MOTHER MARY’S ASSISTANCE TODAY

THE IMPORTANCE OF YOUR BIRTH DATE

**A Dictation by Ascended Master Kuthumi**

A birth date signifies a new beginning, because the cycle of each lifestream completes a circuit every three hundred and sixty-five days, and the energy of the individual’s world closes the circle of experience on the day preceding one’s birthday.

On the day which is the anniversary of the embodiment of the spirit, the Holy Christ Self releases a new pulsation of light and life into the four lower bodies, and from the Presence, there comes an added forward impetus, with the hope that the succeeding year will find a greater expression of the individual’s life plan. This is why it is usually noticed that, in the period just preceding one’s birthday, there is a let up of life’s energy and vitality, and the period immediately following the birthday is usually the most opulent in spiritual unfoldment and inner well being.

As the embodiment of a spirit gives new opportunity for such a one to unfold his spiritual nature, so in a minor cycle EACH BIRTH DATE IS A NEW BEGINNING, and a great deal of the karma of the lifestream, which the individual has drawn about itself, is dissolved at this time. It is also the privilege and opportunity of the Ascended Host to give the gifts of their qualities to that lifestream, even as unascended beings present their gifts.

Every person who passes through the gates of a new birth date, receives an outpouring from every Ascended Being and the practice of extending gifts here, below, is but a faint reflection of that inner experience.

When an individual becomes a student of the masters and under the direction of the Ascended Host, he receives such a cosmic outpouring on his birthday it makes it the HOLIEST DAY OF THE YEAR! On your birthday, your lifestream is played upon by all the cosmic friends in the kingdom of eternal freedom. The richness, the opulence, the spiritual

illumination which they will give to you, will remain a part of your eternal identity, for all time. Avail yourselves, when this holy day comes, to bathe in the effulgence of the presence of the Godly.