

DAILY MEDITATION BOOKLET WITH THE SEVEN RAYS

As suggested by
Beloved Ascended Master

El Morya

www.iamfree.co.za

iam@iamfree.co.za



Beloved Ascended Master Saint Germain

TABLE OF CONTENTS

SUNDAY-First Ray	1
MONDAY-Second Ray	6
TUESDAY-Third Ray	12
WEDNESDAY-Fourth Ray	18
THURSDAY-Fifth Ray	24
FRIDAY-Sixth Ray	29
SATURDAY-Seventh Ray	36

TO DOWNLOAD FREE BOOKS :

www.iamfree.co.za

PREFACE

"Each day of the week is devoted to the outpouring of the Great Elohim, Archangels and Chohans of one of the Seven Rays. This booklet is presented to co-ordinate the daily meditations of the entire student body. It carries The Words of the Ascended Beings and meditations suitable for each day. It has purposely been made small enough to carry in the chela's handbag or pocket. It is beautiful and encouraging to know that all over the world, the blessed chelas are using the same meditations, thus strengthening the world prayer force in blessings to God and His Divine Messengers, as well as to the dear Earth and all Life thereon.

It is our great desire that chelas will enjoy participation in this worldwide meditation."

Thomas Printz,(Beloved El Morya) Editor (1956)

NOTE: Since receiving the information for this booklet, there have been changes in some of the Chohans, so this Daily Mediation booklet has been revised to include the new information.

FOREWORD

“Ever since the beginning of time, man has had available to him certain beneficial Radiations which play upon the Earth at specific intervals, called cycles. Beneficial Radiations provide the necessary spiritual nourishment, for man to progress beyond the consciousness of the masses. Jesus referred to this type of nourishment when he said he had "food to eat men knew not of."

The beloved Sun-God Helios said that knowing about and accepting a certain specific radiation is a power that can raise an individual in one embodiment, whereas it may take a thousand embodiments to accomplish the Ascension through self- effort.

How can we partake of this spiritual nourishment? We partake of it, by inviting and accepting the outpouring for a particular cycle of time. This is done through our calls to our individualized God-Presence "I AM" for the release of the Light. Through the magnetic power of thought, we avail ourselves of specific, beneficial streams of concentrated energy. This way we become magnetizing and radiating centers, blessing all mankind.”

An example of a beneficial radiation is the weekly cycle, each day incorporating the outpouring of a particular God-virtue. Each day brings its own particular blessing of radiation, which the atmosphere absorbs, causing all the people to automatically breathe in the God- quality of the day. Besides giving attention first and foremost to our Beloved “I AM” Presence, and the Elohim, Archangel and Chohan who is in charge of the Radiation of a particular day, it helps greatly, if possible, to wear some item of clothing of the color of the day. This is not compulsory, it is a suggestion. This keeps the outer mind reminded of the opportunities at hand and it serves as an acknowledgment that the Master may use you as an outpost to bless all mankind.

SUNDAY - FIRST RAY: BLUE AND CRYSTAL FLAMES OF STRENGTH, POWER, PROTECTION, AND THE WILL OF GOD

1. Beloved Presence of God "I AM" within my heart, I love and adore You! I summon You forth to blaze the Crystal and Blue Flames through me and see that God's Will is made manifest in all I do this day. I now realize that within my own heart is God's Divine Plan for me and also the way and means of bringing it into outer manifestation. I now enter the SILENCE and listen and I know the perfect thing to do. As I hold my attention upon the Divine Plan, I bring it into form.

"I AM" the Faith in The All-POWER OF GOD to Direct me, Protect me, Illumine me, Heal me, Supply me, Sustain me and do whatever I require to have done.

2 .BELOVED ASCENDED MASTER EL MORYA: "Measure well the vision that comes to you from all life.

That which Raises, that which Unifies, that which Frees, that which turns the consciousness back to God is GOOD! That is The Will of God! You need no occult measure, you need no external advisor."

3. BELOVED E L MORYA and LADY MIRIAM, I Love, Bless, and Thank You for Your service to me and to all mankind. Enfold me now in the Blue Flame of Your Love and let me feel Your Strength and Power to receive the God-ideas and bring them into outer manifestation for the Blessing of my fellowman! Help me to say to my Beloved God Presence: "Not my will, but Thine be done!" Help me to feel and understand Your Illumined Obedience to that Will, Your Spiritual Humility before the Love of God, and Your Respect for God and His Representatives and the Presence of God within each human Heart!

4. THE GREAT ARCHANGEL MICHAEL Archangel of Protection and Defender of the Faith (who works 22 out of 24 hours in the astral realm, removing mankind's misqualified energy) says:

"Through the Light of My heart and your Heart, We create for you, through this appearance world NOW, a pathway of Love, Peace, Comfort, Opulence, Illumination and Well-being - physical, mental, emotional, and spiritual. Will you FEEL the Light of your Heart creating this path before you as you leave your room each morning and WALK IN THE WAY OF THE ANGELS?"

