, if you wish to move steadily forward on the Path in an accelerated manner, accept the Light which I bring. As you witness the Light of the Sun, ask that It be accepted in the Hearts of your fellowman as well as your own selves. This will be of tremendous assistance to the Spiritual Hierarchy in the Redemptive Process which is taking place on this Earth Planet!

You have been apprised that the Beloved and Holy Sanat Kumara has graciously offered to place His Star in your auras, and those who have accepted and actually received this Sacred Blessing must keep that Star nourished by your reverence and the drawing of Light into that Sacred Focus. Remember, to keep anything or any activity alive, one must feed it with the loving attention of their Beings. This is a simple acknowledged fact. So nourish that Star with all the Love of your Being. This is Beloved Sanat Kumara's

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Gift to you, but it is not His responsibility to keep that Blessing alive within your Beings, that is yours, and one which you must remember, to be the recipients of the sustained blessing and privilege of channeling the Light from Venus into the Earth.

My Heart is so filled with Love and Gratitude that I now enfold you in that Feeling which shall become a permanent part of your Beings. My Gratitude flows to you for your willingness to cooperate in this GREAT EXPANSION OF LIGHT WHICH IS EVEN NOW TAKING PLACE!