5. BELOVED ARCHANGEL MICHAEL and ARCHANGEL FAITH, & Beloved Commander Conrad - **I Love, Bless and Thank You** for Your Mighty Service to me, to ALL mankind, and to our Earth for so long! Thank You for sending Your Angels of Protection to enfold me and my loved ones and all constructive people on the Earth. CUT US FREE! from the thoughts and feelings that are not God's Immaculate Concept for us. We Thank You

6. THE GREAT ELOHIMHERCULES:

"Are you content with what you are - what you manifest today?"

Are you content with half a loaf when you could have a full one? Are you content to live in limitations and bodies of decay? **IT IS WHAT YOU WILL THAT YOU MANIFEST!** Oh, Beloved students of Light, upon your forehead Blazes the Flame of Hercules. Remember each morning and acknowledge It before you proceed into the activities of the outer world and **WILL** to become that which God intends!

"Remembering Hercules as you move forward, please do not accept such limitations in your individual selves when you know that **IT ONLY REQUIRES THE EXERCISE OF THE WILL WITHIN YOU** to draw forth **ALL THAT YOU REQUIRE!**"

7. **BELOVED ELOHIM HERCULES & AMAZONIA**, I Love, Bless and Thank You for Your Great Service to our Earth and all upon it. Charge each one of my bodies - physical, etheric, mental and emotional-with the **STRENGTH OF HERCULES**, and the Power of Your Love that gives me **Invincible Protection** at all times! Thank you.

MIGHTY "I AM" PRESENCE, in the Name of HERCULES, I WILL TO BE GOD-FREE in my mind, feelings, body, finances, world and affairs. I WILL TO BE GOD-MASTER! I WILL TO BE GOD INCARNATE! And so be it BELOVED "I AM"!

**MONDAY - SECOND RAY:
GOLDEN-YELLOW FLAME OF WISDOM,
PERCEPTION,
DISCRIMINATION AND ILLUMINATION**

1. MY BELOVED "I AM" PRESENCE, I Love and Adore You! I summon forth the Golden Flame of Wisdom, Perception, Illumination and Discrimination to enfold me this day. "I AM" GOD'S WISDOM, PERCEPTION, ILLUMINATION and DISCRIMINATION, directing me in all I do.

I now realize that ALIVE within my physical body is the ILLUMINATION and INTELLIGENCE of my outer consciousness. I now realize that there is only ONE POWER, GOD WITHIN MY OWN HEART, and that POWER ACTS for me according to my DAILY APPLICATION and FAITH in it.

2. BELOVED ASCENDED MASTER KUTHUMI (Kuthumi was former Chohan of the Second Ray, and is now World Teacher with Lord Lanto) says: "Beloved Hearts, do not strain to go somewhere to find The Presence of God. STAND STILL, and in the Peace of your own feeling world OPEN

YOUR EYES and realize the Majestic Power of God that is your heartbeat, and let That Nature of Divinity, blazing through your flesh, bear witness to the conviction in your feeling world of the **ALL-POWER** of TheLove and The Presence of God.

"Will you do one thing for me? Every morning, thinking on the Nature of Your Presence, the Power of Your Presence, the Mastery of Your Presence, contemplate It quietly for a moment; then will you please go further and **TRY TO BE THAT PRESENCE** for just **HALF AN HOUR!** This is what I ask of the lifestreams who desire to serve Us, and watch for the worm of spiritual pride that so often, in the center of the Beautiful Flower of your spirituality, would destroy Its Perfection."

There is no way for the Great White Brotherhood to reach the outer consciousness of the mankind of Earth, except through some members of the human race. We must use your lips, your bodies and your consciousness, to convey the pattern and plan for the New Era to the masses.

The greatest individual service you can render Us is to purify and harmonize your own vehicles and to give Us the Freedom through you (by the Power of Radiation) to reach mankind.

You, who are to be the teachers of this age, who are to represent The Master Saint Germain, to be the shepherds of the race, must develop dexterity of thought and control of feeling, coupling the most eloquent presentation of the Law with a spiritual application which stirs the heart centers and the spiritual centers."

3. BELOVED KUTHUMI and BELOVED DWAL KUL, (now Chohan of the Second Ray) I Love, Bless, and Thank You for Your Great Service to me and to all mankind. Let Your Wisdom, Peace and Understanding Heart enfold me that I may always be able to understand my fellowman and give him the help that he requires most.

Teach me the discrimination required to recognize the Highest Truth. I Thank You.

4. BELOVED ASCENDED MASTER LANTO, now World Teacher with Beloved Lord Kuthumi, formerly Chohan of the Second Ray, and Hierarch at the Rocky Mountain Retreat:

"In your new-found service, you often feel the ingratitude and indifference of mankind, and sometimes you weary of well-doing. So often, as We stand in your atmosphere, do We sense discouragement. Then you will please remember those of Us who have spent millions of years in such service, millions of years in Loving, and Blessing and placing Our Faith and Confidence in you? Realizing this, you will enjoy giving a balance back to Life by having the same confidence in, the same patience with and the same faith in your fellow-man."

5 BELOVED LORD LANTO, I Love, Bless and Thank You for your service to our Earth. Help us all to have that great REVERENCE FOR ALL LIFE which You have, and the Love that helps to set it Free. I Thank You.

6. BELOVED ARCHANGEL JOPHIEL:

"My service to life is in the Teaching of the consciousness, enabling it to discover WITHIN ITSELF that which is the POWER of Light. In the Second Sphere, ideas become crystallized, they take on (more detailed) form. You receive an abstract idea for a new home; then your mind may say: 'I would like a home of eight rooms with an acre of ground.' If the idea pleases you, your feelings rush into it; you energize the form and the pressure of your feelings gives it Life and brings it into manifestation."

7. BELOVED ARCHANGEL JOPHIEL & ARCHANGEL CONSTANCE, I Love and Bless and Thank You for Your Service to me and to all mankind. CHARGE me with Your feeling of Illumination and Discrimination to be master of all the situations I meet in my daily life. Help me to externalize the Divine Ideas from the Heart of God into outer form. I Thank You.

8. BELOVED CASSIOPEA, Elohim of Wisdom: "The purpose of the Second Ray is the Perception and Active, Illumined contemplation of the God-Plan and Design. After you have made the decision TO DO THE WILL OF GOD, next you must receive the Divine Idea, the direction of HOW to manifest it. Therefore, the FIRST activity of the mental body, after making the decision to DO, is to become STILL! Within your Heart is the Golden Flame of Illumination which will reveal Truth to you."

9. BELOVED CASSIOPEA & MINERVA, I Love, Bless, and Thank You for all You mean to our Earth and all mankind. Help me to "follow through" this Science of Precipitation and manifest, each day, some consciously externalized idea which I have received from The Heart of the Father. I Thank You.

TUESDAY-THIRD RAY:

**PINK FLAME OF GOD'S PURE DIVINE LOVE,
TOLERANCE, HARMONY AND ADORATION**

1. BELOVED MIGHTY VICTORIOUS "I AM" PRESENCE, I Love and Adore you! Oh, great and Mighty Flame within my own heart, I send forth my continuous Love and Adoration to You and the Great God & Goddess of the Universe and Their Messengers. I send my Love to ALL life everywhere. I Bless ALL LIFE I contact this day in thought, feeling, word and act. I do not criticize, condemn, nor judge this day! "I AM" SEALED IN GOD'S PINK FLAME OF LOVE, "I AM" THE COMFORTING PRESENCE TO ALL LIFE EVERYWHERE!

2. BELOVED MAHA CHOCHAN PAUL THE VENETIAN, (Former Chohan of the Third Ray, and now the Beloved Maha Chohan) says:

"Come with Me today away from the cares of the outer self. Enter with Me into that chamber WITHIN YOUR OWN HEART, the Secret Place of The Most High, and while standing there contemplating the Three-Fold Flame, which is the

garment of your own beautiful Christ Self, just relax in the Love of the Presence of God. As your Adoration flows to That Presence, remember that your body is The Temple within which is contained the Immortal Flame of Eternal Life, awaiting your Adoration, your Love, and your Devotion.

"To the very few who even ask It for assistance, It says: 'My beloved, ALL THIS YOU ASK I CAN BE, ALL THIS AND MORE!' Beloved ones, when your Adoration becomes the CONSTANT activity of your innermost self, This Christ Self will grow, It will expand. You will not need words to proclaim it. The LIGHT expanding from the ever-increasing Presence, which will respond to your life poured into it, will stand as a Radiant and Blazing Aura about you!"

3. BELOVED MAHA CHOCHAN PAUL, LADY NADA, LADY ROWENA, and ALL Those Ministering to The Pink Ray of Divine Love, I Love, Bless and Thank You for ALL You have done for me and for all mankind.

Teach me to be the GENTLE man (the GENTLE woman) and to be endowed with Your gifts of Tolerance, Tact, Patience, and *the ability to get along with my fellowman!*

Let me ever be grateful for this Teaching and the opportunity it offers!

4 BELOVED CHAMUEL, Archangel of Adoration:

"The Adoration Flame is practical!" It is one of the most practical activities that can be generated, because it is an actual treatment of the feelings as well as of the mind, and an actual THERAPY TO THE FLESH! True Adoration to God has within It no self-seeking. It is an absolute relaxation basking in the Goodness of God and loving Him for Himself; or Loving any God-creation who represents some special service to Life.

"I challenge any individual in depression, any individual in pain, any individual in chains of any kind to use the FLAME of ADORATION If in

using that Flame, they do not see *and feel* FREEDOM, then the Sun and the planets themselves will no longer move on Their appointed courses!"

5. BELOVED ARCHANGEL CHAMUEL and ARCHAI CHARITY, I Love, Bless and Thank You for Your blessed assistance to me and to all mankind Blaze Your PINK FLAME OF ADORATION through every cell of my body and cause Perfection to expand until it fills my being and world. Blaze your PINK FLAME OF ADORATION through my finances and my supply of money, and cause it to expand into my financial freedom. Blaze Your PINK FLAME OF ADORATION through my feelings that they may expand the LOVE OF GOD, until it becomes a contagion to all the life I contact. Keep me sealed in a pillar of the Pink Flame of Love, Adoration, Comfort and Perfection.

6. THE GREAT ELOHIM ORION:

"I bring to you, individually, the fullness of The PINK FLAME. I bring it as a melting, dissolving, spiritual alchemy to remove those

resentments and pressures of energy within your feeling worlds - deeply embedded within your memories. These pressures are caused by the records of many unhappy experiences of the past which have formed wounds and scars within your etheric bodies. These wounds and scars burst open upon the slightest provocation, spewing forth, again, the poison of past resentments, past feuds, and past misunderstandings.

"Man knows not what he carries around with him buried deeply within that realm which science calls "the sub-conscious mind" that realm in which there are atrophied the memories of EVERY EXPERIENCE IN EVERY EMBODIMENT from the first day that the lifestream 'fell from grace' up to the present moment. The Divine Plan brings together again and again certain lifestreams, each one of whom carries these memories of past resentments between them, the Divine Plan presenting, over and over again, new opportunities to make things right.

"RIGHT NOW, if there is any lifestream in this Earth life with whom you are not in complete accord, CONSCIOUSLY DRAW THE IMAGE OF THAT PERSON BEFORE YOUR MIND'S EYE and let Me give you the pressure of MY FEELING of Unconditional, Loving Forgiveness toward that one. If you will accept This, it will cut you Free from the recoil of the energies of those past mistakes."

7. IN THE NAME OF THE PRESENCE OF GOD "I AM", I call to you, Beloved Maha Chohan Paul, Nada, Rowena, Chamuel, Charity, Orion and Angelica, and every Ascended Being who works on The Third Ray and with God's Pink Flame of Love, to [BLAZE GOD'S PINK FLAME OF LOVE AND ADORATION as of a Thousand Suns] (3x) into every part of my being and world, my loved ones, and every person, place, condition and thing, the elemental kingdom, birds, four-footed creatures, and every living thing upon our Earth RIGHT NOW, and hold it there until all imprisoned life is set Free by GOD'S PINK FLAME OF LOVE. I Thank You.

**WEDNESDAY-FOURTH RAY:
WHITE FLAME OF PURITY, RESURRECTION
AND ASCENSION**

1. Dearly beloved Presence of God "I AM", I Love and Adore you! You know the reason for my being. Through the energies of my world this day, LET ME FULFILL IT! See that I do not miss one opportunity. Help me to not make mistakes and let me avoid, above all things, the sins of OMISSION!

2. BELOVED ASCENDED MASTER SERAPIS BEY, Chohan of the Fourth Ray:

"The ASCENSION FLAME is intelligent, beloved ones, and I have loved it for a long time. It can ascend ANY CONDITION in which you find yourself. It can ascend that condition from limitation into Harmony; it can change distress into Peace, poverty into Opulence, discord into Perfection. It is one of the activities of Divine Alchemy, which the student body, for the most part, has not thought about using.

"If there are heavy conditions in your world; if your soul is weighted down, if there are depressions (sometimes not your own) in the group of people with whom you work, if there are financial depressions that are made apparent to you through your telecasts, then **CALL TO THE BROTHERHOOD OF LUXOR** to send the Ascension Flame to bring into Life, the Upliftment, the Buoyancy which Resurrects the depression, brings it into a natural state of Happiness and Harmony. The Ascension Flame, like the Resurrection Flame, is a most marvelous antidote for depression, individually and collectively."

3. **BELOVED SERAPIS BEY**, I Love, Bless, and Thank You for the beloved Ascension Flame, which is **The WAY BACK HOME** for me and for all mankind.

Beloved Mighty "I AM" Presence; I call on Beloved Serapis Bey, The Brotherhood at Luxor and Shamballa to **[KEEP THE ASCENSION FLAME BLAZING** through my feelings, my mind,

my etheric body, my physical body, my loved ones, my home, my business, and all my affairs.] 3x. Let Its Stimulating Activity RAISE EVERYTHING in my world into Love, Happiness, Opulence, Victory and Perfection, Eternally Sustained. Lead and guide me into the Victory of my Ascension when my service here on Earth is completed. What I call for myself, I call for ALL humankind.

[KEEP THE ASCENSION FLAME BLAZING] 3x through the BUSINESS WORLD and the minds and feelings of every part of life evolving on the planet Earth to more quickly bring perfection. I thank you!

4. BELOVED GABRIEL, Archangel of the Resurrection:

"Religion is not a matter of ceremony alone. It is a matter of DAILY, HOURLY LIVING! It is a matter of plain ordinary COMMON SENSE! It is a matter of discipline, self-control and contemplation.

It is too, the development of Love and Gratitude for Life itself, and for The God who has given that Life and sustained your Presence in the Universe for millions of years, hoping to find through you, a destiny which cannot be accomplished through any other individual - one portion of the Great Cosmic Tapestry which your lifestream alone can fulfill."

5. BELOVED ARCHANGEL GABRIEL & ARCHAI HOPE, I Love, Bless, and Thank You for all the things You have done, and what You are doing RIGHT NOW for me for all humankind. CHARGE Your Cosmic Pressure of Love into these, my decrees:

"I AM" the RESURRECTION AND THE LIFE of my Eternal Youth and Beauty my Perfect Sight Hearing, my Limitless Strength and Energy and Perfect Health!

"I AM" the RESURRECTION AND THE LIFE of my Limitless Supply of every Good Perfect Thing.

“I AM” the RESURRECTION AND THE LIFE of All Perfection in my world-and my Divine Plan Fulfilled RIGHT NOW!

6. BELOVED CLAIRE, the Great Elohim of PURITY:

“I AM” the ELOHIM OF PURITY! “I AM” the Living, Breathing PURITY of the electron which lives in the center of the atoms of which your physical bodies are composed. “I AM” ALIVE in every cell of your body moving around the central core of every atom of your flesh. “I AM” WITH YOU ALWAYS! “I AM” YOUR LIFE!

“I AM” the Living, Breathing Electronic Light of PURITY within your mental bodies. “I AM” the Living, Breathing Flame of Pure Light invoked by each of you into the great sea of your emotional world. “I AM” the Electronic Light within every cell of your etheric garment upon which you have impressed those records of impurity, and “I AM” NOW EXPANDING MY PURITY from within every cell and atom of all your four lower bodies.

“I AM” NOW EXPANDING, EXPANDING, EXPANDING My True Nature which is the Purification of this Earth, all that is in the Earth, on it, or in its atmosphere. I DECREE that the PURITY within the Heart of everyone of your electrons shall now EXPAND, EXPAND, EXPAND until that which appears as limitation can no longer imprison your life in discord, and thus the shadows SHALL CEASE TO BE!"

7. BELOVED ELOHIM CLAIRE & ASTREA, I Love, Bless and Thank You for Your Great Service to me and to all humankind. Seal me and all humankind in Your Pure Blazing WHITE LIGHT, which deflects those currents of energy which slow the vibratory action of my inner bodies.

I decree that the Purity within every electron in my aura, feelings, mind, etheric and physical bodies shall now EXPAND, EXPAND, EXPAND and that which is limitation and shadow in my world SHALL BE NO MORE! And so be it Beloved “I AM”

**THURSDAY-FIFTH RAY:
GREEN FLAME OF TRUTH, HEALING,
CONSECRATION AND CONCENTRATION**

1. BELOVED MIGHTY VICTORIOUS "I AM" PRESENCE, I consecrate my life this day to the Service of God -GOOD- to let only Perfection dwell in my mental body; that my feelings will remain Calm and Loving, Kindly, Helpful, and Happy; my eyes to see only Perfection; my ears to hear only Perfection; my lips to speak only Perfection; my hands to Bless and Heal; my feet to be Messengers of Good; my body Strong and Willing to be a Helpful Instrument to carry God's Perfection everywhere.

2. BELOVED HILARION, Chohan of the Fifth Ray:

"If an individual seeking Godliness, Health, Happiness, and Supply, could first understand the power of sustained attention, and then, through Self-conscious endeavor, wrest the

Attention away from the many pulls of the appearance world, and anchor that attention on the PRESENCE of GOD, God's Presence would flow through him on the return currents as the fullness of all he could desire.

As Ascended Master Saint Germain has said repeatedly: ***"Where your attention is, there you are; what your attention is upon - that you become!"***

"Radiation and God's Love and Mercy flow through the Universe, and man is entirely unaware of it. This outpouring of God's Forgiveness affects the just and unjust alike, but the lever for the man who desires to move forward in self-conscious action lies in the controlled power of his Attention!"

3. BELOVED LORD HILARION, and BELOVED PALLAS ATHENA, I Love, Bless and Thank You for Your help to me and to all mankind. CHARGE me with Your Love and understanding of the EXACTNESS of the Cosmic Law and the feeling of consecrated Service to God and man. CHARGE me with Your momentum of presenting

the TRUTH to mankind so that all who hear will accept It. I thank you!

4. BELOVED ARCHANGEL RAPHAEL, Archangel of Healing and Consecration:

"Consecrate yourselves daily! If your eyes behold iniquity, you know where 'I AM' and just silently say: 'Father, forgive me for the transgression of Your Law of Love. Beloved Raphael, consecrate my eyes to see only

Perfection!' If you listen to gossip or discord, if your hands are impatient in gesture and you release anger, if your lips and tongue use sharp words, say: 'Father, forgive me for the misuse of Your Energy!'

"What if you do have to repeat it? Paderewski did not become a master musician in one day! The only lifestreams who are in extreme danger are those who do not wish to pick themselves up, dust off their knees, and try again. I will re-consecrate any member of your vehicles twenty-four times an hour if you will ask Me, and you require it! I do not mind IT IS MY REASON FOR BEING!"

5. BELOVED ARCHANGEL RAPHAEL & HOLY MOTHER MARY, I Love, Bless and Thank You for all that You have done for me and for all mankind. Seal us in Your Flame of Healing, Truth, Consecration and Concentration, and help me to be conscious ONLY of PERFECTION.

I THINK PERFECTION! I FEEL PERFECTION! I SEE PERFECTION! I HEAR PERFECTION! I SPEAK PERFECTION! I MANIFEST ONLY PERFECTION THIS DAY!

6. BELOVED ELOHIM VISTA (Cyclopea), Elohim of Concentration, Music, and the All-Seeing Eye of God to our Earth:

"What can be accomplished on Earth even in mundane activities of your daily living without **CONCENTRATION**? If there is not concentration, there is only mediocrity; the bare surface is scratched. Those who determine to rise above the masses take one facet of living and masterfully develop it, deciding within

themselves to excel along at least one line of Expression. According to the CONCENTRATION OF THOSE ENERGIES is their development, is their Mastery, is their Efficacy.

"It is Law-actual scientific Law-that what is in Agreement with God's Plan of Perfection whether it be Healing, Precipitation, Financial Freedom, Eternal Youth, or the Restoration of a Limb, IT CAN BE DONE, but the 'stick-to-it-iveness' of My Ray is required to produce these results!

"Now Consecration and Concentration are almost the same, because, whatever you are going to do that will amount to anything REQUIRES THE CONSECRATION OF YOUR LIFE."

7. BELOVED GREAT ELOHIM VISTA & LADY CRYSTAL, I Love, Bless and Thank You for Your Great service to our Earth. CHARGE me with Your Power of CONCENTRATION and to become Master here and now!

FRIDAY-SIXTH RAY:**GOLD AND RUBY FLAMES OF PEACE,
MINISTRATION AND GRACE**

1. BELOVED MIGHTY VICTORIOUS "I AM" PRESENCE, I Love and Adore You. Pour forth, through me this day, Your Peace, Ministration and Grace to bless every cell of my four earthly bodies and all the powers of nature that serve me so well. May all who touch the "hem of my garment" feel Your Love, Your Peace and Your Perfection, for **"I AM" THE PRESENCE OF BLESSING, AND I BLESS EVERYONE AND EVERYTHING I CONTACT THIS DAY!**

2. BELOVED JESUS, former Chohan of the Sixth Ray and World Teacher says:

"The demands upon the time, energy, attention, and service of the chela who is engaged in a Spiritual . Endeavor form a great stumbling block to his individual progress, unless

he learns to consciously quiet the energies of his own world so that new Strength, Faith, and Power may be supplied by his own "I AM" Presence and the Divine Beings who are so willing to assist him. I know this from My own experience. During My ministry, as today, the world and its people require so much assistance. There is a tendency to rush forth to serve without the necessary period of 're-fueling' at the Cosmic Fount."

3. BELOVED JESUS, I Love, Bless and Thank You for all Your Service to me and to all mankind. (CHARGE! X3) me with the Ascended Jesus Christ Consciousness, the Ascended Jesus Christ Nature and the Power to do the things that You have done.

Beloved Jesus, teach me the Highest Truth there is, and give me the necessary assistance, so I may teach others the Truth that shall make them Free.

4. BELOVED ASCENDED LADY MASTER NADA, (former Chohan of the Sixth Ray), says: "Today you, too, are planting your roots deep within the Flame of your Heart, whence comes the Nourishment, the very life-beat of your body, whence comes the Healing of your flesh, whence comes the Supply upon your tables and the very Roofs above your heads. As your roots are anchored in God, seeking now Eternal Spiritual Nourishment, so shall your Flower be manifest to all men. That which a man does in secret, is manifest in the world around him.

"Mankind will come to you bewildered and confused, with hope stirring in their hearts. Remember Me NADA and LOVE THEM FREE!"

5. BELOVED NADA, and JOHN THE BELOVED (now Chohan of the 6th Ray), I Love, Bless, and Thank You for Your Love which flows to me and to all mankind. Keep me sealed in the Power of Your RUBY/GOLD FLAME OF PEACE & LOVE that Heals, Blesses and sets Free all I contact.

6. BELOVED URIEL, Archangel of Ministration:

"The Ministering Angel has to will Himself to serve ONE lifestream. There is provided a Guardian Angel for everyone who belongs to be human race, every laggard from other systems, and every Guardian Spirit. This Ministering Angel volunteers to be a Protecting Presence for a lifestream for so long as he or she chooses to remain on the Earth or to be part of it's evolution. That being is often referred to as the 'Guardian Angel.'

"How would you like to work with just ONE person for countless millions of years? Your Guardian Angel does not even attend a Retreat when it is active, if the lifestream He is guarding does not go! Think about that! That is a case of imprisonment through LOVE, which has no parallel. The Ministering Angel is obligated by Law to follow each one around - at every opportunity sending a Light Ray into the consciousness with the thought that perhaps the individual will seek a little Higher."

7. BELOVED ARCHANGEL URIEL & DONNA GRACE, I love, bless and Thank You and my Ministering Angel for Your selfless Service of Ministration to me through eons of time. Help my Ministering Angel to keep me steady on the path of Purity, Harmony, and Happiness.

8. BELOVED GREAT ELOHIM TRANQUILITY, the Great Elohim of Peace:

"I AM" the ELOHIM OF MINISTRATION AND PEACE! You who have given your interest and Your Life to the activities of the Seventh Ray, represented by our Beloved Ascended Master Saint Germain, are slowly, but surely, emerging from the mire of human creation and limitation. We are endeavoring to build a Great Foundation for this World Movement, trying to make of each of you a Mighty Pillar of the Violet Fire. But I can tell you here and now, that unless you hold UNINTERRUPTED PEACE as separate individuals and collective units - no matter how perfectly you build - you would have but ash in the end as long as there was still, within the

consciousness of any worker the disintegrating radiation of the seven mortal sins' (anger, malice, hatred, fear, greed, gluttony, covetousness, lust and passion, lethargy and laziness, envy and desire for personal power, pride and arrogance) and all their ramifications.

"I shall give any sincere student my feeling of Peace, but be sure to **guard this Peace** in your own feeling world, in your home and in all your activities, if you want to sustain perfection.

Peace is not a negative quality. It is the MOST POSITIVE and most concentrated activity of power. How much power of control does it require for you to HOLD YOUR PEACE, to remain absolutely poised and master of every situation REGARDLESS OF AGGRAVATION in the midst of your immediate family, business associates, co-workers in this activity; and the world at large?"

9. BELOVED PRESENCE OF GOD "I AM"
in me and in all mankind, beloved Jesus, Nada, Uriel
and Donna Grace,

my own ministering Angel, and Great Elohim of PEACE and Pacifica, I Love, Bless and Thank you in the name of all mankind for your service to our Earth for so long a time. BLAZE! (x3) your Cosmic Flames of Peace, Ministration and Grace into me and let them radiate through me to Bless and help Harmonize every part of life I contact.

GREAT ELOHIM OF PEACE, and BELOVED PACIFICA enfold all my constructive efforts in your Great Flame of Cosmic Peace. [BLAZE YOUR FLAME OF PEACE as of a Thousand Suns] (3x) into the brain and feelings of every living thing on our Earth and everyone who will come here in the future and hold it sustained until PEACE ON EARTH -GOOD WILL TO ALL LIFE - is a living reality. I Thank You.

**SATURDAY-SEVENTH RAY:
INVOCATION, VIOLET FIRE OF MERCY
AND COMPASSION, TRANSMUTATION
AND FREEDOM**

1. BELOVED MIGHTY VICTORIOUS "I AM" PRESENCE, today "I AM" RENEWED! TODAY "I AM" ALIVE with that Primal Pure Majestic Life, given to me of The Father. For yesterday's life misused, I CALL ON THE LAW OF FORGIVENESS and ask for and accept the most Powerful Activity of the Transmuting Violet Fire.

Today I MAY BECOME; today I SHALL become that which God intends - MY HOLY CHRIST SELF IN action, for "I AM" THE CHRIST CONSCIOUSNESS now made manifest and eternally sustained. Keep me SEALED in a Pillar of Violet Fire, until "I AM" wholly Ascended and Free!

2. BELOVED ASCENDED MASTER SAINT GERMAIN, Chohan of the Seventh Ray and the Master in charge of the Earth and its evolutions

for the next 2000 years, says:

"Take time to be Holy! LEARN TO GET STILL even when there is no apparent emergency! PRACTICE, just STILLING your thought processes from racing, just stopping your etheric memories from resuscitating all of the discords; just stopping the restless motion of your physical body, and then if you can, without making your mental body immediately start working again, just turn quietly TO YOUR "I AM" PRESENCE and tune in, until you can anchor yourself in PEACE. ONE SUCH PERSON could save a city!

"I AM" DETERMINED that the realization and the science of the use of the Violet Fire shall find anchorage in some unascended being as an ABSOLUTE IRREFUTABLE SCIENTIFIC MANIFESTATION which cannot be denied! I AM more eager for you to learn to use this Violet Fire than you will ever be, because YOU HAVE TO BE MYSELF in the world of form, whereas I, by Cosmic Law, must remain behind the veil.

"You who are My Friends - ACCEPT ME! Let Me walk the Earth through you, let Me help you with This Divine Alchemy. Come to the Violet Fire Temples at night and I will sit with you and explain over and over the Science and Divine Alchemy of This Violet Fire. KNOW that there is a place for you in the Home and Heart of Saint Germain!"

3. BELOVED ZADKIEL, Archangel of Invocation and Transmutation:

· "Do you know that the life within an unkind word comes to you to be REDEEMED AND SET FREE? The life within an unkind look or gesture comes to you - a Priest or Priestess of the Order of Zadkiel - that you might BLESS IT FREE!

"Do not rebel or feel unjustly treated if circumstances are such that energy qualified with discord comes within the compass of your aura. It comes, because there are few foci in this unascended octave that know how to redeem it, how to Raise it, to Purify it, to set it Free.

"Where there is a Focus of the Sacred Fire, where there is a lifestream who has knowledge of The Violet Flame, there that energy has an opportunity of being redeemed and returned to the Universal First Cause. Oh, what Joy to move in The Universe Freeing Energy, Loving It Free, and standing in the Serene Mastery of your own Godhood!

"Words that are spoken even lightly, jokingly to or about another part of Life, WHICH DO NOT BLESS IT are, therefore, a renunciation. I ask that all lifestreams be released from the recoil of such mistakes!"

4. BELOVED ARCTURUS, Elohim of Invocation, Rhythm and Freedom, says:

"I AM" the Elohim of INVOCATION and RHYTHM, who brings to you and to all life, through the use of The Violet Fire, INFINITE FREEDOM when you desire it enough!

"I AM" He who answers the call from the heart of any individual when that heart **deeply and sincerely**, from within itself, desires to release life which has become bound - giving it FREEDOM from disease, from lack, from fear and limitation of every kind and description. Within that life itself is the FULLNESS OF ALMIGHTY GOD!

"Today I urge you, with all the intensity and pressure of My Being, to DEVELOP YOUR LIFE; develop the Qualities of Perfection which are within It.

"Call forth what you wish from the Heart of that Life which flows from the Universal, and call to Me, if you wish to release into the outer manifestation whatever Powers, Qualities, Gifts and Activities are required to Perfect your own individual world and that of your fellowman.

"Wherever there is ONE LIFESTREAM who sincerely desires FREEDOM, and in Constant RHYTHM, invokes and commands it, THERE

I SHALL BE to give that one assistance until that FREEDOM IS PHYSICALLY MANIFEST!"

5. BELOVED ASCENDED MASTER SAINT GERMAIN, BELOVED LADY PORTIA, & KWAN YIN, BELOVED ZADKIEL & AMETHYST, BELOVED ARCTURUS & HOLY DIANA, and ALL who Serve on the Seventh Ray, I Love, Bless and Thank You for Your Mighty Service to me and to all mankind.

IN THE NAME OF THE PRESENCE OF GOD WHICH "I AM" and by the Magnetic Power of the Sacred Fire Vested in me as a Priest (Priestess) of the Order of Zadkiel, I make this call:

[ANGELS OF THE VIOLET FIRE **COME** and KEEP THE VIOLET FIRE OF FREEDOM'S LOVE BLAZING] (3x) through my aura and feelings, my brain and mental word, my etheric body, every cell of my physical body, my loved ones, my home, business, finances and all my earthly affairs; and DO THAT FOR EVERY PART OF LIFE ON THE PLANET UNTIL ALL HUMAN CREATION, its cause and core, is dissolved and transmuted into Purity and Perfection, and our

Earth is truly FREEDOM'S HOLY STAR! Thank You for the answer to This Call.

[THE VIOLET FIRE OF FREEDOM'S LOVE NEVER FAILS TO PRODUCE PURITY AND PERFECTION; and "I AM" THAT VIOLET FIRE!]
(3x)

5. BELOVED GREAT GOD OF FREEDOM, ASCENDED MASTER SAINT GERMAIN and BELOVED GODDESS OF OPPORTUNITY & DIVINE JUSTICE, LADY PORTIA; I pledge my LIFE, my LIGHT, and my LOVE to YOU by endeavoring to release the Momentum of Perfection in my lifestream, to assist You, in bringing FREEDOM TO EVERY PART OF LIFE on our Dear Planet Earth RIGHT NOW! SO BE IT BELOVED "I AM"!